## IOWA

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12 .

|  | High Schools |  | Middle Schools |  | Junior/Senior High Schools |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 95\% |  | 95\% |  | 95\% |  | 95\% |
|  | Percent | Confidence Interval | Percent | Confidence Interval | Percent | Confidence Interval | Percent | Confidence Interval |
| a. 0 courses | 17.1 | 12.3-23.4 | 10.8 | 6.8-16.7 | ** | ** | 13.7 | 10.7-17.4 |
| b. 1 course | 31.5 | 24.5-39.4 | 21.8 | 15.8-29.3 | 29.8 | 20.9-40.6 | 27.0 | 22.8-31.7 |
| c. 2 courses | 27.8 | 22.1-34.5 | 33.9 | 26.8-41.7 | 31.7 | 21.9-43.4 | 31.1 | 26.8-35.8 |
| d. 3 courses | 12.1 | 7.6-18.6 | 14.9 | 10.3-21.0 | 15.8 | 9.7-24.7 | 14.0 | 10.9-17.7 |
| e. 4 or more courses | 11.5 | 7.1-18.2 | 18.7 | 13.4-25.4 | ** | ** | 14.1 | 11.0-18.0 |

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## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results

1 N . Percentage of schools that require students to take two or more health education courses.

|  | High Schools |  | Middle Schools | Junior/Senior High Schools |  |  | All Schools |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  | 95\% |  | 95\% |  | 95\% |
|  | Confidence |  | Confidence |  | Confidence |  | Confidence |
| Percent | Interval | Percent | I Interval | Percen | Interval | Percent | Interval |
| 51.4 | 44.6-58.2 | 67.4 | 59.5-74.4 | 56.7 | 44.9-67.9 | 59.2 | 54.5-63.8 |

## IOWA

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results2. Percentage of schools that taught a required health education course in each of the following grades.*

|  | High Schools |  | Middle Schools |  | Junior/Senior High Schools |  | All Schools |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 95\% |  | 95\% |  | 95\% |  | 95\% |
|  |  | Confidence |  | Confidence |  | Confidence |  | Confidence |
|  | Percent | Interval | Percent | Interval | Percent | Interval | Percent | Interval |
| a. Grade 6 | § | § | 51.6 | 43.0-60.1 | - | - | 50.8 | 42.3-59.3 |
| b. Grade 7 | § | § | 64.3 | 57.3-70.7 | 58.5 | 44.8-71.0 | 62.6 | 56.2-68.5 |
| c. Grade 8 | § | § | 67.8 | 60.5-74.2 | 55.1 | 43.4-66.3 | 64.3 | 58.1-70.0 |
| d. Grade 9 | 60.1 | 51.5-68.2 | - | - | 65.4 | 52.8-76.2 | 60.7 | 53.7-67.2 |
| e. Grade 10 | 43.4 | 35.8-51.3 | § | § | 43.7 | 30.8-57.6 | 43.5 | 36.8-50.5 |
| f. Grade 11 | 19.3 | 12.6-28.4 | § | § | 34.3 | 22.1-48.9 | 24.3 | 18.0-31.8 |
| g. Grade 12 | 19.0 | 12.4-28.0 | § | § | 24.9 | 14.9-38.5 | 20.9 | 15.2-28.1 |

*Among schools with students in that grade.

- Results are suppressed due to insufficient number of respondents in subgroup.
§ Grade is not applicable for type of school.


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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results3. Percentage of schools in which those who teach health education are provided with each of the following materials.*

|  | High Schools |  | Middle Schools |  | Junior/Senior High Schools |  | All Schools |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 95\% |  | 95\% |  | 95\% |  | 95\% |
|  | Percent | Confidence Interval | Percent | Confidence Interval | Percent | Confidence Interval | Percent | Confidence Interval |
| a. Goals, objectives, and expected outcomes for health education | 65.7 | 57.4-73.1 | 90.8 | 84.7-94.6 | 79.0 | 66.7-87.6 | 78.7 | 74.1-82.6 |
| b. A chart describing the annual scope and sequence of instruction for health education | 55.0 | 46.4-63.3 | 67.7 | 60.0-74.5 | 41.4 | 31.0-52.7 | 57.4 | 52.3-62.3 |
| c. Plans for how to assess student performance in health education | 64.7 | 55.8-72.7 | 70.3 | 63.1-76.5 | 55.7 | 42.5-68.2 | 65.1 | 59.9-70.0 |
| d. A written health education curriculum | 57.7 | 48.8-66.2 | 67.4 | 59.1-74.7 | 62.8 | 49.1-74.7 | 62.7 | 57.2-67.9 |
| e. Written instructional competencies for health education teachers (i.e., the essential knowledge and skills teachers need to be effective educators) | 56.0 | 47.9-63.7 | 69.0 | 62.0-75.2 | 48.7 | 36.8-60.7 | 59.8 | 54.9-64.5 |

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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results4. Percentage of schools in which the health education curriculum addresses each of the following skills.
All Schools

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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results5. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.*

|  | High Schools |  | Middle Schools |  | Junior/Senior High Schools |  | All Schools |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ |
| a. An approved health education scope and sequence that includes learning objectives, outcomes, and content to guide sexual health education instruction | 53.8 | 45.8-61.5 | 75.2 | 67.5-81.6 | 56.2 | 42.7-68.9 | 63.0 | 57.8-67.9 |
| b. A written health education curriculum that includes objectives and content addressing sexual health education | 60.4 | 52.6-67.8 | 73.7 | 65.2-80.7 | 66.8 | 53.3-78.0 | 67.1 | 61.8-71.9 |
| c. Teacher pacing guides for sexual health education (i.e., schedules that regulate a teacher's pace of the unit or curriculum) | 36.6 | 28.4-45.7 | 57.5 | 49.4-65.2 | 46.0 | 34.7-57.6 | 46.9 | 41.7-52.3 |
| d. Teaching resources (e.g., lesson plans, handouts) to support sexual health education instruction | 54.6 | 46.1-62.9 | 74.1 | 66.3-80.6 | 69.1 | 55.9-79.8 | 65.5 | 60.2-70.4 |
| e. Strategies that are age-appropriate, relevant, and actively engage students in learning | 60.2 | 51.3-68.5 | 79.0 | 71.1-85.1 | 69.3 | 56.1-79.9 | 69.7 | 64.3-74.5 |
| f. Methods to assess student knowledge and skills related | 58.9 | 50.8-66.5 | 72.7 | 63.9-79.9 | 66.6 | 53.4-77.6 | 66.0 | 60.7-71.0 |

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## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results
6. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12 .

|  | High Schools |  | Middle Schools | Junior/Senior High Schools |  |  | All Schools |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  | 95\% |  | 95\% |  | 95\% |
|  | Confidence |  | Confidence |  | Confidence |  | Confidence |
| Percent | Interval | Percent | $t$ Interval | Percent | Interval | Percent | Interval |
| 87.1 | 81.8-91.0 | 93.9 | 88.9-96.7 | 86.2 | 75.9-92.6 | 89.8 | 86.6-92.3 |

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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.
All Schools

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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.
m. Physical activity and fitness
n. Pregnancy prevention
o. Sexually transmitted disease (STD) prevention
p. Sleep health (e.g., how much sleep students need, good sleeping habits)
q. Suicide prevention
r. Tobacco-use prevention or cessation
s. Violence prevention (e.g., bullying, fighting, dating violence prevention)

| High Schools |  |
| :---: | :---: |
| Percent | $95 \%$ <br> Confidence <br> Interval |
| 96.2 | $91.3-98.4$ |
| 91.0 | $84.7-94.8$ |
| 93.8 | $88.4-96.8$ |
| 88.8 | $82.2-93.2$ |
|  | $89.8-93.5$ |
| 89.3 | 82.8 |
| 93.5 | $87.7-96.6$ |
| 97.5 | $93.2-99.1$ |


| Junior/Senior High <br> Schools <br> $95 \%$ |  |  | All Schools |
| :---: | :---: | :---: | :---: |
| Percent | Confidence <br> Interval | Percent | $95 \%$ <br> Confidence <br> Interval |
| 97.7 | $90.3-99.5$ | 97.2 | $95.0-98.5$ |
| 94.8 | $85.9-98.2$ | 87.5 | $83.7-90.5$ |
| 94.9 | $86.3-98.2$ | 91.3 | $87.8-93.8$ |
| 85.4 | $74.4-92.2$ | 85.6 | $81.8-88.7$ |
| 87.9 | $80.5-92.7$ | 86.2 | $82.5-89.2$ |
| 92.6 | $83.5-96.9$ | 93.5 | $90.5-95.6$ |
| 97.3 | $88.6-99.4$ | 96.2 | $93.7-97.8$ |

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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results8. Percentage of schools in which teachers taught each of the following tobacco-use prevention or cessation topics in a required course for students in any of grades 6 through 12 during the current school year

|  |  | High Schools |  | Middle Schools |  | Junior/Senior High Schools |  | All Schools |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Percent | 95\% <br> Confidence Interval | Percent | 95\% <br> Confidence <br> Interval | Percent | 95\% <br> Confidence <br> Interval | Percent | 95\% <br> Confidence Interval |
|  | Identifying tobacco products and the harmful substances they contain | 90.9 | 84.4-94.9 | 92.9 | 87.7-96.0 | 82.2 | 71.0-89.7 | 90.1 | 86.5-92.8 |
|  | Identifying short- and long-term health consequences of tobacco product use | 92.3 | 86.1-95.8 | 91.8 | 86.5-95.2 | 84.8 | 74.2-91.6 | 90.7 | 87.1-93.3 |
|  | Identifying social, economic, and cosmetic consequences of tobacco product use | 84.6 | 76.9-90.1 | 88.6 | 82.5-92.7 | 82.2 | 70.6-89.9 | 85.9 | 81.7-89.2 |
| d. | Understanding the addictive nature of nicotine | 89.6 | 82.8-93.9 | 91.9 | 86.6-95.3 | 82.2 | 71.0-89.7 | 89.2 | 85.5-92.1 |
| e. | Effects of nicotine on the adolescent brain | 88.2 | 81.1-92.9 | 89.8 | 83.9-93.7 | 79.7 | 67.9-87.9 | 87.3 | 83.3-90.5 |
|  | Effects of tobacco product use on athletic performance | 79.5 | 71.6-85.7 | 84.4 | 78.2-89.1 | 74.2 | 63.6-82.6 | 80.7 | 76.3-84.4 |
|  | Effects of second-hand smoke and benefits of a smoke-free environment | 85.6 | 77.8-90.9 | 89.8 | 84.8-93.3 | 79.7 | 70.0-86.8 | 86.3 | 82.5-89.4 |
|  | Understanding the social influences on tobacco product use, including media, family, peers, and culture | 88.3 | 82.2-92.5 | 92.9 | 87.7-96.0 | 79.8 | 68.2-88.0 | 88.7 | 85.0-91.5 |
| i. | Identifying reasons why students do and do not use tobacco products | 88.6 | 81.8-93.1 | 89.7 | 83.8-93.6 | 76.7 | 66.2-84.7 | 86.9 | 83.0-90.0 |
|  | Making accurate assessments of how many peers use tobacco products | 70.9 | 63.3-77.5 | 77.1 | 70.2-82.7 | 68.2 | 59.3-75.9 | 73.0 | 68.7-77.0 |

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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results8. Percentage of schools in which teachers taught each of the following tobacco-use prevention or cessation topics in a required course for students in any of grades 6 through 12 during the current school year.
All Schools

## IOWA

## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results

8N. Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year.*

|  | High Schools |
| :---: | :---: |
| $95 \%$ |  |
| Confidence |  |
| Percent | Interval |
| 59.3 | $51.0-67.2$ |


| Middle Schools |  |
| :---: | :---: |
| 95\% |  |
| Confidence |  |
| Interval |  |
| Percent |  |
| 51.3 | $44.1-58.5$ |


| Junior/Senior High Schools |  |
| :---: | :---: |
| 95\% |  |
| Confidence |  |
| Percent | Interval |
| 56.0 | $45.7-65.7$ |

All Schools
$95 \%$
Confidence
Interval
$50.4-59.9$

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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results9. Percentage of schools in which teachers taught about the following tobacco products in a required course for students in any of grades 6 through 12 during the current school year.

|  | High Schools |  | Middle Schools |  | Junior/Senior High Schools |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 95\% |  | 95\% |  | 95\% |  | 95\% |
|  | Percent | Confidence Interval | Percent | Confidence Interval | Percent | Confidence Interval | Percent | Confidence Interval |
| a. Cigarettes | 88.6 | 82.7-92.6 | 93.0 | 89.0-95.7 | 87.8 | 77.8-93.7 | 90.4 | 87.2-92.8 |
| b. Smokeless tobacco (e.g., chewing tobacco, snuff, dip, snus, dissolvable tobacco) | 89.8 | 84.2-93.5 | 89.0 | 83.8-92.7 | 85.6 | 75.3-92.0 | 88.6 | 85.2-91.3 |
| c. Cigars, little cigars, or cigarillos | 72.2 | 64.3-78.9 | 70.2 | 62.8-76.6 | 73.6 | 61.4-82.9 | 71.6 | 66.8-75.9 |
| d. Pipes | 65.1 | 57.2-72.3 | 58.7 | 51.8-65.2 | 64.1 | 51.8-74.7 | 62.1 | 57.4-66.7 |
| e. Electronic vapor products (e.g., e-cigarettes, vapes, vape pens, e-hookahs, mods, or brands such as | 89.9 | 83.3-94.1 | 92.9 | 87.8-96.0 | 90.3 | 80.9-95.3 | 91.3 | 87.9-93.8 | JUUL)

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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results10. Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.


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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 6,7 , or 8 during the current school year.
a. How HIV and other STDs are transmitted
b. Health consequences of HIV, other STDs, and pregnancy
c. The benefits of being sexually abstinent
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy
h. Influencing and supporting others to avoid or reduce sexual risk behaviors
i. Efficacy of condoms, that is, how well condoms work and do not work

High Schools

| Middle Schools |  |
| :---: | :---: |
|  | $95 \%$ <br> Confidence <br> Interval |
| Percent | (1) |
| 80.0 | $72.3-86.1$ |
| 80.1 | $71.4-86.6$ |
| 84.5 | $76.4-90.1$ |
| 77.1 | $68.7-83.8$ |

$81.7 \quad 73.0-88.1$
73.7
. 7
64.4-81.2
69.2
60.8-76.5
$76.9 \quad 67.8-84.0$
$66.8 \quad 57.9-74.7$

| Junior/Senior High <br> Schools <br> $95 \%$ |  |
| :---: | :---: |
| Confidence |  |
| Percent | Interval |
| 57.1 | $40.8-72.0$ |
| 57.1 | $40.8-72.0$ |
|  |  |
| 64.2 | $48.9-77.1$ |
| 53.5 | $37.5-68.8$ |

67.7 51.4-80.5
$60.8 \quad 44.2-75.2$
$60.8 \quad 44.2-75.2$
64.2 48.1-77.7
$46.1 \quad 32.1-60.7$

All Schools
95\%
Confidence
Percent Interval
$73.1 \quad 65.7-79.4$
$73.2 \quad 65.3-79.8$
$78.3-71.0-84.1$
$70.0 \quad 62.2-76.7$
$77.5 \quad 69.8-83.6$
$69.7-61.6-76.8$
$66.6 \quad 58.9-73.5$
$73.0 \quad 65.1-79.7$
$60.5 \quad 53.0-67.7$

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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 6,7 , or 8 during the current school year.


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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 6,7 , or 8 during the current school year.

|  | High Schools |  | Middle Schools |  | Junior/Senior High Schools |  | All Schools |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 95\% |  | 95\% |  | 95\% |  | 95\% |
|  |  | Confidence |  | Confidence |  | Confidence |  | Confidence |
|  | Percent | Interval | Percent | Interval | Percent | Interval | Percent | Interval |
| t. Diversity of sexual orientations and gender identities | § | § | 51.1 | 42.4-59.8 | 40.2 | 27.1-54.9 | 47.9 | 40.5-55.4 |
| u. How gender roles and stereotypes affect goals, decision making, and relationships | § | § | 59.1 | 49.5-68.1 | 40.2 | 27.1-54.9 | 53.4 | 45.5-61.1 |
| v. The relationship between alcohol and other drug use and sexual risk behaviors | § | § | 73.9 | 64.5-81.5 | 55.5 | 39.4-70.5 | 68.4 | 60.2-75.6 |

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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades $9,10,11$, or 12 during the current school year.

|  |  | High Schools |  | Middle Schools |  | Junior/Senior High Schools |  | All Schools |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 95\% |  | 95\% |  | 95\% |  | 95\% |
|  |  |  | Confidence |  | Confidence |  | Confidence |  | Confidence |
|  |  | Percent |  | Percent |  | Percent |  | Percent |  |
| a. | How HIV and other STDs are transmitted | 86.0 | 77.4-91.8 | - | - | 81.9 | 68.4-90.4 | 84.0 | 77.1-89.1 |
|  | Health consequences of HIV, other STDs, and pregnancy | 86.0 | 77.4-91.8 | - | - | 81.9 | 68.4-90.4 | 84.0 | 77.1-89.1 |
| c. | The benefits of being sexually abstinent | 88.1 | 79.8-93.3 | - | - | 78.7 | 67.1-87.0 | 84.2 | 77.9-89.0 |
|  | How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy | 88.1 | 79.8-93.3 | - | - | 85.0 | 72.3-92.5 | 86.4 | 79.9-91.0 |
|  | The influences of family, peers, media, technology and other factors on sexual risk behaviors | 86.4 | 77.7-92.0 | - | - | 72.7 | 59.9-82.6 | 81.0 | 74.2-86.4 |
|  | Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy | 87.9 | 79.5-93.2 | - | - | 78.9 | 64.8-88.4 | 84.1 | 77.2-89.2 |
|  | Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy | 82.3 | 72.8-89.0 | - | - | 67.6 | 53.3-79.2 | 76.6 | 69.0-82.8 |
| h. | Influencing and supporting others to avoid or reduce sexual risk behaviors | 82.5 | 74.1-88.6 | - | - | 73.7 | 58.8-84.6 | 78.8 | 71.6-84.7 |
|  | Efficacy of condoms, that is, how well condoms work and do not work | 84.3 | 75.1-90.6 | - | - | 73.4 | 58.5-84.5 | 79.9 | 72.3-85.8 |

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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades $9,10,11$, or 12 during the current school year.

|  |  | High Schools |  | Middle Schools |  | Junior/Senior High Schools |  | All Schools |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 95\% |  | 95\% |  | 95\% |  | 95\% |
|  |  | Percent | Confidence Interval | Percent | Confidence Interval | Percent | Confidence Interval | Percent | Confidence Interval |
|  | The importance of using condoms consistently and correctly | 84.9 | 76.0-90.9 | - | - | 67.6 | 53.8-78.9 | 78.2 | 71.0-84.1 |
| k. | How to obtain condoms | 79.5 | 69.6-86.8 | - | - | 64.5 | 49.0-77.4 | 73.8 | 65.6-80.6 |
| 1. | How to correctly use a condom | 76.0 | 66.7-83.3 | - | - | 49.7 | 36.9-62.6 | 66.4 | 58.9-73.1 |
| m. | Methods of contraception other than condoms | 81.3 | 71.7-88.1 | - | - | 72.7 | 57.7-83.8 | 77.8 | 70.1-84.0 |
|  | The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy | 84.6 | 75.7-90.6 | - | - | 70.6 | 55.6-82.2 | 79.1 | 71.6-85.0 |
|  | How to create and sustain healthy and respectful relationships | 84.2 | 75.3-90.3 | - | - | 72.7 | 57.8-83.8 | 79.6 | 72.2-85.4 |
|  | The importance of limiting the number of sexual partners | 84.7 | 75.6-90.8 | - | - | 75.6 | 60.7-86.1 | 81.0 | 73.5-86.7 |
|  | Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health | 86.4 | 77.7-92.0 | - | - | 70.6 | 55.2-82.4 | 80.2 | 72.7-86.0 |
| r. | How to communicate sexual consent between partners | 83.2 | 73.9-89.6 | - | - | 67.6 | 52.1-79.9 | 77.2 | 69.3-83.5 |
|  | Recognizing and responding to sexual victimization and violence | 75.9 | 66.6-83.3 | - | - | 64.5 | 50.2-76.7 | 71.6 | 63.9-78.1 |

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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades $9,10,11$, or 12 during the current school year.

|  | High Schools |  | Middle Schools |  | Junior/Senior High Schools |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 95\% |  | 95\% |  | 95\% |  | 95\% |
|  | Percent | Confidence Interval | Percent | Confidence Interval | Percent | Confidence Interval | Percent | Confidence Interval |
| t. Diversity of sexual orientations and gender identities | 70.4 | 61.2-78.3 | - | - | 46.7 | 33.4-60.4 | 61.8 | 54.2-68.8 |
| u. How gender roles and stereotypes affect goals, decision making, and relationships | 72.9 | 63.0-81.0 | - | - | 55.2 | 42.7-67.0 | 66.4 | 58.9-73.2 |
| v. The relationship between alcohol and other drug use and sexual risk behaviors | 83.2 | 74.1-89.6 | - | - | 73.4 | 59.0-84.2 | 79.3 | 71.9-85.2 |

## IOWA

## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results

11N_1. Percentage of schools that taught all 22 sexual health topics in any of grades 6, 7, or 8 during the current school year.*

|  | High Schools |  | Middle Schools | Junior/Senior High Schools |  |  | All Schools$95 \%$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  | 95\% |  | 95\% |  |  |
|  | Confidence |  | Confidence |  | Confidence |  | Confidence |
| Percent | Interval | Percent | t Interval | Percen | Interval | Percent | Interval |
| § | § | 38.1 | 30.1-46.9 | 31.6 | 19.3-47.2 | 36.1 | 29.2-43.7 |

## IOWA

## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results
$11 \mathrm{~N} \_2$. Percentage of schools that taught all 22 sexual health topics in any of grades $9,10,11$, or 12 during the current school year.*

|  | High Schools |  | Middle Schools | Junior/Senior High Schools |  |  | All Schools |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  | 95\% |  | 95\% |  | 95\% |
|  | Confidence |  | Confidence |  | Confidence |  | Confidence |
| Percent | Interval | Percent | t Interval | Percen | Interval | Percent | Interval |
| 56.0 | 46.3-65.4 | - | - | 40.8 | 28.0-54.9 | 51.0 | 43.2-58.7 |

## IOWA

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 6,7 , or 8 during the current school year.


## IOWA

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades $9,10,11$, or 12 during the current school year.

[^2]
## IOWA

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results13. Percentage of schools in which teachers provided students with the opportunity to practice the following skills in a required course for students in any of grades 6 through 12 during the current school year.

|  | High Schools |  | Middle Schools |  | Junior/Senior High Schools |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 95\% |  | 95\% |  | 95\% |  | 95\% |
|  | Percent | Confidence Interval | Percent | Confidence Interval | Percent | Confidence Interval | Percent | Confidence Interval |
| a. Communication, decision-making, goal-setting, or refusal skills related to sexual health (e.g., through role playing) | 78.1 | 69.1-85.0 | 70.0 | 62.5-76.6 | 74.7 | 62.0-84.2 | 73.9 | 68.8-78.4 |
| b. Analyzing the influence of family, peers, culture, media, or technology on sexual health | 79.4 | 70.3-86.2 | 77.9 | 70.7-83.7 | 67.5 | 56.4-76.9 | 76.2 | 71.4-80.5 |
| c. Accessing valid sexual health information, products, and services | 80.8 | 72.0-87.3 | 73.2 | 66.3-79.1 | 65.6 | 53.6-75.9 | 74.3 | 69.5-78.6 | and services $\qquad$

## IOWA

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results14. Percentage of schools in which teachers implemented the following inclusive practices when providing sexual health education in a required course for students in grades 6 through 12 during the current school year.*
a. Encouraged use of gender-neutral pronouns such as "they/them" during instruction to recognize gender diversity among students
b. Provided positive examples of lesbian, gay, bisexual, or transgender (LGBT) people and same-sex or gender relationships (e.g., family, peer, or romantic)
c. Encouraged students to respect others' sexual and gender identities
d. Provided students with information about LGBT resources within the school (e.g., counseling services, student support groups like Gay/Straight Alliances or Genders and Sexualities Alliances)
e. Identified additional LGBT resources available in the community or online

High Schools
Middle Schools

Confidence
Percent
$57.0 \quad 47.2-66.2$
58.6 48.9-67.6
$83.7 \quad 75.1-89.7$
$60.150 .5-69.0$
52.9 43.6-62.0
$43.1 \quad 34.2-52.4$

Junior/Senior High Schools 95\% Confidence
Percent Interval
32.7 23.3-43.8
41.2 33.3-49.5
73.6 60.7-83.5
$81.5 \quad 76.5-85.6$
$26.9 \quad 17.9-38.3$
$50.0 \quad 44.4-55.7$

## IOWA

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results15. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.
All Schools

## IOWA

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results15. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.
All Schools

## IOWA

## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results

15N. Percentage of schools that taught all 23 nutrition and dietary behavior topics during the current school year.*

|  | High Schools |
| :---: | :---: |
|  | $95 \%$ |
| Confidence |  |
| Percent | Interval |
| 60.3 | $51.9-68.1$ |

$\left.\begin{array}{cc}\text { Middle Schools } \\ \text { 95\% } \\ \text { Confidence } \\ \text { Interval }\end{array}\right\}$

| Junior/Senior High Schools |  |
| :---: | :---: |
| 95\% |  |
| Confidence |  |
| Percent | Interval |
| 74.8 | $61.5-84.6$ |

All Schools
95\%
Confidence
Percent Interval
65.1 59.9-69.9

## IOWA

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results16. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.


## IOWA

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results16. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.
j. Increasing daily physical activity
k. Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)
17. Using safety equipment for specific physical activities
81.3 72.9-87.5
m. Benefits of drinking water before, during, and after physical activity

| High Schools |  |
| :---: | :---: |
|  | $95 \%$ <br> Confidence <br> Interval |
| Percent |  |
| 93.8 | $88.1-96.8$ |
| 92.0 | $85.7-95.7$ |
| 81.3 | $72.9-87.5$ |
| 96.1 | $90.9-98.4$ |


| Middle Schools |  |
| :---: | :---: |
| Percent | Confidence <br> Interval |
| 93.2 | $87.9-96.2$ |
| 90.8 | $84.9-94.5$ |



## IOWA

## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results

16N. Percentage of schools that taught all 13 physical activity topics during the current school year.*

|  | High Schools |
| :---: | :---: |
|  | $95 \%$ |
| Confidence |  |
| Percent | Interval |
|  |  |
| 63.1 | $54.9-70.7$ |

$\left.\begin{array}{cc}\text { Middle Schools } \\ \text { 95\% } \\ \text { Confidence } \\ \text { Interval }\end{array}\right\}$

| Junior/Senior High Schools |  |
| :---: | :---: |
| 95\% |  |
| Percent | Confidence <br> Interval |
| 85.0 | $73.8-92.0$ |

All Schools
$95 \%$
Confidence
Interval

$65.1-74.5$

## IOWA

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results17. Percentage of schools in which teachers taught each of the following mental and emotional health topics in a required course for students in any of grades 6 through 12 during the current school year.
a. Identifying and labeling emotions
b. How to express feelings in a healthy way
c. The importance of engaging in activities that are mentally and emotionally healthy
d. How to manage interpersonal conflict in healthy ways
e. How to prevent and manage emotional stress and anxiety in healthy ways
f. How to use self-control and impulse control strategies to promote health (e.g., goal setting and tracking, breathing techniques)
g. How to get help for troublesome thoughts, feelings, or 87.7 81.4-92.1 actions for oneself and others
h. Value of individual differences (e.g., culture, ethnicity, ability)
i. How to establish and maintain healthy relationships
j. Importance of habits (e.g., exercise, healthy eating, meditation, mindfulness) that promote mental well-being

High Schools

| Middle Schools |  |
| :---: | :---: |
|  | 95\% |
|  | Confidence |
| Percent | Interval |
| 89.9 | 83.8-93.9 |
| 93.3 | 88.0-96.3 |
| 93.3 | 88.0-96.3 |
| 93.3 | 88.1-96.3 |
| 92.2 | 86.6-95.5 |
| 90.1 | 84.1-93.9 |
| 89.8 | 83.8-93.8 |
| 87.6 | 81.1-92.1 |
| 93.1 | 87.7-96.2 |
| 90.9 | 85.1-94.5 |


| Junior/Senior High |  | All Schools |  |
| :---: | :---: | :---: | :---: |
| Juni | Schools |  |  |
|  | 95\% |  | 95\% |
|  | Confidence |  | Confidence |
| Percent | Interval | Percent | Interval |
| 79.5 | 68.8-87.2 | 87.4 | 83.6-90.4 |
| 89.9 | 79.6-95.3 | 91.0 | 87.9-93.3 |
| 92.6 | 83.1-96.9 | 92.5 | 89.4-94.7 |
| 87.1 | 76.6-93.3 | 90.3 | 86.9-92.9 |
| 84.8 | 73.5-91.8 | 91.1 | 87.8-93.6 |
| 81.6 | 69.4-89.7 | 88.1 | 84.3-91.0 |
| 89.9 | 79.6-95.3 | 89.1 | 85.4-91.9 |
| 79.5 | 69.1-87.1 | 85.9 | 82.1-88.9 |
| 89.6 | 79.1-95.2 | 90.8 | 87.3-93.3 |
| 92.4 | 82.7-96.9 | 91.0 | 87.6-93.5 |

## IOWA

## 2022 School Health Profiles Report

## Weighted Lead Health Education Teacher Survey Results

18. Percentage of schools in which teachers taught each of the following violence prevention topics in a required course for students in any of grades 6 through 12 during the current school year.
 hurting themselves
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## IOWA

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results19. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.
a. Alcohol- or other drug-use prevention
b. Asthma
c. Chronic disease prevention (e.g., diabetes, obesity prevention)
d. Food allergies
e. HIV, other STD, or pregnancy prevention
f. Nutrition and healthy eating
g. Physical activity
h. Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)
i. Tobacco-use prevention or cessation

|  | High Schools |
| :---: | :---: |
| Percent | $95 \%$ <br> Confidence <br> Interval |
| 44.3 | $35.4-53.6$ |
| 36.2 | $27.9-45.4$ |
| 45.0 | $36.2-54.1$ |${ }^{2}$|  |  |
| :---: | :---: |
| 43.2 | $34.8-52.1$ |
| 46.9 | $37.8-56.1$ |
| 55.0 | $46.0-63.7$ |
| 50.9 | $42.2-59.6$ |
| 53.6 | $44.6-62.3$ |


| Middle Schools |  |
| :---: | :---: |
| Percent | $95 \%$ <br> Confidence <br> Interval |
| 44.7 | $36.8-52.8$ |
| 36.8 | $29.6-44.5$ |
| 47.0 | $39.6-54.5$ |
| 43.5 | $35.4-52.0$ |
| 38.5 | $30.8-46.9$ |
| 48.2 | $40.8-55.7$ |
| 46.4 | $38.9-54.0$ |
| 56.7 | $48.2-64.8$ |
| 44.7 | $37.3-52.2$ |


| Junior/Senior High <br> Schools <br> $95 \%$ <br> Confidence <br> Interval |  |  | All Schools |  |
| :---: | :---: | :---: | :---: | :---: |
| Percent | Percent | $95 \%$ <br> Confidence <br> Interval |  |  |
| 59.8 | $46.8-71.6$ | 47.7 | $42.2-53.2$ |  |
| 29.6 | $18.4-44.1$ | 35.1 | $30.0-40.6$ |  |
| 41.9 | $29.6-55.3$ | 45.2 | $39.9-50.6$ |  |
| 52.1 | $39.5-64.4$ | 45.2 | $39.8-50.7$ |  |
| 36.9 | $25.6-49.8$ | 41.4 | $36.0-47.0$ |  |
| 53.3 | $40.5-65.6$ | 51.8 | $46.5-57.1$ |  |
| 57.2 | $43.8-69.7$ | 50.4 | $45.0-55.7$ |  |
| 57.3 | $44.3-69.3$ | 55.6 | $50.1-61.0$ |  |
| 54.7 | $41.3-67.3$ |  |  |  |

## IOWA

## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results
20. Percentage of schools in which teachers have given students health education homework assignments or activities to do at home with their parents during the current school year.

|  | High Schools |  | Middle Schools | Junior/Senior High Schools |  |  | All Schools |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  | 95\% |  | 95\% |  | 95\% |
|  | Confidence |  | Confidence |  | Confidence |  | Confidence |
| Percent | Interval | Percent | $t$ Interval | Percen | Interval | Percent | Interval |
| 44.0 | 35.7-52.6 | 47.8 | 39.8-55.9 | 32.2 | 22.5-43.8 |  | 38.1-48.4 |

## IOWA

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results21. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.


## IOWA

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results21. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

|  | High Schools |  | Middle Schools |  | Junior/Senior High Schools |  | All Schools |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent | 95\% <br> Confidence Interval | Percent | 95\% <br> Confidence Interval | Percent | 95\% <br> Confidence <br> Interval | Percent | 95\% <br> Confidence Interval |
| n. Pregnancy prevention | 12.9 | 8.1-20.1 | 19.1 | 13.3-26.7 | ** | ** | 14.9 | 11.4-19.2 |
| o. Sexually transmitted disease (STD) prevention | 14.3 | 9.1-21.7 | 24.7 | 18.2-32.6 | 17.0 | 9.4-28.9 | 19.2 | 15.3-23.9 |
| p. Sleep health (e.g., how much sleep students need, good sleeping habits) | 19.6 | 13.6-27.5 | 19.7 | 14.1-26.9 | 19.6 | 11.6-31.0 | 19.7 | 15.8-24.2 |
| q. Suicide prevention | 50.0 | 41.2-58.9 | 52.6 | 44.5-60.5 | 44.1 | 32.9-56.0 | 49.9 | 44.6-55.2 |
| r. Tobacco-use prevention or cessation | 19.5 | 13.9-26.6 | 23.9 | 17.6-31.6 | 19.7 | 11.9-30.9 | 21.4 | 17.4-26.0 |
| s. Violence prevention (e.g., bullying, fighting, dating violence prevention) | 32.4 | 25.3-40.6 | 42.2 | 35.0-49.8 | 34.5 | 24.0-46.9 | 37.0 | 32.2-42.0 |

## IOWA

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.


## IOWA

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results23. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.

|  |  | High Schools |  | Middle Schools |  | Junior/Senior High Schools |  | All Schools |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 95\% |  | 95\% |  | 95\% |  | 95\% |
|  |  | Percent | Confidence Interval | Percent | Confidence Interval | Percent | Confidence Interval | Percent | Confidence Interval |
|  | Aligning lessons and materials with the district scope and sequence for sexual health education | 32.0 | 26.3-38.2 | 37.7 | 30.5-45.6 | 29.3 | 18.7-42.9 | 33.9 | 29.4-38.7 |
|  | Creating a comfortable and safe learning environment for students receiving sexual health education | 26.4 | 20.5-33.3 | 35.6 | 28.5-43.5 | 24.4 | 14.9-37.4 | 29.8 | 25.4-34.6 |
| c. | Connecting students to on-site or community-based sexual health services | 17.7 | 12.7-24.2 | 21.7 | 16.0-28.7 | 17.2 | 9.6-28.8 | 19.3 | 15.7-23.5 |
| d. | Using a variety of effective instructional strategies to deliver sexual health education | 21.3 | 15.6-28.3 | 31.2 | 24.9-38.2 | 19.4 | 11.0-31.7 | 25.0 | 21.0-29.5 |
| e. | Building student skills in HIV, other STD, and pregnancy prevention | 15.8 | 11.3-21.7 | 26.2 | 19.9-33.7 | ** | ** | 20.0 | 16.3-24.3 |
| f. | Assessing student knowledge and skills in sexual health education | 19.8 | 14.4-26.6 | 27.3 | 20.8-34.9 | 22.1 | 13.3-34.3 | 23.4 | 19.4-28.0 |
|  | Understanding current district or school board policies or curriculum guidance regarding sexual health education | 22.9 | 17.1-29.9 | 26.5 | 20.0-34.1 | 21.9 | 14.3-32.1 | 24.2 | 20.2-28.7 |
|  | Identifying appropriate modifications to the sexual health curriculum to meet the needs of all students | 20.0 | 15.1-26.0 | 24.0 | 18.0-31.3 | 26.8 | 16.8-39.8 | 23.1 | 19.2-27.5 |
| i. | Engaging parents in sexual health education | 12.3 | 8.6-17.2 | 18.3 | 12.6-25.7 | 16.8 | 9.3-28.6 | 15.7 | 12.4-19.9 |
|  | Delivering virtual or eLearning sexual health education instruction | 14.8 | 10.4-20.8 | 21.8 | 16.2-28.7 | 17.0 | 9.5-28.5 | 18.2 | 14.7-22.4 |

## IOWA

2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results
24. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

|  | High Schools |  | Middle Schools |  | Junior/Senior High Schools |  | All Schools |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 95\% |  | 95\% |  | 95\% |  | 95\% |
|  | Percent | Confidence Interval | Percent | Confidence Interval | Percent | Confidence Interval | Percent | Confidence Interval |
| a. Alcohol- or other drug-use prevention | 54.2 | 45.1-63.0 | 51.5 | 43.6-59.4 | 44.8 | 33.1-57.1 | 51.1 | 45.7-56.4 |
| b. Asthma | 24.9 | 17.6-34.0 | 25.0 | 18.9-32.3 | 28.4 | 19.8-38.9 | 25.7 | 21.4-30.6 |
| c. Chronic disease prevention (e.g., diabetes, obesity prevention) | 45.9 | 37.7-54.4 | 44.7 | 36.6-53.1 | 45.0 | 33.3-57.3 | 45.2 | 40.0-50.6 |
| d. Epilepsy or seizure disorder | 33.0 | 25.5-41.5 | 37.3 | 29.4-45.8 | 33.2 | 23.3-44.8 | 34.8 | 29.8-40.0 |
| e. Food allergies | 25.8 | 19.2-33.7 | 35.9 | 28.7-43.7 | 24.2 | 16.2-34.6 | 29.6 | 25.2-34.5 |
| f. Foodborne illness prevention | 28.2 | 21.0-36.8 | 29.5 | 22.7-37.4 | 23.6 | 15.9-33.6 | 27.8 | 23.3-32.7 |
| g. Human immunodeficiency virus (HIV) prevention | 42.4 | 33.1-52.3 | 33.5 | 26.2-41.8 | 37.8 | 27.0-49.8 | 37.8 | 32.5-43.4 |
| h. Human sexuality | 55.5 | 46.4-64.3 | 46.6 | 37.9-55.6 | 46.3 | 33.7-59.4 | 50.0 | 44.2-55.7 |
| i. Infectious disease prevention (e.g., influenza [flu] or COVID-19 prevention) | 44.9 | 36.2-53.8 | 36.9 | 30.0-44.4 | 37.4 | 27.2-49.0 | 40.1 | 35.1-45.2 |
| j. Injury prevention and safety | 34.9 | 27.3-43.3 | 36.4 | 29.0-44.3 | 37.6 | 26.4-50.2 | 36.1 | 31.1-41.3 |
| k. Mental and emotional health | 73.6 | 64.8-80.9 | 60.2 | 51.8-68.0 | 62.2 | 49.3-73.6 | 65.7 | 60.3-70.8 |
| 1. Nutrition and dietary behavior | 64.2 | 55.4-72.1 | 46.8 | 39.2-54.4 | 42.5 | 31.0-54.9 | 52.6 | 47.4-57.7 |
| m. Physical activity and fitness | 54.3 | 46.3-62.2 | 50.5 | 42.1-58.9 | 40.2 | 28.0-53.7 | 49.8 | 44.4-55.1 |

## IOWA

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results24. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.
n. Pregnancy prevention
o. Sexually transmitted disease (STD) prevention
p. Sleep health (e.g., how much sleep students need, good sleep habits)
q. Suicide prevention
r. Tobacco-use prevention or cessation
s. Violence prevention (e.g., bullying, fighting, dating violence prevention)

| High Schools |  | Middle Schools |  |
| :---: | :---: | :---: | :---: |
|  | 95\% |  | 95\% |
|  | Confidence |  | Confidence |
| Percent | Interval | Percent | Interval |
| 46.2 | 37.5-55.2 | 41.3 | 33.6-49.4 |
| 53.9 | 44.3-63.3 | 42.1 | 34.6-49.9 |
| 56.6 | 47.5-65.3 | 47.4 | 39.2-55.7 |
| 63.5 | 54.0-72.0 | 62.9 | 54.5-70.6 |
| 46.1 | 37.1-55.4 | 41.2 | 33.8-49.0 |
| 58.5 | 49.0-67.3 | 58.4 | 50.5-65.9 |


| Junior/Senior High <br> Schools <br> $95 \%$ |  |
| :---: | :---: |
| Percent | Confidence <br> Interval |
| 33.1 | $23.1-45.0$ |
| 37.9 | $27.9-49.0$ |
| 42.3 | $31.8-53.6$ |
| 52.0 | $41.3-62.5$ |
| 37.4 | $28.2-47.6$ |
| 52.4 | $38.7-65.7$ |


|  | All Schools |
| :---: | :---: |
|  | $95 \%$ <br> Confidence |
| Percent | Interval |
| 41.4 | $36.2-46.7$ |
| 45.7 | $40.4-51.1$ |
| 49.8 | $44.5-55.2$ |
|  |  |
| 60.8 | $55.4-66.0$ |
| 42.2 | $37.2-47.4$ |
| 57.1 | $51.5-62.6$ |

## IOWA

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.
All Schools

## IOWA

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results26. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.

|  | High Schools |  | Middle Schools |  | Junior/Senior High Schools |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 95\% |  | 95\% |  | 95\% |  | 95\% |
|  | Percent | Confidence Interval | Percent | Confidence Interval | Percent | Confidence Interval | Percent | Confidence Interval |
| a. Aligning lessons and materials with the district scope and sequence for sexual health education | 47.3 | 38.6-56.3 | 42.6 | 34.6-51.1 | 30.9 | 22.4-40.8 | 41.9 | 36.8-47.2 |
| b. Creating a comfortable and safe learning environment for students receiving sexual health education | 49.0 | 40.1-57.9 | 42.0 | 33.7-50.7 | 33.3 | 24.2-43.9 | 42.8 | 37.6-48.2 |
| c. Connecting students to on-site or community-based sexual health services | 51.4 | 42.2-60.6 | 41.4 | 33.9-49.3 | 38.1 | 28.6-48.6 | 44.5 | 39.4-49.8 |
| d. Using a variety of effective instructional strategies to deliver sexual health education | 60.5 | 51.0-69.2 | 50.4 | 41.9-58.8 | 37.9 | 28.0-49.0 | 51.6 | 46.2-57.0 |
| e. Building student skills in HIV, other STD, and pregnancy prevention | 56.2 | 46.7-65.3 | 42.5 | 34.4-51.0 | 38.1 | 27.7-49.7 | 46.9 | 41.4-52.4 |
| f. Assessing student knowledge and skills in sexual health education | 49.1 | 40.8-57.5 | 43.3 | 34.9-52.1 | 33.3 | 24.2-43.9 | 43.4 | 38.3-48.6 |
| g. Understanding current district or school board policies or curriculum guidance regarding sexual health education | 46.4 | 37.0-56.1 | 39.2 | 31.0-48.2 | 26.3 | 18.8-35.4 | 39.2 | 33.9-44.7 |
| h. Identifying appropriate modifications to the sexual health curriculum to meet the needs of all students | 49.9 | 41.3-58.4 | 45.1 | 36.6-54.0 | 30.9 | 21.4-42.3 | 43.9 | 38.6-49.3 |
| i. Engaging parents in sexual health education | 46.6 | 38.0-55.4 | 41.9 | 34.2-50.0 | 28.2 | 19.7-38.6 | 40.7 | 35.8-45.9 |
| j. Delivering virtual or eLearning sexual health education instruction | 37.2 | 28.5-46.9 | 35.8 | 28.2-44.1 | 21.0 | 14.1-30.1 | 33.1 | 28.2-38.4 |

## IOWA

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results27. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

[^3]
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## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results
28. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school

|  | High Schools |  | Middle Schools | Junior/Senior High Schools |  |  | All Schools 95\% |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  | 95\% |  | 95\% |  |  |
|  | Confidence |  | Confidence |  | Confidence |  | Confidence |
| Percent | Interval | Percent | I Interval | Percen | Interval | Percent | Interval |
| 95.9 | 90.7-98.3 | 86.7 | 80.0-91.4 | 97.7 | 90.3-99.5 | 92.5 | 89.2-94.8 |

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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results29. Percentage of schools in which the lead health education teacher had the following number of years of experience teaching health education courses or topics.
a. 1 year
b. 2 to 5 years
c. 6 to 9 years
d. 10 to 14 years
e. 15 years or more

| High Schools |  | Middle Schools |  |
| :---: | :---: | :---: | :---: |
|  | 95\% |  | 95\% |
|  | Confidence |  | Confidence |
| Percent | Interval | Percent | Interval |
| 10.7 | 6.2-17.7 | 23.1 | 17.5-30.0 |
| 24.0 | 17.4-32.2 | 16.1 | 11.1-22.8 |
| 15.8 | 10.3-23.5 | 16.4 | 10.9-24.0 |
| 10.3 | 6.3-16.2 | 16.4 | 10.9-24.0 |
| 39.2 | 30.6-48.4 | 28.0 | 21.3-35.9 |


| Junior/Senior High <br> Schools <br> $95 \%$ <br> Confidence <br> Interval |  | Percent | All Schools <br> Percent <br> Intiderval |
| :---: | :---: | :---: | :---: |
| $* *$ | $* *$ | 16.1 | $12.7-20.2$ |
| 23.8 | $15.0-35.7$ | 20.7 | $16.7-25.4$ |
| 21.3 | $13.3-32.4$ | 17.2 | $13.4-21.8$ |
| $* *$ | $* *$ | 13.6 | $10.3-17.8$ |
| 28.7 | $19.5-40.1$ | 32.4 | $27.6-37.6$ |


[^0]:    - Results are suppressed due to insufficient number of respondents in subgroup.

[^1]:    - Results are suppressed due to insufficient number of respondents in subgroup.

[^2]:    - Results are suppressed due to insufficient number of respondents in subgroup.

[^3]:    $\dagger$ Confidence intervals not applicable for 0 percent or 100 percent.
    ** Data is suppressed due to a numerator of less than 6 .

