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**IOWA
PROGRAMS
PROVIDING RESPITE
AND OTHER
HOME HEALTH
SUPPORT SERVICES**

**The Iowa Child Health
Specialty Clinics**
in cooperation with the
Iowa Department of Education
1994

Compiled by
Jane Holland
Project Coordinator

State of Iowa
DEPARTMENT OF EDUCATION
Grimes State Office Building
Des Moines, IA 50319-0146

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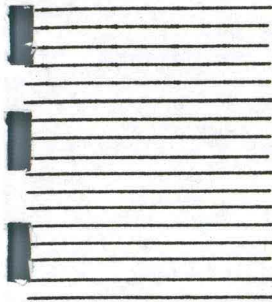
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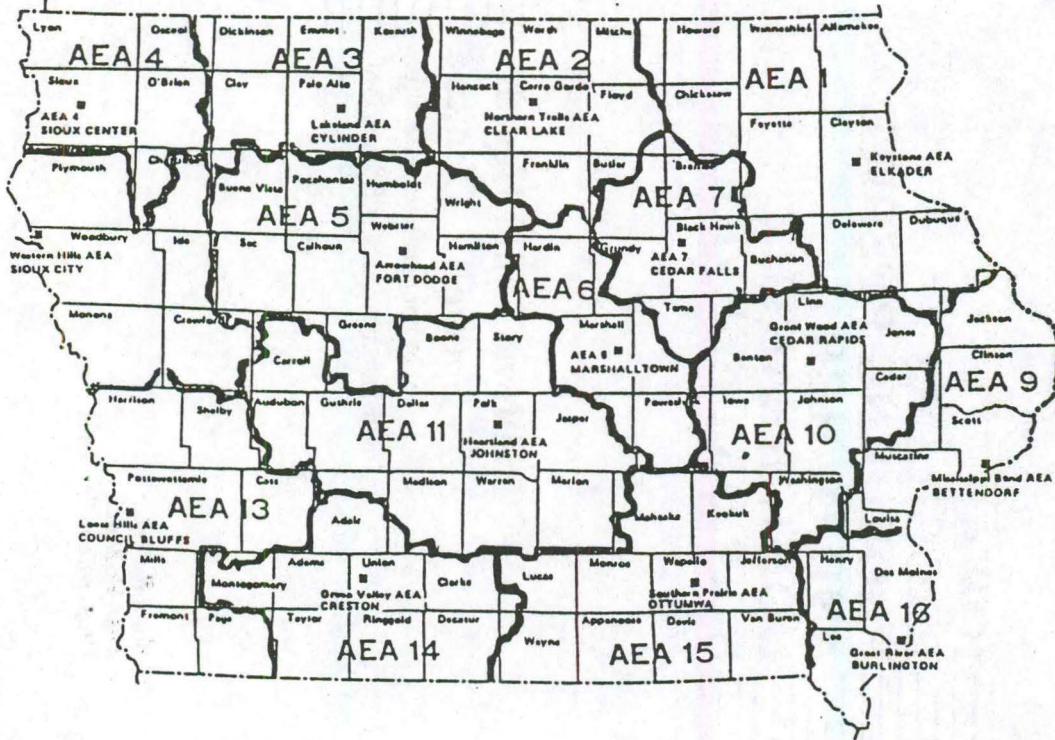
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Area Education Agencies



INTRODUCTION

The Respite Resources Manual, a 1994 project of the Iowa Child Health Specialty Clinics in cooperation with the Iowa Department of Education, is used as an information and referral source. The manual identifies respite or respite-like programs across the state. For the purpose of this manual respite is defined as short term caregiving to families for the care of a child or children who may have special needs or a developmental delay.

The manual includes over 150 agencies that provide respite care. Child care resource and referral programs which facilitate linkages between families with special needs children and available respite/child care providers are also included.

Programs are listed alphabetically with references to the Area Education Agency (AEA) locations. A regional AEA map is printed on the facing page. The following information is given for each program in the manual.

Name of Program: Each program has identifying information which includes agency name, address, telephone number and a contact person.

Program Type: Each program is defined as respite, hospital-based, home health care, public health nursing, residential, camp or information and referral.

Eligibility Criteria: Factors determining who may receive services are identified according to age, disability and geographic locale.

Services: The services are described including hours, days, length and location of care.

Staff and Training: The personnel who provide the care and their training are identified.

Funding: Various funding sources and family responsibility for payment are addressed.

Limitations: Factors or issues which prevent or inhibit specific services to specific children are specified.

TABLE OF CONTENTS

STATEWIDE PROGRAMS

Camp Albrecht Acres of Iowa
Camp Courageous of Iowa
Easter Seals Society of Iowa
Family Support Services-Woodward State Hospital School
Hawkeye Health Services, Inc.
Hills and Dales Child Development Center —
 In-Home Services
Nurse Force, Inc.
Universal Home Health Care

REGIONAL PROGRAMS

KEYSTONE AEA 1

Allamakee County Public Health Nursing Services &
 Home Health Agency
Amicare Home Healthcare
Chickasaw County Public Health Nursing Service
Child Care Resource & Referral Program of NE Iowa
C.H.O.I.C.E.S.
Clayton County Public Health
Dubuque Visiting Nurses Association
Families of Northeast Iowa
Fayette County Public Health Homemaker Health Aide
Guttenberg Home Health
Healthland Home Care
Helping Services of NE Iowa, Inc.
Howard County Public Health
Howard County Public Health Nursing Agency
Jones County Public Health Agency
Martin Luther Homes of Iowa, Inc. — Waukon Agency
Mitchell County Home Health Care
Palmer Lutheran Health Center
Winneshiak County Public Health Nursing Service

NORTHERN TRAILS AEA 2

Amicare Home Healthcare
Butler County Public Health Nursing Services
Cerro Gordo County Health Department
Charlie Brown Preschool
Child Care Resource and Referral Program of NE Iowa
C.H.O.I.C.E.S.

NORTHERN TRAILS AEA 2 (continued)

Floyd County Home Health Care Agency —
Home Care Aides and Home Helpers
Hancock/Winnebago County Homemaker Home Health
Aide Services
Mid-Sioux Opportunity, Inc.
Mitchell County Home Health Care

LAKELAND AEA 3

Amicare Home Healthcare
Buena Vista County Homemaker Home
Health Aide Agency
Buena Vista County Public Health
Buena Vista Hospital
C.H.O.I.C.E.S.
Clay County Community Health Services
Client Community Services — Sibley House
Dickinson Public Health Nursing Services
Emmet Public Health Nursing
Kossuth County Public Health Agency
Mid-Sioux Opportunity, Inc.
Olsten Kimberly Quality Care
Palo Alto Home Care

AREA EDUCATION AGENCY 4

Amicare Home Healthcare
C.H.E.A.R.S. (Community Health Enrichment
and Recovery Services
Client Community Services — Sibley House
Floyd Valley community Health Service
Hope Haven, Inc.
Mid-Sioux Opportunity, Inc.
Northwest Iowa Home Health Care & Hospice
O'Brien County Public Health
Olsten Kimberly Quality Care
Public Health — Home Care of Sioux County

ARROWHEAD AEA 5

Buena Vista County Homemaker Home
Health Aide Agency
Buena Vista County Public Health
Buena Vista Hospital
Calhoun County Department of Health
C.H.O.I.C.E.S.

ARROWHEAD AEA 5 (continued)

Family Hospice and Respite Bereavement
Greene County Medical Center
Mid-Sioux Opportunity, Inc.
North Central Home Care
Nursing Services of Iowa
Pocahontas County Homemaker Home
Health Aide Agency
Sac County Public Health Nursing Service
West Central Development Corporation —
Child Care Resource & Referral
Wright County Public Health Nursing and
Homemaker Home Health Aide

AREA EDUCATION AGENCY 6

Central Iowa Residential Services, Inc.
Child Abuse Prevention
Child Care & Resource Referral of Central Iowa
Child Care Resource & Referral Program of NE Iowa
Grinnell Regional Medical Center
Hardin County Community Nursing Services
Hardin County Homemaker Health Aide Service
Marshall County Public Health
Nursing Services of Iowa
Tama County Health Services
Visiting Nursing Association

AREA EDUCATION AGENCY 7

Bremer County Nursing Agency
Buchanan County Public Health Agency
Buchanan County Volunteer Services, Inc.
Butler County Public Health Nursing Service
Central Iowa Residential Services, Inc.
Chickasaw County Public Health Nursing Service
Child Care Resource and Referral Program of NE Iowa
Exceptional Persons, Inc.
Iowa East Central T. R. A. I. N. —
Community Child Care Resource/Referral Center
Maternal and Child Health
Secura Sitter
Sick Bay
Tama County Health Services
Virginia Gay Hospital
Visiting Nursing Association

MISSISSIPPI BEND AEA 9

Cedar County Public Health Nursing Service and
Homemaker Health Aide Service
Community Home Care, Ltd.
Community Nursing Services of Muscatine
Community Services of Muscatine
Dubuque Visiting Nurses Association
Families of Northeast Iowa
Handicapped Development Center
Home and Community Health Care Department
Home Caring Services, Inc.
Hope Haven Development Center Community Services
Iowa East Central T. R. A. I. N. —
Community Child Care Resource/Referral Center
Mercy Continuing Care
Mercy Home Health Care
My Special Time
Nurse's House Call
Southeast Iowa Community Action Organization, Inc.

GRANT WOOD AEA 10

ARC of East Central Iowa
Benton County Public Health Agency
4 C's Community Coordinated Child Care
Cedar County Public Health Nursing Service and
Homemaker Health Aide Service
Community Health of Jones County
Emergency Child Care Program, HACAP
Handicare
Home Care Aide Program (Visiting Nurse Association)
Iowa County Health Department
Iowa East Central T.R.A. I. N. —
Community Child Care Resource/Referral Center
Johnson County Homemaker/Health Aide Service
Jones County Public Health Agency
Keokuk County Health Services
Long Term Services
Mercy Home Health Care
Nurse's House Call
Services for People with Disabilities In-Home Services
St. Luke's Home Care Services
The ARC of Johnson County

SOUTHERN PRAIRIE AEA 15 (continued)

Mercy Home Health Care
Mobile Nursing Services, Ltd.
Ottumwa Regional Health Center
Respite Care Services of Appanoose County
UNITE
Van Buren County Public Health Nursing Service
Wapello County Public Health
Wayne County Homemaker Home Health Agency
Wayne County Public Health Nursing
West Central Development Corporation —
Child Care Resource and Referral

GREAT RIVER AEA 16

Burlington Medical Center
Henry County Home Care
Home and Community Based Services
Home Caring Services, Inc.
Hope Haven Community Services
Hope Haven Development Center Community Services
Iowa East Central T. R. A. I. N. —
Community Child Care Resource/Referral Center
Lee County Health Department/Community Nursing
Mercy Home Health Care
Mobile Nursing Services, Ltd.
Southeast Iowa Community Action Organization, Inc.

STATEWIDE SERVICES

Camp Albrecht Acres of the Midwest

Dianne Breitbach
14775 Sherrill Road
Sherrill, IA 52073
319:552-1771

- Program Type:** Summer Residential Recreational Camp.
- Eligibility Criteria:** 2 years through adulthood; all disabilities; no geographic restrictions.
- Services:** June to mid-August.
- Staff and Training:** Training provided by agency.
- Funding:** Parent/relative/friend pay, family subsidy, civic/community organizations; no one refused due to lack of funds.
- Program Limitations:** Unable to provide for 1 to 1 supervision or 24 hour skilled nursing care.

STATEWIDE SERVICES

Camp Courageous of Iowa

Roberta Schultz
Rural Route 2
PO Box 557
Monticello, IA 52310
319:465-5916

- Program Type:** Respite/recreation camp.
- Eligibility Criteria:** 8 months through adulthood; most disabilities; Iowa, Wisconsin and Illinois.
- Services:** Family can receive 1 weekend per month; emergency respite is available throughout the year.
- Staff and Training:** Paid director, volunteers; training provided by agency.
- Funding:** Parent/relative/friend pay, civic/community organizations; no one refused due to lack of funds.
- Program Limitations:** Unable to care for children needing involved medical care.

STATEWIDE SERVICES

Easter Seal Society of Iowa

Jack Denniston Mel Miller Brian Wines
PO Box 4002
Des Moines, IA 50333
515:289-1933

- Program Type:** Respite/recreation camp.
- Eligibility Criteria:** Infant through adulthood; most disabilities, state of Iowa.
- Services:** 15 weekends per year at Camp Sunnyside; 2 weekends per year in spring and fall at Camp near Villisca, Ottumwa, Davenport, Clear Lake and Okoboji; 1 week long respite in January; emergency respite up to 2 weeks; some in-home care provided through senior volunteers, the Family Friends Program.
- Staff and Training:** Volunteer and paid staff who are college students, child care workers, on-site nurse; training provided by respite supervisor, nurse and experienced staff.
- Funding:** Client fees, donations, Purchase of Service contract, model/HCBS waiver, grants, Family-Centered Service.
- Program Limitations:** Unable to serve people exhibiting violent, aggressive behaviors.

STATEWIDE SERVICES

Family Support Services

Joan Schultz
Iowa Resources for Community Support
Woodward State Hospital School
1251 - 334th Street
Woodward, IA 50276
515:438-2600 ext. 165

- Program Type:** Family support services.
- Eligibility Criteria:** Infant through adulthood; most disabilities; State of Iowa.
- Services:** Provided in family's home, respite caregiver's home and in residential settings; 24 hours of care available 7 days per week; amount of hours depend upon funding; In-home respite care provided in Central Iowa; Out-of-home respite care provided at Woodward State Hospital School for anyone in Iowa. Other services include behavioral assessment, home adaptation design and assistive technology.
- Staff and Training:** Respite caregiver, nurse, leisure specialist, psychologist, residential treatment worker, foster grandparents; training provided by agency.
- Funding:** Potential funding streams being identified.
- Program Limitation:** Respite program is now being developed and services will begin June 1995.

STATEWIDE SERVICES

Hawkeye Health Services, Inc.

Thomas Horras
1602 North Lincoln
Knoxville, IA 50138
515:842-7143

4232 University
Des Moines, IA 50311
515:277-0977

830 Lincolnway
Nevada, IA 50201
515:382-4572

702 South Gilbert Street,
Suite 101
Iowa City, IA 52240
319:358-8787

- Program Type:** Home health care.
- Eligibility Criteria:** Infant through adulthood; most disabilities; 22 counties throughout Iowa.
- Services:** 24 hours per day; 7 days per week; provides services in the fields of nursing, physical therapy, occupational therapy, social work.
- Staff and Training:** Nurse, nurse's aide; training determined by education and receives ongoing inservicing.
- Funding:** Parent pay, private insurance, state.
- Program Limitations:** Care is dependent upon staff availability.

STATEWIDE SERVICES

Hills and Dales Child Development Center In-Home Services

Lori Stoewer Cathy Elledge
1011 Davis Street
Dubuque, IA 52001
319:556-7878

- Program Type:** In-home respite.
- Eligibility Criteria:** Infant to 18 years; most disabilities; residents of Iowa eligible for HCBS/MR waiver.
- Services:** Respite to prevent out-of-home placement and scheduled as determined by family need; guidance/assistance for individuals to learn daily living activities; sibling care provided at additional cost.
- Staff and Training:** Teacher, teacher assistant, residential staff, respite caregiver, college student; training provided by agency.
- Funding:** HCBS/MR Waiver.
- Program Limitations:** Unable to care for children displaying severe aggressive behavior.

STATEWIDE SERVICES

Nurse Force, Inc.

Charlotte Link
2900 Westown Parkway, Suite 1
West Des Moines, IA 50266
515:224-4566

- Program Type:** Home health; information and referral.
- Eligibility Criteria:** Infant through adulthood; most disabilities; state of Iowa.
- Services:** 24 hours per day; 7 days per week.
- Staff and Training:** Nurse, nurse's aide, home health aide; training provided by agency.
- Funding:** State, private insurance, parent pay.
- Program Limitations:**

STATEWIDE SERVICES

Universal Home Health Care

6913 Vista Drive
West Des Moines, IA 50266
515:223-5400

- Program Type:** Home health care; respite.
- Eligibility Criteria:** Infant through adulthood; most disabilities; state of Iowa.
- Services:** Any hours per day; 7 days per week; in parent's home or foster parent's home.
- Staff and Training:** Nurse, LPN, home health aide; training may be provided depending on child's needs.
- Funding:** Medicare, Medicaid, Model/MR/HCBS waivers.
- Program Limitations:** Care is dependent upon staff availability.

Adair County Public Health Nursing

Linda Warringer or Judy Schwart
205 A East Iowa
Greenfield, IA 50849
515:743-6173

- Program Type:** Public health.
- Eligibility Criteria:** Citizens of Adair County.
- Services:** Nursing service, home health care, home health aide service, homemaker service, case management; Monday through Friday; 8:00 AM to 4:30 PM.
- Staff and Training:** Nurse, home health aide.
- Funding:** Medicare, Medicaid, private insurance, client pay with sliding fee scale.

Program Limitations:

Services available in Heartland AEA 11 and Green Valley AEA 14.

**Allamakee County Public Health Nursing Service
and Home Health Agency**

Arlene Ingles
Court House
Waukon, IA 52172
319-568-2451

- Program Type:** Home health care in parent's home, respite caregiver's home, and foster parent's home; in-home respite; information and referral.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Allamakee County.
- Services:** 8:00 AM to 4:00 PM; Monday through Friday, limit of 10 hours per week.
- Staff and Training:** Home health aide; training provided by agency and determined by child's need.
- Funding:** County, state, parent/relative/friend pay with sliding fee scale, private insurance.
- Program Limitation:** Care is dependent upon staff availability.

Services available in Keystone AEA 1.

Amicare Home Healthcare

Karen Slife
201 - 19th Street SW
Mason City, IA 50401
515:421-6444 or 800:274-5285

Karen Toode
1410 North Fourth Street
Clinton, IA 52732
319:243-7261

Karen Matahe,
500 Eleventh Street
Sioux City, IA 51101
712:233-1137

Victoria Claussen
3337 Hillcrest Road
Dubuque, IA 52002
319:589-8118

- Program Type:** Home health care.
- Eligibility Criteria:** Infant through adulthood; most disabilities; northern-most portion of state.
- Services:** 24 hours per day; 7 days per week; a minimum of 3 scheduled consecutive hours.
- Staff and Training:** Nurse, LPN, nurse's aide; training determined by education and experience and provided by agency and parent.
- Funding:** Parent pay, state, private insurance.
- Program Limitation:** Care is dependent upon staff availability.

Services available in Keystone AEA 1, Northern Trails AEA 2, Lakeland AEA 3, AEA 4 and Western Hills AEA 12.

ARC of East Central Iowa

Michele Steines
136 - 36th Street Drive, SE
Suite A-5
Cedar Rapids, IA 52403
319:365-0487

- Program type:** In-home respite.
- Eligibility:** Birth through adulthood; most disabilities and/or significant medical conditions.
- Services:** 24 hours per day; 7 days per week for as little as an hour and up to a 10-day vacation.
- Staff and Training:** Teacher, teacher associate, group home provider, college student; training provided by the ARC and parents.
- Funding:** County, United Way, HCBS waiver, federal grant, contributions, parent pay with sliding fee scale.

Program Limitations:

Services available in Grant Wood AEA 10.

Audubon County Public Health Nursing Service

Peggy Mendenhall
Court House
Audubon, IA 50025
712:563-2226

- Program Type:** Home health care.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Audubon County.
- Services:** 8:00 AM to 4:30 PM; Monday through Friday; limit of 4 hours per day, 10 hours per week.
- Staff and Training:** Home health aide; training provided by agency.
- Funding:** County, state, private insurance, parent pay with sliding fee scale.
- Program Limitations:** Unable to care for children with physical impairments or high medical/health needs; must have prior child assessment; limited respite service.

Services available in Heartland AEA 11.

Babcock of Iowa, Inc.
Family Support Services

Mary Thomas
301 North Ankeny Blvd.
Ankeny, IA 50021
515:964-7845

Steve Wright
729 South Main
Council Bluffs, IA 51503
712:323-9824

Program Type: Respite provided in parent's home, respite caregiver's home and camp setting.

Eligibility Criteria: Infant through adulthood; primary disability of mental retardation; residents of southwest and central Iowa.

Services: Schedule is determined by family need but cannot exceed 576 hours annually.

Staff and Training: Variety of providers including nurse, teacher, and respite caregiver; training provided by agency.

Funding: MR Waiver.

Program Limitations:

Services available in Heartland AEA 11, Loess Hills AEA 13 and Green Valley AEA 14.

Benton County Public Health Agency

Nancy Farmer
502 North Ninth Avenue
Vinton, IA 52349
319:472-4705

Program Type:

Services: Intermittent care.

Eligibility Criteria:

Funding:

Program Limitations:

Services available in Grant Wood AEA 10.

Bethphage Mission Midwest, Osceola

Chris Bott
PO Box 484
Osceola, IA 50213
515:342-6015

Program Type: In-home respite; community based residential respite program

Eligibility Criteria: Infant through adulthood; services geared toward persons having mental retardation but will care for others with other disabilities; residents of south-central Iowa.

Services: Will receive respite services as available under the Home and Community Based Waiver - not to exceed 576 hours.

Funding: Home and Community-Based Waiver.

Program Limitations: Families must be eligible for Home and Community Based Waiver Services; services dependent upon family needs.

Services available in Heartland AEA 11 and Green Valley AEA 14.

Boone County Home Care Services

Supervisor
First Floor
Court House
Boone, IA 50036
515:433-0534.

Program Type:

Services: Cares for incapacitated caregiver
[may be interested in providing
respite].

Eligibility Criteria:

Staff and Training:

Funding:

Program Limitations:

Services available in Heartland AEA 11.

Bremer County Nursing Agency

Barbara Voigts
415 East Bremer
Waverly, IA 50677
319:352-5040

Program Type:

Services: Supervision; training.

Staff and Training:

Funding:

Program Limitations:

Services available in AEA 7

Buchanan County Public Home Health Agency

Amy Marlow
Buchanan County Court House
PO Box 297
Independence, IA 5068
319:334-2818

- Program Type:** Home health care.
- Eligibility Criteria:** Infant to 18 years; primarily cares for children with health concerns, physical impairments, visual impairments, hearing impairments and mental retardation; residents of Buchanan County.
- Services:** Monday through Friday; limit of 2 to 4 hours per day; hospice volunteers provide respite.
- Staff and Training:** Home health aide; training provided by agency.
- Funding:** County, state, parent pay with sliding fee scale.
- Program Limitations:** Unable to care for children requiring high technology care; limited respite services.
- Services available in AEA 7.

Buchanan County Volunteer Services, Inc.

Sharon Anton
309 First Street East
Independence, IA 50644
319:334-4218

Program Type: Respite in parent's home, respite in caregiver's home, child care facility and crisis nursery.

Eligibility Criteria: Infant through 18 years; most disabilities; residents of Buchanan County.

Services: Care scheduled as family requires, not to exceed 15 hours monthly; sibling care provided at no cost.

Staff and Training: Family day care, nurse's aide, respite caregiver, college student; training provided by agency.

Funding: County, federal grant, contribution

Program Limitations:

Services available in AEA 7.

**Buena Vista County
Homemaker Home Health Aide Agency**

Marilyn Monson
Court House
PO Box 663
Storm Lake, IA 50588
712:749-2550

- Program Type:** Home Health.
- Eligibility Criteria:** Children under protective services or who are at-risk (may have disabilities) residents of Buena Vista County.
- Services:** Service provided in parent's home; limit of 4 hours per day; 7 days per week; 60 days per year.
- Staff and Training:** Home health aide; training provided by agency.
- Funding:** County, state, state grant, parent pay with sliding fee scale.
- Program Limitations:** Unable to care for children dependent upon medical technology or children requiring skilled nursing care.

Services available in Lakeland AEA 3 and Arrowhead AEA 5.

Buena Vista County Public Health

Karen Graen, RN
PO Box 663
Storm Lake, IA 50588
712:749-2549

Program Type:

Service: Supervision; training.

Eligibility Criteria:

Staff and Training:

Funding:

Program Limitations:

Services available in Lakeland AEA 3 and Arrowhead
AEA 5

Buena Vista Hospital

Candace Nees
1525 West Fifth Street
Storm Lake, IA 50588
712:732-4030

- Program Type:** Hospital based respite (in-home care may be possible).
- Eligibility Criteria:** Infant through adolescence; children having high health care needs; residents within a 35 mile radius of hospital (can be waived).
- Services:** Hospital-based weekend once a month, Friday night through Sunday night.
- Staff and Training:** Nurse; training determined by education.
- Funding:** State, private insurance.
- Program Limitations:** In-home respite may be available based upon staff availability.
- Services available in Lakeland AEA 3 and Arrowhead AEA 5.

Burlington Medical Center

Deborah Stover
Home Care
602 North Third
Burlington, IA 52601
319:753-3599

Program Type: Home health; in-home respite.

Eligibility Criteria: Infant through adulthood; most disabilities; 50 mile radius of Burlington, which includes Lee, Henry, Louisa and Des Moines Counties.

Services: 24 hours per day; 7 days per week.

Funding: Parent pay, state, Medicare, private insurance.

Program Limitations:

Services available in Great River AEA 16.

Butler County Public Health Nursing Service

Linda Traux
Court House, Box 325
Allison, IA 50602
319:267-2934

Program Type: Home health care; information and referral.

Eligibility Criteria: Infant to 18 years; most disabilities; residents of Butler County.

Services: 8:00 AM to 4:00 PM; Monday through Friday; limit of 2 to 3 hours per day.

Staff and Training: Nurse, home health aide; training provided by agency.

Funding: County, state, parent pay with sliding fee scale.

Program Limitations: Case by case evaluation.

Services available in Northern Trails AEA 2 and AEA 7.

Calhoun County Department of Health

Jane Condon
515 Court Street
Rockwell City, IA 50579
712:297-8323

- Program Type:** Public health department; information and referral.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Calhoun, Sac, Webster and Pocahontas Counties.
- Services:** Service provided in parent's home and foster parent's home; 7 days per week; limit of 2 to 4 hours per day; physical therapy, occupational therapy, and speech therapy is also available.
- Staff and Training:** Nurse, home health aide; training provided by agency.
- Funding:** County, state, Medicare, Medicaid, Model Waiver, CHAMPUS, private insurance, parent pay with sliding fee scale.
- Program Limitations:** Respite hours may be expanded dependent upon staff availability.

Services available in Arrowhead AEA 5.

4 C's Community Coordinated Child Care

Keri Buria
PO Box 287
202 South Linn Street
Iowa City, IA 52244
319:338-7684

- Program Type:** Resource and referral to families seeking child/respice care; training and technical assistance to child/respice care providers.
- Eligibility Criteria:** No income eligibility requirements; residents of Johnson and Washington Counties.
- Services:** Links parents needing child care to family child care providers, center based programs, preschool programs and school based programs; provides training to caregivers; facilitates community child care planning; has toy lending library; has parent resource service for children with special needs.
- Staff and Training:**
- Funding:** Sliding fee scale for parent referral to child care provider.
- Program Limitations:**
- Services available in Grant Wood AEA 10.

CCCPCA Family Resource Center

Lou Ann Mowrey or Jeanie Running
102 West Sixth
Carroll, IA 51401
712:792-6440

- Program Type:** Out- of-home respite.
- Eligibility Criteria:** Infant to 18 years; most disabilities; residents of Carroll County and surrounding counties.
- Services:** 7 days per week.
- Staff and Training:** Respite worker, college student, family child care provider, child care center staff (paid and volunteer); training provided by agency.
- Funding:** Grant funds, family center services.
- Program Limitations:** Unable to care for children dependent upon medical technology and having involved disabilities.

Services available in Heartland AEA 11.

**Cedar County Public Health Nursing Service and
Homemaker Home Health Aide Service**

Carol Sander, R.N.
Court House
Tipton, IA 52772
319:886-2226

- Program Type:** Home health care.
- Eligibility Criteria:** Infant to 18 years; most disabilities; residents of Cedar County
- Services:** 8:00 AM to 4:30 PM; Monday through Friday (Saturday and Sunday may be possible); limit of 12 hours per week.
- Staff and Training:** Nurse, home health aide; training provided by agency.
- Funding:** County, state, state grant, parent pay with sliding fee scale.
- Program Limitations:** Unable to care for children with severe behavior problems and emotional problems; care is dependent upon staff availability and needs of child; prior nursing assessment is required.

Services available in Mississippi Bend AEA 9 and Grant Wood AEA 10.

Central Iowa Residential Services, Inc.

Nancy Earney
1002 South 12th Avenue
Marshalltown, IA 50158
515:752-5762

- Program Type:** In-home respite; information and referral.
- Eligibility Criteria:** Infant through adulthood; most developmental disabilities; residents of Marshall, Tama, Jasper, Poweshiek and Hardin Counties.
- Services:** Provides respite care 2 hours to 3 days.
- Staff and Training:** Community residents; training provided by agency and parent.
- Funding:** County, United Way, parent organization, Community Chest, parent pay with sliding fee scale.
- Program Limitations:** Unable to care for children requiring medical care; care is dependent upon staff availability.

Services available in AEA 6, AEA 7, and Heartland AEA 11.

Cerro Gordo County Health Department

Linda Read
220 North Washington Avenue
Mason City, IA 50401
515:421-3080

- Program Type:** In-home respite.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Cerro Gordo County.
- Services:** 8:00 AM to 4:30 PM; Monday through Friday; 2 to 4 hours weekly.
- Staff and Training:** Home care aides for respite and nurses for skilled nursing care; training provided by agency.
- Funding:** Title 19, Ill and Handicapped waiver, in-home health, protective services, private insurance, and parent pay.
- Program Limitations:** Unable to care for children using medical equipment.
- Services available in Northern Trails AEA 2.

Charlie Brown Preschool and Child Care

Liz Austin
600 First NW
Mason City, IA 5040
515:424-0065

- Program Type:** Center-based respite.
- Eligibility Criteria:** Infant through 12 years; most disabilities; residents of northern Iowa.
- Services:** 5:30 AM to midnight, Monday through Friday; 5:30 AM to 6:30 PM on Saturday; sibling care provided at a reduced cost.
- Staff and Training:** Teacher, teacher assistant, child care staff, LPN, nurse's aide, respite caregiver, college student; training provided by agency.
- Funding:** MR waiver, United Way and parent pay.
- Program Limitations:** Unable to care for children requiring complex medical treatment, such as feeding tubes.

Services available in Northern Trails AEA 2.

C.H.E.A.R.S.
(Community Health Enrichment and Recovery Services)

Nancy Dykstra
605 South Main Street
Sioux Center, IA 51250
712:722-1271

Program Type: Extended care (may include respite); skilled nursing care; home health aide assistance.

Eligibility Criteria: Infant through 18 years; disabilities associated with health issues; residents of a 30-mile radius of C.H.E.A.R.S. office.

Services: 8:00 AM to 4:30 PM (extended hours available); Monday through Friday; staff available on-call 24 hours a day.

Staff and Training: Nurse, LPN, social worker, home health aide, homemaker, volunteer.

Funding: Federal, state; private insurance; fees; contributions.

Program Limitations:

Services available in AEA 4.

Chickasaw County Public Health Nursing Service

D. Schwickerath
PO Box 355
New Hampton, IA 50659
515:394-4053

Program Type: In-home intermittent care.

Service: Skilled nursing.

Eligibility Criteria:

Funding:

Program Limitations:

Services available in Keystone AEA 1 and AEA 7.

Child Abuse Prevention Services

Jana Crain
206 West State Street
Marshalltown, IA 50158
515:752-4668.

- Program Type:** In-home and out-of-home respite.
- Eligibility Criteria:** Infant to 18 years; most disabilities; residents of Marshall County.
- Services:** Provide respite care to reduce family stress utilizing current crisis child care program; 7 days a week, 24 hours per day; sibling care provided at no cost.
- Staff and Training:** Respite caregiver, family child care; training provided by agency.
- Funding:** County, federal demonstration grant.
- Program Limitations:** Only 20 families served.
- Services available in AEA 6.

Child Care Resource Center

Mary Post
Woodbury County Community Action Agency
2700 Leech Avenue
Sioux City, IA 51106
712:274-2212

Program Type: Resource and referral to families seeking child/respice care; training and technical assistance to child/respice care providers.

Eligibility Criteria: No income eligibility requirements; residents of Woodbury, Ida and Crawford Counties.

Services: Links parents needing child care to family child care providers, center based programs, preschool programs and school based programs; provides training to caregivers; facilitates community child care planning; has toy lending library.

Staff and Training:

Funding: May require a fee from parents for referrals to child care providers.

Program Limitations: Minimal number of family day care providers caring for children with special needs.

Services available in Western Hills AEA 12.

Child Care Resource and Referral of Central Iowa

Karen King
1200 University, City View Plaza Suite H
Des Moines, IA, 50314
800:722-7619 / 515:286-3536 / 515:286-2043

- Program Type:** Resource and referral to families seeking child/respice care; training and technical assistance to child/respice care providers.
- Eligibility Criteria:** Residents of Dallas, Madison, Warren, Jasper, Marion, Polk, Boone, Story, Hardin and Marshall Counties.
- Services:** Provides referral services to families looking for child/respice care providers; offers training and technical assistance to child/respice care providers; provides enhanced referral services and on-site parent education classes for ChildNet subscribers.
- Staff and Training:** Education consultants with backgrounds in early childhood education, elementary education, secondary education, home economics and social work.
- Funding:** Federal, state, foundation and private corporation, parent pay. State sliding fee scale for parent referral services; ChildNet subscribers no fee; no fee for providers to be listed.

Services available in AEA 6 and Heartland AEA 11.

**Child Care Resource and Referral Program
of Northeast Iowa**

Joanne Lane
Exceptional Persons, Inc.
760 Ansborough Avenue
Waterloo, IA 50702
319:233-0804 or 800:475-0804

- Program Type:** Resource and referral to families seeking child/respite care; training and technical assistance to child/respite care providers.
- Eligibility Criteria:** No income eligibility criteria; residents of Black Hawk, Bremer, Buchanan, Butler, Chickasaw, Fayette, Grundy, Allamakee, Howard, Winneshiek, Clayton, Delaware, Dubuque, Cerro Gordo, Floyd, Franklin, Hancock, Mitchell, Winnebago and Worth Counties.
- Services:** Links parents needing child care to family child care providers, center based programs, preschool programs and school based programs; provides training to caregivers; facilitates community child care planning; has resource lending library.
- Funding:** Annual sliding fee with no limitations for referrals.
- Program Limitations:** Minimal number of child care providers caring for children with special needs.

Services available in Keystone AEA 1, Northern Trails AEA 2, AEA 6, and AEA 7.

C.H.O.I.C.E.S.

John Cobb
Opportunity Village
120 North Ninth Street, West
Clear Lake, IA 50428
515:357-5277

- Program Type:** In-home respite
- Eligibility:** Infant through adulthood; must have a primary diagnosis of mental retardation; residents of Howard, Chickasaw, Mitchell, Worth, Winnebago, Hancock, Cerro Gordo, Floyd, Franklin, Wright, Kossuth, Humboldt, Webster and Hamilton counties.
- Services:** Will receive respite services as available under the Home and Community Based Waiver Program — not to exceed 576 hours.
- Funding:** Home and Community Based Waiver Program; private pay.
- Program Limitations:** Care dependent upon staff availability; staff unable to care for children requiring skilled nursing care.

Services available in Keystone AEA 1, Northern Trails AEA 2, Lakeland AEA 3, and Arrowhead AEA 5.

Clarke County Homemaker Home Health Aide Service, Inc.

Vickie Johnson
800 South Filmore
Osceola, IA 50213
515:342-3133

- Program Type:** Home health care; information and referral.
- Eligibility Criteria:** Infant to adolescence; most disabilities; residents of Clarke County.
- Services:** Service provided in parent's home and foster caregiver's home; 8:00 AM to 4:30 PM; Monday through Friday; limit of 4 hours per day, 20 hours per week, 80 hours per month.
- Staff and Training:** Home health aide; training provided by agency.
- Funding:** County, state, private insurance, advocacy group, parent/relative/friend pay with sliding fee scale.
- Program Limitations:** Home health aide cannot dispense medication.

Services available in Green Valley AEA 14.

**Clay County Community Health Services
Spencer Municipal Hospital**

Sheryl Thu
114 East 12th Street
Spencer, IA 51301-4330
712:264-6380

- Program Type:** In-home child protective services.
- Eligibility Criteria:** Infant to 18 years; most disabilities; residents of Clay County.
- Services:** Provides court ordered child protection 8:00 AM to 4:30 PM, Monday through Friday; 1 to 2 hours daily; 2 to 3 times weekly.
- Staff and Training:** Home health aide; training provided by agency.
- Funding:** County, Title 19, private insurance, and parent pay.

Program Limitations:

Services available in Lakeland AEA 3.

Clayton County Public Health

Box 522
429 North High Street
Elkader, IA 52043
319:245-1145

Program Type: Home health care, public health department.

Eligibility Criteria: Infant through adulthood; most disabilities; residents of Clayton County.

Services: Provides skilled nursing care, health education, home health care and Referral Services; Monday through Friday 8:00 AM to 4:30 PM; On-call Saturday 8:00 AM to 4:30 PM; nursing visits last 30 minutes to 60 minutes; home care aide visits are available up to 2 per day; care provided in family's home.

Staff and Training: Nurse, home care aide; training determined by staff guidelines.

Funding: County, Title XIX, private insurance.

Program Limitation:

Services available in Keystone AEA 1.

**Client Community Services, Inc.
Sibley House**

**Pat Lange
518 Ninth Avenue
Sibley, IA, 51249
712:754-2754**

Program Type: Respite in parent's home, respite caregiver's home, at a camp setting and at residential setting.

Eligibility Criteria: Infant through adulthood; children with physical, visual and hearing impairment, mental retardation, speech disorder, head injury, and autism; residents of Osceola, Lyon, O'Brien and Dickinson counties.

Services: 7 days a week; 24 hours per day.

Staff and Training: Teacher, teacher assistant, respite caregiver, college student; training provided by agency.

Funding: MR waiver and Title 19.

Program Limitations: Unable to care for ill children or those using life sustaining equipment.

Services available in Lakeland AEA 3 and AEA 4.

Cobblestone Cottage
Home & Community Based Services/Medicare Waiver

Judy Michalee
645 North 8th
Albia, IA 52531
515:932-5311

Program Type: Respite provided in parent's home, respite in caregiver's home and at community based residential setting.

Eligibility Criteria: Infant through adulthood; must have a primary diagnosis of mental retardation and can have other diagnosis such as Autism, behavioral disorder or emotional impairment; residents of Monroe County and surrounding areas.

Services: Respite care as provided under the Home and Community Based Waiver Program — not to exceed 576 hours.

Staff and Training: Respite worker, college student, training provided by agency.

Funding: Home and Community Based Waiver Program, Title 19, County.

Services available in Southern Prairie AEA 15.

Community Health of Jones County

Sandy Ricklefs
104 Broadway Place
Anamosa, IA 52205
319:462-6131

- Program Type:** Home health care; in home respite; Public Health Department.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Jones County.
- Services:** 8:30 AM to 4:30 PM; 7 days per week; provides respite care, skilled nursing service, home health care, physical therapy and medical-social services on an intermittent basis.
- Staff and Training:** Nurse, respite worker, home health aide; training provided by agency.
- Funding:** County, Title XIX, MR Waiver, protective services, private insurance, parent pay.
- Program Limitation:** Care dependent upon staff availability.
- Services available in Grant Wood AEA 10.

Community Health Services of Marion County

Marti Franc
Court House
Knoxville, IA 50138
515:828-2238

- Program Type:** Public Health Department.
- Eligibility Criteria:** All ages; most disabilities; residents of Marion County.
- Services:** Teaching, supervision and direct care in child's home or foster home; Monday through Friday; 8:00 AM to 4:30 PM.
- Staff and Training:** Nurse, trained home health aides.
- Funding:** Insurance, Title 19, county, state, parent pay with sliding fee scale.
- Program Limitations:** Unable to care for children requiring complex or high technology care; care is dependent on staff availability and skill.
- Services available in Heartland AEA 11.

Community Home Care, Ltd.

Loralea Arnold
614 Mulberry Avenue
Muscatine, IA 52653
319:264-5272

- Program Type:** In-home respite.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Muscatine County and surrounding areas.
- Services:** Also provides health care services to children living at home; sibling care provided.
- Staff and Training:** Nurse, home health aide, college student; training provided by agency.
- Funding:** Private pay.
- Program Limitations:** Specific staff training needed for specific technology dependent children; minimum care of 3 hours required.

Services available in Mississippi Bend AEA 9.

Community Nursing Services of Muscatine

Patricia Rae Castle
1605 Cedar Street
Muscatine, IA 52761
319:263-3325

- Program Type:** In-home respite.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Muscatine County.
- Services:** Respite care limit to 3 hours per week; 8:00 AM to 5:00 PM; Monday through Friday; intermittent care is available also.
- Staff and Training:** Home health aide.
- Funding:** No fee for respite.
- Program Limitations:** Respite care is dependent upon staff availability; funding is limited for respite.

Services available in Mississippi Bend AEA 9.

Community Services of Muscatine

Patricia Rae Castle
1609 Cedar Street
Muscatine, IA 52761
319:263-3325

- Program Type:** Home health care.
- Eligibility Criteria:** Infant to adulthood; most disabilities, residents of Muscatine.
- Services:** 8:00 AM to 5:00 PM; Monday through Friday; sibling care provided at no cost.
- Staff and Training:** Home health aide; training provided by agency.
- Funding:** County, Title 19, state grant and parent pay.
- Program Limitations:** Care dependent upon staff availability; limited respite care available.

Services available in Mississippi Bend AEA 9.

Crawford County Public Health Nursing Service

Carol Peterson
PO Box 275
Denison, IA 51442
712:263-9304

Program Type:

Eligibility Criteria:

Services: Intermittent care.

Staff and Training:

Funding:

Program Limitations:

Services available in Western Hills AEA 12.

Dallas County Public Health Nursing Service

618 Tenth Street
Perry, IA 50220
515:465-2483
515:993-3750

- Program Type:** Respite; home health care; public health department.
- Eligibility Criteria:** Infant through eighteen years of age; most disabilities; residents of Dallas County.
- Services:** Hours and days of service dependent upon client need; care may be provided in or outside the family home.
- Staff and Training:** Nurse, respite worker, home health aide; training provided by parent and determined by education.
- Funding:** County, Title XIX, protective services, private insurance, parent pay.
- Program Limitation:**
- Services available in Heartland AEA 11.

**Davis County Hospital
Home and Community Health**

Mary Perry
105 South Pine
Bloomfield, IA, 52537
515:664-3629

- Program Type:** Home health.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Davis County.
- Services:** Home-health services 8:00 AM to 4:00 PM, Monday through Friday; home nursing service 24 hours per day, 7 days per week; provides intermittent care; offers referral service.
- Staff and Training:** Nurse and home health aide; training provided by agency.
- Funding:** Medicaid, Medicare, private insurance.
- Program Limitations:**
- Services available in Southern Prairie AEA 15.

Day Care for Exceptional Children

Mary Wambold
2217 Beaver Avenue
Des Moines, IA 50310
515:274-2831

- Program Type:** Center based-child care.
- Eligibility Criteria:** 6 weeks to 21 years; most disabilities; residents of Polk County and surrounding areas.
- Services:** 6:00 AM to 6:00 PM; Monday through Friday.
- Staff and Training:** Child care worker; training provided by the Training Connection.
- Funding:** County, state, civic/community organization, parent pay with sliding fee scale.
- Program Limitations:** Unable to care for children who are technology dependent; focus is upon child care services.

Services available in Heartland AEA 11.

Dickinson Public Health Nursing Service

Vivian Lynn
Box AB
Spirit Lake, IA 51360
712:336-2682

- Program Type:** Home health care; in-home respite.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Dickinson County.
- Services:** 7 days per week; also provides intermittent home health care, skilled nursing, family counseling, and teaching.
- Staff and Training:** Paid and volunteer; nurse, physical therapist, home health aide, respite worker; training provided by agency.
- Funding:** County, state, parent pay with sliding fee scale; fee waived in protective service cases.
- Program Limitations:** Care for children with severe disabilities may require staff training.

Services available in Lakeland AEA 3.

Dubuque Visiting Nurse's Association

Julie McMahon
1454 Iowa Avenue
PO Box 359
Dubuque, IA 52001
319:556-6200

Program Type: Home health care; in-home respite.

Eligibility Criteria: Infant through adulthood; most disabilities; residents of Dubuque and Jackson Counties and designated townships of Delaware and Clayton Counties.

Services: 7:30 AM to 6:30 PM; 7 days per week.

Staff and Training: Home health aide; training provided by agency.

Funding: State, parent pay with sliding fee scale.

Program Limitations: Care is dependent upon staff availability and funding.

Services available in Keystone AEA 1 and Mississippi Bend AEA 9.

Emergency Child Care Program, HACAP

Ann McQuerry
320 - 11th Avenue, SE
PO Box 789
Cedar Rapids, IA 52406
319:366-0054 or 800:233-0054

Program Type: Crisis nursery provided in registered family child care home and licensed child care center.

Eligibility Criteria: Infant through 12 years of age; residents of Linn County; no income eligibility criteria.

Services: 24 hours per day; 365 days per year; 72 hours of continuous care permitted; reasons for care: to prevent child abuse, to assist in emergency and crisis situations; to help primary caregiver when incapacitated or to attend an appointment; older siblings may be served.

Staff and Training: Child care provider; training provided by agency

Funding: No parent fee and no income eligibility criteria; federal grant, homeless children trust fund.

Program Limitations: Care is dependent upon staff availability and qualifications; case by case determination regarding care for children with special needs.

Services available in Grant Wood AEA 10.

Emmet Public Health Nursing

Madonna Johnson
Court House
Estherville, IA 51334
712:362-2490

Program Type: Home health care; in-home respite.

Eligibility Criteria: Infant to 18 years; care for children with chronic illness, physical impairments and mental retardation; residents of Emmet County.

Services: Hours vary.

Staff and Training: Home health aide, respite worker; training provided by agency.

Funding: Third party pay, private pay.

Program Limitations: Unable to care for children with severe disabilities; care is dependent upon staff skill level.

Services available in Lakeland AEA 3.

Exceptional Persons, Inc.

Linda Jacobi
Family Support Services
760 Ansbrough Avenue
PO Box 4090
Waterloo, IA 50703
319:232-6671

- Program Type:** In-home respite and at camp-like setting.
- Eligibility Criteria:** Infant through 18 years but may care for adults; most disabilities; residents of Black Hawk, Bremer, Buchanan, Grundy and Tama Counties.
- Services:** 7 days per week; 7:00 AM to 12:30 PM; group program: 1 Saturday per month and 1 weekend per month.
- Staff and Training:** Paraprofessionals; training provided by agency and parent.
- Funding:** County, state, HCBS waiver, United Way, parent pay with sliding fee scale, contributions, donations.
- Program Limitations:** Care is dependent upon staff availability.

Services available in AEA 7.

Families of Northeast Iowa

Richard E. Russman
PO Box 806
Maquoketa, IA 52060
319:652-4958

Program Type: Respite provided in parent's home, respite caregiver's home and foster parent's home.

Eligibility Criteria: Infant to 18 years of age; provides care to children with developmental delay, mental retardation learning disability, emotional impairment and speech/language disorder; residents of northeast Iowa.

Services: Respite care as provided under the Home and Community Based Waiver Program.

Staff and Training: Respite worker and foster care family; training provided by the agency.

Funding: Home and Community Based Waiver Program, Parent pay, Title 19, and Foster Care.

Services available in Keystone AEA 1 and Mississippi Bend AEA 9.

Family Hospice and Respite Bereavement

Jane Alesch
Loring Hospital
211 Highland Avenue
Sac City, IA 50583
712:662-7105

- Program Type:** In-home respite; information and referral.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Sac County.
- Services:** Monday through Saturday; limit of 3 to 4 hours per day or 20 hours per week.
- Staff and Training:** Volunteers; training provided by agency.
- Funding:** No fee.
- Program Limitations:** Care is dependent upon availability of volunteers.
- Services available in Arrowhead AEA 5.

**Fayette County Public Health
Homemaker Home Health Aide**

Debbie Watson
PO Box 516
West Union, IA 52175
319:422-6061

- Program Type:** Home health care; information and referral.
- Eligibility Criteria:** Infant to 18 years; children with health needs, failure to thrive and protective services; residents of Fayette County.
- Services:** 8:00 AM to 4:30 PM; 7 days per week; 4 hours per day; 10 hours per week.
- Staff and Training:** Home health aide; training provided by agency.
- Funding:** County, state, parent pay with sliding fee scale.
- Program Limitations:** Care is dependent upon staff availability and severity of medical needs.

Services available in Keystone AEA 1.

**Floyd County Home Health Care Agency —
Home Care Aides and Home Helpers**

Annette Simonson
1206 South Main Street
Charles City, IA 50616
515:228-7432, ext. 122

- Program Type:** In-home respite.
- Eligibility Criteria:** Infant to 18 years; provides services to children with health problems, mental retardation and attention deficit; residents of Floyd County.
- Services:** Prevent institutionalization and support family stability; 7:00 AM to 4:30 PM; Monday through Friday; 1-2 hours daily.
- Staff and Training:** Home care aide; training provided by agency and North Iowa Area Community College.
- Funding:** Medicaid, county, state grant, protective services, private insurance, parent pay.
- Program Limitations:**

Services available in Northern Trails AEA 2.

Floyd Valley Community Health Service

Debra Steffen
Highway 3 East
PO Box 10
LeMars, IA 51031
712:546-4543

- Program Type:** Public health department; home health care.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Plymouth County.
- Services:** 8:00 AM to 4:30 PM; Monday through Friday, provides skilled nursing care and assistance with personal care/treatments.
- Staff and Training:** Nurse, home health aide; training provided by agency.
- Funding:** County, state, private insurance, private pay with sliding fee scale.
- Program Limitations:** Care is dependent upon staff availability and child's need.

Services available in AEA 4.

Goodwill Industries

Tami Doyle
1551 Indian Hills Drive
Suite 208
Sioux City, IA 51104
712:277-4608.

- Program Type:** In-home respite and at Respite Center.
- Eligibility Criteria:** Birth to age 22; have primary diagnosis of mental retardation and approval to receive the HCBS Waiver; resident of Woodbury County.
- Services:** Care is scheduled per family's request and at staff availability; 576 hours of care available per year under HCBS waiver program.
- Staff and Training:** Paid and volunteer; 40 hours of training provided by agency.
- Funding:** County, Title 19, HCBS Waiver program.
- Program Limitations:** Care is dependent upon staff availability.

Services available in Western Hills AEA 12.

Greater Community Hospital

Dianna Turner
1700 West Townline
Creston, IA 50801
515:782-7091

- Program Type:** Hospital-based respite.
- Eligibility Criteria:** Infant through adulthood; health related disability; residents within area surrounding Creston.
- Services:** 30 days of on-site care per year.
- Staff and Training:** Nurse, LPN, nurse's aide; training determined by education.
- Funding:** Model waiver.
- Program Limitations:** Care for children who have medical needs.

Services available within Green Valley AEA 14.

Greene County Medical Center

Cynthia Kail
1000 West Lincolnway
Jefferson, IA, 50129
515:386-3228

- Program Type:** In-home respite.
- Eligibility Criteria:** Infant through 21 years; most disabilities, residents of Greene County.
- Services:** Monday through Friday; 4 to 6 hours per day; sibling care provided.
- Staff and Training:** Nurse, nurse's aide; training provided by agency.
- Funding:** County, Title 19, in-home health, private insurance, parent pay.
- Program Limitations:** Has provided respite infrequently but will attempt as determined on a case by case basis; services provided as determined by staff availability.

Services available in Arrowhead AEA 5.

Grinnell Regional Medical Center

Lucianne Dhooge
Grinnell Regional Home Care
210 Fourth Avenue
Grinnell, IA 50112
515:236-2273

- Program Type:** Home health care.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Poweshiek County.
- Services:** Service provided in parent's home and foster caregiver's home; 8:00 AM to 4:30 PM; Monday through Friday; limit of 1 to 2 hours per day; weekend care in priority situations.
- Staff and Training:** Home health aide; training provided by agency.
- Funding:** County, state, parent pay with sliding fee scale.
- Program Limitations:**
- Services available in AEA 6.

Guthrie County Public Health Nursing Service

Janelle Stringham
102 South Fourth Street
Guthrie Center, IA 50115
515:747-3972

- Program Type:** Home health care; in-home respite.
- Eligibility Criteria:** Infant to 18 years; most disabilities; residents of Guthrie County.
- Services:** 8:00 AM to 5:00 PM; Monday through Friday; 6:00 PM to 8:00 PM on some Fridays.
- Staff and Training:** Home health aide; training provided by agency.
- Funding:** County, state, parent pay with sliding fee scale.
- Program Limitations:** Child's needs must be assessed; care is dependent upon staff availability and child's needs; respite provides short term relief.

Services available in Heartland AEA 11.

Guttenberg Home Health

Heidi Smith
Guttenberg Hospital
Second and Main
Guttenberg, IA, 52052
319:252-1121, ext 67

Program Type: Home health care; referral to respite care.

Eligibility Criteria: Infant through adulthood; most disabilities; residents of Clayton, Dubuque and Delaware Counties.

Services: 24 hours per day; 7 days per week; limit of 2 hours per time; emergency care available; referral to respite caregiver.

Staff and Training: Nurse, social worker; training determined by education.

Funding: Parent pay, private insurance, state; fee may be waived.

Program Limitations: Care dependent upon staff availability and needs of the child.

Services available in Keystone AEA 1.

**Hancock/Winnebago County
Homemaker Home Health Aide Services**

Judy Klemm
Court House Annex
Garner, IA 50438
515:923-2539

- Program Type:** Home health care; in-home respite.
- Eligibility Criteria:** Infant to 18 years; most disabilities; residents of Hancock and Winnebago Counties.
- Services:** 7:00 AM to 5:00 PM; Monday through Friday; limit of 2 to 3 hours per day; weekend care is available if there is a special need.
- Staff and Training:** Home health aide; training provided by agency.
- Funding:** Hancock and Winnebago Counties, state, civic/community organizations, private insurance, grant, parent pay with sliding fee scale.
- Program Limitations:** Care is dependent upon child's need, staff skills and physician's orders.

Services available in Northern Trails AEA 2.

Handicapped Development Center

3402 Hickory Grove Road
PO Box 2450
Davenport, IA 52809
319:391-4834

Program Type: In-home respite, group recreation and camp-like setting.

Eligibility Criteria: Infant through adulthood; developmental disabilities; Scott County.

Services: In-home: no specific hours, 1 time per week per family (unless third party funding available); recreation program: 3 to 4 hours, Wednesday and Sunday afternoon/early evening (13 years and older); summer vacation: 4 one-week sessions (13 years and older).

Staff and Training: Support staff with residential experience; training provided by agency.

Funding: County, parent pay with sliding fee scale, HCBS Waiver.

Program Limitations: Unable to pay for individual needing medical care; care is dependent upon staff availability.

Services available in Mississippi Bend AEA 9.

Handicare

Ann Riley
2220 Ninth Street
Coralville, IA 52241
319:354-7641

Program Type: Center-based child care and respite.

Eligibility Criteria: 2 weeks to 12 years of age; residents of Johnson, Cedar, Washington, Benton and Iowa Counties.

Services: 6:30 AM to 6:00 PM; 11 1/2 hours per day; 55 hours per week; Monday through Friday.

Staff Training: Certified teacher, teacher associate, registered nurse, recreational therapist, college practicum student.

Funding: County, state, United Way, private insurance, parent pay with sliding fee scale.

Program Limitations: Respite space dependent upon available space in child care center and needs of the child.

Services available in Grant Wood AEA 10.

Hardin County Community Nursing Service

Jean Gehrke
County Office Building
Eldora, IA 50627
515:858-3461 or 800:859-3048

Program Type:

Services: Skilled nursing care; home health care.

Eligibility Criteria:

Staff and Training: Nurse, home health aide.

Funding:

Program Limitations:

Services available in AEA 6.

Hardin County Homemaker Health Aide Service

Marlene Ziesman
Office Building
Eldora, IA 50627
515:858-2308

- Program Type:** Home health care.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Hardin County.
- Services:** 8:00 AM to 4:30 PM; Monday through Friday; limit of 10 hours per week.
- Staff and Training:** Home health aide; training provided by agency.
- Funding:** County, state, private insurance, civic/community organization, parent pay with sliding fee scale; fees waived for protective services.
- Program Limitations:**
- Services available in AEA 6.

Harrison County Public Health

Eileen Kucirek
Court House
Logan, IA 52546
712:644-2220

Program Type:

Services: Skilled nursing care.

Eligibility Criteria:

Staff and Training:

Funding:

Program Limitations:

Services available in Loess Hills AEA 13.

Healthland Home Care

Mary Payne
Winneshiek Memorial Hospital
901 Montgomery
Decorah, IA 52101
319:382-2911

- Program Type:** Home health care.
- Eligibility Criteria:** Infant through adulthood; residents of Winneshiek, eastern half of Howard and western half of Allamakee Counties.
- Services:** Assist families during the acute care phase or illness stage; not on an ongoing basis; limit of 2 hours per time.
- Staff and Training:** Nurse; training determined by education.
- Funding:** Parent pay, private insurance, state.
- Program Limitations:** Care is dependent upon staff availability; limited service only.

Services available in Keystone AEA 1.

Helping Services for NE Iowa, Inc.

Kathy Uthoff
421 West Water
PO Box 372
Decorah, IA 52101
319:387-1720

- Program Type:** Resource and referral to families seeking child/respite care; training and technical assistance to child/respite care providers.
- Eligibility Criteria:** No income eligibility requirements; residents of Allamakee, Howard and Winneshiek Counties.
- Service:** Links parents needing child care to family child care providers, center based programs, preschool programs and school based programs; provides training to caregivers; educates parents on child care options and regulations.
- Staff and Training:**
- Funding:** May require a fee from parents for referral to child care providers.
- Program Limitations:** Minimal number of family child care providers caring for children with special needs.
- Services available in Keystone AEA 1.

Henry County Home Care

Doris Grilliot
Saunders Park
Mt. Pleasant, IA 52641
319:385-6785

- Program Type:** Home nursing care, home health care.
- Eligibility Criteria:** Infant through adulthood; residents of Henry County.
- Services:** 7 days a week, on call 24 hours per day for nursing services; **Respite Care** available dependent upon child's needs and staff availability.
- Staff and Training:** Nurse, home care aide, social worker.
- Funding:** County, state, federal, private insurance, parent pay.
- Program Limitation:** Respite program is limited.
- Services available in Great River AEA 16.

Home and Community Based Services

Deborah Miller
112 North 13th
Keokuk, IA 52632
319:524-7603

- Program Type:** Respite care provided.
- Eligibility Criteria:** Infant through adulthood; must have a primary diagnosis of mental retardation; residents of Lee, Des Moines and Van Buren counties.
- Services:** Care dependent upon family's need; care provided in and outside family's home; families receiving home and community-based waiver services able to receive 576 hours of respite care annually.
- Staff and Training:** Respite worker, college student, nurse's aide, home health aide, child care worker, teacher, teacher aide and LPN; training provided by agency and determined by education.
- Funding:** County, Home and Community Based Waiver Services Program.
- Program Limitation:** Respite only provided to families eligible for and enrolled on the Home and Community-Based Waiver Program.

Services available in Southern Prairie AEA 15 and Great River AEA 16.

Home and Community Health Care Department

Cheryl Shireman
Jackson County Home and
Community Care Department
Jackson County Hospital
700 West Grove
Maquoketa, IA 52060
319:652-2474

Program Type: Home health care, public health department.

Eligibility Criteria: Infant through adulthood; able to serve children with medical and health needs, attention deficit disorder and affected by alcohol and/or drugs; 50 mile radius of Maquoketa.

Services: Homemaker-health aides provide personal care and other related functions based on client need; Monday through Friday 8:30 AM to 5:00 PM; 10 hours of care available weekly if staff are available; **Respite Care** is available based on child's need, disability and staff availability; hours for respite are negotiable.

Staff and Training: Nurse, home health aide; training as required by law.

Funding: County, Title XIX, protective services, private insurance, parent pay.

Program Limitation: Care is dependent upon staff availability.

Services available in Mississippi Bend AEA 9.

Home Care +

Jeanie Williams
1501 East Tenth Street
Atlantic, IA, 50022
712:243-7565

- Program Type:** In-home and hospital-based.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Cass County Memorial Hospital Service area.
- Services:** 24 hours per day; 7 days per week.
- Staff and Training:** Nurse, home health aide, nurse's aide; training provided by agency on a case by case basis.
- Funding:** Self pay; sliding fee scale.
- Program Limitations:** Not a Medicaid or Medicare provider.

Services available in Loess Hills AEA 13.

**Home Care Aide Program
(Visiting Nurse Association)**

Margaret Kahng
437 Highway 1 West
Iowa City, IA 52246
319:338-4480

Program Type:

Eligibility Criteria:

Services: Intermittent personal care,
homemaking service and child
protective services.

Staff and Training:

Funding:

Program Limitations:

Services available in Grant Wood AEA 10.

Home Care Services, Inc.

Marilyn Heikes
907 Main Street
Adel, IA, 50003
515:993-4531

- Program Type:** Respite in parent's home and foster parent's home.
- Eligibility Criteria:** Infant through adulthood; most disabilities, residents of Dallas County.
- Services:** Provide direct care and support services to individuals to remain at home; information and referral; schedule of service depends on family need, staff and funding; sibling care provided at no additional cost.
- Staff and Training:** Respite caregiver, home health aide; training provided by agency.
- Funding:** County, Title 19, family subsidy, protective service, private insurance, parent pay.
- Program Limitations:**
- Services available in Heartland AEA 11.

Home Caring Services, Inc.

Pam Taylor
520 Jefferson
Burlington, IA 52601
319:754-6559

- Program Type:** Home health care.
- Eligibility Criteria:** Infant to 18 years of age; most disabilities; residents of Des Moines and Louisa Counties.
- Services:** Normally 8:00 AM to 4:30PM, Monday through Friday (possibly some Saturdays, Sundays, and overnights); limit of 20 hours per week.
- Staff and Training:** Home health aide, training provided by Community College.
- Funding:** State, private insurance, United Way, parent pay with sliding fee scale.
- Program Limitations:**
- Services available in Mississippi Bend AEA 9 and Great River AEA 16.

Homemaker/Chore Programs

Kathy Rieb
Court House
Logan, IA 51546
712:644-3437

- Program Type:** Home health; respite; information and referral.
- Eligibility Criteria:** Infant through adulthood; provides care to children who are considered high risk at birth, failure to thrive, developmentally delayed, substance exposed or have visual, mental, language, behavioral and emotional disabilities; residents of Harrison County.
- Services:** Service provided in parent's home and foster caregiver's home; 8:00 AM to 4:00 PM; Monday through Friday; limit of 2 hours per day.
- Staff and Training:** Nurse's aide; training provided by agency.
- Funding:** County, state, private insurance, parent/relative/friend pay with sliding fee scale.
- Program Limitations:** Care is dependent upon staff availability and skill level.

Services available in Loess Hills AEA 13.

**HOMeward
Mary Greeley Medical Center**

Shirley Rawson
117 Eleventh Street
Ames, IA, 50010
515:232-7583

- Program Type:** In-home respite.
- Eligibility Criteria:** Infant to 18 years; most disabilities; residents of Ames and within a 30-mile radius.
- Services:** Respite care scheduled depending upon family need and staff availability.
- Staff and Training:** Nurse, nurse's aide, respite caregiver; training provided by agency.
- Funding:** County, Title 19, Model/MR waiver, in-home health, protective services, private insurance, United Way, parent pay.
- Program Limitations:** Unable to care for children with behavioral problems, autism, and emotional disorders.

Services available in Heartland AEA 11.

Hope Haven Community Services

Carolyn Newman
Hope Haven Development Center
1819 Douglas
Burlington, IA 52601
319:752-8805

- Program Type:** In-home respite and respite caregiver's home; other locations may be possible.
- Eligibility Criteria:** Birth through adulthood; must have a primary diagnosis of mental retardation; residents of southeast Iowa.
- Services:** Respite services as available under the Home and Community Based Waiver Program — not to exceed 576 hours yearly; sibling care may be available at \$2.50 per hour.
- Staff and Training:** Respite worker, college student, nurse's aide, teacher, teacher associate/aide; training is provided by agency.
- Funding:** Home and Community Based Waiver Program, Parent Pay.

Services available in Great River AEA 16.

**Hope Haven Development Center
Community Services**

Carolyn Newman
1819 Douglas
Burlington, IA, 52601
319:754-4689, ext 210

- Program Type:** Respite in parent's home, foster home, and at camp setting.
- Eligibility Criteria:** Infant through adulthood; children with mental retardation; residents of Des Moines, Lee, Louisa, Henry, Wapello and Van Buren Counties; [other area requests for services may be possible].
- Services:** Respite scheduled by family but not to exceed 556 hours per year or 378 hours per month; sibling care may be available.
- Staff and Training:** Adults over 18 years; training and supervision provided.
- Funding:** MR waiver.
- Program Limitations:** Unable to engage in nursing procedures.

Services available in Mississippi Bend AEA 9, Southern Prairie AEA 15, and Great River AEA 16.

Hope Haven, Inc.

Pastor Bill Van Dyken
1800 - 19th Street
Rock Valley, IA 51247
712:476-2737

- Program Type:** In-home respite.
- Eligibility Criteria:** Infant through adulthood; most disabilities; NW Iowa, SE South Dakota, and SW Minnesota.
- Services:** Cooperative effort between local churches and residential program.
- Staff and Training:** Church volunteers, paid coordinator from Hope Haven; training provided by parent, nurse and teacher.
- Funding:** No fee charged.
- Program Limitations:** Unable to care for children with high medical needs; care is dependent upon volunteer availability.
- Services available in AEA 4.

Howard County Public Health

Cora Dunt
327 Eighth Avenue West
Cresco, IA 52136
319:547-2989

- Program Type:** Home health care; information and referral to respite care.
- Eligibility Criteria:** Infant to 21 years; primarily health/medical concerns; residents of Howard County.
- Services:** Week days; limit of 1 to 2 hours per day; volunteers used in respite service.
- Staff and Training:** Nurse, home health aide, nurse's aide, college student, volunteer; training provided by agency.
- Funding:** County, state, sliding fee scale used.
- Program Limitations:**

Services available in Keystone AEA 1.

Howard County Public Health Nursing Agency

Lois Church
327 Eighth Avenue West
Cresco, IA 52136-1064
319:547-2989

- Program Type:** Home health care; in-home respite; protective service.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Howard County.
- Services:** 8:00 AM to 4:30 PM; Monday through Friday.
- Staff and Training:** Home health aide; training provided by agency.
- Funding:** County, state grant, parent/client pay with sliding fee scale.
- Program Limitations:** Care is dependent upon staff availability.
- Services available in Keystone AEA 1.

Iowa County Health Department

Jody Morrison
Rural Route 1, Box 15-A
Williamsburg, IA 52361
319:668-1021

- Program Type:** Home health care; information and referral.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Iowa County.
- Services:** 8:00 AM to 4:00 PM five days a week.
- Staff and Training:** Nurse, home health aide; training determined by education.
- Funding:** County, state, parent pay with sliding fee scale.
- Program Limitations:** Care is dependent upon staff availability and child's need; home health aide cannot dispense medication.

Services available in Grant Wood AEA 10.

**Iowa East Central T.R.A.I.N.
Community Child Care Resource and Referral Center
2804 Eastern Avenue
Davenport, IA 52803
319:324-3236**

- Program Type:** Resource and referral to families seeking child/respice care; training and technical assistance to child/respice care providers.
- Eligibility Criteria:** No income eligibility requirements; residents of Scott, Muscatine, Clinton, Cedar, Jackson, Jones, Linn, Benton, Johnson, Washington, Louisa, Des Moines, Henry, Lee, Keokuk, Wapello, Jefferson, Van Buren, Davis, Appanoose, Lucas and Monroe Counties.
- Service:** Links parents needing child care to family child care providers, center-based programs, preschool programs and school-based programs; provides training to caregivers; facilitates community child care planning; has toy lending library; provides direct services in agency sponsored child care program.
- Funding:** May require a fee for referrals to child care providers.
- Program Limitations:** Minimal number of family child care providers caring for children with special needs.

Available in AEA 7, Mississippi Bend AEA 9, Grant Wood AEA 10, Southern Prairie AEA 15, and Great River AEA 16.

Jennie Edmundson Hospital

Nancy Mowry
933 East Pierce Street
Council Bluffs, IA 51501
712:328-6356

- Program Type:** Hospital-based sick bay.
- Eligibility Criteria:** Infant to 21 years; residents of Council Bluffs and surrounding areas.
- Services:** Provides sick child care 24 hours per day, 7 days per week.
- Staff and Training:** Nurse, LPN, nurse's aide; training dependent upon background and experience.
- Funding:** Parent pay.
- Program Limitations:** Care is dependent upon available bed space; unable to care for children requiring tracheotomy and ventilator care.

Services available in Loess Hills AEA 13.

Johnson County Homemaker/Health Aide Service

Deb Bennett
1105 Gilbert Court
Iowa City, IA 52240
319:356-6044

Program Type:

Eligibility Criteria:

Services: Intermittent care, child protective services.

Staff and Training:

Funding:

Program Limitations:

Services available in Grant Wood AEA 10.

Jones County Public Health Agency

Kathy Specht
104 Broadway Place
Anamosa, IA 52205
319:462-6131, ext. 331

Program Type: Home health care; information and referral.

Eligibility Criteria: Infant through adulthood; provides care to children having health concerns and physical disabilities; residents of Jones County.

Services: Services provided in parent's home, respite caregiver's home, and foster caregiver's home; provides care for up to 2 hours, 8:00 AM to 4:30 PM, Monday through Friday.

Staff and Training: Nurse, home health aide.

Funding: County, private insurance, parent pay with sliding fee scale.

Program Limitations: Unable to care for children requiring high technology care; care is dependent upon staff availability.

Services available in Keystone AEA 1 and Grant Wood AEA 10.

Keokuk County Health Services

Janice Moore/Mary Hammes
Keokuk County Homemaker Home Health Aide Service
Court House
Sigourney, IA 52591
515:622-2211

- Program Type:** Public health department; information and referral.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Keokuk County.
- Services:** 8:00 AM to 4:30 PM.
- Staff and Training:** Nurse, home health aide; training provided by agency.
- Funding:** County, state, private insurance, parent pay with sliding fee scale.
- Program Limitations:** Unable to care for children requiring complex medical care; home health aide cannot dispense medication.

Services available in Grant Wood AEA 10 and Southern Prairie AEA 15.

Kossuth County Public Health Agency

Dixie Meyer
Court House Annex
109 West State Street
Algona, IA 50511
515:295-5602

Program Type:

Service: Intermittent skilled nursing care;
home care assistance.

Eligibility Criteria:

Staff and Training:

Funding:

Program Limitations:

Services available in Lakeland AEA 3.

Lee County Health Department/Community Nursing

M. Therese O'Brien
2218 Avenue H
Fort Madison, IA 52627
319:372-5225 or 319:524-4423

- Program Type:** Home care; hospice; companion;
home care aides.
- Eligibility Criteria:** Infant through adolescence; most
disabilities; residents of Lee County.
- Services:** 7 days a week; on call 24 hours per
day.
- Staff and Training:** Home care aide, companion;
training provided by agency.
- Funding:** County, state, private insurance,
family/relative/friend with sliding
fee scale.
- Program Limitations:** Dependent on availability of staff.
- Services available in Great River AEA 16.

Link Associates

Shelly Lombardi
Family Support Services
4301 NE 14th Street
Des Moines, IA 50313
515:262-8888

- Program Type:** In-home respite; information and referral.
- Eligibility Criteria:** Infant through adulthood; must have primary or secondary diagnosis of mental retardation or a developmental disability; residents of Polk and Warren Counties.
- Services:** Available funding determines number of eligible hours; care occurs in parent's or foster parent's home.
- Staff and Training:** Respite worker; training provided by agency.
- Funding:** United Way, Polk County, federal government, sliding fee scale.
- Program Limitations:** Unable to care for children with high medical needs; care is dependent upon staff availability.

Services available in Heartland AEA 11.

Long Term Services

Mary Venteicher
Mercy Medical Center
701 10th St. SE
Cedar Rapids, IA 52403
319:398-6479

- Program Type:** Home health care
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Linn County and within a 20-mile radius
- Services:** 24 hours per day; 7 days per week; minimum number of 3 scheduled consecutive hours.
- Staff and Training:** Nurse, LPN, nurse's aide, college student; training determined by education.
- Funding:** State, private insurance, parent pay.
- Program Limitations:**
- Services available in Grant Wood AEA 10.

Lutheran Social Services of Iowa

Paula Roth
500 Willow Avenue
Suite 404
Council Bluffs, IA 51503
712:323-1558

Program Type: Out-of-home respite.

Eligibility Criteria: Infant to 21 years; most disabilities; residents of Pottawattamie, Mills, Montgomery, Cass, Harrison, Fremont and Page Counties.

Services:

Staff and Training: Respite caregiver, foster care family, family day care, teacher and teacher assistant; training provided by agency.

Funding: HCBS/MR waiver, family-centered service.

Program Limitations: Unable to serve children requiring skilled medical care.

Services available in Loess Hills AEA 13 and Green Valley AEA 14.

Lutheran Social Services, Iowa

Melody Bruns
3125 Cottage Grove
Des Moines, IA 50311
515:274-4946

- Program Type:** Out-of-home respite.
- Eligibility Criteria:** Infant to 21 years of age; most disabilities, Des Moines and surrounding 5 counties.
- Services:** Hours available depending upon funding and staff.
- Staff and Training:** Licensed foster care parent, a licensed day care home; caregiver has certain number of hours of specified training.
- Funding:** County, state, federal, religious funded organization, parent pay with sliding fee scale, contributions/donations.
- Program Limitations:** Unable to care for children needing skilled nursing care or having feeding tube; care is dependent upon staff availability and funding.

Services available in Heartland AEA 11 and Southern Prairie AEA 15.

Mahaska County Association for Retarded Citizens

Jeff Morris
PO Box 1092
Oskaloosa, IA 52577
515:673-3459

Program Type:

Eligibility Criteria:

Services: ARC provides funds for respite care; may be able to link parents to care givers; residents of Mahaska County.

Funding: ARC.

Program Limitations: Care is dependent upon available funds.

Services available in Heartland AEA 11 and Southern Prairie AEA 15.

Mahaska County Homemaker Home Health Aide Service

Kim Dorn
223 First Avenue East
Oskaloosa, IA 52577
515:673-6749

- Program Type:** Home health care; information and referral.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Mahaska County.
- Services:** Service provided in parent's home and foster caregiver's home; 8:00 AM to 4:30 PM; Monday through Friday; limit of 10 hours per week.
- Staff and Training:** Home health aide; training provided by agency.
- Funding:** County, state, parent pay with sliding fee scale.
- Program Limitations:** Care is dependent upon staff availability and funding.
- Services available in Heartland AEA 11 and Southern Prairie AEA 15.

Marshall County Public Health

Linda Lindblom
Marshall County Court House
Marshalltown, IA 50158
515:754-6353

- Program Type:** In-home respite.
- Eligibility Criteria:** Infant through adulthood; children who require skilled nursing care and are in preventive/protective services; residents of Marshall County.
- Services:** 4 hours per day; 1 to 2 times weekly.
- Staff and Training:** Nurse, home health aide; training provided by agency.
- Funding:** County, Title 19, grant, court ordered protective services, private insurance, parent pay.
- Program Limitations:** Care dependent upon staff availability.

Services available in AEA 6.

**Martin Luther Homes of Iowa, Inc.
Waukon Agency**

Mary Lynn Revoir
PO Box 15
Waukon, IA 52172
319:568-3992

Program Type: In-home and community residential setting respite.

Eligibility Criteria: All ages; most disabilities; residents of Allamakee, Clayton, Fayette, Winneshiek and eastern half of Howard Counties.

Services: Any hour and day of the week for in-home respite, Maternal and Child Health office schedules out-of-home respite.

Staff and Training: Respite caregiver and residential staff; agency provides training.

Funding: Family centered services, MR waiver, in-home health, private insurance, community funds, parent pay.

Program Limitations: Unable to care for children requiring skilled nursing.

Services available in Keystone AEA 1.

Maternal and Child Health

Wanda Weber
Covenant Home Nursing
Covenant Medical Center
3421 West Ninth Street
Waterloo, IA 50702
319:236-4085 319:236-4159 800:728-0262

- Program Type:** Intermittent care and teaching; in-home respite.
- Eligibility Criteria:** Infant through adulthood; most disabilities; Waterloo and 35-mile radius.
- Services:** Provides intermittent nursing care; does assessment and service coordination; teaches others to care for child; limited respite service; on call 24 hours a day.
- Staff and Training:** Nurses, certified nurses' aides.
- Funding:** Parent pay, private insurance, state.
- Program Limitations:** Respite limited to staff availability.
- Services available in AEA 7.

Mercy Continuing Care

Teresa Bunce or Cathy Fier
2535 Maplecrest Road
Suite 21
Bettendorf, IA 52722
319:344-3400

- Program Type:** Home health care.
- Eligibility Criteria:** Infant through adulthood; most disabilities but primarily health related; Scott and surrounding counties.
- Services:** 24 hours per day; 7 days per week; minimum of 2 scheduled consecutive hours.
- Staff and Training:** Nurse, LPN, home health aide; most staff trained in geriatric care and would need assistance from parents.
- Funding:** Private insurance, parent pay.
- Program Limitations:** Unable to care for children with behavior problems or emotional problems; must have 24 hour advance notice.

Services available in Mississippi Bend AEA 9.

Mercy Home Health Care

Barb Schaufenbuel
Mercy Hospital
2403 Towncrest Lane
Iowa City, IA 52240
319:339-3539

- Program Type:** Home health care.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Johnson, Washington, Iowa, Cedar, Muscatine, Louisa and Keokuk Counties.
- Services:** Daytime hours; 7 days per week.
- Staff and Training:** Nurse, certified nurse's aide; training determined by education and parents may be requested to orient and train staff.
- Funding:** State, private insurance, parent pay; financial assistance may be available.
- Program Limitations:** Unable to care for children requiring ventilator care; care is dependent upon parent and child need, and staff availability; prior nursing assessment is needed.

Services available in Mississippi Bend AEA 9, Grant Wood AEA 10, Southern Prairie AEA 15 and Great River AEA 16.

Mid-Sioux Opportunity, Inc.

Cindy Fischer
418 Marion Street
PO Box 390
Remsen, IA 51050
712:786-2011 800:859-2025

Program Type: Resource and referral to families seeking child/respice care; training and technical assistance to child/respice care providers.

Eligibility Criteria: No income eligibility criteria; residents of Plymouth, Lyon, Sioux, Osceola, O'Brien, Buena Vista, Cherokee, Dickinson, Clay, Emmet, Palo Alto, Pocahontas, Kossuth, Humboldt, Wright, Woodbury, Ida, Crawford, Sac, Calhoun, Webster and Hamilton Counties.

Services: Provides referral services to families looking for child/respice care; offers training and technical assistance to child/respice care providers.

Staff and Training:

Funding: Sliding fee scale for parent referral to child care provider.

Program Limitations:

Services available in Northern Trails AEA 2, Lakeland AEA 3, AEA 4, Arrowhead AEA 5 and Western Hills AEA 12.

Mid-Step Services

Gary Turbes
4303 Stone Avenue
Sioux City, IA 51106
712:274-2252

- Program Type:** In-home respite.
- Eligibility Criteria:** Infant through adulthood.
- Services:** A private arrangement between parent and caregiver; Mid-Step Services' administrator voluntarily links parents to staff. (It is an infrequent activity or service).
- Staff and Training:** Skills brought by caregiver and training provided by parent.
- Funding:** Parent pay.
- Program Limitations:** Care is dependent upon staff availability.

Services available in Western Hills AEA 12.

Mills County Public Health Agency

Ann Smith
Homemaker/Home Health Aide Agency
Box 518
Malvern, IA 51551
712:624-8602

- Program Type:** Home health.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Mills County.
- Services:** Service provided in parent's home and foster caregiver's home; 8:00 AM to 4:30 PM; Monday through Friday; limit of 8 hours per week; volunteers may be used to provide respite.
- Staff and Training:** Home health aide; training provided by agency.
- Funding:** County, state, parent pay with sliding fee scale.
- Program Limitations:** Care is dependent upon child's need, staff availability, staff skill level and funding; respite is not a major service.

Services available in Loess Hills AEA 13.

Mitchell County Home Health Care

Shirley Stille
616 North Eighth Street
Osage, IA 50461
515:732-5882

Program Type: Home health care; information and referral.

Eligibility Criteria: Infant through 18 years; most disabilities; protective services; residents of Mitchell County.

Services: 8:00 AM to 5:00 PM; Monday through Friday; limit of 3 hours per day.

Staff and Training: Nurse, home health aide; training provided by agency.

Funding: County, state, federal, private insurance, parent pay with sliding fee scale.

Program Limitations:

Services available in Keystone AEA 1 and Northern Trails AEA 2.

Mobile Nursing Services, Ltd.

Barbara Nelson
705 Avenue G
Fort Madison, IA 52627
319:372-8023

- Program Type:** Home health care.
- Eligibility Criteria:** Infants through adulthood; children having health/medical problems (chronic illness or technology dependent); residents of SE Van Buren, Lee, Henry and Des Moines Counties.
- Services:** Flexible hours.
- Staff and Training:** Pediatric nurse practitioner, nurse, LPN, home health aide, nurse's aide; training provided by agency as determined by education.
- Funding:** Private pay, state, private insurance, Medicare.

Program Limitations:

Services available in Southern Prairie AEA 15 and Great River AEA 16.

My Special Time

**Martha Garner
YWCA
312 Iowa Street
Muscatine, IA 52761
319:263-9996**

Program Type: YWCA

Eligibility Criteria: 3 years through 10 years; care is provided to children with physical, visual, speech and hearing impairments, mental retardation, attention deficit disorder and learning disability.

Services: Integrated activity group; siblings welcome; 2nd and 4th Saturdays; 11:00 AM to 1:00 PM.

Staff and Training: 2 YWCA staff plus volunteers.

Funding: No fee.

Program Limitations:

Services available in Mississippi Bend AEA 9.

NISHNA Productions, Inc.

Linda Bonnes
902 Day Street
Shenandoah, IA 51601
712:246-1242

- Program Type:** In-home respite.
- Eligibility Criteria:** Infant through adulthood; must have primary diagnosis of mental retardation; residents of Fremont, Page, Montgomery, Mills, Union, Pottawattamie, Taylor, Cass, Adair and Adams Counties.
- Services:** Provides respite care up to 576 hours per year.
- Staff and Training:** Respite caregiver; training provided by agency.
- Funding:** Federal, county, MR Waiver.
- Program Limitations:**
Services available in Heartland AEA 11, Loess Hills AEA 13 and Green Valley AEA 14.

North Central Home Care

Tammy Huebsch
330 First Avenue North
Fort Dodge, IA 50501
515:573-8147

Program Type: Home health care; information and referral.

Eligibility Criteria: Infant through adulthood; most disabilities; residents of Webster County.

Services: 8:00 AM to 4:30 PM; Monday through Friday; limit of 3 hours per day.

Staff and Training: Home health aide; training provided by agency.

Funding: State, United Way, parent pay/relative/friend with sliding fee scale.

Program Limitations:

Services available in Arrowhead AEA 5.

Northwest Iowa Home Health Care and Hospice

Jo Heerde
110 South Hayes Avenue
Box 250
Primghar, IA 51245-0250
712:757-0060

Program Type: Home care; hospice; in-home respite; chore services.

Eligibility Criteria: Infant through adulthood; most disabilities; residents of O'Brien County.

Services: 8:00 AM - 4:30 PM; Monday through Friday; respite care is limited to 4 hours weekly; care provided in client's home; can provide nursing care, health aide, homemaker services, and IV therapy.

Staff and Training: Home care aide, respite worker; training provided by agency or by arrangement.

Funding: O'Brien County, pay per sliding fee scale, state grant for respite.

Program Limitations: Unable to care for children requiring high technology care.

Services available in AEA 4.

Nurse's House Call

Renee Rand
2525 - 24th Street
Rock Island, IL 61201
309:786-3700

- Program Type:** Home health care.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Scott County.
- Services:** 24 hours per day; 7 days per week.
- Staff and Training:** Nurse, LPN, home health aide, nurse's aide, sleeper.
- Funding:** State, private insurance, parent pay.
- Program Limitations:** Must meet child prior to care.
- Services available in Mississippi Bend AEA 9.

Nurse's House Call

1241 Park Place NE
Suite E
Cedar Rapids, IA 52402
319:364-1553 or 800:410-6546

Karen Felter
320 Second Street
Coralville, IA 52241
319:354-4050
800:410-6546

Program Type: Home health care.

Eligibility Criteria: Infant through adulthood; most disabilities; residents of Cedar Rapids and Iowa City and surrounding area.

Services: 24 hours per day; 7 days per week; provides care to those requiring highly involved care and/or custodial care.

Staff and Training: Nurse, LPN, nurse's aide; training determined by education and experience.

Funding: State, private insurance, parent pay.

Program Limitations: Must assess child prior to care.

Services available in Grant Wood AEA 10.

Nursing Services of Iowa

Helen Kelly
Home Health Care
2515 Elwood Drive
Suite 101
PO Box 489
Ames, IA 50010
515:292-2370

107 North Ankeny Boulevard
Ankeny, IA 50021
515:964-3494

974 - 73rd Street
West Des Moines, IA 50265
515:221-9983

Program Type: Home health care.

Eligibility Criteria: Infant through adulthood; most disabilities; residents of Story, Boone, Greene, Polk, Dallas, Marshall, Hamilton and Hardin Counties.

Services: 24 hours per day; 7 days per week; care is provided in the child's home and under a medically approved plan of care.

Staff and Training: Nurse, LPN, home health aide, college student, respite worker; training provided by agency and parent.

Funding: Model waiver, private insurance.

Program Limitations:

Services available in Arrowhead 5, AEA 6 and Heartland AEA 11.

O'Brien County Public Health

Donna Vander Veen/Bonnie Damman
Court House
PO Box 525
Primghar, IA, 51245
712:757-0105

Program Type: Public Health.

Eligibility Criteria:

Services: Training; case management.

Staff and Training:

Funding:

Program Limitations:

Services available in AEA 4.

Olsten Kimberly Quality Care

Branch Manager
Box 306
Spirit Lake, IA 51360
712:336-3412

- Program Type:** Home health care
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Osceola, O'Brien, Dickinson, Clay, Palo Alto and Emmet Counties, plus Jackson and Cottonwood, MN.
- Services:** 24 hours per day; 7 days per week.
- Staff and Training:** Nurse, LPN, home health aide, nurse's aide, college students; training determined by education and experience of staff.
- Funding:** State, private insurance, parent pay.
- Program Limitations:**
- Services available in Lakeland AEA 3 and AEA 4.

Ottumwa Regional Health Center

Cheri Barnhart
Ottumwa Regional Home Care
312 East Alta Vista
Ottumwa, IA 52501
515:684-7394 or 515:684-4651

- Program Type:** Hospital based.
- Eligibility Criteria:** Infant to 16 years; primarily physical and health related disabilities; residents within Wapello County and 10 surrounding Counties.
- Services:** 24 hours per day; 7 days per week (prearrangements needed).
- Staff and Training:** Nurse, LPN, nurse's aide; training determined by education.
- Funding:** Model waiver.
- Program Limitations:** Unable to care for children with behavior problems or emotional problems.

Services available in Southern Prairie AEA 15.

Palmer Lutheran Health Center

Kathy McMillan
112 Jefferson
West Union, IA 52175
319:422-3811

- Program Type:** Hospital based respite (extended care).
- Eligibility Criteria:** Infant through adulthood; primarily for children needing medical care/supervision; West Union and surrounding area.
- Services:** Hours and length of care is dependent upon bed availability.
- Staff and Training:** Nurse, LPN, and nurse's aide; training determined by education.
- Funding:** Model waiver, parent pay.
- Program Limitations:** Care is dependent upon available bed space.
- Services available in Keystone AEA 1.

Palo Alto Home Care

Sue Faulstick
Palo Alto County Hospital
3201 First Street
Emmetsburg, IA 50536
712:852-3481

Program Type: Home health care; information and referral; limited in-home respite.

Eligibility Criteria: Infant through adulthood; most disabilities; residents of Palo Alto County.

Services: Limit of 2 to 3 hours per day.

Staff and Training: Home care aides, volunteers.

Funding: County, state, private insurance, civic/community organizations, parent pay with sliding fee scale.

Program Limitations: Care is dependent upon staff and volunteer availability.

Services available in Lakeland AEA 3.

**Pocahontas County
Homemaker Home Health Aide Agency**

Jane McCormick
23 Third Avenue NE
Box F
Pocahontas, IA 50574
712:335-4587

- Program Type:** In-home respite.
- Eligibility Criteria:** Infant to 18 years; children with visual and hearing impairment, mental retardation, language disorder and learning disability; residents of Pocahontas County.
- Services:** Provides personal care during illness and for protective services; service based on family need and funding.
- Staff and Training:** Homemaker home health aide; training provided by agency.
- Funding:** County, Medicaid, private insurance.
- Program Limitations:** Unable to serve family needing ongoing child respite service.

Services available in Arrowhead AEA 5.

Public Health-Home Care of Sioux County

Jan Cain
211 Central Avenue SE
Orange City, IA 51041
712:737-2971

Program Type: Respite in parent's home, caregiver's home and residential setting.

Eligibility Criteria: Infant to 18 years; most disabilities; residents of Sioux County.

Services: Provides intermittent and respite care; day and evening; 7 days per week.

Staff and Training: Nurse, home health aide, volunteer; training provided by agency.

Funding: County, Title 19, Model waiver, in-home health, protective services, private insurance, parent pay.

Program Limitation: Primarily serves children with health needs; services dependent upon staff availability.

Services available in AEA 4.

Respite Care Services of Appanoose County

Denise Sheston
St. Joseph's Mercy Hospital
Route 3
Centerville, IA 52544
515:437-4801

Program Type: In-home respite; information and referral.

Eligibility Criteria: Infant to 18 years of age; provides care to children with head injuries, mental retardation and such impairments as visual, hearing, language and learning; residents of Appanoose County.

Services: 3 to 4 hours per week.

Staff and Training: Volunteers; training provided by agency.

Funding: No fee.

Program Limitations: Unable to care for children requiring nursing care.

Services available in Southern Prairie AEA 15.

The Respite Connection

**A Partnership Program Between the ARC of Story County
and
Hilltop Day Care Center, Inc.**

**Laurie Ertz
1516 Curtiss Avenue
Ames, IA 50010
515:232-9330**

- Program Type:** Respite in parent's home and caregiver's home.
- Eligibility Criteria:** Infant through adulthood; persons with mental retardation or developmental delay; residents of Story County.
- Services:** Care arrangements dependent upon family need, for example, a few hours to a week; sibling care provided at an additional cost.
- Staff and Training:** Respite care providers have degrees in such fields as education, nursing and related field.
- Funding:** County, parent organization, community contribution and parent pay.
- Program Limitations:** Service is dependent upon staff and funding availability.

Services available in Heartland AEA 11.

The Respite Connection

**A Partnership Program Between
Hilltop Day Care Center, Inc.
and
the ARC of Story County**

Emmaly Burklund
3905 Dawes Drive
Ames, IA 50010
515:233-5199

- Program Type:** Center-based care.
- Eligibility Criteria:** Infant through 21 years, most disabilities; residents of Story County.
- Services:** Weekend group program and summer program available; sibling care at an additional cost.
- Staff and Training:** Teacher, nurse, child care staff, respite caregiver, college student volunteer; training provided by agency.
- Funding:** County, private insurance, parent organization, community contribution, parent pay.
- Program Limitations:** Service is dependent upon staff and funding availability.

Services available in Heartland AEA 11.

Sac County Public Health Nursing Service

A. McDermott
00 South State Street
Sac City, IA 50583
712:662-4785

- Program Type:** Home health.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Sac County.
- Services:** Monday through Friday; limit of 3 hours per day.
- Staff and Training:** Nurse, home care aide.
- Funding:** County, state, federal.
- Program Limitations:**
- Services available in Arrowhead AEA 5.

Secura Sitter

Deb Volgarino
3421 West Ninth Street
Waterloo, IA 50702
319:235-7870

- Program Type:** Child care in parent's home.
- Eligibility Criteria:** Infant through adulthood; most disabilities; Black Hawk County and surrounding area.
- Services:** 24 hours per day; 7 days per week; a minimum of 4 scheduled consecutive hours.
- Staff and Training:** Paraprofessional (community persons with life experiences); training provided by parent.
- Funding:** Parent pay.
- Program Limitations:** Care is dependent upon staff capabilities and availability.
- Services available in AEA 7.

**Services for People with Disabilities
In-Home Services**

**Rusty Goins
305 Second Avenue SE
Cedar Rapids, IA, 52403
319:398-3938**

- Program Type:** In-home respite.
- Eligibility Criteria:** Infant through adulthood; persons with disabilities and residents of Linn County.
- Services:** 6:00 AM - 10:00 PM; 7 hours maximum weekly.
- Staff and Training:** Respite caregiver; training provided by agency.
- Funding:** County, Title 19, MR waiver, parent pay, DHS Child Initiative Funding.
- Program Limitations:** Unable to serve children with severe mental illness, severe behavior disorders and those requiring nursing care, case by case determination.

Services available in Grant Wood AEA 10.

Shelby County Public Health Nursing Service

Connie Olsen,
612 Court Street
Harlan, IA 51537
712:755-3851

- Program Type:** Home health.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Shelby County.
- Services:** 8:00 AM to 4:30 PM; Monday through Friday; limit of 2 hours per day.
- Staff and Training:** Nurse, home health aide; training provided by agency.
- Funding:** County, state, private insurance, parent pay with sliding fee scale.

Program Limitations:

Services available in Loess Hills AEA 13.

Sick Bay

Diane Hostetler
Covenant Medical Center
2101 Kimball Avenue
Suite 310
Waterloo, IA 50702
319:236-4042

- Program Type:** Hospital-based sick bay.
- Eligibility Criteria:** Infant to adolescent; most disabilities; residents of Black Hawk County and surrounding areas.
- Services:** 7:00 AM - 5:30 PM; Monday through Friday; maximum availability is 50 hours per week (limit 10 hours per day).
- Staff and Training:** Nurse, LPN coordinator, nurse's aide; training determined by education.
- Funding:** Parent pay, parent supplies medical goods.
- Program Limitations:** Unable to care for children requiring ventilator support.
- Services available in AEA 7.

South Central Iowa Community Action Program

Shelly Bickel
1403 NW Church
Leon, IA 50144
515:446-4855

- Program Type:** Home health care.
- Eligibility Criteria:** Infant through adulthood; primarily serves children involved with protective services (children may have a disability); residents of Decatur County.
- Services:** 8:00 AM to 4:30 PM; Monday through Friday; limit of 1 to 2 hours per week.
- Staff and Training:** Home health aide; training provided by Department of Human Services, community college and agency.
- Funding:** Court ordered protective services.
- Program Limitations:** Unable to provide care to children with health needs and/or who require medical supervision; home health aide cannot dispense medication; parent must remain in the home.

Services available in Green Valley AEA 14.

Southeast Iowa Community Action Organization, Inc.

Cheryl Luehr
2850 Mt. Pleasant Street
Suite 108
Burlington, IA 52601
319:752-2719

- Program Type:** Resource and referral to families seeking child/respice care; training and technical assistance to child/respice care providers.
- Eligibility Criteria:** No income eligibility requirements; residents of Louisa, Des Moines, Henry and Lee Counties.
- Services:** Link parents needing child care to family child care providers, center based programs, preschool programs and school based programs; provides training to caregivers; facilitates community child care planning; has toy lending library.
- Staff and Training:**
- Funding:** May require fee from parents for referrals to child care providers.
- Program Limitations:** Minimal number of family child care providers caring for children with special needs.
- Services available in Mississippi Bend 9 and Great River AEA 16.

St. Luke's Home Care Services

Diana Dinsdale
1201 Third Avenue SE
Cedar Rapids, IA 52403
319:369-8686

- Program Type:** Home health care.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Cedar Rapids.
- Services:** 24 hours per day; 7 days per week; a minimum of 3 scheduled consecutive hours.
- Staff and Training:** Nurse, LPN, home health aide; training determined by child's need.
- Funding:** State, private insurance, parent pay.
- Program Limitations:** Care is dependent upon staff availability.
- Services available in Grant Wood AEA 10.

St. Luke's Home Health

Stephanie Moser
2912 Hamilton
Suite 105
Sioux City, IA 51104
712:255-4663

- Program Type:** Home health care.
- Eligibility Criteria:** Infant to 15 years; health related need; residents within a 40-60 mile radius of Sioux City, IA.
- Services:** 24 hours per day; 7 days per week.
- Staff and Training:** Nurse, LPN, home health aide, nurse's aide; training determined by education.
- Funding:** State, private insurance, parent pay.
- Program Limitations:** Care is provided only for children with medical needs.

Services available in Western Hills AEA 12.

Tama County Health Service

Norma Jackson
129 West High
Toledo, IA 52342
515:484-4788

- Program Type:** Public health department; information and referral.
- Eligibility Criteria:** Infant to 21 years; most disabilities; residents of Tama County.
- Services:** Service provided in parent's home and foster caregiver's home; 8:00 AM to 4:30 PM; Monday through Friday; limit of 2 hours per day or 10 hours per week or 40 hours per month; intermittent care is available.
- Staff and Training:** Home health aide; training determined by education and agency.
- Funding:** County, state grant, parent pay with sliding fee scale.
- Program Limitations:** Unable to care for children with severe involvement; respite care is limited.

Services available in AEA 6 and AEA 7.

Taylor County Public Health Agency

A. Maher
Court House
Bedford, IA 50833
712:523-3405

- Program Type:** Home health care.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Taylor County.
- Services:** Service provided in parent's home, foster caregiver's home; 8:00 AM to 4:30 PM, Monday through Friday; limit of 2 hours per day.
- Staff and Training:** Home health aide.
- Funding:** County, state, private insurance, parent pay with sliding fee scale.
- Program Limitations:** Parent must remain in the home; care is dependent upon staff availability.
- Services available in Green Valley AEA 14.

The ARC of Johnson County

Shelley C. Marston
1700 First Avenue South
Suite 16
Iowa City, IA 52240
319:351-5017

- Program Type:** Respite in family's home, respite caregiver's home and group home setting; information and referral.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Johnson County
- Services:** Agency screens, interviews and connects caregiver to parent who is requesting the service; parent pays caregiver using a sliding fee scale; subsidies are available from The ARC.
- Staff and Training:** Respite worker, child care worker, college student; training provided by agency, caregiver's background and parent.
- Funding:** United Way, county, city.
- Program Limitations:**
- Services available in Grant Wood AEA 10.

Time Out for Kids

Dorothy Hull
PO Box 246
Berwick, IA 50032
515:265-7843

Program Type: Respite/child care provided in child's home.

Eligibility Criteria: Infant through adulthood; most disabilities and minor illnesses; residents of Polk and surrounding Counties.

Services: 6:00 AM to 6:00 PM; Monday through Friday.

Staff and Training: Private child care provider; has taken community classes regarding special needs and is certified in CPR and First Aid.

Funding: Parent pay.

Program Limitations: Care is dependent upon staff availability; parent may be needed to provide training on child's needs.

Services available in Heartland AEA 11.

UNITE

Tammy Ealy
1241 River Road
Leighton, IA, 50143
515:673-7959

- Program Type:** Respite at camp and YMCA setting.
- Eligibility Criteria:** 3 years to 12 years; most disabilities; residents of Mahaska County.
- Services:** One respite Saturday afternoon per month for 3 hours; parent initiated.
- Staff and Training:** Parents, volunteers, college student, residential staff, teacher and LPN; training provided.
- Funding:** No charge to family; contributions accepted.
- Program Limitations:** Unable to serve children dependent upon equipment.

Services available in Heartland AEA 11 and Southern Prairie AEA 15.

Van Buren County Public Health Nursing Service

**Cyndi Munson
Highway 1 North
Rural Route 2, Box 122-C
Keosauqua, IA 52565
319:293-3431**

Program Type:

Eligibility Criteria:

Services: Intermittent care, skilled nursing,
homemaker health assistance.

Staff and Training:

Funding:

Program Limitations:

Services available in Southern Prairie AEA 15.

Virginia Gay Hospital

Rose Rauch
502 North Ninth Avenue
Vinton, IA 52349
319:472-2348

- Program Type:** In-home respite.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Benton and eastern portion of Tama Counties.
- Services:** Department of Public Health nurses do child assessment with program coordinator and volunteer is then matched to family; limit of 4 hours per day; 7 days per week.
- Staff and Training:** Volunteer; training provided by community professionals and parent; some volunteers have health backgrounds.
- Funding:** No charge for respite.
- Program Limitations:** Limited knowledge of children having behavior problems or emotional problems; care is dependent upon volunteer availability and child needs; unable to do nursing care.

Services available in AEA 7 and Grant Wood AEA 10.

Visiting Nursing Association

JoAnn Chapman
2350 University Avenue
Waterloo, IA 50701
319:235-6201

- Program Type:** In-home health and respite care.
- Eligibility Criteria:** Infant through 18 years; most disabilities; residents of Black Hawk County, and intends to expand to Benton, Bremer, Buchanan, Butler, Fayette, Grundy and Tama Counties.
- Services:** 8:00 AM to 7:00 PM; Monday through Sunday; 8 hours daily.
- Staff and Training:** Nurse, home health aide, respite worker; training provided by agency.
- Funding:** Title 19, MR waiver (waiting for approval); private insurance, United Way and parent pay.
- Program Limitations:** Services are limited by funding source.

Services available in AEA 6 and AEA 7.

Visiting Nurse Association of Johnson County

Mary Schroeder
485 Highway 1 West
Iowa City, IA 52240
319:337-9686

- Program Type:** Home health care; information and referral.
- Eligibility Criteria:** Infant through childhood; most disabilities; residents of Johnson County.
- Services:** 7 days a week; offers varied services, for example, skilled nursing care and protective services.
- Staff and Training:** Nurse, home health aide; training provided by agency and parent.
- Funding:** Title XIX , private insurance, United Way, parent pay with sliding fee scale, protective services.

Program Limitations:

Services available in Grant Wood AEA 10.

Visiting Nurse Association of Pottawattamie County

**Clinical Manager
119 South Main Street
Suite 350
Council Bluffs, IA, 51530
712:328-2636**

- Program Type:** In-home respite.
- Eligibility Criteria:** Infant through adulthood; care for children having health concerns, physical impairments and learning problems; residents of Pottawattamie County.
- Services:** Provide care and health supervision in home and at school; 7:30 AM to 4:30 PM; Monday through Friday.
- Staff and Training:** Home health aide; training provided by agency.
- Funding:** County, Title 19, in-home health, protective services, Model waiver, parent pay with sliding fee.
- Program Limitations:** Care provided is dependent upon staff availability; unable to care for children who are ventilator dependent.

Services available in Loess Hills AEA 13.

Wapello County Public Health

Cynthia Ritz
108 East Main
Ottumwa, IA 52501
515:682-5434

- Program Type:** Nursing, homemaker home health, companion.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Wapello County.
- Services:** Skilled nursing care, personal care and meal assistance. Respite Care for children 0 to 4 years of age through a special grant, Health Families Iowa, and Respite Care for older children dependent upon availability of funding.
- Staff and Training:** Pediatric Nurse Practitioner, nurse, home care aide, family development specialist.
- Funding:** County, state, federal private insurance, private pay, Healthy Families Iowa Grant, applying to be a provider of waiver services.

Program Limitations:

Services available in Southern Prairie AEA 15.

Warren County Health Services

Linda Shaver
108 West First
Box 345
Indianola, IA 50125
515:961-1074

- Program Type:** Home health care; child protective services; short-term respite; information and referral.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Warren County.
- Services:** Service provided in parent's home and foster caregiver's home; 8:00 AM to 4:30 PM; Monday through Friday.
- Staff and Training:** Nurse, home care aide.
- Funding:** County, state, parent pay with sliding fee scale.
- Program Limitations:** Respite dependent upon staff availability.

Services available in Heartland AEA 11.

Washington County Public Health Nursing Service

Rita Sojka
314 McCreedy Drive
Washington, IA 52353
319:653-7758

- Program Type:** Home health care; information and referral.
- Eligibility Criteria:** Infant to 21 years; most disabilities; residents of Washington County.
- Services:** Service provided in parent's home and foster caregiver's home; 8:00 AM to 4:30 PM; limit of 1 to 2 hours per day 10 hours per week.
- Staff and Training:** Nurse, home health aide; training provided by agency.
- Funding:** County, state, private insurance, parent pay with sliding fee scale.
- Program Limitations:** Care is dependent upon staff availability and skill level.

Services available in Grant Wood AEA 10.

Wayne County Homemaker Home Health Agency

Dorene McCart
PO Box 25
Corydon, IA 50060
515:872-2012

- Program Type:** Home health care; respite; information and referral.
- Eligibility Criteria:** Infant through adulthood; children who are considered high risk at birth, failure to thrive and developmentally delayed, or have physical, hearing, visual and mental disabilities; residents of Wayne County.
- Services:** 8:00 AM to 4:00 PM, Monday through Friday; limit of 2 to 3 hours per day.
- Staff and Training:** Home health aide, contracts for nursing service; training provided by agency.
- Funding:** County, parent pay with sliding fee scale.
- Program Limitations:**
- Services available in Green Valley AEA 14 and Southern Priarie AEA 15.

Wayne County Public Health Nursing

Denise Conway
PO Box 102
Corydon, IA 50060
515:872-1167

Program Type:

Services: Intermittent care, skilled nursing care, home health care.

Eligibility Criteria:

Staff and Training: Nurse, home health aide.

Funding:

Program Limitations:

Services available in Green Valley AEA 14 and Southern Prairie AEA 15.

**West Central Development Corporation
Child Care Resource and Referral**

Cynthia Madden
PO Box 709
611 Court Street
Harlan, IA, 51537
800:945-9778

- Program Type:** Information and referral to families seeking child/respice care; technical assistance to child/respice care providers.
- Eligibility Criteria:** No income eligibility requirements; residents of Monona, Carroll, Greene, Harrison, Shelby, Audubon, Guthrie, Pottawattamie, Cass, Adair, Mills, Montgomery, Adams, Union, Clarke, Fremont, Page, Taylor, Ringgold, Decatur and Wayne Counties.
- Services:** Provides referral services to families looking for child/respice care; offers training and technical assistance to child/respice care providers.
- Staff and Training:** N/A.
- Funding:** Sliding fee scale for parent referrals to child care provider.
- Program Limitations:**
Services available in Arrowhead AEA 5, Heartland AEA 11, Western Hills AEA 12, Loess Hills AEA 13 and Southern Prairie AEA 15.

Winneshiek County Public Health Nursing Service

Marlene Fenstermann
Court House
201 West Main Street
Decorah, IA 52101
319:382-4662

Program Type: Home health care; information and referral.

Eligibility Criteria: Infant through adulthood; disabilities related to health/medical needs, physical impairments and mental retardation; residents of Winneshiek County.

Services: Day hours Monday through Friday; limit of 1 to 2 hours per day or 6 hours per week; respite care provided to recipients of Model waiver program with greater f

flexibility in both days and hours of service, care dependent upon staff availability but may be long term.

Staff and Training: Home health aide; training provided by agency.

Funding: County, state, private insurance, parent pay with sliding fee scale.

Program Limitations: Care is dependent upon staff availability and skill level; care is considered short term.

Services available in Keystone AEA 1.

**Wright County Public Health Nursing and
Homemaker Home Health Aide**

Fran Craft
115 First Street SE
Clarion, IA 50525
515:532-6584

- Program Type:** Public health department; information and referral.
- Eligibility Criteria:** Infant through adulthood; most disabilities; residents of Wright County.
- Services:** Service provided in parent's home, and respite caregiver's home; 8:00 AM to 4:00 PM; Monday through Friday (Saturday and Sunday a possibility); limit of 1 to 2 hours per day.
- Staff and Training:** Home health aide; training provided by agency.
- Funding:** County, state, private insurance, parent pay with sliding fee scale.
- Program Limitations:** Staff cannot dispense medicine.
- Services available in Arrowhead AEA 5.

IOWA RESPITE COALITION
"working for a better respite system"

The mission of the Iowa Respite Coalition is to promote the development and support of a state-wide quality respite care system...a system which strengths and maintains family unity for individuals with special needs.

The Iowa Respite Coalition is for anyone — parents, professionals, providers — with an interest in supporting the families of Iowa's children with disabilities by expanding and improving respite services. In surveys, Iowa families have ranked respite care the service they most urgently need in order to function normally, participate in their community, nurture one another, keep the family together or just maintain sanity.

The Coalition is organized into three work groups including a Steering Committee, Education Committee and Legislative/Funding Committee. The State of Iowa has contracted with Iowa Pilot Parents to provide coordination and support for the Iowa Respite Coalition. Statewide and regional meetings have been organized for those interested in learning more about the Coalition, working together to improve the respite system and providing support for one another.

For more information about the Iowa Respite Coalition contact:

Iowa Pilot Parents
33 North 12th Street, Box 1151
Fort Dodge, IA 50501
1 - 800 - 952 - 4777

NOTES

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