



## DAS Delivers: *HRExpress*

Department of Administrative Services ~ Empowering People · Collaboration · Customer Service

Happy New Year! January 2024

### In this issue of *HRExpress* . . .

#### **State of Iowa Benefits**

- **New Health Benefit Available Now!** - Livongo for Diabetes is now available! Read more.
- **Resolve to Get Your Cancer Screenings in 2024** - See what's available to you with your state health insurance.

#### **WorkSmart with Workday**

- **Need Workday Support?** - Finding help with Workday is as easy as this!

#### **Health and Well-Being**

- **Voluntary Vision Insurance: Open Enrollment Underway** - Purchase vision insurance through the State of Iowa's Voluntary Insurance Program.
- **Free Health and Wellness Seminars Offered Online** - Navigate through life's challenging times with guidance from Acentra (formerly KEPRO), the State's Employee Assistance Program (EAP). New topics are added monthly, so check back often.

#### **Retirement Benefits and Savings**

- **News from the Retirement Investors' Club (RIC) Team** - Learn about the state's employer match and upcoming RIC webinars.
- **News from State Retirement Investors' Club Providers** - Check out the latest news from State of Iowa RIC providers to assist with retirement income planning and investment strategies.
- **IPERS Presents *Ready, Set, Retire* on Zoom** - Attend this informative seminar, created for state employees looking to retire in the next few years.

#### **DAS Education Opportunities**

- **NEW New Horizons** - New Horizons features an updated website and new training opportunities.
- **Ten-Second Training: Separate Names In Google Sheets** - It's easy with this Google tip.
- **Featured Upcoming Classes** - Freshen up your work skills in one of the featured courses this month.
- **PDS Quick Links** - We've gathered useful links to training opportunities with PDS and New Horizons.

*HRExpress* is a publication for State of Iowa employees. For prior editions, visit the *HRExpress* webpage.

If you have questions or suggestions for future content, please contact us at [hrexpress@iowa.gov](mailto:hrexpress@iowa.gov).