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Report to the Legislative Council and the
Members of the First Session of the Sixty-
sixth General Assembly.

MENTAL HEALTH AND JUVENILE INSTITUTIONS STUDY COMMITTEE

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State of Iowa
1975

F I N A L R E P O R T

MENTAL HEALTH AND JUVENILE INSTITUTIONS STUDY COMMITTEE

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INTRODUCTION

Major areas of effort for the Mental Health and Juvenile Institutions Study Committee during the 1974 legislative interim have been:

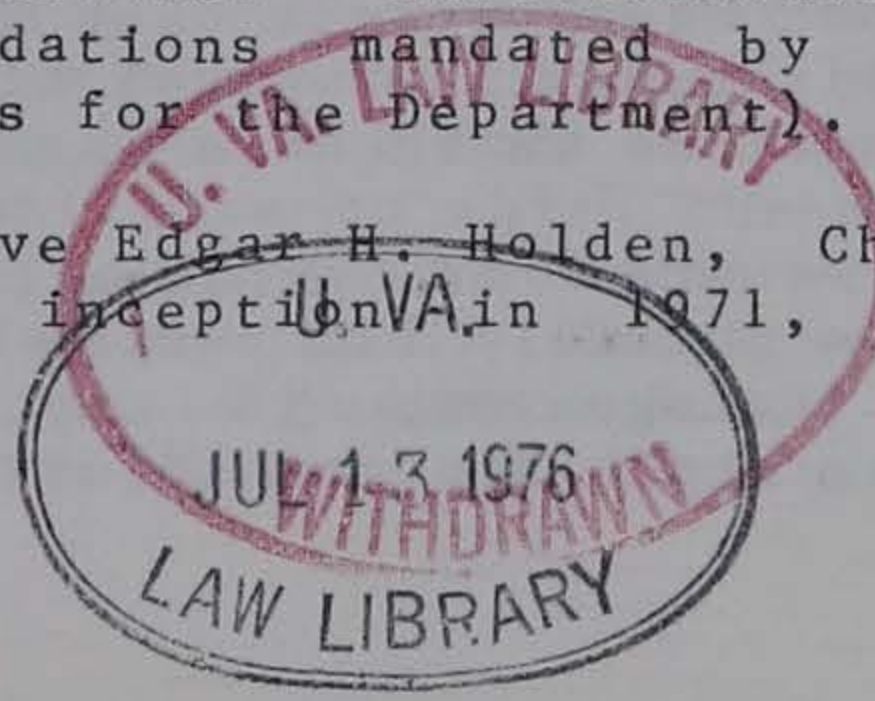
1. Preparation of a proposed new mental health commitment statute for Iowa.
2. The possible removal of all liens imposed for charges resulting from care and treatment at certain institutions or facilities.
3. The Department of Social Services institutional plan and viable alternatives to the recommendations contained therein with particular reference to the future utilization of the Clarinda Mental Health Institute.
4. Plans and arrangements for the conduct of a comprehensive mental health study.

The Study Committee in this report submits to the General Assembly recommendations regarding the first three of the foregoing subjects, and a progress report on the fourth. In addition, a recommendation concerning the manner of allocating state funds used to help pay the costs of mental health services, submitted by the Study Committee in the past, is reaffirmed.

On December 19, 1973, the Legislative Council approved a request by the Mental Health and Juvenile Institutions Study Committee to continue that Study Committee through the 1974 interim. This continuation was requested in order to implement the Study Committee's recommendation regarding the conduct of a comprehensive mental health study pursuant to H.F. 784 (1973) which appropriated \$50,000 for that purpose.

Also continued by the Council's action were the Study Committee's mandates in other areas of endeavor in which it was involved. In addition, following adjournment of the 1974 session of the General Assembly, the Council assigned the Study Committee HCR 128, requesting a study of the feasibility of implementing the Department of Social Services' "institutional plan" (a series of reports and recommendations mandated by clauses in the 1973 appropriations measures for the Department).

Representative Edgar H. Holden, Chairman of the Study Committee since its inception in 1971, has continued in that



position during the past year, with Senator Charles P. Miller retaining the position of Vice Chairman. Representatives Joan Lipsky, Jerry Fitzgerald and Scott Newhard and Senators Calvin Hultman and John Murray continued as members. On June 12, 1974, the Legislative Council approved a recommendation from the Studies Committee that two additional legislators be added to the Study Committee. Senator C. Joseph Coleman and Representative Elmer H. Den Herder were subsequently appointed. Advisory members continuing on the Study Committee included Mrs. Sally Frudden of Charles City (Iowa Association for Retarded Citizens), Mrs. Louise Goldman of Davenport (Community Mental Health Centers Association of Iowa), Mr. Nicholas Grunzweig of Des Moines (Director, Division of Mental Health Resources, Department of Social Services), Dr. Herbert Nelson of Iowa City (Director, Iowa Mental Health Authority), and Mr. Keith Oswald of Des Moines (Executive Director, Polk County Mental Health Planning Commission). Dr. Richard C. Preston of Des Moines, who succeeded Dr. Hormoz Rassekh of Council Bluffs as President of the Iowa Psychiatric Society, also replaced Dr. Rassekh as an advisory member of the Study Committee. Mr. Ralph Kauffman, Administrative Assistant to the Senate majority leader, helped staff the Study Committee in addition to Legislative Service Bureau personnel.

I. - Drafting and Review of a Proposed New
Mental Health Commitment Law

The Study Committee's Subcommittee on Commitment Laws, formed during the 1973 interim, has during 1974 continued its efforts to develop a new statute governing involuntary hospitalization of the mentally ill in Iowa. The Subcommittee is chaired by Senator Murray, and includes Representative Newhard and Mr. Oswald.

Concern about the adequacy of Iowa's present commitment laws first arose, within the Study Committee, in connection with uncertainty about the legal effect of involuntary hospitalization for reasons of mental illness upon the hospitalized individual's subsequent legal competency, status as a voter, etc. Within the past eighteen months, however, concern has increasingly shifted to the question whether Iowa's current statute would survive a constitutional challenge in the federal courts. Generally similar laws in several other jurisdictions have been found unconstitutional on the ground that they operate to deprive the committed person of liberty without due process of law.

There is much disagreement over how a new Iowa law on involuntary hospitalization for mental illness should be written. Some of the basic questions which have been most troublesome are:

1. What is required as minimum procedural due process in committing a mentally ill person for treatment, and what procedural safeguards, if any, should be incorporated beyond those which are constitutionally required?

2. How can these procedural requirements be balanced with society's interest in seeing that persons who are mentally ill, and who are unable or unwilling to realize their need for treatment, do receive treatment expeditiously and effectively?
3. Under what circumstances, if ever, may a person whose behavior is very distressing to his family or to the community, but who evidences no threat of physical harm to himself or others, be involuntarily hospitalized?

Work on Mental Health and Juvenile Institutions Study Committee Draft Bill No. 6 (the designation of the proposed new involuntary hospitalization law) continued through the early months of the 1974 legislative session, as rapidly as other demands on staff time would permit. A hearing on the second version of the Draft Bill occurred March 14 under the sponsorship of the Senate Human Resources Committee.

In succeeding months, the Subcommittee revised the Draft Bill on the basis of comments received at the March 14 hearing. The legislative Subcommittee has also sought to maintain liaison with a Joint Subcommittee of the Iowa Medical Society and the Iowa State Bar Association which is concerned with this matter, although not all of the members of this interprofessional Joint Subcommittee necessarily support or accept all provisions of the legislative Subcommittee's draft bill.

A third version of Draft Bill No. 6 was completed and distributed in early October, and a public hearing was held on it by the legislative Subcommittee on October 25 in Des Moines. In addition, members of both the legislative Subcommittee and the interprofessional Joint Subcommittee participated in panel discussions of the draft bill at sessions arranged by the Iowa District Court Clerks Association and the Iowa Psychiatric Society, and copies of the third version were distributed widely to a large number of interested parties throughout the state.

The final meetings of the legislative Subcommittee were held December 3 and December 12, to consider comments and suggestions which had been received since release of the third version of Draft Bill No. 6 for public review. Pursuant to actions taken at those two meetings, a fourth version of Draft Bill No. 6 has been prepared, and is reported to the 66th General Assembly by the Study Committee for its consideration. The Draft Bill is designated "fourth version" rather than final version because the necessary conforming amendments have not yet been completed, and because it is recognized that the bill remains controversial and that the standing committees to which the bill will presumably be referred will wish to give further consideration to some of the major policy questions involved. Nevertheless, Draft Bill No. 4 represents the Subcommittee's judgment as to the policies the state should adopt in this area of law, and the full Study Committee on

November 20 authorized the Subcommittee to submit the draft bill to the General Assembly on that basis.

The third version of Draft Bill No. 6 was prepared with a number of explanatory comments interspersed through the text of the bill. These comments, with appropriate modifications, have been retained in the fourth version. Because this format makes the draft bill somewhat bulky, and because there is interest in this particular bill on the part of many persons who are less intensely interested in other recommendations of the Study Committee, Draft Bill No. 4 is not attached to this report, but is separately prepared as a supplementary report. This report includes, in lieu of the text of the draft bill, a comparison of its provisions with those of present Iowa law governing commitment for treatment of mental illness. The comparison, written by Mr. Kauffman, is labeled Appendix I.

Role of the District Court

One of the questions raised by court decisions in other jurisdictions regarding commitment of mentally ill persons for treatment is whether involuntary hospitalization (viewed as a deprivation of liberty) can constitutionally be done by any agency except a court. Concern about this question led the interprofessional Joint Subcommittee, in its early efforts, and subsequently the legislative Subcommittee to draw Draft Bill No. 6 on the basis of direct handling of commitment proceedings by judges of the district court rather than by the three-member hospitalization commissions which now exist in each county.

Initial reaction to this type of procedure, particularly by county district court clerks, was that it is essentially unworkable because in many smaller counties there is insufficient access to a district court judge to allow prompt handling of hospitalization proceedings. Therefore, the subcommittee placed in the third version of Draft Bill No. 6 a section which:

- Authorizes the judges in each judicial district to jointly establish, as an arm of the court, a judicial hospitalization commission to perform most of the functions of the district court in hospitalization matters in any county where the judges consider it advisable to exercise this option.
- Makes the judicial hospitalization commission generally similar in makeup to the existing county commissions of hospitalization, except that the clerk of court would provide staff assistance rather than serving as a member of the commission and the third commission member would be a knowledgeable layman.
- Requires the judicial hospitalization commission to follow all substantive procedures specified in the bill

for the courts, makes the commission's actions subject to appeal to the district courts, and allows only district court judges to issue orders for immediate custody of a respondent pending a hospitalization hearing.

The Joint Subcommittee, on reviewing the third version of Draft Bill No. 6, expressed the view that the use of a judicial hospitalization commission would be unconstitutional. The County Officers Coordinating Committee informed the legislative Subcommittee that, in its view, if the present Iowa commission of hospitalization procedure is unconstitutional then the judicial hospitalization commission would be equally so.*

While the legislative Subcommittee's members do not necessarily agree with the views so expressed, they have decided, after reviewing these objections, to remove the judicial hospitalization commission option from the fourth version of Draft Bill No. 6. However, it appears as an appendix to the supplementary report which includes the text of the draft bill.

II. - Abolition of Liens for Cost of Services at Certain Institutions and Facilities

At the July 18 meeting of the Study Committee, a representative of the Iowa Association for Retarded Citizens voiced concern about the practices followed by county auditors in recording claims for the cost of care of mentally retarded individuals at the state hospital-schools. Although the relevant provisions of Chapter 222 of the Code were changed several years ago so that these claims no longer legally constitute a lien against property, the IARC reported that the claims continue to be listed in such a manner that they are construed by abstractors as liens, and are therefore a barrier to conveying clear title to affected real estate. At Chairman Holden's request, Mr. Kauffman made a study of the matter.

Mr. Kauffman subsequently reported that:

-The problems complained of by the IARC come about because of the practice of county auditors. It appears that at least some auditors list these charges in a book designated as a "Lien Book", although this procedure is not uniform over the state. The practice of abstractors is to show on an abstract of title anything designated as a lien, as a matter of self-protection. They are not expected to sort out what is and is not a valid lien against real estate, but rather to show what is designated by the various officials as liens. The title examiner then determines whether in fact a lien exists and makes whatever requirements he feels necessary to clear the title. Abstractors are confused and as a matter of protection tend to report everything in order to be sure that nothing has been missed, since an

abstractor missing any charges which should have been included might be held personally liable for any damage occurring because of the omission.

-The Code distinguishes between the mentally ill, the mentally retarded, the alcoholic, the care of juveniles, the drug dependent and all indigents served by Psychopathic Hospital in stipulating the type of debt or lien to be used by counties in assessing financial responsibility for services rendered to these persons. (It is generally the responsibility of the county to reimburse the state for the service received, and the county in many cases has authority to collect from the person who received the services, or his or her responsible relatives, if they are able to pay.)

It is the consensus of the Study Committee that all such automatic liens should be removed. Accordingly the Study Committee recommends to the 66th General Assembly the enactment of Study Committee Draft Bill No. 7. The draft bill is designed to accomplish several things:

1. It repeals the lien on property of mentally ill persons or those legally responsible for payment of charges for their care and support.
2. It abolishes existing liens. Recognizing, however, that some liens currently on the books are collectible, counties are given until January 1, 1976 to initiate any action to enforce existing liens.
3. The draft legislation provides that at such time as services or treatment are received, the board of supervisors from the county in which the recipient resides shall enter a determination of the ability of the recipient, or those persons responsible for his support, to pay any charges for services rendered.
4. An individual or his or her responsible relative become financially liable to the county only for that portion of the cost of services rendered for which they are deemed able to pay. If unpaid, a judgment may be obtained to enforce this liability.
5. Auditors are required to keep accurate records of the accounts of all institutionalized persons in a book designated as an account book or index, and which includes no reference in any place to a lien.
6. A change is made in the classification of claims against the estates of mentally ill persons, which the Code continues to list as second class claims, to correspond with the statutory sixth class claims against the estates of mentally retarded persons.

7. Sections of the Code which appear inconsistent with the purpose of the legislation are repealed.

A copy of Draft Bill No. 7 appears as Appendix II to this report.

III. - The Institutional Plan and Future Utilization of the Clarinda Mental Health Institute

The Study Committee's last meeting prior to the 1974 legislative session was devoted to consideration of, and hearing objections to, a recommendation by the Department of Social Services in its "institutional plan" that operations at the Clarinda Mental Health Institute be permanently discontinued. The Study Committee's assessment of this proposal at that time is summarized on pages 8-10 of its Report to the Second Session of the 65th General Assembly.

At the Study Committee's January 3, 1974 meeting, concerned citizens from Clarinda and other southwest Iowa communities urged that the institution remain open, proposing what was referred to as a "two-track" system of services at the Clarinda Institute to meet the unique needs of the relatively sparsely populated southwest section of the state. Under this arrangement, at least two levels of services would be established, divided according to the intensity of the treatment program. This proposal was embodied in a draft bill requested by Representative Horace Daggett and Senator James Briles, however the legislation was prepared too late for introduction during the 1974 session of the General Assembly. Subsequently, the Study Committee examined and discussed this bill (hereafter referred to as the Daggett-Briles proposal) during the 1974 interim.

The Daggett-Briles proposal contemplated establishment of two types of services at the Clarinda facility:

1. An intensive care, inpatient hospitalization unit; and,
2. A secondary care, regional service unit providing, among other things, traveling clinics to those counties which are within reasonable proximity of the facility, and are currently without community mental health centers.

The original bill required that those counties receiving services from traveling clinics, which had not established or affiliated with a community mental health center by July 1, 1978, initiate planning with the Clarinda facility to convert the clinics into community centers. After consultation with representatives from the Department of Social Services (who had expressed interest in the proposal since its inception and had agreed to work with the Clarinda delegation in exploring the possibilities of the

arrangement) the concerned citizens who had helped to develop the proposal agreed to change the July 1, 1978 deadline to July 1, 1977, so that it would fall within the next fiscal biennium. This was intended to assist the Department in formulating its budget request for the Clarinda Institute. However, in the fall of 1974 concern was expressed by at least some of the people who had been parties to the original proposal that the tentative budget request by the Department for the Clarinda Institute did not appear to fully reflect the intent of the proposal.

One of the key features of the Daggett-Briles proposal is the establishment of a citizens advisory board to assist in the planning, development and evaluation of services offered by the Clarinda Institute to communities in its service area. While the institute has had an advisory board functioning in recent years, this board has no standing in law. The assignment of a statutory role to such a body would be an innovation in administration of Department of Social Services Institutions, and would in effect move a step toward the pattern of administration which has prevailed in Iowa's locally-funded community mental health centers.

The idea that mental health services needed in southwestern Iowa could in fact be provided by a multi-county mental health center, established under the provisions of House File 1060 of the 65th General Assembly, 1974 Session, has also been considered briefly by the Study Committee.* H.F. 1060 was enacted (pursuant to a 1973 recommendation by this Study Committee) to provide a more explicit legal framework for establishment of community mental health centers, which in Iowa have traditionally grown out of local initiative and efforts. There appears to be quite general agreement among advisory members of the Study Committee that if counties in southwest Iowa do not desire to provide mental health services within the H.F. 1060 framework, it is not feasible for the state to mandate them to do so. This is not to suggest, however, that it is impossible or undesirable to create incentives and otherwise help to stimulate the desire to establish and support community mental health services on the local level.

The Unique Problems of Providing Mental Health Services in Southwest Iowa

It is the consensus of all parties concerned (at least so far as the Study Committee is aware) that the goal of the state should be to assure availability of high quality mental health services in southwest Iowa in the years ahead. Concerned citizens from Clarinda and elsewhere in southwest Iowa who have appeared before the Study Committee have always stated that this goal is their first priority, and that their efforts to keep the Clarinda Institute open reflect the lack of alternative sources of needed mental health services.

In considering how best to achieve the goal of maintaining quality mental health services for southwest Iowans, the Study Committee has recognized several somewhat unique circumstances affecting this area. These circumstances include:

1. The proportion of counties in the Clarinda Institute's catchment area which have not established or affiliated with a community mental health center is much higher than is the case in the catchment areas of the other three Iowa mental health institutes.
2. The relatively sparse populations of most of the counties not now served by a community mental health center, combined with the requirement of H.F. 1060 that any county or group of counties establishing a community mental health center must have at least 35,000 population, means that several counties must be willing to cooperate if a new center is to be established in southwest Iowa.
3. The economic situations of some of the counties not now served by community mental health centers is likely to compound the difficulty of establishing one or more new community mental health centers in the area, at least unless and until some significant change occurs in the way the state now funds mental health services.

It should be added that the lack of coordination between the Department of Social Services' Division of Mental Health Resources and the Iowa Mental Health Authority (to which community mental health centers relate) also appears to have contributed to difficulty in bringing about establishment of one or more new centers in southwest Iowa. This lack of coordination was referred to briefly in the Study Committee's report to the 1974 session of the General Assembly, and was discussed more fully in its report of a year earlier.

As of November 1, 1974, eleven of the twenty-five counties in the Clarinda Institute's catchment area have not joined in establishment of or affiliated with a community mental health center. These eleven counties range in population from Adams and Ringgold with 6,322 and 6,373 respectively to Page (where Clarinda is located) with 18,507, based on the 1970 census. These eleven counties include several which have per capita income levels among the lowest in the state.

Efforts toward establishment of a community mental health center to serve several of these southwest Iowa counties began some months ago when a task force of representatives from Adams, Clarke, Decatur, Ringgold and Union Counties was formed, and the Iowa Mental Health Authority began working with the task force in planning toward establishment of a center. However, the Study Committee was informed that as the time approached when it would be necessary to ask the respective county boards of supervisors for firm budgetary commitments, support from Decatur and Ringgold

Counties was not forthcoming. This not only crippled funding plans, but reduced the population of the area represented by the task force below the 35,000 minimum necessary for establishment of a community mental health center.

Representatives of the Union County Mental Health Steering Committee who attended the Study Committee's October 22 meeting blamed the lack of support by Decatur and Ringgold Counties on the Clarinda Institute's recent initiation of mental health services to these counties by traveling clinics working out of the Institute. Mental Health Authority personnel contend it is unrealistic to expect the counties in question to commit themselves to support local mental health services so long as services are being provided within these counties by extension from the Clarinda Institute. However, the Union County residents present at that meeting reaffirmed Union County's hope that a community mental health center can eventually be established in the area.

The Clarinda Institute's Social Work Supervisor explained at the October 22 meeting that Decatur County was offered the traveling services on a temporary basis because of the county's large volume of mental health problems demanding immediate attention and the present inability of the county to meet these needs in any other way. He stated that Ringgold County requested the temporary services in order to determine if a need exists there for similar services on a permanent basis. He added that Ringgold County also had expressed doubts concerning the extent of the financial investment which would have been necessary if the county joined in establishing a multi-county community mental health center. (The administrator of the Decatur County Hospital subsequently told the Study Committee that in his opinion that county's board of supervisors would not be willing to consider support for a community mental health center to serve the area if the need for its services were not indicated by response to the Clarinda Institute traveling clinic.)

At the October 22 meeting, the Study Committee decided-- by a split vote of the members present--to direct the Legislative Service Bureau to prepare a new draft bill which retains the advisory board concept of the Daggett-Briles proposal, but leaves it largely to the Clarinda Institute superintendent (and the state-level administrators to whom he is responsible) to work out with the advisory board exactly how the Institute is to respond to local mental health service needs. In seeking to meet these needs by providing services directly to individuals at points other than the Institute itself, the Clarinda Institute is required by the bill to do so through arrangements with local mental health centers. This bill, designated Draft Bill No. 8, was considered and revised at the Study Committee's final meeting on November 20 and, as so revised, is recommended for enactment by the 66th General Assembly.

The key features of Draft Bill No. 8 are:

1. Establishment of a one-member-per-county advisory board, appointed by and serving at the pleasure of the respective boards of supervisors of counties in the Clarinda Institute's catchment area.
2. Requirements that the advisory board, in addition to promoting coordination of services between the Clarinda Institute and community mental health centers in its area, review the Institute's biennial budget proposal and that the advisory board submit a report and, if appropriate, recommendations each year to the General Assembly.
3. "Extension services" (those provided to individuals off the Clarinda Institute campus) may not be provided after July 1, 1977 except in counties affiliated with community mental health centers, and then only on the basis of a written agreement with the center; also, the bill requires payment of the full cost of such services by the county in which they are provided.
4. Authorization for the Clarinda Institute, with approval of the advisory board and the state director of the Division of Mental Health Resources (of the Department of Social Services), to lease any specified portion of its physical plant to or contract for purchase of its services by community mental health centers or similar agencies in its service area.

A copy of Draft Bill No. 8 appears as Appendix III to this report.

Mental Health Planning by Metropolitan Centers in Clarinda Catchment Area

A final factor to be considered in any planning for the future utilization of the Clarinda Institute is the impact of any move toward increased provision of services within the two metropolitan centers located in the Clarinda Institute's catchment area. These centers are Des Moines and Council Bluffs.

A high proportion of the Clarinda Institute's present patient load comes from Polk County, which has indicated an interest in providing more intensive services at home. By 1977, Polk County anticipates the availability of a 100-bed inpatient county mental health facility. Some decline in the overall proportion of Polk County patients at Clarinda is already being noted. However, Polk County planners acknowledge that continued access to the Clarinda facility will be necessary to accommodate emergencies and overload, and to provide specialized services which the county does not currently envision offering through its facility.

Out of 729 patients admitted to Clarinda between July 1, 1973 and August 31, 1974, 232 came from Polk County. While there probably will not be a 1-1 ratio between the availability of beds in the new Polk County facility and the removal of patients from Clarinda, the effects of such developments in Polk County should be considered in any plans for the long-range future of the Clarinda facility.

The Study Committee has no indication of comparable planning in the Council Bluffs-Pottawattamie County area. However, it is understood that physical facilities which could provide a significant inpatient capacity are already available in Council Bluffs, and that what would be required is primarily a decision to staff these facilities for that purpose.

IV. - State Funds for Mental Health Services

In six of the past eight legislative interims, a Study Committee of the General Assembly has scrutinized delivery of mental health services in Iowa. The State Mental Health Institutions Study Committee of 1967-68 included two members (Senator Miller and Representative Lipsky) who have also served continuously on the Mental Health and Juvenile Institutions Study Committee since its establishment in 1971.

One of the recommendations of the 1967-68 Study Committee was that a more specific statutory foundation for establishment and operation of community mental health centers in Iowa be enacted, and that the funds the state provides to pay a portion of the cost of certain mental health services be allocated on a population basis directly to counties, which should be given some flexibility in determining how to use the funds to help obtain needed mental health services. The same recommendation was made by the Mental Health and Juvenile Institutions Study Committee in its first report in December, 1971.

The legislative proposal embodying this recommendation became identified in 1972 as Study Committee Draft Bill No. 1. It was subsequently divided, and Draft Bill No. 1A--the portion dealing with establishment and operation of community mental health centers--ultimately became House File 1060 of the 65th General Assembly and was passed in 1974.

The portion of the original proposal identified as draft Bill No. 1 which deals with state funding of mental health services has been identified by the Study Committee in 1973 and 1974 as Draft Bill No. 1B. Although the bill has not been under active consideration during the 1974 interim, the Study Committee members continue to support the concept, and again recommend its enactment by the General Assembly.

This bill is somewhat complicated and requires some rather detailed explanation. Appropriations made to the state

mental health institutes, and the state hospital-schools for the mentally retarded, in Iowa are not really the same as most appropriations. In most cases, an appropriation is an authorization to an agency to expend in a given year a stated amount of money; at the end of that year, that amount of money is expected to have been spent and the state must replace that money in the treasury, either through general taxation or from some other source, if it proposes to continue spending at the same rate. In the case of the mental health institutes and hospital-schools, however, while the appropriation is an authorization to expend a certain amount of money, much of this money is expected to be replaced by payments from the several counties to the state treasury. Basically, the institution divides the money expended during each quarter by the total number of patient-days of care it has provided in order to derive an overall per diem figure for the quarter; for each day during which a person who is a legal resident of a particular county was a patient at the institution, the institution bills the county at the established per diem rate and the county must remit the amount so billed to the state treasury.

In past years the state policy was to recover the entire amount of the daily patient charge from the counties in this manner. Thus, at the end of each biennium, the only net outlay from the state treasury for operation of the mental health institutes and hospital-schools was the amount expended for care of "state patients", those persons who do not have a legal place of residence in any county in the state. Since July 1, 1967, however, the state has billed the counties for only 80% of the computed daily patient cost. This policy in effect resulted in a net transfer from the state treasury to the counties of slightly less than \$4,900,000 in the fiscal year ending June 30, 1974; that is, the 99 counties together were required to levy nearly \$4,900,000 less in property taxes to pay institutional bills than would have been necessary if the 20% discount were not in effect.

In addition, the state has for some years made available to the counties payments of \$5 per patient per week to help offset the cost to the counties of keeping chronic mentally ill and mentally retarded individuals in county homes, local nursing homes, etc. These payments are available from the state mental aid fund, to which there is a standing annual appropriation of \$1,075,000 under section 227.17 of the Code.

Thus, under present law the state in effect underwrites a portion of the cost of treatment of mentally ill or mentally retarded individuals in state institutions or of chronic care in local residential facilities, but does not provide any money to be used at the local level for the cost of operation of community mental health center programs. What the Mental Health and Juvenile Institutions Study Committee Draft Bill No. 1B proposes to do is to end the present 20% discount on mental health institute and hospital-school billings to counties, abolish the state mental aid fund, and transfer the nearly \$6,000,000 now going into these two items to a new state mental health reimbursement fund. This new

fund would be allocated each year among all of the counties on a population basis, and could be used at the discretion of the board of supervisors for any or all of the three following purposes:

1. Support of a community mental health center, except that none of the funds so received may be applied directly to the purchase, leasing or construction of any building to house the center.
2. Payment of charges to the county for care and treatment of patients at any state mental health institute or state hospital-school.
3. Care and treatment of persons who are, in lieu of admission or commitment to, or upon discharge, removal or transfer from, a state mental health institute or state hospital-school, placed in a county hospital, county home, a nursing home or other health care facility as defined by law, or in any other suitable public or private facility which is properly licensed or, if there is no applicable licensing statute, is approved for such placements by the Commissioner of Social Services or his designee.

This change in the manner of allocating among counties the funds which the state is presently using to help counties meet the cost of certain categories of mental health care would, by itself, affect different counties in different ways. A county which has in recent years made very limited use of the state institutions would probably receive more state money under Draft Bill No. 1B than it now receives through the 20% discount on institutional billings and the distribution of the present state mental aid fund. Conversely, a sparsely populated county which has little in the way of community mental health facilities available to it, and has therefore sent proportionately more patients to state institutions than have the more populous counties, would tend to receive less state money under Draft Bill No. 1B. Therefore, a "floor" has been written into the bill providing that initially, no county shall receive an allocation from the proposed new state mental health reimbursement fund which is less than it receives in fiscal 1975 (i.e., the current fiscal year) from the 20% discount on institutional billings and the state mental aid fund which is presently in existence. In order to fund this "floor", approximately \$330,000 dollars in additional money will have to be appropriated, over the amount obtained by ending the 20% discount and abolishing the state mental aid fund. (The cost of funding this "floor" provision is based on figures for the most recent complete fiscal year, which ended June 30, 1974.)

In renewing its recommendation of Draft Bill No. 1B, the Study Committee has added a new feature to the bill. This is a requirement that the four state mental health institutes begin cost-related billing for inpatient services. Accounting methods now in use at the institutes make such billing feasible, and the result should be a lessening of the extent to which charges for services to patients receiving less intensive or costly treatment

include a portion of the cost of services provided to patients receiving more expensive treatment.

A copy of Draft Bill No. 1B, as revised for the Study Committee late in 1974, appears as Appendix IV to this report.

V. - Conduct of a Comprehensive
Mental Health Study

H.F. 784 passed by the 1973 session of the 65th General Assembly included an appropriation of \$50,000 to the Legislative Council to conduct a comprehensive study of all mental health delivery systems in Iowa. The Study Committee was subsequently assigned the responsibility of advising the Council regarding this project. Recommendations relevant to the study, issued following the 1973 interim, can be found on pages 1-4 of the Study Committee's 1973 Report to the Legislative Council. These recommendations were accepted by the Council on December 19, 1973 as noted in the opening paragraphs of this report.

Subsequently, delays in the search for a study consultant occurred because of the lack of time on the part of both staff members and legislators during the 1974 session of the General Assembly. In June, Dr. David Ethridge, Chief of the Bureau of Operational Planning of the Michigan Department of Mental Health and Dr. E. Gordon Yudashkin, Director of the Michigan Department of Mental Health were invited to meet with the Study Committee to discuss the possibility of their serving as consultants.

This meeting took place on June 19. After evaluation of the situation in Iowa, Drs. Yudashkin and Ethridge submitted a report which emphasized the absence of data they considered essential to the study, due to poor data collection systems throughout the state, and expressed concern regarding the lack of coordination among those data systems that are currently being developed. The report suggested that the perceived deficiencies in data collection systems were largely due to lack of state financial support for their development, adding that cooperation of community mental health centers in response to efforts of the Iowa Mental Health Authority exceeds what might reasonably be expected since the state pays no part of the cost of operation of the centers.

The report by Drs. Yudashkin and Ethridge also reflected doubts concerning the feasibility of conducting the study within the \$50,000 appropriation. Rather than conduct the follow-up study as proposed, the report recommended that the funds be used instead to develop and refine existing data collection systems "so as to provide a vehicle for the ongoing answering of questions (. . . relative to mental health programs. . .) when they arise".

Meeting on July 18 the Study Committee decided against following these recommendations regarding the conduct of the study. However, the matter of coordinating data systems noted in the con-

sultant's report was subsequently called to the attention of the Interagency Liaison Committee established by Section 28C.1 of the Code.

On August 28 the Study Committee reaffirmed its intent regarding the objectives of the follow-up study and instructed the Legislative Service Bureau to contact additional prospective consultants. Pursuant to these contacts, Dr. James V. Lowry of San Diego, retired Director of the California Department of Mental Hygiene met with the Comprehensive Study Subcommittee (Senator Miller, Chairman, Representative Lipsky, Dr. Nelson and Mr. Grunzweig) on September 23 and the Study Committee on September 24. He accepted the Study Committee's objectives as outlined on August 18, and subsequently submitted a proposal outlining a procedure for achieving these objectives.

The specific questions to which answers will be sought are:

1. What kind of aftercare was recommended for each individual by the various mental health inpatient facilities prior to discharge or release?
2. How much and what type of aftercare did patients actually receive upon discharge or release, if any?
3. What were the costs of any aftercare received?

The Study Committee approved these specific objectives, and accepted Dr. Lowry's recommendations regarding administration and methodology of the follow-up study. The field of subjects has been narrowed to include only those patients who have been hospitalized as part of their treatment program. This will necessarily consist of individuals who (1) have been hospitalized in one of Iowa's four mental health institutes, (2) have been hospitalized in Psychopathic Hospital at Iowa City, (3) have been hospitalized as a community mental health center patient or have been served by a community mental health center and referred to a private physician for hospitalization or (4) have been receiving private psychiatric care and were hospitalized during the course of such treatment.

Dr. Lowry's recommendations as accepted by the Study Committee also include the creation of an advisory board consisting of representatives of groups and agencies whose cooperation is important if the project is to succeed. The advisory board consists of the Study Committee's Comprehensive Study Subcommittee and the following persons designated in response to invitations extended on behalf of the Study Committee: Jerold D. Bozarth, Ph.D. (Iowa Mental Health Authority), Rev. William Cotton (Iowa Association for Mental Health), M. D. George, M.D. (Iowa Medical Society and Iowa Psychiatric Society), Verne R. Kelley, A.C.S.W. (Community Mental Health Centers Association of Iowa), Janet Parker (Iowa Association for Retarded Citizens) and Thomas J. Wilkinson (Iowa Bar Association).

The advisory board held its first meeting December 11, and reviewed several applications for the position of project director for the follow-up study. Neither the board nor the consultant, Dr. Lowry, was fully satisfied with the qualifications of the candidates and additional candidates for the position are currently being solicited. It is planned that the project director will be a temporary full-time employee of the Legislative Service Bureau and will be charged with a variety of responsibilities including the preparation of the basic study design and, with Dr. Lowry's advice and assistance, the preparation of the research instrument. It is likely that additional qualified interviewers will later be employed to complete the field work. It is anticipated that the present Legislative Service Bureau staff will assume the clerical responsibilities involved in the project.

Dr. Lowry noted that a study of this nature should require a minimum of six months to complete. Funding for the study extends through June 30, 1975 at which time all unencumbered funds will revert to the general fund unless an extension is provided by the 1975 session of the General Assembly. Study Committee members have discussed the possibility that a request for an extension may be necessary, and that an additional appropriation for the follow-up study might be desirable.

Appendix I

Comparison of Draft Bill No. 6, Fourth Version, and Present Iowa Law

by Ralph M. Kauffman

The following comparison points out similarities and differences between the present Iowa mental illness commitment law and Mental Health and Juvenile Institutions Study Committee Draft Bill No. 6, Third Version. The comparison is organized chronologically with the proposed new law.

Section 1 of the Draft Bill attempts to define the terms which are used in the succeeding sections so that there can be no misunderstanding as to the meaning of such terms. Terms defined include: mental illness, seriously mentally impaired (or serious mental impairment), serious emotional injury, respondent, patient, licensed physician, qualified mental health professional, public hospital, private hospital, hospital, chief medical officer, and clerk.

The present law does little to define terms. Section 229.40 does define "mental illness" in general terms but does not go further in defining such things as "seriously mentally ill" to provide any basis for involuntary commitment. The only other term defined is "director" which is defined by Section 229.44 and does not appear to be necessary under the proposed bill.

Sections 2 through 5 of the Draft Bill are concerned with voluntary admissions to public or private hospitals. Their counterpart is found in Sections 229.41 and 229.42 of the present Code. The proposed bill, however, is more detailed in providing for discharge of voluntary patients, and for certain situations under which they may be retained and proceedings commenced for involuntary commitment. The present statutes deal to some extent with the payment of charges for voluntary patients, but the proposed bill does not deal at this time with the payment of costs. These matters will doubtless be treated somewhat the same way as under present law and will be covered when a complete draft, including all necessary conforming amendments to existing Code sections, is prepared.

Section 6 of the proposed bill sets out the requirements for the application for involuntary hospitalization of the mentally ill. A closely related provision is Section 229.1 of the Code. This provides for the information which commences the involuntary proceedings. The information under present law is much less detailed, does not require supporting statements from a physician or affidavits from other persons. Further, the only requirement seems to be that the affiant believes the individual to be suffering from mental illness rather than that the individual is "seriously mentally impaired" as required by the proposed bill. It would thus appear that a person could be committed under the present statute for any type of mental illness, while under the proposed bill there is the requirement of a showing of danger of

physical or emotional injury. The present section 229.1 also contains the provision for commitment with the consent of the individual by written application signed by his attending physician and one other physician. This provision has been completely removed from the present bill.

Section 7 provides for the service of notice upon the respondent (i.e., the person whose involuntary hospitalization is being sought). This compares with Section 229.2 of the Code, however the present Code appears to contemplate that persons will be taken into custody and held until such time as a hearing is had. Under the proposed bill notice will simply be served upon a respondent unless he is taken into custody as provided by Section 11 of the proposed bill.

Section 8 of the proposed bill sets out the procedure following the issuance of the notice. It provides that counsel must be immediately appointed unless the respondent already has counsel. It further provides that the court must fix a time for the hearing and order an examination by one or more physicians and fix a time for the filing of the report by the physicians.

Section 229.5 of the Code provides for appointment of counsel, however it appears that such appointment is made at the time of hearing and it is questionable whether under such conditions counsel would have opportunity to prepare to represent the respondent in a proper manner.

Section 229.6 provides for the appointment of an examining physician, which physician may be from the membership of the commission or outside the commission. The statute is not clear as to when the appointment is to be made, however it apparently must be done prior to the time of the hearing since a report is submitted at the time of the hearing.

Section 229.7 of the Code sets out a long series of interrogatories for which the physician is required to supply answers based on his examination of the respondent in so far as it is possible for him to do so. This differs from the present bill in that the physician is simply required to make a report and details are left to the designation of the court or the judgment of the physician.

Section 229.8 of the Code provides for such corrections to the answers to these interrogatories as may be necessary by information elicited at the time of the hearing.

Section 9 of the proposed bill provides the information which must be given to the respondent's attorney, and also sets out the duties of respondent's attorney. There is no corresponding section in the current law.

Section 10 of the proposed bill sets out the matters which must be contained in the physician's report and further

provides that the respondent shall have the right to be examined by a physician of his own choice if he so desires and that such examination shall be paid for by the county if the respondent does not have sufficient funds with which to pay such expense. It authorizes any physician conducting an examination under the proposed bill to consult or invite the participation of a "qualified mental health professional" (i.e., a certified psychologist, registered nurse or master's degree social worker qualified by training and experience in the area of mental health). Also, it requires that respondent's attorney must be given copies of all reports and sets the time in which hearing must be had if the physician's report is to the effect that the respondent is "seriously mentally ill". This would appear to correspond to some extent with Section 229.7 of the Code which has been previously discussed.

Section 11 of the proposed bill provides the conditions under which the respondent may be taken into immediate custody. It further provides the places where the respondent may be confined, and under what conditions, as well as the length of time prior to the actual hospitalization hearing. There is no section in the present Code which corresponds with these provisions, at least insofar as detailed instructions are concerned. The only section which bears on this matter is Section 229.2 which is extremely sketchy and appears to give the Commission of Hospitalization a great deal of power without any specifications as to how the powers shall be exercised. It would appear to be entirely discretionary with the Commission as to just what action it would take relative to the confinement of the respondent.

Section 12 of the proposed bill provides for the hearing and sets out in detail the manner in which it shall be conducted. It specifies that the county attorney must appear on behalf of the applicant and also specifies the rights of the respondent.

Sections 229.2, 229.3, and 229.4 are corresponding sections. In general they are much less detailed and would leave the conduct of the hearing largely to the discretion of the commission. There is a provision giving the Commission the right of subpoena which does not appear in the present bill but no such power is needed since the hearing is before the court and the court obviously has the power of subpoena.

Section 13 of the proposed bill provides for the commitment of the respondent for evaluation if the evidence as presented at the hearing justifies such an order. It further sets forth requirements relative to reporting by the chief medical officer of the hospital and prescribes a time in which such reports must be made. This would correspond with Section 229.9 in some respects. However that section provides for an order directing the respondent to be taken to a screening center for evaluation, but the final commitment order is issued under the provision of Section 229.10. Thus, under the present law there may be two separate hearings. At the first the respondent may be sent to the hospital

for evaluation and later, after a second hearing based on the recommendation of the superintendent of the hospital, there can be an order for commitment. These separate proceedings do not appear in the proposed law.

Section 14 of the proposed bill provides for the report to be furnished by the chief medical officer of the hospital and sets out the conclusions which the report may reach. It further makes provision as to what the court shall do upon receipt of the report, and prescribes a time in which such reports are to be made. If the report states that the respondent is seriously mentally ill and in need of care and treatment etc., the court may then order the respondent to be kept in the hospital for whatever treatment may be required, and thus in a sense this is a substitute for the provisions of Section 229.10 discussed above.

Section 15 of the proposed bill provides for periodical reports and the frequency of such reports. It further provides for the action to be taken by the court upon receipt of such report. There is no similar provision in the present law.

Section 16 of the proposed bill provides for the discharge of patients and in substance states that when further care or treatment is no longer beneficial the person in charge of the facility shall so state and the court shall order a discharge and terminate the proceedings. This is similar in many respects to Section 229.30 of the Code.

Section 17 of the proposed bill presents a wholly new concept, namely the appointment in each county of a person known as an advocate. This person is appointed by the judge of the district court and the qualifications are specifically set out. The advocate is to take over the responsibility of protecting each involuntarily hospitalized patient's rights after that patient's own attorney ceases to function, so that there should be someone continually interested in the welfare of all committed patients. The present law has no comparable provision. The nearest thing provided for in the present law is the commission of inquiry which only functions when there is an allegation that a person is improperly detained in a mental health facility. This is provided for in Section 229.31.

Section 18 of the proposed bill provides an emergency procedure for hospitalization of an allegedly mentally ill individual when immediate access to the district court is impossible. It provides that a peace officer may take the individual into custody and take him to a hospital or other appropriate facility. As soon as possible, arrangements must be made to bring to the hospital or facility a magistrate who shall make a determination as to whether there is probable cause for believing that the person is mentally ill and because of the illness presents a physical threat to himself or others. If so, he may be confined in a hospital for a short period of time until there can be further proceedings. There is no similar provision in

the present law, although enactment of a comparable law was proposed to the 65th General Assembly. The section also limits severely the time a person may be held under such emergency procedures.

Section 19 of the proposed bill is a section designed to protect the rights and privileges of a mentally ill person during hospitalization. There is very little in the present law covering this area except sections 226.13, 226.14, and 226.15, which deal primarily with the rights of patients to write and receive letters. Section 229.39 makes it a misdemeanor to fail to furnish any writing materials. The present statute does not provide any penalty for violation of the rights of patients. Section 229.38 provides penalties in case of cruelty or misconduct relative to patients.

Section 20 of the proposed bill states basically that all records in connection with the hospitalization hearing shall be confidential, but does state conditions under which this information may be released. There is no similar provision in the present law.

Section 21 of the proposed bill refers to the confidentiality of the patients' medical records and provides very limited conditions under which this information may be released. There is no similar provision in the present law.

Section 22 of the proposed bill provides that Sections 6 through 15 shall be the only procedure which may be used for involuntary hospitalization of a mentally ill person. There is no section in the present law which specifically so states unless it is a part of some other section and the title of the section does not indicate that this is a part thereof.

Section 23 of the proposed bill provides in effect that hospitalization of a mentally ill person is not to be equated with incompetence, and the fact that a person is so hospitalized does not establish nor create a presumption that he is incompetent. There is also provided a procedure whereby, in connection with the hospitalization proceeding, a determination can be made as to the competence of the respondent. This is an alternative procedure and no one is required to follow it but may use any of the other procedures set forth in the Code. The present commitment law does not contain procedures similar to those set forth in this section.

Appendix II

Mental Health and Juvenile
Institutions Study Committee.
Draft Bill No. 7 - Final Version

December, 1974

Passed Senate, Date _____ Passed House, Date _____
Vote: Ayes _____ Nays _____ Vote: Ayes _____ Nays _____
Approved _____

A BILL FOR

1 An Act to abolish certain liens and provide procedures for
2 determining liability for payment of charges for care
3 and treatment at certain institutions or facilities.

4 BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF IOWA:

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1 Section 1. Section one hundred twenty-five point twenty-
2 eight (125.28), Code 1975, is amended by adding the following
3 new unnumbered paragraph:

4 NEW UNNUMBERED PARAGRAPH. The board of supervisors shall
5 upon receipt of the list of persons treated at any facility
6 make a determination whether each such person or the persons
7 legally liable for his support are able to pay the charges
8 for the care and treatment at the facility. If the board
9 finds such a person or the persons legally liable for his
10 support are unable to pay for the treatment, they shall direct
11 the auditor not to enter the name of that person in his record.

12 Sec. 2. Section two hundred twenty-two point thirteen
13 (222.13), Code 1975, is amended by adding the following new
14 unnumbered paragraph:

15 NEW UNNUMBERED PARAGRAPH. Upon applying for admission
16 of a person to a hospital-school, or a special unit, the board
17 of supervisors shall make a full investigation into the
18 financial circumstances of that person and those liable for
19 his support under section two hundred twenty-two point seventy-
20 eight (222.78) of the Code, to determine whether or not any
21 of them are able to pay the expenses arising out of the
22 admission of the person to a hospital-school or special
23 treatment unit. If the board finds that the person or those
24 legally responsible for him are unable to pay such expenses,
25 they shall direct that the expenses be paid by the county.
26 If the board finds that the person or those legally responsible
27 for him are able to pay the expenses, they shall direct that
28 the charges be so paid to the extent required by section two
29 hundred twenty-two point seventy-eight (222.78) of the Code,
30 and the county auditor shall be responsible for the collection
31 thereof.

32 Sec. 3. Section two hundred twenty-two point eighteen
33 (222.18), Code 1975, is amended by adding the following new
34 unnumbered paragraph:

35 NEW UNNUMBERED PARAGRAPH. Upon the filing of the petition,

1 the court shall enter an order directing the county attorney
2 of the county in which the allegedly mentally retarded person
3 resides to make a full investigation regarding the financial
4 condition of that person and of those persons legally liable
5 for his support under section two hundred twenty-two point
6 seventy-eight (222.78) of the Code.

7 Sec. 4. Section two hundred twenty-two point thirty-one
8 (222.31), Code 1975, is amended by adding the following new
9 subsection:

10 NEW SUBSECTION. The court shall examine the report of
11 the county attorney filed pursuant to section two hundred
12 twenty-two point thirteen (222.13) of the Code, and if the
13 report shows that neither the person nor those liable for
14 his support under section two hundred twenty-two point seventy-
15 eight (222.78) of the Code are able to pay the charges rising
16 out of his care in the hospital-school, or special treatment
17 unit, he shall enter an order stating that finding and
18 directing that the charges be paid by the person's county
19 of residence. If the report shows that the person, or those
20 liable for his support, are able to pay the charges, the court
21 shall enter an order directing that the charges be so paid
22 to the extent required by section two hundred twenty-two point
23 seventy-eight (222.78) of the Code.

24 Sec. 5. Section two hundred thirty point twenty-one
25 (230.21), Code 1975, is amended to read as follows:

26 230.21 DUTY OF COUNTY AUDITOR AND TREASURER. The county
27 auditor, upon receipt of such certificate, shall thereupon
28 enter the same to the credit of the state in his ledger of
29 state accounts, shall furnish to the board of supervisors
30 a list of the names of the persons so certified, and at once
31 issue a notice to his county treasurer, authorizing him to
32 transfer the amount from the county mental health and
33 institutions fund to the general state revenue, which notice
34 shall be filed by the treasurer as his authority for making
35 such transfer, and shall include the amount so transferred

1 in his next remittance of state taxes to the treasurer of
2 state, designating the fund to which it belongs.

3 Sec. 6. Section two hundred thirty point twenty-five
4 (230.25), Code 1975, is amended by striking the section and
5 inserting in lieu thereof the following:

6 230.25 FINANCIAL INVESTIGATION BY SUPERVISORS. Upon
7 receipt from the county auditor of the list of names furnished
8 pursuant to section two hundred thirty point twenty-one
9 (230.21) of the Code, the board of supervisors shall make
10 an investigation to determine the ability of each person whose
11 name appears on the list, and also the ability of any person
12 liable under section two hundred thirty point fifteen (230.15)
13 of the Code for the support of that person, to pay the expenses
14 of his hospitalization. However, the board need not make
15 an investigation of any person previously investigated pursu-
16 ant to this section. If the board finds that neither the
17 hospitalized person nor any person legally liable for his
18 support is able to pay those expenses, they shall direct the
19 county auditor not to make any charges against any of those
20 persons pursuant to section two hundred thirty point twenty-
21 six (230.26) of the Code.

22 Sec. 7. Section two hundred thirty point twenty-six
23 (230.26), Code 1975, is amended to read as follows:

24 230.26 AUDITOR TO KEEP RECORD. The auditor of each county
25 shall keep an accurate account of the cost of the maintenance
26 of any patient kept in any institution as provided for in
27 this chapter and keep an index of the names of the persons
28 admitted or committed from such county ~~and the indexing and~~
29 ~~the record of the account of such patient in the office of~~
30 ~~the county auditor shall constitute notice of such lien.~~
31 The name of the husband or the wife of such person designating
32 such party as the spouse of the person admitted or committed
33 shall also be indexed in the same manner as the names of the
34 persons admitted or committed are indexed. The book shall
35 be designated as an account book or index, and shall have

1 no reference in any place to a lien.

2 Sec. 8. Section two hundred thirty point thirty (230.30),
3 Code 1975, is amended to read as follows:

4 230.30 CLAIM AGAINST ESTATE. On the death of a person
5 receiving or who has received assistance under the provisions
6 of this chapter, the total amount paid for their care shall
7 be allowed as a claim of the ~~second~~ sixth class against the
8 estate of such decedent.

9 Sec. 9. All liens created under section two hundred thirty
10 point twenty-five (230.25), as that section appeared in the
11 Code of 1973 and prior editions of the Code, are abolished
12 effective January 1, 1976, except as otherwise provided by
13 this Act. The board of supervisors of each county shall,
14 as soon as practicable after July 1, 1975, review all liens
15 resulting from the operation of said section two hundred
16 thirty point twenty-five (230.25) and make a determination
17 as to the ability of the person against whom the lien exists
18 to pay the charges represented by the lien, and if they find
19 that the person is able to pay those charges they shall direct
20 the county attorney of that county to take immediate action
21 to enforce the lien. If action is commenced under this section
22 on any lien prior to the effective date of the abolition
23 thereof, that lien shall not be abolished but shall continue
24 until the action is completed.

25 Sec. 10. Sections two hundred thirty point twenty-eight
26 (230.28), two hundred thirty point twenty-nine (230.29), two
27 hundred fifty-two point ten (252.10), two hundred fifty-two
28 point eleven (252.11), and two hundred fifty-two point twelve
29 (252.12), Code 1975, are repealed.

30 EXPLANATION

31 This proposed legislation is designed to do several things.
32 First, it repeals the lien on property of mentally ill persons
33 or those legally responsible for payment of charges for their
34 care and support. Second, it abolishes existing liens. It
35 is almost certain that at least some of the existing liens

1 are enforceable and an opportunity is given to commence action
2 to enforce any liens which the boards of supervisors of the
3 various counties may consider collectable. The date of January
4 1, 1976 as a cutoff is admittedly arbitrary and if it is
5 considered that this would be too short a time it could easily
6 be extended to July first or whatever date seems proper.
7 Third, a method is provided at the time persons are admitted
8 or committed to certain institutions or facilities whereby
9 it can be determined whether in fact those persons or persons
10 legally responsible for payment of such charges are able to
11 pay them. If so procedure is provided for collections of
12 such charges, but if not the county is directed to pay them
13 and the auditor's books are not cluttered with uncollectable
14 accounts. As matters now stand there are probably thousands
15 of uncollectable accounts outstanding, and as a result in
16 many cases little or no effort is made to collect any account.
17 While it is recognized that in all probability some accounts
18 will remain uncollected, it is hoped that the number will
19 be reduced and a greater effort will be made to collect those
20 certified as being collectable. Fourth, a change is made
21 in the classification of claims against the estates of mentally
22 ill persons so that they will be in the same class as claims
23 against the estate of mentally retarded persons. Fifth,
24 sections which appear to be inconsistent with the purpose
25 of this legislation are repealed.

26 Included are repeal of three sections which are in a sense
27 unrelated to the rest of the bill. These three sections are
28 in the chapter on support of the poor. Perhaps this is so
29 unrelated as not to be properly includable however, these
30 sections would appear to be outdated and it is unlikely that
31 they are ever used at the present time. When enacted they
32 were doubtless of value since at that time the township
33 trustees were actively engaged in activities relative to the
34 support of the poor but this is no longer the case. There
35 are presently adequate means for compelling support of children

1 and it does not seem that these sections serve any useful
2 purpose at this time.

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Appendix III

Mental Health and Juvenile
Institutions Study Committee
Draft Bill No. 8 - Final Ver-
sion.

December, 1974

Passed Senate, Date _____ Passed House, Date _____
Vote: Ayes _____ Nays _____ Vote: Ayes _____ Nays _____
Approved _____

A BILL FOR

1 An Act to establish a Clarinda mental health institute ad-
2 visory board, to define extension services by the Clarinda
3 mental health institute, and to prescribe the conditions
4 under which extension services, certain other services,
5 and use of portions of the mental health institute physical
6 plant may be made available.

7 BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF IOWA:
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1 Section 1. Chapter two hundred twenty-six (226), Code
2 1975, is amended by adding sections two (2) through five (5),
3 inclusive, of this Act.

4 Sec. 2. NEW SECTION. TERMS DEFINED. As used in this
5 Act:

6 1. "Advisory board" means the Clarinda mental health
7 institute advisory board established by section three (3)
8 of this Act.

9 2. "Extension services" means any services provided by
10 any employee of a mental health institute at any place other
11 than the mental health institute itself, except:

12 a. Services provided without reimbursement to the mental
13 health institute and intended only to inform the public about
14 programs and services of the mental health institute.

15 b. Participation by mental health institute employees,
16 as a part of the duties of their employment, in formal or
17 informal educational activities which are not intended for
18 the therapeutic benefit of any other person participating
19 in these activities.

20 c. Services provided by professional employees of a mental
21 health institute at the request of and in furtherance of the
22 statutory functions of a court or commission of
23 hospitalization.

24 d. Services provided by employees of a mental health
25 institute outside the course of such employment, however a
26 county may employ or retain in a professional capacity a
27 person who is a professional employee of a mental health
28 institute only if the county does so through a community
29 mental health center.

30 3. "Community mental health center" means a community
31 mental health center established or operating as authorized
32 by section two hundred thirty A point one (230A.1) of the
33 Code.

34 4. "Catchment area" means the area designated pursuant
35 to section two hundred eighteen point nineteen (218.19) of

1 the Code to be served by a state mental health institute.
2 Sec. 3. NEW SECTION. ADVISORY BOARD CREATED. There is
3 established a Clarinda mental health institute advisory board
4 to consist of one member from each county in the institute's
5 catchment area. Each member of the advisory board shall be
6 appointed by and shall serve at the pleasure of the board
7 of supervisors of the county that member represents. The
8 appointee to the advisory board shall be a person who has
9 demonstrated by prior activities an informed concern in the
10 area of mental health. Each advisory board member shall be
11 reimbursed for the actual and necessary expenses incurred
12 by service on the advisory board, upon claims filed with the
13 county auditor and approved by the board of supervisors, out
14 of the county mental health and institutions fund established
15 by section four hundred forty-four point twelve (444.12) of
16 the Code.

17 Sec. 4. NEW SECTION. DUTIES OF ADVISORY BOARD. The
18 advisory board shall meet at least quarterly, shall review
19 the mental health service needs and resources of the area
20 served by the Clarinda mental health institute, shall assist
21 the superintendent of the institute in the planning,
22 development and evaluation of mental health services provided
23 by the institute, and shall seek to promote coordination of
24 the mental health services provided by the mental health
25 institute and by community mental health centers so that to
26 the greatest extent practicable they complement each other
27 and are not duplicatory. The superintendent of the Clarinda
28 mental health institute shall consult with the advisory board
29 regarding the proposed budget for the institute for each
30 biennium before the budget estimates required by section eight
31 point twenty-three (8.23) of the Code are completed by the
32 department of social services. Not later than December
33 fifteenth of each year the advisory committee shall submit
34 a report of its activities, including recommendations if the
35 advisory committee so desires, to the department of social

1 services, the president of the senate and the speaker of the
2 house of representatives. The president and the speaker shall
3 each refer the report to an appropriate committee of the
4 senate and the house of representatives, respectively.

5 Sec. 5. NEW SECTION. EXTENSION SERVICES LIMITED. The
6 Clarinda mental health institute may provide extension within
7 its catchment area, subject to the following restrictions:

8 1. Extension services shall be provided only within
9 counties which are affiliated with a community mental health
10 center, and only on the basis of a written agreement with
11 a community mental health center to which the county in which
12 the extension services are provided contributes funds or from
13 which it purchases services, which agreement has been approved
14 by the advisory board.

15 2. Charges by the mental health institute to the county
16 for extension services shall be itemized and shall include
17 the following:

18 a. The full cost of all professional staff time utilized
19 in providing the extension services.

20 b. Travel expenses, including meals and lodging, incurred
21 by the mental health institute staff personnel in providing
22 the extension services.

23 c. All indirect costs of providing the extension services.

24 3. The requirements of subsection one (1) of this section,
25 insofar as they prohibit extension services to counties which
26 have not joined in establishing or affiliated with an existing
27 community mental health center, are suspended until July 1,
28 1977.

29 Sec. 6. NEW SECTION. AUTHORITY TO MAKE CERTAIN FACILITIES
30 AND SERVICES AVAILABLE. The Clarinda mental health institute
31 may, with approval of the advisory board and the state
32 director:

33 1. Lease any specified portion of its physical plant to
34 a community mental health center, or to any other community-
35 based agency providing mental health or related services to

1 residents of the mental health institute's catchment area.

2 2. Enter into agreements with any community mental health
3 center with which one or more of the counties in the mental
4 health institute's catchment area is affiliated, for the pur-
5 chase of specified mental health services from the mental
6 health institute by that community mental health center.

7 Sec. 7. Section four hundred forty-four point twelve
8 (444.12), Code 1975, is amended by inserting after subsection
9 four (4) the following new subsection:

10 NEW SUBSECTION. Actual and necessary expenses incurred
11 by the county's appointee to the mental health institute
12 advisory board established by section three (3) of this Act,
13 if the county board of supervisors is authorized to appoint
14 a member to that board.

15 EXPLANATION

16 This bill establishes a one-member-per-county advisory
17 board drawn from the catchment area of the Clarinda Mental
18 Health Institute, to assist its superintendent in making the
19 programs and services of the Clarinda Institute as responsive
20 as possible to the specific needs for mental health services
21 perceived at the local level. The advisory board is also
22 to assist in coordinating the Clarinda Institute's services
23 with those of community mental health centers. To encourage
24 local support for these centers, the Clarinda Institute is
25 barred from providing extension services (those rendered to
26 individuals at places other than the Institute itself) after
27 July 1, 1977 in counties which have not established a community
28 mental health center. Where extension services are rendered
29 within any county by the Clarinda institute, it must be on
30 the basis of an agreement with a local mental health center
31 serving that county and the county must be charged the actual
32 cost of the services (i.e., the Institute may not subsidize
33 extension services by including any portion of the cost in
34 charges made for in-patient services). The bill also
35 authorizes the Clarinda Institute to lease part of its physical

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1 plant, and to contract for sale of professional services,
2 to community mental health centers in its catchment area.

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Mental Health and Juvenile
Institutions Study Committee
Draft Bill No. 1B--Revised
Version. December, 1974

Passed House, Date _____ Passed Senate, Date _____
Vote: Ayes _____ Nays _____ Vote: Ayes _____ Nays _____
Approved _____

A BILL FOR

1 An Act relating to use of state funds to assist counties in
2 paying a portion of the cost of mental health and mental
3 retardation services, and to charges by state mental health
4 institutes for care of patients thereof.

5 BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF IOWA:

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1 Section 1. chapter two hundred thirty (230), Code 1975,
2 is amended by adding sections two (2) and three (3) of this Act.

3 Sec. 2. NEW SECTION. STATE MENTAL HEALTH REIMBURSEMENT
4 FUND--ALLOCATION. There is created in the office of the treasurer
5 of state a state mental health reimbursement fund, to which there
6 is appropriated for the fiscal year beginning July 1, 1975 and
7 each fiscal year thereafter, from any money in the state general
8 fund not otherwise appropriated, the sum of six million three
9 hundred thousand (6,300,000) dollars. Each county shall annually,
10 as soon after July first as reasonably possible, receive an
11 allocation from the fund which shall bear the same proportion
12 to the total amount of the fund as that county's population bears
13 to the total population of the state, based upon the most recent
14 federal decennial census, except that:

15 1. In no event shall the allocation to any county for
16 the fiscal year beginning July 1, 1975 be less than the total
17 amount realized by that county in the fiscal year ending June
18 30, 1975 by reason of:

19 a. The difference between the full cost of care of
20 persons having legal settlement in that county who were patients
21 at any of the state mental health institutes or state hospital-
22 schools during the fiscal year ending June 30, 1975, computed
23 as prescribed by sections two hundred thirty point twenty (230.20)
24 and two hundred twenty-two point seventy-three (222.73), Code
25 1975, respectively, and the amounts actually charged the county
26 by the state for the care of such patients pursuant to the Acts
27 of the Sixty-fifth General Assembly, 1973 Session, chapter one
28 hundred twelve (112), sections four (4) and five (5).

29 b. Payments to the county from the state mental aid
30 fund made pursuant to sections two hundred twenty-seven point
31 sixteen (227.16) through two hundred twenty-seven point eighteen
32 (227.18), Code 1975.

33 2. When a city exercises its authority to have a special
34 census taken as permitted by sections one hundred twenty-three
35 point fifty-three (123.53), subsection three (3), and three hundred

1 twelve point three (312.3), subsection two (2), of the Code, the
2 population of the county or counties where the city is located
3 shall, for the purpose of this section, be adjusted in accordance
4 with the result of the special census as certified to the secretary
5 of state.

6 Sec. 3. NEW SECTION. USE OF ALLOCATION BY COUNTY.

7 Upon receipt of each year's allocation to the county from the
8 state mental health reimbursement fund, the county board of
9 supervisors shall immediately place the allocation in the county
10 mental health and institutions fund and may expend from the fund
11 in the same budget year an amount equal to the amount of the
12 allocation for any of the following purposes:

13 1. Support of a community mental health center
14 established or operated as authorized by section two hundred
15 thirty A point one (230A.1) of the Code, except that none of the
16 funds received may be applied directly to the purchase, leasing
17 or construction of a building to house the center.

18 2. Payment of charges to the county for care and
19 treatment of patients at any state mental health institute or
20 state hospital-school.

21 3. Care and treatment of persons who in lieu of admission
22 or commitment to, or upon discharge, removal or transfer from
23 a state mental health institute or state hospital-school are
24 placed in a county hospital, county home, a health care facility
25 as defined in section one hundred thirty-five C point one (135C.1),
26 subsection eight (8), of the Code, or in any other suitable public
27 or private facility which is properly licensed or if there is
28 no applicable licensing statute, is approved for such placements
29 by the commissioner of the department of social services or his
30 designee.

31 Sec. 4. Section two hundred twenty-two point seventy-
32 three (222.73), Code 1975, is amended to read as follows:

33 222.73 SUPERINTENDENT TO PREPARE EXPENSE SCHEDULE.

34 The superintendent of each hospital-school and special unit shall
35 certify to the state comptroller on a schedule approved by the

1 comptroller any amount not previously certified by the
2 superintendent due the state for the expenses of patients in each
3 hospital-school and special unit from the several counties
4 responsible under section 222.60. The comptroller shall thereupon
5 charge the amounts so certified to the proper counties. The
6 amount certified by the superintendent to the comptroller to be
7 charged against each county shall be the per-patient-per-day cost
8 of the hospital-school or special unit, as the case may be,
9 multiplied by the number of days each patient for which such
10 county is liable to the state was carried on the rolls of the
11 hospital-school or special unit as an inpatient, plus the amount
12 due for the treatment of outpatients for which such county is
13 liable to the state during the period for which expenses are being
14 certified. The per-patient-per-day cost shall be determined
15 by listing the number of days each inpatient was actually in the
16 hospital-school or special unit during the period for which
17 expenses are being certified and dividing the total of all such
18 days into one hundred percent of the portion of the appropriation
19 for the hospital-school or special unit expended during such
20 period ~~unless otherwise specified in the biennial appropriations~~
21 ~~for support of such institutions~~. The amount charged for the
22 treatment of outpatients shall be at a rate to be established
23 by the state director on the basis of the actual cost of such
24 treatment.

25 Sec. 5. Section two hundred thirty point twenty (230.20),
26 Code 1975, is amended by striking the section and inserting in
27 lieu thereof the following:

28 230.20 STATEMENT OF CHARGES TO COUNTIES. The
29 superintendent of each state hospital for the mentally ill
30 established by section two hundred twenty-six point one (226.1)
31 of the Code, or his designee, shall on the first day of July,
32 October, January and April of each year, compute the amounts which
33 are due the state from each county for services rendered by the
34 hospital to patients chargeable to those counties. Each hospital's
35 charges for services rendered in a particular quarter shall be

1 based on that hospital's expenditures during the immediately
2 preceding quarter, and shall be computed as follows:

3 1. The expenditures of the hospital during the preceding
4 calendar quarter shall be separately computed by program in
5 accordance with generally accepted accounting procedures. In
6 so doing, the superintendent or his designee shall not include
7 any of the following:

8 a. The costs of food, lodging and other maintenance
9 provided to persons not patients of the hospital.

10 b. The costs of certain direct medical services, which
11 shall be charged directly against the patient who received the
12 services. The direct medical services to which this paragraph
13 is applicable shall be specifically identified in rules adopted
14 by the department of social services in accordance with chapter
15 seventeen A (17A) of the Code, and may include but need not be
16 limited to x-ray, laboratory and dental services.

17 c. The cost of outpatient services, which shall be
18 charged directly against the patient who received the services
19 at a rate to be established by the state director on the basis
20 of the actual cost of the services.

21 2. The total patient days of service provided during
22 the calendar quarter shall be identified and accumulated for each
23 program for which expenditures are separately computed under
24 subsection one (1) of this section.

25 3. The total expenditure during the calendar quarter
26 computed for each program pursuant to subsection one (1) of this
27 section shall be divided by the total patient days of service
28 provided during the calendar quarter by that program, determined
29 pursuant to subsection two (2) of this section, to derive the
30 average daily patient cost for each program.

31 4. Each county shall be charged the total of:

32 a. The charges attributable to each inpatient chargeable
33 to that county, calculated by multiplying the average daily patient
34 cost for each program under which the patient was served by the
35 number of days the patient was so served during the calendar

1 quarter, and adding the cost of direct medical services received
2 by the patient during the calendar quarter; and

3 b. The charges attributable to each outpatient chargeable
4 to that county who was served by the hospital during the calendar
5 quarter, calculated at the cost established under subsection one
6 (1), paragraph c of this section.

7 5. A statement shall be prepared for each county to
8 which charges are made under this section. Except as otherwise
9 provided or required by sections one hundred twenty-five point
10 twenty-eight (125.28), two hundred twenty-four A point two (224A.2)
11 and two hundred twenty-four A point three (224A.3) of the Code,
12 the statement shall list the name of each patient chargeable to
13 that county who was served by the hospital during the preceding
14 calendar quarter and the amount due on account of each patient,
15 and the county shall be billed for one hundred percent of the
16 stated charge for each patient. The statement prepared for each
17 county shall be certified by the superintendent of the hospital
18 to the state comptroller and a duplicate statement shall be mailed
19 to the auditor of that county.

20 Sec. 6. Section two hundred thirty point twenty-one
21 (230.21), Code 1975, is amended to read as follows:

22 230.21 DUTY OF COUNTY AUDITOR AND TREASURER. The county
23 auditor, upon receipt of ~~such certificate~~ the duplicate statement
24 required by section five (5) of this Act, shall ~~thereupon~~ enter
25 the same to the credit of the state in his ledger of state
26 accounts, and at once issue a notice to his county treasurer,
27 authorizing him to transfer the amount billed to the county by
28 the statement from the county mental health and institutions fund
29 to the general state revenue, which notice shall be filed by the
30 treasurer as his authority for making such transfer ~~and~~. The
31 treasurer shall include promptly remit the amount so transferred
32 ~~in his next remittance of state taxes~~ to the treasurer of state,
33 designating the fund to which it belongs.

34 Sec. 7. Section two hundred thirty point twenty-two
35 (230.22), Code 1975, is amended to read as follows:

1 230.22 PENALTY. Should any county fail to pay these
2 ~~bills~~ the amount billed by a statement submitted pursuant to
3 section five (5) of this Act within sixty days from the date of
4 ~~certificate-from~~ the statement is certified by the superintendent,
5 the state comptroller shall charge the delinquent county the
6 penalty of one percent per month on and after sixty days from
7 ~~the date of-certificate~~ the statement is certified until paid.
8 Provided, however, that the penalty shall not be imposed if the
9 county has notified the comptroller of error or questionable items
10 in the billing, in which event, the comptroller may suspend penalty
11 only during the period of negotiation.

12 Sec. 8. Section two hundred thirty point twenty-three
13 (230.23), Code 1975, is amended to read as follows:

14 230.23 COST PAID FROM ~~INSTITUTION~~ MENTAL HEALTH AND
15 INSTITUTIONS FUND. All expenses required to be paid by counties
16 for the care, admission, commitment, and transportation of mentally
17 ill patients in state hospitals shall be paid by the board of
18 supervisors from the ~~state-institution~~ county mental health and
19 institutions fund.

20 Sec. 9. Section four hundred forty-four point twelve
21 (444.12), subsection four (4), Code 1975, is amended to read as
22 follows:

23 4. Any contribution which the board of supervisors may
24 make to the establishment and ~~initial~~ operation of a community
25 mental health center in the manner and subject to the limitations
26 provided by ~~law~~ chapter two hundred thirty A (230A) of the Code.

27 Sec. 10. Sections two hundred twenty-seven point sixteen
28 (227.16), two hundred twenty-seven point seventeen (227.17), two
29 hundred twenty-seven point eighteen (227.18), and two hundred
30 thirty point twenty-four (230.24), Code 1975, are repealed.

31 EXPLANATION

32 The primary purpose of this bill is to change the method
33 of distributing the state funds now used to assist counties in
34 meeting costs of treatment and care of mentally ill or mentally
35 retarded persons, and to broaden to some extent the purposes for

1 which counties may use these funds. Appropriations to the four
2 state mental health institutes and the two state hospital-schools
3 for the year which began July 1, 1974 are \$15,687,066 and
4 \$13,012,000, respectively. Under present law, when these
5 institutions provide care and treatment to persons with legal
6 settlement in Iowa, they bill the counties for this care at 80%
7 of actual daily cost (which is determined on the basis of the
8 state appropriations). This statutory 20% discount is, in effect,
9 a transfer of state funds to counties. The respective counties
10 benefit by this transfer in proportion to the extent they make
11 use of the facilities of the state mental health institutions
12 to meet the needs of their residents for mental health services.

13 Another transfer of state funds to counties occurs through
14 the state mental aid fund, which assists counties with the cost
15 of mental patients living in county homes or other local
16 facilities. The present annual appropriation to this fund is
17 \$1,075,000.

18 Figures compiled by the Legislative Fiscal Director's
19 office indicate that the total amount received by counties from
20 the state through these two transfer mechanisms, in the year
21 ending June 30, 1974, was \$5,696,869. However, none of this money
22 was directly available to any county to meet any portion of the
23 cost of mental health services provided through community mental
24 health centers.

25 This bill abolishes the state mental aid fund, and
26 requires the mental health institutes and hospital-schools to
27 return to the former practice of billing counties at 100% of daily
28 cost as computed on the basis of appropriations. These two steps
29 will make available the bulk of the \$6,300,000 which is to be
30 appropriated to the state mental health reimbursement fund
31 established by this bill. This fund is to be allocated annually
32 among all counties on a population basis, but with the provision
33 that no county's allocation shall be less than that county received
34 from the state in fiscal 1975 in the form of discounts on
35 institutional bills and payments from the state mental aid fund.

1 County supervisors will have greater flexibility to use
2 the money received from the state for mental health needs in what
3 they consider the most effective ways. They may use all or any
4 part of this allocation (1) to help pay state institutional bills,
5 in which case the effect will be much the same as if the present
6 20% discount had been continued; or (2) to help pay for care of
7 mental patients in county homes and local facilities, as money
8 received through the state mental aid fund is now used. However,
9 they may also use such funds to help pay the cost of operation
10 of a community mental health center, for which no state aid is
11 presently available in any form.

12 Section five of this bill requires the state mental
13 health institutes to begin billing on a cost-related basis, which
14 is feasible because of improved accounting practices adopted in
15 recent years. Under this method of billing, the charges made
16 for each patient's treatment more nearly reflect the value of
17 the services that patient actually receives. Under the present
18 method of billing at a single daily patient rate, those persons
19 receiving less costly treatment tend to subsidize those receiving
20 the most expensive services.

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