

# Rolling Hills

*Community Services Region*



## **FY24 ANNUAL SERVICE & BUDGET PLAN**

**SUBMITTED**

**3/23/23**

**GEOGRAPHIC AREA:** Serving Buena Vista, Calhoun, Carroll, Cherokee, Crawford, Humboldt, Ida, Pocahontas, Sac and Woodbury Counties

**APPROVED BY ADVISORY BOARD:** - **2/27/23**

**APPROVED BY GOVERNING BOARD:** **03/22/23**

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## Introduction

Rolling Hills Community Services Region (RHCS) was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 331.390. The annual service and budget plan is a component of the Management Plan which includes three parts: Annual Service and Budget Plan, Annual Report and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY2024 Annual Service and Budget Plan covers the period of July 1, 2023, to June 30, 2024. The Annual Service and Budget Plan includes local access points, targeted case management providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

The RHCS Governance Board Members for FY'24 are listed as follows:

Paul Merten – Governance Board Chairman and Buena Vista County Supervisor  
Scott Jacobs – Governance Board Vice Chairman and Calhoun County Supervisor  
Eugene Meiners - Carroll County Supervisor–  
Jean Heiden – Crawford County Supervisor  
Cheryl Ellis –Cherokee County Supervisor  
Creston Schubert – Ida County Supervisor  
Sandy Loney – Humboldt County Supervisor  
Clarence Siepker – Pocahontas County Supervisor  
Mike Fischer – Sac County Supervisor  
Matthew Ung – Woodbury County Supervisor  
Joan Hansen – Area Education Agency  
Jamaine Wamburg – Parent Representative/Child  
Joleen Schmit- Parent Representative/Adult  
Steve Kremer- Provider Representative/Child  
Kim Keleher – Provider Representative/Adult

The RHCS Adult Advisory Board Members for FY'24 are listed as follows:

Name	Representation
Kim Keleher, Plains Area Mental Health	Buena Vista County
Anita Schlender, Imagine the Possibilities	Buena Vista County
Kristin Nehring, Home Care Options	Carroll County
	Carroll County
**Joleen Schmit, Calhoun County Public Health	Calhoun County
Darci Peterson, Stewart Memorial Hospital	Calhoun County
Teresa Magnussen, Imagine the Possibilities	Cherokee County
Brian Flikeid, Cherokee County	Cherokee County
Clay Adams, Wesco	Crawford County
Vacancy	Crawford County
Alex Leu, Pocahontas Police Department	Humboldt and Pocahontas Counties
Becky Wuebker, Horn Memorial Hospital	Ida County
Karla Manternach, Counseling Services, LLC	Sac County

Melissa Drey, Plains Area Mental Health	Sac County
Sheila Martin, Siouxland Mental Health	Woodbury County
Cindy Wilde, Goodwill	Woodbury County

The RHCS Children Advisory Board Members for FY'24 are listed as follows:

Name	Representation
**Jamaine Wamburg	Parent of a child who utilizes services
Jennifer Collins	Education System
**Joan Hansen	Education System
Kerri Hall	Early Childhood Advocates
Kathy Fritz	Child Welfare Advocates
Deidre Brown	Children's Behavioral Health Service Providers
Steve Kremer	Juvenile Court System
Vacancy	Pediatricians
Kelle Wedeking	Child Care Providers
Kevin Heineman	Local Law Enforcement
**Jean Heiden	Rolling Hills Governance Board
Kim Scorza	Children's Provider Representative

## **A. Local Access Points**

An access point is a part of the RHCS service system trained to complete MHDS regional applications for persons with a disability.

Access Point	Address	Phone Number
*RHCS Office - Buena Vista County	605 Cayuga St. PO Box 253, Storm Lake, IA 50588	(712) 749-2556
Plains Area Mental Health Center	728 Erie St., Storm Lake, IA 50588	(712) 213-8402
Imagine the Possibilities	1607 North Lake Ave., Storm Lake, IA 50588	(563)652-5252
Buena Vista Regional Med. Center	1525 West Milwaukee, Storm Lake, IA 50588	(712) 732-4030
Seasons Center	824 Flindt Drive, Storm Lake, IA 50588	(800)242-5101
Hope Haven	1815 West Milwaukee, Storm Lake, IA 50588	(712) 732-5127
*RHCS Office – Calhoun County	515 Court St., Rockwell City, IA 50579	(712) 297-5292
Community & Family Resources	515 Court St., Rockwell City, IA 50579	(515) 297-5292
Unity-Point Health Berryhill Center	720 Kenyon Road, Fort Dodge, IA 50501	(515) 955-7171
Calhoun County Public Health	501 Court St... Rockwell City, IA 50579	(712) 297-8323
Counseling Services, LLC	501 Court St... Rockwell City, IA 50579	(712) 662-3222
DHS Targeted Case Management	515 Court St., Rockwell City, IA 50579	(712) 297-8524
Stewart Memorial Hospital	1301 West Main St., Lake City, IA 51449	(712)464-3171
*RHCS Office – Carroll County	608 North Court St., S. Suite A, Carroll, IA 51401	(712) 792-1234
Home Care Options	626 North Court St., Carroll, IA 51401	(712) 792-0322
New Hope Village	1211 East 18th St., Carroll, IA 51401	(712) 792-5500
St. Anthony Regional Hospital	311 South Clark, Carroll, IA 51401	(712) 792-8239
New Opportunities	23751 Hwy 30 East, Carroll, IA 51401	(712) 792-1344

Counseling Services	322 South 12th St., Sac City, IA 50583	(712) 662-3222
Plains Area Mental Health Center	318 South Maple St. Carroll, IA 51401	(712) 792-2991
Family Resource Center	502 West 7th St., Carroll, IA 51401	(712) 792-6440
*RHCS Office – Crawford County	1202 Broadway, Suite 9, Denison, IA 51442	(712) 263-2720
Plains Area Mental Health Center	27 South Main St., Denison, IA 51442	(712) 263-3172
WESCO Industries	415 South 11 <sup>th</sup> St., Denison, IA 51442	(712) 263-6141
Rosecrance Jackson Recovery Center	1233 Broadway, Denison, IA 51442	(712) 263-5065
Crawford County Memorial Hosp.	100 Medical Parkway, Denison, IA 51442	(712) 265-2500
*RHCS Office – Humboldt County	203 Main St. Dakota City, IA 50529	(712) 332-5205
Berryhill Center	1000 North 15 <sup>th</sup> St. Humboldt, IA 50548	(515) 955-7171
Humboldt County Hospital	1000 North 15 <sup>th</sup> St. Humboldt, IA 50548	(515) 332-4200
Life Connections	19 S. 16 <sup>th</sup> St. Humboldt, IA 50548	(515) 327-5195
Lifeworks Community Services	1303 A St. Fort Dodge, IA 50501	(515) 576-2126
One Vision	1470 21 <sup>st</sup> Ave N, Fort Dodge, IA 50501	(515) 573-8243
*RHCS Office – Ida County	401 Moorehead St., Ida Grove, IA 51445	(712) 796-2827
Crossroads of Western Iowa	651 1 <sup>st</sup> St., Battle Creek, IA 51006	(712) 365-4339
Crossroads of Western Iowa	400 Minnesota St., Holstein, IA 51025	(712) 368-4671
Plains Area Mental Health Center	700 East 2 <sup>nd</sup> St. Ste 2 PO Box 168., Ida Grove, IA 51445	(712) 364-3500
Horn Memorial Hospital	701 East 2 <sup>nd</sup> St., Ida Grove, IA 51445	(712) 364-3311
*RHCS Office – Pocahontas County	116 S. State St. Suite A, Sac City, IA 50583	
Berryhill Center	606 NW 7 <sup>th</sup> St. Pocahontas, IA 50574	(515) 955-7171
Imagine the Possibilities	1607 Lake Ave. Storm Lake, IA 50588	(712) 732-5038
*RHCS Office – Sac County	116 S. State St. Suite A, Sac City, IA 50583	
Counseling Services LLC	322 South 13 <sup>th</sup> St., Sac City, IA 50583	(712) 662-3222
Loring Hospital	211 Highland Ave, Sac City, IA 50583	(712) 662-7105
Howard Center	1319 Early St., Sac City, IA 50583	(712) 662-7844
*RHCS Office – Cherokee County	520 West Main, Cherokee, IA 51012	(712) 225-6700
Crossroads of Western Iowa	322 Lake St. Cherokee, IA 51012	(712)225-4531
Plains Area Mental Health Center	1231 West Cedar Loop 2 <sup>nd</sup> floor, Ginzberg bldg. Cherokee, IA 51012	(712)796-2827
*RHCS Office –Woodbury County	1211 Tri View Ave. Sioux City, IA 51103	(712) 279-6459
Siouxland Mental Health Center	625 Court St. Sioux City, IA 51101	(712)252-3871
Mid-Step Services	4303 Stone Avenue. Sioux City, IA 51106	(712)274-2252
New Perspectives, Inc.	310 S. Martha, Sioux City, IA 51106	(712)258-3576
Goodwill of the Great Plains	3100 W. 4 <sup>th</sup> St. Sioux City, IA 51103	(712)258-4511
Center for Siouxland	715 Douglas, Sioux City, IA 51101	(712)252-1861
Crossroads of Western Iowa	835 Gordon Drive, Sioux City, IA 51101	(712)522-3346
Community Supports Network	3012 S. Cornelia St. Sioux City, IA 51106	(712)560-4991
Opportunities Unlimited	3439 Glen Oaks Blvd. Sioux City, IA 51104	(712)277-8295
Rosecrance Jackson Recovery	3200 West 4 <sup>th</sup> St. Sioux City, IA 51103	(712)258-4578
Mercy One	801 5 <sup>th</sup> St. Sioux City, IA 51101	(712)279-2010
Unity Point St. Lukes	2720 Stone Park Blvd, Sioux City, IA 51104	(712)279-3500

Rolling Hills Community Services Region has designated the following access points for children’s behavioral health services. In addition to these below, the RHCS offices denoted in light blue in the above chart are also access points for children.

Access Point	Location	Contact Information
Plains Area Mental Health Center	Address locations listed above by county	Contact information listed above by county
Siouxland Mental Health Center	625 Court St. Sioux City, IA 51101	712-279-6459
Seasons Center for Community Mental Health	120 East 5 <sup>th</sup> St. Spencer, IA 51301	800-242-5101
Child Health Specialty Clinics	204 West 7 <sup>th</sup> St, Carroll, IA 51401	712-792-5530
Heartland AEA	906 N. Grant Road, Carroll, IA 51401	712-792-3102
Prairie Lakes AEA	23 East 7 <sup>th</sup> St. B Spencer, IA 51301	712-262-4704
NW Iowa AEA	1520 Morningside, Sioux City, IA 51106	712-222-6036

Rolling Hills Community Services Region operates on a No Wrong Door Policy and any provider is able to provide services or referrals to a Regional Coordinator.

## **B. Service Coordination and Targeted Case Management**

The following agencies provide service coordination and/or targeted case management for the Rolling Hills Community Services Region.

Service Coordination Provider	Adult/Child/Both	Location	Contact Information
DHS Case Management – Calhoun	Both	515 Court St. Rockwell City, IA 50579	712-297-8524
RHCS Office - Buena Vista County	Both	605 Cayuga St. PO Box 253, Storm Lake, IA 50588	(712) 749-2556
RHCS Office – Calhoun County	Both	515 Court St., Rockwell City, IA 50579	(712) 297-5292
RHCS Office – Cherokee County	Both	520 West Main, Cherokee, IA 51012	(712) 225-6700
RHCS Office – Carroll County	Both	608 North Court St., S. Suite A, Carroll, IA 51401	(712) 792-1234
RHCS Office – Crawford County	Both	1202 Broadway, Denison, IA 51442	(712)263-2720

RHCS Office – Ida County	Both	401 Moorehead St., Ida Grove, IA 51445	(712) 364-2385
RHCS Office – Sac County	Both	116 S. State St. Suite A, Sac City, IA 50583	(712) 297-5292
RHCS Office –Woodbury County	Both	1211 Tri View Ave. Sioux City, IA 51103	(712) 279-6459
Plains Area Mental Health IHH	Both	180 10 <sup>th</sup> St. Suite 201, LeMars, IA 51031	(712) 546-9395
Siouxland Mental Health IHH	Adult	625 Court St., Sioux City, IA 51101	(712) 252-3871
Amerigroup Iowa	Both	Statewide	800-600-4441
Iowa Total Care	Both	Statewide	833-404-1061
Molina Healthcare of Iowa	Both	Statewide	844-236-0894

## **C. Crisis Planning**

The following accredited crisis services are available to residents of the region for crisis prevention, response and resolution.

### **24 Hour Crisis Response**

<b>Provider</b>	<b>Location</b>	<b>Contact Information</b>
Plains Area Mental Health Center	180 10 <sup>th</sup> St. SE Lemars, IA 51031	712-546-4624
Siouxland Mental Health Center	625 Court St. Sioux City, IA	712-252-3871

### **24 Hour Crisis Hotline**

<b>Provider</b>	<b>Location</b>	<b>Contact Information</b>
988 Suicide & Crisis Lifeline	<a href="https://988lifeline.org/">https://988lifeline.org/</a>	988

### **Crisis Evaluation**

<b>Provider</b>	<b>Adult/Child/Both</b>	<b>Location</b>	<b>Contact Information</b>
Plains Area Mental Health Center	Both	180 10 <sup>th</sup> St. SE Lemars, IA 51031	712-546-4624
Siouxland Mental Health Center	Both	625 Court St. Sioux City, IA 51104	712-252-3871
Seasons Center	Both	201 East 11 <sup>th</sup> Spencer, IA 51301	800-242-5101

### **Mobile Response**

<b>Provider</b>	<b>Location</b>	<b>Contact Information</b>
Plains Area Mental Health Center	900 Early St. Sac City, IA 50583	1-888-696-2896
Siouxland Mental Health Center	4038 Division St. Sioux City, IA 51104	1-888-696-2896

Seasons Center for Community Mental Health	120 East 5 <sup>th</sup> Spencer, IA 51301	800-242-5101
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**Crisis Stabilization Community-based Services**

Provider	Adult/Child/Both	Location	Contact Information
Plains Area Mental Health Center	900 Early St. Sac City, IA 50583	1-888-696-2896	
Siouxland Mental Health Center	4038 Division St. Sioux City, IA 51104	1-888-696-2896	

**Crisis Stabilization Residential Services**

Provider	Adult/Child/Both	Location	Contact Information
Plains Area Mental Health Center	Adult	900 Early St. Sac City, IA 50583	712-662-8055
Siouxland Mental Health Crisis Center	Adult	4038 Division St. Sioux City, IA 51104	712-560-7996

**23-Hour Observation**

Provider	Location	Contact Information
Siouxland Mental Health Crisis Center	4038 Division St. Sioux City, IA 51104	712-560-7996

In the event that a resident of Rolling Hills utilizes crisis services within another MH/DS region, we reimburse for that service per the terms of their contract either directly to the provider or to the region if they funded the service.

**D. Intensive Mental Health Services**

The region has designated the following provider(s) as an **Access Center** that meet the requirements according to IAC 441—25.6(1) in a coordinated manner in one or more locations:

Provider	Location	Contact Information
Siouxland Mental Health Crisis Center	4038 Division St. Sioux City, IA 51104	712-560-7996

The region has designated the following **Assertive Community Treatment (ACT)** teams which have been designated and meet the requirements in IAC 441—25.6(2).

Provider	Location	Contact Information
Seasons Center for Community Mental Health	824 Flindt Drive, Ste 104 Storm Lake, IA 50588	(800)242-5101
Plains Area Mental Health Center –	180 10 <sup>th</sup> St. SE Lemars, IA 51031	712-546-4624

The region has designated the following **Subacute** service providers which meet the criteria and are licensed by the Department of Inspections and Appeals.

Provider	Location	Contact Information
Mary Greeley	Ames	CICS Region 126 S. Kellogg Ave., Ames, IA 50010 Phone: 515-663-2945
Siouxland Mental Health Crisis Center	4038 Division St. Sioux City, IA 51104	712-560-7996



The region has designated the following **Intensive Residential Service** providers which have been designated and meet the requirements in IAC 441—25.6(8):

Provider	Location	Contact Information
Trivium Life Services	835 Gordon Dr., Sioux City, IA 51101	712-522-3346

## **E. Scope of Services & Budget and Financing Provisions**

The table below identifies the scope of services offered by Rolling Hills. All core services are available. If there is not funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements found in section F of the Rolling Hills region’s policy and procedure manual, funding will be made available. Core services for children’s behavioral health are identified by (\*\*) after the service name. Eligibility guidelines for children’s behavioral health services are located in section G, page 20 of the Rolling Hills Region’s policy and procedure manual. The Policy and procedure manual can be found online at: [rollinghillsregion.com](http://rollinghillsregion.com).

The region will utilize braided funding that includes regional, state, and other funding sources to meet the service needs within the region. Federal funding, third-party payors, and other nongovernmental funding is to be used prior to expending state regional service payment dollars.

**Table A. Expenditures**

FY 2024 Budget	RHCS MHDS Region	MI (40)	ID(42)	DD(43)	Admin (44)	Total
<b>Core Domains</b>						
<b>COA</b>	<b>Treatment</b>					
42305	Mental health outpatient therapy **	\$ 10,000				\$ 10,000
42306	Medication prescribing & management **	\$ 163,000				\$ 163,000
43301	Assessment, evaluation, and early identification **	\$ 60,000				\$ 60,000
71319	Mental health inpatient therapy-MHI	\$ 125,000				\$ 125,000
73319	Mental health inpatient therapy **					\$ -
	<b>Crisis Services</b>					
32322	Personal emergency response system					\$ -
44301	Crisis evaluation	\$ 475,000				\$ 475,000
44302	23 hour crisis observation & holding	\$ 100,000				\$ 100,000
44305	24 hour access to crisis response					
44307	Mobile response **	\$ 515,504				\$ 515,504
44312	Crisis Stabilization community-based services **					
44313	Crisis Stabilization residential services **	\$ 1,197,731				\$ 1,197,731
44379	System building & sustainability - Crisis					
44396	Access Centers: start-up / sustainability	\$ 350,000				\$ 350,000
	<b>Support for Community Living</b>					
32320	Home health aide	\$ 1000				\$ 1,000

32325	Respite	\$ 3,000				\$ 3,000
32328	Home & vehicle modifications	\$ 1000	\$ 2,000	\$ 15000		\$ 18,000
32329	Supported community living	\$ 476,000	\$ 40,000			\$ 516,000
42329	Intensive residential services					\$ -
	<b>Support for Employment</b>					
50362	Prevocational services					\$ -
50364	Job development		\$ 20,000			\$ 20,000
50367	Day habilitation	\$ 5,000	\$ 20,000	\$ 15,000		\$ 40,000
50368	Supported employment	\$ 20,000	\$ 25,000	\$ 5,500		\$ 50,500
50369	Group Supported employment-enclave	\$ 8,000	\$ 10,000			\$ 18,000
50379	System building & sustainability - IPS & Vocational					\$ -
	<b>Recovery Services</b>					
45323	Family support	\$ 7,000				\$ 7,000
45366	Peer support	\$ 6,000				\$ 6,000
	<b>Service Coordination</b>					
21375	Case management					\$ -
24376	Health homes	\$ 5000				\$ 5000
	<b>Sub-Acute Services</b>					
63309	Subacute services-1-5 beds	\$ 350,000				\$ 350,000
64309	Subacute services-6 and over beds					\$ -
	<b>Core Evidenced Based Treatment</b>					
04422	Education & Training Services - provider competency					\$ -
32379	System building & sustainability - Supported housing					\$ -
32396	Supported housing					\$ -
42398	Assertive community treatment (ACT)	\$ 100,000				\$ 100,000
45373	Family psychoeducation					
45379	System building & sustainability - FPE & Recovery Svcs					\$ -
	<b>Core Domains Total</b>	<b>\$ 3,978,235</b>	<b>\$ 117,000</b>	<b>\$ 35,500</b>		<b>\$ 4,130,735</b>
	<b>Mandated Services</b>					
46319	Oakdale					\$ -
72319	State resource centers					\$ -
74XXX	Commitment related (except 301)	\$ 245,000				\$ 245,000
75XXX	Mental health advocate	\$ 276,002				\$ 276,002
	<b>Mandated Services Total</b>	<b>\$ 521,002</b>	<b>\$</b>	<b>\$</b>		<b>\$ 521,002</b>
	<b>Additional Core Domains</b>					
	<b>Justice system-involved services</b>					
25xxx	Coordination services	\$ 589,508				\$ 589,508
25378	Contracted coordination services	\$ 178,819				\$ 178,819
44346	24 hour crisis line*	\$ 420,830				\$ 420,830

44366	Warm line*					
46305	Mental health services in jails	\$ 10,000				\$ 10,000
46399	Justice system-involved services-other					
46422	Crisis prevention training	\$ 5,000				\$ 5,000
46425	Mental health court related costs					\$ -
74301	Civil commitment prescreening evaluation					\$ -
	<b>Additional Core Evidenced based treatment</b>					
42366	Peer Wellness / Wellness and Recovery Centers					\$ -
42379	System building & sustainability - Non crisis					\$ -
42397	Psychiatric rehabilitation (IPR)					\$ -
	<b>Additional Core Domains Total</b>	<b>\$ 1,204,157</b>	<b>\$</b>	<b>\$</b>		<b>\$ 1,204,157</b>
<b>Other Informational Services</b>						
03371	Information & referral	\$ 38,471				\$ 38,471
04372	Planning, consultation &/or early intervention (client related) **					
04377	Provider Incentive Payment					
04399	Consultation Other					
04429	Planning and Management Consultants (non-client related)					
05373	Public education, prevention and education **	\$ 25,000				\$ 25,000
	<b>Other Informational Services Total</b>	<b>\$ 63,471</b>	<b>\$ -</b>	<b>\$ -</b>		<b>\$ 63,471</b>
<b>Community Living Supports</b>						
06399	Academic services	\$ 60,000				\$ 60,000
22XXX	Services management					
22378	Contracted services management					
23376	Crisis care coordination	\$ 55,000				\$ 55,000
23378	Contracted crisis care coordination					
23399	Crisis care coordination other					
24399	Health home other					
31XXX	Transportation	\$ 3,000	\$ 5,000	\$ 7,000		\$ 15,000
32321	Chore services					
32326	Guardian/conservator					
32327	Representative payee	\$ 12,500	\$ 12,500			\$ 25,000
32335	CDAC					
32399	Other support	\$ 725,000				\$ 725,000
33330	Mobile meals					
33340	Rent payments (time limited)	\$ 15,000				\$ 15,000
33345	Ongoing rent subsidy					
33399	Other basic needs	\$ 1,000				\$ 1,000

41305	Physiological outpatient treatment					
41306	Prescription meds	\$ 3,000				\$ 3,000
41307	In-home nursing					
41308	Health supplies					
41399	Other physiological treatment					
42309	Partial hospitalization					
42310	Transitional living program	\$ 800,000				\$ 800,000
42363	Day treatment	\$ 25,000				\$ 25,000
42396	Community support programs	\$ 279,131				\$ 279,131
42399	Other psychotherapeutic treatment					\$ -
43399	Other non-crisis evaluation					\$ -
44304	Emergency care					\$ -
44399	Other crisis services					\$ -
45399	Other family & peer support					\$ -
46306	Psychiatric medications in jail					\$ -
50361	Vocational skills training					\$ -
50365	Supported education					\$ -
50399	Other vocational & day services					\$ -
63XXX	RCF 1-5 beds (63314, 63315 & 63316)					\$ -
63XXX	ICF 1-5 beds (63317 & 63318)					\$ -
63329	SCL 1-5 beds					\$ -
63399	Other 1-5 beds					\$ -
	<b>Community Living Supports</b>	<b>\$ 1,978,631</b>	<b>\$ 17,500</b>	<b>\$ 7,000</b>		<b>\$ 2,003,131</b>
	<b>Other Congregate Services</b>					
50360	Work services (work activity/sheltered work)					\$ -
64XXX	RCF 6 and over beds (64314, 64315 & 64316)	\$ 250,000				\$ 250,000
64XXX	ICF 6 and over beds (64317 & 64318)					\$ -
64329	SCL 6 and over beds					\$ -
64399	Other 6 and over beds					\$ -
	<b>Other Congregate Services Total</b>	<b>\$ 250,000</b>	<b>\$ -</b>	<b>\$ -</b>		<b>\$ 250,000</b>
	<b>Administration</b>					
11XXX	Direct Administration				353,281	\$ 353,281
12XXX	Purchased Administration				124,500	\$ 124,500
	<b>Administration Total</b>				<b>\$ 477,781</b>	<b>\$ 477,781</b>
	<b>Regional Totals</b>	<b>\$ 7,995,496</b>	<b>\$ 134,500</b>	<b>\$ 42,500</b>	<b>\$ 477,781</b>	<b>\$ 8,650,277</b>
(45XX-XXX)	County Provided Case Management					\$ -
(46XX-XXX)	County Provided Services					\$ -
	<b>Regional Grand Total</b>					<b>\$ 8,650,277</b>

13951	\$ 0
14951	\$ 0

\*\*Core services for children with a serious emotional disturbance (SED)

## Table B. Revenues

FY 2024 Budget	RHCS MHDS Region		
<b>Revenues</b>			
	<b>Projected Fund Balance as of 6/30/23</b>		<b>\$ 2,275,723</b>
	<b>Local/Regional Funds</b>		<b>\$ 300,000</b>
1010	Delinquent Property Tax		
25XX	Other Governmental Revenues		
4XXX-5XXX	Charges for Services		
5310	Client Fees		
60XX	Interest		
6XXX	Use of Money & Property		
8XXX	Miscellaneous	\$ 300,000.00	
9040	Other Budgetary Funds (Polk Transfer Only)		
	State Funds		<b>\$ 8,723,880.00</b>
24XX	State/Federal pass thru Revenue		
2644	State Regional Service Payments	8,723,880	
2643	State Incentive Funds		
	Other		
	Federal Funds		\$ -
2345	Medicaid		
	Other		
	<b>Total Revenues</b>		<b>\$ 9,023,880</b>

<b>Total Funds Available for FY2024</b>	\$ 11,299,603
<b>FY24 Actual Regional Expenditures</b>	\$ 8,650,277
<b>Accrual Fund Balance as of 6/30/2024</b>	\$ 2,649,326

## G. Financial Forecasting Measures

The following is a description of the financial forecasting measures used by Rolling Hills Region in the identification of service need and funding necessary for services.

The Rolling Hills Community Services Region has been operating under one regional budget and utilizes the Buena Vista County Auditor's Office as the fiscal agent.

Historical service utilization is the starting point for all financial projections. In order to bring Rolling Hills closer to compliance with the Iowa Code 331.397 core service requirements, an additional \$725,000 was included in the FY'24 budget for continued core service development/expansion.

Additional services to be developed during FY'23 were to include an Access Center, Sub-Acute Services, Assertive Community Treatment and Intensive Residential Services. We were able to achieve these goals whereby completing the renovation on the Siouxland Mental Health Crisis Center that allowed us to open our Access Center which offers Subacute Services, 23 Hour Observation and Crisis Stabilization Residential Services under one umbrella. Crisis Stabilization Community Based Services are also managed through the Access Center. We also participated in many

joint meetings with Trivium and the MCO's to successfully open an Intensive Residential Home. The Rolling Hills Region is looking to expanding service availability and access on a wider scale in the future.

The Chief Executive Officer has projected a financial forecast for the Rolling Hills Region through Fiscal Year 2024 based on an annual overall 3% increase. Rolling Hills is projected to end FY'23 with a 24% fund balance and is projected to end FY'24 with a 26% fund balance. We anticipate that we will have a reduction in our third and fourth quarter state payments in Fiscal Year 2024 as a result of our Fund Balance percentages.

## **H. Provider Reimbursement Provisions**

The following is a description of the types of funding used by Rolling Hills:

### **Fee for service:**

The RHCS Region will contract with MH/DS providers whose base of operation is within the region. RHCS Region may also honor contracts that other regions have with their local providers or may choose to contract with providers outside of the region. A contract may not be required with providers that provide one-time or as needed services. A fee for service approach will be utilized in most provider contracts outlining the services to be provided and the rate of reimbursement. All payments will be based on a pre-authorized request for service authorization with the exception of court ordered payments, such as civil commitment costs and crisis services. RHCS Region provides funding by incorporating all available funding and insurance resources into its system of care. RHCS will ensure that individuals apply for all funding sources prior to accessing regional funding, including Medicaid, Medicare and other funding mechanisms which ensure that individuals and their families are able to optimally live, work, and recreate in integrated communities of their choice.

### **Block grant payments:**

The region may also utilize block grant payments when a service does not fit the traditional methods of payment based on a pre-approved individual service request. Block grants will only be authorized for services that are not reimbursable by third party insurances, Medicaid and Medicare. Requests for grant funding opportunities may also be offered by RHCS Region based on an assessed community need in order to engage providers in Evidence Based Practices.

### **Use of nontraditional providers:**

When a non-traditional provider arrangement is more appropriate than a fee for service approach with a contracted provider, the Coordinators of Disability Services will work with the region's CEO to request such arrangements. A non-traditional provider may be an individual, organization and/or business who delivers services in the consumer's home and/or other community setting. Non-traditional providers typically are individuals, organizations, or businesses which do not provide MH/ID/DD services as a part of their normal business. These services are not to provide treatment but are supportive and may be rehabilitative in focus, and are initiated when there is a reasonable likelihood that such services will benefit the consumer's functioning, assist them in maintaining community tenure, and act as an alternative way to achieve the consumer's stated goals or outcomes. A request for funding can be made by any consumer, or the consumer's authorized representative, to utilize non-traditional providers for services as approved in the RHCS Regional Management Plan. Non-traditional providers may be subject to certain licensing, certification, accreditation or other state approval standards.

**Incorporation of all funding sources for individuals including Medicaid:**

The Region is responsible for ensuring that MHDS services are available to all residents of the region regardless of funding source. RHCS will ensure that individuals apply for all funding sources prior to accessing regional funding, including private insurance, Medicaid, Medicare, and other funding mechanisms which ensure that individuals and their families are able to optimally live, work, and recreate in integrated communities of their choice.