

# **MENTAL HEALTH AGENCY OF SOUTHEAST IOWA**

## **FY24 ANNUAL SERVICE & BUDGET PLAN**

**GEOGRAPHIC AREA: Appanoose, Davis, Des Moines, Henry, Jefferson, Keokuk, Lee, Louisa, Mahaska, Monroe, Van Buren, Wapello and Washington**

**APPROVED BY ADVISORY BOARD: JUNE 14, 2023**

**APPROVED BY GOVERNING BOARD: JUNE 14, 2023**

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## Introduction

Mental Health Agency of Southeast Iowa was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 331.390. The annual service and budget plan is a component of the Management Plan which includes three parts: Annual Service and Budget Plan, Annual Report and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY2024 Annual Service and Budget Plan covers the period of July 1, 2023, to June 30, 2024. The Annual Service and Budget Plan includes local access points, targeted case management providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

This 28E represents the merger of the South Central Behavioral Health Region (SCBHR), Southeast Iowa Link (SEIL) Region and Monroe County with the effective date of July 1, 2023. Represented in this report is the merger of the SCBHR and SEIL originally submitted Annual Service and Budget Plans along with the anticipated per capita contribution and corresponding expenditures of Monroe County to ensure consistent access and financing of services for all residents of the thirteen (13) counties that comprise the Mental Health Agency of Southeast Iowa.

The Mental Health Agency of Southeast Iowa Governing Board is comprised of designated member county Board of Supervisors, an adult or adult family member lived experience representative, a children's family member lived experience representative, a representative from the educational system, an adult service provider representative, a Children's service provider representative, \*a judicial representative, and a \*law enforcement representative. The Mental Health Agency of Southeast Iowa Governing Board functions as a political subdivision in its efforts of Mental Health and Disability Services and complies with all laws and rules applicable to public meetings and disclosure of information.

The Mental Health Agency of Southeast Iowa Governing Board appoints membership to four distinct advisory committees as identified below:

**The Adult Advisory Committee**, as appointed by the Governing Board, shall have a minimum of 5 members. The committee members shall be: adults who utilize services or actively involved relatives of such individuals, service providers, and others as identified by the Governing Board. The Governing Board will be represented at the adult advisory committee meetings by the Chief Executive Officer or designate to act in a supportive role to the Adult Advisory Committee members via communicating procedural requirements, assisting in information finding, and advising on relevant matters pertaining to the work of the Region. The Adult Advisory Committee shall advise the Governing Board as requested by the Governing Board and shall make designations to the Governing Board as requested due to vacancy of an Adult Advisory Director position that requires Adult Advisory committee designation.

**The Children's Advisory Committee**, as appointed by the Governing Board, shall have a minimum of 10 members. The committee members shall be: parents of children who utilize services or actively involved relatives of such children, a member of the education system, an early childhood advocate, a child welfare advocate, a children's behavioral health service provider, a member of the juvenile court, a pediatrician/Medical Professional, a child care provider, a local law enforcement representative and a regional

Governing Board Member. The Governing Board will also be represented at the children’s advisory committee meetings by the Chief Executive Officer or designate to act in a supportive role to the Children’s Advisory Committee members via communicating procedural requirements, assisting in information finding, and advising on relevant matters pertaining to the work of the Region. The Children’s Advisory Committee shall advise the Governing Board as requested by the Governing Board and shall make designations to the Governing Board as requested due to vacancy of a Children’ Advisory Director position that requires Children’s Advisory committee designation.

**The Elected Official Advisory Committee**, as appointed by the Governing Board, shall have one designated elected official from each member county. The Elected Official Committee shall advise the Governing Board as requested by the Governing Board and shall also make designations to the Governing Board to accommodate the six (6) Elected Official Directors allowable by Iowa Code 225C and as per any prescribed processes thereof.

**The Region Finance Committee**, as appointed by the Governing Board, shall have at minimum two elected officials, two provider representatives, two individuals with lived experience or family representatives thereof, the CEO, and Region assigned financial/operational administrator(s). The role of the Finance Committee is to review budgetary financial matters of the Merged Region and advise the Region Governing Board of budget development and financial risk management strategies while adhering to the mandates of the Region and obligations as specified in the Department of Health and Human Services Performance Based Contract.

\*Description of governing board and advisory boards provided in Appendix A attached.

## **A. Local Access Points**

An access point is a part of the Mental Health Agency of Southeast Iowa service system trained to complete MHDS regional applications for persons with a disability.

Mental Health Agency of Southeast Iowa has designated the following access points for adult mental health and disability services.

<b>Access Point</b>	<b>Location</b>	<b>Contact Information</b>
Appanoose	209 E Jackson Street, Centerville, IA 52544	641-856-2085
Davis	712 S. West, Bloomfield, IA 52537	641-664-1993
Des Moines	910 Cottonwood, Suite 1000, Burlington, IA 52601	319-754-8556
Henry	106 E Clay St., Mt Pleasant, IA 52641	319-385-4050
Jefferson	Courthouse, 51 E. Briggs Fairfield, IA 52556	641-472-8637
Keokuk	615 South Jefferson St. Sigourney, IA 52591	641-622-2383
Lee	307 Bank St. PO Box 937 Keokuk, IA 52632	319-524-1052

Louisa	503 Franklin St., Suite 1 Wapello, IA 52653	319-523-5125
Mahaska	301 1 <sup>st</sup> Avenue E., Oskaloosa, IA 52577	641-673-0410
Monroe	1801 S B Street Albia, IA 52531	641-932-2578
Southern Iowa Mental Health Center	1527 Albia Road, Ottumwa, IA 52501	641-682-8772 Website: <a href="http://www.simhcottumwa.org">www.simhcottumwa.org</a>
Van Buren	404 Dodge Street, Courthouse Keosauqua, IA 52565	641-919-6776
Wapello	110 E. Main, Ottumwa, IA 52501	641-683-4576
Washington	2175 Lexington Blvd. Bldg. #2, PO Box 902, Washington, IA 52353	319-653-7751

Mental Health Agency of Southeast Iowa has designated the following access points for children’s behavioral health services.

Access Point	Location	Contact Information
Appanoose	209 E. Jackson Street, Centerville, IA 52544	641-856-2085
Davis	712 S. West, Bloomfield, IA 52537	641-664-1993
Des Moines	910 Cottonwood, Suite 1000, Burlington, IA 52601	319-754-8556
Henry	106 E Clay St., Mt Pleasant, IA 52641	319-385-4050
Jefferson	Courthouse, 51 E. Briggs Fairfield, IA 52556	641-472-8637
Keokuk	615 South Jefferson St. Sigourney, IA 52591	641-622-2383
Lee	307 Bank St. PO Box 937 Keokuk, IA 52632	319-524-1052
Louisa	503 Franklin St., Suite 1 Wapello, IA 52653	319-523-5125
Mahaska	301 1 <sup>st</sup> Ave. E., Oskaloosa, IA 52577	641-673-0410
Monroe	1801 S B Street Albia, IA 52531	641-932-2578
Van Buren	404 Dodge Street, Courthouse Keosauqua, IA 52565	641-919-6776
Wapello	110 E. Main, Ottumwa, IA 52501	641-683-4576
Washington	2175 Lexington Blvd. Bldg. #2, PO Box 902, Washington, IA 52353	319-653-7751

## **B. Service Coordination and Targeted Case Management**

The following agencies provide service coordination and/or targeted case management for Mental Health Agency of Southeast Iowa.

<b>Service Coordination Provider</b>	<b>Adult/Child/Both</b>	<b>Location</b>	<b>Contact Information</b>
Appanoose	Both	209 E. Jackson Street, Centerville, IA 52544	641-856-2085
Counseling Associates	Adult	1013 Ave I, Suite 1 Fort Madison, IA 52627	319-372-8045 Fax: 319-372-2459
Davis	Both	712 S. West, Bloomfield, IA 52537	641-664-1993
First Resources	Adult	3001 West Grimes St Fairfield, IA 52556	641-954-7244 Fax: 641-201-4342
First Resources	Adult	101 N. 16 <sup>th</sup> Street, Fairfield, IA 52556	641-472-9233 Website: <a href="http://www.firstresources.us">www.firstresources.us</a>
Hillcrest	Both	218 N 2nd St, Wapello, IA 52653	319-527-4455 Fax: 319-527-4458
Infinity Health	Adult	219 West Washington Street, Osceola, IA 50213	641-342-1742 Website: <a href="http://www.weareinfinity.org">www.weareinfinity.org</a>
Mahaska	Both	301 1 <sup>st</sup> Avenue E., Oskaloosa, IA 52577	641-673-0410 Website:
Monroe	Both	1801 South B Street, Albia, IA. 52531	641-932-2427
Southern Iowa Mental Health Center	Both	1527 Albia Rd, Ottumwa, IA 52501	641-682-8772 Website: <a href="http://www.simhcottumwa.org">www.simhcottumwa.org</a>
Wapello	Both	110 E. Main, Ottumwa, IA 52501	641-683-4576 Website:
Young House Family Services	Child	400 South Broadway St Burlington, IA 52601	319-752-4000 Fax: 319-758-6650
AmeriGroup	Both	4800 Westown Parkway Suite 200 West Des Moines, IA 50266	800-600-4441 Fax: 844-556-6121 Website: <a href="http://www.myamerigroup.com">www.myamerigroup.com</a>
Iowa Total Care	Both	1080 Jordan Creek Parkway, Suite 100 South West Des Moines, IA 50266	800-735-2942 Fax: 844-536-2997 Website: <a href="http://www.iowatotalcare.com">www.iowatotalcare.com</a>
DHS Case Management	Both	400 SW 8 <sup>th</sup> St., Des Moines, IA 50319	515-242-6877

\* Mental Health Agency of Southeast Iowa will work with additional MCOs as they onboard in the state of Iowa.

## **C. Crisis Planning**

The following accredited crisis services are available to residents of the region for crisis prevention, response and resolution.

## 24 Hour Crisis Response

Provider	Location	Contact Information
Counseling Associates	1124 Avenue H Ste 2, Fort Madison, IA 52627 1522 Morgan St Keokuk, IA 52632	319-372-7689 319-524-0510
Hillcrest	106 N Jackson, Mount Pleasant, IA 52641 218 N 2 <sup>nd</sup> St Wapello, IA 52653 2175 Lexington Blvd Building 2 Washington, IA 52353	319-385-7177 319-527-5455 319-653-6161
Infinity Health	219 West Washington Street, Osceola, IA 50213	641-342-1742 Website: <a href="http://www.weareinfinity.org">www.weareinfinity.org</a>
Mahaska Health Partnership	1229 C Avenue East, Oskaloosa, IA 52577	641-672-3100 Website: <a href="http://www.mahaskahealth.org">www.mahaskahealth.org</a>
Mercy Medical Centerville Iowa	1 St. Joseph Drive, Centerville, IA 52544	641-437-4111 Website: <a href="http://www.mercyone.org/Centerville/">www.mercyone.org/Centerville/</a>
Optimae	823 N. 6 <sup>th</sup> St. Suite 2 Burlington, IA 52601 301 West Burlington Avenue Fairfield, IA 52556 509 Avenue F Ft. Madison, IA 52627 605 East Winfield Avenue Mt. Pleasant, IA 52641 206 Bank St Keokuk, IA 52632 401 Westview Ct. Suite 2 Washington, IA 52353 226 W Main St Suite 405 Ottumwa IA 52501	641-472-5771 319-372-3566 319-385-2830 319-524-5106
River Hills Community Health Center	300 West Kelly St Sigourney, IA 52591	641-224-8061
Southern Iowa Mental Health Center	1527 Albia Rd Ottumwa, IA 52501	641-682-8772

## 24 Hour Crisis Hotline

Provider	Location	Contact Information
Southern Iowa Mental Health	1527 Albia Rd, Ottumwa, IA 52501 Online: <a href="http://www.simhcottumwa.org">www.simhcottumwa.org</a>	641-682-8772 Website: <a href="http://www.simhcottumwa.org">www.simhcottumwa.org</a>
Your Life Iowa	Online: <a href="https://yourlifeiowa.org/">https://yourlifeiowa.org/</a>	Call: 855-581-8111 Text: 855-895-8398

## Crisis Evaluation

Provider	Adult/Child/Both	Location	Contact Information
Community Health Center of Southeastern Iowa	Both	1706 West Agency Rd West Burlington, IA 52655	319-768-5858
Counseling Associates	Both	1124 Avenue H Ste 2, Fort Madison, IA 52627 1522 Morgan St Keokuk, IA 52632	319-372-7689 319-524-0510
Hillcrest	Both	Offices and EDs- Henry County Health Center, Keokuk County Health Center, and Washington County Hospital	319-653-6161
Infinity Health	Both	219 West Washington Street, Osceola, IA 50213	641-342-1742 Website: <a href="http://www.weareinfinity.org">www.weareinfinity.org</a>
Mahaska Health Partnership	Both	1229 C Avenue East, Oskaloosa, IA 52577	641-672-3100 Website: <a href="http://www.mahaskahealth.org">www.mahaskahealth.org</a>
Mercy Medical Centerville Iowa	Both	1 St. Joseph Drive, Centerville, IA 52544	641-437-4111

			Website: www.mercyone.org
Optimae	Both	Offices and EDs-Ft. Madison Community Hospital, Jefferson County Health Center, Southeast Iowa Medical Center, Van Buren County Hospital, Unity Point Keokuk	641-472-5771
River Hills Community Health Center	Both	300 West Kelly St Sigourney, IA 52591	641-224-8061
Southern Iowa Mental Health	Both	1527 Albia Rd., Ottumwa, IA 52501	641-682-8772 Website: www.simhcottumwa.org

### Mobile Response

Provider	Adult/Child/Both	Location	Contact Information
Elevate	Both	405 E. 5 <sup>th</sup> St., Waterloo, IA 50703	833-370-0719 Website: <a href="http://www.elevateccbhc.org">www.elevateccbhc.org</a>
Infinity Health	Both	219 West Washington Street, Osceola, IA 50213 Adult/Children	641-342-1742 Website: <a href="http://www.weareinfinity.org">http://www.weareinfinity.org</a> /
Southern Iowa Mental Health	Both	1527 Albia Rd, Ottumwa, IA 52501 Adult/Children	1-844-430-8520 Website: <a href="https://www.simhcottumwa.org/">https://www.simhcottumwa.org/</a>

### Crisis Stabilization Community-based Services

Provider	Adult/Child/Both	Location	Contact Information
American Home Finding Association	Child	6941 Ashland Road, Agency, IA 52530	641-937-5272 Website: <a href="http://www.ahfa.org">www.ahfa.org</a>
Elevate	Both	405 E. 5 <sup>th</sup> St., Waterloo, IA 50703	833-370-0719 Website: <a href="http://www.elevateccbhc.org">www.elevateccbhc.org</a>
Infinity Health	Both	219 West Washington Street, Osceola, IA 50213	641-342-1742 Website: <a href="http://www.weareinfinity.org">www.weareinfinity.org</a>

### Crisis Stabilization Residential Services

Provider	Adult/Child/Both	Location	Contact Information
American Home Finding Association	Child	6941 Ashland Road, Agency, IA 52530	641-937-5272 Website: <a href="http://www.ahfa.org">www.ahfa.org</a>
Hope Haven Area Development	Adult	828 North 7 <sup>th</sup> St., Burlington, IA 52601	319-209-2066
Infinity Health	Adult	219 West Washington Street, Osceola, IA 50213	641-342-1742 Website: <a href="http://www.weareinfinityhealth.org">www.weareinfinityhealth.org</a>
Southern Iowa Mental Health	Adult	1527 Albia Rd., Ottumwa, IA 52501	641-682-8772 Website: <a href="http://www.simhcottumwa.org">www.simhcottumwa.org</a>



### 23-Hour Observation

Provider	Adult/Child/Both	Location	Contact Information
Infinity Health	Adult	219 West Washington Street, Osceola, IA 50213	641-342-1742 Website: www.wearinfinityhealth.org
Southern Iowa Mental Health Center	Adult	1527 Albia Rd Ottumwa, IA 52501	641-682-8772 Website: www.simhcottumwa.org

The Mental Health Agency of Southeast Iowa recognizes the above identified service providers as preferred. Residents of the Mental Health Agency of Southeast Iowa may also access other core crisis services outside of the Mental Health Agency of Southeast Iowa with accredited contracted service providers of other MHDS Regions. The method of reimbursement for Mental Health Agency of Southeast Iowa non-contracted providers is on a Medicaid fee for service rate as identified by IME. In the event that there are additional costs associated with the above aforementioned crisis services that need to be addressed between regions, Mental Health Agency of Southeast Iowa will pursue Memorandum of Understandings with the host Region and/or designating Regions.

### D. Intensive Mental Health Services

The region has designated the following provider(s) as an **Access Center** that meet the requirements according to IAC 441—25.6(1) in a coordinated manner in one or more locations:

Provider	Location	Contact Information
Southern Iowa Mental Health Center	1527 Albia Rd Ottumwa, IA 52501	641-682-8772

The region has designated the following **Assertive Community Treatment (ACT)** teams which have been designated and meet the requirements in IAC 441—25.6(2).

Provider	Location	Contact Information
UIHC	200 Hawkins Dr. Iowa City IA 52242	319-356-1616
Southern Iowa Mental Health Center	1527 Albia Rd Ottumwa, IA 52501	641-682-8772

The region has designated the following **Subacute** service providers which meet the criteria and are licensed by the Department of Inspections and Appeals.

Provider	Location	Contact Information
Infinity Health	219 West Washington Street, Osceola, IA 50213	641-342-1742 Website: www.weareinfinityhealth.org
Southern Iowa Mental Health Center	1527 Albia Rd Ottumwa, IA 52501	641-682-8772

The region has designated the following **Intensive Residential Service** providers which have been designated and meet the requirements in IAC 441—25.6(8):

Provider	Location	Contact Information
First Resources	Burlington Iowa	641-682-8114 Fax: 319-205-1004

## E. Scope of Services & Budget and Financing Provisions

The table below identifies the scope of services offered by Mental Health Agency of Southeast Iowa. All core services are available. If there is not funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements found in section F of the former Region’s (CROSS/SCBHR/SEIL) policy and procedure manual, funding will be made available. Core services for children’s behavioral health are identified by (\*\*) after the service name. Eligibility guidelines for children’s behavioral health services are located in section F, of the former Region’s policy and procedure manuals. The Policy and Procedure manuals can be found online at: <https://dhs.iowa.gov/mhds-providers/providers-regions/regions/policies-procedures>

The Mental Health Agency of Southeast Iowa will abide to the identified policy and procedures of their previous Regions geographic spaces until such time the unified policy and procedure Management Plan is approved by the Iowa Department of Health and Human Services and the MHDS Commission.

The region will utilize braided funding that includes regional, state, and other funding sources to meet the service needs within the region. The Mental Health Agency of Southeast Iowa is the payer of last resort. Federal funding, third-party payers, and other nongovernmental funding is to be used prior to expending state regional service payment dollars.

**Table A. Expenditures**

FY 2024 Budget	Mental Health Agency of Southeast Iowa MHDS Region	MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total
<b>Core Domains</b>							
<b>COA</b>	<b>Treatment</b>						
42305	Mental health outpatient therapy **	\$ 36,500					\$ 36,500
42306	Medication prescribing & management **	\$ 25,000					\$ 25,000
43301	Assessment, evaluation, and early identification **	\$ 25,000					\$ 25,000
71319	Mental health inpatient therapy-MHI	\$ 692,911					\$ 692,911
73319	Mental health inpatient therapy **	\$ 10,000					\$ 10,000
	<b>Crisis Services</b>						
32322	Personal emergency response system						\$ -
44301	Crisis evaluation	\$ 325,159					\$ 325,159
44302	23 hour crisis observation & holding	\$ 20,000					\$ 20,000
44305	24 hour access to crisis response						\$ -
44307	Mobile response **	\$ 883,238					\$ 883,238
44312	Crisis Stabilization community-based services **	\$ 301,636					\$ 301,636
44313	Crisis Stabilization residential services **	\$ 766,488					\$ 766,488

44379	System building & sustainability - Crisis	\$ 35,000				\$ 35,000
44396	Access Centers: start-up / sustainability	\$ 830,338				\$ 830,338
	<b>Support for Community Living</b>					
32320	Home health aide					\$ -
32325	Respite					\$ -
32328	Home & vehicle modifications					\$ -
32329	Supported community living	\$ 218,809			\$ 5,000	\$ 223,809
42329	Intensive residential services	\$ 80,882				\$ 80,882
	<b>Support for Employment</b>					
50362	Prevocational services	\$ 10,000				\$ 10,000
50364	Job development	\$ 10,000				\$ 10,000
50367	Day habilitation	\$ 10,000		\$ 8,874		\$ 18,874
50368	Supported employment	\$ 198,990		\$ 12,161	\$ 5,000	\$ 216,151
50369	Group Supported employment-enclave					\$ -
50379	System building & sustainability - IPS & Vocational	\$ 64,168				\$ 64,168
	<b>Recovery Services</b>					
45323	Family support	\$ 10,000				\$ 10,000
45366	Peer support	\$ 10,000				\$ 10,000
	<b>Service Coordination</b>					
21375	Case management					\$ -
24376	Health homes	\$ 7,721				\$ 7,721
	<b>Sub-Acute Services</b>					
63309	Subacute services-1-5 beds	\$ 26,200				\$ 26,200
64309	Subacute services-6 and over beds					\$ -
	<b>Core Evidenced Based Treatment</b>					
04422	Education & Training Services - provider competency	\$ 50,000				\$ 50,000
32379	System building & sustainability - Supported housing	\$ 20,000				\$ 20,000
32396	Supported housing	\$ 70,000				\$ 70,000
42398	Assertive community treatment (ACT)	\$ 55,000				\$ 55,000
45373	Family psychoeducation	\$ 5,000				\$ 5,000
45379	System building & sustainability - FPE & Recovery Svcs	\$ 10,000				\$ 10,000
	<b>Core Domains Total</b>	<b>\$ 4,808,040</b>	<b>\$ -</b>	<b>\$ 21,035</b>	<b>\$ 10,000</b>	<b>\$ 4,839,075</b>

<b>Mandated Services</b>							
46319	Oakdale	\$ 10,000					\$ 10,000
72319	State resource centers						\$ -
74XXX	Commitment related (except 301)	\$ 176,005					\$ 176,005
75XXX	Mental health advocate	\$ 298,770					\$ 298,770
	<b>Mandated Services Total</b>	<b>\$ 484,775</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>		<b>\$ 484,775</b>
<b>Additional Core Domains</b>							
	<b>Justice system-involved services</b>						
25xxx	Coordination services	\$ 263,722					\$ 263,722
25378	Contracted coordination services						\$ -
44346	24 hour crisis line*						\$ -
44366	Warm line*						\$ -
46305	Mental health services in jails	\$ 240,704					\$ 240,704
46399	Justice system-involved services-other						\$ -
46422	Crisis prevention training	\$ 114,964					\$ 114,964
46425	Mental health court related costs						\$ -
74301	Civil commitment prescreening evaluation						\$ -
	<b>Additional Core Evidenced based treatment</b>						
42366	Peer Wellness / Wellness and Recovery Centers	\$ 1,810,131					\$ 1,810,131
42379	System building & sustainability - Non crisis						\$ -
42397	Psychiatric rehabilitation (IPR)	\$ 69,652					\$ 69,652
	<b>Additional Core Domains Total</b>	<b>\$ 2,499,173</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>		<b>\$ 2,499,173</b>
<b>Other Informational Services</b>							
03371	Information & referral	\$ 290,529					\$ 290,529
04372	Planning, consultation &/or early intervention (client related) **	\$ 200,100					\$ 200,100
04377	Provider Incentive Payment						\$ -
04399	Consultation Other						\$ -
04429	Planning and Management Consultants (non-client related)	\$ 101,912					\$ 101,912
05373	Public education, prevention and education **	\$ 108,032					\$ 108,032
	<b>Other Informational Services Total</b>	<b>\$ 700,573</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>		<b>\$ 700,573</b>
<b>Community Living Supports</b>							

06399	Academic services						\$ -
22XXX	Services management	\$ 926,303					\$ 926,303
22378	Contracted services management						\$ -
23376	Crisis care coordination						\$ -
23378	Contracted crisis care coordination						\$ -
23399	Crisis care coordination other						\$ -
24399	Health home other						\$ -
31XXX	Transportation	\$ 15,000					\$ 15,000
32321	Chore services						\$ -
32326	Guardian/conservator						\$ -
32327	Representative payee						\$ -
32335	CDAC						\$ -
32399	Other support						\$ -
33330	Mobile meals						\$ -
33340	Rent payments (time limited)	\$ 6,917					\$ 6,917
33345	Ongoing rent subsidy	\$ 20,000					\$ 20,000
33399	Other basic needs	\$ 500					\$ 500
41305	Physiological outpatient treatment						\$ -
41306	Prescription meds	\$ 1,000					\$ 1,000
41307	In-home nursing						\$ -
41308	Health supplies						\$ -
41399	Other physiological treatment						\$ -
42309	Partial hospitalization						\$ -
42310	Transitional living program						\$ -
42363	Day treatment						\$ -
42396	Community support programs						\$ -
42399	Other psychotherapeutic treatment						\$ -
43399	Other non-crisis evaluation						\$ -
44304	Emergency care						\$ -
44399	Other crisis services						\$ -
45399	Other family & peer support						\$ -
46306	Psychiatric medications in jail	\$ 41,002					\$ 41,002
50361	Vocational skills training						\$ -

50365	Supported education						\$ -	
50399	Other vocational & day services						\$ -	
63XXX	RCF 1-5 beds (63314, 63315 & 63316)						\$ -	
63XXX	ICF 1-5 beds (63317 & 63318)						\$ -	
63329	SCL 1-5 beds						\$ -	
63399	Other 1-5 beds						\$ -	
	<b>Community Living Supports</b>	<b>\$ 1,010,722</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>		<b>\$ 1,010,722</b>	
<b>Other Congregate Services</b>								
50360	Work services (work activity/sheltered work)						\$ -	
64XXX	RCF 6 and over beds (64314, 64315 & 64316)	\$ 289,135					\$ 289,135	
64XXX	ICF 6 and over beds (64317 & 64318)						\$ -	
64329	SCL 6 and over beds						\$ -	
64399	Other 6 and over beds						\$ -	
	<b>Other Congregate Services Total</b>	<b>\$ 289,135</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>		<b>\$ 289,135</b>	
<b>Administration</b>								
11XXX	Direct Administration					1,125,088	\$ 1,125,088	
12XXX	Purchased Administration					142,500	\$ 142,500	
	<b>Administration Total</b>					\$ 1,267,588	\$ 1,267,588	
	<b>Regional Totals</b>	<b>\$ 9,792,419</b>	<b>\$ -</b>	<b>\$ 21,035</b>	<b>\$ 10,000</b>	<b>\$ 1,267,588</b>	<b>\$ 11,091,042</b>	
	<b>(45XX-XXX)County Provided Case Management</b>						\$ -	
	<b>(46XX-XXX)County Provided Services</b>						\$ -	
	<b>Regional Grand Total</b>						\$ 11,091,042	
Transfer Numbers (Expenditures should only be counted when final expenditure is made for services/administration. Transfers are eliminated from budget to show true regional finances)								
13951	<b>Distribution to MHDS regional fiscal agent from member county</b>							\$ -
14951	<b>MHDS fiscal agent reimbursement to MHDS regional member county</b>							\$ -
*24 hour crisis line and warm line are transitioning from additional core to state wide services with state funding.								
**Core services for children with a serious emotional disturbance (SED)								

**Table B. Revenues**

FY 2024 Budget	Mental Health Agency of Southeast Iowa MHDS Region		
<b>Revenues</b>			
	<b>Projected Fund Balance as of 6/30/23</b>		<b>\$ 1,719,189</b>
	<b>Local/Regional Funds</b>		<b>\$ 151,000</b>
1010	Delinquent Property Tax		
25XX	Other Governmental Revenues	25,000	
4XXX-5XXX	Charges for Services		
5310	Client Fees		
60XX	Interest	96,000	
6XXX	Use of Money & Property		
8XXX	Miscellaneous	30,000	
9040	Other Budgetary Funds (Polk Transfer Only)		
	<b>State Funds</b>		<b>\$ 9,775,280.00</b>
24XX	State/Federal pass thru Revenue		
2644	State Regional Service Payments	9,775,280	
2643	State Incentive Funds		
	Other		
	<b>Federal Funds</b>		<b>\$ -</b>
2345	Medicaid		
	Other		
	<b>Total Revenues</b>		<b>\$ 9,926,280</b>
	<b>Total Funds Available for FY2024</b>	\$ 11,645,469	
	<b>FY24 Actual Regional Expenditures</b>	\$ 11,091,042	
	<b>Accrual Fund Balance as of 6/30/2024</b>	\$ 554,427	

**G. Financial Forecasting Measures**

The following is a description of the financial forecasting measures that will be used by the Mental Health Agency of Southeast Iowa in the identification of service need and funding necessary for services.

The Mental Health Agency of Southeast Iowa will use historical internal accounting and service data from the former region’s data warehouse and various other CSN queries. Additionally, the Mental Health Agency of Southeast Iowa will

seek out corresponding external market and economic indicators from other sources to engage in financial forecasting and industry requirements to be competitive for limited workforce capacity in our micropolitan and rural areas. Reimbursement rates for Medicaid funded services within and outside the state of Iowa have also been accounted for in Region negotiation processes.

The Mental Health Agency of Southeast Iowa will be focused on creating an effective continuum of care for our region residents given the availability of resources to accomplish this goal. The newly formed region intends to bolster our efforts with regional partners to accomplish service availability mandates in the most cost effective and population useful means possible. The Mental Health Agency of Southeast will need to be agile in our efforts to be future thinking and innovative in creating a robust continuum of care given the current market and workforce challenges. The Mental Health Agency of Southeast Iowa will be more standardized in all of our geographic spaces as well as with our partner Regions across the state within the scope of operations and funding of service. The Region will adhere to the prescribed resource limits synchronized with the Medicaid standards (\$2000/\$3000) and eligibility based services will be pre authorized with the standard of 150% Federal Poverty Level (FPL) for all adult services with the exception of 200% FPL for outpatient services). In regards to Children's eligibility based services, the Mental Health Agency of Southeast Iowa will adhere to Iowa Code of up to 500% FPL.

Related to Core Services, the Mental Health Agency of Southeast Iowa has received application(s) and start up requests for Mobile Crisis Response (Adult and Children), and Crisis Stabilization Community Based Services (Adult and Children). There is also a possibility for ACT contract request in FY24 to cover more geographic space in the new region. These were services that were anticipated and budgeted for by SEIL and SCBHR in FY23 but to no avail in full and complete implementation. Because SEIL did not receive applications for the RFP that was let on these services, there was no means to spend down funds as budgeted to get to the target of 40% Fund Balance/Carry Forward. Additionally, because there were no identified viable providers for these services with which to contract, encumbrance of funds was not a possibility. For this reason, SEIL has experienced a reduction in FY23 revenue receipts and a payback prior to June 30, 2023 a total in the amount of \$5,638,294.39. Likewise, SCBHR had budgeted for Mobile Response and CSCBS but the contracted provider lacked workforce capacity to support full implementation and to the standards of care prescribed by code. These services in that geographic space have been reconsidered as to how to functionally ensure access and a contract moving forward in FY24 will be in place. Having the capacity to stand up the core services required in code, given there are providers willing and able to create those services will be a challenge financially for the Mental Health Agency of Southeast Iowa with the inability to regain the collective lost revenue across the two regions within the necessary timeframes to facilitate service startup and sustainability unless encumbrance is allowed in FY24 prior to the requirement of the 5% cashflow limit. Just to reiterate, the identified core services in question of development due to Regional financial resources include: ACT, Mobile Crisis Response (Adult and Children), and Crisis Stabilization Community Based Services (Adult and Children). These efforts are in lock step with the State Planning Grant efforts related to Certified Community Behavioral Health Clinics (CCBHC) to ensure coverage of such a state designation in all of the space of our region.

Any additions and/or reductions in service for FY24 within the Mental Health Agency of Southeast Iowa Region will be based on the projected timeframes and cost for startup and sustainability of the above identified core services. It is identified that a waitlist of eligibility based services will not remediate these obstacles and an analysis of cost reduction related to non-core and additional core services will have to be accomplished in relation to the projected core service startup and sustainability cost. Still at play is the requirement to meet the 20% benchmark for Fund Balance/Carry Forward in FY23 and the 5% Fund Balance/Carry Forward in FY24 which seems to complicate service development further for our future if encumbrance is not approved.



Once again, FY24 is presenting to be yet another challenging year for the regions to project. As indicated in the information immediately above and in the introduction, the merger with the South Central Behavioral Health Region/Monroe County and the timeframes potentially at play for the merger is a further consideration for the presented budget. An analysis of all systems is clearly underway pre-emptively to identify service availability, internal process for service management, administrative functions, any duplications across the system that can be minimized, and cost/time associated with the efforts of a merger. Beyond the potential region intrinsic modifications is the potential for structural reorganization based on either legislative direction and/or the modifications of Region Performance Based Contracts which at the time of writing of this document are yet to be finalized. The Mental Health Agency of Southeast Iowa will make every attempt to anticipate potential system adaptations and the associated cost of internal and externally driven adaptations. This is challenging and time consuming work, but certainly work that is anticipated of any quality standard business.

## **H. Provider Reimbursement Provisions**

The following is descriptions of the types of funding to be used by the Mental health Agency of Southeast Iowa.

- **Fee for service:**  
The Mental Health Agency of Southeast Iowa will contract with MHDS providers whose base of operation is within the region. The Region may also honor contracts that other regions have with their local providers or may choose to contract with providers outside of the region. A contract may not be required with providers that provide one-time or as needed services. A fee for service approach will be utilized in most provider contracts outlining the services to be provided and the rate of reimbursement. In general, the Medicaid rate will be applicable to services when accessed by individuals that meet region eligibility/responsibility. Identification of persons served will be required of providers that bill the region for service on a fee for service basis. All payments will be based on a pre-authorized request for service authorization with the exception of court ordered payments, such as civil commitment costs, and crisis services.
- **Block grant payments:**  
The Mental Health Agency of Southeast Iowa is migrating away from the use of Block Grant funding to become more aligned with the financing structures for service on a statewide basis. There are several services in which the “cost of preparedness” (also known as gap funding) will be captured in more succinct processes across those identified services and the providers thereof. Those identified services include: Access Center, Mobile Crisis Response/Co-responder model/dispatch, 23 hour observation, crisis stabilization community based, crisis stabilization residential, Drop-in Center, Intensive Residential Service Home (IRSH), and some Planning and or Consultation Services (client), Planning and Management Consultants (non-client) and Public Education Service. When applicable, identification of persons served will be required from these identified providers in their invoicing practices to capture specific information on persons served by diagnostic code utilizing contracted cost of preparedness fee structures. The Mental Health Agency of Southeast Iowa will also engage in MOUs with region partners in which the regions have designated specified services. In these instances, the cost of preparedness may be identified to address the associated cost for service availability and access.
- **Use of nontraditional providers:**  
When a non-traditional provider arrangement is more appropriate than a fee for service approach with a contracted provider, the Coordinators of Disability Services will work with the region’s CEO to request such arrangements. A non-traditional provider may be an individual, organization and/or business who delivers services in the consumer’s home and/or other community setting. Non-traditional providers typically are

individuals, organizations, or businesses that do not provide MHDS services as a part of their normal business. These services are not to provide treatment but are supportive and may be rehabilitative in focus, and are initiated when there is a reasonable likelihood that such services will benefit the consumer's functioning, assist them in maintaining community tenure, and act as an alternative way to achieve the consumer's stated goals or outcomes. A request for funding can be made by any consumer, or the consumer's authorized representative, to utilize non-traditional providers for services as approved in the Regional Management Plan. Non-traditional providers may be subject to certain licensing, certification, accreditation or other state approval standards.

- Incorporation of all funding sources for individuals including Medicaid:  
The Mental Health Agency of Southeast Iowa is responsible for ensuring that MHDS services are available to all residents of the region regardless of funding source. The Region will ensure that individuals apply for all funding sources prior to accessing regional funding, including private insurance, Medicaid, Medicare and other funding mechanisms which ensure that individuals and their families are able to optimally live, work, and recreate in integrated communities of their choice.
- The Mental Health Agency of Southeast Iowa will use the same standardized guidelines for resource allowances as Medicaid (\$2000/\$3000).

The Mental Health Agency of Southeast Iowa will be the funder of last resort however; the Region clearly identifies our role in our local communities and the larger ecosystem of Mental Health and Disability Services as a local access to address individualized need. In this role, the region will be readily accessible to the public in each of our counties, assist individuals in navigating the complexity of the service system and assist with resources in local communities that are contributing factors to the health and wellbeing of individuals and families. Within the Medicaid system these resources strongly link to the social determinants of health that Managed Care Organizations collect and analyze based on their assigned beneficiaries. The Mental Health Agency of Southeast Iowa will assume the role of the boots on the ground that directly connect ALL individuals and families to the resources they need in order to improve and successfully support the individualized treatment outcomes. Engaging these processes and assistance in acquiring other benefits/funding options (i.e. Medicaid, Medicare, SNAP, WIC, FIP, Child Care Assistance, decategorization services, SSI/SSDI, Section 8, General Assistance, LIHEAP, LIHWAP, Workforce Development, IVRS, etc.)

## Appendix A

### Mental Health Agency of Southeast Iowa

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**Becky Montegna**, Optimae Life Services  
**Christina Schark**, Southern Iowa Mental Health Center (Chair)  
**Dewey McConville**, NAMI  
**Deb Pumphrey**, Respite Connection  
**Amy Phillips**, MercyOne Centerville  
**Don Phillips**, Wapello County Sheriff  
**Marcy Murphy**, River Hills  
**Regina Sedore**, Ottumwa Regional Health Center  
**Monica Van Galder**, Job Corps  
**Bev Ver Steegh**, Paula Gordy inc.  
**Ryanne Wood**, CEO  
**Stephanie Koch**, CDS  
**Staci Veach**, CDS  
**Heather Gross**, CDS  
**Miranda Tucker**, CDS Supervisor  
**Megan Logan**, Children's Care Coordinator  
**Wendy Eland**, Lived Experience Representative  
**Sandy Stever**, CDS  
**Tracy Liptak**, Optimae  
**Cheryl Plank**, Hope Haven  
**Stephanie Millard**, First Resources  
**Marquise Lewis**, DVIP  
**Tom Broeker**, Des Moines County Board of Supervisors

## **Children Advisory Committee**

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**Cheryll Jones**, Children Health Specialty Clinic (Chair)

**Angie Mach**, Sieda/MIECHV

**Pat McReynolds**, Early Childhood Iowa Director, Wapello Children's Alliance, CPPC Coordinator

**Emily McVey**, Infinity Health

**William Owens**, Judge

**Deb Pumphrey**, Respite Connection

**Christina Schark**, Southern Iowa Mental Health Center

**Lorraine Uehling-Techel**, Family Crisis Center

**Bev Ver Steegh**, Paula Gordy inc.

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**Casey Zimmeht**, Indian Hills Community College Child Development Center

**Chelsea Carter**, American Home Finding

**Ryanne Wood**, CEO

**Stephanie Koch**, CDS

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**Heather Gross**, CDS

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**Megan Logan**, Children's Care Coordinator

**Mark Schneider**, Retired Superintendent

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**Linda Boshart**, Early Access Regional Liaison/Coordinator- Great Prairie AEA

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