

SOUTH CENTRAL BEHAVIORAL HEALTH REGION
FY23 ANNUAL SERVICE & BUDGET PLAN



**South Central Behavioral
Health Region**

SUBMITTED
3/23/2022

GEOGRAPHIC AREA: *Appanoose, Davis, Mahaska and Wapello*
APPROVED BY ADVISORY BOARD: 3/18/2022
APPROVED BY GOVERNING BOARD: 3/23/2022

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Introduction

South Central Behavioral Health Region (SCBHR) was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 331.390. The annual service and budget plan is a component of the Management Plan which includes three parts: Annual Service and Budget Plan, Annual Report and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY2023 Annual Service and Budget Plan covers the period of July 1, 2022, to June 30, 2023. The Annual Service and Budget Plan includes local access points, targeted case management providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

Description of governing board and advisory boards provided in Appendix A attached.

A. Local Access Points

An access point is a part of the SCBHR service system trained to complete MHDS regional applications for persons with a disability.

SCBHR has designated the following access points for mental health and disability services.

Access Point	Location	Contact Information
Appanoose County Community Services Office	209 E Jackson Street, Centerville, Iowa 52544	1-641-856-2085 Website: www.scbhr.net
Davis County Community Services Office	712 S. West, Bloomfield, Iowa 52537	1-641-664-1993 Website: www.scbhr.net
Mahaska County Community Services Office	301 1st Avenue E., Oskaloosa, Iowa 52577	1-641-673-0410 Website: www.scbhr.net
Southern Iowa Mental Health Center	1527 Albia Road, Ottumwa, Iowa 52501	Website: https://www.simhcottumwa.org/ 641-682-8772
Wapello County Community Services Office	110 E. Main, Ottumwa, Iowa 52501	1-641-683-4576 Website: www.scbhr.net

SCBHR has designated the following access points for children's behavioral health services.

Access Point	Location	Contact Information
Appanoose County Community Services Office	209 E Jackson Street, Centerville, Iowa 52544	1-641-856-2085 Website: www.scbhr.net
Davis County Community Services Office	712 S. West, Bloomfield, Iowa 52537	1-641-664-1993 Website: www.scbhr.net
Mahaska County Community Services Office	301 1st Avenue E., Oskaloosa, Iowa 52577	1-641-673-0410 Website: www.scbhr.net
Wapello County Community Services Office	110 E. Main, Ottumwa, Iowa 52501	1-641-683-4576 Website: www.scbhr.net

B. Service Coordination and Targeted Case Management

The following agencies provide service coordination and/or targeted case management for SCBHR.

Service Coordination Provider	Adult/Child/Both	Location	Contact Information
Appanoose County Community Services Office	Adult/Children	209 E Jackson Street, Centerville, Iowa 52544	1-641-856-2085 Website: www.scbhr.net
Davis County Community Services Office	Adult/Children	712 S. West, Bloomfield, Iowa 52537	1-641-664-1993 Website: www.scbhr.net
Mahaska County Community Services Office	Adult/Children	301 1st Avenue E., Oskaloosa, Iowa 52577	1-641-673-0410 Website: www.scbhr.net
Wapello County Community Services Office	Adult/Children	110 E. Main, Ottumwa Iowa 52501	1-641-683-4576 Website: www.scbhr.net
Southern Iowa Mental Health Center	Adult/Children	1527 Albia Rd, Ottumwa, Iowa 52501 1229 C Avenue East, Oskaloosa, Iowa 52577	1-641-682-8772 Website: https://www.simhcottumwa.org/
Infinity	Adult/Children	302 NE 14th Street, Leon, IA 50144	(641) 446-2383 Website: http://chcsi.org/
Amerigroup	Adults/Children	PO Box 71099, Clive, IA 50325	1-800-600-4441 TTY: 711 Website: http://www.myamerigroup.com/IA
Iowa Total Care	Adults/Children	1080 Jordan Creek Parkway, West Des Moines, Iowa 50266	1-833-404-1061 (TTY: 711) Website: https://www.iowatotalcare.com/contact-us.html
DHS Case Management	Adults/Children	400 SW 8th St, Des Moines, IA 50319	515-242-6877

C. Crisis Planning

The following accredited crisis services are available to residents of the region for crisis prevention, response and resolution.

24 Hour Crisis Response

Provider	Location	Contact Information
Southern Iowa Mental Health Center	1527 Albia Rd, Ottumwa, IA 52501 1229 C Avenue East, Oskaloosa, IA 52577	1-641-682-8772 Website: https://www.simhcottumwa.org/
Infinity	302 NE 14th Street, Leon, IA 50144	(641) 446-2383 Website: http://chcsi.org/
Mercy Medical Centerville Iowa	1 Old Hwy 5, Centerville, IA 52544	(641) 437-4111 Website https://www.mercyone.org/centerville/
Mahaska County Hospital	1229 C Avenue East Oskaloosa, Iowa 52577	641.672.3100 Website: http://www.mahaskahealth.org/

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24 Hour Crisis Hotline

Provider	Location	Contact Information
Southern Iowa Mental Health Center	1527 Albia Rd, Ottumwa, IA 52501	1-641-682-8772 Website: https://www.simhcottumwa.org/
Your life Iowa	1714 Johnson Ave NW Cedar Rapids, IA 52405	Call: (855) 581-8111 Text: (855) 895-8398 https://yourlifeiowa.org/

Crisis Evaluation

Provider	Adult/Child/Both	Location	Contact Information
Southern Iowa Mental Health	Adult/Children	1527 Albia Rd, Ottumwa, IA 52501 1229 C Avenue East, Oskaloosa, IA 52577	1-641-682-8772 Website: https://www.simhcottumwa.org/
Infinity	Adult/Children	302 NE 14th Street, Leon, IA 50144	(641) 446-2383 Website: http://chcsi.org/
Mahaska County Hospital	Adult/Children	1229 C Avenue East, Oskaloosa, Iowa 52577	641.672.3100 Website: http://www.mahaskahealth.org/
Mercy Medical Centerville Iowa	Adult/Children	1 Old Hwy 5, Centerville, IA 52544	(641) 437-4111 Website https://www.mercyone.org/centerville/

Mobile Response

Provider	Location/Serves	Contact Information
Southern Iowa Mental Health	1527 Albia Rd, Ottumwa, IA 52501 Adult/Children	1-844-430-8520 Website: https://www.simhcottumwa.org/
Infinity	302 NE 14th Street, Leon, IA 50144 Adult/Children	(641) 446-2383 Website: http://chcsi.org/

Crisis Stabilization Community-based Services

Provider	Adult/Child	Location	Contact Information
American Home Finding Association	Children	217 E 5th St, Ottumwa, IA 52501	(641) 682-3449 http://ahfa.org/wordpress/

Crisis Stabilization Residential Services

Provider	Adult/Child	Location	Contact Information
American Home Finding Association	Child	217 E 5th St, Ottumwa, IA 52501	(641) 682-3449 http://ahfa.org/wordpress/
Infinity	Adult	302 NE 14th Street, Leon, IA 50144	(641) 446-2383 Website: http://chcsi.org/
Southern Iowa Mental Health	Adult	1527 Albia Rd, Ottumwa, IA 52501	641-682-8772 Website: https://www.simhcottumwa.org/

23-Hour Observation

Provider	Location/Serves	Contact Information
Southern Iowa Mental Health Center	1527 Albia Rd, Ottumwa, IA 52501 Adult	641-682-8772 Website: https://www.simhcottumwa.org/
Infinity	302 NE 14 th Street, Leon IA 50144 Adult	(641) 446-2383 Website: http://chcsi.org/

SCBHR honors all Regional contracts for Crisis Services to provide access to our SCBHR clients when in need of the Crisis Services wherever the location.

D. Intensive Mental Health Services

The region has designated the following provider(s) as an **Access Center** that meet the requirements according to IAC 441—25.6(1) in a coordinated manner in one or more locations:

Provider	Location/Serves	Contact Information
Southern Iowa Mental Health	1527 Albia Rd, Ottumwa, IA 52501 Adults	641-682-8772 Website: https://www.simhcottumwa.org/

The region has designated the following **Assertive Community Treatment (ACT)** teams which have been designated and meet the requirements in IAC 441—25.6(2).

Provider	Location/Serves	Contact Information
Southern Iowa Mental Health Center	1527 Albia Rd, Ottumwa, IA 52501 Adults	641-682-8772 Website: https://www.simhcottumwa.org/

The region has designated the following **Subacute** service providers which meet the criteria and are licensed by the Department of Inspections and Appeals.

Provider	Location/Serves	Contact Information

Southern Iowa Mental Health Center	1527 Albia Rd, Ottumwa, IA 52501 Adults	641-682-8772 Website: https://www.simhcottumwa.org/
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The region has designated the following **Intensive Residential Service** providers which have been designated and meet the requirements in IAC 441—25.6(8):

Provider	Location	Contact Information
TBD		

E. Scope of Services & Budget and Financing Provisions

The table below identifies the scope of services offered by *SCBHR*. All core services are available. If there is not funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements *found in section F of the SCBHR policy and procedure manual*, funding will be made available. Core services for children’s behavioral health are identified by (**) after the service name. Eligibility guidelines for children’s behavioral health services are located in *section F, page 14 of the SCBHR policy and procedure manual*. The Policy and procedure manual can be found online as of 07/01/2020 at: www.scbhr.org

The region will utilize braided funding that includes county, regional, state and other funding sources as necessary and available to meet the service needs within the region.

Table A. Expenditures

FY 2023 Budget	XXXX MHDS Region	MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total
Core Domains							
COA	Treatment						
42305	Mental health outpatient therapy **	\$ 2,500					\$ 2,500
42306	Medication prescribing & management **						\$ -
43301	Assessment, evaluation, and early identification **	\$ 20,000					\$ 20,000
71319	Mental health inpatient therapy-MHI	\$ 200,000					\$ 200,000
73319	Mental health inpatient therapy **	\$ 80,000					\$ 80,000
	Crisis Services						
32322	Personal emergency response system						\$ -
44301	Crisis evaluation	\$ 70,000					\$ 70,000
44302	23 hour crisis observation & holding	\$ 25,000					\$ 25,000
44305	24 hour access to crisis response						\$ -

44307	Mobile response **	\$ 300,000					\$ 300,000
44312	Crisis Stabilization community-based services **	\$ 50,000					\$ 50,000
44313	Crisis Stabilization residential services **	\$ 150,000					\$ 150,000
44396	Access Centers: start-up / sustainability	\$ 350,000					\$ 350,000
	Support for Community Living						
32320	Home health aide						\$ -
32325	Respite						\$ -
32328	Home & vehicle modifications						\$ -
32329	Supported community living	\$ 20,000					\$ 20,000
42329	Intensive residential services	\$ 25,000					\$ 25,000
	Support for Employment						
50362	Prevocational services						\$ -
50364	Job development						\$ -
50367	Day habilitation						\$ -
50368	Supported employment						\$ -
50369	Group Supported employment-enclave						\$ -
	Recovery Services						
45323	Family support						\$ -
45366	Peer support						\$ -
	Service Coordination						
21375	Case management						\$ -
24376	Health homes						\$ -
	Sub-Acute Services						
63309	Subacute services-1-5 beds	\$ 5,000					\$ 5,000
64309	Subacute services-6 and over beds						\$ -
	Core Evidenced Based Treatment						
04422	Education & Training Services - provider competency						\$ -
32396	Supported housing	\$ 50,000					\$ 50,000
42398	Assertive community treatment (ACT)	\$ 10,000					\$ 10,000
45373	Family psychoeducation						\$ -
	Core Domains Total	\$ 1,357,500	\$ -	\$ -	\$ -		\$ 1,357,500
	Mandated Services						
46319	Oakdale						\$ -
72319	State resource centers						\$ -
74XXX	Commitment related (except 301)	\$ 85,000					\$ 85,000

75XXX	Mental health advocate	\$ 90,000				\$ 90,000
	Mandated Services Total	\$ 175,000	\$ -	\$ -	\$ -	\$ 175,000
Additional Core Domains						
	Justice system-involved services					
25xxx	Coordination services					\$ -
44346	24 hour crisis line*					\$ -
44366	Warm line*	\$ 1,000				\$ 1,000
46305	Mental health services in jails	\$ 250,000				\$ 250,000
46399	Justice system-involved services-other					\$ -
46422	Crisis prevention training	\$ 20,000				\$ 20,000
46425	Mental health court related costs					\$ -
74301	Civil commitment prescreening evaluation					\$ -
	Additional Core Evidenced based treatment					
42366	Peer self-help drop-in centers	\$ 605,000				\$ 605,000
42397	Psychiatric rehabilitation (IPR)					\$ -
	Additional Core Domains Total	\$ 876,000	\$ -	\$ -	\$ -	\$ 876,000
Other Informational Services						
03371	Information & referral					\$ -
04372	Planning, consultation &/or early intervention (client related) **	\$ 229,100				\$ 229,100
04377	Provider Incentive Payment					\$ -
04399	Consultation Other					\$ -
04429	Planning and Management Consultants (non-client related)	\$ 48,000				\$ 48,000
05373	Public education, prevention and education **	\$ 100,000				\$ 100,000
	Other Informational Services Total	\$ 377,100	\$ -	\$ -	\$ -	\$ 377,100
Community Living Supports						
06399	Academic services					\$ -
22XXX	Services management	\$ 427,841				\$ 427,841
23376	Crisis care coordination					\$ -
23399	Crisis care coordination other					\$ -
24399	Health home other					\$ -
31XXX	Transportation	\$ 15,000				\$ 15,000
32321	Chore services					\$ -
32326	Guardian/conservator					\$ -
32327	Representative payee					\$ -

32335	CDAC						\$ -
32399	Other support						\$ -
33330	Mobile meals						\$ -
33340	Rent payments (time limited)						\$ -
33345	Ongoing rent subsidy	\$ 15,000					\$ 15,000
33399	Other basic needs	\$ 500					\$ 500
41305	Physiological outpatient treatment						\$ -
41306	Prescription meds	\$ 2,500					\$ 2,500
41307	In-home nursing						\$ -
41308	Health supplies						\$ -
41399	Other physiological treatment						\$ -
42309	Partial hospitalization						\$ -
42310	Transitional living program						\$ -
42363	Day treatment						\$ -
42396	Community support programs						\$ -
42399	Other psychotherapeutic treatment						\$ -
43399	Other non-crisis evaluation						\$ -
44304	Emergency care						\$ -
44399	Other crisis services						\$ -
45399	Other family & peer support						\$ -
46306	Psychiatric medications in jail	\$ 50,000					\$ 50,000
50361	Vocational skills training						\$ -
50365	Supported education						\$ -
50399	Other vocational & day services						\$ -
63XXX	RCF 1-5 beds (63314, 63315 & 63316)						\$ -
63XXX	ICF 1-5 beds (63317 & 63318)						\$ -
63329	SCL 1-5 beds						\$ -
63399	Other 1-5 beds						\$ -
	Community Living Supports	\$ 510,841	\$ -	\$ -	\$ -		\$ 510,841
Other Congregate Services							
50360	Work services (work activity/sheltered work)						\$ -
64XXX	RCF 6 and over beds (64314, 64315 & 64316)	\$ 100,000					\$ 100,000
64XXX	ICF 6 and over beds (64317 & 64318)						\$ -
64329	SCL 6 and over beds						\$ -

64399	Other 6 and over beds						\$ -
	Other Congregate Services Total	\$ 100,000	\$ -	\$ -	\$ -		\$ 100,000
Administration							
11XXX	Direct Administration					586,598	\$ 586,598
12XXX	Purchased Administration					500	\$ 500
	Administration Total					\$ 587,098	\$ 587,098
	Regional Totals	\$ 3,396,441	\$ -	\$ -	\$ -	\$ 587,098	\$ 3,983,539
(45XX-XXX)County Provided Case Management							
							\$ -
(46XX-XXX)County Provided Services							
							\$ -
	Regional Grand Total						\$ 3,983,539

Transfer Numbers (Expenditures should only be counted when final expenditure is made for services/administration. Transfers are eliminated from budget to show true regional finances)

13951	Distribution to MHDS regional fiscal agent from member county	\$ -
14951	MHDS fiscal agent reimbursement to MHDS regional member county	\$

*24 hour crisis line and warm line are transitioning from additional core to state wide services with state funding.

**Core services for children with a serious emotional disturbance (SED)

Table B. Revenues

FY 2023 Budget	SCBH MHDS Region		
Revenues			
	Projected Fund Balance as of 6/30/22		\$ 1,708,555
	Local/Regional Funds		\$ -
1010	Delinquent Property Tax		
25XX	Other Governmental Revenues		
4XXX-5XXX	Charges for Services		
5310	Client Fees		
60XX	Interest		
6XXX	Use of Money & Property		
8XXX	Miscellaneous		
9040	Other Budgetary Funds (Polk Transfer Only)		
	State Funds		\$ 2,995,768.00
24XX	State/Federal pass thru Revenue		
2644	State Regional Service Payments		
2643	State Incentive Funds		

	Other		
	Federal Funds		\$ -
2345	Medicaid		
2347	American Rescue Plan Act (ARPA)		
	Other		
	Total Revenues		\$ 2,995,768

Total Funds Available for FY2023	\$ 4,704,323
FY23 Actual Regional Expenditures	\$ 3,983,539
Accrual Fund Balance as of 6/30/2023	\$ 720,784

Table E. County Levies

County	2020 Est. Pop.	FY2023 State Dollars
Appanoose	12,430	472,340
Davis	9,051	343,938
Mahaska	22,370	850,060
Wapello	34,985	1,329,430
SCBH Region	78,836	2,995,768

G. Financial Forecasting Measures

The following is a description of the financial forecasting measures used by SCBHR in the identification of service need and funding necessary for services.

SCBHR, will collaborate with stakeholders and advisory committee members throughout FY23 to determine service needs of the community and training needs of the providers. SCBHR will levy 38.00 and has budgeted for Adult and Children Community Based services along with Adult Intensive Residential and Children Crisis Residential Services. SCBHR works alongside all regions especially CROSS and SEIL Regions to partner on services in catchment areas that the provider can sustain. SCBHR is analyzing the DHS identified braid funding sources as the region has subsidized development, access to service, and sustainability. Financial sustainability is being called into question as related to fee for service structures and the cost settled rates based on the actual cost to operate services for which the region is absorbing all cost. The region's goal to sustain the service system at current with the hopes that Managed Care Organizations will start funding Medicaid services to relieve the region of 100% cost of Crisis Services. At current the region has met the core service timeline both for adult core services and children core services.

H. Provider Reimbursement Provisions

The following is a description of the types of funding used by *SCBHR*

- **Fee for service:**
SCBHR will contract with MHDS providers whose base of operation is within the region. SCBHR may also honor contracts that other regions have with their local providers or may choose to contract with providers outside of the region. A contract may not be required with providers that provide one-time or as needed services. A fee for service approach will be utilized in most provider contracts outlining the services to be provided and the rate of reimbursement. All payments will be based on a pre-authorized request for service authorization with the exception of court ordered payments, such as civil commitment costs and crisis services.
- **Block grant payments:**
SCBHR currently funds Southern Iowa Mental Health Center, First Resources and Optima under the payment provision of a block grant. Services rendered include Drop-in Centers in Appanoose, Davis, Mahaska and Wapello Counties. Southern Iowa Mental Health Center receives block grant dollars to support Planning and or Consultation Services (client), Planning and Management Consultants (non-client) and Public Education Service block grant dollars. SCBHR uses block grant dollars to provide help with the short-fall for Crisis Services offered at Southern Iowa Mental Health Center.
- **Use of nontraditional providers:**
When a non-traditional provider arrangement is more appropriate than a fee for service approach with a contracted provider, the Coordinators of Disability Services will work with the region's CEO to request such arrangements. A non-traditional provider may be an individual, organization and/or business who delivers services in the consumer's home and/or other community setting. Non-traditional providers typically are individuals, organizations, or businesses which do not provide MHDS services as a part of their normal business. These services are not to provide treatment but are supportive and may be rehabilitative in focus, and are initiated when there is a reasonable likelihood that such services will benefit the consumer's functioning, assist them in maintaining community tenure, and act as an alternative way to achieve the consumer's stated goals or outcomes. A request for funding can be made by any consumer, or the consumer's authorized representative, to utilize non-traditional providers for services as approved in the Regional Management Plan. Non-traditional providers may be subject to certain licensing, certification, accreditation or other state approval standards.
- **Incorporation of all funding sources for individuals including Medicaid:**
The Region is responsible for ensuring that MHDS services are available to all residents of the region regardless of funding source. SCBHR will ensure that individuals apply for all funding sources prior to accessing regional funding, including private insurance, Medicaid, Medicare and other funding mechanisms which ensure that individuals and their families are able to optimally live, work, and recreate in integrated communities of their choice.