

*Community Mental Health
Centers
of Iowa*

IOWA STATE LAW LIBRARY



*Iowa Mental Health Authority
The University of Iowa
Oakdale Campus
Oakdale, Iowa
February, 1978*

IOWA STATE LAW LIBRARY

COMMUNITY MENTAL HEALTH CENTERS OF IOWA

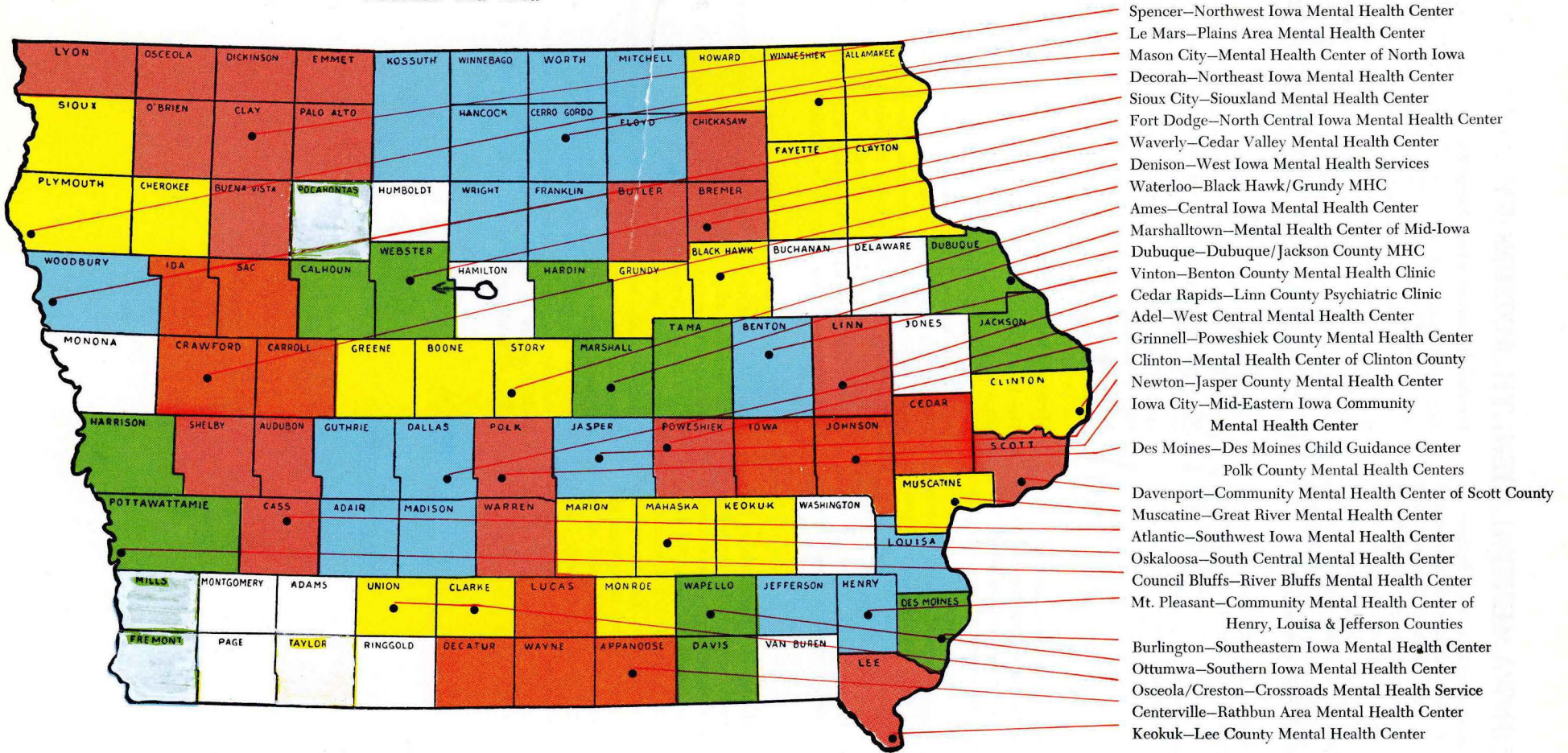
The Mental Health Centers are thirty-two private not-for-profit corporations delivering a wide variety of community-based mental health services to the residents of Iowa. Almost three hundred staff members and 650 volunteer board members provide the nucleus for this delivery system. Multiple services are available on a variable fee basis to residents of the respective counties that the Centers serve.*

Year Started	Name of Center	Location	Telephone
1. 1971	Benton County Mental Health Clinic	P.O. Box 286, 419 First Avenue Vinton 52349	(319) 472-3970
2. 1950	Black Hawk-Grundy Mental Health Center	3251 West Ninth Street Waterloo 50702	(319) 234-2893
3. 1962	Cedar Valley Mental Health Center	112 2nd Street NW Waverly 50677	(319) 352-2064
4. 1959	Central Iowa Mental Health Center	223½ Main Street Ames 50010	(515) 232-5811
5. 1971	Community Mental Health Centers of Henry, Louisa, and Jefferson Counties	505 South White Street Mount Pleasant 52641	(319) 385-8051
6. 1949	Community Mental Health Center of Scott County	1441 West Central Park Avenue Davenport 52804	(319) 326-6491
7. 1975	Crossroads Mental Health Service	206 N. Elm Street Creston 50801	(515) 782-5283
8. 1936	Des Moines Child Guidance Center	1206 Pleasant Street Des Moines 50309	(515) 244-2267
9. 1966	Dubuque/Jackson County Mental Health Center	Mercy Medical Center Dubuque 52001	(319) 588-8513
10. 1975	Great River Community Mental Health Center	1608 Cedar Street Muscatine 52761	(319) 264-5220
11. 1963	Jasper County Mental Health Center	2009 First Avenue East Newton 50208	(515) 792-4012
12. 1953	Lee County Mental Health Center	1013 Concert Street Keokuk 52632	(319) 524-3873
13. 1974	Linn County Psychiatric Clinic	400 3rd Street, S.E. Cedar Rapids 52401	(319) 398-3562
14. 1969	Mental Health Center of Clinton County	226 Tucker Building Clinton 52732	(319) 243-5633
15. 1958	Mental Health Center of Mid-Iowa	One North 4th Avenue Marshalltown 50158	(515) 752-1586
16. 1956	Mental Health Center of North Iowa	235 So. Eisenhower Avenue Mason City 50401	(515) 424-2075
17. 1969	Mid-Eastern Iowa Community Mental Health Center	505 E. College Street Iowa City 52240	(319) 338-7884
18. 1964	North Central Iowa Mental Health Center	720 S. 17th Street Fort Dodge 50501	(515) 576-7144
19. 1956	Northeast Iowa Mental Health Center	305 Montgomery Street Decorah 52101	(319) 382-3649
20. 1959	Northwest Iowa Mental Health Center	201 E. 11th Street Spencer 51301	(712) 262-2922
21. 1972	Plains Area Mental Health Center	Floyd Valley Hospital Highway 3 East Le Mars 51031	(712) 546-4624
22. 1966	Polk County Mental Health Center	1301 Center Street Des Moines 50309	(515) 243-5181
23. 1964	River Bluffs Mental Health Center	301 Park Building Council Bluffs 51501	(712) 328-2609
24. 1970	Poweshiek Mental Health Center	Grinnell General Hospital Grinnell 50112	(515) 236-6137
25. 1973	Rathbun Area Mental Health Center	708 South Main Centerville 52544	(515) 856-6471
26. 1968	Siouxland Mental Health Center	621 Jennings Street Sioux City 51105	(712) 252-3871
27. 1963	South Central Mental Health Center	Mahaska County Hospital Oskaloosa 52577	(515) 673-7406
28. 1949	Southeastern Iowa Mental Health Center	521 N. Fifth Street Burlington 52601	(319) 754-5749
29. 1966	Southern Iowa Mental Health Center	219 North Court Ottumwa 52501	(515) 682-8772
30. 1968	Southwest Iowa Mental Health Center	1408 East 10th Street Atlantic 50022	(712) 243-2606
31. 1966	West Central Mental Health Center	2111 W. Green Street Adel 50003	(515) 993-4514
32. 1971	West Iowa Mental Health Center	Crawford County Memorial Hospital Denison 51442	(712) 263-3172

* For more information contact your local Community Mental Health Center or the Iowa Mental Health Authority.

IOWA COMMUNITY MENTAL HEALTH CENTERS

Location and Area



IOWA MENTAL HEALTH AUTHORITY

The Iowa Mental Health Authority is a state agency affiliated with the University of Iowa College of Medicine and located at the University of Iowa Oakdale Campus near Iowa City. The legal operating mandates of the Authority are Chapters 225B (Iowa Mental Health Authority Act) and 230A (the Community Mental Health Centers Act) of the Iowa Code and Public Law 94-63 (the Special Health Revenue Sharing Act of 1975). Funding is provided jointly by the State of Iowa and the Federal Government.

The primary function of the Iowa Mental Health Authority is to provide state-level support for the community-based mental health centers of Iowa. To accomplish this, the Mental Health Authority has five major program areas: 1) Community Services; 2) Continuing Education; 3) Research/Information Systems; 4) Health Planning and 5) Standards and Accreditation.

Community Services

The primary goal of the community services program is to expand community-based mental health services to all 99 counties in Iowa. Presently such services are available in 87 counties and are available to 94 percent of Iowa's population. A second major goal is the development of more comprehensive services in the existing mental health centers. The Iowa Mental Health Authority has established a Grants-In-Aid program for the mental health centers to assist in attaining these goals. Technical assistance and consultation are also offered by the Iowa Mental Health Authority staff to the centers to aid in mental health program development.

Continuing Education

The Iowa Mental Health Authority has traditionally provided funding and consultation to support the continuing education of persons in Iowa's community mental health delivery system. Such efforts are coordinated with the Continuing Education Advisory Committee of the Community Mental Health Centers Association of Iowa. Recent training has focused on Executive Directors, Board members, and secretaries as well as the professional clinical staff of the Centers. In addition, the Mental Health Authority has a three-year federal grant to provide training in interpersonal skills for clinical staff in the centers and in other human service agencies throughout the state.

Research/Information Systems

The development of information systems for community mental health centers has received highest priority within this program area. Substantial progress has been made in the design and implementation of an information system capable of providing clinical, financial, and management information for the larger centers in the State. At the same time, the design of a less complex information system has been completed. This system will provide the statistical data appropriate to the information needs of the other centers. Both of these information systems will also channel data to the IMHA describing clients being served and services being delivered, allowing for a better information base on which to make decision regarding the establishment of new services. These activities are being carried out by the Authority's information systems/program evaluation consultation team whose function is to help centers conduct research and evaluation studies.

Mental Health Planning

The Iowa Mental Health Authority, in conjunction with the Department of Social Services—Division of Mental Health Resources, has developed the *State of Iowa Plan for Mental Health Services* which can be used as a general frame of reference for reviewing existing systems and planning new systems of mental health services. The plan is an attempt to provide a systematic response to the mental health needs of individuals and their communities. This is accomplished through the statewide participation of consumers and professionals to develop mutually established goals.

Accreditation and Standards

Iowa law requires the Iowa Mental Health Authority to formulate and adopt accreditation standards for community mental health centers. The objective of setting standards is to insure the provision of effective and efficient mental health services in Iowa's community mental health centers. Together with an advisory committee representing the Boards of Directors and professional staff of the centers, the Iowa Mental Health Authority is continuously upgrading these standards. The Authority uses these standards as a vehicle for formal accreditation of community mental health centers as well as a mechanism for improving the quality of community mental health delivery in Iowa.

STATE LIBRARY OF IOWA



3 1723 02115 9405