# RESOURCE BOOK



# AREA AGENCIES ON AGING IN IOWA

North Central Iowa Area Agency on Aging 500 College Drive
Mason City, Iowa 50401
Tel: 1-515-423-1264 - Ext. 281

North Central Iowa Area Agency on Aging 330 Avenue M
Fort Dodge, Iowa 50501
Tel: 1-515-576-2301

Area IV Agency on Aging 626 Insurance Exchange Building Sioux City, Iowa 51102 Tel: 1-712-279-6286

Hawkeye Valley Area Agency on Aging 2530 University
Box 690
Waterloo, Iowa 50704
Tel: 1-319-233-5214
Toll Free: 1-800-772-2032

Hawkeye Valley Area Agency on Aging Iowa Valley Community College 22 West Main Marshalltown, Iowa 50158 Tel: 1-515-752-4643

Area IX Agency on Aging 105 South Main Street Davenport, Iowa 52800 Tel: 1-319-322-2695 Area X Agency on Aging 6301 Kirkwood Blvd. - S. W. Cedar Rapids, Iowa 52406 Tel: 1-319-398-5559 Toll Free: 1-800-332-5934

Area XI Agency on Aging 104½ East First & Locust Street Des Moines, Iowa 50309 Tel: 1-515-244-3257

Area XIII Agency on Aging 409 First National Bank Building Council Bluffs, Iowa 51501 Tel: 1-712-328-2540

Area XIV Agency on Aging 215 North Elm Creston, Iowa 50801 Tel: 1-515-782-4040

Area XV Agency on Aging Indian Hills Community College Ottumwa, Iowa 52501 Tel: 1-515-682-8081 - Ext. 217

If an Area Agency on Aging is not listed for your region, the Iowa Commission on the Aging is your contact for information.

#### INTRODUCTION AND FOREWARD

One of the responsibilities of the Area XV, Agency on Aging is Information and Referral. By cooperating with existing agencies, this program seeks to identify and serve the needs of the 35,000 persons 60 years of age or older, in this ten county area.

This resource book was compiled to assist those persons who are helping the elderly reach the proper organization or obtain the service they need.

Organizations or services listed were considered on the basis of:

- 1. A local direct service offered to the elderly.
- 2. A local direct service offered to anyone on a non-sectarian, non-religious basis, and which would include the elderly.
- 3. A state or federal agency offering services, which would specify or include the elderly.
- 4. Agencies recommended by the State Commission on the Aging.

A resource book will be compiled for each county, duplicated, and placed with agencies who frequently serve the elderly. This book is loose-leafed to simplify up-dating, and indexed by service-offered rather than alphabetically listed. Agencies are encouraged to use the book to their advantage, write in corrections or add their own pages of important local information.

Area XV, Agency on Aging welcomes any suggestions for adding resources to the book, and would appreciate being contacted concerning changes within an organization. Additions, corrections, and updating will be continuous.

Information and Referral Area XV, Agency on Aging Indian Hills Community College Industrial Airport Ottumwa, Iowa 52501

#### EMERGENCY ASSISTANCE

#### Fire

Fairfield	515-472-3134
Libertyville	515-693-3051
Lockridge	319-696-2051
Packwood	515-695-3881
Pleasant Plain	319-694-2955

# Medical Emergency

POLK - PACKWOOD VOLUNTEER FIRE DEPARTMENT ... 515-695-3881

The Polk-Packwood Volunteer Fire Department has a respirator-inhalator that is available by calling the Fire Department number. They are trained in the use of this equipment and all operators hold the multi-media First Aid Card.

AREA SERVED: Packwood and anyone who has a Packwood phone.

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# ALCOHOLISM

Central Iowa Foundation for Alcoholism

Polk County Alcoholism Service Center

#### ALCOHOLISM

# Central Iowa Foundation for Alcoholism

Contact Joann Bailey, Director Richard Rowe, Counselor

Phone 515-684-5425 After hrs/emergency 515-684-5425

Hours 8:00 a.m. - 4:30 p.m. Mon. thru Fri.

Collect calls accepted no Toll free number no

The philosophy of the Central Iowa Foundation for Alcoholism is that rehabilitation and recovery should be accomplished in the home community where the alcoholic must learn to live comfortably without the use of alcohol. The foundation provides family counseling and education along with treatment for the problem drinker.

Branch service offices are in Jasper, Poweshiek, Keokuk, and Wapello counties. In Wapello County, AA meetings are held, there is an intermediate care center, and an alcoholism treatment unit.

Central Iowa Foundation for Alcoholism 407 North Ash Ottumwa, Iowa 52501 Wapello Fee: none.

Eligibility: must be in need of service.

Convenient entrance for elderly and

Necessary documents. none.

Area served Wapello County and surrounding areas.

handicapped; no.

Languages spoken: English.

Information date: 11/5/74

#### ALCOHOLISM

# Polk County Alcoholism Service Center

Contact Kathryn Barnhill - Social Worker

Phone 515-282-5001 After hrs/emergency 24 hr

answering service.

Hours 8:00am. - 5:00pm. Mon thru Fri.

Collect calls accepted yes Toll free number no

Central intake point for all persons with drinking problems, their families, and significant others. All services including in patient hospital treatment, outpatients treatment, job placement, General Relief, food, legal consultation, vocational rehabilitation referrals, group and individual counseling, and etc., are provided or can and will be provided if the situation warrants. Services are the same for all ages.

Polk County Alcoholism Service Center 1915 Hickman Des Moines, Iowa 50314 Polk Fee: none. County will fund inpatient treatment if client cannot.

Convenient entrance for elderly and

handicapped: yes, East Side ramp.

Eligibility: involvement with alcoholism by individual or family member.

Necessary documents: none.

Area served Polk County and South-Central Iowa.

Information date: 11/1/74

Languages spoken: English.

# COUNSELING

Community Mental Health Center -- See HEALTH SERVICES

Indian Hills Community College

Jefferson County Extension Service

Public Library

Public School District Offices

Southeastern Library Services

State Library Commission of Iowa

# Indian Hills Community College

Contact Adult Education Department

Phone 515-682-8081 Ottumwa After hrs/emergency NA 515-856-2143 Centerville

Hours 8:00 a.m. - 4:30 p.m. Mon. thru Fri.

Collect calls accepted no Toll free number no

Educational opportunities are available for individuals 60 years of age or older, through the combined efforts of Indian Hills Community College and your local community school district. In the non-career department: ABE classes (Adult Basic Education) and GED classes (General Educational Development) are available tuition free, to anyone interested in receiving a high school equivalency certificate. Participants must be at least 16 years of age of age or older, and not enrolled in school.

Other areas of Adult Education are: Career and Continuing Education.

Life-Time Learning Centers are available at Fairfield, Ottumwa, and Centerville. They are set-up to accommodate anyone wishing to study a particular course being offered.

Of special interest to those approaching retirement is, PRE-RETIREMENT PLANNING. It is 7 class sessions of 2 hours each, in which the concerns of the retired are discussed with specialists in the particular concern area.

Indian Hills Community College Ottumwa Industrial Airport Ottumwa, Iowa 52501 Wapello

Fee: fees will vary.

Eligibility: anyone.

Necessary documents: none.

Area served anyone wishing to

Languages spoken: English.

Convenient entrance for elderly and handicapped: no, except for ramp entrance to COC building.

Information date: 11/5/74

# Jefferson County Extension Service

Contact Stan Stover or Adelena Clark

Phone 515-472-4166

After hrs/emergency NA

Hours

8:00am.-5:00pm. Mon thru Fri

Collect calls accepted no

Toll free number no

Extension is a cooperative venture of the U.S. Department of Agriculture, Iowa State University and the local extension districts. Educational programs and information are available in the broad areas of agriculture, home economics, public affairs and 4-H and youth development.

Of special interest to the elderly are programs and information on food, nutrition, leisure time activities, and consumer education. A Senior Citizens newsletter is published four times a year, a monthly newsletter aimed at the consumer, contains helpful information for all ages on many subjects.

Contact your local county extension office for educational material and bulletins, or to inquire about the newsletter mailing list.

Jefferson County Extension Service 55 S. Court Fairfield, Iowa 52556 Fee: None.

Eligibility: None.

Necessary documents: NA

Area served Jefferson County.

Convenient entrance for elderly and handicapped: Yes, street level entrance.

Languages spoken: English.

Tefferson

Information date: 10/5/74

# Public Library

Contact James Rubis

Phone 515-472-3236 After hrs/emergency NA

Hours 11:00am-8:30pm Mon thru Fri/10:00am-5:00pm Sat/ 1:30-4:00pm Sun

Collect calls accepted no

Toll free number no

Some of the services the Fairfield Public Library offers to Senior Citizens, are:

A collection of large print books.

Lighted magnifyer for those with sight problems.

Reference and information services.

Films every other Tuesday at the Senior Citizen Site (Congregate Meal Site).

Public Library Fairfield, Iowa 52556 **Tefferson** 

Fee: none.

Eligibility: none.

Necessary documents: none.

Area served Jefferson County and Southeast Iowa.

Convenient entrance for elderly and handicapped: no.

Languages spoken: English.

Information date: 10/22/74

# Public School District Offices

For information concerning educational needs, you may contact your local School District Superintendent's Office.

# Jefferson County:

Mr. Ralph W. Gambach, Superintendent Fairfield Community School District Box 470 Fairfield, Iowa 52556 515-472-2655 High School 515-472-2059

# Southeastern Library Services

Contact Marie Lindquist

Phone 319-324-0019

After hrs/emergency NA

Hours

9:00am.-5:00pm. Mon thru Fri.

Collect calls accepted no

Toll free number 1-800292-0029

Complete library services: Print or non-print materials. Informational services.

Services available indirectly through local libraries, or directly available if there is no local library.

Southeastern Library Services 321 Main Street Davenport, Iowa 52801 Scott

Fee: none.

Eligibility: none.

Necessary documents: none.

Area served 15 Counties.

Convenient entrance for elderly and handicapped: NA

Languages spoken: English.

Information date: 12/11/74

# State Library Commission of Iowa

Contact Your local librarian

Regional Library Director

Phone 515-281-5236

After hrs/emergency NA

Hours 8:00am. -4:00pm. Mon thru Fri.

Collect calls accepted no

Toll free number no

The State Library Commission of Iowa acts as a clearing house for information for local and regional libraries. It also acts as an information and referral system for citizens, clubs and organizations who wish to write to them.

The libraries in the state of Iowa have organized themselves into Regional Library Systems with an effective Interlibrary Loan network to distribute library materials in all formats to all the citizens of the state, through the local libraries.

Some library materials are especially geared to the needs of the aging library patron. For example, each Regional Library System has a collection of Large Print books. Six regions have a Mail-A-Book Program.

State Library Commission of Iowa East 12th & Grand Des Moines, Iowa 50319 Fee: none/except possibly postage.

Eligibility: none.

Necessary documents: none.

Area served State of Iowa.

Convenient entrance for elderly and handicapped: no, use back entrance.

Languages spoken: English.

Information date: 11/2/74

# EMERGENCY ASSISTANCE

Jefferson County Chapter American Red Cross

SIEDA Neighborhood Center -- See SUPPORTIVE SERVICES

#### EMERGENCY ASSISTANCE

# Jefferson County Chapter American Red Cross

Contact Mr. or Mrs. H.L. Sellers

Phone 515-472-6220 After hrs/emergency No.

Hours 24 hrs per day

Collect calls accepted Yes Toll free number No

Jefferson County has a well-stocked Loan Closet of most hospital needs such as hospital beds, mattresses, side rails, wheel chairs, walkers, crutches, bed trays, bed pans, urinals, commodes, etc. This equipment is available for loan on a rent-free basis.

Other services are offered if the individual is a veteran or a member of a military or veteran's family.

Jefferson County Chapter American Red Cross 605 South Main Fairfield, Iowa 52556 Jefferson Fee: None.

Eligibility: Must be residents of Jefferson County.

Necessary documents: If veteran, discharge papers.

Area served Jefferson County.

Convenient entrance for elderly and handicapped: NA

Languages spoken: English.

Information date: 10/18/74

Iowa Employment Security Commission

Rehabilitation, Education and Services Branch of State of Iowa

Department of Public Instruction

Tenco Workshop, Inc.

# Iowa Employment Security Commission

Contact Richard Brownlee, Manager

Donna Bowles, Marilyn Love, Nancy Paben, Interviewers

Phone 515-472-5466

After hrs/emergency NA

Hours 8:00am-4:30pm. Mon. thru Fri.

Collect calls accepted no

Toll free number no

Statewide, the Iowa Employment Security Commission through it's offices, offer various services to enhance the placement of older workers.

Services the individual should inquire about at his or her local office are: Interviewing and registering job applicants, job development, testing (proficiency and aptitude), use of mandatory listing as source of referral to certain job openings, special services to veterans and handicapped, labor market information, services to employers, and the U.S. Department of Labor Bonding Program.

Iowa Employment Security
Commission
51 West Washington
Fairfield, Iowa 52556
Jefferson

Fee: None.

Eligibility: Depends upon services requested.

Necessary documents: Social Security number.

Area served Jefferson & Van Buren Counties.

Convenient entrance for elderly and handicapped: No, use front door.

Languages spoken: English.

Information date: 10/10/74

# Rehabilitation, Education, and Services Branch

Contact Dan Kent - Supervisor

Phone 515-682-7569

After hrs/emergency NA

Hours 8:00am.-4:30pm. Mon thru Fri.

Collect calls accepted no

Toll free number no

Services necessary to return disabled vocationally handicapped persons to employment. This may include physical exams and restoration, counseling, training or re-training, placement, and placement equipment. The services provided are those determined necessary for each individual client.

To be eligible, persons must have a physical, mental, or emotional condition which creates problems for them in job situations and be expected to enter employment after services are provided.

No fees except for 1. non-diagnostic hospital or other physical restoration services. 2. maintenance while receiving services, except diagnostic, and 3. tools, equipment or initial stock for self-employment.

Rehabilitation, Education and Services Branch of State of Iowa Department of Public Instruction Industrial Airport Terminal and 5th Street Ottumwa, Iowa 52501 Wapello

Area served Area XV, 10 counties.

Languages spoken: English.

Fee: none for most services.

Otherwise, fee is charged on a sliding scale based on income.

Eligibility: see above.

Necessary documents: Social Security no.

Convenient entrance for elderly and handicapped: fairly convenient.

Information date: 11/5/74

# Tenco Workshop, Inc

Contact Kathryn Hinds, Supervisor

Phone 515-472-9233 After hrs/emergency No

Hours

8:00am.-4:30pm. Mon. thru Fri.

Collect calls accepted No

Toll free number No

Tenco serves the developmentally disabled adult. The purpose of the workshop is to assist each individual in reaching their optimum level of independence.

The program is set up around a work-oriented schedule. A marketable item is produced. Each client is paid a wage based on a piece-rate. Items are sold to pay wages and replenish raw materials. Tenco solicts sub-contract work in the areas of packaging, collating, labeling, stuffing and stamping envelopes, and sortings.

Tenco Workshop, Inc Highway 34 West Fairfield, Iowa 52556 Tefferson

Fee: Each client accepted on a tuition basis/Fees paid thru County Board of Supervisors.

Eligibility: Must be developmentally disabled.

Necessary documents: None.

Area served: 10 county area, plus.

Convenient entrance for elderly and handicapped: Yes.

Languages spoken: English.

Information date: 2/10/75

Commission of Veteran Affairs

Medicare, Social Security Administration

Social Security Administration

V. A. Regional Office

# Commission of Veterans' Affairs

Contact Bill S. Foshier, Executive Secretary

Phone 515-472-4341

After hrs/emergency NA

Hours 8:00a

8:00am-5:00pm. Mon. thru Fri.

Collect calls accepted No

Toll free number No

Commission of Veterans Affairs is organized on a State and County level to assist veterans in receiving their benefits.

Veterans who have served during certain periods of the Spanish American War, WWI, Korean War, WWII and Viet Nam War, their widows or minor children, are eligible for temporary services. This assistance includes medical, food, clothing, fuel, hospital, etc.

Commission of Veterans' Affairs 119 East Burlington Fairfield, Iowa 52556 Jefferson Fee: None.

Eligibility: Must be war veteran of designated War Periods, or a dependent of the veteran.

Necessary documents: Honorable discharge papers.

Area served Jefferson County.

Convenient entrance for elderly and handicapped: Yes.

Languages spoken: English.

Information date: 11/74

# MEDICARE

Contact Service Representatives

Phone 515-682-8059 After hrs/emergency NA

Hours 8:00-4:30 Mon thru Fri.

Collect calls accepted no Toll free number Zenith 1410

Medicare is a program of health insurance under social security set up to help millions of Americans 65 and older, and many severely disabled people under 65, to pay the high cost of health care. It has two parts - hospital and medical insurance.

The hospital insurance part of Medicare helps pay for the care you receive as a patient in a hospital and for certain followup care after you leave the hospital. The medical insurance part of Medicare helps pay for the doctor's services, outpatient hospital services, and many other medical items and services not covered under hospital insurance. \*

In order to check your eligibility and to receive full protection of Medicare, please check with your Social Security Office 2 or 3 months before you reach age 65.

\*DHEW Publication No. (SSA) 73-10043

Medicare
Social Security Administration
District Office
601 West 2nd
Ottumwa, Iowa 52501
Wapello

Fee: none to make application.

Eligibility: age 65/or disabled.

Necessary documents: Social Security no./proof of age.

Convenient entrance for elderly and handicapped: yes, ramp entrance.

Information date: 11/27/74

Area served 7 counties, including Appanoose.

Languages spoken: English.

# Social Security Administration

Contact Connie Denny

Phone 515-6828059 After hrs/emergency NA

Hours 8:00am.-4:30pm. Mon. thru Fri.

Collect calls accepted no Toll free number no

Social Security Administration provides a linkage to services needed. Individuals are assisted in filing applications, and in obtaining necessary documents to support applications, in the following instances:

RETIREMENT BENEFITS

SURVIVORS BENEFITS

DISABILITY BENEFITS

MEDICARE BENEFITS

BLACK LUNG BENEFITS

SUPPLEMENTAL SECURITY INCOME PAYMENTS (SSI)

The Social Security Administration issues Social Security Account Number cards, replaces lost cards, as well as lost Medicare cards. The Administration provides individuals to explain and discuss the social security programs before any interested groups.

A Social Security representative visits in Jefferson County at the Senior Citizens Center, 51 W. Washington, on the 2nd Thursday of each even numbered month from 9:00-11:30am.

Social Security Administration

District Office 601 West 2nd

Ottumwa, Iowa 52501

Wapello

Fee: None.

Eligibility: Varies according to specific

benefits.

Necessary documents: None to make

application.

Area served Jefferson County.

Convenient entrance for elderly and handicapped: Street level entrance in Fairfield/inclined entrance,Ottumwa.

Information date: 11/26/74

Languages spoken: English.

# VA Regional Office

Contact Samuel L. Holmes

Phone 515-284-4370 After hrs/emergency

Hours

7:45am. - 5:00pm. Telephone service.

8:15am. - 4:30pm. Personal interview.

Collect calls accepted no

Toll free number 1-800-362-2222

The VA Regional Office will help veterans with:

- a. Compensation or pension for disabled veterans.
- b. Compensation or pension for dependents of deceased veterans.
- c. Hospitalization and outpatients care for certain veterans and dependents.
- d. Other disability benefits.
- e. Other death benefits.

Requirements for eligibility varies according to specific benefits. Call the above number for more information.

If filing for dependency benefits, a birth certificate or other dependency evidence will be required.

VA Regional Office 210 Walnut St. Des Moines, Iowa 50309 Polk

Fee: none.

Eligibility: varies according to specific benefits.

Necessary documents: Social Security no. /birth certificate/proof of military service. Convenient entrance for elderly and handicapped: yes.

Area served State of Iowa.

Information date: 11/3/74

Languages spoken: English/Spanish.

Community Mental Health Center

Glenwood State Hospital -- School

Iowa Soldiers' Home

Jefferson County Hospital

Jefferson County Public Health Nursing Service

Mental Health Institute, Mount Pleasant, Iowa

Oakdale Hospital

State Psychopathic Hospital, University of Iowa

University of Iowa Speech and Hearing Clinic

V. A. Hospital, Iowa City

Veteran's Administration Hospital, Knoxville, Iowa

Veterans Administration Hospital, Des Moines, Iowa

# Community Mental Health Center

Contact Paul E. Anderson, Executive Director

Phone 319-385-8051

After hrs/emergency None

Hours

9:00am.-5:00pm. Mon. thru Fri. Mt Pleasant

9:00am.-5:00pm. Mon. thru Thurs. Wapello

Collect calls accepted No

Toll free number No

The Community Mental Health Center offers:

Psychotherapy - Individual and Family
Diagnostic Studies with recommendation
Evaluation for other professional organizations
Reconciliation services for the Courts in the dissolution of marriage
Chemotherapy
Marriage Counseling
Post Hospital follow-up care

Community Mental Health Center 125 1/2 West Monroe St.
Mt. Pleasant, Iowa 52641
Henry

Fee: Sliding scale based on income.

Eligibility: Area patients, sliding scale based on income. Other patients, required to pay full fee.

Necessary documents: None.

Area served Henry, Jefferson, Louisa, Washington Counties. Convenient entrance for elderly and handicapped: No.

Languages spoken: English.

Information date: 11/74

# Glenwood State Hospital - School

Contact Superintendent, Diagnostic and Evaluation Clinic

Phone 712-527-4811

After hrs/emergency 712-527-4811

Hours 24 hrs a day, 7 days a week.

Collect calls accepted no

Toll free number no

At Glenwood each applicant is evaluated by a team of professionals who make recommendations to the individual, parents, and other appropriate officials.

Glenwood offers care and treatment of the mentally retarded by means of medical, social, and vocational training.

Iowa Department of Social Services Glenwood State Hospital - School 711 Vine Glenwood, Iowa 51534 Mills

Area served 52 of Iowa's 99 counties.

Languages spoken: English.

Fee: county of legal settlement or as a designated state case.

Eligibility: all ages, IA county of legal settlement/pre-evaluation prior to admission /or designated state case.

Necessary documents: application for admission from county department of Social Services.

Convenient entrance for elderly and handicapped: most campus buildings have ramps and/or elevators.

Information date: 11/3/74

# Iowa Soldiers' Home

Contact Jack J. Dack, Commandant Ext. 235

Hillis A. MacNaughton, Adjutant Ext. 262
After hrs/emergency 515-752-1501

Phone 515 - 752 - 1501

24 hr service, 7 days a week. Hours

Collect calls accepted no

Toll free number no

The Iowa Soldiers' Home has three levels of care for the geriatric and chronically ill veteran, dependent spouse or widowed spouse with domiciliary care, nursing care and hospital type care as defined by the Veterans Administration. Provision is made for professional and professionally directed care among Medical Service, Nursing Service, Social Work Service, Pastoral Service, Physical Therapy, Activity Therapy, Occupational Therapy, Recreational Therapy, Bibliotherapy and such other services as may be appropriate.

Fees: Veterans, dependent spouse or widowed spouse may be admitted without regard to their financial situation. Those who have sufficient a assets or income are required to pay a part of their care. Rates are based upon the applicants ability to pay.

Eligibility: Honorably discharged veterans, dependent spouse or widowed spouse who served during specific dates listed and are residents of Iowa three years immediately prior to date of application.

Iowa Soldiers! Home Marshalltown, Iowa 50158

Fee: none of Veteran status, otherwise based on ability to pay.

Eligibility: honorably discharged veterans/served during specific dates/resident of IA 3 yrs prior. Necessary documents: Social Security no. / honorable discharge.

Area served State of Iowa.

Languages spoken: English.

Convenient entrance for elderly and handicapped: yes, with the exception of the administration building. Information date: 11/2/74

# Jefferson County Hospital

Contact Mr. Walter W. Brownlee

Phone 515-472-4111

After hrs/emergency 515-472-4111

Hours

24 hrs per day, 7 days per week

Collect calls accepted No

Toll free number No

Jefferson County hospital is an acute short term general hospital. It offers an intensive care unit, physical therapy, inhalation therapy, emergency room and laboratory. A patient should generally be referred by a physician.

Jefferson County Hospital 400 Highland Fairfield, Iowa 52556 Jefferson

Eligibility: Must generally be referred

Fee: Hospital fee schedule in force

at time of service.

by a physician.

Necessary documents: Social Security no./Health Insurance policy/ Title XIX numbers.

Convenient entrance for elderly and handicapped: No, use emergency room entrance.

Information date: 10/23/74

Area served Jefferson County and surrounding area.

Languages spoken: English.

# Jefferson County Public Health Nursing Service

Contact Mrs. Lois Brokken & Mrs. Anne Roth

Phone 515-472-5929

After hrs/emergency None

Hours 8:00am-4:30pm. Mon thru Fri.

Collect calls accepted No

Toll free number No

The Jefferson County Public Health Nursing Service provides professional nursing procedures to those in her care. Additional services are: counseling, medication supervision, active exercises (teach), diet instruction, activity couseling, assist with cancer loan closet equipment, referral, etc.

Jefferson County Public Health Nursing Service Court House Annex Fairfield, Iowa 52556 Jefferson Fee: No charge, or sliding scale based on income.

Eligibility: Must be in need of service.

Necessary documents: None.

Area served Jefferson County.

Convenient entrance for elderly and handicapped: No.

Languages spoken: English.

Information date: 11/74

# Mental Health Institute

Contact Mr. Coen C. Plasberg, Superintendent

Dr. Albert Kaplan, Unit Director, Geriatric Unit

Phone 319-385-7231

After hrs/emergency 319-385-7231

Hours 8:00am.-4:30pm., Office Hours

24 hrs, 7 days a week, Service

Collect calls accepted No

Toll free number No

The purpose of the Geriatric program is to provide psychiatric and medical treatment for persons requiring in-hospital services in a psychiatric setting. Each patient has an individual treatment plan prescribed for him which may consist of any or al of the following: medication, individual and group therapy, special activities such as physical exercises, homemaking, occupational and recreational therapy, library, film, and reality orientation. Patients requiring major surgery or intensive medical care are referred to the University of Iowa Medical Center. Depending upon individual needs patients leaving the hospital are referred to appropriate persons and facilities in the community for post-hospital aftercare and follow-up.

Mental Health Institute 1200 East Washington Mt. Pleasant, Iowa Henry Fee: Per diem charges.

Eligibility: Application or order of admission from Clerk of Court.

Necessary documents: Health Insurance policy no/Social Security no/Medicare card/Application or order of admission.

Convenient entrance for elderly and handicapped: No, use Ambulance

Entrance.

Information date: 2/3/75

Area served: 23 Counties of Southeastern Iowa

Languages spoken: English/Spanish/German/Russian/Korean/Dutch.

# Oakdale Hospital

Contact Office staff

Phone 319-353-5289

After hrs/emergency 319-353-4966

Hours 24 hr a day, 7 days a week.

Collect calls accepted no

Toll free number no

Diagnosis and treatment of tuberculosis or respiratory diseases. Evaluation and treatment for alcoholism.

Oakdale Hospital Oakdale, Iowa 52319 Fee: paid thru the county, with arrangements by director of Social Services.
Eligibility: citizen of Iowa.

Nocessary documents: health

Area served State of Iowa.

insurance policy/Social Security
no./physician referral.

Convenient entrance for elderly and

handicapped: yes.

Languages spoken: English.

Information date: 11/3/74

# State Psychopathic Hospital University of Iowa

Contact Dr. George Winokur

Phone 319-353-4081

After hrs/emergency 319-353-3384 5:00-8:00 pm.

Hours 8:00am.-5:00pm. Mon thru Fri.

Collect calls accepted NA

Toll free number NA

The State Psychopathic Hospital offers help to anyone with mental and emotional problems. Both in-patient and out-patient care are available. Preference is given to legal residents of Iowa.

State Psychopathic Hospital University of Iowa Iowa City, Iowa 52242 Johnson

<u>Fee</u>: fees vary according to the patient's circumstances.

Eligibility: resident of Iowa/patients admitted through out-patient services.

Necessary documents: Health Insurance policy.

Area served State of Iowa.

Convenient entrance for elderly and handicapped: use main entrance.

Languages spoken: English.

Information date: 12/3/74

### University of Iowa Speech and Hearing Clinic

Contact Mrs. Nancy Dwight, Appointment Secretary

Phone 319-353-5463 After hrs/emergency NA

Hours

8:00am. -5:00pm. Mon thru Fri.

Collect calls accepted no

Toll free number

The services of this clinic for persons 60 years of age and older can be considered as two types as follows: 1. outclinic evaluations and consultation services for persons with speech, language and or hearing problems and 2. day clinic habilitation or rehabilitation service programs for such persons who can come to the clinic for therapy.

Requests for outclinic evaluations should include as complete a description and background of the problem as possible. It is frequently necessary to require additional information other than that initially sent prior to scheduling an appointment, and the length of time an individual must wait to be seen varies, but because of the demand for service, some delays are to be expected. Outclinic service is extremely limited through June, July, and August due to limitations of staff availability.

Therapy for communication problems usually can be arranged if the person who has such a problem can come to the clinic on a regularly scheduled basis.

University of Iowa Speech and Hearing Clinic Wendell Johnson Speech and Hearing Center University of Iowa Iowa City, Iowa 52242

Fee: charged according to services provided/reduction or waiver of fees may be requested. Eligibility: anyone in need of service.

Necessary documents: Social Security no.

Area served no restrictions on area served.

Languages spoken: English.

Convenient entrance for elderly and handicapped: no, use West Door, main entrance. Information date: 11/2/74

### VA Hospital

Contact Mr. John Robertson Ext. 241 or 242

Phone 319-338-0581 After hrs/emergency none

Hours 24 hrs, 7 days a week.

Collect calls accepted no Toll free number no

The VA Hospital provides medical and surgical care, inpatient and ambulatory service.

Veterans Administration Hospital Iowa City, Iowa 52240 Johnson Fee: none.

Eligibility: must have served in Armed forces.

Necessary documents: Social Security no. /discharge papers .

Area served Eastern 2/3 of Iowa.

Convenient entrance for elderly and handicapped: yes.

Languages spoken: English.

Information date: 10/10/74

### Veteran's Administration Hospital

Contact R. W. Irish, Outpatient Service Ext. 270

Richard K. Jones, Medical Administration Service Ext. 236

Phone 515-842-3101 After hrs/emergency 515-842-3101

Hours 24 hrs a day, 7 days a week

Collect calls accepted yes Toll free number no

The hospital provides hospitalization and nursing home care treatment to all eligible veterans of both sexes. We also provide outpatient treatment and medication to these same veterans. Hospitalization is provided to service-connected veterans on a priority basis and to other veterans on a bed available basis. Nonservice connected beneficiaries, not in receipt of VA pension, must swear to their inability to pay for this hospitalization. After age 65 this is no longer a requirement.

Fees. No actual hospital charges are made to eligible veterans. However, we refer to an average rate of \$85.00 per day when discussing with a veteran his ability to defray the necessary cost of hospitalization outside the VA. When billing for an ineligible person, our rate is \$47.00 per day. Veterans who have sufficient income are required to purchase their own clothing, canteen supplies and other personal items. However, if there are no funds available, these are furnished at government expense.

Veterans Administration Hospital West Pleasant Street Knoxville, Iowa 50138 Marion Fee: none.

Eligibility: veteran status.

Area served Iowa, Northern MO, Western IL, Eastern NB, SouthE SD.

Languages spoken: 6 languages.

Necessary documents: health insurance policy/Social Security no. /honorable discharge.

Convenient entrance for elderly and handicapped: yes, use ambulance entry at the rear of Building 1.

Information date: 11/3/74

### Veterans Administration Hospital

Contact Dr. Burgeson, Ambulatory Care Service Ext. 337

Mr. Harris, Social Work Service Ext 381

Phone 515-255-2173 After hrs/emergency Ext. 337

Hours 24 hrs per day, 7 days a week.

Collect calls accepted limited Toll free number no

The Des Moines VA Hospital treats veterans who need hospitalization for medical or surgical conditions and are legally eligible for admission.

Outpatient treatment is provided for eligible beneficiaries in the Out-patient Clinic, and available to residents of the state of Iowa.

Social work services and other allied health services are provided to the western one-third and northermiddle of the state of Iowa.

Certain dependents and survivors of veterans can receive hospitalization and outpatient treatment from non-VA sources, partially at the expense of the government. These benefits are furnished under the auspices of CHAMPUS.

Recommended application procedure is a telephone call or letter from the veteran's private physician. However, a veteran may mail in an application or present himself to the hospital.

Veterans Administration Hospital 30th and Euclid

Des Moines, Iowa 50310

Polk

Fee: none.

Eligibility: veteran status.

Necessary documents: military discharge papers.

Area served State of Iowa.

Convenient entrance for elderly and handicapped: yes, barrier free.

Languages spoken: English/Spanish/ Information date: 11/31/74 Swedish/Japanese.

Iowa Association for Mental Health

Iowa Chapter Arthritis Foundation

Iowa Commission for the Blind

Iowa Diabetes Association, Inc.

Iowa Heart Association, Inc.

Iowa Society for the Prevention of Blindness

Jefferson Cancer Society Loan Closet

Jefferson County Chapter American Red Cross -- See EMERGENCY ASSISTANCE

Kidney Foundation of Iowa, Inc.

Medicaid, Department of Social Services

Medicare, Social Security Administration

National Multiple Sclerosis Society Eastern Iowa Chapter

United Cerebral Palsy of Iowa

### Iowa Association for Mental Health

Contact Dick Tschetter, Executive Director

Phone 515-244-7414

After hrs/emergency

none

Hours 8:30 a.m. - 4:30p.m. Mon. thru Fri.

Collect calls accepted no

Toll free number no

Iowa Association for Mental Health provides public education and referral services and advocacy.

Iowa Association for Mental Health 315 E. 5th St.

Des Moines, Iowa 50309

Polk

Fee: none.

Eligibility: must be in need of service.

Necessary documents: none.

Area served State of Iowa.

Convenient entrance for elderly and handicapped: yes.

Languages spoken: English.

Information date: 10/18/74

### Iowa Chapter Arthritis Foundation

Contact Mrs. Marie Ann Hull, Executive Secretary

Phone 515-243-6259

After hrs/emergency 515-278-8615

Hours 8:00 a.m. - 4:30 p.m. Mon. thru Fri.

Collect calls accepted no

Toll free number no

The Iowa Chapter Arthritis Foundation serves the whole state of Iowa through medical research, professional education and public information. Anyone in the state may receive public informational materials free of charge. The Iowa Chapter also makes referrals on information of rheumatologists and clinics in the state of Iowa. Have films on arthritis loaned out to groups for showing. We request one week in advance for use of films as they are in great demand. Also refer public to libraries for recommended books on arthritis.

The Iowa Chapter Arthritis Foundation established an arthritis clinic in Iowa City several years ago and still helps support it in part.

Iowa Chapter Arthritis Foundation 914 Locust Street Des Moines, Iowa 50309 Polk <u>Fee:</u> none for public information materials. charges for clinical services are based on a sliding fee scale.

Eligibility: referral by physician.

Necessary documents: none.

Area served State of Iowa.

Convenient entrance for elderly and handicapped; yes.

Languages spoken: English.

Information date: 10/10/74

### Iowa Commission for the Blind

Contact Gregory Phelps

Phone 515-283-2601

After hrs/emergency no

Hours

8:00am.-4:30pm. Mon thru Fri.

Collect calls accepted

Toll free number no

The Iowa Commission for the Blind is a state agency located in Des Moines with district offices in Cedar Rapids and Waterloo. Services provided are:

- Complete library service, including provision of talking book machines, talking book records, cassette recorders, tapes and braille books.
- 2. Orientation and adjustment center training.
- 3. Home teaching.
- 4. Vocational rehabilitation. Training directed toward a vocational goal and assistance in job placement.
- 5. Makes available aids and appliances such as canes, braille slates and styluses, needle threaders, signature guides, corrugated writing boards, watches, timers, etc.
- 6. Endeavours to disseminate the right kind of public information about blindness.
- 7. Utilizes civic groups to achieve the above ends.

Iowa Commission for the Blind Fourth and Keosauqua Way Des Moines, Iowa 50309 Polk Fee: Based on individual need and situation.

Eligibility: handicap relating to sight problem.

Necessary documents: NA

Area served State of Iowa.

Convenient entrance for elderly and handicapped: use main entrance.

Languages spoken: English.

Information date: 12/3/74

### Iowa Diabetes Association, Inc.

Contact Edna Elwood

Phone 515-265-6662 After hrs/emergency NA

Hours 9:00am.-4:30pm. Mon thru Fri.

Collect calls accepted no Toll free number no

Anyone wishing to have information on diabetes should contact the Association. They provide pamphlets, cookbooks, and leaflets. The Association coordinates educational programs in Iowa; sponsors informative meetings, distributes films, tapes, and pamphlets about diabetes; assists diabetics and their families to learn about all aspects of disease; coordinates and assists with diabetes detection programs; and supports diabetes research.

Iowa Diabetes Association, Inc. Iowa Lutheran Hospital Des Moines, Iowa Polk <u>Fee:</u> none/some rental charge for films.

Eligibility: none.

Necessary documents: NA

Area served State of Iowa.

Convenient entrance for elderly and

handicapped: NA

Languages spoken: English.

Information date: 12/3/74

### Iowa Heart Association, Inc.

Contact Mr. Richard Brennan, Division Director

Phone 515-277-6371

After hrs/emergency NA

Hours

8:30am.-4:30pm. Mon. thru Fri.

Collect calls accepted No

Toll free number No

The Iowa Heart Association, Inc. is a voluntary health organization functioning in three specific areas:

RESEARCH
PUBLIC & PROFESSIONAL EDUCATION
COMMUNITY SERVICE

Many bulletins and phamplets are free to the individual. Volunteerism among the elderly is encouraged in the programs of Community Service.

Iowa Heart Association, Inc.

3810 Ingersoll

Des Moines, Iowa 50312

Polk

Fee: None.

Eligibility: NA

Necessary documents: NA

Area served: State of Iowa.

Convenient entrance for elderly and

handicapped: NA

Languages spoken: English.

Information date: 2/5/75

### Iowa Society for the Prevention of Blindness

Contact Mrs. G. W. Hilton, Executive Director

Mrs. Kathy Champ, Program Consultant

515-244-4341 Phone

After hrs/emergency none

Mon. thru Fri. 8:30 a.m. - 4:30 p.m. Hours

Collect calls accepted no Toll free number

no

The Society has excellent educational material, films and speakers on glaucoma, cataract and other specific eye problems related to the aging. To act as a referral agency for anyone with eye problems.

Iowa Society for the Prevention

of Blindness 1011 Locust

Des Moines, Iowa 50309

Polk

none. Fee:

Eligibility: none.

Necessary documents: none.

State of Iowa. Area served

Convenient entrance for elderly and handicapped: yes.

Languages spoken: English.

Information date: 10/10/74

### Jefferson Cancer Society Loan Closet

Contact Bernita Pettit or Anne Roth

Phone 515-472-5929 After hrs/emergency 515-472-3002

Hours 8:00am.-4:30pm. Mon. thru Fri.

Collect calls accepted No Toll free number No

If an individual is in need of any of the following equipment they can pick them up or the Public Health Nurse delivers them - a cancer patient has priority.

Beds, mattresses, side rails, bedpans, urinals, enema cans, shampoo tray, sheets, pillowcases, towels, washclothes, gowns, wheelchair, hoist, bedside table, trapeze, suction machine, portable oxygen machine, sitz bath, air rings, fleezy, bathblankets, 4 pronged walker, elbow & heel protectors, plastic mattress covers, mattress pads.

Jefferson Cancer Society Loan Closet Fee:
Court House Annex
Fairfield, Iowa 52556
Jefferson Eligi

Eligibility: Must be in need of equipment.

Information date: 11/74

Area served Jefferson County.

requires the individual to sign a release form.

Convenient entrance for elderly and handicapped: No, however a home visit may sometimes be arranged.

Necessary documents: Some equipment

Languages spoken: English.

### Kidney Foundation of Iowa, Inc.

Contact Paul H. Dieke, Director of Patient Services

Phone 515-274-4791 After hrs/emergency none

Hours 8:30 a.m. - 5:00 p.m. Mon thru Fri.

Collect calls accepted yes Toll free number no

The Kidney Foundation is dedicated to finding the total answer to diseases of the kidney: prevention, treatment, and cure. Its basic programs of service include research, public and professional education, patient and community services and organ donation. Through its publications the KFI seeks to educate the public of warning signs of kidney disease and the need for early diagnosis and treatment. Patient services include information on sources of social and financial assistance and representation of patient interests where needed. A Drug Bank Program offers drugs at greatly reduced cost. The organ donation program seeks to make kidneys available for transplant through the distribution of uniform donor cards, and promotion of donation as a moral responsibility.

The Kidney Foundation provides information and counseling to individuals, and provides information to government, communities and organizations.

Periodicals and newsletters are published by the Foundation and distributed without charge to interested persons. A film, "Gift of Life" is available without charge for showing.

Kidney Foundation of Iowa, Inc. 3615 Douglas Avenue
Des Moines, Iowa 50310
Polk

Fee: none.

Eligibility: resident of Iowa with kidney

disease.

Necessary documents: none.

Area served State of Iowa.

Convenient entrance for elderly and handicapped: yes.

Languages spoken: English/German/Information date: 10/10/74
French.

### Medicaid - Department of Social Services

Contact Jim Carlson, Field Specialist in Income Maintenance

Phone 515-684-4639 After hrs/emergency NA

Hours 8:00am.-4:30pm.

Collect calls accepted no Toll free number no

Title XIX Medical Assistance (Medicaid) is available to all Supplemental Security Income recipients. People receiving long-term care in a medical institution who meet all eligibility requirements for Supplemental Security Income, except income, and whose income is sufficient to meet the cost of care in the institution, may be eligible. Medicaid covers a variety of services, including doctors, hospitals, prescription drugs, eye glasses, dental work, home health care, and some sick room supplies.

Many people are eligible for both Medicaid and Medicare.

Medicaid
Department of Social Services
P.O. Box 899
Ottumwa, Iowa 52501

Fee: none.

Eligibility: SSI eligibility requirements/
insufficient income to meet the cost
of care in the institution.

Necessary documents: may be requested
to establish eligibility.

Area served 10 counties of Area XV.

Convenient entrance for elderly and handicapped: YES.

Languages spoken: English.

Information date: 12/10/74

### MEDICARE

Contact Service Representatives

Phone 515-682-8059 After hrs/emergency NA

Hours 8:00-4:30 Mon thru Fri.

Collect calls accepted no Toll free number Zenith 1410

Medicare is a program of health insurance under social security set up to help millions of Americans 65 and older, and many severely disabled people under 65, to pay the high cost of health care. It has two parts - hospital and medical insurance.

The hospital insurance part of Medicare helps pay for the care you receive as a patient in a hospital and for certain followup care after you leave the hospital. The medical insurance part of Medicare helps pay for the doctor's services, outpatient hospital services, and many other medical items and services not covered under hospital insurance. \*

In order to check your eligibility and to receive full protection of Medicare, please check with your Social Security Office 2 or 3 months before you reach age 65.

\*DHEW Publication No. (SSA) 73-10043

Medicare
Social Security Administration
District Office
601 West 2nd
Ottumwa, Iowa 52501
Wapello

Fee: none to make application.

Eligibility: age 65/or disabled.

Necessary documents: Social Security no./proof of age.

Convenient entrance for elderly and handicapped; yes, ramp entrance.

Information date: 11/27/74

Area served 7 counties, including Appanoose.

Languages spoken: English.

### National Multiple Sclerosis Society Eastern Iowa Chapter

Contact Nola Gracey

Phone 319-365-6494

After hrs/emergency no

Hours

9:00am.-5:00pm. Mon thru Fri.

Collect calls accepted no

Toll free number no

The Multiple Sclerosis Society offers the following services: research education, community and patient service, clerical and nursing programs, professional education, referral services, aids to daily living, case finding, recreation, talking book program, friendly visiting, transportation, and a newsletter.

National Multiple Sclerosis Society
Eastern Iowa Chapter
737 Higley Building
Cedar Rapids, Iowa 52401

Fee: none.

Eligibility: must be multiple sclerosis patient.

Necessary documents: referral by physician.

Area served Eastern half of Iowa.

Convenient entrance for elderly and handicapped: use front entrance.

Languages spoken: English.

Information date: 12/3/74

### United Cerebral Palsy of Iowa

Contact David C. Johnston, Service Representative

Phone 319-372-8291

After hrs/emergency 319-372-8291

Answering service will respond.

Hours 9:00am.-9:00

9:00am.-9:00pm. Mon. thru Fri.

Collect calls accepted No

Toll free number No

United Cerebral Palsy of Iowa will provide consultation, advocacy, "follow along" assistance, literature, informative illustrated talks and information concerning cerebral palsy.

There are life enrichment activities such as bowling, etc.

All of these services are tailored as needed in each case.

United Cerebral Palsy of Iowa 611 1/2 Avenue E
Ft. Madison, Iowa 52627
Lee

Fee: None.

Eligibility: Individuals having cerebral palsy, including their families.

Necessary documents: None.

Area served: Lee, DesMoines,
Henry, VanBuren, and
Jefferson Counties.
Languages spoken: English.

Convenient entrance for elderly and handicapped: Prefer to meet with individual in his or her home.

Information date: 1/17/75

Boarding, Custodial, Nursing Homes
Farmers Home Administration
Iowa Association of Homes for the Aging
Low Rent Housing Authority
Ramsey Memorial Home

Boarding Houses ..... Bethany Home Society Inc

304 North Main

Fairfield, Iowa 52556

contact ...... Gladys Pencil, Manager

phone ..... 515-472-4154

Capacity: 12

Custodial Homes ..... Jefferson County Care Facility

RR#3

Fairfield, Iowa 52556

contact ..... Mr. & Mrs. Richard Clark, Administrators

phone ..... 515-472-2253

Capacity: 46

Parkview Care Center

Highway 34 East

Fairfield, Iowa 52556

contact ..... Alberta Blough, Administrator

phone ..... 515-472-5022

Capacity: 112

Nursing Homes ..... Nelson Nursing Home

Highway 34 West

Fairfield, Iowa 52556

contact ...... Christina Nelson

phone ..... 515-472-4759

Capacity: 42

### Farmers Home Administration

Contact Larry G. Johnson or Everett Rouse

Phone 515-472-2555

After hrs/emergency NA

Hours

8:00am.-5:00pm. Mon. thru Fri.

Collect calls accepted No

Toll free number No

Farmers Home Administration provides:

Loans for Homes and loans for Apartments to rent to Senior Citizens. Home Purchase Loans, with the rate of interest determined by income. Home Repair Loans, for low income homeowners. Interest rate is 1%, and 10 years repayment plan.

Repair and Rehabilitation Home Loans, with interest rate determined by income.

Farmers Home Administration P.O. Box 644 Fairfield, Iowa 52556 Jefferson

Fee: Credit report fee, \$7.00.

Area served Jefferson & Wapello Counties.

Languages spoken: English.

Eligibility: Other credit not available/
Adequate income to make payments/
Good Credit rating.

Necessary documents: Social Security
no./Income tax statement/Creditors/
Accounts outstanding.

Convenient entrance for elderly and handicapped: No, use back door.

Information date: 11/74

### Iowa Association of Homes for the Aging

Contact Francis A. Lackner, Executive Secretary

Phone 319-363-2879

After hrs/emergency NA

Hours

8:00am. - 5:00pm. Mon thru Fri.

Collect calls accepted no

Toll free number no

The Iowa Association of Homes for the Aging is an association of the non-profit retirement and nursing homes in Iowa. We are pleased to assist any person looking for such facilities, will meet with them singly or in groups or arrange speakers for meetings.

Iowa Association of Homes for the Aging 11 Blake Court, SE Cedar Rapids, Iowa 52403 Linn Fee: usual association dues.

Eligibility: members of IAHA must be non-profit homes, no individual members.

Necessary documents: none.

Area served State of Iowa.

Languages spoken: English.

Convenient entrance for elderly and handicapped: facilities are arranged as the need arises.

Information date: 10/14/74

### Low Rent Housing Authority

Contact Ethan Curtis

Phone 515-472-5364 After hrs/emergency None

Hours NA

Collect calls accepted No Toll free number No

The Local Housing Agency is in the process of securing a developer owner for a project of 44 units for low income for elderly, under Section 23 of the Federal Housing Code.

Local Housing Agency

City Hall

Fairfield, Iowa 52556

Tefferson

Fee: NA

Eligibility: NA

Necessary documents: NA

Area served: City of Fairfield.

Convenient entrance for elderly and

handicapped: NA

Languages spoken: English.

Information date: 1/17/75

### Ramsey Memorial Home

Contact Office staff

Phone 515-274-3612 After hrs/emergency NA

Hours 24 hr service

Collect calls accepted no Toll free number no

Custodial Home - 34 beds

Basic Nursing - 20 beds

Ramsey Memorial Home 1611 27th St. Des Moines, Iowa 50310 Polk

Area served Des Moines and State of Iowa.

Languages spoken: English.

<u>Fee:</u> Custodial, \$281.00 per month. Basic Nursing, \$16.50 per day.

Eligibility: non-sectarian.

Necessary documents: birth certificate/income tax statement/ health insur. policy/Social Security no. Convenient entrance for elderly and handicapped: yes.

Information date: 10/8/74

## HUMAN RIGHTS

Iowa Civil Liberties Union

Iowa Civil Rights Commission

#### HUMAN RIGHTS

### Iowa Civil Liberties Union

Contact Claudia Morrissey, Executive Director

Phone 515-282-0923 After hrs/emergency NA

Hours 8:00am. - 5:00pm. Mon thru Fri.

Collect calls accepted occasionally Toll free number no

The Civil Liberties Union provides legal assistance for anyone (regardless of age) who has been denied the rights guaranteed by the U.S. Constitution including:

- 1. Freedom of speech, assembly and association.
- 2. Due process.
- 3. Right of privacy.

Iowa Civil Liberties Union 1101 Walnut Des Moines, Iowa 50309

<u>Fee:</u> none, if Civil Liberties decides to represent a case.

Eligibility: must have a grievance.

Area served State of Iowa.

Necessary documents: any information that helps determine violation of civil liberties rights.

Convenient entrance for elderly and handicapped: no.

Languages spoken: English.

Information date: 10/8/74

### HUMAN RIGHTS

### Iowa Civil Rights Commission

Contact Office staff, investigator or aide

Phone 515-281-3286 After hrs/emergency

Hours 8:00am. -4:30pm. Mon thru Fri.

Collect calls accepted yes Toll free number no

The Iowa Civil Rights Commission handles complaints on the basis of age in the areas of employment and housing.

Eligibility applies to any person who feels discriminated against in regards to employment and housing, because of age.

Iowa Civil Rights Commission 1209 East Court Des Moines, Iowa 50319 Fee: none.

Eligibility: anyone who feels they have been discriminated against, in employment or housing.

Necessary documents: none.

Area served State of Iowa.

Convenient entrance for elderly and handicapped: yes, access to main floor office.

Languages spoken: English/Spanish.

Information date: 10/8/74

## INFORMATION AND REFERRAL

Area XV Agency on Aging, I & R Center

Consumer Problems

Heartline

Iowa Citizens' Aide Inter-Agency Complaint Liaisons

Iowa Commission on the Aging

Iowa Consumers League

Veterans Organizations

#### INFORMATION & REFERRAL

### Area XV Agency on Aging, I & R Center

Contact Vivian Hammes or I & R Volunteers

Phone 515-472-4403

After hrs/emergency No

Hours

8:00am.-4:30pm. Mon. thru Fri.

Collect calls accepted Yes

Toll free number No

The Area XV I & R Center for Jefferson County is in the Senior Citizen Center at 51 West Washington, Fairfield.

Trained staff and volunteers link the Senior Citizen with the services he needs, or provides him with requested information. The I & R Center will also take reservations for Congregate Meals and for the STS buses.

Area XV Agency on Aging, I & R Center 51 West Washington Fairfield, Iowa 52556 Jefferson Fee: None.

Eligibility: None.

Necessary documents: None.

Area served Jefferson County.

Convenient entrance for elderly and handicapped: Ground level entrance.

Languages spoken: English.

Information date: 1/9/75

#### INFORMATION & REFERRAL

### Consumer Problems

### ADVERTISING, CREDIT, FRAUD

J. Thomas Rosch, Director Bureau of Consumer Protection Federal Trade Commission Washington, D.C. 20850 Phone: 202-962-0151

#### AIR TRAVEL

Jack Yohe, Director
Office of the Consumer Advocate
Civil Aeronautics Board
Washington, D.C. 20428
Phone: 202-382-6376

### ALCOHOL, GUNS, TAXES, TRAVEL

John Auten, Director Office of Financial Analysis Treasury Department Washington, D.C. 20220 Phone: 202-964-5914

#### ANTITRUST

Gregory B. Hovendon, Chief Consumer Affairs Section Antitrust Division Justice Department Washington, D.C. 20530 Phone: 202-739-4173

#### BUS & TRAIN TRAVEL

Warner L. Baylor Consumer Affairs Officer Interstate Commerce Commission Washington, D.C. 20423 Phone: 202-343-4141

### BUSINESS

Sam Sherwin, Deputy Asst. Secy. for Domestic Commerce Commerce Commerce Department Washington, D.C. 20230 Phone: 202-967-5491

# CAR SAFETY, HIGHWAYS PUBLIC TRANSPORTATION

Antonina P. Uccello, Director Office of Consumer Affairs Transportation Department Washington, D.C. 20590 Phone: 202-426-4518

### CONSUMER AFFAIRS

Virginia H. Knauer, Director Office of Consumer Affairs Washington, D.C. 20201 Phone: 202-245-6164

#### CONSUMER INFORMATION

David Peterson, Director Consumer Information Center General Services Administration Washington, D.C. 20407 Phone: 202-343-6171

#### EDUCATION

Dr. Virginia Y. Trotter
Asst. Secy. for Education
Office of Education
Health, Education & Welfare Dept.
Washington, D.C. 20202
Phone: 202-245-8430

#### ENERGY

Hazel Rollins, Director
Consumer Affairs & Special Impact
Federal Energy Administration
Washington, D.C. 2046l
Phone: 202-254-7546
Emmitt J. Gavin,
Assistant to the Chairman
Federal Power Commission
Washington, D.C. 20426
Phone: 202-386-6081

### ENVIRONMENT, RESOURCES, PARKS

Ann Richardson
Special Asst. to Asst. Secy.
Program & Budget
Interior Department
Washington, D.C. 20240
Phone: 202-343-7785

#### FOOD

Nancy Steorts
Special Asst. to the Secy.
Consumer Affairs
Agriculture Department
Washington, D.C. 20250
Phone: 202-447-3165

### FOOD, DRUGS, COSMETICS

Dr. John Harvey
Senior Educational Director
Office of Consumer Affairs
Food & Drug Administration
5600 Fishers Lane
Rockville, Md. 20852
Phone: 301-443-3170

#### HOUSING & URBAN DEVELOPMENT

Wilbur Jones
Consumer Affairs Coordinator
Housing & Urban Development Dept.
Washington, D.C. 20410
Phone: 202-755-7976

#### MAIL

Thomas Chadwick, Consumer Advocate U.S. Postal Service Washington, D.C. 20260 Phone: 202-245-4550

#### OLDER AMERICANS

Decker Anstrom
Asst. to the Commissioner
Administration on Aging
Health, Education & Welfare Dept.
Washington, D.C. 20201
Phone: 202-245-0724

#### PRODUCT SAFETY

Mary Kay Ryan
Special Asst. for Legal Matters
Consumer Product Safety Commission
5401 Westbard Avenue
Bethesda, Md. 20207
Phone: 301-496-7377

#### STOCKS & BONDS

Barbara J. McTigue Consumer Liaison Officer Securities & Exchange Commission Washington, D.C. 20549 Phone: 202-755-4845

# WORK REGULATIONS, WAGES RETIREMENT, PENSIONS

Joanne Gordon
Special Asst. to the Secretary
Labor Department
Washington, D.C. 20210
Phone: 202-961-2027

#### INFORMATION AND REFERRAL

### Heartline

Contact Office staff

1-800-543-2393 Phone After hrs/emergency none

9:00am. - 5:00pm. Hours

Toll free number 1-800-543-2393 Collect calls accepted no

Heartline is a service of the Des Moines Register for senior citizens. Its purpose is to answer questions-fast.

It costs nothing. Anyone with a health-related question can find assistance quickly.

Heartline 8514 North Main St. Dayton, Ohio 45415 Fee: none.

Eligibility: 60 years of age or older. Necessary documents: none.

Convenient entrance for elderly and handicapped: NA.

Information date: 10/15/74

Area served State of Iowa

Languages spoken: English.

### INFORMATION AND REFERRAL

### Iowa Citizens' Aide

Contact Thomas R. Mayer, Ombudsman-Douglas L. Hart, 1st Deputy

Ruth L. Mosher, 2nd Deputy.

Phone 515-281-3592 After hrs/emergency none

Hours 8:00 a.m. - 4:30 p.m. Mon thru Fri.

Collect calls accepted yes, on a Toll free number no station to station basis only.

This office informally reviews administrative acts and fields complaints directed against most agencies of state and local government, at no expense to the citizen. Acts as referral agency in directing citizens to government agency appropriate to their needs. Cannot investigate courts, governor or general assembly. Cannot investigate personnel problems of government employees, and cannot represent people in legal matters.

Iowa Citizens' Aide 515 East 12th Des Moines, Iowa 50319 Polk

Area served

Fee: none.

Eligibility: none.

Necessary documents: any information that would help support a claim.

Convenient entrance for elderly and handicapped: no, use front door.

Languages spoken: English/Russian. Information date: 11/15/74

State of Iowa.

### INTER-AGENCY COMPLAINT LIAISONS WITH OFFICE OF THE CITIZEN'S AIDE

AGING COMMISSION	Leona I. Peterson, Executive Director	103
	Earle Eldridge, Consultant	
	415 10th Street Des Moines, Iowa 50319 281-5187	9.0
ATTORNEY GENERAL  Tort Claim Division	John E. Beamer, Special Assistant Attorney General	107
	1223 E. Court, Executive Hills, E. Des Moines, Iowa 50319 281-5881	
Consumer Protection	Julian B. Garrett, Assistant Attorney General	107A
	220 E. 13th Ct., Executive Hills, E. Des Moines, Iowa 50319 281-5926	
BANKING DEPARTMENT	Steve Allen, Bank Examination Analyst	109
	5th Floor, 607 Locust Street Des Moines, Iowa 50309 281-3014	
BLIND COMMISSION	Mrs. Mary Ellen Anderson, Deputy Director	110
	4th & Keosauqua Way Des Moines, Iowa 50309 (TTTTED) 283-2601	
	3 JAN 7 - 1875	
BONUS BOARD	John Brokens, COMMISSION ON THE AGIN	G 111
	State Capitol Des Moines, Iowa 50319	

278-9331

CIVIL RIGHTS COMMISSION

Joseph L. Tate, Executive Director 115

1209 E. Court, Executive Hills, E. Des Moines, Iowa 50319 281-3286

COMMERCE COMMISSION
Public Utilities Division

Raymond Vawter, Administrator 117

Valley Bank Building Des Moines, Iowa 50309 281-5469

Railroad Division

Paul Heitmann, Director

Valley Bank Building Des Moines, Iowa 50309 281-5844

Warehouse Division

Wallace Dick, Director

Valley Bank Building Des Moines, Iowa 50309. 281-5987

Motor Transportation

Conrad Amend, Administrator

Valley Bank Building Des Moines, Iowa 50309 281-5668

(Or, for any of the above)

Dean A. Briley, Executive Secretary

Valley Bank Building Des Moines, Iowa 50309 281-5256

COMPTROLL	LER	William Krahl, State Budget Director	118
		Capitol Building Des Moines, Iowa 50319 281-5509	
CONSERVAT	ION COMMISSION	Fred A. Priewert, Director	119
		300 4th Street	
		Des Moines, Iowa 50319 281-5145	
CRIME COM	MISSION	John Van Brocklin, Deputy Director	121
		3125 Douglas	
		Des Moines, Iowa 50319 281-3241	
DISTURE OTHER	ANIM COMMITCE TON	David Docknow	104
DEVELOPME	ENT COMMISSION	Doug Dashner, Executive Administrator	124
		250 Jewett Building	
		Des Moines, Iowa 50309 281-5571	
EDUCATION	NAL RADIO & TV	David J. Brugger, Director of Administration	126
	2801 Bell Avenue		
		Des Moines, Iowa 50306 280-1120	
EMPLOYMEN	NT SECURITY	Thomas E. McDonnell	127
COMMISSIC	N	Tax Functions	
	1000 E. Grand		
	Des Moines, Iowa 50319 281-5339		
	0.0		
		Abe D. Glayman, Chairman 281-5374	

FAIR BOARD	Kenneth Fulk, Director	130
	E. 30th & Grand Des Moines, Iowa 281-5117	
GENERAL SERVICES	Stanley McCausland, Director	133A
	State Capitol Des Moines, Iowa 281-3196	
HANDICAPPED COMMITTEE	Mrs. Evelyne R. Villines, Secretary or Don Westergard, Consultant	134
	Grimes State Office Building Des Moines, Iowa 281-5969	
HEALTH DEPARTMENT	Norman L. Pawlewski, Commissioner	135
	Lucas State Office Building Des Moines, Iowa 281-5605	
ENVIRONMENTAL QUALITY	Bryce E. Harthoorn, Regional Program Director	135A
	3920 Delaware P.O. Box 3326 Des Moines, Iowa	
	265-8134	

HIGHWAY COMMISSION	H. E. Gunnerson, Director - Chief Engineer or L. A. Holland, Assistant to the Director  Ames, Iowa 50010	137
	296-1101	
HISTORY AND ARCHIVES	Jack W. Musgrove, Director	138
	Historical Building Des Moines, Iowa 281-5111	
INDUSTRIAL COMMISSION	Milton Test, Assistant to the Commissioner	141
	610 Des Moines Street Des Moines, Iowa 281-5934	
INSURANCE DEPARTMENT	Tony Schrader, Attorney & Senior Insurance Analyst	142
	Lucas State Office Building Des Moines, Iowa 281-5705	
LABOR BUREAU	Allan E. Stokes, Administrative Officer	143
	4th Floor, E. 7th & Court	

Des Moines, Iowa

281-3606

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COMPLAINT LIAISONS

LIBRARY COMMISSION	Jack W. Hurkett, Assistant Director	146C
	Historical Building Des Moines, Iowa 281-5658 or 281-5236	
BEER & LIQUOR CONTROL		
DEPARTMENT	Ben Byers, Personnel Officer or	147
	Rolland A. Gallagher, Director	
	300 4th Street	
	Des Moines, Iowa	
	281-5723 or 281-5533 (Byers) (Gallagher)	
MERIT EMPLOYMENT		
DEPARTMENT	Ray O. Pratt, Employee Services Administrator	149
	Grimes State Office Building Des Moines, Iowa 281-3352	
	201-3332	
NATURAL RESOURCES		
COUNCIL	James F. Cooper, Chief Engineer	151
	Grimes State Office Building	
	Des Moines, Iowa 281-5914	
PUBLIC DEFENSE	Brigadier General Ronald R. Woodin, Deputy	157
	P.O. Box 616	
	Des Moines, Iowa 50303	

278-9211

CIVIL DEFENSE	Donald C. Hinman, Acting Director	•	157B
	Lucas State Offic Des Moines, Iowa 281-3231	e Building	
PUBLIC INSTRUCTION	Dr. Richard N. Sm Deputy Superinte		158
	Grimes State Offi Des Moines, Iowa 281-3436	ce Building	
VOCATIONAL REHABILITATION	W. L. Van Eschen, Assistant Direct	or for Client Servic	158A
	801 Bankers Trust Des Moines, Iowa 281-3481	Building	
PUBLIC SAFETY			
COMMISSION	Robert Holetz, Assistant to the	Commissioner	159
	Jack Linge, Assistant to the	Commissioner	
	Lucas State Offic Des Moines, Iowa 281-5261	e Building	
PUBLIC SAFETY			
DRIVERS LICENSE DIVISION	James Fetters, Acting Director or	- 281-5649	159D
	James Fischer, Chief Examiner or	- 281-5997	
	Information	- 281-5417	

Lucas State Office Building

Des Moines, Iowa

SOCIAL SERVICES Eugene Fitzsimmons, 165
Executive Services Administrator

281-3135

Des Moines, Iowa

Lucas State Office Building Des Moines, Iowa 281-5455 OFFICE FOR PLANNING AND PROGRAMMING

Barry Petrowsky
Administrative Assistant

154

523 E. 12th Street Des Moines, Iowa 381-5974

#### INFORMATION AND REFERRAL

## Iowa Commission on the Aging

Contact Karen K. Laing or appropriate staff

Phone 515-281-5187

After hrs/emergency NA

Hours

8:00am.-4:30pm. Mon thru Fri.

Collect calls accepted no

Toll free number no

Iowa Commission on the Aging is a statewide clearinghouse for programs and information on the elderly. General information and education materials are available to all ages.

The Commission is responsible for administering federal and state funds relating to the elderly. It acts as an advocate for and with the older Iowans.

Iowa Commission on the Aging 415 10th Street Des Moines, Iowa 50319 Fee: none.

Eligibility: none.

Necessary documents: none.

Area served State of Iowa.

Convenient entrance for elderly and handicapped: yes, main or front door.

Languages spoken: English.

Information date: 11/2/74

#### IN FORMATION & REFERRAL

## Iowa Consumers League

Contact Bob Mumma

Phone 515-872-2329 After hrs/emergency 515-872-1809

Hours Office hours, 8:30-11:00am. Services extended 24 hrs per day

Collect calls accepted No Toll free number No

Consumer complaints Credit counseling

Iowa Consumers League Box 189 Corydon, Iowa 50060 Wayne Fee: None. League dues-\$2.00, optional.

Eligibility: Resident of Iowa.

Necessary documents: None.

Area served State of Iowa.

Languages spoken: English. Information date: 1,

Convenient entrance for elderly and handicapped: No, there are stairs.

Arrangements made to meet on 1st floor.

Information date: 1/20/75

#### INFORMATION & REFERRAL

## Veterans Organizations

American Legion
Dillon Lowell, Commander
109 North Court
Fairfield, Iowa 52556
phone ......515-472-5259

meeting time ...... lst Monday of the month , 8:00pm. meeting place ..... American Legion Hall, Fairfield

meeting time ..... 2nd & 4th Thursday of the month, 8:00pm. meeting place ..... VFW Building

## LEGAL AND BUSINESS SERVICES

Better Business Bureau of Des Moines

Chamber of Commerce

Consumer Problems -- See INFORMATION AND REFERRAL

Iowa Consumer League -- See INFORMATION AND REFERRAL

## LEGAL & BUSINESS SERVICES

## Better Business Bureau of Des Moines

Contact Office staff

Phone 515-243-8137

After hrs/emergency NA

Hours 8:30 a.m. - 4:00 p.m. Mon thru Fri.

Collect calls accepted no

Toll free number no

The Better Business Bureau handles consumer information and reviews problems, and or, complaints from consumers.

Better Business Bureau of Des Moines 246 Insurance Exchange Building Des Moines, Iowa 50309 Polk Fee: none.

Eligibility: none.

would assist a claim.

Central and Eastern

Convenient entrance for elderly and handicapped: yes.

Necessary documents: any information that

Languages spoken: English.

Area served

Iowa.

Information date: 11/15/74

#### LEGAL & BUSINESS SERVICES

### Chamber of Commerce

Contact W.J. Whitney or Wanda Redkopf

Phone 515-472-2111

After hrs/emergency NA

Hours 8:00am.-5:00pm. Mon. thru Fri.

Collect calls accepted No

Toll free number No

The Chamber of Commerce provides application blanks for Blood Bank membership, Information to Consumers, and a file of services available, in the area, to the consumer.

Chamber of Commerce 123 West Burlington Fairfield, Iowa 52556 Jefferson Fee: None.

Eligibility: None.

Necessary documents: None.

Area served Fairfield area.

Convenient entrance for elderly and handicapped: Ground level entrance.

Languages spoken: English/Spanish.

Information date: 10/10/74

# NUTRITION

Congregate Meals, Area XV Agency on Aging
Meals on Wheels

### NUTRITION

## Congregate Meals

Contact Vivian Hammes

Phone 515-472-4403

After hrs/emergency None

Hours 8:00am.-4:30pm. Mon. thru Fri.

Collect calls accepted No

Toll free number No

Congregate Meals, sponsored by the Area XV Agency on Aging are available to any person 60 years of age or older. Transportation is available. Reservations for meals and transportation must be made in advance, through the Site manager.

Meal Sites:

Senior Citizen Center, Fairfield 11:30 am. Mon. thru Fri.

Participants are encouraged to stay and play cards after the noon meal.

Congregate Meals
Area XV Agency on Aging
51 West Washington
Fairfield, Iowa 52556
Jefferson

Fee: No fee. However, a suggested contribution of \$.50 to \$.75 is welcomed.

Eligibility: 60 yrs of age or older/
Spouses under 60 are also eligible.

Necessary documents: None.

Area served Anyone wishing to particapate.

Languages spoken: English.

Convenient entrance for elderly and handicapped: Ground level entrance.

Information date: 10/10/74

#### NUTRITION

## Meals on Wheels

Contact Mrs. A.M. Rinehart or Mrs. Ben Taylor

Phone 515-4723548 (Rinehart)

515-472-3221 (Taylor)

On call Hours

Toll free number No Collect calls accepted No

Meals on Wheels has 15 units and deliver hot noon meals 7 days a week to shut-ins. Special diets are also prepared.

Meals on Wheels 304 South Main Fairfield, Iowa 52556 Tefferson

Fee: \$1.00 per meal.

Eligibility: Meals must be requested

Convenient entrance for elderly and

upon a doctor's orders.

Necessary documents: NA

After hrs/emergency On call

Area served Fairfield and immediate vicinity.

handicapped: NA

Languages spoken: English.

Information date: 11/74

City Recreation Center

Senior Citizen Groups

Senior Citizen Site

## City Recreation Center

Contact Spencer McKinney, Director of Parks and Recreation

Phone 515-472-6248

After hrs/emergency NA

<u>Hours</u> 8:30am.-5:00pm. & 6:00-9:45pm. Weekdays

1:00-5:00pm. Saturdays

Collect calls accepted NA

Toll free number No

The City Recreation Center is set up for organizing structured and unstructured programs of Recreation and Leisure time activities for all persons of varying age groups and interest levels.

Many organized classes are attended by all age groups at the same sessions.

Of interest to Senior Citizens:

Bridge classes Chess classes Horseshoes Knitting classes Bowling program Billiards Bingo

Shuffle Board will be available

City Recreation Center 300 East Burlington Fairfield, Iowa 52556 Jefferson Fee: None, except for certain programs.

Eligibility: None.

Necessary documents: NA

Area served: Jefferson County.

Convenient entrance for elderly and handicapped: Ground level entrance, there are steps.

Information date: 2/12/75

Languages spoken: English.

### Senior Citizen Groups

Fairfield

Keep Young Club Mildred Six 1102 Liberty Drive

meeting time: 3rd Tuesday of the month, 12:00pm.

meeting place: First Christian Church, Burlington and 3rd

phone: 515-472-3992

Packwood

Packwood Senior Citizens Mr. & Mrs. Wilbur Kimple Packwood, Iowa 52580

meeting time: 2nd Tuesday of the month for co-op meeting place: Packwood Community Building

phone: 515-695-3456

## Senior Citizen Site

Contact Vivian Hammes

Phone 515-472-4403

After hrs/emergency NA

Hours

8:00am.-4:30pm. Mon. thru Fri.

Collect calls accepted Yes

Toll free number No

The Senior Citizen Site is open during the day for service to the elderly. It is an inviting center in which to congregate for visiting, resting during a shopping trip, and recreation such as card-playing, games, craft projects, and classes.

Senior Citizen Site 51 West Washington Fairfield, Iowa 52556 Jefferson Fee: None.

Eligibility: None.

Necessary documents: None.

Area served: Jefferson County.

Convenient entrance for elderly and handicapped: Ground level entrance.

Languages spoken: English.

Information date: 2/12/75

# SOCIAL SERVICES

Food Stam ps -- See NUTRITION

Jefferson County Department of Social Services

Medicaid, Department of Social Services

Jefferson County Homemaker -- Home Health Aide Service -- See SUPPORTIVE SERVICES

#### SOCIAL SERVICES

## Jefferson County Department of Social Services

Contact Robert Drake

After hrs/emergency None Phone 515-472-5011

8:00am.-4:30pm Mon. thru Fri. Hours

Toll free number No Collect calls accepted No

The Iowa Department of Social Services is dedicated to helping Iowans, children, adults and entire families of all social and economic levels. Although the department has at least one office in every county in Iowa, each county may not be able to provide every service listed, at the present time. \*

Jefferson County provides assistance in locating housing, nursing or custodial home placement, counseling service, and help in obtaining health and medical services. The Department will keep people informed on benefit entitlements, and is also an information and referral center for SSI benefits, and Food Stamps.

\*Office of Public Information, Iowa Department of Social Services July 1974, PI - 13.

Jefferson County Department of Fee: None. Social Services 51 East Hempstead Fairfield, Iowa 52556 Tefferson

Area served Jefferson County.

Eligibility: Former, future, or potential clients.

Necessary documents: Social Security no./Bank book/Income Tax statement/ Insurance policies.

Convenient entrance for elderly and handicapped: No, there are stairs.

Information date: 10/10/74 Languages spoken: English.

#### SOCIAL SERVICES

## Medicaid - Department of Social Services

Contact Jim Carlson, Field Specialist in Income Maintenance

Phone 515-684-4639 After hrs/emergency NA

Hours 8:00am.-4:30pm.

Collect calls accepted no Toll free number no

Title XIX Medical Assistance (Medicaid) is available to all Supplemental Security Income recipients. People receiving long-term care in a medical institution who meet all eligibility requirements for Supplemental Security Income, except income, and whose income is sufficient to meet the cost of care in the institution, may be eligible. Medicaid covers a variety of services, including doctors, hospitals, prescription drugs, eye glasses, dental work, home health care, and some sick room supplies.

Many people are eligible for both Medicaid and Medicare.

Medicaid
Department of Social Services
P.O. Box 899
Ottumwa, Iowa 52501

Fee: none.

Eligibility: SSI eligibility requirements/ insufficient income to meet the cost of care in the institution.

Necessary documents: may be requested to establish eligibility.

Convenient entrance for elderly and handicapped: YES.

Information date: 12/10/74

Area served 10 counties of Area XV.

Languages spoken: English.

# SUPPORTIVE SERVICES

Jefferson County Homemaker -- Home Health Aide Service
SIEDA Neighborhood Center

#### SUPPORTIVE SERVICES

## Jefferson County Homemaker-Home Health Aide Service

Contact Lois Brokken or Anne Roth

Phone 515-472-5929

After hrs/emergency 515-472-5929

Hours

8:00am.-4:30pm. Mon. thru Fri.

Collect calls accepted No

Toll free number No.

Homemaker-Home Health Aides visit homes of patients who are unable to care for themselves.

Aides give patients baths, fix meals and do light housekeeping, they supervise medications and call the Public Health Nurse if change in patient, etc. Aides are placed in the homes and supervised by the Public Health Nurse. Aides go on errands for the patient, and if funds are available, may transport a patient to Iowa City for medical appointments.

Jefferson County Homemaker Home Health Aide Service Court House Annex Fairfield, Iowa 52556 Jefferson

Area served Jefferson County.

Languages spoken: English.

Fee: \$2.50 per hr, or sliding scale based on income.

Eligibility: Inability to care for oneself.

Necessary documents: None ordinarily/Doctor's orders required for some cases.

Convenient entrance for elderly and handicapped: No, however, a home visit can be arranged.

Information date: 11/74

#### SUPPORTIVE SERVICES

### SIEDA Neighborhood Center

Contact Sue Phillips

Phone 515-472-6140 After hrs/emergency 515-472-6140

Hours 8:00am.-4:30pm. Mon. thru Fri.

Collect calls accepted No Toll free number No

The Neighborhood Center provides emergency food and clothing and some indirect financial aid.

The Center works in conjuction with Crosslines to supply items such as beds, furniture, and special hospital furniture.

There are funds to help the elderly winterize their homes; weather-stripping, chaulking, and plastic to be used over windows. Referrals are made to other agencies, every effort is made to help an individual in need.

SIEDA Neighborhood Center 101 West Hempstead Fairfield, Iowa 52556 Jefferson

Fee: None.

Eligibility: Must be in need of service.

Necessary documents: None.

Area served Jefferson County.

Convenient entrance for elderly and handicapped: Yes, ground level entrance.

Languages spoken: English.

Information date: 11/74

Internal Revenue Service

Iowa Department of Revenue Credits and Exemptions

Jefferson County Assessors' Office

State Department of Internal Revenue Iowa Tax Division

## Internal Revenue Service

Contact Office Staff

Phone 1-800-362-2030 After hrs/emergency NA

Hours 8:00am. -4:45pm. Mon thru Fri.

Collect calls accepted no Toll free number 1-800-362-2030

This office will assist anyone with any question they might have concerning their Federal Income Tax Forms.

Internal Revenue Service 210 Walnut Des Moines, Iowa 50309 Fee: none.

Eligibility: none.

Necessary documents: none.

Area served State of Iowa.

Convenient entrance for elderly and

handicapped: NA

Languages spoken: English.

Information date: 11/18/74

# Iowa Department of Revenue Credits and Exemptions

Contact Brian Bruner, Neil Sheldon,

Jim McSwain, Dorothy Vander Linden

Phone 515-281-3301 After hrs/emergency NA

Hours 8:00am.-4:30pm. Mon thru Fri.

Collect calls accepted no Toll free number no

The Credits and Exemptions Section of the Iowa Department of Revenue provide rent and property tax relief by issuing a reimbursement in the form of a state refund check for property taxes paid and/or rent paid by eligible claimants.

Iowa Department of Revenue Credits and Exemptions Section Lucas State Office Building Rm 535 Des Moines, Iowa 50319 Fee: none.

Eligibility: claimant must be 65 yrs of age or older/household income below \$6,000.

Necessary documents: Social Security no.

Area served State of Iowa.

Convenient entrance for elderly and handicapped: no, use South entrance by loading dock.

Languages spoken: English.

Information date: 11/15/74

## Jefferson County Assessor's Office

Contact Frank Weston

Phone 515-472-2849

After hrs/emergency NA

Hours 8:00am.-4:30pm Mon. thru Fri.

Collect calls accepted No Toll free number No

Contact the County Assessor's Office regarding matters of property tax, homestead or veteran's property tax exemption, property valuations, or legal descriptions of property.

The Couty Assessor's Office has forms for the IOWA DISABLED and SENIOR CITIZENS PROPERTY TAX and RENT RELIEF CLAIM, and will assist Senior Citizens in making out the form.

A special courtesy is extended those who cannot come to the Assessor's Office. Make an appointment by phone and someone will visit in the home to assist with forms.

Jefferson County Assessor's Office Court House Fairfield, Iowa 52556 Jefferson Fee: None.

Eligibility: Depends upon services requested.

Necessary documents: Social Security no./Any documents to support a claim.

Area served Jefferson County.

Convenient entrance for elderly and handicapped: No, however a home visit can be arranged.

Information date: 10/22/74

Languages spoken: English.

# State Department of Internal Revenue Income Tax Division

Contact Office staff

Phone 515-281-3114

After hrs/emergency NA

Hours 8:00am. -4:30pm. Mon thru Fri

Collect calls accepted no

Toll free number no

Those with annual incomes of \$2,000 or less do not have to file a state income tax report. Incomes between \$2,00 and \$4,000 are not subject to taxation although they must be reported. Those who make less than \$4,000 and are claimed as an exemption on someone else's return, must fill out a complete return.

State Department of Internal Revenue Fee: none for information.

Income Tax Division
Lucas State Office Building
Des Moines, Iowa 50319

Eligibility: taxpayer.

Necessary documents: proof of income.

Area served State of Iowa.

Convenient entrance for elderly and handicapped: NA

Languages spoken: English.

Information date: 9/24/74

Ambulance Service

Area XV Agency on Aging, Jefferson County Office B-Flight, Inc.

## Ambulance Services

Ambulance Service 309 Wilson Boulevard Fairfield, Iowa 52556

contact ...... Walter Gray phone ..... 515-472-2144

24 hour service - Medicare approved

## Area XV Agency on Aging, Tefferson County Office

Contact Vivian Hammes

Phone 515-472-4403

After hrs/emergency None

Hours

8:00am.-4:30pm Mon. thru Fri.

Collect calls accepted Yes

Toll free number No

The Senior Transit Service mini-bus offers multi-purpose transportation to all persons 60 years of age and over, in Appanoose County.

Multi-purpose transportation includes rides to congregate meal sites, medical services, shopping, visiting and personal business.

The mini-bus is available for trips outside the county. There are special trips arranged by the dispatchers upon request, or when needed.

Area XV Agency on Aging Jefferson County Office 51 West Washington Fairfield, Iowa 52556 Jefferson Fee: Buses operate on a suggested contribution.

Eligibility: Participant must be 60 yrs of age or older.

Necessary documents: None.

Area served Jefferson County.

Convenient entrance for elderly and handicapped: Ground level entrance.

Languages spoken: English.

Information date: 11/74

### B-Flight Inc.

Contact Bill Palmer or Richard Lyons

515-472-3166 Phone

515-472-6280 After hrs/emergency

515-472-3404

Daytime hrs, 7 days a week Hours

Collect calls accepted No

Toll free number No

B-Flight Inc. provides Air Ambulance Service, within 600 miles of Home Base.

B-Flight Inc. Box 623 Fairfield, Iowa Jefferson

Fee: \$.55 per mile, round trip.

Eligibility: None.

Necessary documents: A waiver of responsibility must be signed.

Area served: Fairfield and surrounding area.

Convenient entrance for elderly and handicapped: Yes.

Languages spoken: English.

Information date: 1/20/75

Gray Ladies

Hospital Auxiliary

Small Business Administration

## Gray Ladies

Contact Mrs. Helen Sellers or Mrs. Dale E. Buchanan

Phone 515-472-5813

After hrs/emergency NA

Hours Volunteer

Collect calls accepted No

Toll free number No

The Gray Ladies perform services at the Jefferson County Hospital, deliver and read mail, serve juices, and deliver flowers.

A visit is made once a week to Mt. Pleasant to the Mental Health Hospital.

Gray Ladies 400 East Pierce Fairfield, Iowa 52556 Jefferson

Fee: None.

Eligibility: None.

Necessary documents: NA

Area served Fairfield and surrounding area.

Convenient entrance for elderly and handicapped: NA

Languages spoken: English.

Information date: 7/74

## Hospital Auxiliary

Contact Mrs. Eugene Kaska

Phone 515-472-4338 After hrs/emergency No

Hours Volunteer Hours

Collect calls accepted No Toll free number No

Those past retirement age are given an opportunity to volunteer their time in the interest of their community. Hospital Auxiliary will provide a link to other agencies and people who can use the help of volunteers.

Hospital Auxiliary 304 West Hempstead Fairfield, Iowa 52556 Jeffer son Fee: NA

Eligibility: None

Necessary documents: NA

Area served: Jefferson County. Convenient entrance for elderly and

handicapped: Yes.

Languages spoken: English. Information date: 1/20/75

## Small Business Administration

Contact Robert L. Brekke

Phone 515-284-4422 After hrs/emergency NA

Hours 8:00am. -4:30pm. Mon thru Fri.

Collect calls accepted no Toll free number no

The only services the Small Business Administration would have for older people would be those retired executives interested in becoming SCORE volunteers.

Small Business Administration 759 Federal Building Des Moines, Iowa 50309 Polk Fee: none.

Eligibility: NA

Necessary documents: none.

Area served State of Iowa.

Convenient entrance for elderly and handicapped: yes.

Languages spoken: English.

Information date: 11/25/74

