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State of Iowa Benefits

- **Save Money With a Health Flexible Spending Account (FSA)** - On average, FSA participants **save 30%** by paying for eligible healthcare expenses through their health FSA. Crunch some numbers to see how it can work for you.

Education Opportunities

- **Workday Learning is Live!** - Explore hundreds of learning opportunities in our new learning management experience, Workday Learning.
- **Check Out Learning Highlights** - Be sure to check out the Highlights section in Workday Learning. It's packed with great information!
- **Congratulations PDS Certificate Earners** - Take a look at what you and your co-workers have accomplished through PDS this year!
- **Quick Links** - A list of useful links to training opportunities with PDS and New Horizons.

Health and Well-Being

- **Back-to-Basics Wellness Tips That Actually Improve Your Health** - Wellmark offers six simple wellness tips that actually work and won't break the bank.
- **Conquering the Dental Chair** - Delta Dental helps you tackle some of the most common barriers to getting good dental care.
- **Free Health and Well-Being Seminars Offered Online** - Navigate through life's challenging times with guidance from Acentra Health, the State's Employee Assistance Program (EAP) provider. New topics are added monthly.

Work Smart with Workday

- **WorkSmart Resources Now in Workday Learning** - WorkSmart resources have now moved to Workday Learning and the WorkSmart website has been discontinued. Learn more.
- **Need Workday Support?** - Three simple steps if you need assistance with Workday.

Retirement Benefits & Savings

- **IPERS Offers *Ready, Set, Retire* Workshop in Zoom** - Attend this informative seminar, created for state employees looking to retire in the next few years.
- **News from the RIC Team** - Read about retirement education opportunities and more from the State of Iowa Retirement Investors' Club team!
- **News from Your RIC Providers** - Read topics of interest from your RIC providers.