

A map of the Southwest Iowa region, showing the outlines of the counties. The map is colored in shades of green, with the Southwest Iowa region highlighted in a darker green. The text "Southwest Iowa Region" is written in black, and "MHDS" is written in large, bold, green letters. Below that, "Mental Health & Disability Services" is written in black.

Southwest Iowa Region
MHDS
Mental Health & Disability Services

SOUTHWEST IOWA MHDS REGION
MENTAL HEALTH AND DISABILITY SERVICES MANAGEMENT PLAN
FY24 ANNUAL SERVICE & BUDGET PLAN
JULY 1, 2023 – JUNE 30, 2024

SUBMITTED
03/29/2023

GEOGRAPHIC AREA:

Cass, Fremont, Harrison, Mills, Monona, Montgomery, Page, Pottawattamie, Shelby

REVIEWED BY ADVISORY COMMITTEES: 03/24/2023

APPROVED BY GOVERNING BOARD: 03/27/2023

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Introduction

Southwest Iowa MHDS Region (SWIA MHDS) was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 331.390. The annual service and budget plan is a component of the Management Plan which includes three parts: Annual Service and Budget Plan, Annual Report and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY2024 Annual Service and Budget Plan covers the period of July 1, 2023, to June 30, 2024. The Annual Service and Budget Plan includes local access points, service coordination/case management providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

The Annual Service and Budget Plan was reviewed by the Advisory Committees and approved by the SWIA MHDS Governing Board. The Southwest Iowa MHDS Region management plan is available in each local SWIA MHDS office, and on the region's website at www.swiamhds.com. A list of Governing Board and Advisory Committee members can be found in Appendix A of this document.

A. Local Access Points

An access point is a part of the SWIA MHDS service system trained to complete MHDS regional applications for persons with a disability. In addition to assistance with completing the application in one of the SWIA MHDS offices or by one of the Region's Service Coordinators, applications can be obtained at the following locations designated as access points.

SWIA MHDS has designated the following access points for **adult mental health and disability services**.

Access Point	Address	Phone number
Burgess Mental Health	1600 Diamond Street Onawa, IA 51040	712-423-9160
CHI Health Missouri Valley Psychiatric Associates	704 North 8th Street Missouri Valley, IA 51555	712-642-2045
CHI Health Mercy Hospital	800 Mercy Drive Council Bluffs, IA 51503	712-328-5000
CHI Health Psychiatric Associates	801 Harmony Street, Suite 302 Council Bluffs, IA 51503	712-328-2609
Heartland Family Service	515 East Broadway Council Bluffs, IA 51503	712-322-1407
Methodist Jennie Edmundson Hospital	933 East Pierce Street Council Bluffs, IA 51501	712-396-6000
Myrtue Medical Center-Behavioral Services	1303 Garfield Ave Harlan, IA 51537	712-755-5056
Waubonsie Mental Health Center	216 W. Division Clarinda, IA 51632	712-542-2388
Zion Integrated Behavioral Health Services	2307 Olive Street Atlantic, IA 50022	712-243-2606

SWIA MHDS has designated the following access points for **children’s behavioral health services**.

Access Point	Address	Phone number
Burgess Mental Health	1600 Diamond Street Onawa, IA 51040	712-423-9160
CHI Health Missouri Valley Psychiatric Associates	704 North 8th Street Missouri Valley, IA 51555	712-642-2045
CHI Health Mercy Hospital	800 Mercy Drive Council Bluffs, IA 51503	712-328-5000
CHI Health Psychiatric Associates	801 Harmony Street, Suite 302 Council Bluffs, IA 51503	712-328-2609
Heartland Family Service	515 East Broadway Council Bluffs, IA 51503	712-322-1407
Methodist Jennie Edmundson Hospital	933 East Pierce Street Council Bluffs, IA 51501	712-396-6000
Myrtue Medical Center-Behavioral Services	1303 Garfield Ave Harlan, IA 51537	712-755-5056
Southwest Iowa Families	215 E. Washington Clarinda, IA 51632	712-542-3501
Waubonsie Mental Health Center	216 W. Division Clarinda, IA 51632	712-542-2388
Zion Integrated Behavioral Health Services	2307 Olive Street Atlantic, IA 50022	712-243-2606

B. Service Coordination and Targeted Case Management

The following agencies provide service coordination and/or targeted case management for Southwest Iowa MHDS Region.

Service Coordination Provider	Adult/Child/Both	Location	Contact Information
Children’s Square USA (IHH)	Child - (Harrison, Mills, Pottawattamie)	300 W Broadway #15, Council Bluffs, IA 51503	712-256-8888
Heartland Family Service (IHH & CCBHC))	Adult - (Harrison, Mills, Pottawattamie)	1515 Ave J, Council Bluffs, Iowa 51501	712-256-4556
Plains Area Mental Health Center (IHH)	Both (Monona)	900 N 2 nd Suite A, Cherokee, IA 51012	712-225-1490 x2304
Zion Integrated Behavioral Health Services (IHH)	Both (Cass, Shelby)	2307 Olive Street Atlantic, IA 50022	712-243-2606
Waubonsie Mental Health Center (IHH)	Both (Fremont, Montgomery, Page)	216 W. Division Clarinda, IA 51632	712-542-2388
Amerigroup Iowa, Inc. (MCO)	Both		Email: MPSWeb@amerigroup.com 1-800-600-4441 https://www.myamerigroup.com/IA
Iowa Total Care (MCO)	Both		1-833-404-1061 https://www.iowatotalcare.com
Molina Health Care (MCO)	Both	500 SW 7 th St., Suite 304 Des Moines, IA 50309	https://www.molinahealthcare.com 1-844-236-1464
Southwest Iowa MHDS Region (Service Coordination)	Both	227 S. 6 th St., Council Bluffs, IA 51501	Phone: 712-328-5645 www.swiamhds.com

C. Crisis Planning

The following accredited crisis services are available to residents of the region for crisis prevention, response, and resolution

24 Hour Crisis Response

Provider	Location	Contact Information
Burgess Mental Health	1600 Diamond Street, Onawa, IA 51040	712-423-9160
CHI Health Missouri Valley Psychiatric Associates	704 North 8th Street, Missouri Valley, IA 51555	712-642-2045
CHI Health Psychiatric Associates	801 Harmony Street, Suite 302, Council Bluffs, IA 51503	712-328-2609
Zion Integrated Behavioral Health Services	2307 Olive Street, Atlantic, IA 50022	712-243-2606
Myrtue Medical Center-Behavioral Services	1303 Garfield Ave., Harlan, IA 51537	712-755-5056
Waubonsie Mental Health Center	216 W. Division, Clarinda, IA 51632	712-542-2388
Heartland Family Service	515 E. Broadway, Council Bluffs, IA 51503	712-322-1407

24 Hour Crisis Hotline

Provider	Location	Contact Information
988 Suicide & Crisis Lifeline		Call or text: 988 Chat: 988lifeline.org
Your life Iowa		Call: 855-581-8111 or text 855-895-8398 https://yourlifeiowa.org

Crisis Evaluation

Provider	Adult/Child/Both	Location	Contact Information
Heartland Family Service Mobile Crisis/CSRS/CSCBS	Both	1515 Ave. J, Council Bluffs, IA 51501 600 9 th Ave., Council Bluffs, IA 51501	712-435-5350
Zion Integrated Behavioral Health Services CSRS	Adult	216 E. Division, Clarinda, IA 51632	712-850-1389

Mobile Response

Provider	Location	Contact Information
Heartland Family Service	1515 Ave. J, Council Bluffs, IA 51501	Law enforcement/Court/ Emergency Dept activated for assessment

Crisis Stabilization Community-based Services

Provider	Adult/Child	Location	Contact Information
Heartland Family Service	Adult	1515 Ave. J, Council Bluffs, IA 51501	712-435-5350
Children's Square USA	Child	North 6 th St & Ave. E, Council Bluffs, IA 51051	712-322-3700

Crisis Stabilization Residential Services

Provider	Adult/Child	Location	Contact Information
Zion Behavioral Health	Adult	216 E. Division, Clarinda, IA 51632	712-850-1389
Heartland Family Service Bridges Crisis Care	Adult	600 9 th Ave., Council Bluffs, IA 51501	712-325-5650
Children's Square USA*	Child	North 6 th St & Ave. E., Council Bluffs, IA 51501	712-322-3700

23-Hour Observation

Provider	Location	Contact Information
Infinity Health	219 W. Washington, Osceola, IA 50213	641-342-1742
Zion Integrated Behavioral Health - Safe Harbor	706 Cedar Ave., Woodward, IA 50276	515-642-4125
Siouxland Mental Health Crisis Center	4038 Division St., Sioux City, IA 51104	712-560-7996
Broadlawns Medical Center	1801 Hickman Rd., Des Moines, IA 50314	515-282-5742

- If a resident of the SWIA MHDS Region utilizes crisis services located in another region, the SWIA MHDS Region will honor the other region’s contract with the crisis service provider and pay according to our region MOU. The above providers address the access requirements for the SWIA MHDS Region.

D. Intensive Mental Health Services

The SWIA MHDS Region will be designating its Crisis Access Network (Southwest Iowa CAN) according to **Access Center** requirement in IAC 441-25.6(1). The region has a coordinated system for accessing and follow up treatment needs for mental health services. Service providers, along with region service coordinators, work in a coordinated manner to meet the needs of individuals in crisis. Individuals receiving a screening through various access points can be directed to the correct level of care or assessment. Individuals assessed through Mobile Response or those receiving Crisis Stabilization Services are referred to SWIA MHDS for Crisis Service Coordination to assure care coordination, navigation, and linkages to needed supports/services. Individuals presenting at local critical access hospitals throughout the region are often assessed by mobile response. The providers regularly involved in this system of care include:

Provider	Location	Contact Information
Children’s Square, Crisis Stabilization Services	North 6 th St & Ave. E., Council Bluffs, IA 51501	712-322-3700
Heartland Family Service, Mental Health Crisis Response Team	1515 Ave. J, Council Bluffs, IA 51501	712-435-5350
Heartland Family Service, Bridges Crisis Care	1515 Ave. J, Council Bluffs, IA 51501	712-325-5650
Heartland Family Service, Community Based Crisis Care		531-301-1029
Zion Integrated Behavioral Health, Harbor Point	216 W. Division, Clarinda, IA 51632	712-542-2388
Southwest Iowa MHDS Region	227 S. 6 th St., Council Bluffs, IA 51501	712-328-5645

The region has designated the following **Assertive Community Treatment (ACT)** team which has been designated and meets the requirements in IAC 441—25.6(2).

Provider	Location	Contact Information
Heartland Family Service	1515 Ave. J, Council Bluffs, IA 51501	712-435-5350

The region has designated the following **Subacute** service providers which meet the criteria and are licensed by the Department of Inspections and Appeals. The SWIA MHDS Region will honor the region contracts where these providers are located and pay according to our region MOU. The following providers meet the access criteria for SWIA MHDS.

Provider	Location	Contact Information
Siouxland Mental Health Crisis Center	4038 Division St., Sioux City, IA 51104	712-560-7996
Infinity Health	219 W. Washington, Osceola, IA 50213	641-342-1742
Mary Greeley Medical Center	111 Duff Ave., Ames, IA 50010	515-239-2011

The region has designated its **Intensive Residential Service** provider which meets the requirements in IAC 441—25.6(8).

Provider	Location	Contact Information
Trivium Life Services	1542 Aubin Street, Sioux City, Iowa 51106	Council Bluffs office – 712-256-7888

E. Scope of Services & Budget and Financing Provisions

The table below identifies the scope of services offered by SWIA MHDS. All core services are available. If there is not funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements according to the region’s policy and procedure manual, funding will be made available. Core services for children’s behavioral health are identified by (**) after the service

name. Eligibility guidelines for children’s behavioral health services are in the region’s policy and procedure manual. The manual can be found online at www.swiamhds.com.

The region will utilize braided funding that includes county, regional, state, and other funding sources as necessary and available to meet the service needs within the region. Federal funding, third-party payors, and other nongovernmental funding is to be used prior to expending state regional service payment dollars.

Table A. Expenditures

FY 2024 Budget	SWIA MHDS Region	MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total
Core Domains							
COA	Treatment						
42305	Mental health outpatient therapy **	\$ 150,000	\$ 500	\$ -	\$ -		\$ 150,500
42306	Medication prescribing & management **	\$ -	\$ -	\$ -	\$ -		\$ -
43301	Assessment, evaluation, and early identification **	\$ -	\$ -	\$ -	\$ -		\$ -
71319	Mental health inpatient therapy-MHI	\$ 250,000	\$ -	\$ -	\$ -		\$ 250,000
73319	Mental health inpatient therapy **	\$ 50,000	\$ -	\$ -	\$ -		\$ 50,000
	Crisis Services						
32322	Personal emergency response system	\$ -	\$ -	\$ -	\$ -		\$ -
44301	Crisis evaluation	\$ 5,000	\$ -	\$ -	\$ -		\$ 5,000
44302	23 hour crisis observation & holding	\$ 5,000	\$ -	\$ -	\$ -		\$ 5,000
44305	24 hour access to crisis response	\$ 64,000	\$ -	\$ -	\$ -		\$ 64,000
44307	Mobile response **	\$ 390,000	\$ -	\$ -	\$ -		\$ 390,000
44312	Crisis Stabilization community-based services **	\$ 200,000	\$ -	\$ -	\$ -		\$ 200,000
44313	Crisis Stabilization residential services **	\$ 640,000	\$ -	\$ -	\$ -		\$ 640,000
44379	System building & sustainability - Crisis	\$ 964,402	\$ -	\$ -	\$ -		\$ 964,402
44396	Access Centers: start-up / sustainability	\$ -	\$ -	\$ -	\$ -		\$ -
	Support for Community Living						
32320	Home health aide	\$ 15,000	\$ -	\$ -	\$ -		\$ 15,000
32325	Respite	\$ 26,000	\$ 1,000	\$ 100	\$ -		\$ 27,100
32328	Home & vehicle modifications	\$ -	\$ -	\$ -	\$ -		\$ -
32329	Supported community living	\$ 90,000	\$ 20,000	\$ 10,000	\$ -		\$ 120,000
42329	Intensive residential services	\$ 125,000	\$ -	\$ -	\$ -		\$ 125,000
	Support for Employment						
50362	Prevocational services	\$ 10,000	\$ 100,000	\$ 1,000	\$ -		\$ 111,000
50364	Job development	\$ -	\$ -	\$ -	\$ -		\$ -
50367	Day habilitation	\$ 15,000	\$ 15,000	\$ 5,000	\$ -		\$ 35,000
50368	Supported employment	\$ 45,000	\$ 120,000	\$ 5,000	\$ -		\$ 170,000
50369	Group Supported employment-enclave	\$ 1,000	\$ 2,000	\$ -	\$ -		\$ 3,000
50379	System building & sustainability - IPS & Vocational	\$ 100,000	\$ -	\$ -	\$ -		\$ 100,000
	Recovery Services						
45323	Family support	\$ -	\$ -	\$ -	\$ -		\$ -
45366	Peer support	\$ -	\$ -	\$ -	\$ -		\$ -
	Service Coordination						
21375	Case management	\$ -	\$ -	\$ -	\$ -		\$ -
24376	Health homes	\$ -	\$ -	\$ -	\$ -		\$ -

	Sub-Acute Services						
63309	Subacute services-1-5 beds	\$ 5,000	\$ -	\$ -	\$ -		\$ 5,000
64309	Subacute services-6 and over beds	\$ 15,000	\$ -	\$ -	\$ -		\$ 15,000
	Core Evidenced Based Treatment						
04422	Education & Training Services - provider competency	\$ 50,000	\$ 10,000	\$ -	\$ -		\$ 60,000
32379	System building & sustainability - Supported housing	\$ -	\$ -	\$ -	\$ -		\$ -
32396	Supported housing	\$ -	\$ -	\$ -	\$ -		\$ -
42398	Assertive community treatment (ACT)	\$ 500,000	\$ -	\$ -	\$ -		\$ 500,000
45373	Family psychoeducation	\$ 29,000	\$ -	\$ -	\$ -		\$ 29,000
45379	System building & sustainability - FPE & Recovery Svcs	\$ -	\$ -	\$ -	\$ -		\$ -
	Core Domains Total	\$ 3,744,402	\$ 268,500	\$ 21,100	\$ -		\$ 4,034,002
	Mandated Services						
46319	Oakdale	\$ 10,000	\$ 5,000	\$ -	\$ -		\$ 15,000
72319	State resource centers	\$ -	\$ -	\$ -	\$ -		\$ -
74XXX	Commitment related (except 301)	\$ 45,000	\$ -	\$ -	\$ -		\$ 45,000
75XXX	Mental health advocate	\$ 154,735	\$ -	\$ -	\$ -		\$ 154,735
	Mandated Services Total	\$ 209,735	\$ 5,000	\$ -	\$ -		\$ 214,735
	Additional Core Domains						
	Justice system-involved services						
25xxx	Coordination services	\$ 331,843	\$ -	\$ -	\$ -		\$ 331,843
25378	Contracted coordination services	\$ -	\$ -	\$ -	\$ -		\$ -
44346	24 hour crisis line*	\$ -	\$ -	\$ -	\$ -		\$ -
44366	Warm line*	\$ -	\$ -	\$ -	\$ -		\$ -
46305	Mental health services in jails	\$ 40,000	\$ -	\$ -	\$ -		\$ 40,000
46399	Justice system-involved services-other	\$ -	\$ -	\$ -	\$ -		\$ -
46422	Crisis prevention training	\$ 73,000	\$ -	\$ -	\$ -		\$ 73,000
46425	Mental health court related costs	\$ 70,000	\$ -	\$ -	\$ -		\$ 70,000
74301	Civil commitment prescreening evaluation	\$ 25,000	\$ -	\$ -	\$ -		\$ 25,000
	Additional Core Evidenced based treatment						
42366	Peer Wellness / Wellness and Recovery Centers	\$ 120,000	\$ -	\$ -	\$ -		\$ 120,000
42379	System building & sustainability - Non crisis	\$ -	\$ -	\$ -	\$ -		\$ -
42397	Psychiatric rehabilitation (IPR)	\$ 5,000	\$ -	\$ -	\$ -		\$ 5,000
	Additional Core Domains Total	\$ 664,843	\$ -	\$ -	\$ -		\$ 664,843
	Other Informational Services						
03371	Information & referral	\$ -	\$ -	\$ -	\$ -		\$ -
04372	Planning, consultation &/or early intervention (client	\$ 50,000	\$ -	\$ -	\$ -		\$ 50,000
04377	Provider Incentive Payment	\$ -					\$ -
04399	Consultation Other	\$ -	\$ -	\$ -	\$ -		\$ -
04429	Planning and Management Consultants (non-client related)	\$ 10,000	\$ -	\$ -	\$ -		\$ 10,000
05373	Public education, prevention and education **	\$ 150,000	\$ -	\$ -	\$ -		\$ 150,000
	Other Informational Services Total	\$ 210,000	\$ -	\$ -	\$ -		\$ 210,000
	Community Living Supports						
06399	Academic services	\$ -	\$ -	\$ -	\$ -		\$ -
22XXX	Services management	\$ 963,564	\$ -	\$ -	\$ -		\$ 963,564
22378	Contracted services management	\$ -	\$ -	\$ -	\$ -		\$ -
23376	Crisis care coordination	\$ 100,000	\$ -	\$ -	\$ -		\$ 100,000
23378	Contracted crisis care coordination	\$ -	\$ -	\$ -	\$ -		\$ -
23399	Crisis care coordination other	\$ -	\$ -	\$ -	\$ -		\$ -
24399	Health home other	\$ -	\$ -	\$ -	\$ -		\$ -
31XXX	Transportation	\$ 37,000	\$ 4,000	\$ 200	\$ -		\$ 41,200
32321	Chore services	\$ 30,000	\$ -	\$ -	\$ -		\$ 30,000
32326	Guardian/conservator	\$ -	\$ 20,000	\$ -	\$ -		\$ 20,000
32327	Representative payee	\$ -	\$ 1,000	\$ -	\$ -		\$ 1,000
32335	CDAC	\$ -	\$ -	\$ -	\$ -		\$ -
32399	Other support	\$ -	\$ -	\$ -	\$ -		\$ -
33330	Mobile meals	\$ -	\$ -	\$ -	\$ -		\$ -
33340	Rent payments (time limited)	\$ 35,000	\$ 2,000	\$ -	\$ -		\$ 37,000

33345	Ongoing rent subsidy	\$ -	\$ -	\$ -	\$ -		\$ -
33399	Other basic needs	\$ 1,000	\$ -	\$ -	\$ -		\$ 1,000
41305	Physiological outpatient treatment	\$ 1,000	\$ -	\$ -	\$ -		\$ 1,000
41306	Prescription meds	\$ 5,000	\$ 200	\$ -	\$ -		\$ 5,200
41307	In-home nursing	\$ -	\$ -	\$ -	\$ -		\$ -
41308	Health supplies	\$ -	\$ -	\$ -	\$ -		\$ -
41399	Other physiological treatment	\$ -	\$ -	\$ -	\$ -		\$ -
42309	Partial hospitalization	\$ -	\$ -	\$ -	\$ -		\$ -
42310	Transitional living program	\$ 800,000	\$ -	\$ -	\$ -		\$ 800,000
42363	Day treatment	\$ -	\$ -	\$ -	\$ -		\$ -
42396	Community support programs	\$ 2,000	\$ -	\$ -	\$ -		\$ 2,000
42399	Other psychotherapeutic treatment	\$ -	\$ -	\$ -	\$ -		\$ -
43399	Other non-crisis evaluation	\$ -	\$ -	\$ -	\$ -		\$ -
44304	Emergency care	\$ -	\$ -	\$ -	\$ -		\$ -
44399	Other crisis services	\$ -	\$ -	\$ -	\$ -		\$ -
45399	Other family & peer support	\$ -	\$ -	\$ -	\$ -		\$ -
46306	Psychiatric medications in jail	\$ 32,000	\$ -	\$ -	\$ -		\$ 32,000
50361	Vocational skills training	\$ -	\$ -	\$ -	\$ -		\$ -
50365	Supported education	\$ -	\$ -	\$ -	\$ -		\$ -
50399	Other vocational & day services	\$ -	\$ -	\$ -	\$ -		\$ -
63XXX	RCF 1-5 beds (63314, 63315 & 63316)	\$ 10,000	\$ -	\$ -	\$ -		\$ 10,000
63XXX	ICF 1-5 beds (63317 & 63318)	\$ -	\$ -	\$ -	\$ -		\$ -
63329	SCL 1-5 beds	\$ 300,000	\$ 30,000	\$ -	\$ -		\$ 330,000
63399	Other 1-5 beds	\$ -	\$ -	\$ -	\$ -		\$ -
	Community Living Supports	\$ 2,316,564	\$ 57,200	\$ 200	\$ -		\$ 2,373,964
	Other Congregate Services						
50360	Work services (work activity/sheltered work)	\$ -	\$ -	\$ -	\$ -		\$ -
64XXX	RCF 6 and over beds (64314, 64315 & 64316)	\$ 720,000	\$ 30,000	\$ 60,000	\$ -		\$ 810,000
64XXX	ICF 6 and over beds (64317 & 64318)	\$ 140,000	\$ -	\$ -	\$ -		\$ 140,000
64329	SCL 6 and over beds	\$ 15,000	\$ 10,000	\$ -	\$ -		\$ 25,000
64399	Other 6 and over beds	\$ -	\$ -	\$ -	\$ -		\$ -
	Other Congregate Services Total	\$ 875,000	\$ 40,000	\$ 60,000	\$ -		\$ 975,000
	Administration						
11XXX	Direct Administration					800,086	\$ 800,086
12XXX	Purchased Administration					125,000	\$ 125,000
	Administration Total					\$ 925,086	\$ 925,086
	Regional Totals	\$ 8,020,544	\$ 370,700	\$ 81,300	\$ -	\$ 925,086	\$ 9,397,630
	(45XX-XXX) County Provided Case Management						\$ -
	(46XX-XXX) County Provided Services						\$ -
	Regional Grand Total						\$ 9,397,630

Transfer Numbers (Expenditures should only be counted when final expenditure is made for services/administration. Transfers are eliminated from

13951	Distribution to MHDS regional fiscal agent from member county	\$ -
14951	MHDS fiscal agent reimbursement to MHDS regional member county	\$ -

*24 hour crisis line and warm line are transitioning from additional core to state wide services with state funding.

**Core services for children with a serious emotional disturbance (SED)

Table B. Revenues

FY 2024 Budget	SWIA MHDS Region		
Revenues			
	Projected Fund Balance as of 6/30/23		\$ 1,827,910
	Local/Regional Funds		\$ 23,000
1010	Delinquent Property Tax		
25XX	Other Governmental Revenues	8,000	
4XXX-5XXX	Charges for Services		
5310	Client Fees		
60XX	Interest	5,000	
6XXX	Use of Money & Property		
8XXX	Miscellaneous	10,000	
9040	Other Budgetary Funds (Polk Transfer Only)		
	State Funds		\$ 7,516,720
24XX	State/Federal pass thru Revenue		
2644	State Regional Service Payments	7,516,720	
2643	State Incentive Funds		
	Other		
	Federal Funds		\$ 30,000
2345	Medicaid		
28XX	Interim Assistance Reimbursement	30,000	
	Total Revenues		\$ 7,569,720
	Total Funds Available for FY2024	\$ 9,397,630	
	FY24 Actual Regional Expenditures	\$ 9,397,630	
	Accrual Fund Balance as of 6/30/2024	\$ -	

G. Financial Forecasting Measures

The following is a description of the financial forecasting measures used by SWIA MHDS Region in the identification of service needs and funding necessary for services. Historical service utilization is the starting point for all financial projections. There continue to be changes in the system leading to some unpredictability in forecasting. New people continue to access the Iowa Health and Wellness Plan and a waiting list continues for HCBS ID Waiver. Although it has been several years since the Iowa Medicaid system became managed by Managed Care Organizations (MCOs), the turnover of MCOs in the state leads to some unpredictability along with legislative changes and requirements of the MHDS Region system. The region forecasts any new services it creates based on cost estimates of similar programs in the state and familiarity with start-up costs of other services implemented by the region.

Throughout the year, SWIA MHDS regional staff and stakeholders identify unmet needs and areas for service development which are incorporated into subsequent service and budget plans. SWIA MHDS gathers information through its Advisory Committees at least twice a year to assess community priorities and begin planning for development of additional service needs and costs for both children and adults. The region will plan for use of available

financial resources in an effective and responsible manner. There are no reductions of services planned for FY24.

While the SWIA MHDS Region does not have any current fund balance concerns for FY24, the recent changes to state funding have caused some retooling of internal financial projection models to sustain the services available while allowing for continued growth of the system. The region will be required to have no more than a 5% fund balance effective at the end of FY24, therefore, planning for all expenditures and revenue is critical to maintaining enough fund balance to operate. Any balances beyond the 5% will be withheld from the following fiscal year putting at risk the sustainability of normal service costs.

H. Provider Reimbursement Provisions

The following is a description of the types of funding used by SWIA MHDS Region.

- **Fee for service:** SWIA MHDS will contract with MHDS providers whose base of operation is within the region. The region may also honor contracts that other regions have with their local providers or may choose to contract with providers outside of the region. A contract may not be required with providers that provide one-time or as needed services. A fee for service approach will be utilized in most provider contracts outlining the services to be provided and the rate of reimbursement. All payments will be based on a pre-authorized request for service authorization except for court ordered payments, such as civil commitment costs and crisis services.
- **Block grant payments:** The region may utilize block grant payments when a service does not fit the traditional methods of payment based on a pre-approved individual service request. Examples are the 24-hour crisis coverage payments to the region's contracted mental health centers. There also may be an occasion when start-up costs for developing services are necessary. Such services would not be tied to individuals. Grant funding opportunities may also be offered by SWIA MHDS based on an assessed community need to engage providers in Evidence Based Practices, workforce development, and service enhancement or development.
- **Use of nontraditional providers:** When a non-traditional provider arrangement is more appropriate than a fee for service approach with a contracted provider, the Service Coordinator will work with the region's CEO to request such arrangements. A non-traditional provider may be an individual, organization and/or business who delivers services in the individual's home and/or other community setting. Non-traditional providers typically are individuals, organizations, or businesses which do not provide MHDS services as a part of their normal business. These services are not intended to provide treatment but are supportive and may be rehabilitative in nature. Such services are initiated when there is a reasonable likelihood that they will benefit the individual's functioning, assist them in maintaining community tenure, and act as an alternative way to achieve the individual's stated goals or outcomes. A request for funding can be made by any individual, or the individual's authorized representative, to utilize non-traditional providers for services as approved in the Regional Management Plan. Non-traditional providers may be subject to certain licensing, certification, accreditation, or other state approval standards.
- **Incorporation of all funding sources for individuals including Medicaid:** The Region is responsible for ensuring that MHDS services are available to all residents of the region regardless of funding source. SWIA MHDS will ensure that individuals apply for all funding sources prior to accessing regional funding, including private

insurance, Medicaid, Medicare, and other funding mechanisms which ensure that individuals and their families are able to optimally live, work, and recreate in integrated communities of their choice.

- Financial resource policy: SWIA MHDS follows the resource requirements of \$2000/\$3000 as outlined in administrative rule for FY 23 (331.393 subsection 2.h.). Under extenuating circumstances SWIA MHDS may offer an Exception to Policy for a short duration and for immediate needs while an individual is establishing an ABLE account, etc. Examples of this may include an individual needing immediate placement due to health/safety issues, or an individual who receives a Social Security back payment and is over resources until that money is spent down or put into a burial account. These exceptions are monitored closely, and the Region works with the individual's team to monitor progress toward spending down any amounts over the resource requirement.

Appendix A – updated August 2023

Adult Advisory Committee Members

<i>NAME</i>	<i>AGENCY</i>	<i>representation</i>
Barb Belstene		Individual
Scott Halverson	CHI Health	Provider MI
Daryn Richardson	VODEC	Provider MI/DD
Sherrie McDonald	Connections AAA	Provider MI
Mary O’Neill	Heartland Family Service	Provider MI/ IHH/substance
Kate Smith	Myrtue Community MHC	Provider MI
Berneeta Wagoner	Southwest IA families	Individual

Children’s Advisory Committee Members

<i>NAME</i>	<i>AGENCY</i>	<i>representation</i>
Kathy Hanafan	Greenhills AEA	Education system
Scott Halverson	CHI Health	Behavioral health provider
Tarah Devlin-Lawler	West Ctrl Comm Action	Early Child Adv / Ch welfare
Melissa Nation	DHS	Child Welfare
Ryan McCormick	4 th Judicial District	Juvenile Court
Allison Leach		Parent
Ashley Harlow	Children’s Hospital Pediatrics	Pediatrician
Anthony Kava	Iowa Internet Crimes Against Children (ICAC) Task Force & Pott Co Sheriff Department	Law Enforcement
Jonathan Holland	Children’s Square USA	Child Care Provider

Governing Board Members

<i>NAME</i>	<i>Agency or County residence</i>	<i>representation</i>
Bernard Pettinger	Cass County	County Board of Supervisor
Tony Smith	Harrison County	County Board of Supervisor
Richard Crouch	Mills County	County Board of Supervisor
Mark Peterson	Montgomery County	County Board of Supervisor
Tim Wichman	Pottawattamie County	County Board of Supervisor
Steve Kenkel	Shelby County	County Board of Supervisor
Kathy Hanafan	Greenhills Area Education Agency	Education
Mary O’Neill	Heartland Family Service	Adult Provider
Scott Halverson	Alegent Psychiatric Associates	Children’s Provider
Berneeta Wagoner	Page	Adult Family Member
Allison Leach	Page	Parent of Child Member
Tim Bothwell	Fremont County Sheriff’s office	Law Enforcement
Curtis Hamstra	Juvenile Court 4 th Judicial District	Judicial