

CENTRAL IOWA COMMUNITY SERVICES  
MENTAL HEALTH AND DISABILITY SERVICES  
FY 2024  
ANNUAL SERVICE AND BUDGET PLAN



CICS

Supporting Individuals. Strengthening Communities.

**SUBMITTED 3/27/23**

**GEOGRAPHIC AREA:** Boone, Cerro Gordo, Franklin, Greene, Hamilton, Hancock, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Warren, Webster, Wright Counties

**REVIEWED BY ADVISORY COMMITTEES:** 3/14/23 & 3/15/23

**APPROVED BY GOVERNING BOARD:** 3/23/23

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## **Introduction**

CICS was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 331.390. The Annual Service and Budget Plan is a component of the Management Plan, which includes three parts: Annual Service and Budget Plan, Annual Report, and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY2024 Annual Service and Budget Plan covers the period of July 1, 2023 to June 30, 2024. The Annual Service and Budget Plan includes local access points, targeted case management and service coordination providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

All funding for CICS is provided through the general fund of the state of Iowa. CICS is taking steps to meet the legislated ending fund balance of 20% at the end of FY2023.

At the time of this report, current CICS Governing Board Directors are:

Erich Kretzinger - Boone County

Chris Watts - Cerro Gordo County

Richard Lukensmeyer - Franklin County

Dawn Rudolph - Greene County

Jerry Kloberdanz - Hamilton County

Gary Rayhons – Hancock County

BJ Hoffman - Hardin County

Brandon Talsma - Jasper County

Phil Clifton - Madison County

Jarret Heil - Marshall County

Diana Dawley - Poweshiek County

Lisa Heddens - Story County

Mark Snell - Warren County

Mark Campbell - Webster County

Karl Helgevold – Wright County

JD Deambra - Individual who Utilizes Mental Health and Disability Services or is an Actively Involved Relative of such an Individual

Julie Smith - Ex-officio, non-voting Provider Representative

Allie Wulfekuhle - Parent/Actively Involved Relative of a Child who Utilizes Children’s Behavioral Health Services

Kendra Alexander - The Education System

Andrea Dickerson - Ex-officio, non-voting Children’s Behavioral Health Service Provider

The CICS Adult Advisory Committee members are:

Individual who Utilizes Mental Health and Disability Services or is an Actively Involved Relative of such an Individual:

JD Deambra  
Kathy Hanzek  
Ellen Rasmussen  
Deb Williams

Provider Representative:

Jennifer Ellis  
Rachel Fletcher  
Breon Gardner  
Kelly Kratz  
Heidi Metz  
Brittany Palmer  
Beth Colby Plautz  
Sharon Swope  
Julie Smith

Governing Board Ex-Officio Non-Voting Members:

Diana Dawley  
BJ Hoffman

The CICS Children's Behavioral Health Advisory Committee Members are:

Allie Wulfekuhle - Parent/Actively Involved Relative of a Child who Utilizes Children's Behavioral Health Services  
Joy Meinders - Parent/Actively Involved Relative of a Child who Utilizes Children's Behavioral Health Services  
Andrea Dickerson - Children's Behavioral Health Service Provider  
Melinda Struthoff – Children's Behavioral Health Service Provider  
Kelly Moore - Early Childhood Advocate  
Lori Price - Early Childhood Advocate  
Rita Baker - Early Childhood Advocate  
Clarissa Thompson - Child Welfare Advocate  
Keith Halleland - Child Welfare Advocate  
Karie Foster - The Education System  
Kendra Alexander - The Education System  
Chief Rob Burdess - Local Law Enforcement  
Emilea Lundberg - The Juvenile Court System  
Shirley Faircloth - The Juvenile Court System  
Dejah Roman - Child Care Provider  
Dr. Jack Swanson - Pediatrician  
Dawn Rudolph - Regional Governing Board  
Lisa Heddens - Regional Governing Board

## **A. Local Access Points**

An access point is a part of the CICS service system trained to complete MHDS regional applications for persons with a disability.

CICS has designated the following CICS office access points for adult mental health and disability services and children's behavioral health services.

<b>Access Point</b>	<b>Location</b>	<b>Contact Information</b>
CICS - Boone County	900 W 3rd St., Boone IA 50036	515-433-4883
CICS - Cerro Gordo County	5 S. Delaware Ave., Mason City IA 50401	319-231-4287
CICS - Franklin County	123 1st Ave SW, Hampton IA 50441	641-456-2128
CICS - Greene County	114 N. Chestnut St., Jefferson IA 50129	515-433-4883
CICS - Hamilton County	500 Fairmeadow Dr., Webster City IA 50595	515-832-9550
CICS - Hancock County	236 State St., Garner IA 50438	641-373-4735
CICS - Hardin County	1201 14th Ave., Eldora IA 50627	641-939-8167
CICS - Jasper County	315 W. 3 <sup>rd</sup> St. N, Ste. 200, Newton IA 50208	641-841-1167
CICS - Madison County	112 John Wayne Dr., Winterset IA 50273	641-640-2418
CICS - Marshall County	101 East Main St., Marshalltown IA 50158	641-754-6390
CICS - Poweshiek County	200 4 <sup>th</sup> Ave. W, Suite 202, Grinnell IA 50112	641-236-9199
CICS - Story County	126 S Kellogg Ave. Suite 001, Ames IA 50010	515-663-2928
CICS - Warren County	1007 S Jefferson Way, Indianola IA 50125	515-961-1068
CICS - Webster County	308 Central Ave., Fort Dodge IA 50501	515-573-1485
CICS - Wright County	120 1 <sup>st</sup> Ave. NW Ste. 1, Clarion, IA 50525	515-532-3309

## **B. Service Coordination and Targeted Case Management**

The following agencies provide service coordination and/or targeted case management for CICS.

<b>Service Coordination Provider</b>	<b>Adult/Child/Both</b>	<b>Location</b>	<b>Contact Information</b>
CICS - Boone County	Both	900 W 3rd St., Boone IA 50036	515-433-4883
CICS - Cerro Gordo County	Both	5 S. Delaware Ave., Mason City IA 50401	319-231-4287
CICS - Franklin County	Both	123 1st Ave. SW, Hampton IA 50441	641-456-2128
CICS - Greene County	Both	114 N. Chestnut St., Jefferson IA 50129	515-433-4883
CICS - Hamilton County	Both	500 Fairmeadow Dr., Webster City IA 50595	515-832-9550
CICS - Hancock County	Both	236 State St., Garner IA 50438	641-373-4735
CICS - Hardin County	Both	1201 14th Ave., Eldora IA 50627	641-939-8167
CICS - Jasper County	Both	315 W. 3 <sup>rd</sup> St. N, Ste. 200, Newton IA 50208	641-841-1167
CICS - Madison County	Both	112 John Wayne Dr., Winterset IA 50273	641-640-2418
CICS - Marshall County	Both	101 East Main St., Marshalltown IA 50158	641-754-6390
CICS - Poweshiek County	Both	200 4 <sup>th</sup> Ave. W, Suite 202, Grinnell IA 50112	641-236-9199
CICS - Story County	Both	126 S Kellogg Ave. Suite 001, Ames IA 50010	515-663-2928
CICS - Warren County	Both	1007 S Jefferson Way, Indianola IA 50125	515-961-1068
CICS - Webster County	Both	308 Central Ave., Fort Dodge IA 50501	515-573-1485
CICS - Wright County	Both	120 1 <sup>st</sup> Ave. NW, Clarion IA 50525	515-532-3309
Amerigroup Iowa, Inc.	Both	1089 Jordan Creek Parkway, West Des Moines IA 50266 Website: <a href="https://www.uhccommunityplan.com/">https://www.uhccommunityplan.com/</a>	1-800-464-9484 TTY: 711
Capstone Behavioral Healthcare, Inc	Adult	1123 1 <sup>st</sup> Ave E, Suite 200, Newton IA 50208	641-792-4012
Center Associates Integrated Health Services	Both	9 North 4 <sup>th</sup> Ave., Marshalltown IA 50158	641-752-1585
ChildServe	Both	5406 Merle Hay Road, Johnston IA 50131	515-727-8750
ChildServe	Both	1915 Philadelphia St., Ames IA 50010	515-232-7220
Community Support Advocates	Both	6000 Aurora Ave. Suite. B, Des Moines IA 50322	515-883-1776
County Social Services Intensive Care Management	Both	1206 S. Main St. Suite. D, Charles City IA 50616	641-257-6199
Crossroads Behavioral Health Services	Both	1003 Cottonwood Rd., Creston IA 50801	641-782-8457
DHS Case Management	Both	400 SW 8 <sup>th</sup> St., Des Moines IA 50319	515-242-6877

DHS Case Management Marshall County Office	Both	1301 Summit St., Marshalltown IA 50158	641-844-1510
Ellipsis	Child	918 SE 11 <sup>th</sup> St., Des Moines, IA 50309	515-282-9377
Eyerly Ball Community Mental Health Services	Adult	105 S Marshall, Boone IA 50036	515-298-0181
Eyerly Ball Community Mental Health Services	Adult	2521 University Blvd., Suite 121, Ames IA 50010	515-598-3300
Eyerly Ball Community Mental Health Services	Adult	1301 Center St., Des Moines IA 50139	515-243-5181
Four Oaks Family and Children Services	Child	5400 Kirkwood Blvd. SW, Cedar Rapids IA 52404	319-364-0259
Iowa Total Care	Both	1370 Timberlake Manor Pkwy, Chesterfield MO 63017 Website: <a href="https://www.iowatotalcare.com/">https://www.iowatotalcare.com/</a>	1-833-404-1061
Orchard Place Child Guidance Center	Child	620 8 <sup>th</sup> St., Des Moines IA 50309	515-256-3450
Prairie Ridge Integrated Behavioral Healthcare	Adult	123 1st Ave. SW, Hampton IA 50441	641-456-2365
Prairie Ridge Integrated Behavioral Healthcare	Adult	320 N. Eisenhower Ave., Mason City, IA 50401	641-424-2391
Stepping Stone Family Services	Both	1308 8 <sup>th</sup> St. #5, West Des Moines, IA 50265	515-276-6338
UnityPoint Health - Berryhill Center	Both	720 Kenyon Road, Fort Dodge IA 50501	515-955-7171
YSS, Inc.	Both	125 South 3 <sup>rd</sup> St., Ames IA 50010	515-233-2250

## **C. Crisis Planning**

The following accredited crisis services are available to residents of the region for crisis prevention, response, and resolution.

### **24 Hour Crisis Response**

<b>Provider</b>	<b>Location</b>	<b>Contact Information</b>
Capstone Behavioral Healthcare, Inc.	1123 1 <sup>st</sup> Ave. E, Suite 200 Newton IA 50208	641-792-4012
Capstone Behavioral Healthcare, Inc.	200 4 <sup>th</sup> Ave. W, Grinnell IA 50112	641-260-8270
Center Associates	9 N 4th Ave., Marshalltown IA 50158	641-752-1585
Crossroads Mental Health	102 W. Summit, Winterset IA 50273	515-462-3105
Eyerly Ball Community Mental Health Services	2521 University Blvd, Suite 121, Ames IA 50010	515-598-3300
Eyerly Ball Community Mental Health Services	1301 Center St., Des Moines IA 50139	515-243-5181
Eyerly Ball Community Mental Health Services	105 S Marshall, Boone IA 50036	515-298-0181
Plains Area Mental Health	106 W. Washington St., Suite 2, Jefferson IA 50129	712-792-2991
Prairie Ridge Integrated Behavioral Healthcare	320 N Eisenhower Ave., Mason City IA 50401	641-424-2391
UnityPoint Health - Berryhill Center	720 Kenyon Rd., Fort Dodge IA 50501	515-955-7171

### **24 Hour Crisis Hotline**

<b>Provider</b>	<b>Location</b>	<b>Contact Information</b>
Your life Iowa – Foundation 2, Inc.	1714 Johnson Ave. NW, Cedar Rapids IA 52405	Phone: 855-581-8111 Text: 855-895-8398 Chat: <a href="http://www.YourLifelowa.org">www.YourLifelowa.org</a>
988 Suicide and Crisis Lifeline	National network of local crisis centers answer calls to 988	Phone: 988 Text: 988 Chat: <a href="http://988lifeline.org">988lifeline.org</a>

## Crisis Evaluation

Provider	Adult/Child/Both	Location	Contact Information
Capstone Behavioral Healthcare, Inc.	Both	1123 1 <sup>st</sup> Ave. E, Suite 200 Newton IA 50208	641-792-4012
Capstone Behavioral Healthcare, Inc.	Both	200 4 <sup>th</sup> Ave. W, Grinnell IA 50112	641-260-8270
Center Associates	Both	9 N 4th Ave., Marshalltown IA 50158	641-752-1585
Crossroads Mental Health	Both	102 W. Summit, Winterset IA 50273	515-462-3105
Eyerly Ball Community Mental Health Services	Both	2521 University Blvd., Suite 121, Ames IA 50010	515-598-3300
Eyerly Ball Community Mental Health Services	Both	1007 S. Jefferson Way, Indianola IA 50125	515-243-5181
Eyerly Ball Community Mental Health Services	Both	105 S Marshall, Boone IA 50036	515-298-0181
Plains Area Mental Health	Both	106 W. Washington Street, Suite 2, Jefferson IA 50129	712-792-2991
Prairie Ridge Integrated Behavioral Healthcare	Both	320 N Eisenhower Ave., Mason City IA 50401	641-424-2391
UnityPoint Health - Berryhill Center	Both	720 Kenyon Rd., Fort Dodge IA 50501	515-955-7171

## Mobile Response

Provider	Location	Contact Information
Eyerly Ball Community Mental Health Services	945 19 <sup>th</sup> St., Des Moines IA 50314	855-581-8111

## Crisis Stabilization Community-based Services

Provider	Adult/Child	Location	Contact Information
Eyerly Ball Community Mental Health Services	Both	945 19 <sup>th</sup> St., Des Moines IA 50314	855-581-8111

## Crisis Stabilization Residential Services

Provider	Adult/Child	Location	Contact Information
Infinity Health	Adult	219 W Washington St., Osceola, IA 50213	641-342-1742
Guidelink Access Center	Adult	300 Southgate Ave., Iowa City, IA 52240	319-688-8000
Mental Health Access Center of Linn County	Adult	501 13 <sup>th</sup> St. NW, Cedar Rapids, IA 52405	319-892-5612
North Iowa Regional Services	Adult	1440 W. Dunkerton Rd., Waterloo, IA 50703	319-291-2455
Plains Area Mental Health, Inc. – Turning Point	Adult	900 Early St., Sac City, IA 50583	712-662-8055
Youth Shelter Care of North Central Iowa, Inc.	Child	301 Avenue M West, Fort Dodge IA 50501	515-955-4222
YSS, Inc.	Child	703 Burnett Ave., Ames IA 50010	515-233-2330
YSS, Inc.	Child	50 North Eisenhower Ave., Mason City IA 50401	641-423-7362
Zion Integrated Behavioral Health/Safe Harbor	Adult	706 Cedar Ave., Woodward, IA 50276	515-642-4125

## 23-Hour Observation

Provider	Location	Contact Information
MercyOne North Iowa	1000 4 <sup>th</sup> St. SW, Mason City, IA 504	641-428-7000
Zion Integrated Behavioral Health/Safe Harbor	706 Cedar Ave., Woodward, IA 50276	515-642-4125

CICS has entered into a Memorandum of Understanding (MOU) with the following regions to acknowledge agreement to follow the host region contract with the crisis service provider who is located outside of the CICS region that has agreed to serve CICS residents: County Rural Office of Social Services, County Social Services, Heart of Iowa Community Services, and MHDS of East Central. In the event a MOU is not in place, CICS will follow the host region contract for crisis services.

CICS also has MOUs with Care Connections of Northern Iowa and County Social Services for access to crisis services located within CICS.

CICS plans to explore the addition of a co-responder model for mobile crisis response and also look at potential needed changes for mobile crisis response dispatch services.

43 North Iowa, Inc. is planning for development of crisis stabilization residential services, the goal is to have these services available in FY2024. Funding for sustainability of crisis stabilization residential services is budgeted for FY2024.

CICS is partnering with YSS, Inc. for development of Ember Youth Recovery Campus near Cambridge, IA where crisis stabilization residential services will be available as well as other services including, but not limited to, emergency shelter and residential addiction treatment services for youth. CICS entered into a multi-year contract with YSS, any encumbered funds not expended by the end of FY2023 will be included in CICS' FY2023 ending fund balance.

## **D. Intensive Mental Health Services**

CICS has entered into MOUs with County Rural Office of Social Services, County Social Services, Heart of Iowa Community Services, and MHDS of East Central for access center services located outside of the CICS region. CICS also has MOUs with Heart of Iowa Community Services and Rolling Hills Community Services for access to subacute services located within CICS.

ACT services are currently available in Boone and Story Counties through Eyerly Ball Community Mental Health Services, Hamilton and Webster Counties through UnityPoint – Health Berryhill Center, and Cerro Gordo, Hancock, and Franklin Counties through Prairie Ridge Integrated Behavioral Healthcare. CICS is pursuing possibilities for expansion of ACT services into other counties.

CICS is actively working with agencies to formalize an access center network and is intending to establish staff position(s) to provide coordination services for individuals who utilize services within the access center network as well as these positions will help to coordinate the access center network providers. Funding is budgeted for sustainability of subacute services and startup funds for subacute service expansion.

CICS is working with 43 North Iowa, Inc. for development of intensive residential services (IRS), intent is to have this service available in FY2023 or early FY2024.

The region has designated the following provider(s) as an **Access Center** that meet the requirements according to IAC 441—25.6(1) in a coordinated manner in one or more locations:

<b>Provider</b>	<b>Location</b>	<b>Contact Information</b>
Infinity Health	219 W Washington St., Osceola, IA 50213	641-342-1742
Guidelink Access Center	300 Southgate Ave., Iowa City, IA 52240	319-688-8000
Mental Health Access Center of Linn County	501 13 <sup>th</sup> St. NW, Cedar Rapids, IA 52405	319-892-5612
North Iowa Regional Services	1440 W. Dunkerton Rd., Waterloo, IA 50703	319-291-2455
Zion Integrated Behavioral Health/Safe Harbor	706 Cedar Ave., Woodward, IA 50276	515-642-4125

The region has designated the following **Assertive Community Treatment (ACT)** teams which have been designated and meet the requirements in IAC 441—25.6(2).

<b>Provider</b>	<b>Location</b>	<b>Contact Information</b>
Eyerly Ball Community Mental Health Services	2521 University Blvd., Suite 121, Ames IA 50010	515-598-3300
UnityPoint Health – Berryhill Center	720 Kenyon Rd., Fort Dodge IA 50501	515-955-7171
Prairie Ridge Integrated Behavioral Healthcare	320 N. Eisenhower Ave., Mason City IA 50401	641-424-2391

The region has designated the following **Subacute** service providers which meet the criteria and are licensed by the Department of Inspections and Appeals.

<b>Provider</b>	<b>Location</b>	<b>Contact Information</b>
Infinity Health	219 W Washington St., Osceola, IA 50213	641-342-1742
Guidelink Access Center	300 Southgate Ave., Iowa City, IA 52240	319-688-8000
Mental Health Access Center of Linn County	501 13 <sup>th</sup> St. NW, Cedar Rapids, IA 52405	319-892-5612



Mary Greeley Medical Center	124 S. Hazel Ave., Ames IA 50010	515-239-6747
North Iowa Regional Services	1440 W. Dunkerton Rd., Waterloo, IA 50703	319-291-2455
Zion Integrated Behavioral Health/Safe Harbor	706 Cedar Ave., Woodward, IA 50276	515-642-4125

## E. Scope of Services & Budget and Financing Provisions

The FY2024 budget was developed by the finance team based on utilization for the current year and service development and expansion plans. The budget was reviewed and approved by the CICS Administrative Team; the final step of the budget process is approval by the CICS Governing Board.

As stated in Iowa Code 331.397 (2): *Within funds available the region shall pay for such services for eligible persons when payment through the medical assistance program or another third-party payment is not available unless the person is on a waiting list for such payment, or it has been determined that the person does not meet the eligibility criteria for any such service.* As the funder of non-Medicaid services, CICS is filling the gap for funding for services and support for individuals who are ineligible for Medicaid, prior to eligibility determination for Medicaid, and for services not covered by Medicaid. CICS assists individuals in applying for all funding available to them and will collaborate on individualized planning for services and supports, incorporating all funding streams available through regional Service Coordinators.

The table below identifies the scope of services offered by CICS. All core services are available, with the exception of intensive residential services which is in development. If there is not funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements found in the Eligibility section of the CICS Mental Health and Disability Services Management Plan Policies and Procedures manual, funding will be made available. Core services for children’s behavioral health are identified by (\*\*) after the service name. Eligibility guidelines for children’s behavioral health services are located in the Eligibility section of the CICS Mental Health and Disability Services Management Plan Policies and Procedures. The current Policies and Procedures can be found at: [www.cicsmhds.org](http://www.cicsmhds.org).

The region will utilize braided funding that includes regional, state, and other funding sources as necessary and available to meet the service needs within the region. Federal funding, third-party payors, and other nongovernmental funding is to be used prior to expending state regional service payment dollars.

**Table A. Expenditures**

FY 2024 Budget	CICS MHDS Region	MI (40)	ID (42)	DD (43)	BI (47)	Admin (44)	Total
<b>Core Domains</b>							
<b>COA</b>	<b>Treatment</b>						
42305	Mental health outpatient therapy **	\$ 145,000	\$ 10,000	\$ 10,000	\$ 10,000		\$ 175,000
42306	Medication prescribing & management **	\$ 40,000					\$ 40,000
43301	Assessment, evaluation, and early identification **	\$ 5,000	\$ 5,000	\$ 5,000	\$ 5,000		\$ 20,000
71319	Mental health inpatient therapy-MHI	\$ 200,000					\$ 200,000
73319	Mental health inpatient therapy **	\$ 25,000					\$ 25,000
	<b>Crisis Services</b>						
32322	Personal emergency response system	\$ 1,000	\$ 1,000	\$ 2,000	\$ 1,000		\$ 5,000
44301	Crisis evaluation	\$ 700,000					\$ 700,000
44302	23 hour crisis observation & holding	\$ 40,000					\$ 40,000

44305	24 hour access to crisis response						\$ -
44307	Mobile response **	\$ 1,200,000					\$ 1,200,000
44312	Crisis Stabilization community-based services **	\$ 250,000					\$ 250,000
44313	Crisis Stabilization residential services **	\$ 100,000					\$ 100,000
44379	System Building & Sustainability- Crisis	\$ 1,200,000					\$ 1,200,000
44396	Access Centers: start-up / sustainability	\$ 1,000,000					\$ 1,000,000
	<b>Support for Community Living</b>						
32320	Home health aide						\$ -
32325	Respite		\$ 7,500	\$ 10,000	\$ 2,500		\$ 20,000
32328	Home & vehicle modifications						\$ -
32329	Supported community living	\$ 500,000	\$ 200,000	\$ 250,000	\$ 50,000		\$ 1,000,000
42329	Intensive residential services	\$ 150,000					\$ 150,000
	<b>Support for Employment</b>						
50362	Prevocational services	\$ 8,000	\$ 8,000	\$ 9,000			\$ 25,000
50364	Job development						\$ -
50367	Day habilitation	\$ 350,000	\$ 350,000	\$ 350,000	\$ 175,000		\$ 1,225,000
50368	Supported employment	\$ 20,000	\$ 50,000	\$ 50,000	\$ 5,000		\$ 125,000
50369	Group Supported employment-enclave	\$ 5,000	\$ 5,000	\$ 10,000			\$ 20,000
50379	System Building & Sustainability- IPS & Vocational	\$ 25,000	\$ 25,000	\$ 20,000	\$ 5,000		\$ 75,000
	<b>Recovery Services</b>						
45323	Family support	\$ 40,000	\$ 5,000	\$ 5,000			\$ 50,000
45366	Peer support	\$ 8,000	\$ 1,000	\$ 1,000			\$ 10,000
	<b>Service Coordination</b>						
21375	Case management						\$ -
24376	Health homes						\$ -
	<b>Sub-Acute Services</b>						
63309	Subacute services-1-5 beds						
64309	Subacute services-6 and over beds	\$ 300,000					\$ 300,000
	<b>Core Evidenced Based Treatment</b>						
04422	Education & Training Services - provider competency	\$ 20,000	\$ 20,000	\$ 20,000	\$ 15,000		\$ 75,000
32379	System Building & Sustainability - Supported Housing	\$ 1,000,000					\$ 1,000,000
32396	Supported housing	\$ 500,000					\$ 500,000
42398	Assertive community treatment (ACT)	\$ 150,000					\$ 150,000
45373	Family psychoeducation	\$ 10,000					\$ 10,000
45379	System Building & Sustainability - FPE & Recovery Services	\$ 65,000					\$ 65,000
	<b>Core Domains Total</b>	<b>\$ 8,057,000</b>	<b>\$ 687,500</b>	<b>\$ 742,000</b>	<b>\$ 268,500</b>		<b>\$ 9,755,000</b>
	<b>Mandated Services</b>						
46319	Oakdale	\$ 50,000					\$ 50,000
72319	State resource centers						\$ -
74XXX	Commitment related (except 301)	\$ 1,000,000					\$ 1,000,000
75XXX	Mental health advocate	\$ 250,000					\$ 250,000
	<b>Mandated Services Total</b>	<b>\$ 1,300,000</b>					<b>\$ 1,300,000</b>

<b>Additional Core Domains</b>							
	<b>Justice system-involved services</b>						
25xxx	Coordination services	\$ 652,815					\$ 652,815
25378	Contracted Coordination Services	\$ 100,000					\$ 100,000
44346	24 hour crisis line*						\$ -
44366	Warm line*						
46305	Mental health services in jails	\$ 250,000					\$ 250,000
46399	Justice system-involved services-other						\$ -
46422	Crisis prevention training	\$ 300,000					\$ 300,000
46425	Mental health court related costs	\$ 250,000					\$ 250,000
74301	Civil commitment prescreening evaluation						
	<b>Additional Core Evidenced based treatment</b>						
42366	Peer Wellness / Wellness and Recovery Centers	\$ 645,000	\$ 175,000	\$ 20,000	\$ 10,000		\$ 850,000
42379	System Building & Sustainability – Non-Crisis	\$ 700,000					\$ 700,000
42397	Psychiatric rehabilitation (IPR)	\$ 27,000					\$ 27,000
	<b>Additional Core Domains Total</b>	<b>\$ 2,924,815</b>	<b>\$ 175,000</b>	<b>\$ 20,000</b>	<b>\$ 10,000</b>		<b>\$ 3,129,815</b>
	<b>Other Informational Services</b>						
03371	Information & referral	\$ 50,000					\$ 50,000
04372	Planning, consultation &/or early intervention (client related) **						\$ -
04377	Provider Incentive Payment						\$ -
04399	Consultation Other						\$ -
04429	Planning and Management Consultants (non-client related)	\$ 50,000					\$ 50,000
05373	Public education, prevention and education **	\$ 300,000	\$ 50,000	\$ 25,000	\$ 25,000		\$ 400,000
	<b>Other Informational Services Total</b>	<b>\$ 400,000</b>	<b>\$ 50,000</b>	<b>\$ 25,000</b>	<b>\$ 25,000</b>		<b>\$ 500,000</b>
	<b>Community Living Supports</b>						
06399	Academic services						\$ -
22XXX	Services management	\$ 1,500,000	\$ 150,000	\$ 150,000	\$ 50,000		\$ 1,850,000
22378	Contracted Services Management						
23376	Crisis care coordination	\$ 185,000					\$ 185,000
23378	Contracted crisis care coordination						
23399	Crisis care coordination other						\$ -
24399	Health home other						\$ -
31XXX	Transportation	\$ 550,000	\$ 350,000	\$ 75,000	\$ 25,000		\$ 1,000,000
32321	Chore services						\$ -
32326	Guardian/conservator	\$ 2,000	\$ 1,000	\$ 1,000	\$ 1,000		\$ 5,000
32327	Representative payee	\$ 10,000	\$ 4,500	\$ 4,000	\$ 1,500		\$ 20,000
32335	CDAC						\$ -
32399	Other support						\$ -
33330	Mobile meals						\$ -
33340	Rent payments (time limited)	\$ 150,000	\$ 30,000	\$ 10,000	\$ 10,000		\$ 200,000
33345	Ongoing rent subsidy						\$ -
33399	Other basic needs	\$ 40,000	\$ 15,000	\$ 15,000	\$ 10,000		\$ 80,000

41305	Physiological outpatient treatment	\$ 2,000	\$ 2,000	\$ 1,000			\$ 5,000
41306	Prescription meds	\$ 7,500	\$ 2,500	\$ 5,000			\$ 15,000
41307	In-home nursing						\$ -
41308	Health supplies						\$ -
41399	Other physiological treatment						\$ -
42309	Partial hospitalization						\$ -
42310	Transitional living program						\$ -
42363	Day treatment						\$ -
42396	Community support programs	\$ 2,500	\$ 2,500	\$ 2,500	\$ 2,500		\$ 10,000
42399	Other psychotherapeutic treatment						\$ -
43399	Other non-crisis evaluation						\$ -
44304	Emergency care						\$ -
44399	Other crisis services						\$ -
45399	Other family & peer support						\$ -
46306	Psychiatric medications in jail	\$ 50,000					\$ 50,000
50361	Vocational skills training						\$ -
50365	Supported education						\$ -
50399	Other vocational & day services						\$ -
63XXX	RCF 1-5 beds (63314, 63315 & 63316)						\$ -
63XXX	ICF 1-5 beds (63317 & 63318)						\$ -
63329	SCL 1-5 beds						\$ -
63399	Other 1-5 beds						\$ -
	<b>Community Living Supports</b>	<b>\$ 2,499,000</b>	<b>\$ 557,500</b>	<b>\$ 263,500</b>	<b>\$ 100,000</b>		<b>\$ 3,420,000</b>
<b>Other Congregate Services</b>							
50360	Work services (work activity/sheltered work)						\$ -
64XXX	RCF 6 and over beds (64314, 64315 & 64316)	\$ 400,000	\$ 50,000	\$ 50,000			\$ 500,000
64XXX	ICF 6 and over beds (64317 & 64318)	\$ 200,000					\$ 200,000
64329	SCL 6 and over beds	\$ 150,000					\$ 150,000
64399	Other 6 and over beds						\$ -
	<b>Other Congregate Services Total</b>	<b>\$ 750,000</b>	<b>\$ 50,000</b>	<b>\$ 50,000</b>	<b>\$ -</b>		<b>\$ 850,000</b>
<b>Administration</b>							
11XXX	Direct Administration					\$ 2,000,000	\$ 2,000,000
12XXX	Purchased Administration					\$ 400,000	\$ 400,000
	<b>Administration Total</b>					<b>\$ 2,400,000</b>	<b>\$ 2,400,000</b>
	<b>Regional Totals</b>	<b>\$ 15,930,815</b>	<b>\$ 1,520,000</b>	<b>\$ 1,100,500</b>	<b>\$ 403,500</b>	<b>\$ 2,400,000</b>	<b>\$ 21,354,815</b>
<b>(45XX-XXX)County Provided Case Management</b>							
							\$ -
<b>(46XX-XXX)County Provided Services</b>							
							\$ -
	<b>Regional Grand Total</b>						<b>\$ 21,354,815</b>

Transfer Numbers (Expenditures should only be counted when final expenditure is made for services/administration. Transfers are eliminated from budget to show true regional finances)

13951	Distribution to MHDS regional fiscal agent from member county	\$	-
14951	MHDS fiscal agent reimbursement to MHDS regional member county	\$	-

\*24 hour crisis line and warm line are transitioning from additional core to state wide core services with state funding.

\*\*Core services for children with a serious emotional disturbance (SED)

## Table B. Revenues

FY 2024 Budget	CICS MHDS Region		
<b>Revenues</b>			
	<b>Projected Fund Balance as of 6/30/23</b>		<b>\$ 11,374,433</b>
	<b>Local/Regional Funds</b>		<b>\$ 125,000</b>
1010	Delinquent Property Tax	-	
25xx	Other Governmental Revenues	-	
4XXX-5XXX	Charges for Services	-	
5310	Client Fees	20,000	
60XX	Interest	75,000	
6XXX	Use of Money & Property	-	
8XXX	Miscellaneous	30,000	
9040	Other Budgetary Funds (Polk Transfer Only)	-	
		-	
	<b>State Funds</b>		<b>\$ 17,845,520</b>
24XX	State/Federal pass thru Revenue	-	
2644	State Regional Service Payments	17,845,520	
2643	State Incentive Funds	-	
	Other	-	
		-	
	<b>Federal Funds</b>		<b>\$ -</b>
2345	Medicaid	-	
2347	American Rescue Plan Act (ARPA)		
	Other	-	
		-	
	<b>Total Revenues</b>		<b>\$ 17,970,520</b>

<b>Total Funds Available for FY24</b>	\$	29,344,953
<b>FY24 Projected Regional Expenditures</b>	\$	21,354,815
<b>Projected Accrual Fund Balance as of 6/30/24</b>	\$	7,990,138

## **F. Financial Forecasting Measures**

The following is a description of the financial forecasting measures used by CICS in the identification of service needs and funding necessary for services.

Historical service utilization is the starting point for all financial projections and costs of additional services added throughout the year are analyzed prior to budgeting. The FY2024 budget was developed to continue current funding for core services for children and adults; development and expansion of core and additional-core services for children and adults; continued funding of additional core services and non-core services and development and expansion of non-core services. CICS' intent is to continue to expand the provider network for services.

In FY2024 CICS would like to expand community integrated day habilitation services and expand Individual Placement and Support (IPS) services within the region. In FY2023 CICS let a planning grant for development of permanent supportive housing (PSH), CICS intends to continue to work on development of PSH in FY2024 and has budgeted sustainability funding for this service and client-related expenses following the development of a PSH program. CICS has budgeted for expansion of family psychoeducation services and development of additional peer support services. CICS is planning for development of a forensic care program and expansion of justice involved service coordination with services to be offered by CICS staff and one contracted provider. CICS is working with stakeholders in Story County for the development of a mental health court program to be implemented in late FY2023 or early FY2024. CICS is continuing to partner with other MHDS regions to offer crisis intervention training with law enforcement as well as de-escalation training, ex-Factor - mental wellness and resiliency, and crisis communication for dispatchers throughout the state of Iowa and as a part of the training curriculum at the Iowa Law Enforcement Academy.

CICS has budgeted for system building and sustainability for expansion of Assertive Community Treatment services for adults, intensive residential services, and intensive psychiatric rehabilitation services.

CICS has budgeted funding for multi-systemic family therapy and multi-dimensional family therapy. Additional areas of focus include a project with YSS, Inc. to provide the Hazelden Lifelines curriculum to schools within the CICS region, and potential development of Assertive Community Treatment services and residential based supported community living services for children.

CICS is exploring transportation options to enhance community integration and would like to consider expanding the rental assistance program.

The chart below identifies and defines specific services and projects funds needed, based on current utilization and available services.

<b>Scope of Services/Projection of Funds Needed</b>				
	<b>Domains and Services</b>		<b>Projection of Need</b>	<b>Development &amp; Expansion</b>
<b>Core Domains</b>				
	<b>Treatment</b>			
	Mental health outpatient therapy	Includes medication prescribing and management, therapy. Access standards: emergency within 15 minutes of contact, urgent within one hour of contact or 24 hours of phone contact, routine within 4 weeks of request for appointment (within 45 miles).	\$55,000	\$120,000 <a href="#">Expansion</a>
	Medication prescribing & management	Medication prescribing services with the individual present, including but not limited to, determining how the medication is affecting the individual, determining any drug interactions or adverse drug effects, proper dosage level. Medication management services provided with the individual present or on behalf of the individual, including but not limited to, monitoring effectiveness, compliance of medication regime, coordination with care providers, investigating medical interactions,	\$40,000	

		reviewing lab reports and activities pursuant to licensed prescriber orders.		
	Assessment, evaluation & early identification	The clinical review by a mental health professional of the current functioning of the individual using the service in regard to the individual's situation, needs, strengths, abilities, desires, and goals to determine the appropriate level of care. Early identification means the process of detecting developmental delays or untreated conditions that may indicate the need for further evaluation.	\$20,000	
	Mental health inpatient therapy- MHI Private	24 hour settings that provide services to treat acute psychiatric conditions provided in a licensed hospital with a psychiatric unit or a licensed freestanding psychiatric hospital. Primary goal is to provide a comprehensive evaluation, rapidly stabilize symptoms, address health and safety needs, and develop a comprehensive and appropriate discharge plan. Access within 24 hours and close proximity.	\$200,000 \$25,000	
<b>Crisis Services</b>				
	Personal emergency response system	An electronic device connected to a 24-hour staffed system, which allows the individual to access assistance in the event of an emergency.	\$5,000	
	Crisis evaluation	The process used with an individual to collect information related to the individual's history and needs, strengths, and abilities in order to determine appropriate services or referral during an acute episode. Access within 24 hours.	\$700,000	
	23 hour crisis observation & holding	A level of care provided up to 23 hours in a secure and protected, medically staffed, psychiatrically supervised treatment environment.	\$40,000	
	24 hour access to crisis response	Outpatient (24 Hour Crisis Response Services) - short term individualized mental health services following a crisis screening or assessment, which are designed to restore the individual to prior functional level.	-	
	Mobile response	A mental health service which provides on-site, face-to-face mental health crisis services for individuals experiencing a mental health crisis. Mobile crisis staff have the capacity to intervene, wherever the crisis is occurring, including but not limited to the individual's place of residence, emergency rooms, police stations, outpatient mental health settings, schools, recovery centers, or any other location where the individual lives, works, attends school, or socializes.	\$1,200,000	
	Crisis Stabilization community-based services	Services provided in community-based settings to de-escalate and stabilize an individual following a mental health crisis	\$250,000	
	Crisis Stabilization residential services	Services provided in short-term, non-community-based residential settings to de-escalate and stabilize a mental health crisis.	\$100,000	
	System Building & Sustainability - Crisis	Non-client related operational buildout costs to secure needed workforce and infrastructure to start-up, sustain, and expand required Crisis Services.	\$100,000	\$1,100,000 <a href="#">Development &amp; Expansion</a>
	Access Centers: start-up/ sustainability	Start-up, sustainability, and coordination costs for a regionally designated access center. (**Actual services provided in an access center should be funded under the corresponding service chart of account code).		\$1,000,000 <a href="#">Development</a>
<b>Support for Community Living</b>				
	Home health aide	Unskilled medical services which provide direct personal care. This service may include assistance with activities of daily living, such as helping the recipient to bathe, get in and out of bed, care for hair and teeth, exercise, and take medications specifically ordered by the physician.	-	
	Respite	A temporary period of relief and support for individuals and their families provided in a variety of settings. The intent is to provide a safe environment with staff assistance for individuals who lack an adequate support system to address current issues related to a disability. Respite may be provided for a defined period of time; respite is either planned or provided in response to a crisis.	\$20,000	
	Home & vehicle modifications	A service that provides physical modifications to the home or vehicle that directly address the medical health or remedial needs of the individual that are necessary to provide for the health, welfare, and safety of the member and to increase or maintain independence.	-	
	Supported community living	Services provided in a non-institutional setting to adult persons with mental illness, intellectual, or developmental disabilities to meet the persons' daily living needs. Access standards within 4 weeks of request.	\$700,000	\$300,000 <a href="#">Development</a>

	Intensive residential services	Intensive, community-based services provided 24 hours a day, 365 days a year to individuals with a severe and persistent mental illness or multi-occurring conditions. Providers of intensive residential service homes are enrolled with Medicaid as providers of HCBS Habilitation or HCBS Intellectual Disability Waiver Supported Community Living and meet additional criteria specified in Iowa Administrative Code 441.25.6(7).	\$150,000	
<b>Support for Employment</b>				
	Prevocational services	Services that focus on developing generalized skills that prepare an individual for paid or unpaid employment; skill development includes, but is not limited to, following directions, attending to tasks, task completion, problem-solving, and safety and mobility training; can be provided in a variety of settings.	\$25,000	
	Day habilitation	Services that assist or support the individual in developing or maintaining life skills and community integration. Services shall enable or enhance the individual's functioning, physical and emotional health and development, language and communication development, cognitive functioning, socialization and community integration, functional skill development, behavior management, responsibility and self-direction, daily living activities, self-advocacy skills, or mobility.	\$225,000	\$1,000,000 <a href="#">Expansion</a>
	Job development	An approach to helping individuals participate as much as possible in competitive work in integrated work settings that are consistent with the strengths, resources, priorities, concerns, abilities, capabilities, interests, and informed choice of the individuals. Services are targeted for individuals with significant disabilities for whom competitive employment has not traditionally occurred; or for whom competitive employment has been interrupted or intermittent as a result of a significant disability including either individual or group supported employment, or both, consistent with evidence-based practice standards published by the Substance Abuse and Mental Health Services Administration. Access standards within 60 days of request.	-	
	Supported employment		\$125,000	
	Group Supported employment-enclave	The job and training activities in business and industry settings for groups of no more than eight workers with disabilities. Group settings include enclaves, mobile crews, and other business-based workgroups employing small groups of workers with disabilities in integrated, sustained, paid employment.	\$20,000	
	System Building & Sustainability - IPS & Vocational	Non-client related operational buildout costs to secure needed workforce and infrastructure to start-up, sustain, and expand Evidence-based and Vocational services.		\$75,000 <a href="#">Expansion</a>
<b>Recovery Services</b>				
	Family support	Family support peer specialist and peer support specialist that assist the family of an individual to live successfully, including but not limited to, education and information, individual advocacy, family support groups, and crisis response.	\$50,000	
	Peer support		\$10,000	
<b>Service Coordination</b>				
	Case management	Service provided by a case manager, service coordinator, or Health Home through an interdisciplinary array of medical care, behavioral health care, and community-based social services and supports. Assists individuals in gaining access to needed medical, social, educational, and other services through assessment, development of a care plan, referral, monitoring, and follow-up using a strengths-based service approach that helps individuals achieve specific desired outcomes leading to a healthy self-reliance and interdependence with their community. Access within 10 days of request.	-	
	Health homes		-	
<b>Sub-Acute Services</b>				
	Subacute services-1-5 beds	A comprehensive set of wraparound services for persons who have had or are at imminent risk of having acute or crisis mental health symptoms that do not permit the persons to remain in or threatens removal of the persons from their home and community, but who have been determined by a mental health professional and a licensed health care professional, subject to the professional's scope of practice, not to need inpatient acute hospital services.		
	Subacute services-6 and over beds		\$50,000	\$250,000 <a href="#">Expansion</a>



<b>Core Evidence-Based Treatment</b>				
	Education & Training Services - provider competency	Training related to provider competency in delivering co-occurring integrated services, trauma-informed services, and evidence-based practices.	\$75,000	
	System Building & Sustainability - Supported housing	Non-client related operational buildout costs to secure needed workforce and infrastructure to start-up, sustain, and expand Evidence-based and Supportive services.		\$1,000,000 <a href="#">Development</a>
	Supported housing	A combination of housing and services intended as a cost-effective way to help people live more stable, productive lives; tenancy not predicted on services.	\$500,000	
	Assertive community treatment (ACT)	An intensive and highly integrated approach for community mental health service delivery. ACT programs serve individuals whose symptoms of mental illness result in serious functioning difficulties in several major areas of life, often including work, social relationships, residential independence, money management, and physical health and wellness.	\$150,000	
	Family psychoeducation	Services including the provision of emotional support, education, resources during periods of crisis, and problem-solving skills consistent with evidence-based practice standards published by the Substance Abuse and Mental Health Services Administration.	\$10,000	
	System Building & Sustainability - FPE & Recovery Services	Non-client related operational buildout costs to secure needed workforce and infrastructure to start-up, sustain, and expand Evidence-based and Recovery services.		\$65,000 <a href="#">Expansion</a>
<b>Mandated Services</b>				
	Oakdale	Hospital Services provided at Iowa Medical & Classification Center Code of Iowa Chapter 812.	\$50,000	
	Commitment related (except 301)	Diagnostic Evaluations/Sheriff transportation/Legal representation	\$250,000	\$750,000 <a href="#">Development</a>
	Mental health advocate		\$250,000	
<b>Additional Core Domains</b>				
<b>Justice System-Involved Services</b>				
	Coordination services	Service coordination provided to individuals in the justice system.	\$402,815	\$250,000 <a href="#">Expansion</a>
	Contracted coordination services	Contracted service coordination provided to individuals in justice system	\$100,000	
	24 hour crisis line	Crisis Hotline (fee paid to vendor) (24 Hour Crisis Line) Telephone crisis service- program that operates a crisis hotline either directly or through a contract. The service shall be available 24 hours a day and seven days a week including, but not limited to, relief of distress in pre-crisis and crisis situations, reduction of the risk of escalation, arrangements for emergency on-site responses when necessary, and referral of callers to appropriate services.	-	
	Warm line	A line staffed by peer counselors, who provide nonjudgmental, nondirective support to an individual who is experiencing a personal crisis.	-	
	Mental health services in jails	Outpatient mental health services provided to individuals in criminal justice settings.	\$250,000	
	Justice system-involved services-other	Other support services within the justice system.	-	
	Crisis prevention training	Educational and Training Services Safety training for law enforcement, first responders, etc., regarding mental health awareness such as Crisis Intervention Training (CIT).	\$300,000	
	Mental Health Court Related Costs	Legal and court related services for mental health court related expenses.		\$250,000 <a href="#">Development</a>
	Civil commitment prescreening evaluation	Evaluations completed prior to commitment with goal to divert individuals from commitment process.	-	
<b>Additional Core Evidence-Based Treatment</b>				
	Peer Wellness / Wellness and Recovery Centers	Social Support services- drop in centers and clubhouse centers.	\$850,000	
	System Building & Sustainability - Non crisis	Non-client related operational buildout costs to secure needed workforce and infrastructure to start-up, sustain, and expand Evidence-based and Intensive mental health services. (Wellness Centers, IRSH, ACT, IPR, Transitional Living)		\$700,000 <a href="#">Development &amp; Expansion</a>

	Psychiatric rehabilitation (IPR)	Individualized services designed to increase the consumer's ability to function independently to prevent or reduce the need for services in a hospital or residential setting and to promote the consumer's recovery of the ability to perform a valued role in society.	\$27,000	
<b>Other Informational Services</b>				
	Information & referral	Activities designed to provide facts about resources available/help to access those resources.	\$50,000	
	Planning, Consultation and/or early intervention (client related)	Consultation - advisory activities directed to a service provider to assist the provider in delivering services to a specific person; Early intervention - services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones.	-	
	Planning and management consultants (non-client related)	Advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or addressing other concerns in the provider's own organization.	\$50,000	
	Public education, prevention and education	Education services - activities that increase awareness and understanding of the causes and nature of conditions or factors which affect an individual's development and functioning. Prevention - efforts to increase awareness and understanding of the causes and nature of conditions or situations which affect an individual's functioning in society. Prevention activities are designed to convey information about the cause of conditions, situations, or problems that interfere with an individual's functioning or ways in which that knowledge can be used to prevent their occurrence or reduce their effect, and may include but are not limited to, training events, webinars, presentations, and public meetings.	\$400,000	
<b>Other Community Living Support Services</b>				
	Services management	Designed to help individuals and families identify service needs and coordinate service delivery but which do not constitute case management.	\$1,850,000	
	Crisis Care Coordination	Coordination service provided during an acute crisis episode that facilitates working together to organize a plan and service transition programming, including working agreements with inpatient behavioral health units and other community programs. The service shall include referrals to mental health services and other supports necessary to maintain community-based living capacity, including case management as defined herein.	\$185,000	
	Transportation	Services for consumers to conduct business errands or essential shopping, to receive medical services not reimbursed through Title XIX, to go to and from work, recreation, education or day programs, and to reduce social isolation.	\$250,000	\$750,000 <a href="#">Expansion</a>
	Guardian/conservator	Activities provided as required by the court system to handle the personal business of the individual.	\$5,000	
	Representative payee	Activities provided to manage an individual's finances.	\$20,000	
	Rent payments (time limited)	Rent payment to avoid homelessness.	\$50,000	\$150,000 <a href="#">Expansion</a>
	Other basic needs	Other costs associated with basic necessities.	\$80,000	
	Physiological outpatient treatment	Activities designed to prevent, halt, control, relieve, or reverse symptoms or conditions which interfere with the normal physiological functioning of the human body.	\$5,000	
	Prescription meds	Prescription medication, including medication prescribed for psychiatric conditions.	\$15,000	
	Community support programs	Comprehensive programs to meet individual treatment and support needs of consumers, which enable consumers with a mental illness, intellectual disability, or a developmental disability to live and work in a community setting.	\$10,000	
	Psychiatric medications in jail	Psychiatric medication funded for individuals in jail	\$50,000	
<b>Other Congregate Services</b>				
	RCF 6 and over beds	Long-term care given to adults or children who stay in a residential setting rather than in their own home or family home.	\$500,000	
	ICF 6 and over beds	Intermediate Care Facility, non-Medicaid only.	\$200,000	
	SCL 6 and over beds	Services and supports determined necessary to enable consumers to live and work in a community, and is provided in Licensed RCF facility	\$150,000	

		6 and over beds. Services are directed to enhancing consumer's ability to regain or attain higher levels of independence, or to maximize current levels of functioning.		
<b>Projection of need based on current services and funding</b>			<b>\$11,194,815</b>	
<b>Funds allocated for expansion of services</b>				<b>\$7,760,000</b>

## **G. Provider Reimbursement Provisions**

CICS will contract with MHDS providers and non-traditional providers who meet contracting eligibility requirements and whose base of operation is in the region or is a provider who is not contracted with their host region and is providing services funded by CICS. The Region retains the right to select service providers to be a part of the CICS provider network. Providers must be approved CICS MHDS network providers in order to be eligible for regional funding. New providers may be added to the provider network if it is determined that either a particular individual will benefit from the service (as determined by the individual's inter-disciplinary team) or that the provider shall provide service(s) that will enhance the service system. CICS will also honor contracts that other regions have negotiated with their local providers. A contract may not be required with providers that provide one-time or as needed services.

In order to support service expansion efforts, CICS may offer requests for proposals (RFPs) in combination with other strategies. The following is a description of the types of funding used by CICS:

- **Fee-for-service:**  
A fee-for-service approach will be utilized in most provider contracts, outlining the services to be provided and the rate of reimbursement. Services provided under a fee-for-service model are reimbursed based on a service funding request and prior authorization process, with the exception of civil commitment-related expenses and crisis services.
- **Block grant payments:**  
CICS may utilize block grant payments when a service does not fit the traditional fee-for-service method of payment and may be considered to cover costs of new services until a fee-for-service rate can be established. Other uses may be to provide access to crisis services and assertive community treatment services.
- **Incorporation of all funding sources for individuals including Medicaid:**  
The region is responsible for ensuring that MHDS services are available to all residents of the region regardless of funding source. CICS will ensure that individuals apply for all funding sources prior to accessing regional funding, including private insurance, Medicaid, Medicare, and other funding mechanisms, which ensure that individuals and their families are able to optimally live, work, and recreate in integrated communities of their choice.

In addition to resource guidelines of Iowa Code 331.395, CICS will exempt one vehicle per adult household member.

CICS requires providers to meet all applicable licensure, accreditation, and certification standards. CICS has contracted with the providers identified below. Additional providers, including non-traditional providers, may be added throughout the year as services are developed to meet the service needs of individuals.

43 North Iowa	111 2 <sup>nd</sup> St. NE	Mason City	50401
Achieve Mental Health Inc.	814 Railroad St.	Iowa Falls	50126
Access, Inc.	PO Box 268	Hampton	50441
Arc of Story County	130 S. Sheldon Ave., Ste. 302	Ames	50010
Arc of Marshall County	1934 Taylor Ave.	Marshalltown	50158
Belmond Community Hospital	403 1 <sup>st</sup> St. SE	Belmond	50421

Brain Injury Association of Iowa	1556 S. First Ave., Ste. A	Iowa City	52240
Brian Vold, ARNP	814 Railroad St.	Iowa Falls	50126
Capstone Behavioral Healthcare	1123 1 <sup>st</sup> Ave E, Ste 200	Newton	50208
Center Associates	9 North 4th Ave.	Marshalltown	50158
Central Iowa Juvenile Detention Center	2317 Rick Collins Way	Eldora	50627
Central Iowa Psychological Services	223 S. Walnut Ave.	Ames	50010
Central Iowa Recovery, Inc.	1610 Collins St, Ste 2	Webster City	50595
ChildServe Community Options	1915 Philadelphia St.	Ames	50010
Choices Therapy Services, LLC	2829 Buena Vista Drive	Clive	50325
Christian Opportunity Center	1602 North 14th St.	Indianola	50125
CIRSI, Inc.	111 E. Linn St.	Marshalltown	50158
Classroom Clinic	PO Box 951	Carroll	51401
Community & Family Resources	211 Ave M West	Fort Dodge	50501
Crossroads Mental Health Center	1003 Cottonwood Rd.	Creston	50801
Deb Thompson dba DHT Consulting and Training	2801 68 <sup>th</sup> St.	Urbandale	50322
Duncan Heights, Inc.	236 State. St.	Garner	50438
Eyerly Ball Community Mental Health Services	945 19th St.	Des Moines	50314
Foundation 2, Inc.	1714 Johnson Ave. NW	Cedar Rapids	52405
Freedom Pointe of Greater Webster County	1303 A St., Ste. 003	Fort Dodge	50501
Friendship Ark, Inc.	130 S. Sheldon Ave., Ste. 203	Ames	50014
FIA Friendship Club, Inc.	602 S Oak St., PO Box 622	Iowa Falls	50126
Goshorn Psych-Services, PLLC	410 E. Robinson St., Ste. A-2	Knoxville	50138
Grace C Mae Advocate Center, Inc.	2501 S. Center, Ste. M	Marshalltown	50158
Greene County Family Medicine	1000 W Lincoln Way St, Ste 100	Jefferson	50129
Heartland Senior Services	205 S. Walnut	Ames	50010
HIRTA Transit	2824 104th St.	Urbandale	50322
House of Mercy	1409 Clark St	Des Moines	50314
Integrated Telehealth Partners	1501 42 <sup>nd</sup> St., Ste. 120	West Des Moines	50266
Integrated Treatment Services, LLC	303 S. 2nd Ave. W	Newton	50208
Interpreters Unlimited	PO Box 27660	San Diego	92198
Iowa Judicial Branch	1111 E. Court Ave.	Des Moines	50319
Iowa Specialty Hospital - Clarion	403 1 <sup>st</sup> St. SE	Belmond	50421
Life Connections LC	240 N. Bluff Blvd., Ste. 206	Clinton	52732
LifeWorks Community Services	1303 A St.	Fort Dodge	50501
Lori Schoh DBA @The Mental Health Lab, PLLC	515 6 <sup>th</sup> Ave.	Grinnell	50112
Lutheran Services in Iowa (LSI)	3125 Cottage Grove Ave.	Des Moines	50311
Mainstream Living	2012 E. 13th St.	Ames	50010
Mason City Clinic	250 S. Crescent Dr.	Mason City	50401
Mary Greeley Medical Center	1111 Duff Ave., PO Box 863	Ames	50010
MercyOne North Iowa Medical Center	1449 Northwest 128 <sup>th</sup> St.	Clive	50325
Mid-Iowa Triumph Recovery Center, Inc.	204 E Linn St., Ste A, PO Box 1774	Marshalltown	50158
MIW, Inc.	909 S. 14th Ave., PO Box 966	Marshalltown	50158
Midwest Counseling	PO Box 313	Williamsburg	52361
NAMI Central Iowa	424 5 <sup>th</sup> St.	Ames	50010
New Beginnings Counseling Service	6200 Aurora Ave, Ste 103E	Urbandale	50322

Norse Ventures LLC, dba Thrive	1924 SW Cascade Falls Drive	Ankeny	50023
One Vision	1200 North 9 <sup>th</sup> St. West	Clear Lake	50428
Optimae Life Services	602 E Grand Ave.	Des Moines	50301
Orchard Place	2116 Grand Ave.	Des Moines	50312
Pillar of Cedar Valley	1410 W Dunkerton Road	Waterloo	50703
Plains Area Mental Health Center	180 10 <sup>th</sup> St. SE, Ste. 201	LeMars	51301
Prairie Ridge Integrated Behavioral Healthcare	320 N Eisenhower Ave.	Mason City	50401
Premier Payee, Inc.	100 E Euclid Ave., Ste. 137	Des Moines	50313
Progress Industries	202 N 3 <sup>rd</sup> Ave W.	Newton	50208
Region Six Resource Partners	903 E. Main St.	Marshalltown	50158
The Salvation Army	PO Box 1681	Ames	50010
Spring Harbor Residential Services	123 1 <sup>st</sup> St. SE	Mason City	50401
The Respite Connection, Inc	2469 106 <sup>th</sup> St., Ste. 220	Urbandale	50322
Trilix Marketing Group	615 Third St., Ste. 300	Des Moines	50309
UnityPoint Health – Berryhill Center	720 Kenyon Road	Fort Dodge	50501
Van Diest Medical Center	2350 Hospital Dr.	Webster City	50595
Youth & Shelter Services, Inc.	420 Kellogg Ave.	Ames	50010
Youth Shelter Care of North Central Iowa, Inc.	301 Ave. M West	Fort Dodge	50501