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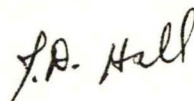
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· Iowa Department of Social Services ·  
**Volunteer Programs**

# From the Volunteer Director:

Attached please find the Department of Social Services volunteer report for 1980. It contains a brief description of all volunteer programs offered in DSS districts and institutions. I think you will find that this year's report is an easy-to-read edition which targets the valuable services supplied by our thousands of volunteers.

You may be interested in knowing that the report was prepared by Kitty Chadima, a professional writer who volunteered much free time to this massive project. She did an excellent job and we thank her for her contribution.



J. D. Hall

# **Adult Corrections.**

MHI

Cherokee Mental Health Institute  
Clarinda Mental Health Institute  
Mt. Pleasant Mental Health Institute  
Independence Mental Health Institute

Volunteer  
Coordinator

Betty Aldine  
Carolyn Young  
Maggie Benge  
Bernice Moore

JUVENILE INSTITUTIONS

Mitchellville Training School  
Eldora Training School  
Iowa Juvenile Home

John Baker  
Kathryn Foster  
Cal Peters

MENTAL HEALTH HOSPITAL-SCHOOLS

Glenwood State Hospital School  
Woodward State Hospital School

Paul Brodigan  
Joan Schultz

ADULT CORRECTIONS

Iowa Men's Reformatory - Anamosa  
Iowa Women's Reformatory - Rockwell City  
Riverview Release Center - Newton  
Mt. Pleasant Minimum Security Unit -  
Mt. Pleasant

Mike Brown  
Jerry Skadbourg  
Steve Foster

Lee Johnson  
James Elliott

IOWA VETERANS HOME - Marshalltown

Barry Venard

DISTRICT OFFICES

District I - Decorah  
District II - Mason City

District III - Spencer  
District IV - Sioux City

District V - Fort Dodge  
District VI - Marshalltown

District VII - Waterloo

District IX - Davenport  
District X - Cedar Rapids  
District XI - Des Moines

District XIII - Council Bluffs  
District XIV - Creston

Julie Contant  
Liz Gronbach  
Pamela Sue Kinsinger  
Eunice Robertson  
Joan McCulloch  
Pat McCorkindale  
Lynn E. East  
Cathy Engel  
Edie Scovill  
Nancy Kremer  
Jennie Kewin  
Shannon Wood  
Georgia Williams  
Sandra Williams  
Sylvia Partridge  
Sue Gehring  
Claudia Koon  
Jack Knapp  
Paul Skinner

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# **Adult Corrections.**

Iowa Men's Reformatory  
Anamosa, Iowa

Chapel Services A total of 779 volunteers entered the institution contributing 1,868 hours. Approximately 700 clients were served.

Transitions to Freedom Designed to ease the transition from prison to the streets by providing speakers (lawyers, judges, work release staff, parole board members, etc.) information in such areas as bonding, resumes, job-seeking skills is covered, as well as helping the ex-offender locate housing and employment. 22 volunteers, 210 hours, 76 clients.

The Jaycees A public service group located throughout the nation. The Reformatory administration allows constructive visitations by outside Jaycee chapters. 18 groups, 160 volunteers, 210 hours, 87 clients.

Alcoholics Anonymous Utilizes volunteers who are willing to tell incarcerated alcoholics of their personal struggles with alcohol. 4 groups, 96 volunteers, 192 hours, 72 clients.

Phoenix A self-help drug organization located within the walls of the Men's Reformatory. Volunteer speakers have entered the institution to provide information regarding substance abuse. 2 groups, 4 volunteers, 8 hours, 56 clients.

Hobbies The institution provides a hobby craft area where residents can use their leisure time to learn skills such as leather work, stained glass, pottery, wood work, etc. Volunteers are used in this area to provide information on new techniques as well as supplementing the instruction provided by hobby craft personnel. 3 volunteers, 22 hours, 36 clients.

Sports The Reformatory recreation staff also supervises varsity athletics in such sports as weight lifting, slow and fast pitch softball, basketball, and rugby. Outside teams are permitted to participate against resident varsity teams.

42 fast pitch teams	504 vol.	756 hrs.
5 power lift meets	137 vol.	880 hrs.
1 physique clinic	6 vol.	12 hrs.
1 power lift clinic	6 vol.	12 hrs.
25 slow pitch teams	250 vol.	425 hrs.
25 basketball teams	175 vol.	350 hrs.
2 flag football teams	20 vol.	30 hrs.
1 rugby team	15 vol.	23 hrs.
1 soccer clinic	6 vol.	12 hrs.
1 volleyball clinic	6 vol.	12 hrs.

Musical Entertainment Three groups also entered the institution providing musical entertainment for the residents of the Men's Reformatory. 60 volunteers, 120 hours, 350 clients.



Mt. Pleasant Medium Security Unit  
Mt. Pleasant, Iowa

Religious Worship, Counseling and Classes The most regular ongoing activity of volunteer workers at the Medium Security Unit. Mr. Henry Ledbetter (70 hours) and Reverend T.N. Taylor (100 hours) conduct worship services weekly. Every Tuesday evening a group of laymen comes in with Rev. Taylor to conduct classes and offer religious counseling. Each of the laymen received three hours of orientation training. Total - 640 hours.

Responsible Social Involvement Iowa Wesleyan College's program required for graduation. Have brought administrative assistance in organizing documentation to meet the standards for certification by the American Corrections Association: (200 hours), and in gathering data to present to local industries in preparing for a possible satellite contract to have residents doing piecework within the institution: (200 hours). Wesleyan RSI students also taught Social Skills classes such as Money Management: (200 hours), and Family Living: (50 hours). IWC students (400 hours) worked in the Activities Department setting up tournaments and teaching/leading tabletop games and athletic competition. Each of the above students attended 24 hours of orientation before beginning work.

One Wesleyan student from the Department of Behavioral Sciences, (200 hours) served an internship as a Correctional Counselor, learning counselor duties and leading resident group sessions. His thesis served as a helpful critique of MSU programs and procedures. 40 hours of new employee orientation/training.

Mobile Dental Unit Operated by the University of Iowa College of Dentistry Jan. 7-Mar. 21, 1980, the project gave basic dental care to all the MSU residents and gathered data for research on the effect of substance abuse on dental health. This program brought 25 University of Iowa student and faculty volunteers to MSU for a total of 4,400 hours. Each of the 25 attended five hours of orientation/training before beginning work.

New Life Ministries, Red Oak, Iowa A program matching a community volunteer with an inmate who plans to return to that community. We have had two registered New Life Ministries volunteers attend the volunteer orientation (3 hours) and make visits at MSU. (10 hours)

Alcoholics Anonymous Program Active group, often A.A. members from the community will attend MSU A.A. meetings. 50 visitors, (50 hours).

Jaycee Chapter Jaycee members from the community have visited the MSU chapter meetings. 5 visitors, (80 hours).

Riverview Release Center  
Newton, Iowa

Survival Skills An instructor from the Des Moines Area Community College conducted classes for interested residents in "survival skills" for a total of approximately 48 volunteer hours, approximately 62 residents. In addition, two employees from Maytag attended three separate sessions in the "survival skills" training for an additional 12 volunteer hours serving the same residents.

Orientation Sessions For 15 prospective volunteers who were interested in visiting and taking selected residents on furloughs. This resulted in six one-to-one volunteer contact/resident "matches" for a total of approximately 54 hours serving six residents.

Volunteer Services From organizations such as Junior Chamber of Commerce, A.A. groups and ADASI.

The Colfax Christian Church Puppeteers Visited Riverview Release Center on two occasions for approximately two hours on each occasion. Approximately 30 residents attended each of these activities.

RSVP Provided one volunteer for approximately five hours (one hour per month for five months) providing social activities (one-on-one) for residents. He served approximately 10 residents.

Student Interns Student interns from Central College were on grounds approximately 12 hours per week each for a total of 48 hours per week for approximately 9 weeks. During this internship they had contact with approximately 16 residents.

**Districts.**

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District 1 - Decorah

Big Friend-Little Friend (Big Brother-Big Sister) Promotes a positive one-to-one relationship between an adult volunteer and a child between the age of 3 to 15. 36 volunteers, 2,160, 36 clients.

Friends to the Handicapped Developed for the county care facility residents to have a volunteer on a one-to-one friendship basis. 29 volunteers, 745 hours, 29 residents.

Forget-Me-Nots Volunteer is a child who offers to be a friend to a resident in a nursing home. The main objective of the program is to promote involvement between people of different generations. 38 volunteers, 625 hours, 38 residents.

Parent Sharing and Support A mother-to-mother program designed to help parents acquire the skills and tools of their role, to have a sense of communication and a feeling of shared endeavor, and to gain parental self-esteem. The main objective is a preventive measure of child abuse and neglect. 25 volunteers, 1,200 hours.

Sharing and Caring Support (Volunteers-Infants-Children) A parent-to-parent volunteer program designed to provide support to parents of newborn infants and young children. This program is to prevent child abuse and neglect. 25 volunteers in June, 1980.

Telephone Reassurance In conjunction with the Area Agency on Aging. This program is a check service for the elderly in their homes. Volunteers call elderly persons on a daily basis to check on their well-being. 5 volunteers, 187 hours, 5 clients.

Volunteer Bureau Currently being established for Winneshiek County. 5 volunteers.

Child Care Three volunteers contributed three hours for child care for a Legal Service workshop.

Transportation Two volunteers provide transportation for clients to attend therapy appointments.

District II - Mason City

Volunteer Transportation Volunteers provide rides to clients who do not have any other way to get to doctors' offices, from home to day care centers and back, to various agencies, and any other transportation needs deemed appropriate by social workers. Total miles transporting clients is 34,663.

Parent to Parent Volunteers distribute information to parents of newborn children such as childhood developmental tasks, ways of caring for infants and young children, community resources, etc.

Chore Services Volunteer assistance to elderly or disabled persons in doing household tasks such as lawn mowing, house cleaning, snow shoveling, and laundry.

Big Brother - Big Sister Volunteers act as male or female role models for children who need to relate to such a person. This program is mainly in Kossuth County.

Visiting Provides a volunteer to be a friend to persons who are, otherwise, socially disabled. 3 volunteers, 59 hours, 11 clients.

Staff Assistance To help agencies with typing, shredding paper, filing, and other clerical duties.

District III - Spencer

Transportation Volunteer picks up client to go to doctor, dentist, groceries, etc. and returns him/her. 34 drivers, 468 hours, 35 clients.

Friendly Visitor to Elderly Volunteer is matched to elderly person to visit weekly. The elderly person may be residing in a nursing home or in his or her own home. 14 volunteers, 566 hours, 17 clients.

Call 'n Care Volunteer calls client 5-7 days a week as a reassurance measure. If the client does not answer, pre-planned action is taken to investigate. 2 volunteers, 288 hours, 10 clients.

Escort Volunteer accompanies D.S.S. staff member and client to point of destination. 1 volunteer, 6 hours, 1 client.

Big Sister-Big Brother Volunteers are older high school students or young adults who can be a companion and friend to younger persons who need the attention. 30 volunteers, 1,358 1/2 hours, 22 clients.

Food Stamp Outreach Volunteer gets pamphlets from Dept. of Social Services office and distributes to places where most likely to be seen by people needing them. 5 volunteers, 15 hours, indirect.

Sitters Volunteers babysit so that parents may attend the Parents Pointers Class. 1 volunteer, 15 hours, 5 clients.

Shop Managers and Clerks Used clothing store functions totally with volunteers sorting, sizing and selling used clothing. 5 volunteers, 864 hours, indirect.

Protective Payees and Conservatorships As payee, volunteer receives client's payments and manages the money for that person. Volunteers also work with the client aiming to develop management skills for him or her. For conservatorships, the court-established volunteer has control of client's property and income. 30 volunteers, 2,062 hours, 47 clients.

Grocery Shopper Picks up food stamps, money, or both and picks up groceries for elderly residents and or handicapped persons. 2 volunteers, 48 hours, 2 clients.

Chore Service Volunteer will wash windows, do minor repair in the home or minimal yard work. 1 volunteer, 5 hours, 1 client.

Receptionist and Clerical for the D.S.S. Answers telephone, greets clients, types and assumes general responsibilities of regular employed receptionist during 'heavy' times of year or when regular receptionist is on vacation. 4 volunteers, 148 hours, indirect.

Volunteer Coordinator Handles requests from D.S.S. staff for volunteer involvement. Volunteer will recruit, screen and refer to the department. Volunteer will 'follow up' with both staff and referral to evaluate involvement. 7 volunteers, 84 hours, indirect.

Title XIX Health Screening Assists the Public Health Nurse twice a month at the health screening doing height and weight measurements, Denver Developmental and clerical duties. 9 volunteers, 144 hours, 97 clients.

Care Centers Volunteers help out the activities director with music, crafts, entertainment, reading, reality orientation, etc., 29 volunteers, 619 hours, 70 clients.

Mother to Mother Volunteers visit the mother and newborn baby in the hospital. 24 volunteers, 30 hours, 59 clients.

Operation Mitten Volunteers knit or crochet mittens for needy children. 8 volunteers, 210 hours, indirect.

Mother's Helper Volunteers befriend a single parent to offer encouragement, conversation and peace of mind. 1 volunteer, 12 hours, 5 clients.

District IV - Sioux City

Transportation and/or Grocery Shopping Provides transportation for medical needs and grocery shopping. 92 volunteers, 2,074 hours, 123 clients.

Friendly Visiting Provides a shut-in with regular visits to enhance the person's self worth and opportunity to share a mutual relationship. 15 volunteers, 500 hours, 15 clients.

Big Brother/Big Sister of Siouxland Provides a good role for a child from a one-parent family with the use of an adult volunteer who is willing to share experiences with the child for at least one year. 52 volunteers, 3,345 hours, 60 clients.



District V - Fort Dodge

One-on-One Volunteer Program in Long-Term Care Facilities Individual volunteer visits one specific resident in the nursing home on a regular basis. This regular visitation provides close companionship for the resident who has no family or whose family lies a distance away. 78 volunteers, 1,246 1/2 hours, 78 clients.

District VI - Marshalltown

Big Brothers-Big Sisters of Marshall County, Inc. The emphasis is on one-to-one contact, one child/one adult, the purpose to provide the balance of an adult relationship to a child in need of adult companionship, support and guidance. 57 volunteers, 8,208 hours, 57 clients, 20 board members volunteered 2,640 hours.

Parents Anonymous A program in which a group of parents get together to discuss parenting problems. 6 volunteers, 194 hours, 15 clients.

Transportation Transportation provided for various needs both on an in-town and out-of-town basis. 3 volunteers, 893 hours, 100 clients.

Sewing Sewing of bibs, slippers, bed pads. Mending done for Veterans Home and other area nursing homes. 4 volunteers, 50 hours, 390 clients.

English As A Second Language (ESL) Volunteers help refugees in learning English as a second language along with other daily activities. 17 volunteers, 1,604 hours, 29 clients.

Protective Payee Manages finances for a DSS client. 2 volunteers, 40 hours, 4 clients.

One-One Companionship Volunteers work as one to one companions to people in nursing homes, visit and make phone calls to these special friends. 17 volunteers, 1,435 hours, 75 clients.

CIRSI Volunteers work with CIRSI clients on their special needs such as learning basic skills of telling time and colors, working on crafts, bowling, etc. 5 volunteers, 76 hours, 15 clients.

Office Help Office help volunteer has done filing for the Department of Social Services Office. 1 volunteer, 17 hours.

Yard Work Volunteers have performed various yard work chores such as mowing, trimming and cleaning for the elderly. 3 volunteers, 47 hours, 2 clients.

Repair Work Volunteer has repaired and cleaned Resuscitation Annie mannequins for Iowa Valley Community College District. 1 volunteer, 26 hours.

Juvenile Probation Volunteers work with juvenile probation officers. 1 volunteer, 600 hours, 8 clients.

Classroom Aids Volunteers assist in various capacities in adult classes such as Lamaze and in the Learning Center. 7 volunteers, 248 1/2 hours, 50 clients.

Entertainment for the Elderly Volunteers put on a fashion show for the elderly at the Marshalltown Mall. 41 volunteers, 123 hours.

Painting Volunteers painted Day Care Center. 8 volunteers, 16 hours.

Bike Safety Program 4 volunteers, 11 hours.

ESL Workshop 37 volunteers, 312 hours.

Head Start One volunteer worked with children at Head Start Center. 3 hours, 8 children.

Poweshiek County

English As A Second Language (ESL) 15 volunteers, 584 1/2 hours, 52 clients.

Babysitting Participants babysit with children during ESL classes. Seventeen volunteers have worked a total of 51 hours. 8 children were served.

Hardin County

Special Needs for the Elderly Volunteers do a variety of tasks such as telephone reassurance once a day, delivering library books, writing letters for those incapable, sign language for a deaf person and visits to the nursing homes. 53 volunteers, 3,134 hours, 135 clients.

Sewing 42 volunteers, 947 hours.

Transportation 12 volunteers, 152 hours, 39 clients.

Donations Collectors Volunteers give time to collect donations of craft supplies, furniture, bingo prizes, etc., to be given to the county home, nursing homes, MICA, nutrition site and DSS clients. 70 volunteers, 400 hours.

Bible Study Leaders Church members lead Bible study groups in county home and nursing homes. 110 volunteers, 170 hours, 40 clients.

Babysitting and Day Care 5 volunteers, 353 hours, 16 clients.

Application Assistants Through this program clients receive assistance in applying for property tax credit and rent rebate. 6 volunteers, 140 hours, 80 clients.

Miscellaneous Volunteers Volunteers work in various capacities on the VAC Advisory Council, Council on Aging, promoting the Vial of Life, preparation for volunteer recognition and community coordinator. 75 volunteers, 250 hours.

Tama County

Entertainment for Elderly A singing group and a kitchen band have performed at the nursing homes and congregate meal site. 36 volunteers, 508 hours, 520 clients.

Visits to Elderly Provides companionship to the elderly by means of visiting, playing cards, telephoning, and other odd job services. 100 volunteers, 3,548 hours, 364 clients.

Sewing Several groups have done various types of sewing and made door decorations for nursing homes and Head Start. 95 volunteers, 460 hours, 368 clients.

Head Start Workers organized and gave a party for the Head Start Center. 20 volunteers, 20 hours, 40 clients.

Office Help Volunteers put together a church newsletter, 118 work hours, 200 clients.

District VII - Waterloo

Black Hawk County

One-to-One Volunteer is matched with a child either in foster care or still in the home for socialization purposes. This benefits the child's self-image, exposes him/her to the community activities, and relieves the foster or natural parent from some of their responsibilities. 20 volunteers, 1,355 hours, 20 clients.

Friendly Visitor to the Elderly and Handicapped Volunteer contacts elderly or handicapped adults regularly to assist with errands and to socialize with the client. 9 volunteers, 505 1/2 hours, 10 clients.

Conservatorships and Protective Payee Volunteer functions as a legally appointed conservator or payee for a client or client's family. Opens checking account in joint names, pays monthly bills, sends client weekly or bi-monthly allowances. 7 volunteers, 175 hours, 12 clients.

Clerical Volunteers Assist clerical unit by typing, filing, and up-dating manual materials. 6 volunteers, 309 1/2 hours, not measurable clients.

Volunteer Groups A group of volunteers wanting to serve Iowa Department of Social Services by participating in a group project. During this past year three groups of people have participated: a local bar wanting to sponsor a family of six at Christmas time, an Explorer post shoveling snow for the elderly, and a group of RSVP volunteers stuffing envelopes. 3 volunteer groups, not measurable hours, not measurable number of clients.

Other One volunteer participating, 12 hours contributed, not measurable number of clients.

Buchanan County

Big Person Program Volunteers spend a minimum of one hour weekly with their assigned person. They establish a one-to-one relationship with children in need of companionship and guidance. 20 volunteers, 1,454 hours, 20 clients.

Elderly Visitation Programs Volunteers visit nursing home patients and elderly shut-ins, establish a one-to-one relationship and visit assigned client for approximately one hour per week. 15 volunteers, 832 hours, 16 clients.

Conservatorship and Guardianship Program Volunteers serve as guardians for mentally retarded patients at Woodward State Hospital-School. Some also serve as protective payees or conservators for public assistance clients in need of money management help. 4 volunteers, 208 hours, 4 clients served.

Tutoring Program Volunteers spend time with children helping in one or more educational areas identified by school personnel as needing individual attention. The tutor spends time with the child during school hours, after school at the child's home and possibly through the summer. 13 volunteers, 780 hours, 15 clients.

Telecare Program Telecare provides daily calls to elderly and disabled clients, who depend on this contact in the event of an emergency. The program coordinates with the local hospital, the ministerial association and with appropriate law enforcement. 16 volunteers, 44 hours, 5 clients.



District IX - Davenport

Scott County

Parent Aide Program Provides lay volunteers who will provide therapeutic assistance to abusive, potentially abusive or neglected parents in order to improve their daily functioning and ability to cope with daily problems. 4 volunteers, 438 hours, 5 clients.

Muscatine County

Life Program Similar to a Big Brother/Big Sister program, offering one-to-one, individual, informal relationships to youth who otherwise tend to be isolated with little or no support systems. 7 volunteers, 326 hours, 5 clients.

T.R.A.I.N. A program which works with low income families who are in need of assistance, provided through the Muscatine Office. Volunteers helped the clients through the referral process to appropriate agencies, serving as a liaison in helping clients negotiate the system in order to receive services.

Migrant Committee Volunteer helps clients fill out various application forms such as food assistance and job service.

Commission on Aging and Title XIX Outreach Volunteer fills out applications and provides outreach and referral services to the elderly. 1 volunteer, 360 hours, 200 served.

General Relief This person provides assistance once again by helping clients with procedural details in applying for assistance. 1 volunteer, 480 hours, 400 clients.

District XI - Des Moines

Concerned Citizens for Family Independence A six member board of volunteers active in planning a family-to-family support project. It will match volunteer families to client families wanting extra assistance in reducing their need for welfare programs. 6 volunteers, 120 hours. Client and volunteer matches will begin this fall.

Polk County Nutrition Coalition Group of community members interested in all phases of nutrition services to low-income and elderly. They meet monthly discussing current legislation, federal, state, and local, that affect nutrition issues as well as looking at emergent needs of Polk County citizens in the area of nutrition. 25 active members, 500 hours.

Payees and Conservators: Volunteers assist elderly clients in managing their finances. Clients may be in nursing homes or in their own homes. The volunteers are often elderly themselves - coming through the Retired Senior Volunteer Program. 8 full-time payees or conservators, 200 hours, 12 clients.

Student Interns Three counties have been involved in the Department's Student Intern Program - Boone, Story, and Warren. These offices utilize students in various aspects of casework including family counseling and young mothers group. 7 students, 2,000 hours.

Community Service Sentencing Polk County utilizes court sentenced volunteers in maintenance areas. This program has been running for 2 months, 5 volunteers, 78 hours.

Retired Senior Volunteer Project Group Three RSVP volunteers donated 125 hours doing bulk mailings and collating for a local Polk County Office. They meet once per month.

Nutrition Outreach (Polk County) Calls regarding nutrition programs come in on the Food Stamp Hotline. Volunteers then make home visits and provide appropriate information. This program also included speaking engagements to community groups as well as a volunteer working in the Supplemental Foods Program. 6 volunteers, 1,080 hours.

Greater Des Moines Child Abuse and Neglect Council, Inc. Group of professionals active in the field of child abuse and neglect. They assist in the running of a Parent's Anonymous group, provide workshops, training sessions and a speaker's bureau as well as a consultation team which assists case-workers on child abuse and neglect cases. 25 active members; estimated 2,000 hours.

District XIII - Council Bluffs

Community Analysis To identify and examine the existing functions, services, and resources in the Council Bluffs area. From the results, plans will be made to bridge service gaps and to meet the identified, unmet needs in the community through the development of a long-range and comprehensive volunteer system involving preparation of questionnaires and recruiting interviews. 3 volunteers, 10 hours.

Camp Discovery A special camping experience for emotionally disturbed/developmentally disabled junior high age youth. A dedicated team of professional and paraprofessional volunteers is involved in a one-week session once a year, along with the planning sessions that are necessary in the months before. A Companionship Program has been developed for camp participants in which campers are paired with the counselors, who meet with them at least once a month.

Parents Anonymous A self-help group that provides opportunities for parents to share child-rearing frustrations, identify with others, receive and offer support, and find alternative responses to their children. A sponsor facilitates the conversation and child care workers watch the children of the participants while they meet. 7 volunteers, 105.5 hours, 88 clients.

Response A citizen advocacy program in which volunteers have been paired with persons who possess a disabling condition that restricts their development. The volunteer serves as an advocate for them to increase their normal functioning in the community. 7 volunteers, 99 hours, 5 persons.

Advisory Council A committee of community representatives dedicated to voluntarism meets monthly to provide direction and support for VIVA. Three members have been officially appointed as council members, and will each serve a one-year term. An unofficial ad hoc committee of 4 people has met to discuss program ideas and develop by-laws for the Advisory Council.

Friendly Visitor Volunteers visit elderly persons and shut-ins. They establish a one-to-one relationship with them and check to see that their basic needs are met. 1 volunteer, 4 persons, 11 hours.

Swimming Pass Project A fund-raising project involving a group of 7 volunteers. They donated approximately \$1,000 to the children and youth of 50 families (who are D.S.S. clients) so that the city swimming pool can be used by them at no cost through the summer. Volunteers contributed approximately 16 hours in the organization of this fund-raising effort. Monies donated were matched to funds provided by the city's parks and recreation department.

Emergency Assistance Provides the resources needed by an individual or family during an emergency or crisis situation. Two projects were held involving the use of volunteers from the community. 16 persons, 36 hours. One project directly benefited 18 persons, and the other provided an indirect benefit to all potential clients in the community.

Christmas Basket Project Provides needy families, who are D.S.S. referrals, with food, toys, and other essential supplies, so they might have a more fulfilled and special holiday season. Volunteers help organize the project; collect, divide and distribute the Christmas Baskets, and coordinate this project with other similar community efforts.

Mother-to Mother This program is currently in the developmental stages in Pottawattamie County. Discussion has included the need for pre-natal support and education, along with assistance after the infant is born. Volunteers would be matched to mothers-to-be on a one-to-one basis, providing them with informative literature and emotional support, both during the pregnancy and after.

Senior Peer Support The concept was initiated several years ago by a group of senior citizens (80 years of age and older) and plans have recently resumed. The goal is to meet in a group setting to solve the problems particular to their age group. Several volunteers are exploring the various aspects of establishing this program, along with identifying a pilot group to initiate it. A volunteer would be recruited to facilitate the group discussion.

District XIV - Creston

Tutors Retired teachers and other certified people, work with people of different ages who have had problems in their studies, or with youth who could not advance to the next grade or step without assistance.

Family Counseling Retired ministers and lawyers who want to assist in keeping the family together if at all possible.

Peer-Counseling People who have had problems and have been able to resolve them assist others over these paths.

Follow-Up Volunteers check by telephone or personal visit with various clients.

Transporting Clients Volunteers transport Department clients to and from medical appointments.

Running Errands Volunteers do shopping, paying of bills, etc. for clients.

Doing Minor Repairs Volunteers change light bulbs, fix handles, etc., along with doing electrical work.

Assisting with the Boat People Volunteers assist new people in learning about the English language.

Foster Parents Foster parents who have had thirty foster children and more assist new foster parents in what it is all about.

Volunteers Assist in various aspects of the Nutrition Program.

Summer Speech Program District 14 Volunteer Program has received awards from the Green Valley Education Agency for volunteers assisting with this program.

Crest Haven Care Center Volunteers assist in transporting their Title XX clients to and from Camp Sunnyside.

Kiwanis Club of Creston Youths assist with the "Railroad-Heritage Days".

# **Juvenile Institutions.**

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## Eldora Training School

Monthly Birthday Parties Church and community groups sponsor a birthday party each month for all students with birthdays that month. Birthdays are important to all and the students appreciate having their day remembered. 177 volunteers, 439 hours, 180 students.

Friendly Visitor--Social Interaction Requests are made by cottage directors for a friend to visit a particular student who has no family or little contact with his family. This year volunteers visited students on our campus and arrangements were made for off-grounds visits to go to a home, farm, fishing, restaurant. A group of Ellsworth College students visited with boys in the canteen, playing pool and ping pong and cards and just talking. 39 volunteers, 312 hours, 50 students.

Sailing Program The sailing program at the Training School was started in 1974. As one of our leisure time activities, students may learn a new skill which may be continued after leaving. Part I--Sailing Course--The United States Coast Guard Auxiliary Sailing Course 2 volunteers, 50 hours, 13 students. 3 men from the Coast Guard Auxiliary at Newton spent a day at the Training School teaching the class and a day at the Lake Red Rock hosting the class on Lake Red Rock for a total of 45 hours. Part II--Summer Sailing--Open to all students able to pass a swimming test. 6 volunteers have taught and supervised sailing at Pine Lake for 254 hours with 64 students. Part III--Sailing Regatta--4 volunteers from the University of Iowa Sailing Club along with other volunteers, 60 hours, sponsoring and officiating at our sailboat races at Pine Lake.

RIF (Reading Is Fundamental) Volunteers are recruited to help with all aspects of the program--providing paperback books for personal ownership to all our students. Volunteers included two members of the PEO and 26 other individuals who helped in the selection, pre-distribution and distribution activities. 74 hours, 376 students benefiting.

Chapel Assistance and Bible Study Ministers and religious groups and church sponsored music groups have visited the Training School and helped with Chapel services and given concerts. 6 members of "The Way, Int." have given about 540 hours for Bible study with 25 students involved. 5 members of Lightship gave a concert; 8 members of the Open Bible College gave a concert; 5 Phema Family Singers helped with chapel; 4 ministers have had chapel services; 5 volunteers from the West Des Moines Open Bible Church has services; Grace Assembly Church, Des Moines, had chapel services; 5 volunteers from the Eldora Baptist Church alternate each week in teaching Bible class with 60 different students involved for 150 hours. These totals are 43 volunteers, 788 hours, 85 students--plus all students attending chapel.



Camping Program Riverside Bible Camp, Story City, provides scholarships for some of our students to attend camp or take the canoe-camping trip. 28 students were involved last year with 6 volunteers spending full time with them for 4 days. This is a new experience for most of our students and a valuable learning opportunity.

Big Brother-Big Sister Program College students from Iowa State University visit weekly in one cottage, making friends with all the students and writing letters. They always bring treats for holidays. They also make arrangements for some of our students to attend college athletic and dramatic events in Ames. 30 different ISUJ students have given 1,047 hours with about 90 boys.

Students internships, practicums and field experiences A number of college students spend time at the Training School in order to fulfill college course obligations. They work directly with students and gain a great deal of experience. The past year we have had 29 students who spent about 2,216 hours working with 137 students.

American Legion Auxiliaries Volunteer Program The state organization of the Legion Auxiliary has become the mainstay for our Christmas preparations, donating large sums of money to purchase gifts for all students who will be here at Christmas. They also donate money each summer to our scholarship fund. Individual units also have contributed money, gifts, cookies and candy during the year for our students. Twenty units from throughout the state have participated, with the state organization giving \$547 and \$78. This benefits all our students.

Christmas Preparations Preparations for Christmas are made by volunteers. Money and gifts are donated, and gifts are purchased and gift wrapped. Every boy receives a sack of treats--candy, fruit, nuts. The Salvation Army, Marshalltown, gives fruit and candy and provides a gift for each student. Many Legion Auxiliaries sent donations along with several churches for a total of 19 different organizations. 7 volunteers gave about 30 hours sacking treats, wrapping and delivering the Christmas gifts. About 130 students were here for Christmas.

Miscellaneous Two volunteers helped in our psychology department during the illness of the secretary, giving about 50 hours.

Four volunteers helped to sew drapes for one cottage, giving 16 hours.

Volunteers	391
Hours	5381
Clients	1153
Groups	64

Iowa Juvenile Home

Staff Volunteer Program Staff on their private time volunteer to take students off-campus for shopping, movies, or any social event that may be going on in the community or out of town. 206 volunteers, 725 hours, 780 students.

ADASI Volunteer Group A basic drug counseling group to help students realize that there are more things to do than sit around and get high. 1 volunteer, 120 hours, 15 students.

Bible Study A basic group discussion on the realization of God and religion. 2 volunteers, 115 hours, approximately 10 students.

## Mitchellville Training School .

Advisory Committee Advises and provides input into the volunteer program. Serving on the committee are volunteers, staff, clients and the volunteer coordinator. The advisory committee's first project is a handbook for volunteers especially suited to the Mitchellville program. 7 volunteers, 11 hours.

Iowa State University Student Volunteers I.S.U. provides volunteers during the fall and spring semesters. Volunteers visit campus weekly and provide tutoring and one-to-one contact with students. 11 volunteers, 110 hours, 15 clients.

Alcohol and Drug Abuse Information Group The Alcohol and Drug Abuse Group meets weekly and provides information and insight in these areas. Any interested client may attend. The group is made up of Des Moines area A.A. and Alateen members. 21 volunteers, 261 hours. 26 Clients.

Church Groups Several church groups are involved by taking students to services, picnics and roller skating. 4 volunteers, 12 hours, 6 clients.

Iowa State University Wesley Foundation Members of I.S.U. Wesley Foundation did a presentation on how to apply clown makeup and also did a clown performance 6 volunteers, 3 hours, 28 clients.

Practicum Student Practicum students from various colleges and universities throughout the state work in the cottages and the school providing direct services to the clients. 2 students, 531 hours, 45 clients.

Staff Volunteers Staff contribute their off-duty time to clients. Activities include serving on the advisory committee, transporting clients, off-campus activities such as shopping trips, movies, coaching softball, and others. 21 staff members, 1048 hours, 34 students.

Creative Writing Exchange Teachers and students from surrounding high schools assist clients in creative writing. Two teachers and ten students contributed 12 hours with 8 clients.

Mitchellville Volunteers Interested persons from the Mitchellville area contribute time and materials. Activities have included helping with on-campus recreational activities, a boys basketball team, a boys softball team, assisting with girls softball team, assisting at dances, visits to volunteers' homes, and picnics. Materials provided include equipment and shirts for the boys softball team, candy, and cookies. 20 volunteers, 1876 hours, 23 clients.

Deferred Sentencing Program Polk County Court Services refers adult clients who have received deferred sentences for minor offenses. 2 volunteers, 80 hours, 25 clients.

**Mental Health.**

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Cherokee Mental Health Institute

Bethlehem Lutheran Ladies Takes patients to private homes twice each month for social activities. 16 volunteers, 108 hours, 68 patients.

Mt. Olive Baptist Ladies Sponsors social activities twice each month for female patients on a closed ward. 11 volunteers, 210 hours.

Catholic Ladies Union Takes patients for off-ground social activities once each month. 4 volunteers, 26 hours, 16 patients.

Maryhill Guild Sponsors social activities for residents on ward for female patients once a month. 5 volunteers, 74 hours.

V.F. W. Auxiliary Sponsors bingo parties for veterans once a month. Group also sponsors social activity for residents in the General Medical Service Unit once each month.

Alcoholics Anonymous and Narcotics Anonymous Members sponsor meetings for alcoholic and drug abuse patients. 172 volunteers, 1115 hours.

St. Paul's Lutheran Ladies, Aurelia Sponsors social activities for each area of the hospital during the year, on a monthly basis.

Care and Share Group Members work in occupational therapy to assist personnel in preparing projects for patients. 7 volunteers, 152 hours, 275 patients.

United Methodist Ladies Sponsors outings for female patients once each month. 147 volunteers, 294 hours, 54 patients.

Cherokee Community Theater Members entertain a selected group of patients by presenting plays and musicals. 30 volunteers, 60 hours, 21 patients.

Iowa Troubadours Entertains residents with a musical program. 6 volunteers, 12 hours, 125 patients.

American Legion Auxiliary (A.L.A.), Clay Co. Distributes treats for veterans. 4 volunteers, 8 hours, 33 patients.

Washington High Drama Club Presents a play by a selected group of residents. 12 volunteers, 24 hours, 22 patients.

Cooties Entertains patients with a bingo party. 20 volunteers, 40 hours, 103 patients.

9th District American Legion Auxiliary (A.L.A.) Sponsors Christmas gift shop for veterans. 33 volunteers, 114 hours, 42 patients.

St. John's Lutheran Ladies, Paullina Sponsors Christmas party for geriatric patients. 6 volunteers, 12 hours, 35 patients.

Young Singers Entertains patients with a bingo party and refreshments. 12 volunteers, 24 hours, 160 patients.

Kiwanis Club Takes children out for dinner and a Christmas party. 20 volunteers, 40 hours, 20 patients.

Knights of Columbus Entertains patients with a bingo party and refreshments. 12 volunteers, 24 hours, 160 patients.

Presbyterian Ladies Aid Entertains patients off-grounds by presenting a play. 5 volunteers, 10 hours, 15 patients.

Washington High School Entertains patients off-grounds by presenting a play. 5 volunteers, 10 hours, 15 patients.

Individual Distributes treats to veterans once a month. 30 hours.

Individual Distributes treats to veterans once a month. 32 hours.

Individual Assists staff with activities in Children's Unit. 46 hours, 28 patients.

Individual Assists staff with activities in Children's Unit. 9 1/2 hours, 30 patients.

Individual Serves one-to-one for boy in Children's Unit. Assists staff with activities for all children in Children's Unit. 64 hours, 29 patients.

Individual Works on a one-to-one basis with three children in Children's Unit. 20 1/2 hours, 3 patients.

Individual Serves on a one-to-one basis with man on North Unit. 3 1/2 hours, 1 patient.

Individual Assists O.T. personnel in preparing projects for patients. Works on golf course for recreation personnel. 296 1/2 hours, 250 patients.

Individual Assists O.T. personnel in preparing projects. 8 volunteers, 250 patients.

Cherokee Federated Garden Club Entertains women at a flower show off the grounds. 15 volunteers, 15 hours, 23 patients.

Morningside College Students Assist recreation personnel in patient activities. 2 volunteers, 48 hours, 46 patients.

Individual Provides musical entertainment. 1 1/2 hours, 35 patients.

American Legion Auxiliary (A.L.A.), Clay Co. Assists hospital chairman in distributing treats to veterans. 4 volunteers, 8 hours, 33 patients.

Rock Band Provides musical entertainment. 7 volunteers, 12 hours, 128 patients.

Medicine Show Presents variety show. 14 volunteers, 28 hours, 130 patients.

## Clarinda Mental Health Institute

Ball Teams All residents either participated or were spectators for at least one of the volleyball, softball or basketball teams, with the exception of about 75 residents. Opponent teams came from other communities. 30 ball teams, 147 volunteers, 1,521 hours.

Birthday Parties Various Lutheran churches of the community sponsor parties once a month for all residents having birthdays in that month.

Veteran's Parties Parties are held weekly by the American Legion and Veterans of Foreign Wars Auxiliaries of the area. All veterans of the hospital are invited and once a month an entire unit hosts the party. At Christmas, the A.L.A. sponsors an all day party which includes a special "Gift Shop", for veterans only. It provides many gifts for them to choose from, wrapped in traditional Christmas paper, packaged for mailing and sent at the expense of the American Legion. All of the above parties involved 139 groups, 143 volunteers, 623 hours. Every patient has been involved in one or more parties except the geriatric residents.

American Legion Ladies in Blue A group comes once a month for a day to assist with craft classes, recreation classes, ward decorating or baking classes in the morning. In the afternoon they assist with the monthly birthday party for geriatric residents. 3 volunteers, 90 hours, 160 residents.

Citizen's Advisory Board Comprised of interested community persons who act as a liaison between the community and the hospital. 42 individuals, 699 1/2 hours of hospital group meetings.

Alcoholics Anonymous Meets three times weekly (once at the hospital and twice in the community). Residents with an alcoholic problem meet with and are part of this group. 55 individuals from surrounding communities, 2949 1/2 hours of their time.

Family Recreation Day This is a main event. Community residents, friends or relatives adopt hospital residents who have no family for a picnic lunch. The hospital provides free pop and planned activities during afternoon and evening such as games, races. Area saddle clubs perform and free horseback rides are given. Two women's softball teams play an exhibition game and the Circle 8 Square Dance Club also performs. The Dietary Department serves the noon meal outdoors for nonparticipating residents. 800 guests, 2997 hours of their time.

Other Special Events Golf tournaments, performances by chorus members, high school and college plays presented, community people adopt residents at the Christmas season. 388 people, 434 hours, 150 residents.



Mt. Pleasant Mental Health Institute

Big Brother/Sister Volunteers are assigned an individual child to build a positive relationship. Visits may be on-campus or volunteer may take child off grounds to a ball game, home to their family, shopping, etc. 25 volunteers, 650 hours, 25 clients.

Junior 4-H Leader Volunteers are members of the Henry County 4-H Club. They meet once a month with the Children's Unit, aid in planning meetings and special events. 10 volunteers, 390 hours, 200 clients.

Activity Assistant 8 volunteers, 1472 hours, 200 clients.

Veteran Dinners Hosts Volunteers provide planning and food services for a monthly dinner for veterans and guests. Bingo usually follows dinner with money prizes.

Sunday School Teacher Offers a lesson a week in the Children's Unit. 1 volunteer, 80 hours, 20 clients.

Mini Course Teacher Comes to MHI to share a special talent or hobby with patients such as knitting, crocheting, cake decorating, etc. 8 volunteers, 36 hours, 100 clients.

Friendly Visitor Becomes a special friend on a one-to-one basis with a patient, visits patient regularly, goes for walks, takes him/her to canteen, etc. 5 volunteers, 41 hours, 5 clients.

Homemaking Assistant Assists the activity therapist with a homemaking class and gives one-to-one attention to patients, helps them with sewing, cooking, crafts, etc.

Bingo Parties Volunteers schedule bingo parties for each ward on a twice monthly basis during winter months, refreshments are provided. 75 volunteers, 150 hours, 200 clients.

Teacher Aide Assists the teachers on a one-to-one basis at the on-campus school (Jenkin's School). 4 volunteers, 60 hours, 30 clients.

Christmas Gift Wrap Volunteers arrive about a week before Christmas to help the volunteer services director wrap and mark each gift for distribution on Christmas Day. 7 volunteers, 14 hours, 200 clients.

Pharmacy Assistant Volunteer helps to fill boxes and containers with the appropriate medicine under supervision of the pharmacist.

Alcoholics Anonymous The A.A. volunteers meet weekly at MHI and work with the patients on the Chemical Dependency Unit.

ITC Aid Assists counselors with individual patients in a factory-type setting, helping them to adjust to a work schedule, punch in and out, etc. 2 volunteers, 10 hours, 25 clients.

Children's Music Teacher Sets up a weekly schedule with the activities therapist, prepares the lesson plan, materials and handouts and instructs children about music, songs, notes, etc.

MHI Auxiliary Brings together individuals interested in mental health who want to help raise funds, plan activities, and work with and for the patients. The group is responsible for a Christmas Bazaar (fund raiser), the August Birthday Party, bake sales, special activities help and recruiting volunteers.

Art Assistant Assists the art therapist with all art activities, including one-to-one help, promoting the art center, helping with displays, bringing new ideas into the hospital, finding materials, etc.

VFW Donations The Iowa Department of VFW donates over \$1,500 worth of cash, food, cigarettes and gifts to veterans and patients for special activities and holidays. One volunteer from Mt. Pleasant coordinates the money and donations.

American Legion Veteran Activities Volunteers are responsible for coordinating all veteran activities, including weekly cookie visits, monthly veteran dinners, Christmas Gift Shop, bi-monthly bingo, Easter trays, Memorial Day poppies and gift, cash donations, labels and coupons collections. 7 volunteers, 600 hours, 200 clients.

Pastoral Counseling A pastor from a community church visits a ward weekly. 1 volunteer, 30 hours, 30 clients.

Dietary Aide Assists the dietary department in serving food to patients on a daily or special activity basis. 2 volunteers, 190 hours, 200 clients.

Psychology Aide A student majoring in psychology assists the psychologist with testing and basic duties. 1 volunteer, 136 hours, 25 clients.

Volunteer Services Aide Assists the volunteer director with activities such as distributing clothing, dances, auxiliary, fund raising, etc. 1 volunteer, 213 hours, 200 clients.

Taping Stories Selects a book from the library, reads it into a tape and returns it to the ward for patient listening. This is especially helpful on children's and geriatric wards.

Music Entertainment Comes to MHI on a regular basis for activities requiring music, such as the carnival, geriatric party, closed ward social activities, sing-a-longs. 1 volunteer, 16 hours, 200 clients.

Individual Special Music Activities Volunteers perform (sing, play the guitar, etc.) for a large group of patients in the chapel or recreation. 6 volunteers, 15 hours, 200 clients.

Group Special Music Activities Volunteers may be a high school band or chorus, a community chorus or band, who entertain the whole hospital in the gym. 415 volunteers, 300 hours, 200 clients.

Protestant Church Services Member churches of the Henry County Ministerial Society are responsible for four Sunday services per year. 100 volunteers, 100 hours, 200 clients.

Outdoor Game Volunteers Volunteer groups play outdoor games with certain wards, or anyone who wishes to play. Games include volleyball, softball, touch football, new games, etc. Group may provide refreshments and/or the equipment. 90 volunteers, 144 hours, 200 clients.

Watermelon Feast (September) The American Legion Unit from Muscatine County sponsors an annual Watermelon Feast for the whole hospital, with watermelons donated from Muscatine farmers. 20 volunteers, 40 hours, 200 clients.

Bingo and Inside Parties & Visitation Volunteer groups visit a certain ward, bring prizes and refreshments and provide an afternoon of games (usually bingo) for the patients. 48 volunteers, 120 hours, 200 clients.

Holiday Parties Volunteer groups sponsor a party with a holiday theme such as Christmas, Easter, Valentine's, St. Patrick's etc. The group provides refreshments, favors, prizes for games and entertainment. 60 volunteers, 160 hours, 200 clients.

Sewing Projects Volunteer group made new covers for the Children's Unit bean bag chairs, paid for by the Volunteer Services Fund.

Recreation Field Construction Group provides the equipment and manpower to prepare land for a recreation field on the MHI campus. 10 volunteers, 100 hours, 200 clients.

Children's Visitation and Bible Study A church youth group comes once a month on the Children's Unit to visit with the children and discuss Bible stories. 8 volunteers, 112 hours, 20 clients.

Independence Mental Health Institute\*

Hospital Departure Volunteer is requested by Nursing Service to assist a patient when clearing the hospital. 3 volunteers, 70 hours.

Patients' Library Volunteer works under supervision of patients' librarian. They check out records, books and assist librarian. 6 volunteers, 578 hours.

Chapel Organist Volunteer plays the organ at religious services each Thursday noon. This service is performed in the Chapel and on the Geriatric Unit. 2 volunteers, 173 hours.

Beauty Shop (new) A licensed cosmetologist assists the hospital beautician with routine duties. 1 volunteer, 10 hours.

Swimming Volunteers assist the recreation person with trips to downtown swimming pool. They may swim or perform lifeguard duties. 2 volunteers, 93 hours.

Sports Day This event is usually held the first week in September, sponsored by a veterans organization. Sports events take place during the day with monetary prizes awarded.

All Ward Party Usually held around Valentine's Day. Sponsored by a church group of active middle-age volunteers. They have a program and active games and furnish lunch. 22 volunteers, 66 hours, 75 patients.

Grounds Assistants Volunteers plant trees and trim them. One is a former staff member and one a staff member working in the Business Office.

Antique Room Hostess Volunteers open the Days of Yore Museum three times per week as weather permits. They are well-versed in the operation of the hospital in its founding days. 3 volunteers, 302 hours.

Donations Volunteers are under the supervision of the volunteer director. They sort and distribute donations of cookies, occupational therapy material, etc. to areas and wards. 4 volunteers, 102 hours.

Ward Picnics Volunteers assist recreation staff or nurses in escorting patients to picnic areas and assist in serving lunch and organizing games. 6 volunteers, 65 hours.

Escort Service Off-Grounds Volunteers ride with a state driver escorting patients for vocational rehabilitation or nursing service. This usually consists of taking patients to check on a job, patients leaving the hospital to catch a bus. 6 volunteers, 75 hours.

Print Shop Volunteers assist Forms Room staff by preparing material for printing, collating, etc. 3 volunteers, 45 hours.

Personal Grooming The Homemaking Department is assisted by volunteers on twice-a-week schedule. They go to a ward and assist with personal grooming, such as makeup, dress, manicures, etc.

Birthday Party Volunteers escort patients from their wards to the party area. They escort relatives and friends to the area, assist volunteer director with wrapping of birthday gifts and serve lunch or a picnic dinner. Assist with party games and cleanup. 5 volunteers, 300 hours.

Homemaking Department Volunteer assists homemaker in teaching of sewing, cooking or in preparation. 2 volunteers, 173 hours.

Teach Dancing Volunteer teaches all types of dancing to patients under supervision of music department.

Teach Golf Volunteer under the supervision of recreation therapist teaches the basics of golf to patients.

Art Volunteer works under the supervision of Volunteer Department. They go directly on open and closed wards teaching patients to use oil colors, chalk and water paints.

Recreation Area Volunteer works directly under supervision of Recreation Therapist. They will assist with pool, air hockey, bowling, ping pong, etc., and keep recreation area open and cleaned during absence of therapist. 6 volunteers, 832 hours.

Picnic or Out-of-Town Excursions Volunteer groups invite patients to their town usually held at a park in their area, furnishing picnic dinner and entertainment. Patients are transported by hospital bus driven by recreation person and assisted by Volunteer Director. 20 volunteers, 206 hours.

Dance Night with Music Therapy Combos from this area of the state donate their services to play at the dance. Volunteers dance and socialize with patients. 5 volunteers, 87 hours.

Hospital Newspapers Volunteers assist with print shop in assembling hospital newspapers. They submit articles and staple papers include the Alcoholic Unit paper, monthly patients paper and by-monthly newspaper from staff. 4 volunteers, 2,266 hours.

Veteran's Parties Veterans organizations are scheduled for a party on the second Wednesday of each month. Card bingo is usually played and lunch is furnished. Volunteer director is in charge. 34 volunteers, 553 hours.

Thursday Evening Dance Volunteers assist music therapy by setting up for the party, serving refreshments, dancing with patients. 9 volunteers, 59 hours.

Bingo Parties Held one Wednesday evening of each month. Groups sponsoring the bingo bring prizes, call the numbers, serve popcorn and serve refreshments. Activities therapist is in charge. 20 volunteers, 60 hours

Ward Parties The ward nursing staff, assisted by activities therapist plans a party on the ward (Christmas, May Day or holiday). Volunteers assist with decorating, serving refreshments and assisting with activities. 8 volunteers, 8 hours.

Pocket Billiards Contest Held once a year in the Recreation Area. Sponsored by an organization which furnishes the trophy and assists the recreation therapist the day of the contest.

Winter Olympics Volunteers are under supervision of recreation therapist. Group sponsors furnish prize money and assistance. 6 volunteers, 30 hours.

Al-Anon This group of volunteers works directly under supervision of the Alcoholic Unit. They visit patients explaining Al-Anon and assisting the patient in the community in any way they can. 6 volunteers, 268 hours.

Catholic Chaplaincy Volunteers assist Catholic chaplain with office duties. They are under his supervision. 3 volunteers, 89 hours.

Medical Library With the absence of the Medical Librarian, volunteers keep this area open. They distribute books to staff, take care of the mail in that area, answer the phone, etc. Under supervision of the volunteer director.

Prepare Party Material In preparation for all holidays, volunteers assist the volunteer director in preparing party material. 1 volunteer, 36 hours.

Wrapping Birthday and Christmas Gifts During the appropriate time of the month or year, volunteers assist the volunteer director by wrapping presents. The volunteer director individualizes all gifts. 1 volunteer, 12 hours.

Sunday Coffee Volunteers bring lunch and socialization to the hospital one Sunday afternoon per month. All patients and their guests are invited to the recreation area; activity therapy member supervises. 27 volunteers, 315 hours.

Band Performance Bands from northeast Iowa perform onstage for patients under the direct supervision of a music therapist. 169 volunteers, 349 hours.

Square Dance Performers Square dancers from northeast Iowa entertain patients under the supervision of a music therapist.

July Carnival Usually held during the first week of July. The volunteer director supplies the volunteers to work the booths and organizations to sponsor booths. Booth costs range from \$15 to \$50. Booths include the refreshment stand, miniature train (Pokey Pete), dunking tank, door prizes, helium balloon launch, cotton candy, popcorn, weight guess, penny pitch, etc. A picnic dinner is supplied by the hospital; entertainment by volunteers, 75 volunteers, 450 hours.

Christmas Caroling During the Christmas season volunteer groups visit the hospital during the evenings and sing carols. 36 volunteers, 108 hours.

Veterans Gift Shop Veterans organization furnishes gifts for veterans to select and give to their families. Lunch for the Sunday afternoon is provided. All veterans attend and are given canteen book gift. The mini-gift shop is set up for two weeks, then all gifts mailed out by the organization. 81 volunteers, 486 hours.

Shopping to Downtown Independence Each Monday the American Red Cross of Waterloo area (30 miles from Independence) brings a station wagon to take patients shopping downtown. The volunteer director contacts all wards to obtain a list of patients eligible to go in the morning or afternoon. 4 volunteers, 737 hours.

Ward Visitation Volunteers visit on the ward with patients that have no family. They may talk, play cards, games or do whatever they enjoy. 3 volunteers, 601 hours.

Stage Show A local nightclub invites patients for a musical show. Patients are transported from the hospital by staff. The club donates ice cream sundaes as refreshments. 6 volunteers, 18 hours.

Pocket Billiards Contest Sponsored by an organization, the contest is usually held in early spring. All wards participate in the finals; awards presented on this day.

# **Mental Retardation.**

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## Glenwood State Hospital - School

Foster Grandparent Program Co-sponsored by ACTION and Glenwood State Hospital-School for senior citizen volunteers who are sixty-two years and older. Assigns each individual two residents to provide the necessary one-to-one relationships, assist with teaching self-help skills such as feeding, toileting and dressing, and provide varied learning experiences for healthy growth and development. Approximately 83 grandparents, 77 426 hours, 126 multi-handicapped individuals.

Volunteer for a Day An attempt to build an awareness to the needs of the mentally retarded residing in institutions. Firsthand experience includes accompanying residents to training programs, having an informal lunch in a residential setting and discussing care, treatment, training and habilitation of the mentally retarded. Thirty-four area high schools promote this volunteer program as a valuable learning experience. 1743 students, 4222 hours, minimum of 3486 residents.

Regular Volunteers Assigned to treatment teams and/or departments for routine or special assignments. A team or department member is designated to assist each volunteer on an individual basis. They usually are assigned tasks with individuals or small groups.

Employee Volunteers Perform duties not considered a part of their regular assignments in order to expand the opportunities to our residents. The impact can be direct or indirect depending on services rendered. Most of these hours were on a one-to-three basis. 243 employees, 1,360 hours.

Special Events Individuals representing public and private organizations conduct volunteer service activities on campus. Throughout the year groups have conducted conservation work days, band concerts, plays, horse shows, demonstrations, holiday parties, etc. These groups served approximately 60 percent of our total population. 182 volunteers, 610 hours.

Volunteer Sponsor Program Sponsors are interested people around the state who are concerned with those residents who have limited family contacts. They may provide the residents with greeting cards, letters, birthday gifts, clothing, visits, etc. Most of their contact is via mail.

## Woodward State Hospital-School

Foster Grandparent Program A federal program in which volunteer foster grandparents who meet age and income guidelines work on a one-to-one basis with residents. Each grandparent works for two hours in the morning and two hours in the afternoon, Monday through Friday. Each receives a stipend, reimbursement for transportation, a noon meal, an annual physical and at least 4 hours of in-service training per month. Volunteers may work in a school classroom or in an individual situation at the resident's living unit or vocational center. 58 volunteers, 41,583 hours, 200 clients.

Visiting Sponsor Program Participants, whether staff or non-staff, agree to visit a particular resident on a monthly basis. The volunteer provides "family" experiences and community exposure along with the opportunity to share outings. Visiting sponsors spend time on the living units or pick up residents to do things away from campus. 98 volunteers, 1,535 hours, 98 clients.

ISU-WSHS Pal Program Operates in cooperation with the ISU Volunteer Bureau, in which Iowa State students are matched up with a WSHS resident and meet for activities twice each month during the school year. Activities include bowling, roller skating, visiting a shopping center, a pizza party, attending Iowa State University events or visiting in the volunteer's dorm. Correspondence and continued involvement between pals is encouraged. 25 volunteers, 430 hours, 25 clients.

Student Workshop Held twice weekly throughout the year, this program provides an opportunity for high school and college instructors to teach students about mental retardation and WSHS programming while involving the students directly with residents. Each student is involved twice during the day-long program in developmental activities with residents, once with physically handicapped residents and once with prevocational residents. 983 volunteers, 1,312 hours, 352 clients.

Adult Workshops Just begun in the summer of '80, this program provides an opportunity for adult community groups to visit WSHS and learn about the mentally retarded and WSHS programming while exposing community groups to WSHS philosophy. The program serves as an orientation for groups and also as a volunteer recruitment tool. Groups visit a series of programming areas, with emphasis on those requesting volunteers, and interact with residents in each area. 21 volunteers, 105 hours, 82 clients.

Common Venture in Prayer and Service Sponsored by the Sisters of St. Francis of Dubuque. An opportunity for volunteer nuns to form a community with student volunteers and become an apostolic team of seven persons who provide full-time service to WSHS residents for a six-week period during the summer. The team lives in a convent and spends an eight-hour day, Monday through Friday, on the Woodward campus involved in one-to-one and small group activities with residents. It permits students to test career possibilities and nuns to serve in an area other than teaching. 7 volunteers, 560 hours, 600 clients.

Companionship Happening Sponsored by the Youth Ministries of the United Methodist Church in Iowa, the program seeks to place ten high school volunteers in a nine-week full-time summer program. It enables Methodist youth to test career objectives, gain experience working with the handicapped and provide service while developing as a group. One staff member doubles as off-hours counselor and is provided with free room and board on campus. They expand summer opportunities for residents by serving as aides for the aquatics and camping programs, in activity centers, in school classrooms, Chaplaincy programming and extra activities. 9 volunteers, 1,640 hours, 600 clients.

Youth Service Corps Similar to Companionship Happening, but sponsored by the American Lutheran Church. 19 volunteers, 3,638 hours, 600 clients.

Youth Fellowship Program Young people's groups from area churches are invited to participate in the weekly program sponsored by the Chaplaincy Services Department on either Sunday or Monday evenings during the year. It is designed for Woodward residents who are able to go to the Chapel, with filmstrips, singing skits by the visitors, refreshments and visiting. 107 volunteers, 197 hours, 600 clients.

Daytime Religious Training Chaplaincy staff visit individual living units for a half-hour program during the week where residents are frequently unable to attend Sunday services. It involves individual greeting for each resident present, songs and prayers, refreshments and an individual farewell for each participant. One Chaplaincy member plays the portable organ and the other leads the activities. 4 volunteers, 71 hours 304 clients.

Vocational Center Aide Volunteers assist regular WSHS staff as aides in the Work Activity Center, thus enabling additional residents to participate plus increased one-to-one activity for particular residents. Volunteers assist residents who are working on craft activities, helping them to handle

frustrations, attend to their task, and relate to peers and others in the area. 5 volunteers, 337 hours, 140 clients.

Clerical Aides Some volunteers help with filing, collating record-keeping, typing, etc. (For individuals who do not want direct contact with residents). A volunteer also serves as historian for the institution reviewing area newspapers for pertinent articles and keeping the WSHS scrapbook. An additional volunteer supervises the WSHS birthday program. 11 volunteers, 806 hours.

Recreation Aide (swimming, roller skating, Girl Scouts) Assists Recreation staff members with organized regular recreational activities. They meet the staff and residents at the activity site and provide the necessary one-to-one supervision and instruction for the residents. For the Girl Scout program, volunteers come to the campus and assist at periodic community outings. 66 volunteers, 239 hours, 303 clients.

Sewing at Home Individuals and groups who are unable to come to WSHS are provided with fabric and instructions, and then hem tablecloths, make bibs, treat aprons, pillows and toys and then have the finished product picked up. They help lighten the load on the women in the Clothing Room. 4 volunteers, 2,134 hours.

Holiday Helpers Some on-call volunteers come only at Christmas and Easter when extra help is needed in holiday preparations. These volunteers wrap and select gifts, sort donations, divide food items, fill Easter baskets, etc. 70 volunteers, 458 hours.

Reserve Volunteers Volunteers whose names are on a reserve list assist with trips into the community. They meet the staff and residents at a community site and assist residents in meals, shopping or sightseeing. 26 volunteers, 66 hours, 91 clients.

Occasional Staff Volunteers Staff who wish to relate to individual residents on an occasional basis as volunteers first register, then may request to take a particular resident for an outing in the community. 140 volunteers, 430 hours, 166 clients.

Special Events Individuals and groups are asked to assist in escorting large groups of residents to Holiday On Ice, Special Olympics, the Shrine Circus, and the Independence Day celebration on campus. 312 volunteers, 1,416 hours, 275 clients.

Parties and Special Activities Volunteer groups put on parties for residents, either on campus or in the community. Some groups make up a team to play the WSHS resident basketball and softball teams. 90 volunteers, 211 hours, 120 clients.

Entertainers Individuals or groups participate in the Independence Day parade and provide musical entertainment during the holiday season and for regular dances throughout the year. 183 volunteers, 285 hours, 600 clients.

Corresponding Sponsor Program Individuals or groups participate at considerable distance from the hospital-school. Upon request, they receive the first name of a resident with information about this person's program, interests and needs. The sponsor agrees to write to the individual at least once a month, sending cards or letters and small gifts on appropriate occasions. Groups can arrange to meet their sponsored person. Sponsors are placed on the Volunteer Voice mailing list along with other volunteers. 218 volunteers, 154 clients.

Church Services For three months, two ministers from Waterloo preached on Saturdays. 2 volunteers, 24 hours, 12 students.

**Veterans.**

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Iowa Veterans Home  
Marshalltown, Iowa

Escort Volunteers Assist handicapped residents getting to and from appointments within the Iowa Veterans Home campus to rehabilitation services such as arts and crafts, ceramics, and speech therapy. Occasionally, escort service is provided to residents having appointments with Medical and Lab Services and Administration. During slack times, escort volunteers take residents on leisure wheelchair rides around the campus. 59 volunteers, 2,581 hours.

Gift Shop Volunteers facilitate the sale of items produced by Iowa Veterans Home residents by assisting in the operation of the Gift Shop. Duties include handling sales, operating the cash register, placing special orders and accompanying customers to other display or work areas. Volunteers maintain attractive merchandise displays and restock shelves. 32 volunteers, 1,741 hours.

Activities Sponsors With the Recreation Department, these volunteers assist in planning, implementing and providing material support for such recreation or social activities as bingo parties, special holiday parties, dances, picnics, tours, entertainment and other special events. Volunteers escort residents to and from the activity site and assist residents individually or in small groups. 626 volunteers, 5,009 hours.

Recreation Assistants Assist the recreation specialist with the planning, conducting, and evaluating of one-to-one, small group, and large group activities. With the recreation therapists, these volunteers encourage residents to participate in activities, conduct one-to-one activities with residents specified by the activities specialist, note and report residents' levels of involvement and interest or any changes or special developments that might occur, organize equipment and material for activities, escort residents to and from activity sites and give personal attention and assistance to residents as needed. 173 volunteers, 2,445 hours.

Companionship Volunteers Establish a relationship with a resident based on friendship and trust that helps identify the resident's interests and needs, strengthens his/her attitude about self, and provides support for adjustment to immediate and future situations. Weekly visiting with the residents is required. Visits usually involve conversations that are free flowing on the basis of resident's interests. These volunteers encourage and assist residents to use services available at the Iowa Veterans Home in seeking solutions to problems. 19 volunteers, 505 hours.

Sewing Volunteers Sewing volunteers assist with personal mending for residents, assist in the completion of rag rugs, and help with other sewing projects that assist the residents at the Iowa Veterans Home. 75 volunteers, 3,341 hours.

Letter Writing Volunteers Visit weekly on the nursing care units, and assist residents in the composition and dictation of letters. Volunteers maintain adequate supplies of postage, envelopes, and stationery. They also maintain the confidentiality of residents' communications. All letters are signed with the resident's name and "written by (name), volunteer" and deposited in the U.S. Mail. 7 volunteers, 738.5 hours.

Interdisciplinary Team Volunteers Serve as members of the interdisciplinary team and attend team meetings weekly. They provide support, encouragement and necessary assistance to residents in their individual activities. This includes writing letters, reading, accompanying residents off unit and off campus, assisting with rehab procedures such as physical therapy and speech therapy, companionship and individual and group recreation. 2 volunteers, 294 hours.

Chaplain Service Volunteers Help residents meet their religious and spiritual needs. Under the direction of the Iowa Veterans Home Protestant or Catholic chaplain, these volunteers assist residents in getting to and from chapel services and other religious activities. They assist in providing music for chapel services, Sunday schools, and Bible classes. In some cases, they conduct small group activities on various units as determined by the chaplain. 56 volunteers, 1,069 hours.

Other Categories Leading the creative writers' group, individual shopping for nursing care residents, assisting with the Chatterbox (monthly newspaper), canteen cart, wrapping and mailing packages for residents, book review group, Christmas gift shop, gift wrapping service, clerical and record keeping duties for their volunteer organizations, Volunteer Advisory Committee meetings, and other services that do not fall into the above categories. 190 volunteers, 3,165 hours.



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**August 1980**