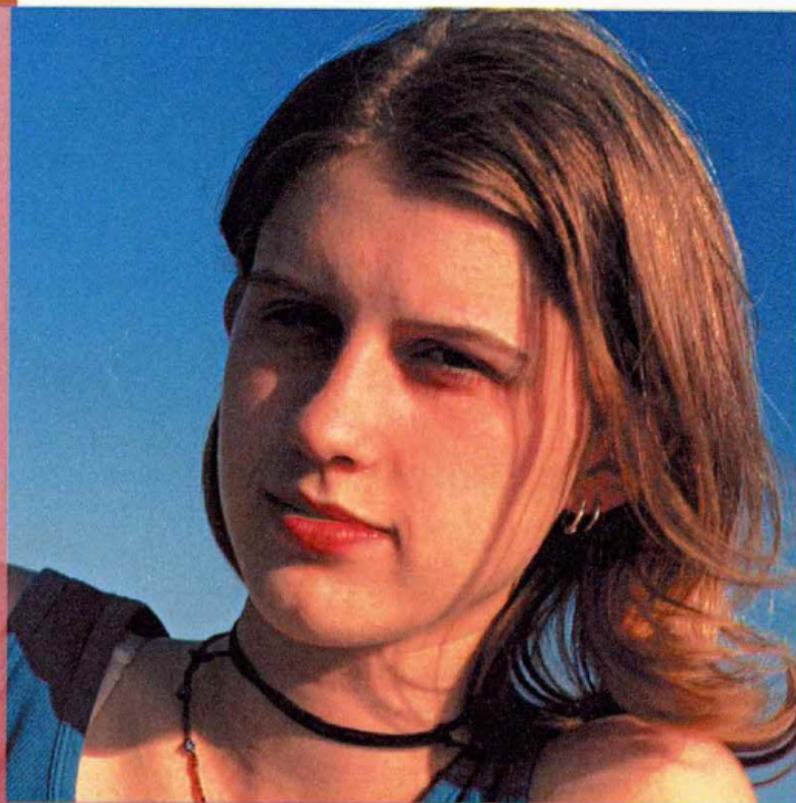




Child and Adolescent Psychiatry Services



**CHILDREN'S HOSPITAL
of IOWA**

About Our Program

Child and Adolescent Psychiatry Services at University of Iowa Hospitals and Clinics include the Inpatient Unit, the Outpatient Clinic, and the Circle of Courage School. These programs use an integrated approach, assigning a team of professionals needed for children and adolescents up to age 18 to receive continuous, comprehensive psychiatric care. In addition to resident and faculty psychiatrists, this team may include a psychologist, social worker, nurse, nurse practitioner, teacher, speech/language pathologist, and occupational or activities therapist.

Inpatient Care

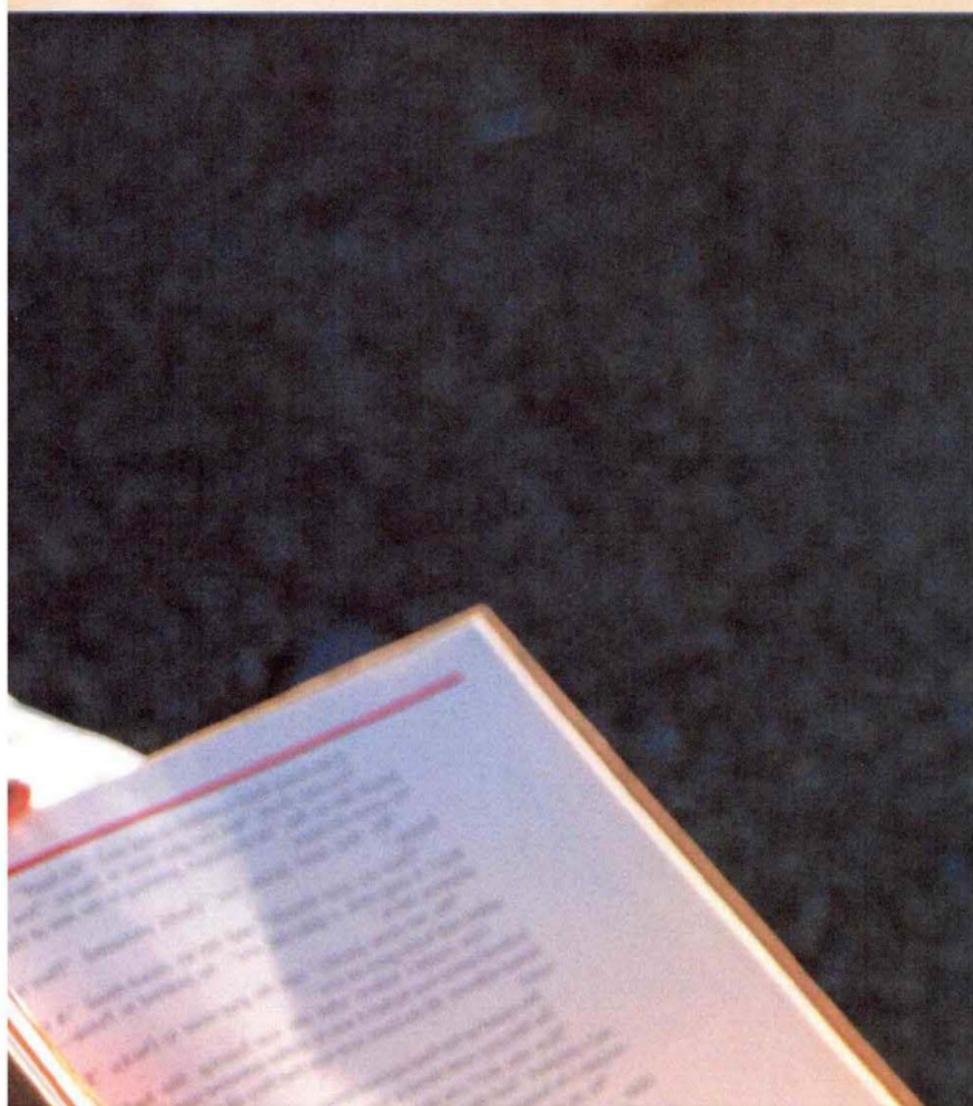
This is a short-term, traditional 24-hour service option for children and adolescents who cannot be safely cared for in a less restrictive setting. The Inpatient Unit is a 15-bed, three-classroom facility with a staff of psychiatrists, nurses, social workers, teachers, activity therapists, occupational therapists, and a psychologist. All patients receive activities therapy and educational services. Psychological testing and occupational therapy as well as all other UI Hospitals and Clinics services are available upon referral from a physician.

Outpatient Clinic

The Outpatient Clinic offers treatment of multiple psychiatric disorders for pediatric and adolescent patients. During the initial visit, individual recommendations for treatment are discussed. This treatment may be provided in the Child and Adolescent Psychiatric Clinic, in our downtown Iowa City location at Plaza Centre One, or in consultation with a physician in the patient's community. Services include medication management, educational consultation/testing, psychological testing, individual therapy, and family counseling.

Education Services

All children admitted to the Child and Adolescent Psychiatry inpatient unit attend the Circle of Courage School while they are in the hospital. The

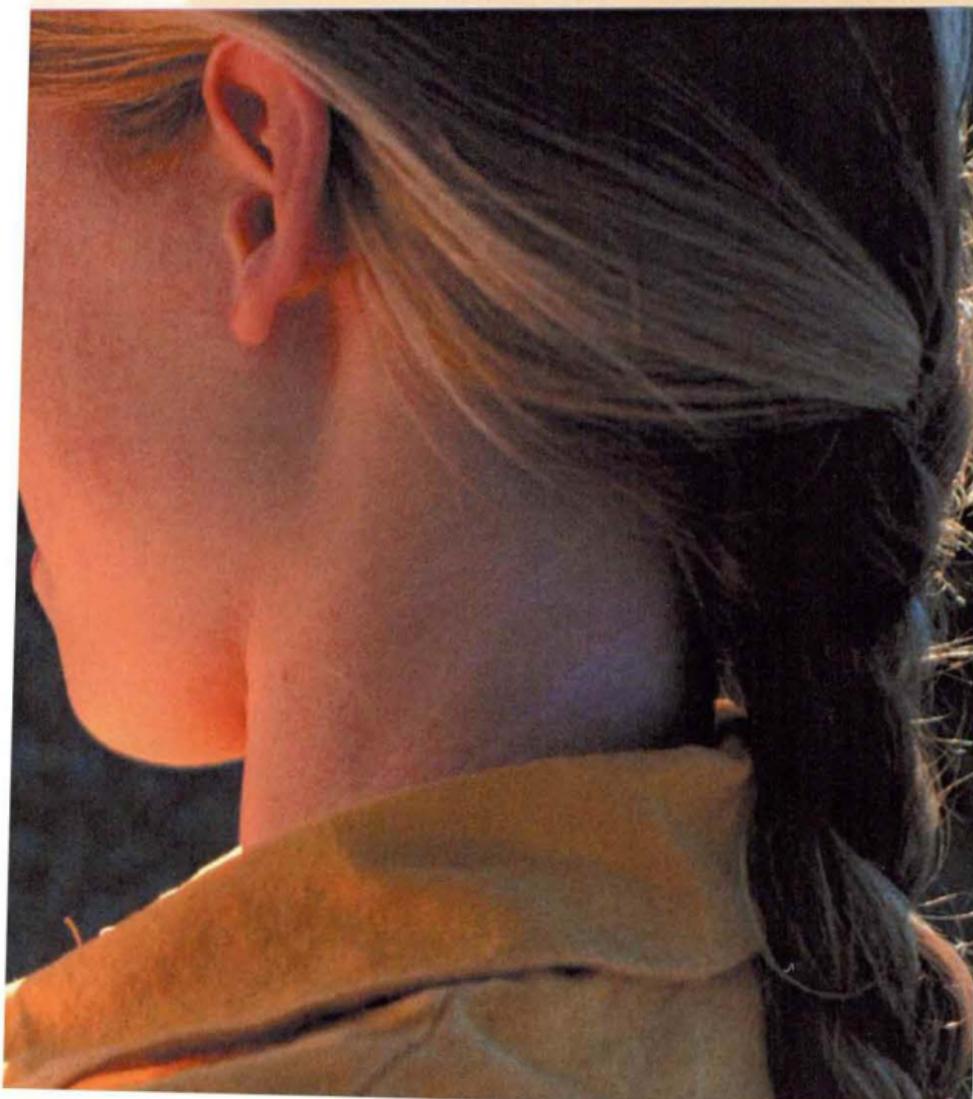


chool staff includes four teachers certified in special education and behavioral disorders, a teacher associate, and an activities therapist.

In the outpatient setting, two education consultants and a clinical psychologist provide comprehensive assessments and evaluation reports to aid in the diagnosis and treatment of learning and behavior disorders affecting school performance. Evaluations by other team members (for example, the speech and language pathologist or occupational therapist) may be arranged as needed. Psychology evaluations may include cognitive, neuropsychological, projective, and direct affective assessments.

Eating Disorders Services

The program treats children and adolescents with different types of eating disorders in one of three settings—the outpatient clinic, inpatient

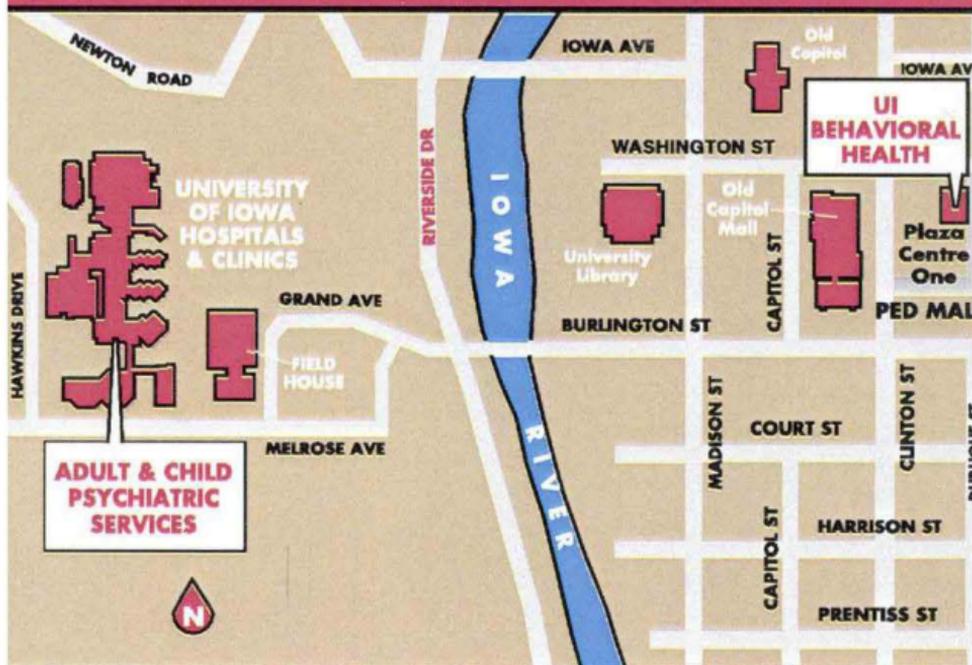


unit, or partial hospitalization program. The partial hospitalization program is used as either a transition from inpatient to outpatient care or for patients in need of more intense treatment than outpatient services. Regardless of the setting, a multi-specialty treatment team diagnoses and develops treatment plans for patients with eating disorders.

Fees and Insurance

Fees vary depending on the type of service and the professional providing the service. Most insurance carriers provide coverage for our behavioral health services. Consult your insurance provider to verify your plan's specific coverage. If you require additional assistance, please call and ask to speak with our insurance resource specialist. Individuals with limited or no insurance should call 319-384-8999 or 877-384-8999 for assistance in planning for coverage of the cost of our services.

LOCATIONS OF UNIVERSITY OF IOWA BEHAVIORAL HEALTH CLINICS



How to Reach Us

If you would like more information about services or wish to schedule an appointment, please call:

UI Behavioral Health

319-384-8999 or **877-384-8999**

or visit

www.uihealthcare.com

and click on UI Behavioral Health in the left-hand navigational bar.



***Changing Medicine.
Changing Lives.®***

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