### **CROSS MHDS**

## **FY23 ANNUAL SERVICE & BUDGET PLAN**



SUBMITTED **03/29/2022** 

GEOGRAPHIC AREA: Clarke, Decatur, Lucas, Marion, Monroe, Ringgold and Wayne

APPROVED BY ADVISORY BOARD: 02/04/2022
APPROVED BY GOVERNING BOARD: 03/29/2022

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### Introduction

The County Rural Offices of Social Services (CROSS) was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 331.390. The annual service and budget plan is a component of the Management Plan which includes three parts: Annual Service and Budget Plan, Annual Report and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY2023 Annual Service and Budget Plan covers the period of July 1, 2022 to June 30, 2023. The Annual Service and Budget Plan includes local access points, targeted case management providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

The Regional Governing Board is ultimately responsible for: (a) the advancement of a regional management plan; (b) the development of access to a regional service system for adults with mental illness, intellectual disabilities, developmental disabilities and brain injuries as well as to children with serious emotional disturbances; and (c) the administration of the non-Medicaid funded Mental Health Disability Services (MHDS) and children's behavioral health services as outlined in Iowa Code. The FY2023 CROSS Governing Board is comprised of the following membership.

<u>Member</u>	Representing	Voting Member
Austin Taylor	Clarke County Board of Supervisors	Yes
Ward Graham	Decatur County Board of Supervisors	Yes
Dennis Smith	Lucas County Board of Supervisors	Yes
Mark Raymie	Marion County Board of Supervisors	Yes
Denny Amoss	Monroe County Board of Supervisors	Yes
Ron Landphair	Ringgold County Board of Supervisors	Yes
Don Seams	Wayne County Board of Supervisors	Yes
Terrance Horn	Adults/Actively Involved Relatives of an Adult who Utilizes Mental Health	Yes
	and Disability Services (designated by the regional adult mental health and	
	disability services advisory committee)	
Kerri Buddenhagen	Parents/Actively Involved Relatives of a Child who Utilizes Children's	Yes
	Behavioral Health Services (designated by the regional children's	
	behavioral health services advisory committee)	
Kathleen Hanafan	The Regional Education System (designated by the regional children's	Yes
	behavioral health services advisory committee)	
Conni Dunsmore	Optimae Life Services-Regional MHDS Adult Service Providers (designated	No
	by the regional adult mental health and disability services advisory	
	committee)	
Stacy Haas	Regional Children's Behavioral Health Service Providers (designated by the	No
	regional children's behavioral health services advisory committee)	

The CROSS Region Adult Advisory Committee is comprised of the following membership. The committee is actively seeking members with lived experience as well as family members of those with lived experience.

<u>Member</u>	Representing	
Danielle O'Brien	Community Health Centers of Southern Iowa–Adult Service Provider	
Terrence Horn	Individual with lived experience	
Open	Family Member	
Conni Dunsmore	Optimae Life Services-Adult Service Provider	
Rachel Cecil	CROSS Region CEO, Board member appointee	

The CROSS Region Children's Advisory Committee is comprised of the following membership. The committee is actively seeking parents or caregivers or children with a SED as well as childcare providers.

<u>Member</u>	Representing
Kerri Buddenhagen	Parents/Actively Involved Relatives of a
	Child who Utilizes Children's Behavioral
	Health Services
Kathleen Hanafan Green Hills AEA	The Education System
Jenny Robinson ECI Director, Kids First Communities and Quad Counties 4	Early Childhood Advocates
Kids	
Patricia PJ West MIECHV Program Manager Community Health Consultant,	Child Welfare Advocates
IDPH	
Stacy Haas Marion County Public Health	Children's Behavioral Health Service
	Providers
Kristi Dodson, Juvenile Court Officer	The Juvenile Court System
Jennifer Archer, ARNP	Pediatricians
TBD	Child Care Providers
Kyle Keller Resource Officer, Knoxville Police Department	Local Law Enforcement
Austin Taylor	Regional Governing Board

## **A.** Local Access Points

An access point is a part of the CROSS Region service system trained to complete MHDS regional applications for persons with a disability.

CROSS has designated the following access points for mental health and disability services.

Access Point	Location	Contact Information
Clarke County CROSS Office	100 S. Main St. Osceola, IA 50213	641-414-2968
Decatur County CROSS Office	201 NE Idaho Leon, IA 50144	641-446-7178
Lucas County CROSS Office	125 South Grand Chariton, IA 50049	641-774-0423
Marion County CROSS Office	2003 N. Lincoln St. Knoxville, IA 50138	641-828-2238
Monroe County CROSS Office	1801 South B. St. Albia, IA 52531	641-932-2427
Ringgold County CROSS Office	109 West. Madison St. Mount Ayr, IA 50854	641-464-0691
Wayne County CROSS Office	101 North Lafayette Corydon, IA 50060	641-872-1301
Clarke County Hospital	800 S. Filmore St. Osceola, IA 50213	641-342-2184
Clarke County Public Health	144 W. Jefferson St. Osceola, IA	641-342-3724
	50213	
Infinity Health (formerly CHCSI) 7		
locations		
Albia	117 South Main St. Albia, IA 52531	641-932-2065
Chariton	1711 Osceola Ave Chariton, IA 50049	641-774-8484
Corydon	215 West State St. Corydon, IA 50144	641-872-1750
Knoxville	1504 N. Lincoln St. Knoxville, IA 50138	641-828-6208
Leon	302 NE 14 <sup>th</sup> St. Leon, IA 50144	641-446-2383
Lamoni	802 E Ackerly Lamoni, IA 50140	641-784-7911
Osceola	219 W. Washington St. Osceola, IA	641-342-1742
	50213	
Crossroads Mental Health	405 E McLane Osceola, IA 50213	641-342-4888
Decatur County Public Health	207 NE Idaho St. Leon, IA 50144	641-446-6518
Marion County Public Health	2003 N. Lincoln St. Knoxville, IA 50138	641-828-2238

CROSS has designated the following access points for children's behavioral health services.

Access Point	Location	Contact Information
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Clarke County CROSS Office	100 S. Main St. Osceola, IA 50213	641-414-2968
Decatur County CROSS Office	201 NE Idaho Leon, IA 50144	641-446-7178
Lucas County CROSS Office	125 South Grand Chariton, IA 50049	641-774-0423
Marion County CROSS Office	2003 N. Lincoln St. Knoxville, IA 50138	641-828-2238
Monroe County CROSS Office	1801 South B. St. Albia, IA 52531	641-932-2427
Ringgold County CROSS Office	109 West. Madison St. Mount Ayr, IA 50854	641-464-0691
Wayne County CROSS Office	101 North Lafayette Corydon, IA 50060	641-872-1301
Clarke County Hospital	800 S. Filmore St. Osceola, IA 50213	641-342-2184
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Community Health Centers of Southern Iowa (CHCSI) 7 locations		
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Corydon	215 West State St. Corydon, IA 50144	641-872-1750
Knoxville	1504 N. Lincoln St. Knoxville, IA 50138	641-828-6208
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## **B. Service Coordination and Targeted Case Management**

The following agencies provide service coordination and/or targeted case management for individuals in the CROSS Region.

Service Coordination Provider	Adult/Child/Both	Location	Contact Information
DHS Case Management	Both	400 SW 8th St. Des Moines, IA	515-242-6877
		50319	
Amerigroup Iowa	Both	PO Box 71099	1-800-600-4441
		Clive, IA 50325	
Iowa Total Care	Both	636 E Grand Ave. Des Moines, IA	1-833-404-1061
		50309	
Capstone Behavioral Health IHH	Adult	1123 1st Ave E Suite 200 Newton,	641-375-3481
		IA 50314	
Crossroads Behavioral Health IHH	Adult/Child	1003 Cottonwood Rd. Creston,	641-782-8457
		IA 50801	
Southern Iowa Mental Health	Adult/Child	1527 Albia Rd. Ottumwa, IA	641-682-8772
Center		52501	
Ellipsis	Child	918 SE 11th St. Des Moines, IA	515-282-9377
		50309	
CROSS MHDS Disability Service	Both	Locations listed under section	Phone numbers listed under
Coordination		A.	section A.

## C. Crisis Planning

The following accredited crisis services are available to residents of the region for crisis prevention, response and resolution.

#### 24 Hour Crisis Response

Provider	Location	Contact Information
Infinity Health (formerly CHCSI)	219 W. Washington St. Osceola, IA 50213	641-342-1742
Integrated Health Partners (ITP)	1501 42 <sup>nd</sup> St. West Des Moines, IA 50266	641-855-270-3625

#### 24 Hour Crisis Hotline

Provider	Location	Contact Information	
Your life Iowa	Online: https://yourlifeiowa.org/	1-855-581-8111	

#### **Crisis Evaluation**

Provider	Adult/Child/Both	Location	Contact Information
Infinity Health (formerly CHCSI)	Both	219 W. Washington St. Osceola, IA 50213	641-342-1742
Integrated Telehealth Partners (ITP)	Both	1501 42 <sup>nd</sup> St. West Des Moines, IA 50266	641-855-270-3625

#### **Mobile Response**

Provider	Location	Contact Information
Infinity Health (formerly CHCSI)	219 W. Washington St. Osceola, IA 50213	641-342-1742

#### **Crisis Stabilization Community-based Services**

Provider	Adult/Child/Both	Location	Contact Information
Infinity Health (formerly CHCSI)	Both	219 W. Washington St. Osceola, IA 50213	641-342-1742
American Home Finding	Child	6941 Ashland Rd. Agency, IA 52530	641-937-5272

#### **Crisis Stabilization Residential Services**

Provider	ovider Adult/Child/Both Location		Contact Information
Infinity Health (formerly CHCSI)	Adult	219 W. Washington St. Osceola, IA 50213	641-342-1742
Southern Iowa Mental Health Center	Adult	1527 Albia Rd. Ottumwa, IA 52501	641-814-8730
Safe Harbor	Adult	PO Box 458 Woodward, IA 50276	515-438-2331
YSS (in process of accreditation as of date of this report)	Child	703 Burnett Ave. Ames, IA 50010	515-233-2250
American Home Finding (in process of accreditation as of the date of this report)	Child	6942 Ashland Rd. Agency, IA 52530	641-937-5272

#### 23-Hour Observation

Provider	Location	Contact
		Information
Infinity Health (formerly CHCSI)	219 W. Washington St. Osceola, IA 50213	641-342-1742

Should an individual with established residency in the CROSS-Region access crisis services in another region and CROSS does not hold a separate negotiated contract with the provider, the CROSS Region will honor the contract the crisis provider holds with the home region in regards to payment.

## **D. Intensive Mental Health Services**

The region has designated the following provider(s) as an **Access Center** that meet the requirements according to IAC 441—25.6(1) in a coordinated manner in one or more locations:

Provider	Location	Contact Information
Infinity Health (formerly CHCSI)	219 W. Washington St. Osceola, IA 50213	641-342-1742

The region has designated the following **Assertive Community Treatment (ACT)** teams which have been designated and meet the requirements in IAC 441—25.6(2).

Provider	Location	Contact Information
Resources for Human Development	1514 N. Lincoln St. Knoxville, IA 50138	641-632-2678

The region has designated the following **Subacute** service providers which meet the criteria and are licensed by the Department of Inspections and Appeals.

Provider	Location	Contact Information
Infinity Health (formerly CHCSI)	219 W. Washington St. Osceola, IA 50213	641-342-1742

The region has designated the following **Intensive Residential Service** providers which have been designated and meet the requirements in IAC 441—25.6(8).

Provider	Location	Contact Information
None		

## E. Scope of Services & Budget and Financing Provisions

The table below identifies the scope of services offered by the CROSS Region. All core services are available. If there is not funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements found in section E pages 19-24 of the CROSS Region policy and procedure manual, funding will be made available. Core services for children's behavioral health are identified by (\*\*) after the service name. Eligibility guidelines for children's behavioral health services are located in section E pages 19-24 of the CROSS Region policy and procedure manual. The Policy and procedure manual can be found online at: <a href="https://crossmentalhealth.org/wp-content/uploads/2020/05/FinalManagementPlancleancopy-1.pdf">https://crossmentalhealth.org/wp-content/uploads/2020/05/FinalManagementPlancleancopy-1.pdf</a>

The region will utilize braided funding that includes regional, state, and other funding sources to meet the service needs within the region. Federal funding, third-party payors, and other nongovernmental funding is to be used prior to expending state regional service payment dollars.

**Table A. Expenditures** 

FY 2023 Budget	CROSS MHDS Region	MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total
Core Domains							
COA	Treatment						
42305	Mental health outpatient therapy **	\$10,000					\$10,000
42306	Medication prescribing & management **	\$3,000					\$3,000
43301	Assessment, evaluation, and early identification **	\$10,000					\$10,000
71319	Mental health inpatient therapy-MHI	\$150,000					\$150,000
73319	Mental health inpatient therapy **	\$250,000					\$250,000
	Crisis Services						
32322	Personal emergency response system						\$ -
44301	Crisis evaluation	\$130,000					\$130,000
44302	23 hour crisis observation & holding	\$50,672					\$50,672

24 hour access to crisis response	\$130,000					\$130,000
Mobile response **						¢11F 000
Crisis Stabilization community-based services **						\$115,000
						\$175,000
						\$225,000
Access centers, start up / sustainability	\$540,000					\$540,000
Support for Community Living						
	\$2,000					\$2,000
•						\$ -
						\$ -
Supported community living	\$35,000	\$25,000	\$2,000			\$62,000
Intensive residential services	\$100,000					\$100,000
Support for Employment						
Prevocational services						\$ -
Job development						\$ -
Day habilitation		\$2,000	\$2,000	+		
Supported employment	¢20.000	\$3,000		+		\$5,000
Group Supported employment-enclave	\$20,000		\$1,000			\$21,000
,						\$ -
Recovery Services						
,	\$10,000					\$10,000
Peer support	\$10,000					\$10,000
Service Coordination						
Case management						\$ -
Health homes						\$ -
Sub-Acuta Sarvicas						<u> </u>
Subacute services-1-5 beds	¢25.000					¢35,000
Subacute services-6 and over beds						\$25,000
	\$85,000					\$85,000
	\$100,000					\$100,000
	\$185,000					\$185,000
	\$45,000					\$45,000
Family psychoeducation						\$ -
Core Domains Total	\$2,405,672	\$28,000	\$5,000	\$	_	\$2,438,672
ires						
Oakdale	\$6,000					\$6,000
State resource centers	30,000					
				1		\$ -
· · ·						\$87,000
	\$12,000					\$12,000
Mandated Services Total	\$105,000	\$ -	\$ -	\$	-	\$105,000
e Domains						
Justice system-involved services						
Coordination services	\$42,500					\$42,500
041						\$ -
24 hour crisis line*						
24 nour crisis line*  Warm line*						
	\$30,000					\$ -
	Mobile response ** Crisis Stabilization community-based services ** Crisis Stabilization residential services ** Access Centers: start-up / sustainability  Support for Community Living Home health aide Respite Home & vehicle modifications Supported community living Intensive residential services  Support for Employment Prevocational services Job development Day habilitation Supported employment-enclave Recovery Services Family support Peer support  Service Coordination Case management Health homes  Sub-Acute Services-1-5 beds Subacute services-6 and over beds  Core Evidenced Based Treatment Education & Training Services - provider competency Supported housing Assertive community treatment (ACT) Family psychoeducation  Core Domains Total  rices Oakdale State resource centers Commitment related (except 301) Mental health advocate  Mandated Services Total	Mobile response ** \$115,000 Crisis Stabilization community-based services ** \$175,000 Crisis Stabilization residential services ** \$225,000 Access Centers: start-up / sustainability \$540,000 Support for Community Living Home health aide \$2,000 Respite Home & vehicle modifications Supported community living \$35,000 Intensive residential services \$100,000 Support for Employment Prevocational services Job development Day habilitation Supported employment-enclave Recovery Services Family support Peer support St0,000 Service Coordination Case management Health homes Sub-Acute Services-1-5 beds Subacute services-6 and over beds Supported housing Assertive community treatment (ACT) Family psychoeducation Core Domains Total St2,405,672 Fices Oakdale State resource centers Commitment related (except 301) Mental health advocate  Mandated Services Total Justice system-involved services Subacute services Total Suppond Suppond Service State resource centers Commitment related (except 301) Mental health advocate  Mandated Services Total Justice system-involved services	Mobile response **  Crisis Stabilization community-based services **  S115,000  Crisis Stabilization residential services **  S225,000  Access Centers: start-up / sustainability  S540,000  Support for Community Living Home health aide  Respite Home & vehicle modifications  Supported community living Intensive residential services  Support for Employment Prevocational services Job development  Day habilitation  Supported employment  Group Supported employment-enclave  Recovery Services Family support  Service Coordination  Case management Health homes  Sub-Acute Services Subacute services-1-5 beds Subacute services-6 and over beds Subacute services-6 and over beds Supported housing Assertive community reatment (ACT) Family psychoeducation  Core Domains Total Services Commitment related (except 301) Mental health advocate  Mandated Services Total Justice system-involved services  Justice system-involved services  Justice system-involved services Justice system-involved services Justice system-involved services Justice system-involved services Justice system-involved services Justice system-involved services	S130,000   S130,000	S130,000   S15,000   S15	S130,000   S130,000

46422	Crisis prevention training	\$1,000				\$1,000	ı
46425	Mental health court related costs					\$	_
74301	Civil commitment prescreening evaluation					\$	
74301	Additional Core Evidenced based treatment					ې	-
42255	Peer self-help drop-in centers						
42366		4				\$	<del>-</del>
42397	Psychiatric rehabilitation (IPR)  Additional Core Domains Total	\$34,300					34,300
	7,444,161,41,631,631,631,631,631,631,631,631,631,63	\$108,050	\$ -	\$ -	\$ -	\$108,0	50
Other Informat							
03371	Information & referral					\$	-
04372	Planning, consultation &/or early intervention (client related) **					\$	-
04377	Provider Incentive Payment	\$20,000				\$20,00	0
04399	Consultation Other					\$	-
04429	Planning and Management Consultants (non-client related)					\$	-
05373	Public education, prevention and education **	\$115,000				\$115,0	00
000.0	Other Informational Services Total	\$ 135,000	\$ -	\$ -	\$ -		135,000
Community		3 133,000				ې ر	133,000
Living							
Supports	Academic services						
06399	Services management	_				\$	-
22XXX	Crisis care coordination	\$1,136,163				\$1,136	,163
23376	Crisis care coordination other						
23399						\$	
24399	Health home other	***				\$	-
31XXX	Transportation	\$60,000	\$2,000	\$4,0000		\$66,00	0
32321	Chore services					\$	-
32326	Guardian/conservator					\$	-
32327	Representative payee					\$	-
32335	CDAC					\$	-
32399	Other support					\$	-
33330	Mobile meals					\$	
33340	Rent payments (time limited)	\$5,000				\$5,000	
33345	Ongoing rent subsidy					\$	
33399	Other basic needs	\$1,000				\$1,000	
	Physiological outpatient treatment	\$30,000					
41305	Prescription meds	\$15,000				\$30,00	
41306	In-home nursing					\$15,00	
41307	Health supplies					\$	-
41308	Other physiological treatment				1	\$	-
41399	Partial hospitalization					\$	-
42309	Transitional living program					\$	-
42310						\$	-
42363	Day treatment				1	\$	
42396	Community support programs					\$	-
42399	Other psychotherapeutic treatment					\$	-
43399	Other non-crisis evaluation					\$	-
44204	Emergency care			1		\$	_
44304						<u> </u>	

45399	Other family & peer support						\$ -
46306	Psychiatric medications in jail						\$ -
50361	Vocational skills training						\$ -
50365	Supported education						\$ -
50399	Other vocational & day services						\$ -
63XXX	RCF 1-5 beds (63314, 63315 & 63316)	\$15,000					\$15,000
63XXX	ICF 1-5 beds (63317 & 63318)						\$ -
63329	SCL 1-5 beds	\$8,000					\$8,000
63399	Other 1-5 beds	, ,					\$ -
	Community Living Supports	\$1,270,163	\$2,000	\$4,000	\$ -		1,276,163
Other Congreg	ate Services						
50360	Work services (work activity/sheltered work)						\$ -
64XXX	RCF 6 and over beds (64314, 64315 & 64316)	\$185,000	\$12,000				\$197,000
64XXX	ICF 6 and over beds (64317 & 64318)						\$ -
64329	SCL 6 and over beds		\$20,000				\$20,000
64399	Other 6 and over beds						\$ -
	Other Congregate Services Total	\$185,000	\$32,000	\$ -	\$ -		\$217,000
Administration							
11XXX	Direct Administration					\$468,902	\$468,902
12XXX	Purchased Administration					\$65,120	\$65,120
	Administration Total					\$534,022	\$534,022
	Regional Totals	\$4,208,885	\$62,000	\$9,000	\$ -	\$534,022	\$4,813,907
						•	
(45XX-XXX)Cou	inty Provided Case Management						\$ -
(46XX-XXX)Cou	inty Provided Services						\$ -
	Regional Grand Total						\$4,813,907

Transfer Numbers (Expenditures should only be counted when final expenditure is made for services/administration. Transfers are eliminated from budget to show true regional finances)

l	13951	Distribution to MHDS regional fiscal agent from member county	\$ -	l
	14951	MHDS fiscal agent reimbursement to MHDS regional member county	\$700,000	

<sup>\*24</sup> hour crisis line and warm line are transitioning from additional core to state wide core services with state funding.

#### Table B. Revenues

FY 2023 Budget	CROSS MHDS Region	
Revenues		
	Projected Ending Fund Balance as of 6/30/22	\$3,896,380
	Local/Regional Funds	\$ 62,941 -
1010	Delinquent Property Tax	
25XX	Other Governmental Revenues	

<sup>\*\*</sup>Core services for children with a serious emotional disturbance (SED)

4XXX-5XXX	Charges for Services		
5310	Client Fees		
60XX	Interest		
6XXX	Use of Money & Property		
8XXX	Miscellaneous	62,941	
9040	Other Budgetary Funds (Polk Transfer Only)		
	State Funds		\$863,242.00
24XX	State/Federal pass thru Revenue		
2644	State Regional Service Payments	\$1,485,382	
2643	State Incentive Funds		
	Other	(622,140)	
	Federal Funds		\$ -
2345	Medicaid		
2347	American Rescue Plan Act (ARPA)		
	Other		
	Total Revenues		\$ 926,183

Total Funds Available for FY23	\$4,822,563
FY23 Projected Regional Expenditures	\$4,813,907
Projected Fund Balance as of 6/30/23	\$8,656

## **G. Financial Forecasting Measures**

The following is a description of the financial forecasting measures used by the CROSS MHDS Region in the identification of service need and funding necessary for services.

The FY23 budget was developed by the CEO and CFO and submitted to the Governing Board for final approval. Utilization data from the Community Services Network, provider network, and planning are reviewed annually as part of the budgeting process. The team also utilizes input gathered throughout the year from the Adult and Children Advisory Committees, provider groups, surveys and assessments to identify gaps and/or barriers in services or access to services. Developing an adequate budget is a balance between identifying trendline service utilization data and projections for services into the next year. The region works closely with providers to identify the cost for startup of new services and utilization modeling to determine ongoing support potentially needed from the region.

#### Service additions and reductions:

At the writing of this report the region has reviewed data points that indicate the region may have a need for access to additional acute and/or subacute beds. Utilization formulas developed by Crisis Now indicate that based on the region population and average length of stay in acute services, the region would need 11 subacute beds to optimize the service array. The region currently has 7 subacute beds at the Access Center in Osceola. Further, FY21 data shows that 22% of those needing inpatient care do not receive that care and are boarded in Emergency Departments until court commitments are dropped or tele psych providers determine the person is no longer in need of acute care. This is a huge disservice to this vulnerable population. To better serve the CROSS Region is exploring partnership with a local critical access hospital to develop 3 additional subacute beds for the region.

As a result of CARES Act funds the region received in FY21 and was invested largely into education and prevention the region intends to invest more in training, prevention and education services during FY23 than it has in past years with region funds.

The FY23 budget includes funding for services yet to be developed by the region including but not limited to, intensive residential services. The region continues to identify the need, possible utilization as well as willingness to develop the new services among the provider network. There is also potential the region would contract with another MHDS Region to create and/or obtain access to such services.

#### **Funding & Sustainability**

The region completes ongoing modeling and projection of regional funds. FY23 marks the end of the county levy and full implementation of the state appropriation at \$38.00 per capita for FY23. Current legislation increases the per capita amount to \$40.00 in FY24. With the current quoted per capita rates, the region anticipates adequate funding for the next fiscal year.

## **H. Provider Reimbursement Provisions**

The following is a description of the types of funding used by the CROSS Region.

- Fee for service: The Region will contract with MHDS providers whose base of operation is within the region. CROSS may also honor contracts that other regions have with their local providers or may choose to contract with providers outside of the region. A contract may not be required with providers that provide one-time or as needed services. A fee for service approach will be utilized in most provider contracts outlining the services to be provided and the rate of reimbursement. All payments will be based on a pre-authorized request for service authorization with the exception of court ordered payments, such as civil commitment costs and crisis services.
- Block grant payments: Limited block grants for specific activities where billing based on individuals is impractical (example: emergency services, 24-hour telephone response, etc.) The region may choose to utilize start up grant funding for new services issued through an RFP or direct proposal process.
- Compensation for a "system of care" approach: In FY 18, CROSS began implementing value-based contracting with the intention to begin transitioning from fee for service contracting to a value-based system. The ambition of the project is to recompence providers that yield better outcomes for the individuals served by their agency. The CROSS Regional Board has approved allocation of \$20,000 towards value-based contracting for FY23. Value Based contract dollars are awarded based on each agency's overall evaluation percentage of applicable outcome areas. After the data is validated by chart review, the providers will receive a percentage of the \$20,000 based on outcome measurements. Providers who score below acceptable outcome levels are required to submit an improvement plan. Providers receiving value-based dollars are also required to submit to the Region how those dollars will be utilized. At least 75% of the dollars awarded must be paid directly to direct staff and direct support supervisors.
- Use of nontraditional providers: When a non-traditional provider arrangement is more appropriate than a fee for service approach with a contracted provider, the Coordinators of Disability Services will work with the region's CEO to request such arrangements. A non-traditional provider may be an individual, organization and/or business who delivers services in the consumer's home and/or other community setting. Non-traditional providers typically are individuals, organizations, or businesses which do not provide MHDS services as a part of their normal business. These services are not to provide treatment but are supportive and may be rehabilitative in focus, and are initiated when there is a reasonable likelihood that such services will benefit the consumer's functioning, assist them in maintaining community tenure, and act as an alternative way to achieve the consumer's stated goals or outcomes. A request for funding can be made by any consumer, or the consumer's authorized representative, to utilize non-traditional providers for services as approved in the Regional

Management Plan. Non-traditional providers may be subject to certain licensing, certification, accreditation or other state approval standards.

• Incorporation of all funding sources for individuals including Medicaid: The Region is responsible for ensuring that MHDS services are available to all eligible residents of the region regardless of funding source. The CROSS Region will ensure that individuals apply for all funding sources prior to accessing regional funding, including private insurance, Medicaid, Medicare and other funding mechanisms to help individuals and their families optimally achieve goals to live, work, and recreate in integrated communities of their choice. Crisis services are available to all residents of the region regardless of diagnostic or financial eligibility. Crisis service providers are required to exhaust other funding sources, including Medicaid prior to billing the region.