



# Iowa Influenza Surveillance Network (IISN)

## Influenza and Other Respiratory Virus Weekly Activity Report

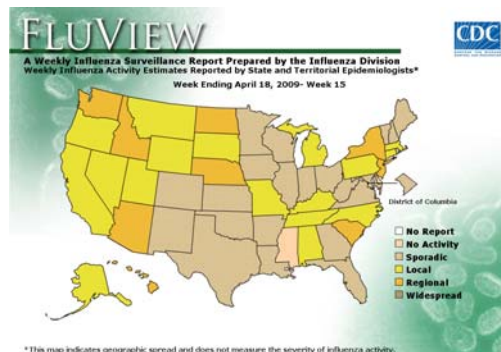
For the week ending May 2, 2009 Week 17



### Influenza Quick Stats:

Iowa activity level: **Sporadic<sup>1</sup>**  
Lab-confirmed cases: **0**  
Sentinel % ILI<sup>2</sup> **0.53%** (threshold 2.1%)  
Hospitalizations: **0**  
School % absence: **2.10%** (threshold 3.06%)  
School days ≥10% absence: **0**

**IMPORTANT NOTE:** This report does not contain any data specific to the novel influenza A (H1N1) or “swine flu” illness. Please review the materials on the IDPH novel influenza website at [www.idph.state.ia.us/adper/swine\\_flu.asp](http://www.idph.state.ia.us/adper/swine_flu.asp).



**Iowa activity summary:** IDPH did not confirm any specimens this week. The majority of rapid influenza tests have been influenza B. Total influenza specimens that are being submitted for season influenza has declined. This week there were no schools reporting absence >10%.

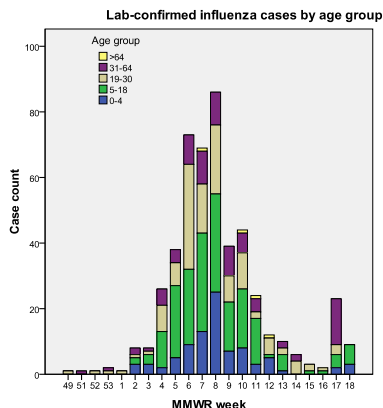
**National activity summary:** No activity is being reported in two states. Sporadic activity is being reported in 22 states. Local activity is being reported in 17 states. Regional activity is being reported in nine states. Widespread activity is being reported in 0 states.

**National virologic surveillance:** WHO and NREVSS collaborating laboratories located in all 50 states and Washington D.C. report to CDC the number of respiratory specimens tested for influenza each week. The results of tests performed during the current week and cumulative totals for the season are 66.5% influenza A and 33.5% influenza B. During the 2008-09 season, influenza A (H1), A (H3), and B viruses have co-circulated in the United States. Influenza A (H1) viruses have predominated during the season overall, however, the most commonly reported influenza virus has varied by week. From week 40 through week 10 (September 28, 2008 – March 14, 2009) influenza A (H1) viruses were more frequently reported and from weeks 11 through 13 (March 15 – April 4, 2009) more influenza B than influenza A viruses were reported.

**Antiviral resistance:** Since October 1, 2008, 770 influenza A (H1N1), 118 influenza A (H3N2), and 328 influenza B viruses have been tested for resistance to the neuraminidase inhibitors (oseltamivir and zanamivir). Seven hundred sixty-seven influenza A (H1N1) and 116 influenza A (H3N2) viruses have been tested for resistance to the adamantanes (amantadine and rimantadine). Influenza A (H1N1) viruses from 44 states and Puerto Rico have been tested for antiviral resistance to oseltamivir so far this season. CDC issued

interim recommendations for the use of influenza antiviral medications in the setting of oseltamivir resistance among circulating influenza A (H1N1) viruses on December 19, 2008. These interim recommendations are available at <http://www2a.cdc.gov/HAN/ArchiveSys/ViewMsgV.asp?AlertNum=00279>.

**Laboratory-confirmed cases:** (excludes rapid test positives; only weeks with cases are included in the table; includes several labs)



MMWR wk	TestMethod					Total
	flu a (h1)	flu a (h3)	flu a	Flu a/b	flu b	
49	0	0	1	0	0	1
51	0	0	1	0	0	1
52	0	1	0	0	0	1
53	2	0	0	0	0	2
1	1	0	0	0	0	1
2	4	2	2	0	0	8
3	3	1	4	0	0	8
4	22	2	0	0	3	27
5	30	2	0	0	6	38
6	53	1	6	0	13	73
7	42	1	8	0	18	69
8	42	0	26	1	17	86
9	1	0	24	1	13	39
10	3	1	17	0	26	47
11	9	0	0	0	15	24
12	4	0	0	0	8	12
13	5	2	1	0	2	10
14	2	4	0	0	0	6
15	0	0	0	0	3	3
16	0	0	0	0	2	2
17	8	3	12	0	0	23
18	1	1	7	0	0	9
Total	232	21	109	2	126	490

<sup>1</sup> **No Activity:** No laboratory-confirmed cases of influenza and no reported increase in the number of cases of influenza-like illness (ILI).

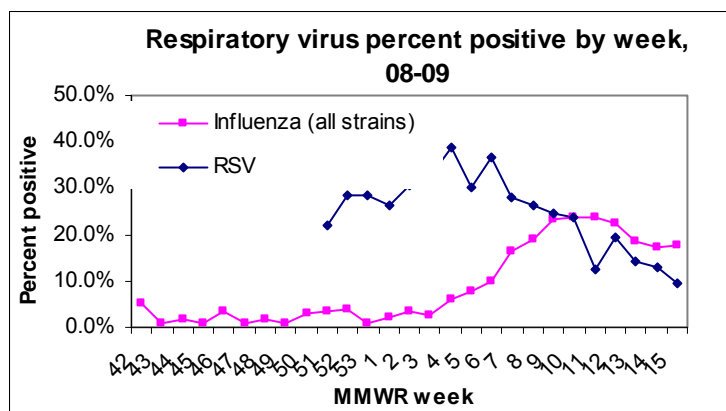
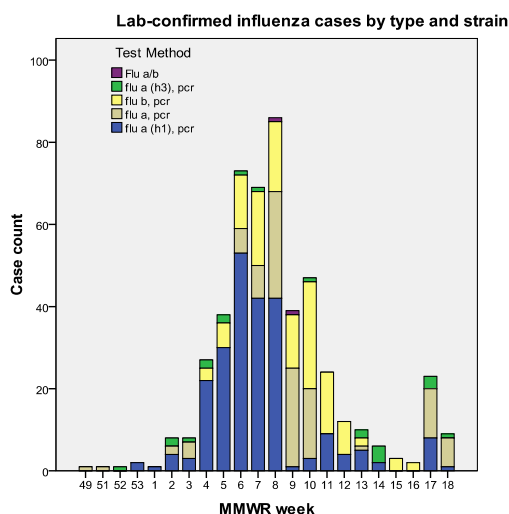
**Sporadic:** Small numbers of laboratory-confirmed influenza cases or a single influenza outbreak has been reported, but there is no increase in cases of ILI.

**Local:** Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in a single region of the state.

**Regional:** Outbreaks of influenza or increases in ILI and recent laboratory-confirmed influenza in at least two but less than half the regions of the state.

**Widespread:** Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in at least half the regions of the state.

<sup>2</sup> Influenza-like illness is defined as fever ≥100°F and cough and/or sore throat.



#### Influenza and Other Respiratory Viral Laboratory Data:

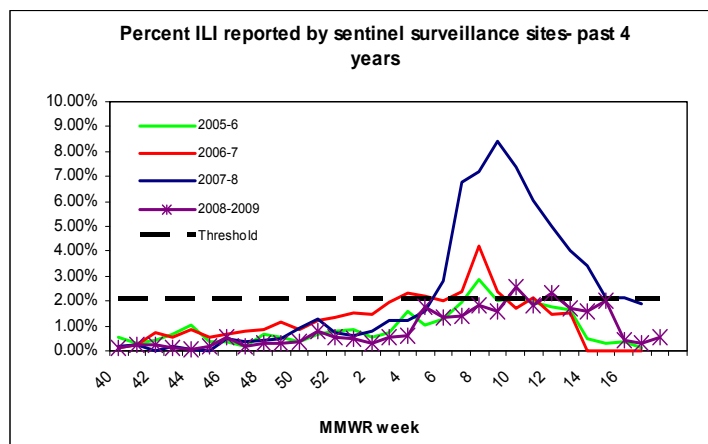
Laboratory-confirmed cases are primarily reported by the University Hygienic Laboratory (UHL only). UHL also determines the type and strain (AH1, AH3). Influenza is not a required reportable disease. Laboratory data is used to confirm the presence of influenza and the types and strains circulating, not determine the exact number of cases in Iowa.

Region	INFLUENZA					RSV*		
	Tested	Flu A	Flu B	Both	% Positive	Tested	Positive	% Positive
<b>Region 1-</b> Boone, Calhoun, Carroll, Dallas, Greene, Grundy, Hamilton, Hardin, Jasper, Marshall, Polk, Poweshiek, Story, Tama, Warren, Webster	113	0	9	0	8.0%	18	1	5.6%
<b>Region 2-</b> Allamakee, Bremer, Butler, Cerro Gordo, Chickasaw, Emmet, Fayette, Floyd, Franklin, Hancock, Howard, Humboldt, Kossuth, Mitchell, Winnebago, Winneshiek, Worth, Wright	20	0	2	0	10.0%	4	1	25.0%
<b>Region 3-</b> Buena Vista, Cherokee, Clay, Crawford, Dickinson, Ida, Lyon, Monona, O'Brien, Osceola, Palo Alto, Plymouth, Pocahontas, Sac, Sioux, Woodbury	83	0	8	0	9.6%	8	0	0.0%
<b>Region 4-</b> Adair, Adams, Audubon, Cass, Clarke, Decatur, Fremont, Guthrie, Harrison, Madison, Mills, Montgomery, Page, Pottawattamie, Ringgold, Shelby, Taylor, Union	60	0	3	0	5.0%	6	0	0.0%
<b>Region 5-</b> Appanoose, Davis, Des Moines, Henry, Jefferson, Keokuk, Lee, Louisa, Lucas, Mahaska, Marion, Monroe, Muscatine, Van Buren, Wapello, Washington, Wayne	51	1	0	0	2.0%	36	6	16.7%
<b>Region 6-</b> Benton, Black Hawk, Buchanan, Cedar, Clayton, Clinton, Delaware, Dubuque, Iowa, Jackson, Johnson, Jones, Linn, Scott	481	20	22	3	9.6%	115	1	0.9%
<b>TOTAL</b>	<b>808</b>	<b>21</b>	<b>44</b>	<b>3</b>	<b>8.4%</b>	<b>187</b>	<b>9</b>	<b>4.8%</b>

\*The CDC epidemic threshold for RSV is ~10% of all test results reported as positive.  
Additional RSV trends may be viewed at <http://www.cdc.gov/surveillance/nrevss/rsv/state.html>.

#### Outpatient Health Care Provider Influenza Surveillance (Sentinel Surveillance):

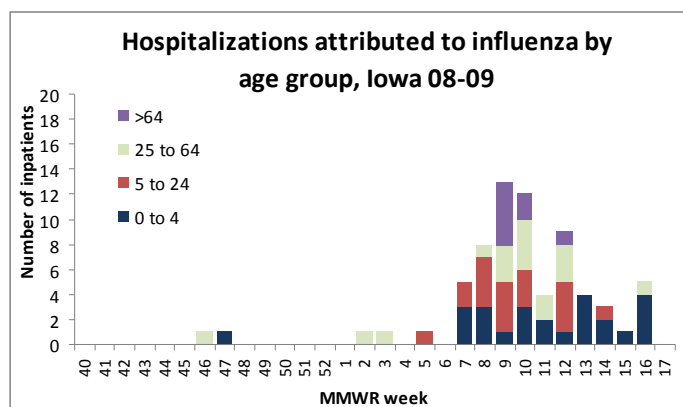
There are 18 sentinel surveillance sites throughout Iowa surveying patient populations for influenza-like illness (ILI).



<b># sites reporting</b>	<b>5</b>
Age 0-4	5
Age 5-24	7
Age 25-64	3
Age over 64	0
Total ILI	15
Total patients	2810
<b>% ILI</b>	<b>0.53%</b>

#### **Hospital and Long-term Care Facility Influenza Surveillance:**

There are 29 hospitals participating in influenza surveillance. Hospitals track the total number of patients hospitalized weekly with influenza and/or pneumonia who also have a positive influenza laboratory result. The total number of patients surveyed this week was 544.



There were no cases of influenza reported in long-term care facilities.

#### **School Illness Surveillance:**

There are approximately 50 school sites reporting into the IISN. All sites track the average number of students enrolled and the number absent due to illness weekly.

<b>Number of sites reporting</b>	<b>23</b>
Total students surveyed	11,838
Total absences due to illness	1,360
<b>Average percent absence due to illness</b>	<b>2.10%</b>
Median percent absence due to illness	2.14%
2007-2008 percent absence due to illness same week	2.0%

