# The Benefits of Ryan White Part B Case Management Services - 2023

### Ryan White Part B Program (RWPB) clients have access to support services including:

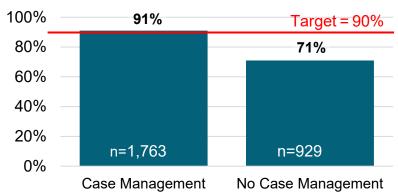
Case Management ❖ Transportation ❖ Housing ❖ Health Insurance Premiums & Copays Food & Nutrition ❖ Mental Health Treatment ❖ Substance Use Treatment ❖ Oral Health Care

**64%** 

of all Iowans diagnosed and living with HIV were engaged in RWPB case management services

#### **VIRAL SUPPRESSION**

## Percentage of Iowans with Diagnosed HIV in 2023 who Achieved Viral Suppression



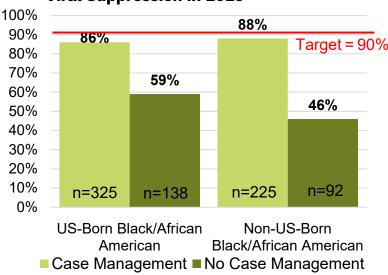
The goals of HIV treatment are to improve health outcomes and prevent transmission of HIV. The best marker of successful treatment is reducing the amount of HIV in the blood and elsewhere in the body to very low levels (less than 200 copies/mL). This is called viral suppression.

In 2023, Iowans diagnosed and living with HIV who enrolled in case management were more likely to achieve viral suppression compared to Iowans who did not.

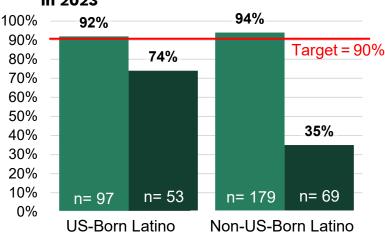
#### **VIRAL SUPPRESSION AMONG DISPROPORTIONATELY AFFECTED POPULATIONS**

RWPB case management services had a strong impact on viral suppression among Black/African American and Latino Iowans who were diagnosed and living with HIV, especially among non-US-born populations.

#### Percentage of Black/African American Iowans Diagnosed with HIV who Achieved Viral Suppression in 2023



# Percentage of Latino Iowans Diagnosed with HIV who Achieved Viral Suppression in 2023



■ Case Management ■ No Case Management

