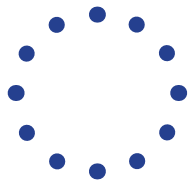


It's **YOUR** future.  
Are you ready?

Are you ready to be  
a parent?

Are you ready to use  
birth control?



Are you ready to  
decide your future?

## **FREE Birth Control Services**

The Family Planning Program (FPP) provides  
**FREE** and **CONFIDENTIAL** services.

The Family Planning Program (FPP) is an Iowa Department of Human Services (DHS) program.

Call an FPP family planning clinic or your local DHS office for more information. You can call Iowa Medicaid Member Services at **1-800-338-8366**, or you can call the Healthy Family Hotline at **1-800-369-2229**.

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### Discrimination is against the law.

The Iowa Department of Human Services (DHS) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

If you feel DHS has discriminated against or harassed you, you can send a letter of complaint to:

Iowa Department of Human Services  
Administrator, Diversity Program Unit,  
1305 E. Walnut Street,  
Des Moines IA 50319-0114  
Phone **(800) 972-2017**  
Fax **(515) 281-4243**

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*ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-800-338-8366** (TTY: **1-800-735-2942**).*

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 **1-800-338-8366** (TTY: **1-800-735-2942**)。

[www.dhs.state.ia.us](http://www.dhs.state.ia.us)



Iowa Department of Human Services

Comm. 249 (Rev. 7/17)

## **Family Planning Program (FPP)**



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Start your family when  
you're ready.

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Protect yourself from sexually  
transmitted diseases.

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Make healthy choices for  
a better life.

## Who is eligible for the FPP?

Men and women, ages 12 through 54, who:

- Are Iowa residents.
  - Are U.S. citizens or qualified immigrants.
  - Meet income limits.  
(includes moderate incomes; call for details)
- 

## How do I apply?

Get your application from:

- FPP Family Planning Clinics
- Local DHS offices

Return your complete application in person or by mail to an FPP Family Planning Clinic or DHS office.

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## What documents may I need?

- Proof of citizenship (such as birth certificate or passport)
- Non-U.S. citizens need to bring immigration documents
- A photo identification (ID) such as a driver's license or student ID
- Social Security Number
- Proof of income from last 30 days:
  - Pay stubs
  - Statement from employer
  - Child support received (payment record or court order)
- Other requirements may apply

Even if you don't have these documents you can still submit an application.

## How long does it take to get approved?

If you apply at an FPP Family Planning Clinic and take your ID, Social Security Number, and proof of income, you may be approved that day.

If you apply at the DHS office, your application will be processed within 30 days.

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## What services are covered?

- Birth control exams
  - Birth control counseling
  - Limited testing and treatment for Sexually Transmitted Diseases (STDs)
  - Pelvic exams
  - Pap tests
  - Pregnancy tests
  - Birth control supplies
  - Voluntary sterilization
  - Emergency contraception
  - Ultrasounds (if medically necessary and related to birth control services)
  - Yeast infection treatment
- 

## Where can I go for services?

Any FPP provider can provide family planning services to FPP members.

Providers include:

- FPP Family Planning Clinics
- Physicians
- Federally Qualified Health Centers
- Rural Health Clinics

## Frequently Asked Questions:

[Does the FPP keep my information private?](#)

Yes. The FPP provides confidential services.

[Are pregnancy tests covered?](#)

Yes. Please make an appointment with your health care provider.

[Are ultrasounds covered?](#)

Only if they are medically necessary and related to birth control services.

[Is the HPV vaccine Gardasil® covered?](#)

No, it is not.

[Are yeast infection treatments covered?](#)

Yes. Please make an appointment with your health care provider.

[Are abortions or a D & C covered?](#)

No, not under the FPP.

[What if I do not want any more children?](#)

Voluntary sterilization is covered. You must be over the age of 21 and sign a sterilization consent form at your doctor's office 30 to 80 days **before** the procedure.

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## Who do I call with questions?

- An FPP family planning clinic
- Your local DHS office. Locate your local DHS office and its phone number at [www.dhs.iowa.gov/dhs\\_office\\_locator](http://www.dhs.iowa.gov/dhs_office_locator)
- The Healthy Family toll free line at 1-800-369-2229