



**Southwest Iowa Region**  
**MHDS**  
**Mental Health & Disability Services**

*SOUTHWEST IOWA MHDS REGION*  
*MENTAL HEALTH AND DISABILITY SERVICES MANAGEMENT PLAN*  
**FY23 ANNUAL SERVICE & BUDGET PLAN**  
**JULY 1, 2022 – JUNE 30, 2023**

**SUBMITTED**  
**04/01/2022**

**GEOGRAPHIC AREA:**

*Cass, Fremont, Harrison, Mills, Monona, Montgomery, Page, Pottawattamie, Shelby*

**REVIEWED BY ADVISORY COMMITTEES: 03/25/2022**

**APPROVED BY GOVERNING BOARD: 03/28/2022**

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## Introduction

Southwest Iowa MHDS Region (SWIA MHDS) was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 331.390. The annual service and budget plan is a component of the Management Plan which includes three parts: Annual Service and Budget Plan, Annual Report and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY2022 Annual Service and Budget Plan covers the period of July 1, 2022, to June 30, 2023. The Annual Service and Budget Plan includes local access points, service coordination/case management providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

The Annual Service and Budget Plan, approved by the SWIA MHDS Governing Board, is subject to approval by the Director of Human Services. The Southwest Iowa MHDS Region management plan is available in each local SWIA MHDS office, on the region's website at [www.swiamhds.com](http://www.swiamhds.com) and on the Iowa Department of Human Services website at <http://dhs.iowa.gov/mhds>. A list of Governing Board and Advisory Committee members can be found in Appendix A of this document.

### A. Local Access Points

An access point is a part of the SWIA MHDS service system trained to complete MHDS regional applications for persons with a disability. In addition to assistance with completing the application in one of the SWIA MHDS offices or by one of the Region's Service Coordinators, applications can be obtained at the following locations designated as access points.

SWIA MHDS has designated the following access points for **mental health and disability services**.

Access Point	Address	Phone number
Burgess Mental Health	1600 Diamond Street Onawa, IA 51040	712-423-9160
CHI Health Missouri Valley Psychiatric Associates	704 North 8th Street Missouri Valley, IA 51555	712-642-2045
CHI Health Mercy Hospital	800 Mercy Drive Council Bluffs, IA 51503	712-328-5000
CHI Health Psychiatric Associates	801 Harmony Street, Suite 302 Council Bluffs, IA 51503	712-328-2609
Cass County Health Systems	1501 E. 10 <sup>th</sup> St. Atlantic, IA 50022	712-243-3250
Heartland Family Service	515 East Broadway Council Bluffs, IA 51503	712-322-1407
Methodist Jennie Edmundson Hospital	933 East Pierce Street Council Bluffs, IA 51501	712-396-6000
Myrtue Medical Center-Behavioral Services	1303 Garfield Ave Harlan, IA 51537	712-755-5056
Waubonsie Mental Health Center	216 W. Division Clarinda, IA 51632	712-542-2388
Zion Integrated Behavioral Health Services	2307 Olive Street Atlantic, IA 50022	712-243-2606

SWIA MHDS has designated the following access points for **children's behavioral health services**.

Access Point	Address	Phone number
Burgess Mental Health	1600 Diamond Street Onawa, IA 51040	712-423-9160
CHI Health Missouri Valley Psychiatric Associates	704 North 8th Street Missouri Valley, IA 51555	712-642-2045
CHI Health Mercy Hospital	800 Mercy Drive Council Bluffs, IA 51503	712-328-5000
CHI Health Psychiatric Associates	801 Harmony Street, Suite 302 Council Bluffs, IA 51503	712-328-2609
Cass County Health Systems	1501 E. 10 <sup>th</sup> St. Atlantic, IA 50022	712-243-3250
Heartland Family Service	515 East Broadway Council Bluffs, IA 51503	712-322-1407
Methodist Jennie Edmundson Hospital	933 East Pierce Street Council Bluffs, IA 51501	712-396-6000
Myrtue Medical Center-Behavioral Services	1303 Garfield Ave Harlan, IA 51537	712-755-5056
Waubonsie Mental Health Center	216 W. Division Clarinda, IA 51632	712-542-2388
Zion Integrated Behavioral Health Services	2307 Olive Street Atlantic, IA 50022	712-243-2606

## **B. Service Coordination and Targeted Case Management**

The following agencies provide service coordination and/or targeted case management for Southwest Iowa MHDS Region.

Service Coordination Provider	Adult/Child/Both	Location	Contact Information
Children's Square USA (IHH)	Child - (Harrison, Mills, Pottawattamie)	300 W Broadway #15, Council Bluffs, Iowa 51503	712-256-8888
Heartland Family Service (IHH & CCBHC)	Adult - (Harrison, Mills, Pottawattamie)	1515 Ave J, Council Bluffs, Iowa 51501	712-256-4556
Plains Area Mental Health Center (IHH)	Both (Monona)	900 N 2 <sup>nd</sup> Suite A, Cherokee, Iowa 51012	712-225-1490 x2304
Zion Integrated Behavioral Health Services (IHH)	Both (Cass, Shelby)	2307 Olive Street Atlantic, IA 50022	712-243-2606
Waubonsie Mental Health Center (IHH)	Both (Fremont, Montgomery, Page)	216 W. Division Clarinda, IA 51632	712-542-2388
Amerigroup Iowa, Inc. (MCO)	Both		Email: MPSWeb@amerigroup.com Phone: 1-800-600-4441 Website: <a href="https://www.myamerigroup.com/IA">https://www.myamerigroup.com/IA</a>
Iowa Total Care (MCO)	Both		Phone: 1-833-404-1061 Website: <a href="https://www.iowatotalcare.com">https://www.iowatotalcare.com</a>
Southwest Iowa MHDS Region	Both	227 S. 6 <sup>th</sup> St., Council Bluffs, Iowa 51503	Phone: 712-328-5645 Website: <a href="http://www.swiamhds.com">www.swiamhds.com</a>

## C. Crisis Planning

The following accredited crisis services are available to residents of the region for crisis prevention, response and resolution.

### 24 Hour Crisis Response

Provider	Location	Contact Information
Burgess Mental Health	1600 Diamond Street, Onawa, IA 51040	712-423-9160
CHI Health Missouri Valley Psychiatric Associates	704 North 8th Street, Missouri Valley, IA 51555	712-642-2045
CHI Health Psychiatric Associates	801 Harmony Street, Suite 302, Council Bluffs, IA 51503	712-328-2609
Zion Integrated Behavioral Health Services	2307 Olive Street, Atlantic, IA 50022	712-243-2606
Myrtue Medical Center-Behavioral Services	1303 Garfield Ave., Harlan, IA 51537	712-755-5056
Waubonsie Mental Health Center	216 W. Division, Clarinda, IA 51632	712-542-2388
Heartland Family Service	515 E. Broadway, Council Bluffs, IA 51503	712-322-1407

### 24 Hour Crisis Hotline

Provider	Location	Contact Information
Hope4Iowa Crisis Call Line		Call: 84-HOPE-4-IOWA (844-673-4469) Email: hope4iowa@boystown.org
Your life Iowa		Call: 855-581-8111 or text 855-895-8398 <a href="https://yourlifeiowa.org">https://yourlifeiowa.org</a>

### Crisis Evaluation

Provider	Adult/Child/Both	Location	Contact Information
Heartland Family Service	Both	1515 Ave. J, Council Bluffs, IA 51501 And via Mobile Crisis Response Team	712-435-5350

### Mobile Response

Provider	Location	Contact Information
Heartland Family Service	1515 Ave. J, Council Bluffs, IA 51501	Law enforcement/Court/ Emergency Dept activated for assessment

### Crisis Stabilization Community-based Services

Provider	Adult/Child	Location	Contact Information
Heartland Family Service	Adult	1515 Ave. J, Council Bluffs, IA 51501	712-435-5350
Children's Square USA	Child	North 6 <sup>th</sup> St & Ave. E, Council Bluffs, IA 51051	712-322-3700

### Crisis Stabilization Residential Services

Provider	Adult/Child	Location	Contact Information
Zion Behavioral Health	Adult	216 E. Division, Clarinda, IA 51632	712-850-1389
Children's Square USA*	Child	North 6 <sup>th</sup> St & Ave. E., Council Bluffs, IA 51501	712-322-3700

## 23-Hour Observation

Provider	Location	Contact Information
Community Health Centers of Southern Iowa	219 W. Washington, Osceola, IA 50213	641-342-1742
Safe Harbor Crisis Center	706 Cedar Ave., Woodward, IA 50276	515-642-4125
Sioux Rivers Assessment & Crisis Stabilization Center	4038 Division St., Sioux City, IA 51104	712-560-7996
Broadlawns Medical Center	1801 Hickman Rd., Des Moines, IA 50314	515-282-5742

- If a resident of the SWIA MHDS Region utilizes crisis services located in another region, the SWIA MHDS Region will honor the other region's contract with the crisis service provider and pay according to our region MOU. The above providers address the access requirements for the SWIA MHDS Region.

## D. Intensive Mental Health Services

The SWIA MHDS Region is exploring designation of its Crisis Access Network (Southwest Iowa CAN) according to **Access Center** requirement in IAC 441-25.6(1). The region has a coordinated system for accessing and follow up treatment needs for mental health services. Service providers, along with region service coordinators, work in a coordinated manner to meet the needs of individuals in crisis. Individuals receiving a screening through the crisis line can be directed to the correct level of care or assessment. Individuals assessed through Mobile Response or those receiving Crisis Stabilization Services are referred to SWIA MHDS for Crisis Service Coordination to assure care coordination, navigation, and linkages to needed supports/services. Individuals presenting at local critical access hospitals throughout the region are often assessed by mobile response. The providers regularly involved in this system of care include:

Provider	Location	Contact Information
Heartland Family Service, Mental Health Crisis Response Team	1515 Ave. J, Council Bluffs, IA 51501	712-435-5350
Zion Behavioral Health, Harbor Point	216 W. Division, Clarinda, IA 51632	712-542-2388
Southwest Iowa MHDS Region	227 S. 6 <sup>th</sup> St., Council Bluffs, IA 51501	712-328-5645
Boys Town Hope4Iowa Crisis Call Line	13603 Flanagan Blvd, Boys Town, NE 68010	844-673-4469

The region has designated the following **Assertive Community Treatment (ACT)** team which has been designated and meets the requirements in IAC 441—25.6(2).

Provider	Location	Contact Information
Heartland Family Service	1515 Ave. J, Council Bluffs, IA 51501	712-435-5350

The region has designated the following **Subacute** service providers which meet the criteria and are licensed by the Department of Inspections and Appeals. The SWIA MHDS Region will honor the region contracts where these providers are located and pay according to our region MOU. The following providers meet the access criteria for SWIA MHDS.

Provider	Location	Contact Information
Sioux Rivers Assessment & Crisis Stabilization Center	4038 Division St., Sioux City, IA 51104	712-560-7996
Community Health Centers of Southern Iowa	219 W. Washington, Osceola, IA 50213	641-342-1742

The region will be designating its **Intensive Residential Service** provider by the beginning of FY23. Once established it will meet the requirements in IAC 441—25.6(8). SWIA MHDS is working together with Rolling Hills Region in implementing this service. As of April 1, 2022, the rates are being negotiated with the Managed Care Organizations in Iowa with plans of opening the service by July 1, 2022.

Provider	Location	Contact Information
Trivium Life Services	Sioux City (TBD)	Council Bluffs office – 712-256-7888

## E. Scope of Services & Budget and Financing Provisions

The table below identifies the scope of services offered by SWIA MHDS. All core services are available. If there is not funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements according to the region's policy and procedure manual, funding will be made available. Core services for children's behavioral health are identified by (\*\*) after the service

name. Eligibility guidelines for children’s behavioral health services are in the region’s policy and procedure manual. The manual can be found online at [www.swiamhds.com](http://www.swiamhds.com).

The region will utilize braided funding that includes county, regional, state, and other funding sources as necessary and available to meet the service needs within the region. Federal funding, third-party payors, and other nongovernmental funding is to be used prior to expending state regional service payment dollars.

**Table A. Expenditures**

FY 2023 Budget	Southwest Iowa MHDS Region	MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total
<b>Core Domains</b>							
<b>COA</b>	<b>Treatment</b>						
42305	Mental health outpatient therapy **	\$ 100,000	\$ 500				\$ 100,500
42306	Medication prescribing & management **						\$ -
43301	Assessment, evaluation, and early identification **						\$ -
71319	Mental health inpatient therapy-MHI	\$ 250,000					\$ 250,000
73319	Mental health inpatient therapy **	\$ 50,000					\$ 50,000
	<b>Crisis Services</b>						
32322	Personal emergency response system						\$ -
44301	Crisis evaluation	\$ 10,000					\$ 10,000
44302	23 hour crisis observation & holding	\$ 5,000					\$ 5,000
44305	24 hour access to crisis response	\$ 64,000					\$ 64,000
44307	Mobile response **	\$ 280,000					\$ 280,000
44312	Crisis Stabilization community-based services **	\$ 150,000					\$ 150,000
44313	Crisis Stabilization residential services **	\$ 750,000					\$ 750,000
44396	Access Centers: start-up / sustainability						\$ -
	<b>Support for Community Living</b>						
32320	Home health aide	\$ 10,000					\$ 10,000
32325	Respite		\$ 500	\$ 500			\$ 1,000
32328	Home & vehicle modifications						\$ -
32329	Supported community living	\$ 140,000	\$ 20,000	\$ 25,000			\$ 185,000
42329	Intensive residential services	\$ 300,000					\$ 300,000
	<b>Support for Employment</b>						
50362	Prevocational services	\$ 30,000	\$ 160,000	\$ 1,000			\$ 191,000
50364	Job development						\$ -
50367	Day habilitation	\$ 5,000	\$ 10,000	\$ 5,000			\$ 20,000
50368	Supported employment	\$ 125,000	\$ 150,000	\$ 5,000			\$ 280,000
50369	Group Supported employment-enclave	\$ 1,000	\$ 2,000				\$ 3,000
	<b>Recovery Services</b>						
45323	Family support						\$ -
45366	Peer support						\$ -
	<b>Service Coordination</b>						
21375	Case management						\$ -
24376	Health homes						\$ -
	<b>Sub-Acute Services</b>						
63309	Subacute services-1-5 beds	\$ 20,000					\$ 20,000
64309	Subacute services-6 and over beds	\$ 5,000					\$ 5,000
	<b>Core Evidenced Based Treatment</b>						
04422	Education & Training Services - provider competency	\$ 120,000	\$ 100,000				\$ 220,000
32396	Supported housing						\$ -
42398	Assertive community treatment (ACT)	\$ 300,000					\$ 300,000
45373	Family psychoeducation	\$ 50,000					\$ 50,000
	<b>Core Domains Total</b>	<b>\$ 2,765,000</b>	<b>\$ 443,000</b>	<b>\$ 36,500</b>	<b>\$ -</b>		<b>\$ 3,244,500</b>

<b>Mandated Services</b>							
46319	Oakdale	\$ 40,000	\$ 5,000				\$ 45,000
72319	State resource centers						\$ -
74XXX	Commitment related (except 301)	\$ 72,000					\$ 72,000
75XXX	Mental health advocate	\$ 170,000					\$ 170,000
<b>Mandated Services Total</b>		<b>\$ 282,000</b>	<b>\$ 5,000</b>	<b>\$ -</b>	<b>\$ -</b>		<b>\$ 287,000</b>
<b>Additional Core Domains</b>							
<b>Justice system-involved services</b>							
25xxx	Coordination services	\$ 356,965					\$ 356,965
44346	24 hour crisis line*	\$ 180,000					\$ 180,000
44366	Warm line*						\$ -
46305	Mental health services in jails	\$ 60,000					\$ 60,000
46399	Justice system-involved services-other	\$ 80,000					\$ 80,000
46422	Crisis prevention training	\$ 100,000					\$ 100,000
46425	Mental health court related costs	\$ 65,000					\$ 65,000
74301	Civil commitment prescreening evaluation	\$ 30,000					\$ 30,000
<b>Additional Core Evidenced based treatment</b>							
42366	Peer self-help drop-in centers	\$ 150,000					\$ 150,000
42397	Psychiatric rehabilitation (IPR)	\$ 5,000					\$ 5,000
<b>Additional Core Domains Total</b>		<b>\$ 1,026,965</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>		<b>\$ 1,026,965</b>
<b>Other Informational Services</b>							
03371	Information & referral						\$ -
04372	Planning, consultation &/or early intervention (client related) **	\$ 60,000					\$ 60,000
04377	Provider Incentive Payment						\$ -
04399	Consultation Other						\$ -
04429	Planning and Management Consultants (non-client related)	\$ 10,000					\$ 10,000
05373	Public education, prevention and education **	\$ 100,000					\$ 100,000
<b>Other Informational Services Total</b>		<b>\$ 170,000</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>		<b>\$ 170,000</b>
<b>Community Living Supports</b>							
06399	Academic services						\$ -
22XXX	Services management	\$ 1,032,206					\$ 1,032,206
23376	Crisis care coordination	\$ 100,000					\$ 100,000
23399	Crisis care coordination other						\$ -
24399	Health home other						\$ -
31XXX	Transportation	\$ 40,000	\$ 4,000	\$ 2,000			\$ 46,000
32321	Chore services						\$ -
32326	Guardian/conservator		\$ 8,000				\$ 8,000
32327	Representative payee		\$ 1,000				\$ 1,000
32335	CDAC						\$ -
32399	Other support						\$ -
33330	Mobile meals						\$ -
33340	Rent payments (time limited)	\$ 35,000	\$ 2,000				\$ 37,000
33345	Ongoing rent subsidy						\$ -
33399	Other basic needs						\$ -
41305	Physiological outpatient treatment	\$ 3,000					\$ 3,000
41306	Prescription meds	\$ 5,000	\$ 200				\$ 5,200
41307	In-home nursing						\$ -
41308	Health supplies						\$ -
41399	Other physiological treatment						\$ -
42309	Partial hospitalization						\$ -
42310	Transitional living program	\$ 800,000					\$ 800,000
42363	Day treatment						\$ -
42396	Community support programs						\$ -
42399	Other psychotherapeutic treatment						\$ -
43399	Other non-crisis evaluation						\$ -
44304	Emergency care						\$ -



44399	Other crisis services						\$ -
45399	Other family & peer support						\$ -
46306	Psychiatric medications in jail	\$ 50,000					\$ 50,000
50361	Vocational skills training						\$ -
50365	Supported education						\$ -
50399	Other vocational & day services						\$ -
63XXX	RCF 1-5 beds (63314, 63315 & 63316)	\$ 10,000					\$ 10,000
63XXX	ICF 1-5 beds (63317 & 63318)						\$ -
63329	SCL 1-5 beds	\$ 120,000					\$ 120,000
63399	Other 1-5 beds						\$ -
	<b>Community Living Supports</b>	<b>\$ 2,195,206</b>	<b>\$ 15,200</b>	<b>\$ 2,000</b>	<b>\$ -</b>		<b>\$ 2,212,406</b>
<b>Other Congregate Services</b>							
50360	Work services (work activity/sheltered work)						\$ -
64XXX	RCF 6 and over beds (64314, 64315 & 64316)	\$ 1,500,000	\$ 50,000	\$ 60,000			\$ 1,610,000
64XXX	ICF 6 and over beds (64317 & 64318)	\$ 180,000					\$ 180,000
64329	SCL 6 and over beds	\$ 50,000					\$ 50,000
64399	Other 6 and over beds						\$ -
	<b>Other Congregate Services Total</b>	<b>\$ 1,730,000</b>	<b>\$ 50,000</b>	<b>\$ 60,000</b>	<b>\$ -</b>		<b>\$ 1,840,000</b>
<b>Administration</b>							
11XXX	Direct Administration					\$ 706,691	\$ 706,691
12XXX	Purchased Administration					\$ 131,000	\$ 131,000
	<b>Administration Total</b>					<b>\$ 837,691</b>	<b>\$ 837,691</b>
	<b>Regional Totals</b>	<b>\$ 8,169,171</b>	<b>\$ 513,200</b>	<b>\$ 98,500</b>	<b>\$ -</b>	<b>\$ 837,691</b>	<b>\$ 9,618,562</b>
<b>(45XX-XXX)County Provided Case Management</b>							
<b>(46XX-XXX)County Provided Services</b>							
	<b>Regional Grand Total</b>						<b>\$ 9,618,562</b>
regional finances)							
13951	Distribution to MHDS regional fiscal agent from member county						\$ -
14951	MHDS fiscal agent reimbursement to MHDS regional member county						\$ -
*24 hour crisis line and warm line are transitioning from additional core to state wide services with state funding.							
**Core services for children with a serious emotional disturbance (SED)							

**Table B. Revenues**

<b>FY 2023 Budget</b>	<b>Southwest Iowa MHDS Region</b>		
<b>Revenues</b>			
	<b>Projected Fund Balance as of 6/30/22</b>		<b>\$ 6,556,295</b>
	<b>Local/Regional Funds</b>		<b>\$ 15,000</b>
1010	Delinquent Property Tax		
25XX	Other Governmental Revenues		
4XXX-5XXX	Charges for Services		
5310	Client Fees		
60XX	Interest	15,000	
6XXX	Use of Money & Property		
8XXX	Miscellaneous		
9040	Other Budgetary Funds (Polk Transfer Only)		
	<b>State Funds</b>		<b>\$ 7,090,952</b>
24XX	State/Federal pass thru Revenue		
2644	State Regional Service Payments	7,090,952	
2643	State Incentive Funds		
	Other		
	<b>Federal Funds</b>		<b>\$ -</b>
2345	Medicaid		
2347	American Rescue Plan Act (ARPA)		
	Other		
	<b>Total Revenues</b>		<b>\$ 7,105,952</b>

<b>Total Funds Available for FY2023</b>	<b>\$ 3,662,247</b>
<b>FY23 Actual Regional Expenditures</b>	<b>\$ 9,618,562</b>
<b>Accrual Fund Balance as of 6/30/2023</b>	<b>\$ 4,043,685</b>

## **G. Financial Forecasting Measures**

The following is a description of the financial forecasting measures used by SWIA MHDS Region in the identification of service need and funding necessary for services. Historical service utilization is the starting point for all financial projections. The SWIA MHDS has been operating under one single region budget since beginning operations July 1, 2014. There continue to be changes in the system leading to some unpredictability in forecasting. New people continue to access the Iowa Health and Wellness Plan and a waiting list continues for HCBS ID Waiver. The Iowa Medicaid system became managed by Managed Care Organizations (MCOs) beginning April 2016. This continues to bring additional changes to the system, especially as new MCOs have come to Iowa after other MCOs leave. The region forecasts any new services it is creating based on cost estimates of similar programs in the state. The new crisis and intensive services mandated by the legislature remain difficult to forecast since they include services not previously offered, however, Medicaid reimbursement should cover most of those costs.

In past years, SWIA MHDS had a five-year plan aimed at working toward decreasing the fund balance while slowly increasing the property tax amounts within each county. When the legislature unexpectedly implemented SF619 after this Service and Budget Plan was already submitted for FY22, SWIA MHDS plans had to be modified knowing that decreasing the fund balance to 40% by year end FY22 was not as feasible due to the formula for the transition to state funding. The new formula increased the revenue for FY22 from a planned \$4,306,819 to \$6,928,361 (\$3,958,528 @ county levy \$21.14 per capita + \$2,969,833 @ state per capita \$15.86). The region's Governing Board decided to return all state funds received during FY22 to the state since they were not allowed to decrease the levy below the established rate in legislation.

Throughout the year, SWIA MHDS regional staff and stakeholders identify unmet needs and areas for service development which are incorporated into subsequent service and budget plans. SWIA MHDS gathers information through its Advisory Committees at least twice a year to assess community priorities and begin planning for development of additional service needs and costs for both children and adults. The region will plan for use of available financial resources in an effective and responsible manner. There are no reductions of services planned for FY23.

## **H. Provider Reimbursement Provisions**

The following is a description of the types of funding used by SWIA MHDS Region.

- Fee for service: SWIA MHDS will contract with MHDS providers whose base of operation is within the region. The region may also honor contracts that other regions have with their local providers or may choose to contract with providers outside of the region. A contract may not be required with providers that provide one-time or as needed services. A fee for service approach will be utilized in most provider contracts outlining the services to be provided and the rate of reimbursement. All payments will be based on a pre-authorized request for service authorization except for court ordered payments, such as civil commitment costs and crisis services.
- Block grant payments: The region may utilize block grant payments when a service does not fit the traditional methods of payment based on a pre-approved individual service request. Examples are the Hope4Iowa crisis call line, as well as 24-hour crisis coverage payments to the region's contracted mental health centers. There

also may be an occasion when developing services where start-up costs are necessary that would not be tied to an individual. Grant funding opportunities may also be offered by SWIA MHDS based on an assessed community need to engage providers in Evidence Based Practices.

- Use of nontraditional providers: When a non-traditional provider arrangement is more appropriate than a fee for service approach with a contracted provider, the Service Coordinator will work with the region's CEO to request such arrangements. A non-traditional provider may be an individual, organization and/or business who delivers services in the consumer's home and/or other community setting. Non-traditional providers typically are individuals, organizations, or businesses which do not provide MHDS services as a part of their normal business. These services are not to provide treatment but are supportive and may be rehabilitative in focus and are initiated when there is a reasonable likelihood that such services will benefit the consumer's functioning, assist them in maintaining community tenure, and act as an alternative way to achieve the consumer's stated goals or outcomes. A request for funding can be made by any consumer, or the consumer's authorized representative, to utilize non-traditional providers for services as approved in the Regional Management Plan. Non-traditional providers may be subject to certain licensing, certification, accreditation, or other state approval standards.
- Incorporation of all funding sources for individuals including Medicaid: The Region is responsible for ensuring that MHDS services are available to all residents of the region regardless of funding source. SWIA MHDS will ensure that individuals apply for all funding sources prior to accessing regional funding, including private insurance, Medicaid, Medicare, and other funding mechanisms which ensure that individuals and their families are able to optimally live, work, and recreate in integrated communities of their choice.
- Financial resource policy: SWIA MHDS follows the resource requirements of \$2000/\$3000 as outlined in administrative rule for FY 23 (331.393 subsection 2.h.). Under extenuating circumstances SWIA MHDS may offer an Exception to Policy for a short duration and for immediate needs while a client is establishing an ABLE account, etc. Examples of this may include an individual needing immediate placement due to health/safety issues, or an individual who receives a Social Security back payment and is over resources until that money is spent down or put into a burial account. These exceptions are monitored closely, and the Region works with the client's team to monitor progress toward spending down any amounts over the resource requirement.

## Appendix A

### ***Adult Advisory Committee Members***

<i>NAME</i>	<i>AGENCY</i>	<i>representation</i>
Barb Belstene		Individual
Scott Halverson	CHI Health	Provider MI
Jessica Duncan	Angels Care Home Health	Provider MI
Jessica Johanns	League of Human Dignity	Provider DD
Sherrie McDonald	Connections AAA	Provider MI
Mary O'Neill	Heartland Family Service	Provider MI/ IHH/substance
Kate Smith	Myrtue Community MHC	Provider MI
Berneeta Wagoner	Southwest IA families	Individual

### ***Children's Advisory Committee Members***

<i>NAME</i>	<i>AGENCY</i>	<i>representation</i>
Kathy Hanafan	Greenhills AEA	Education system
Scott Halverson	CHI Health	Behavioral health provider
Tarah Devlin-Lawler	West Ctrl Comm Action	Early Child Adv / Ch welfare
Melissa Nation	DHS	Child Welfare
Ryan McCormick	4 <sup>th</sup> Judicial District	Juvenile Court
Tara Goodman		Parent
Ashley Harlow	Children's Hospital Pediatrics	Pediatrician
Anthony Kava	Iowa Internet Crimes Against Children (ICAC) Task Force & Pott Co Sheriff Department	Law Enforcement
TBD	Children's Square USA	Child Care Provider

### ***Governing Board Members***

<i>NAME</i>	<i>Agency or County</i>	<i>representation</i>
John Hartkopf	Cass	County Board of Supervisor
Randy Hickey	Fremont	County Board of Supervisor
Tony Smith	Harrison	County Board of Supervisor
Richard Crouch	Mills	County Board of Supervisor
Tom Brouillette	Monona	County Board of Supervisor
Mark Peterson	Montgomery	County Board of Supervisor
Chuck Morris	Page	County Board of Supervisor
Lynn Grobe	Pottawattamie	County Board of Supervisor
Steve Kenkel	Shelby	County Board of Supervisor
Kathy Hanafan	Greenhills AEA	Education
Mary O'Neill	Heartland Family Service	Adult Provider
Scott Halverson	Alegent Psychiatric Associates	Children's Provider
Berneeta Wagoner		Adult Family Member
Tara Goodman		Parent of Child Member