

# County:

Poweshiek

Total number of students in the report: 245

Number of CSDs in this report: 4



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# 2021 Iowa Youth Survey, County Report

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## **Background**

In Spring 2021, the Iowa Department of Public Health (IDPH) secured the services of the Center for Social and Behavioral Research (CSBR) at the University of Northern Iowa (UNI) to assist in the revision, design, and implementation of the Iowa Youth Survey (IYS).

The IYS is a periodic survey of Iowa youth in grades 6<sup>th</sup>, 8<sup>th</sup> and 11<sup>th</sup>. The IYS has been administered since 1999, and there have been a number of revisions in the questionnaire content and analysis approaches over the years.<sup>1</sup>

The 2021 IYS, data collection began on September 27, 2021 and ended on November 19, 2021. Data collection was scheduled to end on November 12<sup>th</sup>, but was extended to November 19<sup>th</sup> to accommodate school requests. In total, 175 out of 192 registered community school districts (CSDs) or private schools administered the survey to at least one grade; the vast majority administered the survey to the 6<sup>th</sup>, 8<sup>th</sup>, and 11<sup>th</sup> grades. The total number of students that participated in the survey was 46,091. The survey asked student to input the county where they lived. Students who skipped the county or reported living in a distant county that does not border the county (or counties) served by their school are excluded.

This report presents the responses from the county side-by-side with the overall state values. A county report combines students from all CSDs (including private schools) that live in the county. These responses are first presented by grade followed by responses by sex. The percentages in all tables are rounded using standard rounding rules, and therefore, columns in each table may not sum to 100 percent. In addition, <1% indicates the percentage in that category below 0.5% and greater than zero percent. Zero percent is only listed when no students selected that response option. Values in some tables may be redacted if the number of students who responded to the question is between 1 and 10. In this scenario, an asterisk (\*) is used instead of the percent and number of students to prevent low-incidence responses from allowing possible identification of a respondent. When there is no student responding to a follow-up question (n=0), a hyphen symbol (-) is used in place of the percent values and zero indicates the number of students responding to the item. When one or more grades did not participate within a county, the cells are shaded in gray to indicate no student participation.

The full questionnaire with notes about the display logic (or skip patterns) is provided in the Appendix.

<sup>&</sup>lt;sup>1</sup> Previous state reports can be found at <a href="https://iowayouthsurvey.idph.state.ia.us/Reports/State-of-Iowa">https://iowayouthsurvey.idph.state.ia.us/Reports/State-of-Iowa</a>

# **Community School Districts included in this Report**

English Valleys Comm School District	
Grinnell-Newburg Comm School District	
North Mahaska Comm School District	
Oskaloosa Comm School District	

# **Responses by Grade**

# Community Engagement

All students participating in the 2021 IYS were asked about their community engagement experiences during the current school year that were related to paid employment, community volunteerism, participation in extra-curricular activities, and participation in religious activities.

Table G1: School-year activities, extra-curri	cular, volunt	eerism, l	oy grade			
			6 <sup>th</sup> C	rade		
		State	:		Count	.y
	Yes	No	#	Yes	No	#
Worked in a paid job	13%	87%	15,406	10%	90%	118
Volunteered in the community	28%	72%	15,273	29%	71%	115
Participated in extra-curricular activities	77%	23%	15,383	72%	28%	117
Participated in religious activities	51%	49%	15,149	50%	50%	116
			8 <sup>th</sup> C	rade		
		State	:		Count	.y
	Yes	No	#	Yes	No	#
Worked in a paid job	20%	80%	17,019	14%	86%	93
Volunteered in the community	34%	66%	16,989	28%	72%	92
Participated in extra-curricular activities	82%	18%	17,018	90%	10%	93
Participated in religious activities	53%	47%	16,980	48%	52%	93
			11 <sup>th</sup> (	Grade		
		State	:		Count	.y
	Yes	No	#	Yes	No	#
Worked in a paid job	71%	29%	13,522	62%	38%	34
Volunteered in the community	53%	47%	13,503	56%	44%	34
Participated in extra-curricular activities	79%	21%	13,512	76%	24%	34
Participated in religious activities	50%	50%	13,504	44%	56%	34

Question: During the current school year, have you...? # = Number of students responding to the item

## Physical Well-being

All students participating in the 2021 IYS were asked about their physical well-being on topics related to physical activity, nutrition, homelessness, any ongoing physical or mental impairments that limit their daily activities, and whether they had experienced a concussion over the past 12 months. More specifically for the physical activity items, students were asked about the typical number of hours of screen time per day that they spend for something other than school work and the number of days that they were physically active for 60 or more minutes over the past 7 days. For nutrition, students were asked about their daily fruit intake as well as their daily vegetable intake over the past 7 days, and if they had experienced hunger in the past 30 days. Students who reported they had experienced a concussion over the past 12 months were also asked about the number of times they experienced a concussion during this time frame. Students who indicated they had ever been homeless were also asked whether they had been homeless in the past 12 months.

Table G2: Screen time for something other than school work, by grade

	6 <sup>th</sup> G	rade	8 <sup>th</sup> Grade		11 <sup>th</sup> Grade	
	State	County	State	County	State	County
0 hours	8%	8%	4%	14%	2%	3%
More than 0 but less than 2 hours	28%	23%	21%	14%	19%	29%
At least 2 hours but less than 4 hours	30%	30%	30%	28%	29%	24%
At least 4 hours but less than 6 hours	18%	21%	23%	23%	27%	21%
At least 6 hours but less than 8 hours	9%	7%	12%	14%	14%	18%
At least 8 hours but less than 10 hours	4%	6%	6%	3%	5%	3%
At least 10 or more hours	4%	4%	4%	4%	4%	3%
# Responding	15,413	115	16,993	93	13,509	34

Question: On an average school day, about how many hours of screen time do you spend for something that is not school work? By screen time we mean time spent watching shows or videos, using a computer/tablet, playing video games, social media, apps, or using a phone for something other than calling or texting.

Table G3: Physical activity, by grade

	6 <sup>th</sup> G	rade	8 <sup>th</sup> Grade		11 <sup>th</sup> Grade	
	State	County	State	County	State	County
0 days	6%	9%	5%	10%	7%	6%
1 day	8%	8%	5%	3%	5%	6%
2 days	11%	10%	9%	10%	9%	12%
3 days	14%	14%	13%	7%	13%	9%
4 days	14%	8%	13%	10%	13%	0%
5 days	14%	15%	16%	15%	17%	15%
6 days	7%	8%	10%	10%	10%	15%
7 days	26%	29%	29%	36%	25%	38%
# Responding	15,305	116	16,983	92	13,511	34

Question: On how many of the past 7 days were you physically active for a total of 60 minutes (1 hour) or more per day? Add up all the time you spent in any kind of moderate or intense physical activity like running, walking fast, swimming, riding a bicycle, etc.

Table G4: Daily fruit intake, by grade

	6 <sup>th</sup> G	rade	8 <sup>th</sup> Grade		11 <sup>th</sup> Grade	
	State	County	State	County	State	County
I did not eat any fruit during the past 7 days	8%	16%	6%	10%	7%	3%
< 1 time each day	10%	13%	13%	4%	17%	9%
1 time per day	23%	19%	26%	29%	30%	44%
2 times per day	26%	18%	28%	40%	27%	24%
3 times per day	18%	20%	16%	10%	12%	12%
4 times per day	7%	5%	5%	3%	3%	9%
$\geq$ 5 times per day	8%	9%	6%	3%	4%	0%
# Responding	15,423	118	16,991	92	13,510	34

Question: In the past 7 days, about how many times each day did you eat fruit (do not count fruit juice)?

Table G5: Daily vegetable intake, by grade

	6 <sup>th</sup> Grade		8 <sup>th</sup> Grade		11 <sup>th</sup> Grade	
	State	County	State	County	State	County
I did not eat any vegetables during the past 7 days	12%	11%	9%	9%	9%	15%
< 1 time each day	14%	8%	16%	9%	19%	18%
1 time per day	28%	28%	32%	33%	34%	26%
2 times per day	24%	27%	25%	28%	23%	18%
3 times per day	12%	10%	11%	15%	9%	15%
4 times per day	4%	4%	3%	4%	2%	3%
$\geq$ 5 times per day	6%	11%	4%	2%	3%	6%
# Responding	15,413	117	16,990	93	13,508	34

Question: In the past 7 days, about how many times each day did you eat green salad, carrots, potatoes or any other vegetables (do not count french fries, fried potatoes, or potato chips)?

Table G6: Hunger, by grade

	6 <sup>th</sup> Grade		8 <sup>th</sup> Grade		11 <sup>th</sup> Grade	
	State	County	State	County	State	County
Yes	8%	9%	5%	6%	5%	0%
No	92%	91%	95%	94%	95%	100%
# Responding	15,450	115	17,020	93	13,521	34

Question: In the past 30 days, did you ever go hungry because there was not enough food in your home?

Table G7: Disabilities or impairments, by grade

	6 <sup>th</sup> Grade		8 <sup>th</sup> Grade		11 <sup>th</sup> Grade	
	State	County	State	County	State	County
Yes	16%	13%	17%	28%	20%	26%
No	84%	87%	83%	72%	80%	74%
# Responding	15,176	112	16,903	92	13,479	34

Question: Do you have any ongoing physical, mental, or emotional disabilities or impairments that limit your daily activities?

Table G8: Concussion, by grade

	6 <sup>th</sup> Grade		8 <sup>th</sup> Grade		11 <sup>th</sup> Grade	
	State	County	State	County	State	County
Yes	9%	9%	7%	14%	7%	3%
No	70%	66%	79%	69%	84%	88%
Not sure	20%	26%	14%	17%	9%	9%
# Responding	15,468	116	17,031	93	13,524	34

Question: In the past 12 months, have you had a concussion from playing a sport or being physically active?

Table G9: Number of concussions among students reporting having a concussion, by grade

	6 <sup>th</sup> Grade		8 <sup>th</sup> G	rade	11 <sup>th</sup> Grade		
	State	County	State	County	State	County	
1 time	52%	*	70%	85%	70%	*	
2 times	23%	*	19%	8%	20%	*	
3 times	9%	*	5%	0%	3%	*	
4 or more times	16%	*	7%	8%	7%	*	
# Responding	1,423	*	1,112	13	961	*	

Question: How many times did you have a concussion in the past 12 months?

Table G10: Number of concussions among all participants, by grade

	6 <sup>th</sup> Grade		8 <sup>th</sup> G	rade	11 <sup>th</sup> Grade	
	State	County	State	County	State	County
1 time	5%	5%	5%	12%	5%	0%
2 times	2%	1%	1%	1%	1%	3%
3 times	1%	2%	<1%	0%	<1%	0%
4 or more times	1%	1%	<1%	1%	<1%	0%
No reported concussions	91%	92%	93%	86%	93%	97%
# Responding	15,468	118	17,036	93	13,525	34

Question: In the past 12 months, have you had a concussion from playing a sport or being physically active? Note. The "no reported concussions" category includes students who selected "no" or "not sure" or who "skipped" the question about having a concussion in the past 12 months.

Table G11: Ever homeless, by grade

	6 <sup>th</sup> G	6 <sup>th</sup> Grade		rade	11 <sup>th</sup> Grade		
	State	County	State	County	State	County	
Yes	3%	4%	3%	3%	3%	3%	
No	97%	96%	97%	97%	97%	97%	
# Responding	15,463	118	17,024	93	13,522	34	

Question: Have you ever been homeless?

Table G12: Homeless in the past 12 months among students reporting ever having been homeless, by grade

	6 <sup>th</sup> Grade		8 <sup>th</sup> G	rade	11 <sup>th</sup> Grade		
	State	County	State	County	State	County	
Yes	18%	*	14%	*	27%	*	
No	82%	*	86%	*	73%	*	
# Responding	414	*	445	*	453	*	

Question: Were you homeless at any time in the past 12 months?

Table G13: Homeless in the past 12 months among all participants, by grade

<u> -</u>	U		, .			
	6 <sup>th</sup> Grade		8th G	rade	11 <sup>th</sup> Grade	
	State	County	State	County	State	County
Yes, homeless in the past 12 months	<1%	3%	<1%	0%	1%	0%
No, not homeless in the past 12 months (but previously homeless)	2%	2%	2%	3%	2%	3%
No, never reported being homeless	97%	96%	97%	97%	97%	97%
# Responding	15,512	118	17,047	93	13,530	34

Question: Were you homeless at any time in the past 12 months? Note. The "no, never reported being homeless" category includes students who selected "no" or who "skipped" the question about ever being homeless.

# Gambling Behavior

All students participating in the 2021 IYS were asked whether they have <u>ever</u> engaged in six gambling behaviors. Students who reported having engaged in these behaviors at any point were also asked about their gambling behaviors during the <u>past 30 days</u>. The gambling behaviors included on the IYS were: betting on sporting events, betting on internet fantasy sports, betting on card or dice games, spending money on in-game or in-app purchases, betting on games of skill, and purchasing lottery tickets.

Table G14: Types of betting or wagering at any time (ever), by grade

	State					
	Yes	No	#	Yes	No	#
Bet or wagered on sporting events	21%	79%	15,307	15%	85%	117
Bet or wagered on an internet fantasy sports contest	10%	90%	15,218	1%	99%	116
Bet or wagered on card or dice games with friends or family (including poker)	24%	76%	15,211	14%	86%	115
Spent money on in-game or in-app purchases to extend play	54%	46%	15,300	56%	44%	117
Bet or wagered on games of skill such as pool, bowling, or dominoes	16%	84%	15,204	12%	88%	116
Purchased lottery scratch off tickets or lotto numbers	9%	91%	15,272	12%	88%	117

## 8th Grade

	State			County		
	Yes	No	#	Yes	No	#
Bet or wagered on sporting events	23%	77%	16,991	22%	78%	93
Bet or wagered on an internet fantasy sports contest	11%	89%	16,971	13%	87%	92
Bet or wagered on card or dice games with friends or family (including poker)	26%	74%	16,973	28%	72%	93
Spent money on in-game or in-app purchases to extend play	56%	44%	16,983	52%	48%	93
Bet or wagered on games of skill such as pool, bowling, or dominoes	16%	84%	16,964	14%	86%	93
Purchased lottery scratch off tickets or lotto numbers	9%	91%	16,974	8%	92%	93

## 11<sup>th</sup> Grade

	State					
	Yes	No	#	Yes	No	#
Bet or wagered on sporting events	21%	79%	13,520	26%	74%	34
Bet or wagered on an internet fantasy sports contest	13%	87%	13,515	26%	74%	34
Bet or wagered on card or dice games with friends or family (including poker)	25%	75%	13,514	24%	76%	34
Spent money on in-game or in-app purchases to extend play	51%	49%	13,519	62%	38%	34
Bet or wagered on games of skill such as pool, bowling, or dominoes	15%	85%	13,508	21%	79%	34
Purchased lottery scratch off tickets or lotto numbers	6%	94%	13,515	12%	88%	34

Notes: See appendix for question wording. # = Number of students responding to item

Table G15: Types of betting or wagering in the past 30 days (among students who have ever participated in that activity), by grade 6th Grade

	State					
	Yes	No	#	Yes	No	#
Bet or wagered on sporting events	54%	46%	3,146	39%	61%	18
Bet or wagered on an internet fantasy sports contest	56%	44%	1,500	*	*	*
Bet or wagered on card or dice games with friends or family (including poker)	44%	56%	3,654	69%	31%	16
Spent money on in-game or in-app purchases to extend play	54%	46%	8,224	63%	38%	64
Bet or wagered on games of skill such as pool, bowling, or dominoes	50%	50%	2,376	43%	57%	14
Purchased lottery scratch off tickets or lotto numbers	41%	59%	1,324	29%	71%	14

### 8<sup>th</sup> Grade

	State			County		
	Yes	No	#	Yes	No	#
Bet or wagered on sporting events	51%	49%	3,892	45%	55%	20
Bet or wagered on an internet fantasy sports contest	58%	42%	1,893	42%	58%	12
Bet or wagered on card or dice games with friends or family (including poker)	39%	61%	4,434	42%	58%	26
Spent money on in-game or in-app purchases to extend play	54%	46%	9,546	46%	54%	48
Bet or wagered on games of skill such as pool, bowling, or dominoes	45%	55%	2,627	46%	54%	13
Purchased lottery scratch off tickets or lotto numbers	37%	63%	1,527	*	*	*

### 11th Grade

	State					
	Yes	No	#	Yes	No	#
Bet or wagered on sporting events	53%	47%	2,781	*	*	*
Bet or wagered on an internet fantasy sports contest	67%	33%	1,713	*	*	*
Bet or wagered on card or dice games with friends or family (including poker)	41%	59%	3,377	*	*	*
Spent money on in-game or in-app purchases to extend play	57%	43%	6,831	67%	33%	21
Bet or wagered on games of skill such as pool, bowling, or dominoes	47%	53%	2,001	*	*	*
Purchased lottery scratch off tickets or lotto numbers	42%	58%	875	*	*	*

Notes: See appendix for question wording. # = Number of students responding to item

#### Mental Health and Suicide

All students participating in the 2021 IYS were asked about their general mental health and presence of suicidal ideation in the past twelve months. Students who reported having thought about killing themselves were asked two additional items. Students who reported having attempted to kill themselves during the past twelve months were asked one additional item

Table G16: General mental health status measured by feeling sad or hopeless, by grade

	6 <sup>th</sup> Grade		8th G	rade	11 <sup>th</sup> Grade		
	State	County	State	County	State	County	
Yes	27%	27%	29%	38%	36%	32%	
No	73%	73%	71%	62%	64%	68%	
# Responding	15,396	116	16,957	93	13,502	34	

Question: In the past 12 months, did you ever feel so sad or hopeless almost every day for 2 weeks or more in a row that you stopped doing some usual activities?

Table G17: Suicidal ideation, by grade

	6 <sup>th</sup> G	6 <sup>th</sup> Grade		rade	11 <sup>th</sup> Grade		
	State	County	State	County	State	County	
Yes	17%	18%	21%	28%	24%	29%	
No	83%	82%	79%	72%	76%	71%	
# Responding	15,115	108	16,790	92	13,462	34	

Question: In the past 12 months, have you thought about killing yourself?

Table G18: Suicide plans among students reporting suicidal ideation, by grade

	6 <sup>th</sup> G	rade	8th G	rade	11 <sup>th</sup> Grade			
	State	County	State	County	State	County		
Yes	47%	47%	54%	50%	49%	*		
No	53%	53% 53%		50%	51%	*		
# Responding	2,605	19	3,460	26	3,244	*		

Question: In the past 12 months, have you made a plan about how you would kill yourself?

Table G19: Suicide attempts among students reporting suicidal ideation, by grade

	6 <sup>th</sup> G	rade	8 <sup>th</sup> G	11 <sup>th</sup> (	Frade	
	State	County	State	County	State	County
Yes	24%	16%	26%	23%	20%	*
No	76%	84%	74%	77%	80%	*
# Responding	2,594	19	3,466 26		3,244	*

Question: In the past 12 months, have you tried to kill yourself?

Table G20: Required medical treatment due to suicide attempt among students who attempted suicide in the past 12 months, by grade

-		1	/ / /					
	6 <sup>th</sup> G	rade	8th G	rade	11 <sup>th</sup> Grade			
	State	County	State	County	State	County		
Yes	22%	*	23%	*	25%	*		
No	78%	*	77%	*	75%	*		
# Responding	633	*	912	*	656	*		

Question: If you attempted to kill yourself in the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

Table G21: Suicide plans among all participants, by grade

	6 <sup>th</sup> G	rade	8th G	rade	11 <sup>th</sup> Grade			
	State	County	State	County	State	County		
Yes	8%	8%	11%	14%	12%	15%		
No	9%	8%	9%	14%	12%	15%		
No suicidal ideation reported	83%	84%	80%	72%	76%	71%		
# Responding	15,488	118	17,011	93	13,525	34		

Question: In the past 12 months, have you made a plan about how you would kill yourself?

Table G22: Suicide attempts among all participants, by grade

	6 <sup>th</sup> G	rade	8 <sup>th</sup> G	rade	11 <sup>th</sup> Grade			
	State	County	State	County	State	County		
Yes	4%	3%	5%	6%	5%	6%		
No	13%	14%	15%	22%	19%	24%		
No suicidal ideation reported	83%	84%	80%	80% 72% 76%		71%		
# Responding	15,477	118	17,017	93	13,525	34		

Question: In the past 12 months, have you tried to kill yourself?

Table G23: Required medical treatment due to suicide attempts among all participants, by grade

	6 <sup>th</sup> G	rade	8 <sup>th</sup> G	rade	11 <sup>th</sup> Grade			
	State	County	State	County	State	County		
Yes	1%	0%	1%	1%	1%	0%		
No	3%	3%	4%	5%	4%	6%		
No suicidal ideation reported	96%	97%	% 96% 94%		95%	94%		
# Responding	15,511	118	17,046	93	13,530	34		

Question wording: If you attempted to kill yourself in the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

## Students' Beliefs and Values

All students participating in the 2021 IYS were asked to indicate how much they agree or disagree with eight different statements about their beliefs and values. Five of the eight statements were related to students' beliefs and attitudes towards others, two additional statements were on beliefs about themselves, and one statement was about whether violence is an acceptable way to solve problems. For each statement, response options were: strongly disagree, disagree, neither agree nor disagree, and strongly agree. Students were encouraged to respond honestly about their beliefs and attitudes, and not according to what they thought was an acceptable answer to others.

Table G24: Students' beliefs and values, by grade

	State							County						
	State					County								
	SD	D	N	A	SA	#	SD	D	N	A	SA	#		
It is important to help others	1%	1%	5%	36%	57%	15,476	3%	0%	8%	38%	52%	118		
I care about other peoples' feelings	2%	2%	12%	44%	41%	15,461	3%	0%	17%	43%	36%	118		
I feel sorry for people who have things stolen or damaged	2%	3%	13%	39%	43%	15,461	3%	3%	13%	48%	34%	118		
I am accepting of those different than myself	2%	2%	11%	35%	51%	15,339	3%	0%	9%	35%	53%	117		
It is wrong to discriminate against someone because of their race, appearance, culture, religion, etc.	3%	1%	4%	15%	77%	15,359	4%	0%	5%	17%	73%	116		
I can say "no" when someone wants me to do things I know are wrong or dangerous	3%	3%	8%	25%	61%	15,435	3%	3%	6%	27%	61%	116		
I feel I have much to be proud of	5%	7%	19%	34%	35%	15,373	7%	9%	20%	33%	32%	117		
Violence is an acceptable way to solve problems	49%	21%	19%	6%	5%	15,366	44%	21%	22%	7%	5%	117		

8<sup>th</sup> Grade

	State						County						
	SD	D	N	A	SA	#	SD	D	N	A	SA	#	
It is important to help others	2%	1%	7%	43%	48%	17,027	4%	0%	5%	44%	46%	93	
I care about other peoples' feelings	2%	3%	14%	46%	35%	17,023	5%	1%	13%	41%	40%	93	
I feel sorry for people who have things stolen or damaged	2%	3%	17%	46%	31%	17,022	3%	2%	18%	47%	29%	93	
I am accepting of those different than myself	2%	2%	15%	41%	40%	16,987	2%	1%	16%	43%	38%	93	
It is wrong to discriminate against someone because of their race, appearance, culture, religion, etc.	3%	1%	6%	22%	68%	17,003	2%	1%	10%	18%	69%	93	
I can say "no" when someone wants me to do things I know are wrong or dangerous	2%	3%	11%	33%	50%	17,014	3%	9%	11%	37%	41%	93	
I feel I have much to be proud of	6%	11%	24%	34%	26%	16,994	10%	13%	24%	31%	23%	93	
Violence is an acceptable way to solve problems	33%	28%	27%	7%	4%	16,992	25%	31%	24%	11%	10%	93	

Note: SD = Strongly disapprove, D = Somewhat disapprove, N = Neither approve nor disapprove, A = Somewhat approve, SA = Strongly approve; # = Number of students responding to item

Table G24: Students' beliefs and values, by grade

11th Grade

							T						
			Si	tate			County						
	SD	D	N	A	SA	#	SD	D	N	A	SA	#	
It is important to help others	3%	1%	6%	40%	50%	13,519	0%	0%	9%	41%	50%	34	
I care about other peoples' feelings	4%	3%	13%	42%	38%	13,513	0%	0%	15%	44%	41%	34	
I feel sorry for people who have things stolen or damaged	3%	3%	16%	47%	30%	13,516	0%	0%	15%	35%	50%	34	
I am accepting of those different than myself	3%	2%	12%	42%	41%	13,510	3%	3%	9%	32%	53%	34	
It is wrong to discriminate against someone because of their race, appearance, culture, religion, etc.	4%	1%	6%	23%	66%	13,512	3%	0%	12%	21%	65%	34	
I can say "no" when someone wants me to do things I know are wrong or dangerous	3%	4%	13%	37%	43%	13,509	0%	6%	6%	41%	47%	34	
I feel I have much to be proud of	6%	11%	26%	33%	24%	13,513	9%	3%	26%	32%	29%	34	
Violence is an acceptable way to solve problems	30%	28%	27%	10%	6%	13,512	38%	15%	26%	12%	9%	34	

Note: SD = Strongly disapprove, D = Somewhat disapprove, N = Neither approve nor disapprove, A = Somewhat approve, SA = Strongly approve; # = Number of students responding to item

# **Risk Perceptions**

All students participating in the 2021 IYS were asked to think about the possible risks to physical or mental health and to indicate the level of risk associated with engaging in eleven different activities related to drinking alcohol, smoking cigarettes or using e-cigarettes, gambling, or using seven different types of drugs (such as, marijuana, methamphetamines, or cocaine) on a regular basis. The possible responses for level of risk included: little or no risk, slight risk, moderate risk, or high risk

Table G25: Students' risk perceptions, by grade

### 6<sup>th</sup> Grade

	State							Count	ty	
	LR	SR	MR	HR	#	LR	SR	MR	HR	#
Drinking 4(females)/5(males) or more drinks of alcohol within a couple of hours	26%	7%	21%	46%	15,183	32%	5%	27%	36%	117
Smoking cigarettes regularly	26%	4%	17%	53%	15,139	31%	6%	16%	47%	117
Using marijuana regularly	27%	4%	12%	56%	14,626	31%	6%	19%	43%	115
Gambling regularly	28%	14%	27%	31%	14,937	35%	14%	29%	22%	116
Using methamphetamines (crank) regularly	28%	3%	13%	56%	14,071	35%	3%	17%	45%	109
Using cocaine regularly	27%	2%	8%	64%	14,762	33%	3%	9%	56%	115
Using amphetamines other than methamphetamines regularly	28%	5%	19%	49%	13,995	36%	4%	17%	44%	108
Using any other illegal drug regularly	26%	2%	7%	65%	14,938	30%	3%	8%	59%	115
Regularly using over-the-counter medications differently than directed	27%	7%	22%	44%	14,720	34%	4%	17%	44%	115
Regularly using prescription medication for non-medical reasons	27%	6%	20%	47%	14,798	34%	3%	23%	40%	116
Regularly using e-cigarettes	26%	5%	16%	53%	14,889	31%	4%	26%	39%	117

#### 8th Grade

	State					County					
	LR	SR	MR	HR	#	LR	SR	MR	HR	#	
Drinking 4(females)/5(males) or more drinks of alcohol within a couple of hours	17%	9%	25%	49%	16,924	8%	10%	29%	53%	92	
Smoking cigarettes regularly	17%	4%	18%	61%	16,903	10%	4%	18%	67%	92	
Using marijuana regularly	20%	7%	14%	59%	16,852	11%	12%	16%	61%	92	
Gambling regularly	19%	15%	31%	35%	16,860	11%	10%	36%	43%	92	
Using methamphetamines (crank) regularly	18%	3%	12%	67%	16,581	11%	3%	7%	79%	92	
Using cocaine regularly	17%	1%	7%	75%	16,838	13%	3%	4%	79%	92	
Using amphetamines other than methamphetamines regularly	18%	4%	19%	59%	16,591	9%	5%	18%	67%	92	
Using any other illegal drug regularly	17%	2%	10%	71%	16,833	12%	2%	14%	72%	92	
Regularly using over-the-counter medications differently than directed	18%	8%	27%	47%	16,815	11%	4%	24%	61%	92	
Regularly using prescription medication for non-medical reasons	19%	7%	23%	52%	16,828	12%	4%	16%	67%	92	
Regularly using e-cigarettes	17%	7%	22%	54%	16,844	10%	5%	26%	59%	92	

Note: LR = Little or no risk, SR = Slight risk, MR = Moderate risk, HR = High risk; # = Number of students responding to the item. See full question wording in the appendix.

## 2021 Iowa Youth Survey, County Report

Table G25: Students' risk perceptions, by grade

11th Grade

			State	e				Count	ty	
	LR	SR	MR	HR	#	LR	SR	MR	HR	#
Drinking 4(females)/5(males) or more drinks of alcohol within a couple of hours	13%	14%	29%	43%	13,474	15%	12%	35%	38%	34
Smoking cigarettes regularly	11%	5%	18%	66%	13,464	9%	3%	18%	71%	34
Using marijuana regularly	21%	16%	20%	42%	13,459	18%	18%	18%	47%	34
Gambling regularly	14%	16%	30%	41%	13,454	18%	18%	29%	35%	34
Using methamphetamines (crank) regularly	11%	2%	7%	80%	13,424	12%	0%	9%	79%	34
Using cocaine regularly	11%	1%	5%	82%	13,453	12%	0%	6%	82%	34
Using amphetamines other than methamphetamines regularly	11%	3%	13%	73%	13,425	12%	3%	15%	71%	34
Using any other illegal drug regularly	11%	3%	13%	73%	13,448	9%	0%	21%	71%	34
Regularly using over-the-counter medications differently than directed	12%	8%	27%	53%	13,448	9%	15%	32%	44%	34
Regularly using prescription medication for non-medical reasons	12%	6%	22%	59%	13,445	15%	9%	18%	59%	34
Regularly using e-cigarettes	13%	12%	27%	48%	13,451	9%	12%	21%	59%	34

Note: LR = Little or no risk, SR = Slight risk, MR = Moderate risk, HR = High risk; # = Number of students responding to the item. See full question wording in the appendix.

# Perceptions of Peer Beliefs

All students participating in the 2021 IYS were asked about their perceptions of other students' beliefs about/acceptance of engaging in eight different behaviors. Students were asked, "About how many students in your grade would feel it is okay for you to do each of the following?" The response options were a five-point scale that ranged from "Almost none would think it is okay" to "Almost all would think it is okay."

The set of peer questions were immediately preceded by: "The questions in this section of the survey refer to the students in your school. When you read and answer these questions keep in mind the attitudes and beliefs of other students."

Table G26: Perception of peer acceptance, by grade

6th Grade

	State							C	ounty			
	~0	Few	Some	Most	~All	#	~0	Few	Some	Most	~All	#
Drink beer, wine, alcoholic drinks, or hard liquor	60%	23%	13%	3%	1%	15,176	63%	18%	15%	1%	3%	115
Smoke cigarettes	64%	23%	10%	2%	1%	15,136	69%	18%	10%	0%	3%	114
Use an e-cigarette, JUUL, vape-pen, e-hookah, mod- box, or other electronic cigarette	59%	24%	12%	3%	2%	15,086	65%	22%	10%	1%	3%	114
Use marijuana	77%	14%	6%	1%	1%	14,795	78%	18%	2%	0%	3%	112
Use any illegal drug other than alcohol, cigarettes, or marijuana	78%	14%	6%	1%	2%	15,083	82%	14%	2%	0%	2%	114
Go to a party where kids under 21 were drinking alcohol	59%	25%	11%	3%	2%	15,105	61%	28%	9%	1%	2%	114
Go to a party where kids were using drugs	73%	17%	7%	2%	2%	15,088	76%	18%	4%	0%	2%	114
Use prescription drugs for non-medical reasons	70%	19%	8%	2%	2%	15,040	67%	25%	5%	0%	4%	114

8 <sup>th</sup> Grad	e
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	State								C	ounty		
	~0	Few	Some	Most	~All	#	~0	Few	Some	Most	~All	#
Drink beer, wine, alcoholic drinks, or hard liquor	32%	32%	28%	7%	2%	16,858	33%	24%	36%	8%	0%	92
Smoke cigarettes	42%	33%	19%	4%	1%	16,830	38%	34%	22%	7%	0%	92
Use an e-cigarette, JUUL, vape-pen, e-hookah, mod- box, or other electronic cigarette	29%	32%	26%	11%	3%	16,822	29%	28%	27%	13%	2%	92
Use marijuana	51%	27%	16%	5%	2%	16,789	40%	26%	26%	8%	0%	92
Use any illegal drug other than alcohol, cigarettes, or marijuana	58%	25%	12%	3%	1%	16,815	54%	22%	17%	7%	0%	92
Go to a party where kids under 21 were drinking alcohol	33%	33%	22%	9%	3%	16,818	29%	38%	22%	8%	3%	92
Go to a party where kids were using drugs	47%	29%	16%	5%	2%	16,819	38%	34%	21%	7%	1%	92
Use prescription drugs for non-medical reasons	52%	28%	14%	4%	2%	16,816	46%	28%	20%	7%	0%	92

Note: ~0 = Almost none would think it is ok, Few = A few would think it is ok, Some = Some would and some wouldn't think it is ok, Most = Most would think it is ok, ~All = Almost all would think it is ok; # = Number of students responding to item

Table G26: Perception of peer acceptance, by grade

11th Grade

	State						County					
	~0	Few	Some	Most	~All	#	~0	Few	Some	Most	~All	#
Drink beer, wine, alcoholic drinks, or hard liquor	11%	14%	38%	27%	10%	13,417	12%	27%	36%	24%	0%	33
Smoke cigarettes	26%	35%	29%	7%	3%	13,406	15%	48%	30%	6%	0%	33
Use an e-cigarette, JUUL, vape-pen, e-hookah, mod- box, or other electronic cigarette	11%	16%	33%	27%	12%	13,409	9%	30%	36%	18%	6%	33
Use marijuana	18%	22%	32%	19%	8%	13,403	18%	36%	30%	12%	3%	33
Use any illegal drug other than alcohol, cigarettes, or marijuana	37%	32%	22%	6%	3%	13,400	36%	42%	9%	12%	0%	33
Go to a party where kids under 21 were drinking alcohol	13%	16%	31%	27%	14%	13,403	9%	33%	27%	21%	9%	33
Go to a party where kids were using drugs	22%	25%	30%	16%	7%	13,397	36%	21%	24%	15%	3%	33
Use prescription drugs for non-medical reasons	37%	31%	23%	6%	3%	13,400	36%	33%	18%	9%	3%	33

Note: ~0 = Almost none would think it is ok, Few = A few would think it is ok, Some = Some would and some wouldn't think it is ok, Most = Most would think it is ok, ~All = Almost all would think it is ok; # = Number of students responding to item

## Student Attitudes Toward School

All students participating in the 2021 IYS were asked to indicate how much they agree or disagree with eleven different statements about their school. For each statement, response options were: strongly disagree, disagree, neither agree nor disagree, agree, and strongly agree. Four of eleven statements were related to students' personal attitudes toward school, two statements were about the school communicating with the student's parent/guardian, another four statements were on school resources, and one statement was about the student's peers being welcoming toward new students

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Table G27: Attitudes toward school, by grade

	o Grade											
	State								Cou	inty		
	SD	D	N	A	SA	#	SD	D	N	A	SA	#
Feel safe at school	3%	5%	19%	42%	32%	15,277	3%	7%	23%	43%	24%	115
Care about school	3%	3%	16%	40%	37%	15,262	4%	5%	17%	43%	30%	115
Put forth best effort	1%	2%	8%	33%	56%	15,264	2%	3%	5%	38%	52%	115
Do not plan to finish high school	65%	19%	9%	3%	4%	15,208	67%	18%	11%	1%	4%	114
School informs parent/guardian when I do a good job	2%	4%	15%	42%	37%	15,219	2%	3%	15%	45%	36%	116
School informs parent/guardian of misbehavior	1%	2%	10%	43%	45%	15,219	0%	2%	10%	38%	50%	116
Adults available at school to go to for help	4%	4%	10%	30%	52%	15,224	6%	4%	11%	29%	50%	115
Peers are welcoming to new students	3%	5%	24%	38%	30%	15,225	2%	9%	26%	40%	24%	116
School has up-to-date technology	2%	3%	14%	40%	42%	15,145	1%	2%	13%	40%	45%	116
School has available space for extra-curricular activities	2%	3%	16%	41%	38%	15,033	1%	1%	12%	44%	42%	116
School building is well maintained	2%	3%	15%	39%	41%	15,105	1%	5%	18%	38%	38%	114

#### 8th Grade

	o orace											
	State								Cou	inty		
	SD	D	N	A	SA	#	SD	D	N	A	SA	#
Feel safe at school	4%	6%	24%	45%	21%	16,885	7%	10%	31%	38%	14%	90
Care about school	5%	7%	25%	42%	21%	16,884	14%	4%	26%	38%	18%	90
Put forth best effort	2%	3%	14%	42%	40%	16,887	1%	6%	16%	48%	30%	90
Do not plan to finish high school	71%	18%	7%	2%	3%	16,877	78%	10%	11%	1%	0%	90
School informs parent/guardian when I do a good job	6%	10%	24%	40%	20%	16,875	13%	8%	26%	33%	20%	90
School informs parent/guardian of misbehavior	1%	2%	13%	49%	35%	16,863	2%	1%	16%	40%	41%	90
Adults available at school to go to for help	7%	7%	15%	37%	35%	16,868	11%	9%	16%	31%	33%	90
Peers are welcoming to new students	6%	10%	32%	36%	17%	16,866	7%	8%	29%	37%	20%	90
School has up-to-date technology	3%	5%	16%	46%	30%	16,858	4%	10%	29%	31%	26%	90
School has available space for extra-curricular activities	2%	3%	15%	47%	33%	16,845	7%	2%	13%	46%	32%	90
School building is well maintained	3%	6%	21%	43%	27%	16,860	8%	19%	28%	27%	19%	90

Note: SD = Strongly disapprove, D = Somewhat disapprove, N = Neither approve nor disapprove, A = Somewhat approve, SA = Strongly approve; SA = Strongly approv

Table G27: Attitudes toward school, by grade

11th Grade

	State								Cou	ınty		
	SD	D	N	A	SA	#	SD	D	N	A	SA	#
Feel safe at school	4%	6%	23%	47%	19%	13,390	12%	3%	15%	52%	18%	33
Care about school	6%	9%	26%	42%	17%	13,395	9%	9%	27%	39%	15%	33
Put forth best effort	3%	4%	15%	43%	35%	13,394	3%	6%	15%	48%	27%	33
Do not plan to finish high school	78%	14%	5%	2%	2%	13,387	85%	12%	0%	3%	0%	33
School informs parent/guardian when I do a good job	12%	17%	27%	32%	12%	13,384	18%	15%	18%	36%	12%	33
School informs parent/guardian of misbehavior	2%	3%	17%	50%	28%	13,386	6%	0%	12%	48%	33%	33
Adults available at school to go to for help	6%	7%	15%	42%	31%	13,385	9%	0%	12%	61%	18%	33
Peers are welcoming to new students	6%	10%	33%	37%	13%	13,385	9%	6%	42%	18%	24%	33
School has up-to-date technology	5%	7%	17%	46%	25%	13,383	9%	3%	9%	45%	33%	33
School has available space for extra-curricular activities	3%	4%	15%	48%	30%	13,376	9%	0%	21%	45%	24%	33
School building is well maintained	5%	7%	21%	44%	23%	13,376	12%	3%	18%	55%	12%	33

Note: SD = Strongly disapprove, D = Somewhat disapprove, N = Neither approve nor disapprove, A = Somewhat approve, SA = Strongly approve; SA = Strongly approve; SA = Strongly approve of students responding to item

## Illegal or Violent Behavior

Students participating in the 2021 IYS were asked about their direct experience with 11 different illegal and/or violent behaviors. Specifically, students were asked, "In the past 12 months, have you done any of the following on school property or at a school event?" The statements included: Carried a gun, knife, club, or other weapon that is not used for a school activity like archery, kendo, skeet shooting, etc.; Used alcohol or other illegal drugs; Used cigarettes, smokeless tobacco (chewing tobacco, snuff, plug, dipping tobacco, snus), or e-cigarettes (vape-pens, hookah-pens, e-hookahs, e-cigars, e-pipes, personal vaporizers or mods); Had your belongings (clothing, books, bike, car) stolen or deliberately damaged; Been disciplined for fighting, theft, or damaging property; Been threatened or injured by someone with a weapon (like a gun, knife or club); Damaged property on purpose (like breaking windows, scratching a car, etc.); Hit, kicked, or fought someone because they made you angry; Used a weapon, force, or threats to get money or things from someone; Verbally threatened to physically harm someone; Stolen something. The list also included a statement designed to identify and prevent students from selecting the same response for each item, "Helped a friend or classmate with a problem they were having;" this item is not displayed in the tables.

Table G28: Illegal or violent activities on school property or at a school event in the past 12 months, by grade

∠th	$\sim$	-	
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1)			

	State				County	7
	Yes	No	#	Yes	No	#
Carried a gun, knife, club, or other weapon that is not used for a school activity	3%	97%	15,203	3%	97%	114
Used alcohol or other illegal drugs	1%	99%	15,183	1%	99%	114
Used cigarettes, smokeless tobacco or e-cigarettes	2%	98%	15,178	0%	100%	114
Had your belongings (clothing, books, bike, car) stolen or deliberately damaged	16%	84%	15,163	15%	85%	114
Been disciplined for fighting, theft, or damaging property	8%	92%	15,089	10%	90%	113
Been threatened or injured by someone with a weapon (like a gun, knife or club)	6%	94%	15,156	3%	97%	114
Damaged property on purpose (like breaking windows, scratching a car, etc.)	3%	97%	15,154	0%	100%	114
Hit, kicked, or fought someone because they made you angry	23%	77%	15,095	18%	82%	114
Used a weapon, force, or threats to get money or things from someone	1%	99%	15,141	0%	100%	114
Verbally threatened to physically harm someone	6%	94%	15,088	6%	94%	113
Stolen something	6%	94%	15,111	3%	97%	114

	0 02440						
	State				County	7	
	Yes	No	#	Yes	No	#	
Carried a gun, knife, club, or other weapon that is not used for a school activity	3%	97%	16,864	6%	94%	89	
Used alcohol or other illegal drugs	3%	97%	16,850	3%	97%	89	
Used cigarettes, smokeless tobacco or e-cigarettes	4%	96%	16,851	7%	93%	89	
Had your belongings (clothing, books, bike, car) stolen or deliberately damaged	18%	82%	16,854	25%	75%	89	
Been disciplined for fighting, theft, or damaging property	8%	92%	16,850	11%	89%	89	
Been threatened or injured by someone with a weapon (like a gun, knife or club)	7%	93%	16,854	16%	84%	89	
Damaged property on purpose (like breaking windows, scratching a car, etc.)	4%	96%	16,816	3%	97%	87	
Hit, kicked, or fought someone because they made you angry	19%	81%	16,802	31%	69%	87	
Used a weapon, force, or threats to get money or things from someone	1%	99%	16,814	1%	99%	87	
Verbally threatened to physically harm someone	10%	90%	16,797	17%	83%	87	
Stolen something	7%	93%	16,804	13%	87%	87	

Question: In the past 12 months, have you done any of the following on school property or at a school event? Note: See appendix for full question wording. # = Number of students responding to the item

Table G28: Illegal or violent activities on school property or at a school event in the past 12 months, by grade

	11 31440						
	State				County	7	
	Yes	No	#	Yes	No	#	
Carried a gun, knife, club, or other weapon that is not used for a school activity	5%	95%	13,362	6%	94%	33	
Used alcohol or other illegal drugs	8%	92%	13,352	3%	97%	33	
Used cigarettes, smokeless tobacco or e-cigarettes	9%	91%	13,345	3%	97%	33	
Had your belongings (clothing, books, bike, car) stolen or deliberately damaged	12%	88%	13,352	9%	91%	33	
Been disciplined for fighting, theft, or damaging property	4%	96%	13,351	3%	97%	33	
Been threatened or injured by someone with a weapon (like a gun, knife or club)	5%	95%	13,353	3%	97%	33	
Damaged property on purpose (like breaking windows, scratching a car, etc.)	3%	97%	13,329	0%	100%	33	
Hit, kicked, or fought someone because they made you angry	9%	91%	13,328	9%	91%	33	
Used a weapon, force, or threats to get money or things from someone	1%	99%	13,329	0%	100%	33	
Verbally threatened to physically harm someone	11%	89%	13,325	15%	85%	33	
Stolen something	7%	93%	13,321	6%	94%	33	

Question: In the past 12 months, have you done any of the following on school property or at a school event? Note: See appendix for full question wording. # = Number of students responding to the item

Table G29: Relationship with person the student hit, kicked, or fought, by grade

	6 <sup>th</sup> G	6 <sup>th</sup> Grade		rade	11 <sup>th</sup> (	Frade
	State	County	State	County	State	County
Sibling(s) only	44%	52%	30%	26%	25%	*
Sibling(s) and another person or persons (e.g. friends, classmates, peers)	27%	19%	32%	37%	28%	*
Another person or persons (e.g. friends, classmates, peers)	29%	29%	38%	37%	47%	*
# Responding	3,342	21	3,116	27	1,201	*

Question: What is your relationship with the person or persons you hit, kicked, or fought in the past 12 months?

# **Bullying Behaviors**

All students participating in the 2021 IYS were asked how often they experienced seven different types of bullying behaviors in the past 30 days. The response options were a five-point scale that ranged from "has not occurred" to "more than 10 times." For each type of bullying behavior that the student reported experiencing, they were subsequently asked, "What, if anything, do you think may have made you a target of the following behavior?" and were asked to check all examples that applied to them. The listed response options included: my race country of origin, or ethnicity, my culture, my religion, my sexual orientation, my gender, another reason, and don't know/not sure. Students were also asked how often they had done the same seven bully behaviors to someone at school in the past 30 days using the same five response options from "has not occurred" to "more than 10 times". Students were also asked how often school staff attempted to stop bullying and if they stayed home from school in the past 30 days because they felt unsafe going or being at school.

The set of bullying questions were immediately preceded by: "The following questions are about bullying. Bullying is unwanted, aggressive behavior among school-aged children that involves a real or perceived power imbalance (such as the use of physical strength, access to embarrassing information, or popularity to control or harm others). Bullying can occur in person or through technology."

Table G30: Number of experiences being bullied in last month, by grade

						0 0						
				State					Co	unty		
	0	1	2-4	5-10	>10	#	0	1	2-4	5-10	>10	#
Called names, made fun of, or teased	43%	22%	18%	7%	11%	15,000	39%	22%	24%	4%	10%	112
Left out, excluded, or ignored	51%	21%	15%	6%	7%	14,957	52%	20%	17%	8%	4%	112
Hit, kicked, pushed, or shoved	68%	15%	9%	3%	4%	14,955	64%	20%	10%	4%	2%	112
Other students told lies, spread rumors about me and tried to make others dislike me	59%	17%	11%	6%	7%	14,937	62%	16%	10%	5%	7%	112
Other students made hurtful sexual jokes, comments, or gestures	71%	11%	8%	4%	7%	14,895	76%	7%	7%	3%	7%	112
Received a threatening or hurtful message from another student	87%	6%	3%	1%	2%	14,933	92%	6%	1%	0%	1%	112
Something hurtful has been shared about me on social media	88%	6%	3%	1%	2%	14,920	91%	4%	2%	2%	1%	112

8 <sup>th</sup> (	Frade
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	State						County						
	0	1	2-4	5-10	>10	#	0	1	2-4	5-10	>10	#	
Called names, made fun of, or teased	42%	21%	18%	8%	11%	16,686	42%	10%	24%	9%	14%	86	
Left out, excluded, or ignored	52%	20%	15%	6%	6%	16,662	48%	14%	19%	8%	11%	85	
Hit, kicked, pushed, or shoved	74%	13%	7%	3%	3%	16,664	73%	7%	12%	6%	2%	86	
Other students told lies, spread rumors about me and tried to make others dislike me	58%	17%	12%	6%	7%	16,662	55%	16%	15%	8%	6%	86	
Other students made hurtful sexual jokes, comments, or gestures	70%	11%	8%	4%	6%	16,658	66%	12%	9%	3%	9%	86	
Received a threatening or hurtful message from another student	86%	6%	4%	1%	2%	16,660	80%	3%	13%	1%	2%	86	
Something hurtful has been shared about me on social media	86%	7%	4%	1%	2%	16,662	80%	8%	8%	1%	2%	86	

Note: 0 = Has not occurred, 1 = occurred 1 time, 2-4 = occurred 2-4 times, 5-10 = occurred 5-10 times, >10 = occurred >10 times in the past 30 days

<sup># =</sup> number responding to that item

Table G30: Number of experiences being bullied in last month, by grade

				State			County						
	0	1	2-4	5-10	>10	#	0	1	2-4	5-10	>10	#	
Called names, made fun of, or teased	56%	18%	15%	6%	6%	13,249	55%	21%	18%	3%	3%	33	
Left out, excluded, or ignored	62%	16%	13%	4%	4%	13,240	73%	12%	15%	0%	0%	33	
Hit, kicked, pushed, or shoved	88%	6%	3%	1%	1%	13,242	88%	6%	6%	0%	0%	33	
Other students told lies, spread rumors about me and tried to make others dislike me	65%	15%	11%	4%	5%	13,239	67%	15%	12%	6%	0%	33	
Other students made hurtful sexual jokes, comments, or gestures	76%	10%	8%	3%	4%	13,236	79%	6%	9%	0%	6%	33	
Received a threatening or hurtful message from another student	89%	5%	3%	1%	2%	13,238	85%	6%	3%	6%	0%	33	
Something hurtful has been shared about me on social media	87%	6%	4%	1%	2%	13,237	88%	3%	6%	3%	0%	33	

Note: 0 = Has not occurred, 1 = occurred 1 time, 2-4 = occurred 2-4 times, 5-10 = occurred 5-10 times, >10 = occurred > 10 times in the past 30 days# = number responding to that item

Table G31: Perceived reasons for those reporting experiences, by grade

	6 <sup>th</sup>															
				S	tate							Co	unty			
	R/E	C	RL	SO	G	OT	DK	#	R/E	C	RL	SO	G	OT	DK	#
Called names, made fun of, or teased	6%	4%	4%	9%	8%	38%	53%	7,906	2%	0%	2%	9%	9%	38%	64%	56
Left out, excluded, or ignored	3%	2%	2%	4%	5%	38%	59%	6,752	0%	0%	0%	4%	6%	39%	73%	49
Hit, kicked, pushed, or shoved	4%	3%	2%	5%	6%	40%	55%	4,363	0%	0%	3%	3%	3%	50%	63%	32
Other students told lies, spread rumors about me and tried to make others dislike me	4%	3%	3%	8%	5%	42%	51%	5,711	0%	0%	0%	8%	5%	54%	59%	39
Other students made hurtful sexual jokes, comments, or gestures	4%	3%	2%	14%	16%	30%	51%	4,010	0%	0%	0%	17%	9%	17%	70%	23
Received a threatening or hurtful message from another student	7%	4%	4%	8%	7%	38%	51%	1,727	*	*	*	*	*	*	*	*
Something hurtful has been shared about me on social media	6%	5%	4%	11%	10%	40%	49%	1,654	*	*	*	*	*	*	*	*
								8th C	rade							

								8''' G	raae							
				S	tate							Co	ounty			
	R/E	C	RL	SO	G	OT	DK	#	R/E	C	RL	SO	G	OT	DK	#
Called names, made fun of, or teased	10%	4%	5%	13%	10%	45%	46%	8,936	2%	7%	4%	24%	20%	58%	33%	45
Left out, excluded, or ignored	4%	2%	2%	6%	5%	40%	60%	7,422	0%	0%	0%	10%	7%	48%	60%	42
Hit, kicked, pushed, or shoved	4%	2%	2%	7%	6%	43%	54%	3,971	0%	0%	0%	9%	13%	57%	43%	23
Other students told lies, spread rumors about me and tried to make others dislike me	3%	2%	2%	9%	6%	49%	48%	6,621	0%	0%	3%	14%	14%	60%	46%	35
Other students made hurtful sexual jokes, comments, or gestures	4%	2%	2%	16%	21%	36%	46%	4,576	4%	4%	4%	22%	26%	41%	44%	27
Received a threatening or hurtful message from another student	6%	3%	4%	11%	9%	44%	48%	2,084	0%	0%	6%	24%	24%	35%	59%	17
Something hurtful has been shared about me on social media	5%	3%	4%	10%	9%	49%	45%	2,223	0%	0%	0%	18%	18%	53%	53%	17

Note: R/E = Race, country of origin or ethnicity, C = Culture, RL = Religion, SO = Sexual orientation, G = Gender, OT = Other reason, DK = Don't know/not sure, # = number responding to that item

Table G31: Perceived reasons for those reporting experiences, by grade

								11 (	Jiauc							
				S	tate							Co	ounty			
	R/E	C	RL	SO	G	OT	DK	#	R/E	C	RL	SO	G	OT	DK	#
Called names, made fun of, or teased	11%	5%	6%	13%	11%	45%	43%	5,326	7%	0%	0%	20%	13%	40%	40%	15
Left out, excluded, or ignored	4%	3%	3%	6%	5%	42%	58%	4,628	*	*	*	*	*	*	*	*
Hit, kicked, pushed, or shoved	6%	4%	4%	9%	7%	40%	52%	1,386	*	*	*	*	*	*	*	*
Other students told lies, spread rumors about me and tried to make others dislike me	4%	3%	3%	9%	6%	51%	45%	4,317	*	*	*	*	*	*	*	*
Other students made hurtful sexual jokes, comments, or gestures	5%	3%	4%	17%	23%	38%	39%	2,951	*	*	*	*	*	*	*	*
Received a threatening or hurtful message from another student	8%	5%	4%	12%	9%	47%	44%	1,353	*	*	*	*	*	*	*	*
Something hurtful has been shared about me on social media	6%	4%	4%	11%	9%	49%	42%	1,561	*	*	*	*	*	*	*	*

Note: R/E = Race, country of origin or ethnicity, C = Culture, RL = Religion, SO = Sexual orientation, G = Gender, OT = Other reason, DK = Don't know/not sure, # = number responding to that item

Table G32: Frequency of self-reported bullying behavior in last month, by grade

						0 (	Jiuuc					
	State								Co	unty		
	0	1	2-4	5-10	>10	#	0	1	2-4	5-10	>10	#
I called someone names or made fun of them or teased them in a hurtful way	78%	15%	5%	1%	1%	14,760	80%	13%	6%	0%	2%	109
I left out, excluded, or ignored	84%	12%	3%	1%	1%	14,739	84%	9%	5%	1%	1%	109
I hit, kicked, pushed, or shoved	80%	12%	5%	1%	2%	14,735	82%	13%	4%	1%	1%	109
I told lies, spread false rumors about another student	94%	4%	1%	<1%	1%	14,721	94%	4%	1%	0%	1%	109
I made hurtful sexual jokes, comments, or gestures	93%	4%	2%	1%	1%	14,721	94%	2%	2%	0%	2%	109
I sent a threatening or hurtful message in an email, a text message, or a direct message (DM)	97%	2%	1%	<1%	<1%	14,737	98%	1%	1%	0%	0%	109
I shared potentially damaging info about someone else on social media	97%	1%	<1%	<1%	1%	14,732	99%	1%	0%	0%	0%	109
			•		•	8th C	Frade					•

<b>Q</b> th	Grade

						0 0	ruuc					
			S	tate					Co	unty		
	0	1	2-4	5-10	>10	#	0	1	2-4	5-10	>10	#
I called someone names or made fun of them or teased them in a hurtful way	74%	16%	7%	1%	2%	16,513	68%	15%	12%	1%	4%	85
I left out, excluded, or ignored	81%	13%	4%	1%	1%	16,509	80%	10%	7%	0%	2%	86
I hit, kicked, pushed, or shoved	81%	10%	5%	1%	2%	16,494	76%	8%	10%	5%	1%	86
I told lies, spread false rumors about another student	93%	5%	1%	<1%	1%	16,501	92%	6%	1%	0%	1%	86
I made hurtful sexual jokes, comments, or gestures	88%	6%	3%	1%	2%	16,501	86%	6%	4%	1%	4%	85
I sent a threatening or hurtful message in an email, a text message, or a direct message (DM)	96%	2%	1%	<1%	1%	16,502	94%	5%	1%	0%	0%	86
I shared potentially damaging info about someone else on social media	96%	2%	1%	<1%	1%	16,506	95%	3%	1%	0%	0%	86

Note: 0 = Has not occurred, 1 = occurred 1 time, 2-4 = occurred 2-4 times, 5-10 = occurred 5-10 times, >10 = occurred >10 times in the past 30 days # = number responding to that item

Table G32: Frequency of self-reported bullying behavior in last month, by grade

			S	tate					Co	unty		
	0	1	2-4	5-10	>10	#	0	1	2-4	5-10	>10	#
I called someone names or made fun of them or teased them in a hurtful way	81%	10%	6%	1%	2%	13,153	76%	15%	9%	0%	0%	33
I left out, excluded, or ignored	87%	8%	4%	1%	1%	13,147	85%	3%	9%	0%	3%	33
I hit, kicked, pushed, or shoved	92%	4%	2%	<1%	1%	13,145	94%	3%	3%	0%	0%	33
I told lies, spread false rumors about another student	95%	3%	1%	<1%	1%	13,135	94%	3%	3%	0%	0%	33
I made hurtful sexual jokes, comments, or gestures	88%	5%	3%	1%	3%	13,138	79%	6%	3%	3%	9%	33
I sent a threatening or hurtful message in an email, a text message, or a direct message (DM)	97%	1%	1%	<1%	1%	13,143	94%	3%	3%	0%	0%	33
I shared potentially damaging info about someone else on social media	97%	2%	1%	<1%	1%	13,141	91%	3%	6%	0%	0%	33

Note: 0 = Has not occurred, 1 = occurred 1 time, 2-4 = occurred 2-4 times, 5-10 = occurred 5-10 times, >10 = occurred >10 times in the past 30 days

<sup># =</sup> number responding to that item

Table G33: School staff attempt to stop bullying, by grade

	6 <sup>th</sup> G	rade	8th G	rade	11 <sup>th</sup> (	Grade
	State	County	State	County	State	County
Almost never	11%	7%	13%	15%	16%	24%
Once in a while	13%	16%	21%	22%	23%	15%
Sometimes	16%	24%	21%	23%	24%	27%
Often	22%	23%	24%	23%	22%	24%
Almost always	37%	30%	21%	16%	14%	9%
# Responding	14,676	109	16,488	86	13,102	33

Question: How often, if ever, do school staff attempt to stop bullying when they know about it?

Table G34: Stayed home because student felt unsafe going to school, by grade

	6 <sup>th</sup> G	rade	8 <sup>th</sup> G	rade	11 <sup>th</sup> Grade			
	State	County	State	County	State	County		
Yes	10%	10%	9%	15%	9%	18%		
No	90%	90%	91%	85%	91%	82%		
# Responding	14,809	110	16,540	86	13,167	33		

Question: In the past 30 days, did you ever stay home because you felt unsafe going to school or being at school?

# Perceptions of Other Students' Respect for Diversity

All students participating in the 2021 IYS were asked about their beliefs of other students in their school. The students were asked, "Please indicate how much you agree or disagree with each of the following statements," followed by the 6 different statements regarding students' respect of others based on different situations or demographics such as gender, sexual orientation, or learning disabilities. The response options were a five-point scale that ranged from "strongly disagree" to "strongly agree."

Table G35: Beliefs about other students' respect for diversity, by grade

			S	tate					Co	unty		
	SD	D	N	A	SA	#	SD	D	N	A	SA	#
Students in this school respect other people regardless of gender	6%	9%	27%	34%	24%	14,557	2%	11%	36%	29%	22%	109
Students in this school respect other people regardless of their race/ethnicity/skin color	4%	6%	19%	35%	36%	14,521	1%	4%	28%	37%	30%	109
Students in this school respect other people regardless of their cultural/religious differences	4%	5%	19%	36%	36%	14,488	2%	5%	30%	35%	28%	109
Students in this school respect other people regardless of their physical disabilities	5%	7%	20%	34%	34%	14,462	2%	10%	30%	30%	28%	109
Students in this school respect other people regardless of their learning disabilities	5%	7%	22%	34%	32%	14,466	2%	8%	30%	36%	24%	109
Students in this school respect other people regardless of their sexual orientation	9%	10%	26%	28%	27%	14,294	8%	12%	24%	31%	24%	107
						8 <sup>th</sup> (	Frade					
			S	tate					Co	unty		
	SD	D	N	A	SA	#	SD	D	N	A	SA	#
Students in this school respect other people regardless of gender	12%	18%	32%	27%	12%	16,408	20%	27%	32%	16%	5%	85
Students in this school respect other people regardless of their race/ethnicity/skin color	8%	10%	25%	36%	21%	16,399	13%	9%	33%	31%	14%	85
Students in this school respect other people regardless of their cultural/religious differences	7%	9%	25%	38%	21%	16,395	13%	7%	34%	39%	7%	85
Students in this school respect other people regardless of their physical disabilities	8%	12%	25%	34%	20%	16,385	11%	7%	28%	40%	14%	85
Students in this school respect other people regardless of their learning disabilities	8%	12%	27%	34%	19%	16,383	13%	8%	31%	34%	14%	85
Students in this school respect other people regardless of their sexual orientation	19%	18%	30%	21%	12%	16,348	35%	20%	24%	18%	4%	85

Note: SD = Strongly Disagree, D = Disagree, N = Neither Agree nor Disagree, A = Agree, SA = Strongly Agree; # = Number of students responding to the item.

Table G35: Beliefs about other students' respect for diversity, by grade

### 11<sup>th</sup> Grade

	State											
			S	tate					Co	unty		
	SD	D	N	Α	SA	#	SD	D	N	A	SA	#
Students in this school respect other people regardless of gender	13%	19%	32%	28%	9%	13,076	9%	9%	19%	56%	6%	32
Students in this school respect other people regardless of their race/ethnicity/skin color	10%	14%	27%	35%	14%	13,068	13%	3%	28%	38%	19%	32
Students in this school respect other people regardless of their cultural/religious differences	9%	12%	29%	37%	14%	13,065	13%	0%	25%	50%	13%	32
Students in this school respect other people regardless of their physical disabilities	9%	14%	29%	34%	14%	13,054	9%	3%	31%	38%	19%	32
Students in this school respect other people regardless of their learning disabilities	10%	15%	30%	33%	13%	13,056	9%	13%	25%	38%	16%	32
Students in this school respect other people regardless of their sexual orientation	18%	20%	32%	22%	8%	13,054	9%	13%	38%	31%	9%	32

Note: SD = Strongly Disagree, D = Disagree, N = Neither Agree nor Disagree, A = Agree, SA = Strongly Agree; # = Number of students responding to the item.

## Student Perceptions of Teachers & Staff

All students participating in the 2021 IYS were asked to indicate how much they agree or disagree with nine statements about their perceptions of teachers and staff at their school. For each statement, response options were: strongly disagree, disagree, neither agree nor disagree, agree, and strongly agree. Three of nine statements were related to students' perceptions of teacher caring and feedback, the other six statements were about the perceived respect that staff showed for a variety of dimensions of diversity such as race/ethnicity differences and physical disabilities.

Table G36: Perceptions of teachers/staff, by grade

6th	Grad	P
	TI AU	

			,	State		County							
	SD	D	N	A	SA	#	SD	D	N	A	SA	#	
My teachers care about me	2%	3%	15%	39%	41%	14,656	2%	2%	17%	48%	32%	109	
My teachers are available to talk with students one-on-one	2%	3%	14%	40%	40%	14,632	0%	7%	13%	45%	34%	108	
My teachers notice when I am doing a good job and let me know about it	3%	6%	19%	37%	35%	14,643	1%	8%	17%	39%	35%	109	
Staff in this school respect gender differences	2%	2%	12%	33%	51%	14,392	0%	2%	9%	40%	50%	105	
Staff in this school respect racial/ethnic/skin color differences	1%	1%	7%	32%	59%	14,390	0%	0%	8%	37%	55%	106	
Staff in this school respect cultural/religious differences	1%	1%	7%	32%	58%	14,375	0%	0%	6%	39%	56%	106	
Staff in this school respect all sexual orientations	2%	2%	14%	30%	51%	14,199	0%	1%	12%	34%	52%	105	
Staff in this school respect students with learning disabilities	1%	1%	6%	30%	61%	14,384	0%	0%	6%	36%	58%	106	
Staff in this school respect students with physical disabilities	1%	1%	7%	30%	61%	14,374	0%	0%	8%	37%	56%	106	

8th Grade

			Í	State			County						
	SD	D	N	A	SA	#	SD	D	N	A	SA	#	
My teachers care about me	4%	6%	26%	44%	21%	16,422	9%	4%	21%	45%	21%	85	
My teachers are available to talk with students one-on-one	4%	6%	22%	46%	23%	16,423	8%	4%	24%	44%	21%	85	
My teachers notice when I am doing a good job and let me know about it	7%	11%	28%	36%	18%	16,418	13%	5%	31%	34%	18%	85	
Staff in this school respect gender differences	3%	4%	19%	42%	32%	16,291	5%	6%	20%	41%	28%	85	
Staff in this school respect racial/ethnic/skin color differences	2%	2%	13%	44%	39%	16,291	2%	0%	20%	35%	42%	85	
Staff in this school respect cultural/religious differences	2%	2%	14%	44%	39%	16,293	2%	1%	18%	39%	40%	85	
Staff in this school respect all sexual orientations	3%	4%	20%	40%	33%	16,265	5%	5%	25%	29%	36%	85	
Staff in this school respect students with learning disabilities	2%	2%	12%	42%	43%	16,297	4%	1%	17%	33%	45%	84	
Staff in this school respect students with physical disabilities	2%	1%	12%	42%	43%	16,295	5%	0%	16%	31%	48%	85	

Note: SD = Strongly disapprove, D = Somewhat disapprove, N = Neither approve nor disapprove, A = Somewhat approve, SA = Strongly approve; # = Number of students responding to item

Table G36: Perceptions of teachers/staff, by grade

### 11<sup>th</sup> Grade

			i	State			County							
	SD	D	N	Α	SA	#	SD	D	N	A	SA	#		
My teachers care about me	4%	7%	27%	46%	16%	13,068	6%	9%	25%	50%	9%	32		
My teachers are available to talk with students one-on-one	4%	6%	23%	49%	18%	13,066	6%	6%	19%	56%	13%	32		
My teachers notice when I am doing a good job and let me know about it	9%	14%	32%	32%	13%	13,068	13%	19%	28%	31%	9%	32		
Staff in this school respect gender differences	3%	5%	23%	46%	23%	12,996	9%	0%	19%	44%	28%	32		
Staff in this school respect racial/ethnic/skin color differences	3%	3%	19%	48%	27%	12,997	6%	6%	19%	41%	28%	32		
Staff in this school respect cultural/religious differences	3%	3%	20%	48%	27%	12,996	9%	3%	19%	41%	28%	32		
Staff in this school respect all sexual orientations	3%	5%	24%	44%	23%	12,986	6%	3%	19%	41%	31%	32		
Staff in this school respect students with learning disabilities	3%	3%	18%	46%	30%	12,995	3%	6%	19%	47%	25%	32		
Staff in this school respect students with physical disabilities	3%	2%	18%	47%	30%	12,992	3%	6%	19%	44%	28%	32		

Note: SD = Strongly disapprove, D = Somewhat disapprove, N = Neither approve nor disapprove, A = Somewhat approve, SA = Strongly approve; # = Number of students responding to item

## Ease of Access to Harmful Substances and Items

All students participating in the 2021 IYS were asked about their beliefs on ease of access to 8 different substances and items. The students were asked, "How easy or hard do you think it would be for someone your age to get each of the following:" followed by the eight different substances or items. The response options were a four-point scale that ranged from "very hard" to "very easy" as well as a "don't know/not sure" option.

Table G37: Ease of access to harmful substances, by grade

#### 6th Grade

	o Grade														
	State							County							
	VH	Н	Е	VE	DK	#	VH	Н	Е	VE	DK	#			
Cigarettes	35%	25%	13%	4%	23%	14,122	36%	29%	11%	2%	23%	104			
E-cigarettes, JUUL, vape-pen, e-hookah, mod-box, or other electronic cigarettes	36%	23%	13%	5%	22%	14,122	38%	27%	13%	3%	19%	104			
Alcoholic beverages (beer, wine, or liquor)	35%	23%	16%	6%	20%	14,150	39%	18%	19%	6%	17%	104			
Marijuana (pot, weed, bud, hash)	51%	19%	5%	2%	22%	14,103	50%	22%	5%	1%	21%	103			
Any other illegal drug (methamphetamine, heroin, cocaine, etc.)	55%	17%	4%	2%	22%	14,135	54%	18%	5%	2%	21%	104			
A firearm (handgun, shotgun, rifle, etc.)	37%	23%	13%	6%	21%	14,127	41%	15%	22%	6%	15%	104			
Prescription medication that is not prescribed for you by a doctor or nurse	38%	21%	13%	7%	22%	14,124	38%	20%	15%	5%	22%	103			
Lottery or scratch tickets	22%	20%	21%	15%	22%	14,142	17%	19%	25%	11%	28%	104			

### 8th Grade

	State						County						
	VH	Н	Е	VE	DK	#	VH	Н	Е	VE	DK	#	
Cigarettes	13%	27%	27%	10%	23%	16,193	13%	20%	32%	8%	26%	84	
E-cigarettes, JUUL, vape-pen, e-hookah, mod-box, or other electronic cigarettes	10%	18%	33%	20%	19%	16,213	10%	17%	27%	23%	24%	84	
Alcoholic beverages (beer, wine, or liquor)	12%	20%	31%	18%	18%	16,233	8%	21%	29%	21%	20%	84	
Marijuana (pot, weed, bud, hash)	28%	28%	15%	8%	22%	16,218	20%	29%	24%	6%	21%	84	
Any other illegal drug (methamphetamine, heroin, cocaine, etc.)	37%	26%	9%	5%	23%	16,224	29%	27%	17%	2%	25%	84	
A firearm (handgun, shotgun, rifle, etc.)	21%	28%	20%	11%	20%	16,222	12%	24%	27%	12%	25%	84	
Prescription medication that is not prescribed for you by a doctor or nurse	19%	24%	21%	13%	21%	16,222	18%	21%	21%	12%	27%	84	
Lottery or scratch tickets	13%	19%	25%	21%	22%	16,224	19%	18%	19%	20%	24%	84	

Note: VH = Very hard, H = Hard, E = Easy, VE = Very easy, DK = Don't know/Not sure; # = Number of students responding to the item

Table G37: Ease of access to harmful substances, by grade

### 11<sup>th</sup> Grade

			S	tate			County						
	VH	Н	Е	VE	DK	#	VH	Н	Е	VE	DK	#	
Cigarettes	6%	18%	36%	21%	19%	12,942	6%	13%	44%	28%	9%	32	
E-cigarettes, JUUL, vape-pen, e-hookah, mod-box, or other electronic cigarettes	4%	8%	32%	43%	13%	12,955	6%	3%	41%	38%	13%	32	
Alcoholic beverages (beer, wine, or liquor)	5%	10%	33%	39%	13%	12,959	6%	13%	53%	25%	3%	32	
Marijuana (pot, weed, bud, hash)	9%	19%	29%	24%	18%	12,958	6%	22%	28%	28%	16%	32	
Any other illegal drug (methamphetamine, heroin, cocaine, etc.)	24%	30%	14%	9%	23%	12,957	25%	22%	16%	13%	25%	32	
A firearm (handgun, shotgun, rifle, etc.)	17%	26%	23%	14%	21%	12,953	19%	31%	22%	22%	6%	32	
Prescription medication that is not prescribed for you by a doctor or nurse	15%	24%	24%	16%	22%	12,955	25%	22%	16%	19%	19%	32	
Lottery or scratch tickets	11%	17%	26%	22%	25%	12,953	16%	16%	19%	34%	16%	32	

Note: VH = Very hard, H = Hard, E = Easy, VE = Very easy, DK = Don't know/Not sure; # = Number of students responding to the item

## Alcohol Use

All students participating in the 2021 IYS were asked a series of questions about their alcohol use. Students who reported having had a drink of alcohol at least once in their life\_were asked two additional items. Students who reported having had a drink of alcohol in the past 30 days were asked 10 additional items.

Table G38: Alcohol use (all participants), by grade

	6 <sup>th</sup> Grade							
	State				7			
	Yes	No	#	Yes	No	#		
Ever had alcohol	11%	89%	14,459	9%	91%	104		
At least 1 drink in past 30 days	2%	98%	14,649	0%	100%	104		
Drank beer in past 30 days	1%	99%	14,641	0%	100%	104		
Drank "any other alcohol" in past 30 days	1%	99%	14,643	0%	100%	104		
Binge drinking in past 30 days	<1%	100%	14,653	0%	100%	104		
Ever driven a car or other motorized vehicle (ATV, tractor, moped) after using any amount of alcohol, recreational or non-prescribed drugs	5%	95%	14,414	5%	95%	104		
	8 <sup>th</sup> Grade							

	o Grade						
	State			County			
	Yes	No	#	Yes	No	#	
Ever had alcohol	19%	81%	16,312	15%	85%	84	
At least 1 drink in past 30 days	6%	94%	16,400	6%	94%	84	
Drank beer in past 30 days	3%	97%	16,379	2%	98%	84	
Drank "any other alcohol" in past 30 days	5%	95%	16,386	6%	94%	84	
Binge drinking in past 30 days	2%	98%	16,406	0%	100%	84	
Ever driven a car or other motorized vehicle (ATV, tractor, moped) after using any amount of alcohol, recreational or non-prescribed drugs	5%	95%	16,288	11%	89%	84	

	11 <sup>th</sup> Grade								
	State			County					
	Yes	No	#	Yes	No	#			
Ever had alcohol	41%	59%	13,020	28%	72%	32			
At least 1 drink in past 30 days	18%	82%	13,066	13%	88%	32			
Drank beer in past 30 days	10%	90%	13,029	9%	91%	32			
Drank "any other alcohol" in past 30 days	16%	84%	13,043	13%	88%	32			
Binge drinking in past 30 days	9%	91%	13,062	9%	91%	32			
Ever driven a car or other motorized vehicle (ATV, tractor, moped) after using any amount of alcohol, recreational or non-prescribed drugs	7%	93%	12,979	3%	97%	32			

Note: See appendix for full question wording. # = Number of students responding to item

Table G39: Age for first alcoholic drink (among students who have ever had a drink), by grade

// <b>U</b>	6 <sup>th</sup> G	rade	8 <sup>th</sup> G	rade	11 <sup>th</sup> Grade		
	State	County	State	County	State	County	
8 or younger	34%	*	17%	15%	6%	*	
9 or 10	34%	*	14%	15%	3%	*	
11 or 12	30%	*	33%	15%	9%	*	
13 or 14	<1%	*	36%	54%	29%	*	
15 or 16			<1%	0%	50%	*	
17 or older					4%	*	
# Responding	1,643	*	3,034	13	5,278	*	

Question: How old were you when you first drank (more than a few sips of) alcohol (beer, wine, alcoholic drinks, or hard liquor such as vodka, whiskey, rum, tequila, gin)?

Table G40: At least one alcoholic drink (among students who have ever had a drink) in the past 30 days, by grade

	6 <sup>th</sup> C	Frade	8th G	rade	11 <sup>th</sup> Grade		
	State	County	State	County	State	County	
Yes	21%	*	32%	38%	46%	*	
No	79%	*	68%	62%	54%	*	
# Responding	1,653	*	3,044	13	5,290	*	

Question: In the past 30 days, have you had at least one drink of alcohol (glass, bottle or can of beer, glass of wine, liquor, or mixed drink)?

Table G41: Alcohol use (among students who reported having at least 1 drink in the past 30 days), by grade

	6 <sup>th</sup> Grade							
	State				у			
	Yes	No	#	Yes	No	#		
Drank beer in past 30 days	54%	46%	328	-	-	0		
Drank "any other alcohol" in past 30 days	63%	37%	330	-	-	0		
Binge drinking in past 30 days	18%	82%	340	-	-	0		
			8 <sup>th</sup> G	rade				
		State		County				
	Yes	No	#	Yes	No	#		
Drank beer in past 30 days	54%	46%	947	*	*	*		
Drank "any other alcohol" in past 30 days	77%	23%	954	*	*	*		
Binge drinking in past 30 days	28%	72%	974	*	*	*		
			11 <sup>th</sup> G	rade				
	State			County				
	Yes	No	#	Yes	No	#		
Drank beer in past 30 days	58%	42%	2,365	*	*	*		

87%

51%

13%

49%

2,379

2,398

\*

\*

\*

\*

\*

Notes: See appendix for question wording. # = Number of students responding to item

Drank "any other alcohol" in past 30 days

Binge drinking in past 30 days

Table G42: How alcohol was acquired in the past 30 days (all participants), by grade

6th Grade

	State			County			
	Yes	No	#	Yes	No	#	
I bought it	<1%	100%	14,645	0%	100%	104	
I gave someone money to buy it	<1%	100%	14,645	0%	100%	104	
A parent/guardian gave it to me	1%	99%	14,644	0%	100%	104	
I took it from my parent/guardian's cabinet/refrigerator	1%	99%	14,645	0%	100%	104	
I got it at a party	<1%	100%	14,645	0%	100%	104	
A friend who is under 21 gave it to me	<1%	100%	14,646	0%	100%	104	
A friend who is 21 or over gave it to me	<1%	100%	14,644	0%	100%	104	

8th Grade

	State			County			
	Yes	No	#	Yes	No	#	
I bought it	<1%	100%	16,391	0%	100%	84	
I gave someone money to buy it	1%	99%	16,390	0%	100%	84	
A parent/guardian gave it to me	2%	98%	16,393	1%	99%	84	
I took it from my parent/guardian's cabinet/refrigerator	3%	97%	16,389	2%	98%	84	
I got it at a party	1%	99%	16,386	0%	100%	84	
A friend who is under 21 gave it to me	2%	98%	16,387	2%	98%	84	
A friend who is 21 or over gave it to me	1%	99%	16,387	0%	100%	84	

11<sup>th</sup> Grade

	State			County			
	Yes	No	#	Yes	No	#	
I bought it	3%	97%	13,036	0%	100%	32	
I gave someone money to buy it	6%	94%	13,033	0%	100%	32	
A parent/guardian gave it to me	5%	95%	13,027	6%	94%	32	
I took it from my parent/guardian's cabinet/refrigerator	5%	95%	13,025	0%	100%	32	
I got it at a party	9%	91%	13,027	3%	97%	32	
A friend who is under 21 gave it to me	7%	93%	13,029	3%	97%	32	
A friend who is 21 or over gave it to me	6%	94%	13,025	0%	100%	32	

Question: In the past 30 days, did you get alcohol in the following ways? # = Number of students responding to item

A friend who is 21 or over gave it to me

Table G43: How alcohol was acquired in the past 30 days (among students who reported having at least 1 drink in the past 30 days), by grade

	6 <sup>th</sup> Grade						
		State		County			
	Yes	No	#	Yes	No	#	
I bought it	6%	94%	332	-	-	0	
I gave someone money to buy it	6%	94%	332	-	-	0	
A parent/guardian gave it to me	43%	57%	331	-	-	0	
I took it from my parent/guardian's cabinet/refrigerator	34%	66%	332	-	-	0	
I got it at a party	16%	84%	332	-	-	0	
A friend who is under 21 gave it to me	16%	84%	333	_	-	0	

18%

82%

331

0

8<sup>th</sup> Grade State **County** # # Yes Yes No No I bought it 5% 95% 959 I gave someone money to buy it 89% 958 \* 11% A parent/guardian gave it to me \* 33% 67% 961 I took it from my parent/guardian's 44% 957 56% cabinet/refrigerator I got it at a party 23% 77% 954 A friend who is under 21 gave it to me 27% 73% 955 \* \* A friend who is 21 or over gave it to me 23% 77% 955

	11 <sup>th</sup> Grade								
	State				y				
	Yes	No	#	Yes	No	#			
I bought it	16%	84%	2,372	*	*	*			
I gave someone money to buy it	34%	66%	2,369	*	*	*			
A parent/guardian gave it to me	25%	75%	2,363	*	*	*			
I took it from my parent/guardian's cabinet/refrigerator	27%	73%	2,361	*	*	*			
I got it at a party	48%	52%	2,363	*	*	*			
A friend who is under 21 gave it to me	40%	60%	2,365	*	*	*			
A friend who is 21 or over gave it to me	34%	66%	2,361	*	*	*			

Question: In the past 30 days, did you get alcohol in the following ways? # = Number of students responding to item

# Tobacco Use

All students participating in the 2021 IYS were asked about their use of tobacco and nicotine products including cigarettes, cigars, smokeless tobacco, water pipes or hookah, heated (heat-not-burn) tobacco products, and electronic nicotine products. Students who reported having ever used tobacco or nicotine products were also asked about current (past 30 day) use, age of first use, quit attempts in the past 12 months, and average number of cigarettes smoked per day (among current smokers).

Table G44: Ever used tobacco or nicotine products, by grade

	6 <sup>th</sup> Grade								
		State	<u>;</u>		Count	.y			
	Yes	No	#	Yes	No	#			
Smoked tobacco or used any tobacco products (not including e-cigarettes)?	1%	99%	14,347	0%	100%	103			
Used an e-cigarette, JUUL, vape-pen, e-hookah, modbox, or other electronic cigarette?	4%	96%	14,329	1%	99%	103			
Used a heated (heat-not-burn) tobacco product, heat tobacco stick or capsule to produce a vapor (iQOS, HeatSticks, glo, Eclipse, lil)?	1%	99%	14,315	1%	99%	103			
			8 <sup>th</sup> G	rade					
		State	<b>)</b>	County					
	Yes	No	#	Yes	No	#			
Smoked tobacco or used any tobacco products (not including e-cigarettes)?	4%	96%	16,249	4%	96%	84			
Used an e-cigarette, JUUL, vape-pen, e-hookah, mod- box, or other electronic cigarette?	10%	90%	16,222	13%	87%	84			
Used a heated (heat-not-burn) tobacco product, heat tobacco stick or capsule to produce a vapor (iQOS, HeatSticks, glo, Eclipse, lil)?	2%	98%	16,237	2%	98%	84			
			11 <sup>th</sup> (	Grade					
		State	<b>)</b>		Count	y			
	Yes	No	#	Yes	No	#			
Smoked tobacco or used any tobacco products (not including e-cigarettes)?	10%	90%	12,946	9%	91%	32			
Used an e-cigarette, JUUL, vape-pen, e-hookah, mod-	24%	76%	12,938	13%	88%	32			

96%

12,939

4%

0%

100%

32

Question: Have you ever...? # = Number of students responding to item

Used a heated (heat-not-burn) tobacco product, heat tobacco stick or capsule to produce a vapor (iQOS,

box, or other electronic cigarette?

HeatSticks, glo, Eclipse, lil)?

Table G45: Age of first tobacco / nicotine use, by grade

∠th.	Gra	
6	( -re	ane
v	VII.	ıuı

		State									Cou	nty				
	Never used	<9	9-10	11-12	13-14	15-16	17+	#	Never used	<9	9-10	11-12	13-14	15-16	17+	#
Smoked a whole cigarette	47%	13%	23%	16%	0%			202	-	-	-	-	-			0
Used smokeless tobacco	64%	9%	13%	10%	<1%			201	-	-	-	-	-			0
Used an e-cigarette	10%	13%	33%	42%	1%			585	*	*	*	*	*			*
Used heated (heat-not-burn) tobacco products	51%	8%	16%	15%	2%			123	*	*	*	*	*			*
Smoked menthol cigarettes	68%	7%	9%	12%	<1%			201	-	-	-	-	-			0
							8 <sup>th</sup>	Grade								

		State							County							
	Never used	<9	9-10	11-12	13-14	15-16	17+	#	Never used	<9	9-10	11-12	13-14	15-16	17+	#
Smoked a whole cigarette	36%	8%	12%	23%	20%	1%		578	*	*	*	*	*	*		*
Used smokeless tobacco	67%	6%	7%	9%	9%	<1%		577	*	*	*	*	*	*		*
Used an e-cigarette	4%	4%	10%	41%	40%	<1%		1,626	-	-	-	-	-	-		11
Used heated (heat-not-burn) tobacco products	33%	8%	6%	28%	22%	1%		281	*	*	*	*	*	*		*
Smoked menthol cigarettes	58%	5%	9%	13%	14%	<1%		579	*	*	*	*	*	*		*

#### 11<sup>th</sup> Grade

									Grade							
		State								County						
	Never used	<9	9-10	11-12	13-14	15-16	17+	#	Never used	<9	9-10	11-12	13-14	15-16	17+	#
Smoked a whole cigarette	32%	6%	4%	9%	20%	26%	2%	1,259	*	*	*	*	*	*	*	*
Used smokeless tobacco	59%	4%	3%	7%	12%	15%	1%	1,258	*	*	*	*	*	*	*	*
Used an e-cigarette	3%	2%	2%	9%	38%	43%	3%	3,089	*	*	*	*	*	*	*	*
Used heated (heat-not-burn) tobacco products	40%	8%	4%	9%	13%	23%	2%	478	-	-	-	-	-	-	-	0
Smoked menthol cigarettes	48%	4%	4%	7%	16%	19%	2%	1,259	*	*	*	*	*	*	*	*

Question: How old were you when you first...? Note: See appendix for full question wording. # = Number of students responding to item

Table G46: Types of tobacco and nicotine products used in the past 30 days (all participants), by grade  $6^{th}$  Grade

		,	State			C	ounty	
	Yes	No	Never used	#	Yes	No	Never used	#
Smoked cigarettes	<1%	1%	99%	14,570	0%	0%	100%	103
Smoked menthol cigarettes	<1%	1%	99%	14,569	0%	0%	100%	103
Smoked cigars	<1%	1%	99%	14,567	0%	0%	100%	103
Used smokeless tobacco	<1%	1%	99%	14,570	0%	0%	100%	103
Smoked tobacco using a water pipe or hookah	<1%	1%	99%	14,568	0%	0%	100%	103
Used an e-cigarette	1%	3%	96%	14,569	0%	1%	99%	103
Used a heated (heat-not-burn) tobacco product	<1%	1%	99%	14,574	0%	1%	99%	103

8<sup>th</sup> Grade

		(	State		County				
	Yes	No	Never used	#	Yes	No	Never used	#	
Smoked cigarettes	1%	3%	96%	16,352	0%	4%	96%	84	
Smoked menthol cigarettes	1%	3%	96%	16,351	0%	4%	96%	84	
Smoked cigars	<1%	3%	96%	16,350	0%	4%	96%	84	
Used smokeless tobacco	1%	3%	96%	16,352	0%	4%	96%	84	
Smoked tobacco using a water pipe or hookah	<1%	3%	96%	16,352	0%	4%	96%	84	
Used an e-cigarette	4%	6%	90%	16,349	5%	8%	87%	84	
Used a heated (heat-not-burn) tobacco product	1%	1%	98%	16,358	1%	1%	98%	84	

11<sup>th</sup> Grade

		(	State			C	ounty			
	Yes	No	Never used	#	Yes	No	Never used	#		
Smoked cigarettes	3%	7%	90%	13,012	0%	9%	91%	32		
Smoked menthol cigarettes	3%	7%	90%	13,012	0%	9%	91%	32		
Smoked cigars	2%	8%	90%	13,012	0%	9%	91%	32		
Used smokeless tobacco	2%	8%	90%	13,011	0%	9%	91%	32		
Smoked tobacco using a water pipe or hookah	1%	9%	90%	13,011	0%	9%	91%	32		
Used an e-cigarette	13%	11%	76%	13,007	3%	9%	88%	32		
Used a heated (heat-not-burn) tobacco product	1%	3%	96%	13,012	0%	0%	100%	32		

Question: In the past 30 days, have you...? # = Number of students responding to item

Table G47: Cigarettes smoked per day among students who smoked in past 30 days, by grade

	6 <sup>th</sup> Grade		8 <sup>th</sup> G	rade	11 <sup>th</sup> Grade		
	State	County	State	County	State	County	
< 1 cigarette per day	45%	-	58%	-	58%	-	
1 cigarette per day	12%	-	9%	-	10%	-	
2 to 5 cigarettes per day	17%	-	19%	-	17%	-	
6 to 10 cigarettes per day	7%	-	8%	-	4%	-	
11 to 20 cigarettes per day	7%	-	0%	-	2%	-	
> 20 cigarettes per day	12%	-	6%	-	9%	-	
# Responding	58	0	186	0	408	0	

Question: In the past 30 days, on the days you smoked, on average, about how many cigarettes did you smoke per day?

Table G48: Stopped smoking cigarettes or using electronic nicotine products in the past 12 months (all participants), by grade

(all participants), by grade								
				6 <sup>th</sup> (	Grade			
			State			(	County	
	Yes	No	Never used	#	Yes	No	Never used	#
Stopped smoking cigarettes for one day or longer because you were trying to quit?	1%	1%	99%	14,566	0%	0%	100%	103
Stopped using e-cigarettes, JUUL, vape- pen, e-hookah, mod-box, or other electronic cigarette for one day or longer because you were trying to quit?	2%	2%	96%	14,555	0%	1%	99%	103
				8 <sup>th</sup> (	Grade			
			State			(	County	
	Yes	No	Never used	#	Yes	No	Never used	#
Stopped smoking cigarettes for one day or longer because you were trying to quit?	2%	2%	97%	16,340	1%	2%	96%	84
Stopped using e-cigarettes, JUUL, vape- pen, e-hookah, mod-box, or other electronic cigarette for one day or longer because you were trying to quit?	6%	4%	90%	16,335	7%	6%	87%	84
				11 <sup>th</sup>	Grade			
			State			(	County	
	Yes	No	Never used	#	Yes	No	Never used	#
Stopped smoking cigarettes for one day or longer because you were trying to quit?	4%	6%	90%	12,997	3%	6%	91%	32
Stopped using e-cigarettes, JUUL, vape- pen, e-hookah, mod-box, or other electronic cigarette for one day or longer because you were trying to quit?	12%	12%	76%	12,983	0%	13%	88%	32

Question: In the past 12 months, have you...? # = Number of students responding to item

Table G49: Stopped smoking cigarettes or using electronic nicotine products in the past 12 months among students who ever used tobacco or nicotine products, by grade

	6 <sup>th</sup> Grade							
		State			County			
	Yes	No	#	Yes	No	#		
Stopped smoking cigarettes for one day or longer because you were trying to quit?	60%	40%	203	-	-	0		
Stopped using e-cigarettes, JUUL, vape-pen, e-hookah, mod-box, or other electronic cigarette for one day or longer because you were trying to quit?	61%	39%	573	*	*	*		
			8 <sup>th</sup> (	Grade				
		State			County			
	Yes	No	#	Yes	No	#		
Stopped smoking cigarettes for one day or longer because you were trying to quit?	55%	45%	567	*	*	*		
Stopped using e-cigarettes, JUUL, vape-pen, e-hookah, mod-box, or other electronic cigarette for one day or longer because you were trying to quit?	59%	41%	1,616	55%	45%	11		
			11 <sup>th</sup>	Grade				
		State			County			
	Yes	No	#	Yes	No	#		
Stopped smoking cigarettes for one day or longer because you were trying to quit?	41%	59%	1,253	*	*	*		
Stopped using e-cigarettes, JUUL, vape-pen, e-hookah, mod-box, or other electronic cigarette for	51%	49%	3,077	*	*	*		

Question: In the past 12 months, have you...? # = Number of students responding to item

one day or longer because you were trying to quit?

## Use of Marijuana and Other Drugs

All students participating in the 2021 IYS were asked a series of questions about past use of marijuana and other drugs. Specifically, students were asked if they have ever used marijuana (pot, grass, hash, bud, weed), and if yes, were also asked if they used it in the past 30 days and how old they were when they first tried marijuana. In addition to marijuana, students were asked about current use of ten other drugs. Consistent with prior IYS administration years, marijuana is the only substance where students were asked if they "ever used" it and their age of first use.

Table G50: Marijuana use (ever), by grade

	6 <sup>th</sup> G	rade	8 <sup>th</sup> G	rade	11 <sup>th</sup> (	Frade
	State	County	State	County	State	County
Yes	1%	0%	4%	5%	16%	6%
No	99%	100%	96%	95%	84%	94%
# Responding	14,361	103	16,252	84	12,921	32

Question: Have you ever used marijuana (pot, grass, hash, bud, weed)?

Table G51: Marijuana use (past 30 days) among sample of previous users, by grade

	6 <sup>th</sup> G	Frade	8 <sup>th</sup> G	rade	11 <sup>th</sup> (	Grade
	State	County	State	County	State	County
Yes	43%	-	47%	*	50%	*
No (but previously have used)	57%	-	53%	*	50%	*
# Responding	142	0	612	*	2,052	*

Question: In the past 30 days, have you used marijuana (pot, grass, hash, bud, weed)?

Table G52: Marijuana use (past 30 days) among all participants, by grade

	6 <sup>th</sup> G	rade	8 <sup>th</sup> G	rade	11 <sup>th</sup> Grade		
	State	County	State	County	State	County	
Yes	<1%	0%	2%	1%	8%	3%	
No (but previously have used)	1%	0%	2%	4%	8%	3%	
No previous marijuana use reported	99%	100%	96%	95%	84%	94%	
# Responding	14,562	103	16,432	84	12,987	32	

Question: In the past 30 days, have you used marijuana (pot, grass, hash, bud, weed)?

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Table G53: Drug use in the past 30 days, by grade

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		State			Coun	ty
	Yes	No	#	Yes	No	#
Sniffed glue, breathed the contents of gases or sprays in order to get high	2%	98%	14,080	1%	99%	102
Used over-the-counter medications differently from the way the directions indicate	2%	98%	13,999	2%	98%	102
Used prescription medications that were not prescribed for you by your doctor	2%	98%	14,018	0%	100%	102
Used steroid pills or shots without a doctor's prescription	1%	99%	14,014	1%	99%	102
Used cocaine (blow, crack, rock, coke [not Coca Cola])	1%	99%	14,011	0%	100%	102
Used methamphetamines (crank)	<1%	100%	13,943	1%	99%	100
Used amphetamines other than methamphetamines (like stimulants, uppers, speed)	1%	99%	13,890	0%	100%	100
Used an opioid (heroin) or a prescription opioid (oxycodone, hydrocodone, Oxycontin, codeine, etc.) for non-medical reasons	<1%	100%	13,897	1%	99%	101
Used mushrooms (shrooms, psilocybin)	1%	99%	13,865	0%	100%	99
Used MDMA (Ecstasy/Molly)	<1%	100%	13,774	0%	100%	100

### 8<sup>th</sup> Grade

		State			Coun	ty
	Yes	No	#	Yes	No	#
Sniffed glue, breathed the contents of gases or sprays in order to get high	2%	98%	16,124	6%	94%	84
Used over-the-counter medications differently from the way the directions indicate	3%	97%	16,117	2%	98%	84
Used prescription medications that were not prescribed for you by your doctor	2%	98%	16,111	4%	96%	84
Used steroid pills or shots without a doctor's prescription	1%	99%	16,108	0%	100%	84
Used cocaine (blow, crack, rock, coke [not Coca Cola])	1%	99%	16,108	0%	100%	84
Used methamphetamines (crank)	1%	99%	16,100	0%	100%	84
Used amphetamines other than methamphetamines (like stimulants, uppers, speed)	1%	99%	16,094	2%	98%	84
Used an opioid (heroin) or a prescription opioid (oxycodone, hydrocodone, Oxycontin, codeine, etc.) for non-medical reasons	1%	99%	16,097	0%	100%	84
Used mushrooms (shrooms, psilocybin)	1%	99%	16,094	1%	99%	84
Used MDMA (Ecstasy/Molly)	1%	99%	16,077	0%	100%	84

Question: In the past 30 days, have you...? # = Number of students responding to the item

## 2021 Iowa Youth Survey, County Report

Table G53: Drug use in the past 30 days, by grade

11<sup>th</sup> Grade

		State			Coun	ty
	Yes	No	#	Yes	No	#
Sniffed glue, breathed the contents of gases or sprays in order to get high	2%	98%	12,843	0%	100%	32
Used over-the-counter medications differently from the way the directions indicate	3%	97%	12,832	0%	100%	32
Used prescription medications that were not prescribed for you by your doctor	2%	98%	12,829	0%	100%	32
Used steroid pills or shots without a doctor's prescription	1%	99%	12,823	0%	100%	32
Used cocaine (blow, crack, rock, coke [not Coca Cola])	1%	99%	12,822	0%	100%	32
Used methamphetamines (crank)	1%	99%	12,818	0%	100%	32
Used amphetamines other than methamphetamines (like stimulants, uppers, speed)	1%	99%	12,823	0%	100%	32
Used an opioid (heroin) or a prescription opioid (oxycodone, hydrocodone, Oxycontin, codeine, etc.) for non-medical reasons	1%	99%	12,823	0%	100%	32
Used mushrooms (shrooms, psilocybin)	2%	98%	12,823	0%	100%	32
Used MDMA (Ecstasy/Molly)	1%	99%	12,814	0%	100%	32

Question: In the past 30 days, have you...? # = Number of students responding to the item

Table G54: Age of first Marijuana use, by grade

	6 <sup>th</sup> G	rade	8 <sup>th</sup> G	rade	11 <sup>th</sup> (	Grade
	State	County	State	County	State	County
<9	21%	-	9%	*	3%	*
9 or 10	36%	-	9%	*	2%	*
11 or 12	37%	-	33%	*	7%	*
13 or 14	3%	-	48%	*	30%	*
15 or 16			<1%	*	53%	*
17+					4%	*
# Responding	131	0	606	*	2,043	*

Question: How old were you when you first tried marijuana (pot, grass, hash, bud, weed)?

# Perceptions of Parents' Attitudes

All students participating in the 2021 IYS were asked about their parents' or guardians' views on 9 different behaviors related to using alcohol, cigarettes, and other substances; attending a party where others are using alcohol or other drugs; or starting a fight. A tenth item on volunteering was included as a data quality check and is not reported in the following tables or accompanying narrative. Students were asked, "Thinking about your parents' or guardians' views, for each of the following, how much would you say they would approve or disapprove of you doing it?" followed by the response options that were a five-point scale from "strongly disapprove" to "strongly approve."

The set of parents' attitudes questions were immediately preceded by: "The questions in this part of the survey refer to your parents/guardians and others who live with you. Parents/guardians are the adults (age 21 and over) who live with you and are responsible for taking care of you."

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Table G55: Perceptions of parents' attitudes, by grade

6th Grade

	State					County						
	SD	D	N	A	SA	#	SD	D	N	A	SA	#
Drinking beer, wine, alcoholic drinks, or hard liquor	79%	9%	7%	3%	2%	13,739	83%	4%	8%	3%	2%	99
Smoking cigarettes	89%	4%	4%	1%	2%	13,703	90%	3%	5%	0%	2%	99
Using an e-cigarette	89%	4%	4%	1%	2%	13,700	88%	4%	5%	1%	2%	99
Using marijuana	93%	2%	3%	1%	1%	13,655	92%	2%	3%	1%	2%	98
Using any illegal drug other than alcohol, cigarettes, or marijuana	94%	2%	3%	<1%	1%	13,699	93%	2%	2%	1%	2%	100
Misusing prescription drugs, whether they are yours or others'	92%	3%	3%	<1%	1%	13,668	92%	2%	4%	0%	2%	100
Starting a physical fight with someone	72%	14%	10%	2%	2%	13,695	68%	15%	14%	2%	1%	100
Going to a party where kids under 21 were using alcohol	89%	5%	4%	1%	1%	13,699	88%	7%	2%	1%	2%	100
Going to a party where kids were using drugs	93%	2%	3%	<1%	1%	13,701	95%	1%	2%	0%	2%	99

#### 8th Grade

		State					County					
	SD	D	N	A	SA	#	SD	D	N	A	SA	#
Drinking beer, wine, alcoholic drinks, or hard liquor	75%	12%	9%	3%	1%	15,905	61%	12%	16%	10%	1%	82
Smoking cigarettes	90%	5%	4%	1%	1%	15,888	83%	9%	7%	1%	0%	82
Using an e-cigarette	87%	6%	5%	1%	1%	15,883	76%	11%	12%	1%	0%	82
Using marijuana	88%	4%	5%	1%	1%	15,880	85%	7%	6%	0%	1%	82
Using any illegal drug other than alcohol, cigarettes, or marijuana	93%	2%	3%	<1%	1%	15,882	88%	6%	6%	0%	0%	82
Misusing prescription drugs, whether they are yours or others'	91%	4%	4%	<1%	1%	15,880	88%	6%	6%	0%	0%	82
Starting a physical fight with someone	58%	21%	17%	3%	1%	15,883	45%	24%	22%	7%	1%	82
Going to a party where kids under 21 were using alcohol	82%	10%	6%	1%	1%	15,885	73%	12%	11%	4%	0%	82
Going to a party where kids were using drugs	90%	5%	4%	<1%	1%	15,886	78%	10%	11%	1%	0%	82

Note: SD = Strongly disapprove, D = Somewhat disapprove, N = Neither approve nor disapprove, A = Somewhat approve, SA = Strongly approve; # = Number of students responding to item. See appendix for full question wording.

Table G55: Perceptions of parents' attitudes, by grade

11th Grade

		State				County						
	SD	D	N	A	SA	#	SD	D	N	A	SA	#
Drinking beer, wine, alcoholic drinks, or hard liquor	56%	20%	17%	5%	2%	12,682	58%	23%	19%	0%	0%	31
Smoking cigarettes	84%	7%	8%	1%	1%	12,668	81%	10%	10%	0%	0%	31
Using an e-cigarette	78%	10%	9%	1%	1%	12,672	81%	6%	13%	0%	0%	31
Using marijuana	74%	10%	11%	3%	2%	12,661	68%	13%	16%	3%	0%	31
Using any illegal drug other than alcohol, cigarettes, or marijuana	87%	4%	7%	1%	1%	12,664	90%	0%	10%	0%	0%	31
Misusing prescription drugs, whether they are yours or others'	85%	6%	7%	1%	1%	12,662	87%	6%	6%	0%	0%	31
Starting a physical fight with someone	54%	20%	21%	3%	1%	12,662	61%	13%	19%	6%	0%	31
Going to a party where kids under 21 were using alcohol	61%	18%	16%	4%	2%	12,666	65%	23%	10%	3%	0%	31
Going to a party where kids were using drugs	77%	10%	10%	1%	1%	12,664	87%	3%	10%	0%	0%	31

Note: SD = Strongly disapprove, D = Somewhat disapprove, N = Neither approve nor disapprove, A = Somewhat approve, SA = Strongly approve; # = Number of students responding to item. See appendix for full question wording.

# **Responses by Sex**

# Community Engagement

All students participating in the 2021 IYS were asked about their community engagement experiences during the current school year that were related to paid employment, community volunteerism, participation in extra-curricular activities, and participation in religious activities.

Table S1: School year activities, extra-curricular, volunteerism, by sex

			Fen	nale		
		State			County	
	Yes	No	#	Yes	No	#
Worked in a paid job	32%	68%	22,050	15%	85%	107
Volunteered in the community	40%	60%	21,950	34%	66%	104
Participated in extra-curricular activities	82%	18%	22,046	84%	16%	107
Participated in religious activities	53%	47%	21,891	54%	46%	106
			M	ale		•

			Male						
		State		County					
	Yes	No	#	Yes	No	#			
Worked in a paid job	34%	66%	23,621	22%	78%	136			
Volunteered in the community	35%	65%	23,543	32%	68%	135			
Participated in extra-curricular activities	78%	22%	23,594	76%	24%	135			
Participated in religious activities	50%	50%	23,476	44%	56%	135			

Question: During the current school year, have you...? # = Number of students responding to the item

## Physical Well-being

All students participating in the 2021 IYS were asked about their physical well-being on topics related to physical activity, nutrition, homelessness, any ongoing physical or mental impairments that limit their daily activities, and whether they had experienced a concussion over the past 12 months. More specifically for the physical activity items, students were asked about the typical number of hours of screen time per day that they spend for something other than school work and the number of days that they were physically active for 60 or more minutes over the past 7 days. For nutrition, students were asked about their daily fruit intake as well as their daily vegetable intake over the past 7 days, and if they had experienced hunger in the past 30 days. Students who reported they had experienced a concussion over the past 12 months were also asked about the number of times they experienced a concussion during this time frame. Students who indicated they had ever been homeless were also asked whether they had been homeless in the past 12 months.

Table S2: Screen time for something other than school work, by sex

	Fer	nale	M	ale
	State	County	State	County
0 hours	4%	9%	5%	10%
More than 0 but less than 2 hours	19%	15%	26%	25%
At least 2 hours but less than 4 hours	30%	31%	30%	26%
At least 4 hours but less than 6 hours	24%	23%	20%	21%
At least 6 hours but less than 8 hours	13%	15%	10%	8%
At least 8 hours but less than 10 hours	6%	4%	4%	4%
At least 10 or more hours	4%	3%	4%	5%
# Responding	22,039	105	23,607	135

Question: On an average school day, about how many hours of screen time do you spend for something that is not school work? By screen time we mean time spent watching shows or videos, using a computer/tablet, playing video games, social media, apps, or using a phone for something other than calling or texting.

Table S3: Physical activity, by sex

	Fe	Female		ale
	State County		State	County
0 days	6%	8%	6%	10%
1 day	7%	4%	6%	7%
2 days	11%	11% 13%		7%
3 days	15%	14%	12%	7%
4 days	15%	10%	11%	6%
5 days	17%	15%	15%	15%
6 days	9%	13%	9%	7%
7 days	20%	23%	34%	41%
# Responding	21,962	105	23,572	135

Question: On how many of the past 7 days were you physically active for a total of 60 minutes (1 hour) or more per day? Add up all the time you spent in any kind of moderate or intense physical activity like running, walking fast, swimming, riding a bicycle, etc.

Table S4: Daily fruit intake, by sex

	Female		M	ale
	State	County	State	County
I did not eat any fruit during the past 7 days	6%	10%	8%	13%
< 1 time each day	14%	9%	12%	9%
1 time per day	27%	25%	25%	27%
2 times per day	28%	36%	27%	21%
3 times per day	14%	12%	16%	17%
4 times per day	5%	3%	6%	7%
≥ 5 times per day	5%	5%	7%	7%
# Responding	22,042	107	23,610	135

Question: In the past 7 days, about how many times each day did you eat fruit (do not count fruit juice)?

Table S5: Daily vegetable intake, by sex

	Female		M	ale
	State	County	State	County
I did not eat any vegetables during the past 7 days	8%	10%	12%	11%
< 1 time each day	16%	8%	17%	10%
1 time per day	33%	32%	30%	28%
2 times per day	25%	24%	23%	27%
3 times per day	11%	13%	10%	13%
4 times per day	3%	5%	3%	4%
$\geq$ 5 times per day	4%	7%	5%	7%
# Responding	22,035	107	23,604	135

Question: In the past 7 days, about how many times each day did you eat green salad, carrots, potatoes or any other vegetables (do not count french fries, fried potatoes, or potato chips)?

Table S6: Hunger, by sex

	Female		M	ale
	State	County	State	County
Yes	6%	9%	6%	5%
No	94%	91%	9%	95%
# Responding	22,061	105	23,656	135

Question: In the past 30 days, did you ever go hungry because there was not enough food in your home?

Table S7: Disabilities or impairment, by sex

	Female		M	ale
	State	County	State	County
Yes	21%	26%	13%	17%
No	79%	74%	87%	83%
# Responding	21,809	104	23,508	133

Question: Do you have any ongoing physical, mental, or emotional disabilities or impairments that limit your daily activities?

Table S8: Concussion, by sex

	Fer	Female		ale
	State	County	State	County
Yes	7%	7%	9%	13%
No	80%	68%	75%	71%
Not sure	14%	25%	16%	16%
# Responding	22,084	106	23,663	135

Question: In the past 12 months, have you had a concussion from playing a sport or being physically active?

Table S9: Number of concussions among students reporting having a concussion, by sex

, ,	, ·							
	Fer	Female		ale				
	State	County	State	County				
1 time	60%	*	65%	76%				
2 times	22%	*	20%	12%				
3 times	7%	*	6%	12%				
4 or more times	11%	*	10%	0%				
# Responding	1,427	*	2,050	17				

Question: How many times did you have a concussion in the past 12 months?

Table S10: Number of concussions among all participants, by sex

	Female		M	ale
	State	County	State	County
1 time	4%	4%	6%	10%
2 times	1%	1%	2%	1%
3 times	<1%	0%	<1%	1%
4 or more times	1%	2%	1%	0%
No reported concussions	94%	93%	91%	88%
# Responding	22,087	107	23,663	136

Question: In the past 12 months, have you had a concussion from playing a sport or being physically active? Note. The "no reported concussions" category includes students who selected "no" or "not sure" or who "skipped" the question about having a concussion in the past 12 months.

Table S11: Ever homeless, by sex

	Γ	Female		Male	
		State	County	State	County
Yes		3%	3%	3%	4%
No		97%	97%	97%	96%
# Responding		22,069	107	23,667	136

Question: Have you ever been homeless?

Table S12: Homeless in the past 12 months among students reporting ever having been homeless, by sex

	Female		M	ale
	State County Stat		State	County
Yes	19%	*	20%	*
No	81%	*	80%	*
# Responding	664	*	650	*

Question: Were you homeless at any time in the past 12 months?

Table S13: Homeless in the past 12 months among all participants, by sex

	Fer	Female		ale
	State	County	State	County
Yes, homeless in the past 12 months	1%	1%	1%	1%
No, not homeless in the past 12 months (but previously homeless)	2%	2%	2%	2%
No, never reported being homeless	97%	97%	97%	96%
# Responding	22,117	107	23,693	136

Question: Were you homeless at any time in the past 12 months?

Note. The "no, never reported being homeless" category includes students who selected "no" or who "skipped" the question about ever being homeless.

# **Gambling Behavior**

All students participating in the 2021 IYS were asked whether they have <u>ever</u> engaged in six gambling behaviors. Students who reported having engaged in these behaviors at any point were also asked about their gambling behaviors during the <u>past 30 days</u>. The gambling behaviors included on the IYS were: betting on sporting events, betting on internet fantasy sports, betting on card or dice games, spending money on in-game or in-app purchases, betting on games of skill, and purchasing lottery tickets.

Table S14: Types of betting or wagering at any time (ever), by sex

### Female

	State			County		
	Yes	No	#	Yes	No	#
Bet or wagered on sporting events	15%	85%	21,943	15%	85%	106
Bet or wagered on an internet fantasy sports contest	6%	94%	21,881	8%	92%	106
Bet or wagered on card or dice games with friends or family (including poker)	23%	77%	21,877	18%	82%	106
Spent money on in-game or in-app purchases to extend play	39%	61%	21,960	39%	61%	107
Bet or wagered on games of skill such as pool, bowling, or dominoes	13%	87%	21,863	13%	87%	106
Purchased lottery scratch off tickets or lotto numbers	8%	92%	21,929	7%	93%	107

#### Male

	State			County		
	Yes	No	#	Yes	No	#
Bet or wagered on sporting events	27%	73%	23,605	23%	77%	136
Bet or wagered on an internet fantasy sports contest	17%	83%	23,556	10%	90%	134
Bet or wagered on card or dice games with friends or family (including poker)	27%	73%	23,556	23%	77%	134
Spent money on in-game or in-app purchases to extend play	68%	32%	23,572	67%	33%	135
Bet or wagered on games of skill such as pool, bowling, or dominoes	18%	82%	23,546	15%	85%	135
Purchased lottery scratch off tickets or lotto numbers	8%	92%	23,567	13%	87%	135

Notes: See appendix for question wording. # = Number of students responding to item

Table S15: Types of betting or wagering in the past 30 days (among students who have ever participated in that activity), by sex

#### **Female County** # Yes No 3,371 44% 56% 16 \* \* \* 1,198

#### State Yes No Bet or wagered on sporting events 48% 52% Bet or wagered on an internet fantasy sports contest 49% 51% Bet or wagered on card or dice games with friends or family (including poker) 39% 61% 5,020 63% 37% 19 Spent money on in-game or in-app purchases to extend play 8,535 45% 55% 50% 50% 42 Bet or wagered on games of skill such as pool, bowling, or dominoes 44% 56% 2,739 43% 57% 14 Purchased lottery scratch off tickets or lotto numbers 1,840 \* \* 36% 64% Male

	1,242					
	State			County		
	Yes	No	#	Yes	No	#
Bet or wagered on sporting events	55%	45%	6,421	55%	45%	31
Bet or wagered on an internet fantasy sports contest	64%	36%	3,893	86%	14%	14
Bet or wagered on card or dice games with friends or family (including poker)	44%	56%	6,391	48%	52%	31
Spent money on in-game or in-app purchases to extend play	60%	40%	15,912	62%	38%	89
Bet or wagered on games of skill such as pool, bowling, or dominoes	50%	50%	4,232	60%	40%	20
Purchased lottery scratch off tickets or lotto numbers	44%	56%	1,856	29%	71%	17

Notes: See appendix for question wording. # = Number of students responding to item

#### Mental Health and Suicide

All students participating in the 2021 IYS were asked about their general mental health and presence of suicidal ideation in the past twelve months. Students who reported having thought about killing themselves were asked two additional items. Students who reported having attempted to kill themselves during the past twelve months were asked one additional item

Table S16: General mental health status measured by feeling sad or hopeless, by sex

	Female		Male		
	State	County	State	County	
Yes	41%	43%	20%	22%	
No	59%	57%	80%	78%	
# Responding	21,975	106	23,613	135	

Question: In the past 12 months, did you ever feel so sad or hopeless almost every day for 2 weeks or more in a row that you stopped doing some usual activities?

Table S17: Suicidal ideation, by sex

	Female		Male		
	State	County	State	County	
Yes	27%	29%	14%	20%	
No	73%	71%	86%	80%	
# Responding	21,671	101	23,455	132	

Question: In the past 12 months, have you thought about killing yourself?

Table S18: Suicide plans among students reporting suicidal ideation, by sex

	Fen	nale	Male		
	State	County	State	County	
Yes	52%	52%	46%	46%	
No	48%	48%	54%	54%	
# Responding	5,790	29	3,363	26	

Question: In the past 12 months, have you made a plan about how you would kill yourself?

Table S19: Suicide attempts among students reporting suicidal ideation, by sex

	Fen	nale	Male				
	State	County	State	County			
Yes	25%	31%	20%	8%			
No	75%	69%	80%	92%			
# Responding	5,794	29	3,355	26			

Question wording: In the past 12 months, have you tried to kill yourself

Table S20: Required medical treatment due to suicide attempts among students who attempted suicide in the past 12 months, by sex

	Fen	nale	Male				
	State	County	State	County			
Yes	23%	*	24%	*			
No	77%	*	76%	*			
# Responding	1,466	*	679	*			

Question wording: If you attempted to kill yourself in the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

Table S21: Suicide plans among all participants, by sex

	Fen	nale	M	ale
	State	County	State	County
Yes	14%	14%	7%	9%
No	13%	13%	8%	10%
No suicidal ideation reported	74%	73%	86%	81%
# Responding	22,071	107	23,679	136

Question: In the past 12 months, have you made a plan about how you would kill yourself?

Table S22: Suicide attempts among all participants, by sex

1 0 1	, <b>e</b>								
	Fen	nale	Male						
	State	County	State	County					
Yes	7%	8%	3%	1%					
No	20%	19%	11%	18%					
No suicidal ideation reported	74%	73%	86%	81%					
# Responding	22,075	107	23,671	136					

Question: In the past 12 months, have you tried to kill yourself?

Table S23: Required medical treatment due to suicide attempts among all participants, by sex

1									
	Fer	nale	Male						
	State	County	State	County					
Yes	2%	1%	1%	0%					
No	5%	7%	2%	1%					
No suicidal ideation reported	93%	92%	97%	99%					
# Responding	22,116	107	23,691	136					

Question: If you attempted to kill yourself in the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

# Students' Beliefs and Values

All students participating in the 2021 IYS were asked to indicate how much they agree or disagree with eight different statements about their beliefs and values. Five of the eight statements were related to students' beliefs and attitudes towards others, two additional statements were on beliefs about themselves, and one statement was about whether violence is an acceptable way to solve problems. For each statement, response options were: strongly disagree, disagree, neither agree nor disagree, agree, and strongly agree. Students were encouraged to respond honestly about their beliefs and attitudes, and not according to what they thought was an acceptable answer to others.

Table S24: Students' beliefs and values, by sex

		State						County					
	SD	D	N	A	SA	#	SD	D	N	A	SA	#	
It is important to help others	2%	<1%	4%	37%	57%	22,096	2%	0%	6%	43%	50%	107	
I care about other peoples' feeling	2%	2%	10%	41%	45%	22,085	2%	0%	12%	41%	45%	107	
I feel sorry for people who have things stolen or damaged	2%	2%	14%	44%	37%	22,087	2%	0%	11%	50%	37%	107	
I am accepting of those different than myself	2%	1%	9%	36%	52%	22,006	3%	0%	8%	40%	50%	106	
It is wrong to discriminate against someone because of their race, appearance, culture, religion, etc.	3%	1%	3%	16%	77%	22,013	3%	0%	1%	18%	78%	106	
I can say "no" when someone wants me to do things I know are wrong or dangerous	3%	4%	11%	30%	53%	22,073	3%	7%	6%	30%	55%	107	
I feel I have much to be proud of	6%	11%	26%	32%	24%	22,022	8%	9%	25%	34%	25%	106	
Violence is an acceptable way to solve problems	47%	27%	18%	5%	4%	22,013	44%	27%	15%	7%	7%	106	

- 4	-	-
M	la	14

		State							County					
	SD	D	N	A	SA	#	SD	D	N	A	SA	#		
It is important to help others	2%	1%	7%	43%	47%	23,649	4%	0%	8%	39%	49%	136		
I care about other peoples' feeling	3%	3%	16%	47%	31%	23,636	5%	1%	18%	43%	33%	136		
I feel sorry for people who have things stolen or damaged	3%	4%	16%	44%	33%	23,636	3%	4%	18%	43%	32%	136		
I am accepting of those different than myself	3%	3%	16%	42%	37%	23,555	3%	1%	15%	37%	44%	136		
It is wrong to discriminate against someone because of their race, appearance, culture, religion, etc.	4%	2%	7%	24%	63%	23,586	4%	1%	13%	18%	64%	135		
I can say "no" when someone wants me to do things I know are wrong or dangerous	3%	3%	10%	33%	51%	23,609	3%	4%	10%	34%	49%	134		
I feel I have much to be proud of	5%	8%	20%	35%	32%	23,585	9%	9%	21%	32%	30%	136		
Violence is an acceptable way to solve problems	29%	25%	30%	10%	6%	23,585	29%	22%	30%	11%	8%	136		

Note: SD = Strongly Disagree, D = Disagree, N = Neither Agree nor Disagree, A = Agree, SA = Strongly Agree; # = Number of students responding to the question

# **Risk Perceptions**

All students participating in the 2021 IYS were asked to think about the possible risks to physical or mental health and to indicate the level of risk associated with engaging in eleven different activities related to drinking alcohol, smoking cigarettes or using e-cigarettes, gambling, or using seven different types of drugs (such as, marijuana, methamphetamines, or cocaine) on a regular basis. The possible responses for level of risk included: little or no risk, slight risk, moderate risk, or high risk.

Table S25: Students' risk perceptions, by sex

23,212

23,263

4%

7%

18%

16%

24%

28%

54%

48%

51%

51%

22%

22%

	State					County					
	LR	SR	MR	HR	#	LR	SR	MR	HR	#	
Drinking 4 (F)/5 (M) or more drinks of alcohol within a couple of hours	19%	10%	26%	45%	21,855	26%	7%	30%	37%	107	
Smoking cigarettes regularly	19%	4%	17%	61%	21,830	27%	4%	17%	52%	107	
Using marijuana regularly	22%	8%	14%	56%	21,508	25%	6%	19%	50%	106	
Gambling regularly	21%	14%	30%	36%	21,664	30%	10%	25%	34%	106	
Using methamphetamines (crank) regularly	19%	3%	11%	68%	20,979	30%	4%	11%	55%	102	
Using cocaine regularly	18%	1%	7%	73%	21,535	28%	5%	6%	61%	106	
Using amphetamines other than methamphetamines regularly	19%	4%	16%	61%	20,922	27%	7%	12%	54%	102	
Using any other illegal drug regularly	18%	2%	9%	71%	21,677	27%	4%	9%	59%	106	
Regularly using over-the-counter medications differently than directed	19%	7%	25%	50%	21,545	29%	3%	18%	50%	105	
Regularly using prescription medication for non-medical reasons	19%	6%	21%	54%	21,594	30%	4%	14%	52%	106	
Regularly using e-cigarettes	18%	8%	21%	53%	21,655	24%	4%	21%	50%	107	

Male County State MR SR MR SR # # LR HR LR HR Drinking 4 (F)/5 (M) or more drinks of alcohol within a couple of hours 19% 23,457 16% 9% 28% 134 10% 24% 47% 47% Smoking cigarettes regularly 18% 18% 23,408 6% 17% 63% 134 4% 59% 14% Using marijuana regularly 10% 17% 51% 23,166 14% 17% 133 23% 19% 50% Gambling regularly 20% 16% 23,320 19% 15% 37% 29% 30% 134 35% Using methamphetamines (crank) regularly 19% 3% 68% 22,845 16% 2% 13% 131 11% 69% Using cocaine regularly 19% 7% 73% 23,253 18% 1% 8% 74% 133 2% Using amphetamines other than methamphetamines regularly 19% 4% 17% 59% 22,841 18% 2% 22% 58% 130 Using any other illegal drug regularly 18% 23,277 1% 14% 2% 11% 68% 15% 70% 133 Regularly using over-the-counter medications differently than directed 20% 8% 26% 23,177 16% 8% 25% 51% 134 46%

Note: LR = Little or no risk, SR = Slight risk, MR = Moderate risk, HR = High risk; # = Number of students responding to the item. See full question and item wording in the appendix.

20%

19%

7%

8%

Regularly using e-cigarettes

Regularly using prescription medication for non-medical reasons

134

134

# Perceptions of Peer Beliefs

All students participating in the 2021 IYS were asked about their perceptions of other students' beliefs about/acceptance of engaging in 8 different behaviors. Students were asked, "About how many students in your grade would feel it is okay for you to do each of the following?" The response options were a five-point scale that ranged from "almost none would think it is okay" to "almost all would think it is okay."

The set of peer questions were immediately preceded by: "The questions in this section of the survey refer to the students in your school. When you read and answer these questions keep in mind the attitudes and beliefs of other students."

Table S26: Perception of peer acceptance, by sex

		State						County				
	~0	Few	Some	Most	~All	#	~0	Few	Some	Most	~All	#
Drink beer, wine, alcoholic drinks, or hard liquor	32%	23%	28%	13%	4%	21,857	44%	24%	27%	4%	1%	106
Smoke cigarettes	40%	31%	22%	5%	2%	21,822	51%	27%	17%	3%	2%	106
Use an e-cigarette, JUUL, vape-pen, e-hookah, mod-box, or other electronic cigarette	29%	23%	25%	16%	7%	21,788	43%	29%	19%	6%	3%	106
Use marijuana	47%	22%	19%	9%	4%	21,583	55%	29%	11%	3%	2%	105
Use any illegal drug other than alcohol, cigarettes, or marijuana	55%	25%	14%	4%	2%	21,777	69%	18%	9%	3%	1%	106
Go to a party where kids under 21 were drinking alcohol	32%	25%	22%	15%	7%	21,791	44%	33%	15%	5%	3%	106
Go to a party where kids were using drugs	42%	25%	19%	9%	4%	21,775	57%	27%	12%	2%	2%	106
Use prescription drugs for non-medical reasons	50%	28%	16%	4%	2%	21,741	59%	25%	10%	4%	2%	106

### Male

	with											
		State					County					
	~0	Few	Some	Most	~All	#	~0	Few	Some	Most	~All	#
Drink beer, wine, alcoholic drinks, or hard liquor	39%	25%	24%	9%	3%	23,325	45%	20%	24%	9%	2%	132
Smoke cigarettes	50%	29%	16%	3%	2%	23,280	50%	28%	18%	4%	1%	131
Use an e-cigarette, JUUL, vape-pen, e-hookah, mod-box, or other electronic cigarette	38%	26%	22%	10%	4%	23,259	44%	21%	21%	10%	3%	131
Use marijuana	52%	21%	17%	7%	3%	23,141	54%	20%	18%	6%	2%	130
Use any illegal drug other than alcohol, cigarettes, or marijuana	62%	22%	11%	3%	2%	23,251	62%	24%	8%	5%	1%	131
Go to a party where kids under 21 were drinking alcohol	40%	26%	20%	10%	5%	23,267	39%	32%	18%	8%	4%	131
Go to a party where kids were using drugs	54%	23%	15%	5%	3%	23,260	56%	22%	14%	7%	2%	131
Use prescription drugs for non-medical reasons	57%	24%	13%	3%	2%	23,244	50%	29%	15%	4%	2%	131

Note:  $\sim 0$  = Almost none would think it is ok, Few = A few would think it is ok, Some = Some would and some wouldn't think it is ok, Most = Most would think it is ok,  $\sim$  All = Almost all would think it is ok; # = Number of students responding to item

# Student Attitudes Toward School

All students participating in the 2021 IYS were asked to indicate their level of agreement with eleven different statements about their school. For each statement, response options were: strongly disagree, disagree, neither agree nor disagree, agree, and strongly agree. Four of eleven statements were related to students' personal attitudes toward school, two statements were about school communication with the student's parent/guardian, four statements were on school resources, and one statement was about the student's peers being welcoming toward new students.

Table S27: Attitudes toward school, by sex

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	State								Co	ounty		
	SD	D	N	A	SA	#	SD	D	N	A	SA	#
Feel safe at school	3%	6%	23%	46%	22%	21,910	4%	7%	31%	41%	17%	107
Care about school	3%	6%	22%	43%	26%	21,901	6%	5%	23%	49%	18%	106
Put forth best effort	1%	2%	10%	39%	48%	21,907	1%	5%	8%	42%	44%	106
Do not plan to finish high school	74%	17%	6%	2%	2%	21,880	76%	15%	7%	1%	1%	106
School informs parent/guardian when I do a good job	6%	11%	23%	38%	22%	21,861	7%	4%	16%	47%	27%	107
School informs parent /guardian of misbehavior	1%	2%	14%	49%	34%	21,859	1%	1%	11%	40%	47%	107
Adults available at school to go to for help	5%	6%	13%	36%	40%	21,869	8%	4%	13%	35%	40%	106
Peers are welcoming to new students	5%	9%	30%	36%	19%	21,873	2%	9%	28%	41%	20%	107
School has up-to-date technology	2%	4%	14%	46%	34%	21,799	2%	6%	13%	43%	36%	107
School has available space for extra-curricular activities	2%	3%	14%	46%	34%	21,731	2%	2%	15%	50%	32%	107
School building is well maintained	3%	5%	20%	43%	30%	21,771	3%	12%	25%	33%	27%	106

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	State								Co	unty		
	SD	D	N	A	SA	#	SD	D	N	A	SA	#
Feel safe at school	4%	5%	20%	44%	27%	23,366	7%	8%	19%	44%	22%	130
Care about school	6%	7%	23%	40%	25%	23,364	12%	6%	21%	34%	28%	130
Put forth best effort	2%	4%	14%	39%	40%	23,362	2%	4%	12%	44%	38%	130
Do not plan to finish high school	68%	17%	8%	3%	4%	23,316	71%	13%	12%	2%	2%	129
School informs parent/guardian when I do a good job	7%	9%	21%	38%	25%	23,341	10%	8%	22%	34%	26%	130
School informs parent /guardian of misbehavior	2%	2%	12%	46%	38%	23,333	2%	2%	13%	41%	42%	130
Adults available at school to go to for help	6%	5%	14%	36%	39%	23,333	8%	6%	13%	34%	38%	130
Peers are welcoming to new students	5%	7%	29%	38%	21%	23,328	6%	7%	31%	31%	25%	130
School has up-to-date technology	4%	6%	17%	42%	31%	23,316	5%	5%	23%	32%	35%	130
School has available space for extra-curricular activities	3%	4%	16%	44%	34%	23,250	6%	1%	13%	41%	39%	130
School building is well maintained	4%	5%	19%	42%	31%	23,297	7%	9%	19%	39%	27%	129

Note: SD = Strongly Disagree, D = Disagree, N = Neither Agree nor Disagree, A = Agree, SA = Strongly Agree; # = the number of students responding to that item

# Illegal or Violent Behavior

Students participating in the 2021 IYS were asked about their direct experience with 11 different illegal and/or violent behaviors. Specifically, students were asked, "In the past 12 months, have you done any of the following on school property or at a school event?" The statements included: Carried a gun, knife, club, or other weapon that is not used for a school activity like archery, kendo, skeet shooting, etc.; Used alcohol or other illegal drugs; Used cigarettes, smokeless tobacco (chewing tobacco, snuff, plug, dipping tobacco, snus), or e-cigarettes (vape-pens, hookah-pens, e-hookahs, e-cigars, e-pipes, personal vaporizers or mods); Had your belongings (clothing, books, bike, car) stolen or deliberately damaged; Been disciplined for fighting, theft, or damaging property; Been threatened or injured by someone with a weapon (like a gun, knife or club); Damaged property on purpose (like breaking windows, scratching a car, etc.); Hit, kicked, or fought someone because they made you angry; Used a weapon, force, or threats to get money or things from someone; Verbally threatened to physically harm someone; Stolen something. The list also included a statement designed to identify and prevent students from selecting the same response for each item, "Helped a friend or classmate with a problem they were having;" this item is not displayed in the tables.

Table S28: Illegal or violent activities on school property or at a school event in the past 12 months, by sex

	Female								
		State			County				
	Yes	No	#	Yes	No	#			
Carried a gun, knife, club, or other weapon that is not used for a school activity	2%	98%	21,858	2%	98%	106			
Used alcohol or other illegal drugs	4%	96%	21,837	2%	98%	106			
Used cigarettes, smokeless tobacco or e-cigarettes	5%	95%	21,832	2%	98%	106			
Had your belongings (clothing, books, bike, car) stolen or deliberately damaged	14%	86%	21,833	14%	86%	106			
Been disciplined for fighting, theft, or damaging property	4%	96%	21,791	7%	93%	105			
Been threatened or injured by someone with a weapon (like a gun, knife or club)	5%	95%	21,837	9%	91%	106			
Damaged property on purpose (like breaking windows, scratching a car, etc.)	2%	98%	21,797	0%	100%	105			
Hit, kicked, or fought someone because they made you angry	14%	86%	21,762	15%	85%	105			
Used a weapon, force, or threats to get money or things from someone	1%	99%	21,795	0%	100%	105			
Verbally threatened to physically harm someone	7%	93%	21,760	9%	91%	104			
Stolen something	6%	94%	21,765	3%	97%	105			

	Male								
		State		County					
	Yes	No	#	Yes	No	#			
Carried a gun, knife, club, or other weapon that is not used for a school activity	5%	95%	23,299	6%	94%	128			
Used alcohol or other illegal drugs	4%	96%	23,279	2%	98%	128			
Used cigarettes, smokeless tobacco or e-cigarettes	4%	96%	23,272	4%	96%	128			
Had your belongings (clothing, books, bike, car) stolen or deliberately damaged	17%	83%	23,268	21%	79%	128			
Been disciplined for fighting, theft, or damaging property	9%	91%	23,230	12%	88%	128			
Been threatened or injured by someone with a weapon (like a gun, knife or club)	6%	94%	23,260	6%	94%	128			
Damaged property on purpose (like breaking windows, scratching a car, etc.)	4%	96%	23,233	2%	98%	127			
Hit, kicked, or fought someone because they made you angry	21%	79%	23,200	28%	72%	127			
Used a weapon, force, or threats to get money or things from someone	1%	99%	23,222	1%	99%	127			
Verbally threatened to physically harm someone	11%	89%	23,190	14%	86%	127			
Stolen something	7%	93%	23,206	10%	90%	127			

Question: In the past 12 months, have you done any of the following on school property or at a school event? Note: See appendix for full question wording. # = Number of students responding to item

Table S29: Relationship with person the student hit, kicked, or fought, by sex

	Fen	nale	Male			
	State	County	State	County		
Sibling(s) only	44%	50%	31%	29%		
Sibling(s) <u>and</u> another person or persons (e.g. friends, classmates, peers)	31%	44%	27%	23%		
Another person or persons (e.g. friends, classmates, peers)	25%	6%	42%	49%		
# Responding	2,919	16	4,687	35		

Question: What is your relationship with the person or persons you hit, kicked, or fought in the past 12 months?

# **Bullying Behaviors**

All students participating in the 2021 IYS were asked how often they experienced seven different types of bullying behaviors in the past 30 days. The response options were a five-point scale that ranged from "has not occurred" to "more than 10 times." For each type of bullying behavior that the student reported experiencing, they were subsequently asked, "What, if anything, do you think may have made you a target of the following behavior?" and were asked to check all examples that applied to them. The listed response options included: my race, country of origin, or ethnicity, my culture, my religion, my sexual orientation, my gender, another reason, and don't know/not sure. Students were also asked how often they had done the same seven bully behaviors to someone at school in the past 30 days using the same five response options from "has not occurred" to "more than 10 times". Students were also asked how often school staff attempted to stop bullying and if they stayed home from school in the past 30 days because they felt unsafe going or being at school.

The set of bullying questions were immediately preceded by: "The following questions are about bullying. Bullying is unwanted, aggressive behavior among school-aged children that involves a real or perceived power imbalance (such as the use of physical strength, access to embarrassing information, or popularity to control or harm others). Bullying can occur in person or through technology."

Table S30: Number of experiences being bullied in last month, by sex

	State								Co	ounty		
	0	1	2-4	5-10	>10	#	0	1	2-4	5-10	>10	#
Called names, made fun of, or teased	44%	21%	19%	7%	9%	21,641	43%	13%	25%	7%	12%	105
Left out, excluded, or ignored	48%	21%	18%	7%	7%	21,607	44%	17%	24%	7%	9%	105
Hit, kicked, pushed, or shoved	80%	10%	6%	2%	2%	21,615	70%	12%	10%	7%	2%	105
Other students told lies, spread rumors about me and tried to make others dislike me	55%	18%	13%	6%	7%	21,604	53%	20%	11%	6%	10%	105
Other students made hurtful sexual jokes, comments, or gestures	68%	12%	9%	4%	6%	21,585	69%	11%	8%	3%	10%	105
Received a threatening or hurtful message from another student	86%	7%	4%	1%	2%	21,602	84%	5%	8%	1%	3%	105
Something hurtful has been shared about me on social media	85%	8%	4%	1%	2%	21,605	84%	6%	7%	2%	2%	105

	Male											
	State								Co	unty		
	0	1	2-4	5-10	>10	#	0	1	2-4	5-10	>10	#
Called names, made fun of, or teased	49%	20%	15%	6%	10%	23,025	43%	21%	23%	5%	9%	124
Left out, excluded, or ignored	62%	17%	12%	4%	5%	22,987	63%	15%	12%	7%	3%	123
Hit, kicked, pushed, or shoved	73%	13%	8%	3%	4%	22,981	73%	13%	10%	2%	2%	124
Other students told lies, spread rumors about me and tried to make others dislike me	65%	15%	10%	4%	6%	22,972	65%	13%	13%	7%	2%	124
Other students made hurtful sexual jokes, comments, or gestures	76%	9%	7%	3%	6%	22,943	76%	6%	9%	2%	6%	124
Received a threatening or hurtful message from another student	89%	5%	3%	1%	2%	22,966	89%	6%	4%	2%	0%	124
Something hurtful has been shared about me on social media	89%	5%	3%	1%	2%	22,949	89%	6%	3%	2%	1%	124

Note: 0 = Has not occurred, 1 = occurred 1 time, 2-4 = occurred 2-4 times, 5-10 = occurred 5-10 times, >10 = occurred >10 times in the past 30 days# = number responding to that item

Table S31: Perceived reasons for those reporting experiences, by sex

4%

3%

3%

11%

9%

#### **Female** State County R/E $\mathbf{C}$ RL SO G OT DK R/E RL. SO DK # C G OT Called names, made fun of, or teased 5% 46% 44% 57 9% 4% 14% 12% 11,414 4% 2% 4% 19% 14% 47% 47% Left out, excluded, or ignored 3% 2% 2% 5% 6% 43% 58% 10,668 0% 0% 0% 5% 4% 49% 60% 57 Hit, kicked, pushed, or shoved 3% 2% 2% 7% 8% 42% 52% 4,028 0% 0% 0% 3% 30 7% 50% 53% Other students told lies, spread rumors about me and tried to make others 2% 9% 6% 52% 9,172 0% 2% 0% 47 3% 2% 44% 11% 6% 51% 51% dislike me Other students made hurtful sexual 2% 17% 28% 35% 39% 6,435 3% 3% 3% 16% 29% 3% 2% 16% 58% 31 jokes, comments, or gestures Received a threatening or hurtful 2,835 17 5% 3% 3% 10% 8% 48% 46% 0% 0% 6% 18% 12% 24% 65% message from another student Something hurtful has been shared

51%

43%

3,146

0%

0%

0%

13%

13%

44%

63%

16

Male State **County** R/E  $\mathbf{C}$ **RL** SO G OT DK R/E  $\mathbf{C}$ RLSO OT DK # G Called names, made fun of, or teased 10,564 2% 53% 57 4% 4% 8% 5% 39% 53% 4% 11% 9% 2% 12% 46% Left out, excluded, or ignored 4% 3% 3% 4% 4% 36% 61% 7.964 0% 0% 0% 5% 5% 44% 73% 41 Hit, kicked, pushed, or shoved 4% 3% 3% 5% 4% 41% 55% 5,596 0% 0% 4% 4% 4% 52% 27 63% Other students told lies, spread rumors about me and tried to make others 41% 53% 7,354 0% 11% 4% 3% 3% 7% 5% 0% 3% 11% 61% 47% 36 dislike me Other students made hurtful sexual 5% 3% 3% 12% 9% 33% 55% 4,983 4% 0% 0% 23% 15% 27% 54% 26 jokes, comments, or gestures Received a threatening or hurtful 9% 9% 8% 2,278 0% 0% 13 6% 5% 36% 51% 0% 15% 15% 46% 69% message from another student Something hurtful has been shared 39% 0% 8% 6% 6% 10% 9% 49% 2,235 0% 0% 7% 7% 64% 57% 14 about me on social media

Note: R/E = Race, country of origin or ethnicity, C = Culture, RL = Religion, SO = Sexual orientation, G = Gender, OT = Other reason, DK = Don't know/not sure, # = number responding to that item

about me on social media

Table S32: Frequency of self-reported bullying behavior in last month, by sex

	Female											
	State							Cou	unty			
	0	1	2-4	5-10	>10	#	0	1	2-4	5-10	>10	#
I called someone names or made fun of them or teased them in a hurtful way	81%	12%	5%	1%	1%	21,458	82%	13%	6%	0%	0%	104
I left out, excluded, or ignored	84%	12%	3%	<1%	1%	21,445	83%	12%	4%	1%	1%	104
I hit, kicked, pushed, or shoved	88%	7%	3%	1%	1%	21,446	82%	10%	6%	2%	1%	104
I told lies, spread false rumors about another student	94%	4%	1%	<1%	<1%	21,433	94%	4%	1%	0%	1%	104
I made hurtful sexual jokes, comments, or gestures	94%	3%	2%	<1%	1%	21,439	95%	4%	0%	0%	1%	104
I sent a threatening or hurtful message in an email, a text message, or a direct message (DM)	97%	2%	1%	<1%	<1%	21,447	98%	2%	0%	0%	0%	104
I shared potentially damaging info about someone else on social media	98%	1%	1%	<1%	<1%	21,445	99%	1%	0%	0%	0%	104

	Male											
	State								Cou	ınty		
	0	1	2-4	5-10	>10	#	0	1	2-4	5-10	>10	#
I called someone names or made fun of them or teased them in a hurtful way	74%	15%	7%	1%	2%	22,704	69%	16%	11%	1%	4%	121
I left out, excluded, or ignored	83%	11%	4%	1%	1%	22,688	83%	7%	8%	0%	2%	122
I hit, kicked, pushed, or shoved	81%	11%	5%	1%	2%	22,668	80%	10%	7%	2%	1%	122
I told lies, spread false rumors about another student	93%	4%	2%	<1%	1%	22,662	93%	4%	2%	0%	1%	122
I made hurtful sexual jokes, comments, or gestures	86%	6%	4%	1%	3%	22,660	83%	4%	5%	2%	6%	121
I sent a threatening or hurtful message in an email, a text message, or a direct message (DM)	96%	2%	1%	<1%	1%	22,674	94%	3%	2%	0%	0%	122
I shared potentially damaging info about someone else on social media	96%	2%	1%	<1%	1%	22,673	94%	3%	2%	0%	0%	122

Note: 0 = Has not occurred, 1 = occurred 1 time, 2-4 = occurred 2-4 times, 5-10 = occurred 5-10 times, >10 = occurred >10 times in the past 30 days# = number responding to that item

Table S33: School staff attempt to stop bullying, by sex

	Fen	nale	Male		
	State	County	State	County	
Almost never	13%	12%	14%	14%	
Once in a while	21%	24%	17%	14%	
Sometimes	22%	24%	19%	24%	
Often	22%	20%	24%	26%	
Almost always	22%	22%	26%	23%	
# Responding	21,365	102	22,640	124	

Question: How often, if ever, do school staff attempt to stop bullying when they know about it?

Table S34: Stayed home because student felt unsafe going to school, by sex

	Fen	nale	Male		
	State	County	State	County	
Yes	12%	19%	7%	8%	
No	88%	81%	93%	92%	
# Responding	21,468	103	22,787	124	

Question: In the past 30 days, did you ever stay home because you felt unsafe going to school or being at school?

# Perceptions of Other Students' Respect for Diversity

All students participating in the 2021 IYS were asked about their beliefs of other students in their school. The students were asked, "Please indicate how much you agree or disagree with each of the following statements," followed by the 6 different statements regarding students' respect of others based on different situations or demographics such as gender, sexual orientation, or learning disabilities. The response options were a five-point scale that ranged from "strongly disagree" to "strongly agree."

Table S35: Beliefs about other students' respect for diversity, by sex

	_ <del>- • • • • • • • • • • • • • • • • • • </del>											
			( h	State			County					
	SD	D	N	A	SA	#	SD	D	N	A	SA	#
Students in this school respect other people regardless of gender	11%	19%	31%	27%	12%	21,286	11%	20%	30%	26%	13%	102
Students in this school respect other people regardless of their race/ethnicity/skin color	8%	12%	25%	34%	21%	21,267	6%	8%	28%	32%	25%	102
Students in this school respect other people regardless of their cultural/religious differences	7%	10%	25%	36%	21%	21,255	9%	8%	27%	39%	17%	102
Students in this school respect other people regardless of their physical disabilities	8%	13%	25%	33%	21%	21,232	6%	12%	26%	35%	21%	102
Students in this school respect other people regardless of their learning disabilities	8%	14%	27%	32%	19%	21,238	6%	13%	26%	35%	20%	102
Students in this school respect other people regardless of their sexual orientation	17%	18%	29%	22%	14%	21,125	25%	17%	20%	23%	15%	100
						Mo	ala.					

	Male											
			(	State					Co	unty		
	SD	D	N	A	SA	#	SD	D	N	A	SA	#
Students in this school respect other people regardless of gender	9%	12%	30%	32%	17%	22,491	9%	13%	34%	30%	14%	122
Students in this school respect other people regardless of their race/ethnicity/skin color	6%	8%	22%	37%	27%	22,459	8%	4%	30%	37%	20%	122
Students in this school respect other people regardless of their cultural/religious differences	6%	7%	23%	38%	27%	22,432	7%	2%	33%	39%	20%	122
Students in this school respect other people regardless of their physical disabilities	7%	9%	24%	35%	26%	22,410	7%	5%	32%	34%	22%	122
Students in this school respect other people regardless of their learning disabilities	7%	9%	25%	35%	24%	22,407	8%	6%	32%	35%	19%	122
Students in this school respect other people regardless of their sexual orientation	13%	13%	30%	26%	18%	22,312	13%	13%	31%	29%	14%	122

Note: SD = Strongly Disagree, D = Disagree, N = Neither Agree nor Disagree, A = Agree, SA = Strongly Agree; # = Number of students responding to the item.

# Student Perceptions of Teachers & Staff

All students participating in the 2021 IYS were asked to indicate how much they agree or disagree with nine statements about their perceptions of teachers and staff at their school. For each statement, response options were: strongly disagree, disagree, neither agree nor disagree, agree, and strongly agree. Three of nine statements were related to students' perceptions of teacher caring and feedback, the other six statements were about the perceived respect that staff showed for a variety of dimensions of diversity such as race/ethnicity differences and physical disabilities.

# 2021 Iowa Youth Survey, County Report

Table S36: Perceptions of teachers/staff, by sex

Femal	e
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	State					County						
	SD	D	N	A	SA	#	SD	D	N	A	SA	#
My teachers care about me	3%	5%	23%	44%	26%	21,337	4%	3%	20%	52%	22%	102
My teachers are available to talk with students one-on-one	3%	6%	20%	45%	26%	21,329	2%	9%	21%	44%	25%	102
My teachers notice when I am doing a good job and let me know about it	5%	11%	27%	35%	21%	21,328	6%	8%	27%	35%	24%	102
Staff in this school respect gender differences	2%	4%	19%	42%	32%	21,127	1%	4%	13%	44%	37%	99
Staff in this school respect racial/ethnic/skin color differences	2%	3%	13%	43%	40%	21,131	1%	0%	14%	40%	45%	100
Staff in this school respect cultural/religious differences	1%	2%	13%	43%	39%	21,133	1%	0%	11%	43%	45%	100
Staff in this school respect all sexual orientations	3%	5%	21%	39%	33%	21,006	3%	2%	21%	35%	38%	99
Staff in this school respect students with learning disabilities	2%	2%	12%	41%	43%	21,137	2%	0%	10%	39%	48%	99
Staff in this school respect students with physical disabilities	1%	2%	11%	41%	44%	21,133	3%	0%	12%	34%	51%	100

Ma.	16

	State					County						
	SD	D	N	A	SA	#	SD	D	N	A	SA	#
My teachers care about me	4%	5%	22%	42%	27%	22,542	7%	3%	20%	43%	28%	122
My teachers are available to talk with students one-on-one	4%	5%	19%	44%	28%	22,527	6%	2%	16%	48%	28%	121
My teachers notice when I am doing a good job and let me know about it	7%	9%	25%	35%	24%	22,535	8%	8%	21%	37%	25%	122
Staff in this school respect gender differences	3%	3%	16%	39%	39%	22,293	5%	2%	15%	39%	40%	121
Staff in this school respect racial/ethnic/skin color differences	2%	2%	13%	39%	44%	22,285	2%	2%	15%	33%	48%	121
Staff in this school respect cultural/religious differences	2%	2%	13%	39%	44%	22,270	3%	2%	13%	35%	47%	121
Staff in this school respect all sexual orientations	3%	3%	17%	38%	39%	22,188	2%	2%	15%	32%	48%	121
Staff in this school respect students with learning disabilities	2%	2%	12%	37%	46%	22,280	2%	2%	13%	33%	50%	121
Staff in this school respect students with physical disabilities	2%	1%	12%	38%	47%	22,271	2%	2%	13%	36%	48%	121

Note: SD = Strongly disapprove, D = Somewhat disapprove, N = Neither approve nor disapprove, A = Somewhat approve, SA = Strongly approve; # = Number of students responding to item

# Ease of Access to Harmful Substances and Items

All students participating in the 2021 IYS were asked about their beliefs on ease of access to 8 different substances and items. The students were asked, "How easy or hard do you think it would be for someone your age to get each of the following:" followed by the eight different substances or items. The response options were a four-point scale that ranged from "very hard" to "very easy" as well as a "don't know/not sure" option.

Table S37: Ease of access to harmful substances, by sex

			S	tate			County					
	VH	Н	Е	VE	DK	#	VH	Н	Е	VE	DK	#
Cigarettes	15%	24%	28%	11%	22%	20,930	23%	22%	26%	5%	25%	97
E-cigarettes, JUUL, vape-pen, e-hookah, mod-box, or other electronic cigarettes	15%	15%	28%	25%	17%	20,939	21%	20%	26%	13%	21%	97
Alcoholic beverages (beer, wine, or liquor)	15%	17%	29%	23%	16%	20,972	23%	18%	29%	16%	14%	97
Marijuana (pot, weed, bud, hash)	27%	24%	17%	11%	21%	20,937	28%	30%	18%	2%	22%	96
Any other illegal drug (methamphetamine, heroin, cocaine, etc.)	35%	27%	10%	5%	22%	20,952	37%	24%	13%	2%	24%	97
A firearm (handgun, shotgun, rifle, etc.)	23%	28%	20%	10%	21%	20,946	25%	20%	29%	5%	22%	97
Prescription medication that is not prescribed for you by a doctor or nurse	21%	23%	22%	13%	21%	20,946	25%	21%	24%	7%	23%	96
Lottery or scratch tickets	13%	20%	26%	19%	23%	20,952	19%	20%	23%	13%	26%	97

Male State **County** VH Н E VE DK # VH Η E VE DK # 22,064 Cigarettes 24% 22% 11% 22% 22% 11% 20% 20% 23% 24% 121 E-cigarettes, JUUL, vape-pen, e-hookah, mod-box, or other 17% 20% 19% 22,089 24% 19% 21% 17% 121 19% 25% 19% electronic cigarettes Alcoholic beverages (beer, wine, or liquor) 20% 19% 25% 18% 18% 22,109 23% 20% 26% 13% 17% 121 Marijuana (pot, weed, bud, hash) 21% 15% 11% 21% 22,081 36% 20% 14% 11% 19% 33% 121 Any other illegal drug (methamphetamine, heroin, cocaine, etc.) 42% 22% 8% 5% 22% 22,102 43% 21% 9% 5% 22% 121 A firearm (handgun, shotgun, rifle, etc.) 27% 24% 18% 10% 20% 22,094 28% 22% 21% 15% 121 14% Prescription medication that is not prescribed for you by a doctor 27% 23% 17% 10% 22% 22,092 31% 21% 12% 12% 24% 121

18%

23%

19%

23%

22,104

17%

17%

21%

21%

22%

Note: VH = Very hard, H = Hard, E = Easy, VE = Very easy, DK = Don't know/Not sure; # = Number of students responding to the item

17%

or nurse

Lottery or scratch tickets

121

# Alcohol Use

All students participating in the 2021 IYS were asked a series of questions about their alcohol use. Students who reported having had a drink of alcohol at least once in their life\_were asked two additional items. Students who reported having had a drink of alcohol in the past 30 days were asked 10 additional items.

Table S38: Alcohol use (all participants), by sex

			Fem	ale			
		State			County		
	Yes	No	#	Yes	No	#	
Ever had alcohol	23%	77%	21,169	10%	90%	97	
At least 1 drink in past 30 days	9%	91%	21,308	6%	94%	97	
Drank beer in past 30 days	4%	96%	21,270	3%	97%	97	
Drank "any other alcohol" in past 30 days	8%	92%	21,288	6%	94%	97	
Binge drinking in past 30 days	4%	96%	21,310	1%	99%	97	
Ever driven a car or other motorized vehicle (ATV, tractor, moped) after using any amount of alcohol, recreational or non-prescribed drugs	4%	96%	21,139	4%	96%	97	
	•	•	Ma	مام	•	•	

	Male							
	State							
	Yes	No	#	Yes	No	#		
Ever had alcohol	23%	77%	22,362	17%	83%	121		
At least 1 drink in past 30 days	8%	92%	22,538	2%	98%	121		
Drank beer in past 30 days	5%	95%	22,509	2%	98%	121		
Drank "any other alcohol" in past 30 days	6%	94%	22,515	2%	98%	121		
Binge drinking in past 30 days	3%	97%	22,542	2%	98%	121		
Ever driven a car or other motorized vehicle (ATV, tractor, moped) after using any amount of alcohol, recreational or non-prescribed drugs	7%	93%	22,279	9%	91%	121		

Note: See appendix for full question wording. # = Number of students responding to item

Table S39: Age for first alcoholic drink (among students who have ever had a drink), by sex

	Fen	nale	M	ale
	State	County	State	County
8 or younger	11%	*	17%	24%
9 or 10	10%	*	13%	10%
11 or 12	19%	*	20%	24%
13 or 14	29%	*	24%	29%
15 or 16	29%	*	24%	14%
17 or older	2%	*	3%	0%
# Responding	4,881	*	5,024	21

Question: How old were you when you first drank (more than a few sips of) alcohol (beer, wine, alcoholic drinks, or hard liquor such as vodka, whiskey, rum, tequila, gin)?

Table S40: At least one alcoholic drink (among students who have ever had a drink) in the past 30 days, by sex

	Fer	nale	M	ale
	State	County	State	County
Yes	40%	*	34%	14%
No	60%	*	66%	86%
# Responding	4,897	*	5,040	21

Question: In the past 30 days, have you had at least one drink of alcohol (glass, bottle or can of beer, glass of wine, liquor, or mixed drink)?

Table S41: Alcohol use (among students who reported having at least 1 drink in the past 30 days), by sex

	Female										
		State	;	County							
	Yes	No	#	Yes	No	#					
Drank beer in past 30 days	46%	54%	1,934	*	*	*					
Drank "any other alcohol" in past 30 days	88%	12%	1,952	*	*	*					
Binge drinking in past 30 days	41%	59%	1,974	*	*	*					
			1.7	1							

	Male									
		State	}	County						
	Yes	No	#	Yes	No	#				
Drank beer in past 30 days	69%	31%	1,693	*	*	*				
Drank "any other alcohol" in past 30 days	76%	24%	1,699	*	*	*				
Binge drinking in past 30 days	44%	56%	1,726	*	*	*				

Notes: See appendix for question wording. # = Number of students responding to item

Table S42: How alcohol was acquired in the past 30 days (all participants), by sex

		State			7				
	Yes	No	#	Yes	No	#			
I bought it	1%	99%	21,288	0%	100%	97			
I gave someone money to buy it	2%	98%	21,287	0%	100%	97			
A parent/guardian gave it to me	3%	97%	21,282	3%	97%	97			
I took it from my parent/guardian's cabinet/refrigerator	3%	97%	21,280	2%	98%	97			
I got it at a party	4%	96%	21,278	0%	100%	97			
A friend who is under 21 gave it to me	3%	97%	21,281	2%	98%	97			
A friend who is 21 or over gave it to me	3%	97%	21,280	0%	100%	97			

### Male

		State			7	
	Yes	No	#	Yes	No	#
I bought it	1%	99%	22,515	0%	100%	121
I gave someone money to buy it	2%	98%	22,512	0%	100%	121
A parent/guardian gave it to me	2%	98%	22,513	0%	100%	121
I took it from my parent/guardian's cabinet/refrigerator	2%	98%	22,510	0%	100%	121
I got it at a party	3%	97%	22,511	1%	99%	121
A friend who is under 21 gave it to me	2%	98%	22,512	1%	99%	121
A friend who is 21 or over gave it to me	2%	98%	22,507	0%	100%	121

Question: In the past 30 days, did you get alcohol in the following ways? # = Number of students responding to item

Table S43: How alcohol was acquired in the past 30 days (among students who reported having at least 1 drink in the past 30 days), by sex

	<b>Female</b>										
		State		7							
	Yes	No	#	Yes	No	#					
I bought it	9%	91%	1,952	*	*	*					
I gave someone money to buy it	26%	74%	1,951	*	*	*					
A parent/guardian gave it to me	29%	71%	1,946	*	*	*					
I took it from my parent/guardian's cabinet/refrigerator	35%	65%	1,944	*	*	*					
I got it at a party	41%	59%	1,942	*	*	*					
A friend who is under 21 gave it to me	38%	62%	1,945	*	*	*					
A friend who is 21 or over gave it to me	31%	69%	1,944	*	*	*					

#### Male State **County** # Yes No Yes No # I bought it 15% 85% 1,699 \* I gave someone money to buy it 24% 76% 1,696 A parent/guardian gave it to me 29% 71% 1,697 I took it from my parent/guardian's 29% 71% 1,694 cabinet/refrigerator I got it at a party 36% 64% 1,695 A friend who is under 21 gave it to me 30% 70% 1,696 \* \* \* \* A friend who is 21 or over gave it to me 28% 72% 1,691

Question: In the past 30 days, did you get alcohol in the following ways? # = Number of students responding to item

# Tobacco Use

All students participating in the 2021 IYS were asked about their use of tobacco and nicotine products including cigarettes, cigars, smokeless tobacco, water pipes or hookah, heated (heat-not-burn) tobacco products, and electronic nicotine products. Students who reported having ever used tobacco or nicotine products were also asked about current (past 30 day) use, age of first use, quit attempts in the past 12 months, and average number of cigarettes smoked per day (among current smokers).

Table S44: Ever used tobacco or nicotine products, by sex

	<b>Female</b>										
		State									
	Yes	No	#	Yes	No	#					
Smoked tobacco or used any tobacco products (not including e-cigarettes)?	4%	96%	21,070	2%	98%	97					
Used an e-cigarette?	14%	86%	21,037	8%	92%	97					
Used a heated (heat-not-burn) tobacco product?	2%	98%	21,051	2%	98%	97					
	Male										

State **County** # Yes No Yes No # Smoked tobacco or used any tobacco products 5% 95% 22,207 3% 97% 120 (not including e-cigarettes)? Used an e-cigarette? 11% 89% 22,188 7% 93% 120 Used a heated (heat-not-burn) tobacco product? 2% 98% 22,178 1% 99% 120

Question: Have you ever...? Notes: See appendix for full question wording. # = Number of students responding to item

Table S45: Age of first tobacco / nicotine use, by sex

		1 cmarc														
		State						County								
	Never used	<9	9-10	11-12	13-14	15-16	17+	#	Never used	<9	9-10	11-12	13-14	15-16	17+	#
Smoked a whole cigarette	33%	6%	8%	15%	19%	17%	1%	914	*	*	*	*	*	*	*	*
Used smokeless tobacco	74%	3%	4%	6%	7%	6%	<1%	913	*	*	*	*	*	*	*	*
Used an e-cigarette	3%	3%	7%	23%	36%	26%	1%	2,908	*	*	*	*	*	*	*	*
Used heated (heat-not-burn) tobacco products	41%	5%	5%	18%	17%	14%	2%	398	*	*	*	*	*	*	*	*
Smoked menthol cigarettes	53%	3%	6%	9%	16%	12%	1%	915	*	*	*	*	*	*	*	*
									Mala							

#### Male

		State						County								
	Never used	<9	9-10	11-12	13-14	15-16	17+	#	Never used	<9	9-10	11-12	13-14	15-16	17+	#
Smoked a whole cigarette	36%	8%	8%	13%	17%	16%	2%	1,113	*	*	*	*	*	*	*	*
Used smokeless tobacco	51%	7%	6%	10%	13%	12%	1%	1,111	*	*	*	*	*	*	*	*
Used an e-cigarette	6%	5%	9%	22%	32%	24%	3%	2,363	*	*	*	*	*	*	*	*
Used heated (heat-not-burn) tobacco products	39%	11%	8%	14%	13%	13%	3%	475	*	*	*	*	*	*	*	*
Smoked menthol cigarettes	53%	6%	6%	10%	12%	11%	2%	1,112	*	*	*	*	*	*	*	*

Question: How old were you when you first...? Notes: See appendix for full question wording. # = Number of students responding to item

Used a heated (heat-not-burn) tobacco product,

Table S46: Types of tobacco and nicotine products used in the past 30 days (all participants), by sex Female

		State		County						
	Yes	No	Never used	#	Yes	No	Never used	#		
Smoked cigarettes	1%	3%	96%	21,233	0%	2%	98%	97		
Smoked menthol cigarettes	1%	3%	96%	21,233	0%	2%	98%	97		
Smoked cigars	<1%	4%	96%	21,232	0%	2%	98%	97		
Used smokeless tobacco	<1%	4%	96%	21,234	0%	2%	98%	97		
Smoked tobacco using a water pipe or hookah	<1%	4%	96%	21,234	0%	2%	98%	97		
Used an e-cigarette	7%	7%	86%	21,228	2%	6%	92%	97		
Used a heated (heat-not-burn) tobacco product,	1%	1%	98%	21,237	1%	1%	98%	97		

**County** State Never Never No # Yes No Yes used used 2% 4% 95% 22,433 0% 3% 97%

98%

Male

22,438

0%

1%

99%

Smoked cigarettes 120 Smoked menthol cigarettes 22,431 1% 4% 95% 0% 3% 97% 120 Smoked cigars 1% 4% 95% 22,429 0% 97% 120 3% Used smokeless tobacco 1% 4% 95% 22,431 0% 3% 97% 120 Smoked tobacco using a water pipe or hookah 22,429 1% 4% 95% 0% 3% 97% 120 22,429 Used an e-cigarette 5% 6% 89% 3% 4% 93% 120

Question: In the past 30 days, have you...? Notes: See appendix for full question wording. # = Number of students responding to item

1%

1%

#

120

Table S47: Cigarettes smoked per day among students who smoked in past 30 days, by sex

	Fen	nale	Male		
	State	County	State	County	
< 1 cigarette per day	62%	-	53%	-	
1 cigarette per day	13%	-	8%	-	
2 to 5 cigarettes per day	17%	-	18%	-	
6 to 10 cigarettes per day	4%	-	6%	-	
11 to 20 cigarettes per day	<1%	-	3%	-	
> 20 cigarettes per day	4%	-	12%	-	
# Responding	272	0	376	0	

Question: In the past 30 days, on the days you smoked, on average, about how many cigarettes did you smoke per day?

Table S48: Stopped smoking cigarettes or using electronic nicotine products in the past 12 months (all participants), by sex

	Female										
			State								
	Yes	No	Never used	#	Yes	No	Never used	#			
Stopped smoking cigarettes for one day or longer because you were trying to quit?	2%	2%	96%	21,220	1%	1%	98%	97			
Stopped using e-cigarettes because you were trying to quit?	7%	6%	86%	21,197	4%	4%	92%	97			
	Mala										

	Male									
			State		County					
	Yes	No	Never used	#	Yes	No	Never used	#		
Stopped smoking cigarettes for one day or longer because you were trying to quit?	2%	3%	95%	22,415	1%	3%	97%	120		
Stopped using e-cigarettes because you were trying to quit?	6%	5%	89%	22,409	2%	5%	93%	120		

Question: In the past 12 months, have you...? # = Number of students responding to item

Table S49: Stopped smoking cigarettes or using electronic nicotine products in the past 12 months among students who ever used tobacco or nicotine products, by sex

	Female									
		State	;							
	Yes	No	#	Yes	No	#				
Stopped smoking cigarettes for one day or longer because you were trying to quit?	46%	54%	904	*	*	*				
Stopped using e-cigarettes, JUUL, vape-pen, e-hookah, mod-box, or other electronic cigarette for one day or longer because you were trying to quit?	54%	46%	2,886	*	*	*				

	Male						
	State				County		
	Yes	No	#	Yes	No	#	
Stopped smoking cigarettes for one day or longer because you were trying to quit?	48%	52%	1,107	*	*	*	
Stopped using e-cigarettes, JUUL, vape-pen, e-hookah, mod-box, or other electronic cigarette for one day or longer because you were trying to quit?	54%	46%	2,353	*	*	*	

Question: In the past 12 months, have you...? # = Number of students responding to item

# Use of Marijuana and Other Drugs

All students participating in the 2021 IYS were asked a series of questions about past use of marijuana and other drugs. Specifically, students were asked if they have ever used marijuana (pot, grass, hash, bud, weed). Students who reported past use of marijuana were asked if they used it in the past 30 days and how old they were when they first tried marijuana. In addition to marijuana, students were asked, "in the past 30 days, have you...? (1) Sniffed glue, breathed the contents of gases or sprays in order to get high; (2) Used over-the-counter medications differently from the way the directions indicate; (3) Used prescription medications that were not prescribed for you by your doctor; (4) Used steroid pills or shots without a doctor's prescription; (5) Used cocaine (blow, crack, rock, coke [not Coca Cola]); (6) Used methamphetamines (crank); (7) Used amphetamines other than methamphetamines (like stimulants, uppers, speed); (8) Used an opioid (heroin) or a prescription opioid (oxycodone, hydrocodone, Oxycontin, codeine, etc.) for non-medical reasons; (9) Used mushrooms (shrooms, psilocybin); (10) Used MDMA (Ecstasy/Molly). Consistent with prior IYS administration years, marijuana is the only substance where students were asked if they "ever used" it and if they used in the past 30 days.

Table S50: Marijuana use (ever), by sex

	Fen	nale	Ma	Male		
	State	County	State	County		
Yes	7%	1%	6%	4%		
No	93%	99%	94%	96%		
# Responding	21,047	97	22,222	120		

Question: Have you ever used marijuana (pot, grass, hash, bud, weed)?

Table S51: Marijuana use (past 30 days) among sample of previous users, by sex

	Fer	nale	M	Male		
	State	County	State	County		
Yes	49%	*	49%	*		
No (but previously have used)	51%	*	51%	*		
# Responding	1,460	*	1,327	*		

Question: In the past 30 days, have you used marijuana (pot, grass, hash, bud, weed)?

Table S52: Marijuana use (past 30 days) among all participants, by sex

	Fen	nale	Male		
	State	County	State	County	
Yes	3%	1%	3%	1%	
No (but previously have used)	3%	0%	3%	3%	
No previous marijuana use reported	93%	99%	94%	96%	
# Responding	21,216	97	22,407	120	

Question: In the past 30 days, have you used marijuana (pot, grass, hash, bud, weed)?

Table S53: Drug use in the past 30 days, by sex

Female
--------

	State		County			
	Yes	No	#	Yes	No	#
Sniffed glue, breathed the contents of gases or sprays in order to get high	2%	98%	20,875	4%	96%	97
Used over-the-counter medications differently from the way the directions indicate	2%	98%	20,844	3%	97%	97
Used prescription medications that were not prescribed for you by your doctor	2%	98%	20,845	3%	97%	97
Used steroid pills or shots without a doctor's prescription	1%	99%	20,836	1%	99%	97
Used cocaine (blow, crack, rock, coke [not Coca Cola])	1%	99%	20,829	0%	100%	97
Used methamphetamines (crank)	<1%	100%	20,776	1%	99%	95
Used amphetamines other than methamphetamines (like stimulants, uppers, speed)	1%	99%	20,751	1%	99%	95
Used an opioid (heroin) or a prescription opioid (oxycodone, hydrocodone, Oxycontin, codeine, etc.) for non-medical reasons	<1%	100%	20,761	1%	99%	96
Used mushrooms (shrooms, psilocybin)	1%	99%	20,728	1%	99%	94
Used MDMA (Ecstasy/Molly)	<1%	100%	20,676	0%	100%	95

Male

	State			County		
	Yes	No	#	Yes	No	#
Sniffed glue, breathed the contents of gases or sprays in order to get high	2%	98%	21,913	2%	98%	119
Used over-the-counter medications differently from the way the directions indicate	2%	98%	21,847	1%	99%	119
Used prescription medications that were not prescribed for you by your doctor	2%	98%	21,855	0%	100%	119
Used steroid pills or shots without a doctor's prescription	1%	99%	21,852	0%	100%	119
Used cocaine (blow, crack, rock, coke [not Coca Cola])	1%	99%	21,854	0%	100%	119
Used methamphetamines (crank)	1%	99%	21,828	0%	100%	119
Used amphetamines other than methamphetamines (like stimulants, uppers, speed)	1%	99%	21,799	1%	99%	119
Used an opioid (heroin) or a prescription opioid (oxycodone, hydrocodone, Oxycontin, codeine, etc.) for non-medical reasons	1%	99%	21,800	0%	100%	119
Used mushrooms (shrooms, psilocybin)	1%	99%	21,799	0%	100%	119
Used MDMA (Ecstasy/Molly)	1%	99%	21,737	0%	100%	119

Question: In the past 30 days, have you...? # = Number of students responding to the item

Table S54: Age of first Marijuana use, by sex

<b>I</b> ale
County
*
*
*
*
*
*
*
_

Question: How old were you when you first tried marijuana (pot, grass, hash, bud, weed)?

# Perceptions of Parents' Attitudes

All students participating in the 2021 IYS were asked about their parents' or guardians' views on 9 different behaviors related to using alcohol, cigarettes, and other substances; attending a party where others are using alcohol or other drugs; or starting a fight. A tenth item on volunteering was included as a data quality check and is not reported in the following tables or accompanying narrative. Students were asked, "Thinking about your parents' or guardians' views, for each of the following, how much would you say they would approve or disapprove of you doing it?" followed by the response options that were a five-point scale from "strongly disapprove" to "strongly approve."

The set of parents' attitudes questions were immediately preceded by: "The questions in this part of the survey refer to your parents/guardians and others who live with you. Parents/guardians are the adults (age 21 and over) who live with you and are responsible for taking care of you."

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Table S55: Perceptions of parents' attitudes, by sex

#### **Female**

	Temate											
	State				County							
	SD	D	N	A	SA	#	SD	D	N	A	SA	#
Drinking beer, wine, alcoholic drinks, or hard liquor			10%	4%	1%	20,578	76%	9%	10%	6%	0%	94
Smoking cigarettes	89%	5%	4%	1%	1%	20,552	91%	5%	3%	0%	0%	94
Using an e-cigarette,		7%	5%	1%	1%	20,541	87%	6%	5%	1%	0%	94
Using marijuana		5%	5%	1%	1%	20,513	92%	3%	3%	0%	1%	93
Using any illegal drug other than alcohol, cigarettes, or marijuana	93%	3%	3%	<1%	1%	20,540	95%	3%	2%	0%	0%	95
Misusing prescription drugs, whether they are yours or others'		4%	3%	<1%	1%	20,523	96%	2%	2%	0%	0%	95
Starting a physical fight with someone		18%	13%	3%	1%	20,538	69%	16%	9%	5%	0%	95
Going to a party where kids under 21 were using alcohol		11%	8%	2%	1%	20,541	84%	8%	6%	1%	0%	95
Going to a party where kids were using drugs			4%	1%	1%	20,546	88%	5%	6%	0%	0%	95

Male State **County** SD N SA # SD D SA # D N A A Drinking beer, wine, alcoholic drinks, or hard liquor 13% 3% 70% 12% 3% 2% 21,494 67% 11% 15% 4% 116 Smoking cigarettes 87% 5% 6% 1% 2% 21,454 82% 6% 9% 1% 2% 116 Using an e-cigarette 7% 1% 21,463 116 85% 6% 2% 78% 7% 12% 1% 2% Using marijuana 84% 21,432 80% 9% 6% 7% 1% 2% 8% 2% 2% 116 Using any illegal drug other than alcohol, cigarettes, or marijuana 116 90% 3% 5% <1% 1% 21,453 87% 3% 7% 1% 2% Misusing prescription drugs, whether they are yours or others' 21,435 85% 0% 88% 5% 6% <1% 1% 5% 8% 2% 116 Starting a physical fight with someone 58% 19% 18% 3% 2% 21,450 49% 21% 24% 4% 2% 116 Going to a party where kids under 21 were using alcohol 10% 9% 2% 2% 21,457 75% 13% 7% 3% 2% 77% 116 Going to a party where kids were using drugs 5% 21,453 87% 115 86% 1% 6% 2% 3% 7% 1% 2%

Note: SD = Strongly disapprove, D = Somewhat disapprove, N = Neither approve nor disapprove, A = Somewhat approve, SA = Strongly approve; # = Number of students responding to item

## **Appendix**

### 2021 IYS Questionnaire

Welcome to the 2021 Iowa Youth Survey! The Iowa Youth Survey is administered and sponsored by the Iowa Department of Public Health. The Iowa Youth Survey instrument was originally developed by the University of Iowa and survey instruments from 1996 – 2018 may not be copied or duplicated in whole or in part by any means without express written permission from the University of Iowa. Questions about the copyright may be directed to the Iowa Department of Public Health at iowayouthsurvey@idph.iowa.org.

You can complete the survey in either English or Spanish. Use the dropdown menu in the upper right to switch languages.

## **INSTRUCTIONS:**

For each question, please select the one response that comes closest to your honest answer. If you do not understand a question, please leave it blank. If you cannot answer truthfully or do not want to answer any question, please leave it blank.

Your teacher will not be able to answer questions about the survey once it has started.

The survey will not ask your name, birthday, address or student identification number. Your answers will be anonymous and private. Special care will be taken to make sure your answers cannot be traced to you.

No information will ever be made public which could connect your answers to you. When the survey results are shared in public reports, your answers will be grouped with the answers of other Iowa students who took this survey. If survey results are shared with researchers or others for special studies, your privacy will be protected.

Please respond honestly. Your honest responses will help us understand the health behaviors of Iowa students and develop and improve programs to help young people like you and your classmates.

Thank you for completing this survey.

#### **GENERAL INFORMATION**

County name, school district number, and the building name are required for each survey.

- Q1. Please enter the name of the county where you live:
- Q2. Please enter your School District Number (4-digit number provided by your teacher):
- Q3. Please enter your school name:

The first few questions are about you. They will help us match later questions based on your age, gender, etc.

-	
Q5. Which of to compare the control of the control	he following best describes you?
-	ul r identity
Q7. Are you Hi	spanic or Latino?  O Yes  O No
<ul><li>White</li><li>Black o</li><li>America</li><li>Asian</li><li>Native I</li></ul>	ur racial identity? Check all that apply?  r African American an Indian or Alaska Native  Hawaiian or Other Pacific Islander ace(s) Please specify:
Q9a. [IF Q9=Y	ve a parent/guardian currently in the military?  O Yes O No [SKIP TO Q10]  ES] Thinking about your parent/guardian in the military, during the past 12 were they away for more than two weeks for training or deployment?
<ul><li>1 lang</li><li>2 lang</li></ul>	

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- Q11. Have you ever been separated from a parent or guardian because they went to jail, prison, or a detention center?
  - o Yes
  - o No

This section asks you to describe your experiences. Please read each question carefully and pay attention to the time periods listed.

- Q12. <u>During the current school year</u>, have you...? [Yes / No response for each]
  - a. Worked in a paid job
  - b. Volunteered to improve your community (either with an organization or on your own)
  - c. Participated in extra-curricular activities <u>at school or outside of school</u> (sports, music, clubs, 4-H, scouts, etc.)
  - d. Attended religious services, programs, or activities
- Q13. On an average <u>school day</u>, about how many hours of screen time do you spend for something that is not school work? By screen time we mean time spent watching shows or videos, using a computer/tablet, playing video games, social media, apps, or using a phone for something other than calling or texting.
  - $\circ$  0 hours
  - o More than 0 but less than 2 hours
  - At least 2 hours but less than 4 hours
  - O At least 4 hours but less than 6 hours
  - O At least 6 hours but less than 8 hours
  - O At least 8 hours but less than 10 hours
  - At least 10 or more hours
- Q14. On how many of the past 7 days were you physically active for a total of <u>60 minutes (1 hour)</u> or more per day? Add up all the time you spent in any kind of moderate or intense physical activity like running, walking fast, swimming, riding a bicycle, etc.
  - o 0 days
  - o 1 day
  - o 2 days
  - o 3 days
  - o 4 days
  - o 5 days
  - o 6 days
  - o 7 days

The next 2 questions ask about food you ate or drank in the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

- Q15. In the past 7 days, <u>about how many times each day</u> did you eat <u>fruit</u> (do <u>not</u> count fruit juice)?
  - o I did not eat any fruit during the past 7 days
  - o Less than 1 time each day
  - o 1 time per day
  - o 2 times per day
  - o 3 times per day
  - o 4 times per day
  - o 5 or more times per day
- Q16. In the past 7 days, <u>about how many times each day</u> did you eat green salad, carrots, potatoes or any other vegetables (do <u>not</u> count french fries, fried potatoes, or potato chips)?
  - o I did not eat any vegetables during the past 7 days
  - o Less than 1 time per day
  - o 1 time per day
  - o 2 times per day
  - o 3 times per day
  - o 4 times per day
  - o 5 or more times per day
- Q17. In the past <u>30 days</u>, did you ever go hungry because there was not enough food in your home?
  - o Yes
  - o No
- Q18. Do you have any ongoing physical, mental, or emotional disabilities or impairments that limit your daily activities?
  - o Yes
  - o No

The next questions ask about concussions. A concussion is when a blow or jolt to the head causes problems such as headaches, dizziness, being dazed or confused, difficulty remembering or concentrating, vomiting, blurred vision, or being knocked out.

- Q19. In the <u>past 12 months</u>, have you had a concussion from playing a sport or being physically active?
  - o Yes
  - o No [SKIP TO Q20]
  - o Not sure [SKIP TO Q20]

Q19a. [IF Q19=YES] How many times did you have a concussion in the past 12 months?

- o 1 time
- o 2 times
- o 3 times
- o 4 or more times

"Homeless" means that you had no regular or adequate place to live. This includes living in a car, or on the street, or staying in a homeless shelter or other temporary shelter.

Q20. Have you ever been homeless?

- o Yes
- o No [SKIP TO Q21]

Q20a. [IF Q20=YES] Were you homeless at any time in the past 12 months?

- o Yes
- o No

## 

Q21. Have you ever...? [Yes / No response for each]

- a. Bet or wagered on sporting events (football, baseball, hockey, soccer, e-sports, etc.)
- b. Bet or wagered on an internet fantasy sports contest (including season-long and daily fantasy sports)
- c. Bet or wagered on card or dice games with friends or family (including poker)
- d. Spent money on in-game or in-app purchases to extend play (online/internet, apps, video gaming, loot boxes, etc.)
- e. Bet or wagered on games of skill such as pool, bowling, or dominoes
- f. Purchased lottery scratch off tickets or lotto numbers

Q22. [IF Q21 items=YES] During the past 30 days, have you...? [Yes / No response for each]

- a. Bet or wagered on sporting events (football, baseball, hockey, soccer, e-sports, etc.)
- b. Bet or wagered on an internet fantasy sports contest (including season-long and daily fantasy sports)
- c. Bet or wagered on card or dice games with friends or family (including poker)
- d. Spent money on in-game or in-app purchases to extend play (online/internet, apps, video gaming, loot boxes, etc
- e. Bet or wagered on games of skill such as pool, bowling, or dominoes
- f. Purchased lottery scratch off tickets or lotto numbers

## 

The next questions ask about mental health. Mental health is your emotional, psychological and social well-being.

- Q23. In the <u>past 12 months</u>, did you ever feel so sad or hopeless almost every day for 2 weeks or more in a row that you stopped doing some usual activities?
  - o Yes
  - o No

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- Q24. In the past 12 months, have you thought about killing yourself?
  - o Yes
  - o No [SKIP TO Q28]
- Q25. [IF YES to Q24] In the past 12 months, have you made a plan about how you would kill yourself?
  - o Yes
  - o No
- Q26. [IF YES TO Q24] In the past 12 months, have you tried to kill yourself?
  - o Yes
  - o No
- Q27. [IF YES to Q26] If you attempted to kill yourself in the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?
  - o Yes
  - o No

This section of the survey asks you to describe your beliefs and attitudes. Please respond honestly about your beliefs and attitudes, not what you "think" is an acceptable answer to others.

Q28. For each of the following, please indicate how much you agree or disagree with each statement

Strongly Disagree Disagree Neither Agree nor Disagree Agree Strongly Agree

- a. It is important to help others
- b. I care about other peoples' feelings
- c. I feel sorry for people who have things stolen or damaged
- d. I am accepting of those different than myself
- e. It is wrong to discriminate against someone because of their race, appearance, culture, religion, etc.
- f. I can say "no" when someone wants me to do things I know are wrong or dangerous
- g. I feel I have much to be proud of
- h. Violence is an acceptable way to solve problems
- Q29. Thinking about possible risks to physical or mental health, please indicate the level of risk for each of the following activities

Little or no risk Slight risk Moderate risk High risk

- a.Drinking 4 [FEMALE] / 5 [MALE] or more drinks of alcohol (beer, wine, alcoholic drinks, or hard liquor such as vodka, whiskey, rum, tequila, gin) within a couple of hours
- b. Smoking cigarettes regularly
- c. Using marijuana regularly
- d. Gambling regularly
- e. Using methamphetamines (crank) regularly

- f. Using cocaine regularly
- g. Using amphetamines other than methamphetamines (like stimulants, uppers, speed) regularly
- h. Using any other illegal drug regularly
- i. Regularly using over-the-counter medications differently than directed
- j. Regularly using prescription medication for non-medical reasons
- k. Regularly use e-cigarettes (vape-pens, JUUL, hookah-pens, e-hookahs, e-cigars, e-pipes, personal vaporizers or mods)

The questions in this section of the survey refer to the students in your school. When you read and answer these questions keep in mind the attitudes and beliefs of other students.

Q30. About how many students in your grade would feel it is okay for you to do each of the following?

Almostnone would think it is ok Some would and would think it is ok it is ok it is ok all would think it is ok it is ok it is ok

- a. Drink beer, wine, alcoholic drinks, or hard liquor (for example: vodka, whisky, rum, tequila, gin)
- b. Smoke cigarettes
- c. Use an e-cigarette, JUUL, vape-pen, e-hookah, mod-box, or other electronic cigarette
- d. Use marijuana
- e. Use <u>any</u> illegal drug <u>other than</u> alcohol, cigarettes, or marijuana
- f. Go to a party where kids under 21 were drinking alcohol
- g. Go to a party where kids were using drugs
- h. Use prescription drugs for non-medical reasons

The questions in this section refer to the school where you currently spend the most time. The questions focus on the other students, teachers, administrators, or other things connected to the school.

Q31. For each of the following, please indicate how much you agree or disagree with each statement

Strongly Disagree Disagree Neither Agree nor Disagree Agree Strongly Agree

- a. I feel safe at school
- b. I care about my school
- c. I try to do my best in school
- d. I do not plan to finish high school
- e. My school lets my parent/guardian know if I'm doing a good job
- f. My school lets my parent/guardian know if I've done something wrong
- g. There is at least one adult at school that I could go to for help with a problem
- h. Students try to make new students feel welcome in the school
- i. My school has up-to-date computers and other electronic equipment available to students
- j. We have space and facilities for extra-curricular activities at my school
- k. My school building is well maintained

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- Q32. In the <u>past 12 months</u>, have you done any of the following <u>on school property or at a school event?</u> [Yes / No response for each]
  - a. Carried a gun, knife, club, or other weapon that is not used for a school activity like archery, kendo, skeet shooting, etc.
  - b. Used alcohol or other illegal drugs
  - c. Used cigarettes, smokeless tobacco (chewing tobacco, snuff, plug, dipping tobacco, snus), or e-cigarettes (vape-pens, hookah-pens, e-hookahs, e-cigars, e-pipes, personal vaporizers or mods)
  - d. Had your belongings (clothing, books, bike, car) stolen or deliberately damaged
  - e. Been disciplined for fighting, theft, or damaging property
  - f. Been threatened or injured by someone with a weapon (like a gun, knife or club)
- Q33. In the past 12 months, have you ...? [Yes / No response for each]
  - a. Damaged property on purpose (like breaking windows, scratching a car, etc.)
  - b. Hit, kicked, or fought someone because they made you angry
  - c. Helped a friend or classmate with a problem they were having
  - d. Used a weapon, force, or threats to get money or things from someone
  - e. Verbally threatened to physically harm someone
  - f. Stolen something
- Q34. [If Yes to Q33b] What is your relationship with the person or persons you hit, kicked, or fought in the past 12 months?
  - o Sibling(s) only
  - o Sibling(s) and another person or persons (e.g. friends, classmates, peers)
  - Another person or persons (e.g. friends, classmates, peers)

The following questions are about bullying. Bullying is unwanted, aggressive behavior among school-aged children that involves a real or perceived power imbalance (such as the use of physical strength, access to embarrassing information, or popularity to control or harm others). Bullying can occur in person or through technology.

Q35. In the past 30 days, how often have the following occurred, if at all?

Has not occurred Happened once 2-4 times 5-10 times More than 10 times

- a. I was called names, was made fun of, or teased in a hurtful way
- b. Other students left me out of things on purpose, excluded me from their group of friends, or completely ignored me
- c. I was hit, kicked, pushed, or shoved in a way meant to harm me
- d. Other students told lies, spread false rumors about me, and tried to make others dislike me
- e. Other students made hurtful sexual jokes, comments, or gestures
- f. I have received a threatening or hurtful message from another student in an email, on a website, on a cell phone, from text messaging, in an internet chat room, or on social media
- g. Something hurtful has been shared about me on social media (Facebook, Twitter, Snapchat, TikTok, Instagram, etc.)

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- Q36. [IF ANY Q35=YES, ASK FOR EACH] What, if anything, do you think may have made you a target of this behavior? *Check all that apply*.
  - o My race, country of origin, or ethnicity
  - o My culture
  - o My religion
  - My sexual orientation
  - o My gender
  - Another reason
  - Don't know/Not sure
- Q37. In the <u>past 30 days</u>, how many times, if ever, have you done any of the following to someone else at school?

Has not occurred Happened once 2-4 times 5-10 times More than 10 times

- a. I called someone names or made fun of them or teased them in a hurtful way
- b. I left another student or students out of things on purpose, excluded them from my group of friends, or ignored them
- c. I hit, kicked, pushed, or shoved someone
- d. I told lies, spread false rumors about another student
- e. I made sexual jokes, comments, or gestures
- f. I sent a threatening or hurtful message in an email, a text message, or a direct message (DM)
- g. I shared potentially damaging info about someone else on social media (Facebook, Twitter, Snapchat, TikTok, Instagram, etc.)
- Q38. How often, if ever, do school staff attempt to stop bullying when they know about it?
  - Almost never
  - o Once in a while
  - Sometimes
  - Often
  - o Almost always
- Q39. In the <u>past 30 days</u>, did you ever stay home because you felt unsafe going to school or being at school?
  - o Yes
  - o No
- Q40. Please indicate how much you agree or disagree with each of the following statements

Strongly Disagree Disagree Neither Agree nor Disagree Agree Strongly Agree

- a. Students in this school respect other people regardless of gender
- b. Students in this school respect other people regardless of their race/ethnicity/skin color
- c. Students in this school respect other people regardless of their cultural/religious differences
- d. Students in this school respect other people regardless of their physical disabilities
- e. Students in this school respect other people regardless of their learning disabilities
- f. Students in this school respect other people regardless of their sexual orientation

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- Q41. For each of the following, please indicate how much you agree or disagree with each statement

Strongly Disagree Disagree Neither Agree nor Disagree Agree Strongly Agree

- a. My teachers care about me
- b. My teachers are available to talk with students one-on-one
- c. My teachers notice when I am doing a good job and let me know about it
- Q42. For each of the following, please indicate how much you agree or disagree with each statement

Strongly Disagree Disagree Neither Agree nor Disagree Agree Strongly Agree

- a. Staff in this school respect gender differences
- b. Staff in this school respect racial/ethnic/skin color differences
- c. Staff in this school respect cultural/religious differences
- d. Staff in this school respect all sexual orientations
- e. Staff in this school respect students with learning disabilities
- f. Staff in this school respect students with physical disabilities
- Q43. How easy or hard do you think it would be for someone your age to get each of the following:

Very Hard Hard Easy Very Easy Don't Know/Not sure

- a. Cigarettes
- b. E-cigarettes, JUUL, vape-pen, e-hookah, mod-box, or other electronic cigarettes
- c. Alcoholic beverages (beer, wine, or liquor)
- d. Marijuana (pot, weed, bud, hash)
- e. Any other illegal drug (methamphetamine, heroin, cocaine, etc.)
- f. A firearm (handgun, shotgun, rifle, etc.)
- g. Prescription medication that is not prescribed for you by a doctor or nurse
- h. Lottery or scratch tickets
- Q44. Have you ever had a drink (more than a few sips) of alcohol (beer, wine, alcoholic drinks, or hard liquor such as vodka, whiskey, rum, tequila, gin)?
  - o Yes
  - o No [SKIP TO Q48]
  - Q44a. [IF Q44=YES] How old were you when you first drank (more than a few sips of) alcohol (beer, wine, alcoholic drinks, or hard liquor such as vodka, whiskey, rum, tequila, gin)?
    - o 8 or younger
    - o 9 or 10
    - o 11 or 12
    - o 13 or 14
    - o 15 or 16
    - o 17 or older

	2021 Iowa Youth Survey, County Report  Q45. [IF Q44=YES] In the past 30 days, have you had at least one drink of alcohol (glass, bottle or can of beer, glass of wine, liquor, or mixed drink)?  O Yes  No [SKIP TO Q48]								
	Q	45a. [IF Q45=YES] When you drank in the i. Beer ii. Any other alcohol	past 30 days, d Yes Yes	lid you drink? No No					
Q46.	rov	the past 30 days, have you had <u>4 [FEMALE</u> w within a couple of hours?  Yes  No	] 5 [MALE] or	more drinks of alcohol in a					
Q47.	Q47. [IF Q45=YES] In the past 30 days, did you get <u>alcohol</u> in the following ways? [Yes / No response for each]								
	<ul><li>b.</li><li>c.</li><li>d.</li><li>e.</li><li>f.</li></ul>	I bought it I gave someone money to buy it A parent/guardian gave it to me I took it from my parent/guardian's cabinet I got it at a party A friend who is under 21 gave to me A friend who is 21 or over gave it to me	t/refrigerator						
Q48.	an	eve you ever driven a car or other motorized y amount of alcohol, recreational or non-pressure. Yes		•					
****	***	****** TOBACCO QUE	STIONS****	********					
Q49.	0	ive you ever smoked tobacco or used any tob Yes No	pacco products	(not including e-cigarettes)?					
Q50.		eve you ever used an e-cigarette, JUUL, vape ectronic cigarette? Yes No	e-pen, e-hooka	h, mod-box, or other					

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- Q51. Have you ever used a heated (heat-not-burn) tobacco product, heat tobacco stick or capsule to produce a vapor (iQOS, HeatSticks, glo, Eclipse, lil)? *These are different from e-cigarettes which heat a liquid to produce a vapor*.
  - o Yes
  - o No
- Q52. [IF Q49 or Q50 or Q51=YES] In the past 30 days, have you: [Yes / No response for each]
  - a. Smoked cigarettes
  - b. Smoked menthol cigarettes (menthol cigarettes taste like mint)
  - c. Smoked cigars
  - d. Used smokeless tobacco (chewing tobacco, snuff, plug, dipping tobacco, snus)
  - e. Smoked tobacco using a water pipe or hookah
  - f. Used an e-cigarette, JUUL, vape-pen, e-hookah, mod-box, or other electronic cigarette
  - g. Used a heated (heat-not-burn) tobacco product, heat tobacco sticks or capsules
- Q53. [If Q52a or Q52b=YES] In the past 30 days, on the days you smoked, on average, about how many cigarettes did you smoke per day?
  - o Less than 1 cigarette per day
  - o 1 cigarette per day
  - o 2 to 5 cigarettes per day
  - o 6 to 10 cigarettes per day
  - o 11 to 20 cigarettes per day
  - o More than 20 cigarettes per day
- Q54. [IF YES TO Q49] In the <u>past 12 months</u>, have you stopped smoking cigarettes for one day or longer because you were trying to quit?
  - o Yes
  - o No
- Q55. [IF YES TO Q50] In the past 12 months have you stopped using e-cigarettes, JUUL, vapepen, e-hookah, mod-box, or other electronic cigarette for one day or longer because you were trying to quit?
  - o Yes
  - o No

Q56. [IF YES TO Q49 or Q50 or Q51] How old were you when you first...?

Never 8 or younger 9 or 10 11 or 12 13 or 14 15 or 16 17 or older

- a. Smoked a whole cigarette
- b. Used smokeless tobacco (chewing tobacco, snuff, plug, dipping tobacco, snus)
- c. Used an e-cigarette, JUUL, vape-pen, e-hookah, mod-box, or other electronic cigarette
- d. Used heated (heat-not-burn) tobacco products, heat tobacco sticks or capsules
- e. Smoked menthol cigarettes (menthol cigarettes taste like mint)

### 

Q57. Have you ever used marijuana (pot, grass, hash, bud, weed)?

- o Yes
- o No [SKIP TO Q58]

Q57a. [IF YES TO Q57] In the <u>past 30 days</u>, have you used marijuana (pot, grass, hash, bud, weed)?

- o Yes
- o No

Q57b. [IF YES TO Q57] How old were you when you first tried marijuana (pot, grass, hash, bud, weed)?

- o 8 or younger
- o 9 or 10
- o 11 or 12
- o 13 or 14
- o 15 or 16
- o 17 or older

### Q58. In the past 30 days, have you...? [Yes / No response for each]

- a. Sniffed glue, breathed the contents of gases or sprays in order to get high
- b. Used over-the-counter medications differently from the way the directions indicate
- c. Used prescription medications that were not prescribed for you by your doctor
- d. Used steroid pills or shots without a doctor's prescription
- e. Used cocaine (blow, crack, rock, coke [not Coca Cola])
- f. Used methamphetamines (crank)
- g. Used amphetamines other than methamphetamines (like stimulants, uppers, speed)
- h. Used an opioid (heroin) or a prescription opioid (oxycodone, hydrocodone, Oxycontin, codeine, etc.) for non-medical reasons
- i. Used mushrooms (shrooms, psilocybin)
- j. Used MDMA (Ecstasy/Molly)

## 

The questions in this part of the survey refer to your parents/guardians and others who live with you. Parents/guardians are the adults (age 21 and over) who live with you and are responsible for taking care of you.

Q59. Thinking about your <u>parents' or guardians'</u> views, for each of the following, how much would you say they would approve or disapprove of you doing it?

Strongly Somewhat Neither approve Somewhat Strongly Disapprove Disapprove nor disapprove Approve Approve

- a. Drinking beer, wine, alcoholic drinks, or hard liquor (for example vodka, whiskey, rum, tequila, gin) without their permission
- b. Smoking cigarettes
- c. Using an e-cigarette, JUUL, vape-pen, e-hookah, mod-box, or other electronic cigarette
- d. Using marijuana
- e. Volunteering to help clean up the banks of a nearby creek or stream
- f. Using any illegal drug other than alcohol, cigarettes, or marijuana
- g. Misusing prescription drugs, whether they are yours or someone else's
- h. Starting a physical fight with someone
- i. Going to a party where kids under 21 were using alcohol
- j. Going to a party where kids were using drugs

## You have completed the survey.

You will now be redirected to the <u>Your Life Iowa</u> website, a resource that may be useful to you. Thank you.

Total items = 188

