

EPI Update for Friday, January 10, 2025

CENTER FOR ACUTE DISEASE EPIDEMIOLOGY (CADE)

Iowa Department of Health and Human Services

Items for this week's EPI Update include

- **2025 recommended immunization schedules**
- **Respiratory virus outbreaks increasing in Iowa**
- **Infographic: People of all ages need whooping cough vaccines**
- **Meeting announcements and training opportunities**

2025 Recommended immunization schedules

The 2025 CDC recommended immunization schedules are now available. The immunization schedules summarize recommendations made by the Advisory Committee on Immunization Practices (ACIP) and made official by the CDC director. The schedules include age-based recommendations, medical indications, detailed notes sections and contraindications and precautions.

For more information on the changes and guidance, visit: www.cdc.gov/vaccines/hcp/imz-schedules/changes-guidance.html.

To view the schedules in full, visit:

www.cdc.gov/vaccines/hcp/imz-schedules/index.html - For healthcare providers

www.cdc.gov/vaccines/hcp/imz-schedules/child-adolescent-age.html - For child and adolescent immunization schedules

www.cdc.gov/vaccines/hcp/imz-schedules/adult-age.html - For adult immunization schedules

For information on Iowa HHS's immunization program, visit: hhs.iowa.gov/immunization.

Respiratory virus outbreaks increasing in Iowa

With the increase in respiratory virus activity in Iowa over the last several weeks, CADE has received an increased number of reports of respiratory virus outbreaks within long-term care settings. With influenza, RSV and COVID-19 accounting for most outbreak reports.

Proactive infection control measures are essential to reduce the spread of respiratory illness in communal living and skilled nursing settings. Fortunately, many of the same precautions (e.g., hand hygiene, staying home when ill, and covering coughs and sneezes) help prevent the spread of these viruses. Vaccination remains the best way to protect yourself and your loved ones against serious outcomes of viral respiratory illnesses.

For information on infection control guidance for respiratory outbreaks in healthcare settings, visit: www.cdc.gov/infection-control/hcp/viral-respiratory-prevention/index.html.

Infographic: Whooping cough vaccines by age breakdown

People of all ages need WHOOPING COUGH VACCINES



DTaP for young children	Tdap for preteens	Tdap for pregnant women	Tdap for adults
<ul style="list-style-type: none"> ✓ 2, 4, and 6 months ✓ 15 through 18 months ✓ 4 through 6 years 	<ul style="list-style-type: none"> ✓ 11 through 12 years 	<ul style="list-style-type: none"> ✓ During the 27-36th week of each pregnancy 	<ul style="list-style-type: none"> ✓ Anytime for those who have never received it

www.cdc.gov/whoopingcough



To view in full size, visit: www.cdc.gov/pertussis/images/pertussis-vacc-all.jpg.

Meeting announcements and training opportunities

The University of Iowa College of Pharmacy in conjunction with Iowa HHS will be hosting an antimicrobial stewardship webinar titled, “Antimicrobial stewardship series: Talk the talk: Evidence-based approaches for discussing appropriate antibiotic use with patients and colleagues”, via Zoom on Wednesday, January 22, 2025, from 12:00-1:00 PM.

To attend the the webinar, visit:

uiowa.zoom.us/j/93525043233?pwd=BWtNQGRsbwuy1k5PG6VjNiYbqvlIdEZ.1.

Have a healthy and happy week!
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