CENTRAL IOWA COMMUNITY SERVICES MENTAL HEALTH AND DISABILITY SERVICES FY 2023 ANNUAL SERVICE AND BUDGET PLAN



SUBMITTED 3/25/22; AMENDMENT SUBMITTED 3/29/23

GEOGRAPHIC AREA: Boone, Cerro Gordo, Franklin, Greene, Hamilton, Hancock, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Warren, Webster, Wright Counties

REVIEWED BY ADVISORY COMMITTEES: 3/16/22; AMENDMENT REVIEWED 3/14/23; 3/29/23

APPROVED BY GOVERNING BOARD: 3/24/22; AMENDMENT APPROVED 3/23/23

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Introduction

CICS was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 331.390. The Annual Service and Budget Plan is a component of the Management Plan, which includes three parts: Annual Service and Budget Plan, Annual Report, and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY2023 Annual Service and Budget Plan covers the period of July 1, 2022 to June 30, 2023. The Annual Service and Budget Plan includes local access points, targeted case management and service coordination providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

As of 7/1/22 CICS will no longer receive funding from county property tax dollars, all funding will be provided through the general fund of the state of lowa. While CICS has implemented efforts to reduce the regional ending fund balance, it is anticipated CICS will not be below the legislated 40% ending fund balance requirement at the end of FY22.

Effective 7/1/22 Franklin County will be the employer of record for CICS staff. This will move staff from being employed by multiple member counties to one single employer of record, work is underway to prepare for this transition.

Description of governing board and advisory committees:

At the time of this report, current CICS Governing Board Directors are:

Erich Kretzinger - Boone County

Chris Watts - Cerro Gordo County

Mike Nolte - Franklin County

Dawn Rudolph - Greene County

Jerry Kloberdanz - Hamilton County

Gary Rayhons - Hancock County

BJ Hoffman - Hardin County

Brandon Talsma - Jasper County

Phil Clifton - Madison County

Bill Patten - Marshall County

Diana Dawley - Poweshiek County

Lisa Heddens - Story County

Aaron DeKock - Warren County

Mark Campbell - Webster County

Karl Helgevold – Wright County

JD Deambra - Individual who Utilizes Mental Health and Disability Services or is an Actively Involved Relative of such an Individual

Julie Smith - Ex-officio, non-voting Provider Representative

Allie Wulfekuhle - Parent/Actively Involved Relative of a Child who Utilizes Children's Behavioral Health Services

Kendra Alexander - The Education System

Andrea Dickerson - Ex-officio, non-voting Children's Behavioral Health Service Provider

The CICS Adult Advisory Committee members are:

Individual who Utilizes Mental Health and Disability Services or is an Actively Involved Relative of such an Individual:

JD Deambra

Jody Eaton

Kathy Hanzek

Brandon Greenfield Leatha Slauson Deb Williams

Provider Representative:

Kara Anderson

Jennifer Ellis

Rachel Fletcher

Breon Gardner

Kelly Kratz

Neidi Metz

Brittany Palmer

Sharon Swope

Julie Smith

Governing Board Ex-Officio Non-Voting Members:

Diana Dawley

BJ Hoffman

The CICS Children's Behavioral Health Advisory Committee Members are:

Allie Wulfekuhle - Parent/Actively Involved Relative of a Child who Utilizes Children's Behavioral Health Services Joy Meinders - Parent/Actively Involved Relative of a Child who Utilizes Children's Behavioral Health Services Andrea Dickerson - Children's Behavioral Health Service Provider

Kelly Moore - Early Childhood Advocate

Lori Price - Early Childhood Advocate

Rita Baker - Early Childhood Advocate

Clarissa Thompson - Child Welfare Advocate

Keith Halleland - Child Welfare Advocate

Karie Foster - The Education System

Kendra Alexander - The Education System

Chief Rob Burdess - Local Law Enforcement

Matthew Benson - Local Law Enforcement

Emilea Lundberg - The Juvenile Court System

Shirley Faircloth - The Juvenile Court System

Dejah Roman - Child Care Provider

Dr. Jack Swanson - Pediatrician

Dawn Rudolph - Regional Governing Board

Lisa Heddens - Regional Governing Board

A. Local Access Points

An access point is a part of the CICS service system trained to complete MHDS regional applications for persons with a disability.

CICS has designated the following CICS office access points for adult mental health and disability services and children's behavioral health services.

Access Point	Location	Contact Information
CICS - Boone County	900 W 3rd St., Boone IA 50036	515-433-0593
	220 N. Washington Ave., Mason City IA	
CICS - Cerro Gordo County	50401	641-494-3550
CICS - Franklin County	123 1st Ave SW, Hampton IA 50441	641-456-2128
		515-386-5686 or 515-433-0593
CICS - Greene County	114 N. Chestnut St., Jefferson IA 50129	ext. 4883
CICS - Hamilton County	500 Fairmeadow Dr., Webster City IA 50595	515-832-9550
CICS - Hancock County	545 State St. Suite 1, Garner IA 50438	641-373-4735
CICS - Hardin County	1201 14th Ave., Eldora IA 50627	641-939-8167
CICS - Jasper County	115 N 2nd Ave. E, Newton IA 50208	641-791-2304
CICS - Madison County	112 John Wayne Dr., Winterset IA 50273	515-493-1219
CICS - Marshall County	101 East Main St., Marshalltown IA 50158	641-754-6390
CICS - Poweshiek County	200 4 th Ave. W, Grinnell IA 50112	641-236-9199
CICS - Story County	126 S Kellogg Ave. Suite 001, Ames IA 50010	515-663-2928
CICS - Warren County	1007 S Jefferson Way, Indianola IA 50125	515-961-1068
CICS - Webster County	308 Central Ave., Fort Dodge IA 50501	515-573-1485
CICS - Wright County	120 1st Ave. NW Ste. 1, Clarion, IA 50525	515-532-3309

B. Service Coordination and Targeted Case Management

The following agencies provide service coordination and/or targeted case management for CICS.

Service Coordination Provider	Adult/Child/Both	Location	Contact Information
CICS - Boone County	Both	900 W 3rd St., Boone IA 50036	515-433-0593
		220 N. Washington Ave., Mason	
CICS - Cerro Gordo County	Both	City IA 50401	641-494-3550
		123 1st Ave. SW, Hampton IA	
CICS - Franklin County	Both	50441	641-456-2128
		114 N. Chestnut St., Jefferson IA	515-386-5686 or 515-433-0593
CICS - Greene County	Both	50129	ext. 4883
		500 Fairmeadow Dr., Webster	
CICS - Hamilton County	Both	City IA 50595	515-832-9550
		545 State St. Suite 1, Garner IA	
CICS - Hancock County	Both	50438	641-373-4735
CICS - Hardin County	Both	1201 14th Ave., Eldora IA 50627	641-939-8167
		115 N 2nd Ave. E, Newton IA	
CICS - Jasper County	Both	50208	641-791-2304
		112 John Wayne Dr., Winterset	
CICS - Madison County	Both	IA 50273	515-493-1219
		101 East Main St., Marshalltown	
CICS - Marshall County	Both	IA 50158	641-754-6390
CICS - Poweshiek County	Both	200 4th Ave. W, Grinnell IA 50112	641-236-9199
		126 S Kellogg Ave. Suite 001,	
CICS - Story County	Both	Ames IA 50010	515-663-2928
		1007 S Jefferson Way, Indianola	
CICS - Warren County	Both	IA 50125	515-961-1068
		308 Central Ave., Fort Dodge IA	
CICS - Webster County	Both	50501	515-573-1485

		120 1st Ave. NW, Clarion IA	
CICS - Wright County	Both	50525	515-532-3309
Amerigroup Iowa, Inc.	Both	1089 Jordan Creek Parkway, West Des Moines IA 50266 Website: https://www.uhccommunityplan .com/	1-800-464-9484 TTY: 711
Capstone Behavioral Healthcare,		1123 1st Ave E, Suite 200,	
Inc	Adult	Newton IA 50208	641-792-4012
Center Associates Integrated		9 North 4 th Ave.,	
Health Services	Both	Marshalltown IA 50158	641-752-1585
ChildServe	Both	5406 Merle Hay Road, Johnston IA 50131	515-727-8750
ChildServe	Both	1915 Philadelphia St., Ames IA 50010	515-232-7220
Community Support Advocates	Both	6000 Aurora Ave. Suite. B, Des Moines IA 50322	515-883-1776
County Social Services Intensive		1206 S. Main St. Suite. D, Charles	
Care Management	Both	City IA 50616	641-257-6199
Crossroads Behavioral Health	5	1003 Cottonwood Rd., Creston	644 702 0457
Services	Both	IA 50801 400 SW 8 th St., Des Moines IA	641-782-8457
DUS Casa Managament	Poth	50319	E1E 242 6977
DHS Case Management DHS Case Management	Both	1301 Summit St., Marshalltown	515-242-6877
Marshall County Office	Both	IA 50158	641-844-1510
Warshall County Office	Botti	918 SE 11 th St., Des Moines, IA	041-844-1310
Ellipsis	Child	50309	515-282-9377
Eyerly Ball Community Mental	Cima	30303	313 202 3377
Health Services	Adult	105 S Marshall, Boone IA 50036	515-298-0181
Eyerly Ball Community Mental		2521 University Blvd., Suite 121,	
Health Services	Adult	Ames IA 50010	515-598-3300
Eyerly Ball Community Mental		1301 Center St., Des Moines IA	
Health Services	Adult	50139	515-243-5181
Four Oaks Family and Children		5400 Kirkwood Blvd. SW, Cedar	
Services	Child	Rapids IA 52404	319-364-0259
		1370 Timberlake Manor Pkwy, Chesterfield MO 63017 Website:	
lowa Total Care	Both	https://www.iowatotalcare.com/	1-833-404-1061
Orchard Place Child Guidance	Child	620 0% Ct	545 256 2450
Center	Child	620 8th St., Des Moines IA 50309	515-256-3450
Prairie Ridge Integrated Behavioral	A dust	123 1st Ave. SW, Hampton IA	641 456 2265
Healthcare Prairie Ridge Integrated Behavioral	Adult	50441	641-456-2365
Healthcare	Adult	320 N. Eisenhower Ave., Mason	641-424-2391
Healthcale	Auuit	City, IA 50401 1308 8 th St. #5, West Des	041-424-2331
Stepping Stone Family Services	Both	Moines, IA 50265	515-276-6338
Stepping Stone running Services	5501	720 Kenyon Road, Fort Dodge IA	313 270 0330
UnityPoint Health - Berryhill Center	n	1	F1F 0FF 7171
· UnityPunit Health - Benvilli Center	Both	50501	515-955-7171

C. Crisis Planning

The following accredited crisis services are available to residents of the region for crisis prevention, response, and resolution.

24 Hour Crisis Response

Provider	Location	Contact Information
Capstone Behavioral Healthcare, Inc.	1123 1st Ave. E, Suite 200 Newton IA 50208	641-792-4012
Capstone Behavioral Healthcare, Inc.	200 4 th Ave. W, Grinnell IA 50112	641-260-8270
Center Associates	9 N 4th Ave., Marshalltown IA 50158	641-752-1585
Crossroads Mental Health	102 W. Summit, Winterset IA 50273	515-462-3105
Eyerly Ball Community Mental Health Services	2521 University Blvd, Suite 121, Ames IA	515-598-3300
Eyerly Ball Colliniumly Werital Health Services	50010	313-396-3300
Eyerly Ball Community Mental Health Services	1301 Center St., Des Moines IA 50139	515-243-5181
Eyerly Ball Community Mental Health Services	105 S Marshall, Boone IA 50036	515-298-0181
Plains Area Mental Health	106 W. Washington St., Suite 2, Jefferson IA	712-792-2991
Fidilis Alea Mental Health	50129	712-732-2331
Prairie Ridge Integrated Behavioral Healthcare	320 N Eisenhower Ave., Mason City IA	
France Nuge integrated behavioral healthcare	50401	641-424-2391
UnityPoint Health - Berryhill Center	720 Kenyon Rd., Fort Dodge IA 50501	515-955-7171

24 Hour Crisis Hotline

Provider	Location	Contact Information
Your life Iowa – Foundation 2, Inc.	1714 Johnson Ave. NW, Cedar Rapids IA	Phone:
	52405	855-581-8111
		Text:
		855-895-8398
		Chat:
		www.YourLifelowa.org

Crisis Evaluation

Provider	Adult/Child/Both	Location	Contact Information
Capstone Behavioral Healthcare, Inc.	Both	1123 1 st Ave. E, Suite 200 Newton IA 50208	641-792-4012
Capstone Behavioral Healthcare, Inc.	Both	200 4 th Ave. W, Grinnell IA 50112	641-260-8270
Center Associates	Both	9 N 4th Ave., Marshalltown IA 50158	641-752-1585
Crossroads Mental Health	Both	102 W. Summit, Winterset IA 50273	515-462-3105
Eyerly Ball Community Mental Health Services	Both	2521 University Blvd., Suite 121, Ames IA 50010	515-598-3300
Eyerly Ball Community Mental Health Services	Both	1007 S. Jefferson Way, Indianola IA 50125	515-243-5181
Eyerly Ball Community Mental Health Services	Both	105 S Marshall, Boone IA 50036	515-298-0181
Plains Area Mental Health	Both	106 W. Washington Street, Suite 2, Jefferson IA 50129	712-792-2991
Prairie Ridge Integrated Behavioral Healthcare	Both	320 N Eisenhower Ave., Mason City IA 50401	641-424-2391
UnityPoint Health - Berryhill Center	Both	720 Kenyon Rd., Fort Dodge IA 50501	515-955-7171

Mobile Response

Provider	Location	Contact Information
Eyerly Ball Community Mental Health Services	945 19 th St., Des Moines IA 50314	855-581-8111

Crisis Stabilization Community-based Services

Provider	Adult/Child	Location	Contact Information
Eyerly Ball Community Mental	Both	945 19th St., Des Moines IA	855-581-8111
Health Services		50314	

Crisis Stabilization Residential Services

Provider	Adult/Child	Location	Contact Information
Infinity Health	Adult	219 W Washington St., Osceola,	641-342-1742
		IA 50213	
Guidelink Access Center	Adult	300 Southgate Ave., Iowa City, IA	319-688-8000
		52240	
Mental Health Access Center of	Adult	501 13 th St. NW, Cedar Rapids, IA	319-892-5612
Linn County		52405	
North Iowa Regional Services	Adult	1440 W. Dunkerton Rd.,	319-291-2455
		Waterloo, IA 50703	
Plains Area Mental Health, Inc. –	Adult	900 Early St., Sac City, IA 50583	712-662-8055
Turning Point			
Youth Shelter Care of North Central	Child	301 Avenue M West, Fort Dodge	515-955-4222
lowa, Inc.		IA 50501	
YSS, Inc.	Child	703 Burnett Ave., Ames IA 50010	515-233-2330
YSS, Inc.	Child	50 North Eisenhower Ave.,	641-423-7362
		Mason City IA 50401	
Zion Integrated Behavioral	Adult	706 Cedar Ave., Woodward, IA	515-642-4125
Health/Safe Harbor		50276	

23-Hour Observation

Provider	Location	Contact Information
Mary Greeley Medical Center	1111 Duff Ave., Ames IA 50010	515-239-2683
Zion Integrated Behavioral Health/Safe Harbor	706 Cedar Ave., Woodward, IA 50276	515-642-4125

CICS has entered into a Memorandum of Understanding (MOU) with the following regions to acknowledge agreement to follow the host region contract with the crisis service provider who is located outside of the CICS region that has agreed to serve CICS residents: County Rural Office of Social Services, County Social Services, Heart of Iowa Community Services, and MHDS of East Central. In the event a MOU is not in place, CICS will follow the host region contract for crisis services.

CICS also has MOUs with Care Connections of Northern Iowa and County Social Services for access to crisis services located within CICS.

CICS has contracted with 43 North Iowa, Inc. for crisis stabilization residential services, these services are anticipated to become available in FY23.

CICS is partnering with YSS, Inc. for development of a Youth Recovery Campus in Story County where crisis stabilization residential services will be available as well as other services including, but not limited to, emergency shelter, treatment of substance use disorders, residential housing, wellness and recreational facilities, nature trails and more. CICS entered into a multi-year contract with YSS and intends to encumber funds in FY22 for FY23 for this extensive project.

CICS will continue to expand the provider network to serve children with a serious emotional disturbance (SED) diagnosis with outpatient therapy services and assessment, evaluation, and early identification services. Additional areas of focus for expansion include prevention and education services and behavioral health intervention services (BHIS).

D. Intensive Mental Health Services

CICS has entered into MOUs with County Rural Office of Social Services, County Social Services, Heart of Iowa Community Services, and MHDS of East Central for access center services located outside of the CICS region.

ACT services are currently available in Boone and Story Counties through Eyerly Ball Community Mental Health Services, Hamilton and Webster Counties through UnityPoint – Health Berryhill Center, and Cerro Gordo, Hancock, and Franklin Counties through Prairie Ridge Integrated Behavioral Healthcare. CICS is pursuing possibilities for expansion of ACT services into other counties.

CICS is working with two provider agencies on the development of intensive residential services (IRS), intent is to have this service available in FY23.

The region has designated the following provider(s) as an **Access Center** that meet the requirements according to IAC 441—25.6(1) in a coordinated manner in one or more locations:

Provider	Location	Contact Information
Infinity Health	219 W Washington St., Osceola, IA 50213	641-342-1742
Guidelink Access Center	300 Southgate Ave., Iowa City, IA 52240	319-688-8000
Mental Health Access Center of Linn County	501 13 th St. NW, Cedar Rapids, IA 52405	319-892-5612
North Iowa Regional Services	1440 W. Dunkerton Rd., Waterloo, IA 50703	319-291-2455
Zion Integrated Behavioral Health/Safe Harbor	706 Cedar Ave., Woodward, IA 50276	515-642-4125

The region has designated the following **Assertive Community Treatment (ACT)** teams which have been designated and meet the requirements in IAC 441—25.6(2) with the exception of Prairie Ridge Integrated Behavioral Healthcare as the ACT services recently became available and have not yet been designated.

Provider	Location	Contact Information
Eyerly Ball Community Mental Health Services	2521 University Blvd., Suite 121, Ames IA	515-598-3300
	50010	
UnityPoint Health – Berryhill Center	720 Kenyon Rd., Fort Dodge IA 50501	515-955-7171
Prairie Ridge Integrated Behavioral Healthcare	320 N. Eisenhower Ave., Mason City IA	641-424-2391
	50401	

The region has designated the following **Subacute** service providers which meet the criteria and are licensed by the Department of Inspections and Appeals.

Provider	Location	Contact Information
Infinity Health	219 W Washington St., Osceola, IA 50213	641-342-1742
Guidelink Access Center	300 Southgate Ave., Iowa City, IA 52240	319-688-8000
Mental Health Access Center of Linn County	501 13 th St. NW, Cedar Rapids, IA 52405	319-892-5612
Mary Greeley Medical Center	124 S. Hazel Ave., Ames IA 50010	515-239-6747
North Iowa Regional Services	1440 W. Dunkerton Rd., Waterloo, IA 50703	319-291-2455
Zion Integrated Behavioral Health/Safe Harbor	706 Cedar Ave., Woodward, IA 50276	515-642-4125

E. Scope of Services & Budget and Financing Provisions

The FY23 budget was developed by the finance team based on utilization for the current year and service development and expansion plans. The budget was reviewed and approved by the CICS Administrative Team and the CICS Finance Committee made up of appointed auditors and treasurers. The final step of the budget process is approval by the CICS Governing Board.

As stated in Iowa Code 331.397 (2): Within funds available the region shall pay for such services for eligible persons when payment through the medical assistance program or another third party payment is not available unless the person is on a waiting list for such payment, or it has been determined that the person does not meet the eligibility criteria for any such service. As the funder of non-Medicaid services, CICS is filling the gap for funding for services and support for individuals who are ineligible for Medicaid, prior to eligibility determination for Medicaid, and for services not covered by Medicaid. CICS assists individuals in applying for all funding available to them and will collaborate on individualized planning for services and supports, incorporating all funding streams available through regional Service Coordinators.

The table below identifies the scope of services offered by CICS. All core services are available, with the exception of intensive residential services. If there is not funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements found in the Eligibility section of the CICS Mental Health and Disability Services Management Plan Policies and Procedures manual,

funding will be made available. Core services for children's behavioral health are identified by (**) after the service name. Eligibility guidelines for children's behavioral health services are located in the Eligibility section of the CICS Mental Health and Disability Services Management Plan Policies and Procedures. The current Policies and Procedures can be found at: www.cicsmhds.org.

The region will utilize braided funding that includes regional, state, and other funding sources as necessary and available to meet the service needs within the region. Federal funding, third-party payors, and other nongovernmental funding is to be used prior to expending state regional service payment dollars.

Table A. Expenditures is amended for COA 42305 adding \$480,000.00 to this line item. CICS is working with Center Associates to remodel their facility to add space for urgent care mental health services. COA 44313 is amended to add a total of \$5,033,000.00 to this line item for additional funding of \$5,000,000.00 to YSS for the Ember Youth Recovery Campus project where crisis stabilization residential services will be available in addition to other services and funding of \$33,000.00 for 43 North Iowa for crisis stabilization residential services remodel costs to be incurred in FY2023.

Table A. Expenditures

FY 2023 Budget	CICS MHDS Region	MI (40)	ID(42)	DD(43)	ВІ (47)	Admin (44)	Total
Core Domain	s						
COA	Treatment						
42305	Mental health outpatient therapy **	\$ 600,000	\$ 10,000	\$ 10,000	\$ 10,000		\$ 630,000
42306	Medication prescribing & management **	\$ 20,000					\$ 20,000
43301	Assessment, evaluation, and early identification **	\$ 5,000	\$ 5,000	\$ 5,000	\$ 5,000		\$ 20,000
71319	Mental health inpatient therapy-MHI	\$ 200,000					\$ 200,000
73319	Mental health inpatient therapy **	\$ 25,000					\$ 25,000
	Crisis Services						
32322	Personal emergency response system	\$ 1,000	\$ 1,000	\$ 2,000	\$ 1,000		\$ 5,000
44301	Crisis evaluation	\$ 625,000					\$ 625,000
44302	23 hour crisis observation & holding	\$ 40,000					\$ 40,000
44305	24 hour access to crisis response						\$
44307	Mobile response **	\$ 1,050,000	\$ 50,000	\$ 50,000	\$ 50,000		\$ 1,200,000
44312	Crisis Stabilization community-based services **	\$ 250,000					\$ 250,000
44313	Crisis Stabilization residential services **	\$ 12,833,000	\$ 20,000	\$ 20,000	\$ 10,000		\$ 12,883,000
44396	Access Centers: start-up / sustainability	\$ 200,000					\$ 200,000
	Support for Community Living						
32320	Home health aide						\$
32325	Respite		\$ 2,500	\$ 2,500			\$ 5,000
32328	Home & vehicle modifications						\$
32329	Supported community living	\$ 500,000	\$ 250,000	\$ 100,000	\$ 50,000		\$ 900,000
42329	Intensive residential services	\$ 300,000					\$ 300,000
	Support for Employment						
50362	Prevocational services	\$ 10,000	\$ 5,000	\$ 5,000	\$ 5,000		\$ 25,000
50364	Job development						\$

50367	Day habilitation	\$ 100,000	\$ 50,000	\$ 50,000	\$ 25,000	\$	225,000
50368	Supported employment	\$ 60,000	\$ 30,000	\$ 20,000	\$ 10,000	\$	120,000
50369	Group Supported employment-enclave	\$ 10,000	\$ 5,000	\$ 5,000		\$	20,000
	Recovery Services						
45323	Family support	\$ 40,000	\$ 5,000	\$ 5,000		\$	50,000
45366	Peer support	\$ 10,000	\$ 5,000	\$ 5,000		\$	20,000
	Service Coordination						
21375	Case management					\$	-
24376	Health homes					\$	-
	Sub-Acute Services						
63309	Subacute services-1-5 beds	\$ 50,000				\$	50,000
64309	Subacute services-6 and over beds	\$ 450,000				\$	450,000
	Core Evidenced Based Treatment						
04422	Education & Training Services - provider competency	\$ 4,000	\$ 4,000	\$ 4,000	\$ 3,000	\$	15,000
32396	Supported housing					\$	-
42398	Assertive community treatment (ACT)	\$ 125,000				\$	125,000
45373	Family psychoeducation	\$ 10,000				\$	10,000
	Core Domains Total	\$ 17,518,000	\$ 442,500	\$ 283,500	\$ 169,000	\$	18,413,000
Mandated Se	rvices						
46319	Oakdale	\$ 50,000				\$	50,000
72319	State resource centers					\$	-
74XXX	Commitment related (except 301)	\$ 295,000	\$ 15,000	\$ 15,000		\$	325,000
75XXX	Mental health advocate	\$ 250,000				\$	250,000
	Mandated Services Total	\$ 595,000	\$ 15,000	\$ 15,000	\$ -	\$	625,000
Additional Co	ore Domains						
	Justice system-involved services						
25xxx	Coordination services	\$ 500,000				\$	500,000
44346	24 hour crisis line*					\$	-
44366	Warm line*	\$ 2,500	\$ 2,500	\$ 2,500	\$ 2,500	\$	10,000
46305	Mental health services in jails	\$ 250,000				\$	250,000
46399	Justice system-involved services-other					\$	-
46422	Crisis prevention training	\$ 300,000				\$	300,000
46425	Mental health court related costs					\$	-
74301	Civil commitment prescreening evaluation	\$ 5,000				\$	5,000
	Additional Core Evidenced based treatment						
42366	Peer self-help drop-in centers	\$ 750,000	\$ 50,000	\$ 25,000	\$ 25,000	\$	850,000
42397	Psychiatric rehabilitation (IPR)	\$ 20,000				\$	20,000
	Additional Core Domains Total	\$ 1,827,500	\$ 52,500	\$ 27,500	\$ 27,500	\$	1,935,000
Other Inform	ational Services						
03371	Information & referral					\$	-
04372	Planning, consultation &/or early intervention (client related) **					\$	-
04377	Provider Incentive Payment					\$	-

04399	Consultation Other									\$	-
04429	Planning and Management Consultants (non- client related)	\$	25,000							\$	25,000
05373	Public education, prevention and education **	\$	300,000	\$	50,000	\$	25,000	\$	25,000	\$	400,000
	Other Informational Services Total	\$	325,000	\$	50,000	\$	25,000	\$	25,000	\$	425,000
Community Li	iving Supports		,		,		.,				2,222
06399	Academic services									\$	
22XXX	Services management	\$	700,000	\$	650,000	\$	550,000	\$	150,000	\$	2,050,000
23376	Crisis care coordination	٧	700,000	٧	030,000	٧	330,000	7	130,000	\$	2,030,000
23399	Crisis care coordination other									\$	
24399	Health home other									\$	
		\$	145 000	ċ	E0 000	\$	E0 000	ć	E 000	\$	350,000
31XXX	Transportation	Þ	145,000	\$	50,000	Ş	50,000	\$	5,000		250,000
32321	Chore services	_	2 222	_	1 000	_	4 000	_	1 222	\$	
32326	Guardian/conservator	\$	2,000	\$	1,000	\$	1,000	\$	1,000	\$	5,000
32327	Representative payee	\$	5,000	\$	5,000	\$	5,000	\$	5,000	\$	20,000
32335	CDAC									\$	
32399	Other support									\$	
33330	Mobile meals									\$	
33340	Rent payments (time limited)	\$	75,000	\$	15,000	\$	5,000	\$	5,000	\$	100,000
33345	Ongoing rent subsidy									\$	
33399	Other basic needs	\$	40,000	\$	15,000	\$	15,000	\$	10,000	\$	80,000
41305	Physiological outpatient treatment	\$	2,000	\$	2,000	\$	1,000			\$	5,000
41306	Prescription meds	\$	7,500	\$	2,500	\$	5,000			\$	15,000
41307	In-home nursing									\$	
41308	Health supplies									\$	
41399	Other physiological treatment									\$	
42309	Partial hospitalization									\$	-
42310	Transitional living program									\$	-
42363	Day treatment									\$	_
42396	Community support programs	\$	2,500	\$	2,500	\$	2,500	\$	2,500	\$	10,000
42399	Other psychotherapeutic treatment									\$	_
43399	Other non-crisis evaluation									\$	
44304	Emergency care									\$	-
44399	Other crisis services									\$	-
45399	Other family & peer support									\$	-
46306	Psychiatric medications in jail	\$	50,000							\$	50,000
50361	Vocational skills training									\$	
50365	Supported education									\$	-
50399	Other vocational & day services									\$	
63XXX	RCF 1-5 beds (63314, 63315 & 63316)									\$	
63XXX	ICF 1-5 beds (63317 & 63318)									\$	
63329	SCL 1-5 beds									\$	
63399	Other 1-5 beds Community Living Supports	\$	1,029,000	\$	743,000	\$	634,500	\$	178,500	\$ \$	2,585,000

Other Congre	gate Services						
50360	Work services (work activity/sheltered work)						\$ -
64XXX	RCF 6 and over beds (64314, 64315 & 64316)	\$ 600,000	\$ 75,000	\$ 75,000			\$ 750,000
64XXX	ICF 6 and over beds (64317 & 64318)	\$ 90,000					\$ 90,000
64329	SCL 6 and over beds	\$ 150,000					\$ 150,000
64399	Other 6 and over beds						\$ -
	Other Congregate Services Total	\$ 840,000	\$ 75,000	\$ 75,000	\$ -		\$ 990,000
Administration	on						
11XXX	Direct Administration					\$ 2,250,000	\$ 2,250,000
12XXX	Purchased Administration					\$ 225,000	\$ 225,000
	Administration Total					\$ 2,475,000	\$ 2,475,000
	Regional Totals	\$ 22,134,500	\$ 1,378,000	\$ 1,060,500	\$ 400,000	\$ 2,475,000	\$ 27,448,000
(45XX-XXX)Co	ounty Provided Case Management						\$ 1
(46XX-XXX)Co	ounty Provided Services						\$ -
	Regional Grand Total						\$ 27,448,000

Transfer Numbers (Expenditures should only be counted when final expenditure is made for services/administration. Transfers are eliminated from budget to show true regional finances)

13951	Distribution to MHDS regional fiscal agent from member county	\$ -
14951	MHDS fiscal agent reimbursement to MHDS regional member county	\$ -

 $^{^*}$ 24 hour crisis line and warm line are transitioning from additional core to state wide core services with state funding.

^{**}Core services for children with a serious emotional disturbance (SED)

Table B. Revenues

FY 2023 Budget	CICS MHDS Region		
Revenues			
	Projected Fund Balance as of 6/30/22		\$ 15,554,914
	Local/Regional Funds		\$ 49,000
1010	Delinquent Property Tax	-	
25xx	Other Governmental Revenues	-	
4XXX-5XXX	Charges for Services	-	
5310	Client Fees	-	
60XX	Interest	49,000	
6XXX	Use of Money & Property	-	
8XXX	Miscellaneous	-	
9040	Other Budgetary Funds (Polk Transfer Only)	-	
		-	
	State Funds		\$ 16,694,958
24XX	State/Federal pass thru Revenue	-	
2644	State Regional Service Payments	16,694,958	
2643	State Incentive Funds	-	
	Other	-	
	Federal Funds		\$ -
2345	Medicaid	-	
2347	American Rescue Plan Act (ARPA)		
	Other	-	
	Total Revenues		\$ 16,743,958

Total Funds Available for FY23	\$ 32,298,872
FY23 Projected Regional Expenditures	\$ 27,448,000
Projected Accrual Fund Balance as of 6/30/23	\$ 4,850,872

F. Financial Forecasting Measures

The following is a description of the financial forecasting measures used by CICS in the identification of service needs and funding necessary for services.

Historical service utilization is the starting point for all financial projections and costs of additional services added throughout the year are analyzed prior to budgeting. The FY23 budget was developed to continue current funding for core services for adults, expand funding for core children's behavioral health services, development, and expansion of core services for children and adults, and continued funding of additional core and non-core services as possible.

As noted previously CICS intends to encumber funds in FY22 for an extensive project with YSS, Inc. that is anticipated to be completed in FY23. With current financial projections, CICS does not expect to meet the 40% ending fund balance requirement for FY22, it may take two years to meet the ending fund balance requirements. CICS anticipates a reduction in state regional service payments for FY23.

The chart below identifies and defines specific services and projects funds needed, based on current utilization and available services. Additional funds are budgeted to improve service access and the development of additional services, including outpatient therapy, assessment, evaluation & early identification, 23 hour crisis observation and holding, and public education, and prevention and education.

CICS is partnering with other MHDS regions to offer crisis intervention training with law enforcement throughout the state of lowa and as a part of the training curriculum at the lowa Law Enforcement Academy.

Development & Expansion funding is amended for mental health outpatient therapy to reflect funding for Center Associates urgent care mental health services and crisis stabilization residential services is amended to reflect additional funding for YSS Ember Youth Recovery Campus and 43 North Iowa remodel project.

		Scope of Services/Projection of Funds Needed		
		Domains and Services	Projection of Need	Development & Expansion
Core Dom	ains			
	Treatment			
	Mental health outpatient therapy	Includes medication prescribing and management, therapy. Access standards: emergency within 15 minutes of contact, urgent within one hour of contact or 24 hours of phone contact, routine within 4 weeks of	\$75,000	\$555,000 <u>Expansion</u>
	Medication prescribing & management	request for appointment (within 45 miles). Medication prescribing services with the individual present, including but not limited to, determining how the medication is affecting the individual, determining any drug interactions or adverse drug effects, proper dosage level. Medication management services provided with the individual present or on behalf of the individual, including but not limited to, monitoring effectiveness, compliance of medication regime, coordination with care providers, investigating medical interactions, reviewing lab reports and activities pursuant to licensed prescriber orders.	\$20,000	
	Assessment, evaluation & early identification	The clinical review by a mental health professional of the current functioning of the individual using the service in regard to the individual's situation, needs, strengths, abilities, desires, and goals to determine the appropriate level of care. Early identification means the process of detecting developmental delays or untreated conditions that may indicate the need for further evaluation.	\$20,000	
	Mental health inpatient therapy- MHI Private	24 hour settings that provide services to treat acute psychiatric conditions provided in a licensed hospital with a psychiatric unit or a licensed freestanding psychiatric hospital. Primary goal is to provide a comprehensive evaluation, rapidly stabilize symptoms, address health	\$200,000	

		1	1
	and safety needs, and develop a comprehensive and appropriate discharge plan. Access within 24 hours and close proximity.		
Crisis Services			
Personal emergency response system	An electronic device connected to a 24-hour staffed system, which allows the individual to access assistance in the event of an emergency.	\$5,000	
Crisis evaluation	The process used with an individual to collect information related to the individual's history and needs, strengths, and abilities in order to determine appropriate services or referral during an acute episode. Access within 24 hours.	\$625,000	
23 hour crisis observation & holding	A level of care provided up to 23 hours in a secure and protected, medically staffed, psychiatrically supervised treatment environment.	\$20,000	\$20,000 Expansion
24 hour access to crisis response	Outpatient (24 Hour Crisis Response Services)- short term individualized mental health services following a crisis screening or assessment, which are designed to restore the individual to prior functional level.	-	
Mobile response	A mental health service which provides on-site, face-to-face mental health crisis services for individuals experiencing a mental health crisis. Mobile crisis staff have the capacity to intervene, wherever the crisis is occurring, including but not limited to the individual's place of residence, emergency rooms, police stations, outpatient mental health settings, schools, recovery centers, or any other location where the individual lives, works, attends school, or socializes.	\$1,200,000	
Crisis Stabilization community-based services	Services provided in community-based settings to de-escalate and stabilize an individual following a mental health crisis	\$250,000	
Crisis Stabilization residential services	Services provided in short-term, non-community-based residential settings to de-escalate and stabilize a mental health crisis.	\$100,000	\$12,783,000 Expansion
Access Centers: start- up/ sustainability	Start-up, sustainability, and coordination costs for a regionally designated access center. (**Actual services provided in an access center should be funded under the corresponding service chart of account code).	\$200,000	
Support for Com	munity Living		
Home health aide	Unskilled medical services which provide direct personal care. This service may include assistance with activities of daily living, such as helping the recipient to bathe, get in and out of bed, care for hair and teeth, exercise, and take medications specifically ordered by the physician.	-	
Respite	A temporary period of relief and support for individuals and their families provided in a variety of settings. The intent is to provide a safe environment with staff assistance for individuals who lack an adequate support system to address current issues related to a disability. Respite may be provided for a defined period of time; respite is either planned or provided in response to a crisis.	\$5,000	
Home & vehicle modifications	A service that provides physical modifications to the home or vehicle that directly address the medical health or remedial needs of the individual that are necessary to provide for the health, welfare, and safety of the member and to increase or maintain independence.	-	
Supported community living	Services provided in a non-institutional setting to adult persons with mental illness, intellectual, or developmental disabilities to meet the persons' daily living needs. Access standards within 4 weeks of request.	\$900,000	
Intensive residential services	Intensive, community-based services provided 24 hours a day, 365 days a year to individuals with a severe and persistent mental illness or multi-occurring conditions. Providers of intensive residential service homes are enrolled with Medicaid as providers of HCBS Habilitation or HCBS Intellectual Disability Waiver Supported Community Living and meet additional criteria specified in Iowa Administrative Code 441.25.6(7).	\$50,000	\$250,000 Development
Support for Emp	loyment		
Prevocational services	Services that focus on developing generalized skills that prepare an individual for paid or unpaid employment; skill development includes, but is not limited to, following directions, attending to tasks, task completion, problem-solving, and safety and mobility training; can be provided in a variety of settings.	\$25,000	

Day habilitation	Services that assist or support the individual in developing or maintaining life skills and community integration. Services shall enable or enhance the individual's functioning, physical and emotional health and development, language and communication development, cognitive functioning, socialization and community integration, functional skill development, behavior management, responsibility and self-direction, daily living activities, self-advocacy skills, or mobility.	\$225,000	
Job development	An approach to helping individuals participate as much as possible in	-	
Supported employment	competitive work in integrated work settings that are consistent with	\$120,000	
Supported employment	the strengths, resources, priorities, concerns, abilities, capabilities, interests, and informed choice of the individuals. Services are targeted for individuals with significant disabilities for whom competitive employment has not traditionally occurred; or for whom competitive employment has been interrupted or intermittent as a result of a significant disability including either individual or group supported employment, or both, consistent with evidence-based practice standards published by the Substance Abuse and Mental Health Services Administration. Access standards within 60 days of request.	\$120,000	
Group Supported employment-enclave	The job and training activities in business and industry settings for groups of no more than eight workers with disabilities. Group settings include enclaves, mobile crews, and other business-based workgroups employing small groups of workers with disabilities in integrated, sustained, paid employment.	\$20,000	
Recovery Service	s		
Family support	Family support peer specialist and peer support specialist that assist the family of an individual to live successfully, including but not limited	\$50,000	
Peer support	to, education and information, individual advocacy, family support groups, and crisis response.	\$20,000	
Service Coordina	tion		•
Case management	Service provided by a case manager, service coordinator, or Health	-	T
Health homes	Home through an interdisciplinary array of medical care, behavioral	-	
	health care, and community-based social services and supports. Assists individuals in gaining access to needed medical, social, educational,		
	and other services through assessment, development of a care plan,		
	referral, monitoring, and follow-up using a strengths-based service		
	approach that helps individuals achieve specific desired outcomes		
	leading to a healthy self-reliance and interdependence with their community. Access within 10 days of request.		
Sub-Acute Servic			
Subacute services-1-5	A comprehensive set of wraparound services for persons who have had	\$50,000	
beds	or are at imminent risk of having acute or crisis mental health	, ,	
	or are at imminent risk of having acate of crisis mental health		
Subacute services-6 and	symptoms that do not permit the persons to remain in or threatens	\$450,000	
	symptoms that do not permit the persons to remain in or threatens removal of the persons from their home and community, but who have	\$450,000	
Subacute services-6 and	symptoms that do not permit the persons to remain in or threatens	\$450,000	
Subacute services-6 and over beds	symptoms that do not permit the persons to remain in or threatens removal of the persons from their home and community, but who have been determined by a mental health professional and a licensed health care professional, subject to the professional's scope of practice, not to need inpatient acute hospital services.	\$450,000	
Subacute services-6 and over beds Core Evidence-Ba	symptoms that do not permit the persons to remain in or threatens removal of the persons from their home and community, but who have been determined by a mental health professional and a licensed health care professional, subject to the professional's scope of practice, not to need inpatient acute hospital services.		
Subacute services-6 and over beds Core Evidence-Ba Education & Training	symptoms that do not permit the persons to remain in or threatens removal of the persons from their home and community, but who have been determined by a mental health professional and a licensed health care professional, subject to the professional's scope of practice, not to need inpatient acute hospital services. ISSECTION TO SERVICE STATES AND T	\$450,000 \$15,000	
Subacute services-6 and over beds Core Evidence-Ba Education & Training Services - provider	symptoms that do not permit the persons to remain in or threatens removal of the persons from their home and community, but who have been determined by a mental health professional and a licensed health care professional, subject to the professional's scope of practice, not to need inpatient acute hospital services. ISSECT Treatment Training related to provider competency in delivering co-occurring integrated services, trauma-informed services, and evidence-based		
Subacute services-6 and over beds Core Evidence-Ba Education & Training	symptoms that do not permit the persons to remain in or threatens removal of the persons from their home and community, but who have been determined by a mental health professional and a licensed health care professional, subject to the professional's scope of practice, not to need inpatient acute hospital services. ISSECTION TO SERVICE STATES AND T		
Subacute services-6 and over beds Core Evidence-Ba Education & Training Services - provider competency	symptoms that do not permit the persons to remain in or threatens removal of the persons from their home and community, but who have been determined by a mental health professional and a licensed health care professional, subject to the professional's scope of practice, not to need inpatient acute hospital services. ISEM Treatment Training related to provider competency in delivering co-occurring integrated services, trauma-informed services, and evidence-based practices.	\$15,000	
Subacute services-6 and over beds Core Evidence-Ba Education & Training Services - provider competency Supported housing Assertive community	symptoms that do not permit the persons to remain in or threatens removal of the persons from their home and community, but who have been determined by a mental health professional and a licensed health care professional, subject to the professional's scope of practice, not to need inpatient acute hospital services. Seed Treatment Training related to provider competency in delivering co-occurring integrated services, trauma-informed services, and evidence-based practices. A combination of housing and services intended as a cost-effective way to help people live more stable, productive lives; tenancy not predicted on services. An intensive and highly integrated approach for community mental	\$15,000	\$50,000
Subacute services-6 and over beds Core Evidence-Ba Education & Training Services - provider competency Supported housing	symptoms that do not permit the persons to remain in or threatens removal of the persons from their home and community, but who have been determined by a mental health professional and a licensed health care professional, subject to the professional's scope of practice, not to need inpatient acute hospital services. Ised Treatment Training related to provider competency in delivering co-occurring integrated services, trauma-informed services, and evidence-based practices. A combination of housing and services intended as a cost-effective way to help people live more stable, productive lives; tenancy not predicted on services. An intensive and highly integrated approach for community mental health service delivery. ACT programs serve individuals whose	\$15,000	
Subacute services-6 and over beds Core Evidence-Ba Education & Training Services - provider competency Supported housing Assertive community	symptoms that do not permit the persons to remain in or threatens removal of the persons from their home and community, but who have been determined by a mental health professional and a licensed health care professional, subject to the professional's scope of practice, not to need inpatient acute hospital services. Ised Treatment Training related to provider competency in delivering co-occurring integrated services, trauma-informed services, and evidence-based practices. A combination of housing and services intended as a cost-effective way to help people live more stable, productive lives; tenancy not predicted on services. An intensive and highly integrated approach for community mental health service delivery. ACT programs serve individuals whose symptoms of mental illness result in serious functioning difficulties in	\$15,000	\$50,000 Expansion
Subacute services-6 and over beds Core Evidence-Ba Education & Training Services - provider competency Supported housing Assertive community	symptoms that do not permit the persons to remain in or threatens removal of the persons from their home and community, but who have been determined by a mental health professional and a licensed health care professional, subject to the professional's scope of practice, not to need inpatient acute hospital services. Ised Treatment Training related to provider competency in delivering co-occurring integrated services, trauma-informed services, and evidence-based practices. A combination of housing and services intended as a cost-effective way to help people live more stable, productive lives; tenancy not predicted on services. An intensive and highly integrated approach for community mental health service delivery. ACT programs serve individuals whose	\$15,000	
Subacute services-6 and over beds Core Evidence-Ba Education & Training Services - provider competency Supported housing Assertive community treatment (ACT)	symptoms that do not permit the persons to remain in or threatens removal of the persons from their home and community, but who have been determined by a mental health professional and a licensed health care professional, subject to the professional's scope of practice, not to need inpatient acute hospital services. Ised Treatment Training related to provider competency in delivering co-occurring integrated services, trauma-informed services, and evidence-based practices. A combination of housing and services intended as a cost-effective way to help people live more stable, productive lives; tenancy not predicted on services. An intensive and highly integrated approach for community mental health service delivery. ACT programs serve individuals whose symptoms of mental illness result in serious functioning difficulties in several major areas of life, often including work, social relationships, residential independence, money management, and physical health and wellness.	\$15,000 - \$75,000	
Subacute services-6 and over beds Core Evidence-Ba Education & Training Services - provider competency Supported housing Assertive community	symptoms that do not permit the persons to remain in or threatens removal of the persons from their home and community, but who have been determined by a mental health professional and a licensed health care professional, subject to the professional's scope of practice, not to need inpatient acute hospital services. Ised Treatment Training related to provider competency in delivering co-occurring integrated services, trauma-informed services, and evidence-based practices. A combination of housing and services intended as a cost-effective way to help people live more stable, productive lives; tenancy not predicted on services. An intensive and highly integrated approach for community mental health service delivery. ACT programs serve individuals whose symptoms of mental illness result in serious functioning difficulties in several major areas of life, often including work, social relationships, residential independence, money management, and physical health and wellness. Services including the provision of emotional support, education,	\$15,000	
Subacute services-6 and over beds Core Evidence-Ba Education & Training Services - provider competency Supported housing Assertive community treatment (ACT)	symptoms that do not permit the persons to remain in or threatens removal of the persons from their home and community, but who have been determined by a mental health professional and a licensed health care professional, subject to the professional's scope of practice, not to need inpatient acute hospital services. Ised Treatment Training related to provider competency in delivering co-occurring integrated services, trauma-informed services, and evidence-based practices. A combination of housing and services intended as a cost-effective way to help people live more stable, productive lives; tenancy not predicted on services. An intensive and highly integrated approach for community mental health service delivery. ACT programs serve individuals whose symptoms of mental illness result in serious functioning difficulties in several major areas of life, often including work, social relationships, residential independence, money management, and physical health and wellness.	\$15,000 - \$75,000	

Mandated Service	es			
Oakdale	е	Hospital Services provided at Iowa Medical & Classification Center	\$50,000	
Commi	tment related	Code of Iowa Chapter 812. Diagnostic Evaluations/Sheriff transportation/Legal representation	\$325,000	
(except		Jugnostie Evaluation, Stierm dansportation, Legar representation	\$323,000	
Mental	health advocate		\$250,000	
Additional Core D	omains			
Justi	ce System-Inv	volved Services		
Coordir	nation services	Service coordination provided to individuals in the justice system.	\$500,000	
24 hour	r crisis line	Crisis Hotline (fee paid to vendor) (24 Hour Crisis Line) Telephone crisis service- program that operates a crisis hotline either directly or through a contract. The service shall be available 24 hours a day and seven days a week including, but not limited to, relief of distress in pre-crisis and crisis situations, reduction of the risk of escalation, arrangements for emergency on-site responses when necessary, and referral of callers to appropriate services.	-	
Warm I	ine	A line staffed by peer counselors, who provide nonjudgmental, nondirective support to an individual who is experiencing a personal crisis.	\$10,000	
Mental jails	health services in	Outpatient mental health services provided to individuals in criminal justice settings.	\$250,000	
Justice services	system-involved s-other	Other support services within the justice system.	-	
Crisis p	revention training	Educational and Training Services Safety training for law enforcement, first responders, etc., regarding mental health awareness such as Crisis Intervention Training (CIT).	\$75,000	\$225,000 Expansion
	mmitment ening evaluation	Evaluations completed prior to commitment with goal to divert individuals from commitment process.	\$5,000	
Addi	tional Core E	vidence-Based Treatment		
Peer se centers	lf-help drop-in	Social Support services- drop in centers and clubhouse centers.	\$850,000	
	tric rehabilitation	Individualized services designed to increase the consumer's ability to function independently to prevent or reduce the need for services in a hospital or residential setting and to promote the consumer's recovery of the ability to perform a valued role in society.	\$20,000	
Other Information	nal Services			
Informa	ation & referral	Activities designed to provide facts about resources available/help to access those resources.	-	
and/or	g, Consultation early intervention related)	Consultation - advisory activities directed to a service provider to assist the provider in delivering services to a specific person; Early intervention - services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones.	-	
_	g and ement consultants ient related)	Advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or addressing other concerns in the provider's own organization.	\$25,000	
	education, tion and on	Education services - activities that increase awareness and understanding of the causes and nature of conditions or factors which affect an individual's development and functioning. Prevention - efforts to increase awareness and understanding of the causes and nature of conditions or situations which affect an individual's functioning in society. Prevention activities are designed to convey information about the cause of conditions, situations, or problems that interfere with an individual's functioning or ways in which that	\$200,000	\$200,000 Expansion

Projection	RCF 6 and over beds ICF 6 and over beds SCL 6 and over beds	Long-term care given to adults or children who stay in a residential setting rather than in their own home or family home. Intermediate Care Facility, non-Medicaid only. Services and supports determined necessary to enable consumers to live and work in a community, and is provided in Licensed RCF facility 6 and over beds. Services are directed to enhancing consumer's ability to regain or attain higher levels of independence, or to maximize current levels of functioning.	\$750,000 \$90,000 \$150,000 \$10,890,000	
	RCF 6 and over beds ICF 6 and over beds	setting rather than in their own home or family home. Intermediate Care Facility, non-Medicaid only. Services and supports determined necessary to enable consumers to live and work in a community, and is provided in Licensed RCF facility 6 and over beds. Services are directed to enhancing consumer's ability to regain or attain higher levels of independence, or to maximize	\$90,000 \$150,000	
	RCF 6 and over beds	setting rather than in their own home or family home.		
		·	\$750,000	
	gregate services			
ther Con	arogata Carvisas			
	Psychiatric medications in jail	Psychiatric medication funded for individuals in jail	\$50,000	
	Community support programs	Comprehensive programs to meet individual treatment and support needs of consumers, which enable consumers with a mental illness, intellectual disability, or a developmental disability to live and work in a community setting.	\$10,000	
	Transitional living program	Any type of living situation that is transition with the primary purpose or mission to help the individual become a productive member of society; length of stay may vary but is not permanent housing.	-	
	Prescription meds	Prescription medication, including medication prescribed for psychiatric conditions.	\$15,000	
	Physiological outpatient treatment	Activities designed to prevent, halt, control, relieve, or reverse symptoms or conditions which interfere with the normal physiological functioning of the human body.	\$5,000	
	Other basic needs	Other costs associated with basic necessities.	\$80,000	
	Rent payments (time limited)	Rent payment to avoid homelessness.	\$100,000	
	Representative payee	Activities provided to manage an individual's finances.	\$20,000	
	Guardian/conservator	and to reduce social isolation. Activities provided as required by the court system to handle the personal business of the individual.	\$5,000	
	manspertation.	shopping, to receive medical services not reimbursed through Title XIX, to go to and from work, recreation, education or day programs,	4233,000	
	Transportation	coordinate service delivery but which do not constitute case management. Services for consumers to conduct business errands or essential	\$250,000	
	Services management	Designed to help individuals and families identify service needs and	\$2,050,000	
Other Com	munity Living Supp		'	
		effect, and may include but are not limited to, training events, webinars, presentations, and public meetings.		

G. Provider Reimbursement Provisions

CICS will contract with MHDS providers and non-traditional providers who meet contracting eligibility requirements and whose base of operation is in the region or is a provider who is not contracted with their host region and is providing services funded by CICS. The Region retains the right to select service providers to be a part of the CICS provider network. Providers must be approved CICS MHDS network providers in order to be eligible for regional funding. New providers may be added to the provider network if it is determined that either a particular individual will benefit from the service (as determined by the individual's inter-disciplinary team) or that the provider shall provide service(s) that will enhance the service system. CICS will also honor contracts that other regions have negotiated with their local providers. A contract may not be required with providers that provide one-time or as needed services.

In order to support service expansion efforts, CICS may offer requests for proposals (RFPs) in combination with other strategies. The following is a description of the types of funding used by CICS:

• Fee-for-service:

A fee-for-service approach will be utilized in most provider contracts, outlining the services to be provided and the rate of reimbursement. Services provided under a fee-for-service model are reimbursed based on a service funding request and prior authorization process, with the exception of civil commitment-related expenses and crisis services.

Block grant payments:

CICS may utilize block grant payments when a service does not fit the traditional fee-for-service method of payment and may be considered to cover costs of new services until a fee-for-service rate can be established. Other uses may be to provide access to crisis services and assertive community treatment services.

Incorporation of all funding sources for individuals including Medicaid:
 The region is responsible for ensuring that MHDS services are available to all residents of the region regardless of funding source. CICS will ensure that individuals apply for all funding sources prior to accessing regional funding, including private insurance, Medicaid, Medicare, and other funding mechanisms, which ensure that individuals and their families are able to optimally live, work, and recreate in integrated communities of their choice.

In addition to resource guidelines of lowa Code 331.395, CICS will exempt one vehicle per adult household member.

CICS requires providers to meet all applicable licensure, accreditation, and certification standards. CICS has contracted with the providers identified below. Additional providers, including non-traditional providers, may be added throughout the year as services are developed to meet the service needs of individuals.

43 North Iowa	111 2 nd St. NE	Mason City	50401
Abbe Center for Community Mental Health, Inc.	520 11 th St. NW	Cedar Rapids	52405
Achieve Mental Health Inc.	814 Railroad St.	Iowa Falls	50126
Access, Inc.	PO Box 268	Hampton	50441
Arc of Story County	130 S. Sheldon Ave., Ste. 302	Ames	50010
Arc of Marshall County	606 Ann Rutledge Rd.	Marshalltown	50158
Brain Injury Association of Iowa	1556 S. First Ave., Ste. A	Iowa City	52240
Brian Vold, ARNP	814 Railroad St.	Iowa Falls	50126
Capstone Behavioral Healthcare	1123 1st Ave E, Ste 200	Newton	50208
Center Associates	9 North 4th Ave.	Marshalltown	50158
Central Iowa Juvenile Detention Center	2317 Rick Collins Way	Eldora	50627
Central Iowa Psychological Services	223 S. Walnut Ave.	Ames	50010
Central Iowa Recovery, Inc.	1610 Collins St, Ste 2	Webster City	50595
ChildServe Community Options	1915 Philadelphia St.	Ames	50010
Christian Opportunity Center	1602 North 14th St.	Indianola	50125
CIRSI, Inc.	111 E. Linn St.	Marshalltown	50158
Classroom Clinic	PO Box 951	Carroll	51401
Community & Family Resources	211 Ave M West	Fort Dodge	50501
Crossroads Mental Health Center	1003 Cottonwood Rd.	Creston	50801
Duncan Heights, Inc.	236 State. St.	Garner	50438

Eyerly Ball Community Mental Health Services	945 19th St.	Des Moines	50314
Foundation 2, Inc.	1714 Johnson Ave. NW	Cedar Rapids	52405
Freedom Pointe of Greater Webster County	1303 A St., Ste. 003	Fort Dodge	50501
Friendship Ark, Inc.	130 S. Sheldon Ave., Ste. 203	Ames	50014
FIA Friendship Club, Inc.	602 S Oak St., PO Box 622	Iowa Falls	50126
Full Circle Therapy Center, LLC	803 3 rd Ave.	Council Bluffs	51501
Goshorn Psych-Services, PLLC	410 E. Robinson St., Ste. A-2	Knoxville	50138
Grace C Mae Advocate Center, Inc.	2501 S. Center, Ste. M	Marshalltown	50158
Greene County Family Medicine	1000 W Lincolnway St, Ste 100	Jefferson	50129
Heartland Senior Services	205 S. Walnut	Ames	50010
HIRTA Transit	2824 104th St.	Urbandale	50322
House of Mercy	1409 Clark St	Des Moines	50314
Integrated Telehealth Partners	1501 42 nd St., Ste. 120	West Des Moines	50266
Integrated Treatment Services, LLC	303 S. 2nd Ave. W	Newton	50208
Interpreters Unlimited	PO Box 27660	San Diego, CA	92198
Iowa Judicial Branch	1111 E. Court Ave.	Des Moines	50319
LifeWorks Community Services	1303 A St.	Fort Dodge	50501
Lutheran Services in Iowa (LSI)	3125 Cottage Grove Ave.	Des Moines	50311
Mainstream Living	2012 E. 13th St.	Ames	50010
Mason City Clinic	250 S. Crescent Dr.	Mason City	50401
Mary Greeley Medical Center	1111 Duff Ave., PO Box 863	Ames	50010
MercyOne North Iowa Medical Center	1449 Northwest 128 th St.	Clive	50325
Mid-Iowa Triumph Recovery Center, Inc.	204 E Linn St., Ste A, PO Box 1774	Marshalltown	50158
MIW, Inc.	909 S. 14th Ave., PO Box 966	Marshalltown	50158
Midwest Counseling	PO Box 313	Williamsburg	52361
NAMI Central Iowa	424 5 th St.	Ames	50010
New Beginnings Counseling Service	6200 Aurora Ave, Ste 103E	Urbandale	50322
One Vision	1200 North 9 th St. West	Clear Lake	50428
Optimae Life Services	602 E Grand Ave.	Des Moines	50301
Orchard Place	2116 Grand Ave.	Des Moines	50312
Plains Area Mental Health Center	180 10 th St. SE, Ste. 201	LeMars	51301
Prairie Ridge Integrated Behavioral Healthcare	320 N Eisenhower Ave.	Mason City	50401
Premier Payee, Inc.	100 E Euclid Ave., Ste. 137	Des Moines	50313
Progress Industries	202 N 3 rd Ave W.	Newton	50208
Region Six Resource Partners	903 E. Main St.	Marshalltown	50158
The Salvation Army	PO Box 1681	Ames	50010
Spring Harbor Residential Services	123 1 st St. SE	Mason City	50401
Trilix Marketing Group	615 Third St., Ste. 300	Des Moines	50309
Tuyet Noriega	1109 Cadet Rd.	Iowa Falls	50126
UnityPoint Health – Berryhill Center	720 Kenyon Road	Fort Dodge	50501
Van Diest Medical Center	2350 Hospital Dr.	Webster City	50595
Youth & Shelter Services, Inc.	420 Kellogg Ave.	Ames	50010
Youth Shelter Care of North Central Iowa, Inc.	301 Ave. M West	Fort Dodge	50501