

**\*SPECIAL EDITION\*****Epi Update for Wednesday, June 26, 2024**

CENTER FOR ACUTE DISEASE EPIDEMIOLOGY (CADE)

Iowa Department of Health and Human Services

**Temporary Reporting Order: Illnesses potentially associated with consumption of mushroom-containing edible products**

As of June 25, 2024, illnesses potentially associated with the consumption of mushroom-containing edible products have been designated as temporarily reportable in Iowa.

*Illnesses potentially associated with mushroom-containing edible products including Diamond Shruumz chocolate bars, gummies and cones should be reported to the Iowa Department of Health and Human Services, Division of Behavioral Health at 515-214-4325 or 515-204-9154.*

Patients may present with symptoms including, but not limited to, central nervous system depression with sedation, seizures, muscle rigidity, clonus, tremor, abnormal heart rate (bradycardia or tachycardia), abnormal blood pressure (hypotension or hypertension), gastrointestinal effects (nausea, vomiting, or abdominal pain), skin flushing, diaphoresis, and metabolic acidosis with increased anion gap.

As of June 24, 39 total illnesses, including 23 hospitalizations, have been reported in 20 states (including Iowa) with ongoing efforts to identify other potential cases. No deaths have been reported.

Diamond Shruumz brand products have been distributed online and at retailers, including those that sell hemp-derived (e.g., CBD, THC) and smoke/vape products nationwide.

The cause of the reported illnesses is not known at this time. People should not eat, sell, or serve any flavors of Diamond Shruumz brand chocolate bars, cones, or gummies, and should discard products that have been purchased.

CDC, FDA, and state/local partners are working to determine whether other products are associated with adverse health effects.

For more information and updates regarding this ongoing multi-state outbreak investigation, visit: [www.cdc.gov/environmental-health-studies/outbreak-investigation-diamond-shruumz-products/index.html](http://www.cdc.gov/environmental-health-studies/outbreak-investigation-diamond-shruumz-products/index.html).

**Have a healthy and happy week!**  
Center for Acute Disease Epidemiology  
800-362-2736