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# **WORKING WITH THE MENTALLY ILL HOMELESS**

**A TRAINING AND TECHNICAL ASSISTANCE GUIDE**

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Working with the Mentally Ill Homeless  
A Training and Technical Assistance  
Guide

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This work was supported in part by a grant from the Mental Health/Mental Retardation Division of the Iowa Department of Human Services, with funds from the Stewart B. McKinney Homeless Assistance Act (PL 100-77). Principal Investigator: Dr. Robert W. Fuqua; Co-Principal Investigator: Debra Listopad.



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I. Introductory Information



## WHO ARE THEY...?

The Stewart B. McKinney Act (PL 100-77) outlined the following definition of homeless individuals:

... the term "homeless" or "homeless individual" includes -

- (1) an individual who lacks a fixed, regular, and adequate nighttime residence; and
- (2) an individual who has a primary nighttime residence that is -
  - (A) A supervised publicly or privately operated shelter designated to provide temporary living accommodations (including welfare hotels, congregate shelters, and transitional housing) for the mentally ill.
  - (B) An institution that provides a temporary residence for individuals intended to be institutionalized.
  - (C) A public or private place not designated for, or ordinarily used as, a regular sleeping accommodation for human beings. (PL 100-77, 1987)

Utilizing this definition a chronically mentally ill homeless person can be described as one who fits the criteria listed above and who is eighteen or older and meets at least one of the following criteria:

- A) Has undergone psychiatric treatment more intensive than outpatient care more than once in a lifetime; and/or
- B) Has experienced a single episode of continuous structured, supportive residential care other than hospitalization.

### IN ADDITION

Chronically mentally ill individuals typically meet at least two of the following criteria on a continuous or intermittent basis for at least two years:

- A) Are unemployed, employed in a shelter setting, or have limited skills and a poor work history;
- B) Require financial assistance for out of hospital maintenance and may be unable to procure such assistance without help;
- C) Shows severe inability to establish or maintain a personal support system;
- D) Requires help in basic living skills; and/or
- E) Exhibits inappropriate social behavior which results in demand for intervention by the mental health and/or judiciary system (Iowa Mental Health Plan, 1989).



WHERE ARE THEY...?

The number of homeless persons varies from state to state, as does the percentage of homeless persons who exhibit mental illnesses. The following chart highlights the incidence of mental illness among the homeless in various parts of the country.

City & Source	Sample Size	Sample Location	% Mental Disorders
Baltimore (Tabler, 1982)	269	City Shelter	31%
Boston (Bassuk, 1984)	78	Shelter	40%
Los Angeles (Farr, Koegel, & Burnam, 1986)	328	Skid Row Area	26.2%
Milwaukee (Rosnow, Shaw & Concord, 1985)	237	Shelter/Street	40%
New York (Crystal, Ladner & Towber, 1986)	7,578	Shelters	24.9%
Phoenix (Stark, 1986)	3,000	Downtown Catchment Area	20%
St. Louis (Morse etal, 1985)	248	Shelter	55.7%
San Francisco (Lewis, 1978)	76	Traveler's Aid	60%
Washington, DC (Depp & Ackis, 1983)	65	Women's Shelter	48%



### The Mentally Ill Homeless In Iowa

A 1988 study of the homeless in Iowa (Wright, 1988) identified 14,136 individuals who were living on the streets, in shelters, in places not intended to be a residence, or who are doubled up with family and friends. Of this number, 4,129 are children under the age of 18. Service providers estimate that approximately 30% of the homeless adults exhibit signs of, or have been diagnosed as mentally ill. Using these figures, it can be estimated that approximately 3,000 homeless persons in Iowa are in need of mental health services.

### The Stewart B. McKinney Act

In 1987, Congress passed Public Law 100-77, The Stewart B. McKinney Homeless Assistance Act. This act appropriated \$355 million for FY 1987 to support a variety of services to assist the homeless; an additional \$357.6 million was appropriated for FY 1988. Funds totaling \$378 million were available in FY 1989. For FY 1990, the Bush administration has appropriated \$676 million.

The programs outlined in PL 100-77 include:

A) Interagency Council on the Homeless

Requires the establishment of a Interagency Council on the Homeless in the executive branch. The Council is composed of the heads of various federal agencies and programs. The responsibilities of the Council include monitoring, evaluating, and providing information and assistance to the various federal, state, and local agencies/programs assisting the homeless.

B) Federal Emergency Management Food & Shelter Program

Provides funds to supplement and expand existing efforts to provide food, shelter, and supportive services to the homeless. Funding is provided only for private, nonprofit organizations or local government programs that fit the purposes of this section.

C) Housing Assistance

Any governmental unit or agency seeking funds under this section must provide a Comprehensive Homeless Assistance Plan to the Secretary of Housing and Urban Development.

Assistance is provided for the following activities:

- 1) Emergency shelter grants to assist with the renovation, rehabilitation, and operating costs of existing shelters, for the conversion and furnishing of buildings to be used for new emergency shelters and for the provision of "essential services" including employment services, health services, drug abuse services, and educational services.



- 2) A supportive housing demonstration program comprised of two parts: (a) funds for up to 50% of the cost of providing transitional housing services for homeless persons, with a special focus on persons with mental illnesses and families with children; and (b) funds to assist in the development of community based housing and support services for handicapped persons who are homeless or at risk of becoming homeless.
- 3) Supplemental assistance in the form of advances to applicants for the programs described in (1) and (2). Funds are intended to cover costs not covered by the programs previously mentioned.

D) Surplus Federal Property

The Secretary of Housing & Urban Development is required to identify underutilized public buildings, as well as other properties and buildings which are suitable to use as facilities to assist the homeless.

E) Health Care for the Homeless

- 1) Primary Health Care - Provides funds for up to 75% of the cost of providing health care services to the homeless. Health care services are to be provided in locations easily accessible to the homeless and should include the following: emergency health services, referral for necessary hospital services, referral for mental health services, outreach services, and assistance in applying for and receiving services under entitlement programs. Grantees have the option of including a mental health component as part of their program.
- 2) Substance Abuse Treatment - Authorizes demonstration grants for the development and/or expansion of alcohol and drug abuse services for homeless persons.
- 3) Community Mental Health Services - Provides funds for up to 75% of the cost of providing mental health services to homeless persons. Grantees must provide: outreach services, diagnosis, crisis intervention and rehabilitation to chronically mentally ill individuals who are homeless or at a risk of becoming homeless. Grantees must also provide referrals, when appropriate, for primary health, substance abuse, or hospital services.

F. Education, Training & Community Service

- 1) Adult Education - Secretary of Education will make grants to state educational agencies to develop and implement literacy training and basic skills remediation for adult homeless individuals.



- 2) Homeless Children & Youth - Requires each state educational agency to assure that each homeless child and youth have access to a free, public education. States with residency requirements for school attendance will modify their policies to assure homeless children and youth a free and appropriate public education.

The act also authorizes funds to establish an Office of Coordinator of Education of Homeless Children and Youth in each state. The Coordinator's role will be to gather data on the number of homeless children and youth in the state, including information of the difficulty of access to and placement of homeless children and youth in elementary and secondary schools, and the difficulty in identifying special needs of these children. The Coordinator will also develop and carry out the state plan for assurance of education.

- 3) Job Training - Funds are available to public agencies, private nonprofit organizations, and private business for demonstration grants to provide basic skills instruction, remedial education, basic literacy, job search activities, job counseling, and job preparatory training.
- 4) Emergency Community Services - Authorizes funds to expand services provided under the Community Services Block Grant Act to provide assistance in obtaining maintenance and social services for homeless persons, as well as migrant and seasonal farm workers.

#### G. Food Assistance Programs

- 1) Food Stamps - Amends the Food Stamp Program to allow homeless persons to receive expedite food stamp services (less than five days after date of application).
- 2) Temporary Emergency Food Assistance Program - Amends the TEFAP program to insure that homeless persons receive a variety of surplus commodities.

- H. Veteran's Provisions - Provides funds for programs to assist the reintegration of veterans into the work force.

## II. Outreach



## Outreach Model

A comprehensive outreach plan for engaging and assisting mentally ill homeless persons involves several steps, each one building on the successful completion of the previous one. It should be stressed that successful outreach usually takes a long period of time. The following model is based on an outreach framework which was developed by the APA (Rog, 1988) for engaging mentally ill homeless persons into services and treatment.

### Step One - Contact in the Community

While homeless individuals can be found almost anywhere, there are some locations which tend to attract individuals with no where to go, either during the day or at night. Think of some of the places in your community where homeless persons are likely to be found, then think about the locations where homeless persons with mental illnesses would be likely to be found. Some of these locations may include:

- a) Police Stations - It often becomes the job of policemen to approach individuals who are perceived by others to be "vagrant" or who are living in locations not intended as housing. Additionally, if these individuals are exhibiting bizarre or manic behaviors, they are likely to be taken into custody to ensure they don't harm themselves or others.
- b) Twenty-Four Hour Businesses - Late at night, these businesses can provide shelter from the weather and protection from victimization, particularly for those who cannot make their way to established shelter facilities or who have been barred from such facilities for inappropriate behavior. Businesses with extended hours may also be gathering places for individuals seeking shelter.
- c) Shelters/Meal Sites - Some mentally ill persons are able to make their way to established shelters. These individuals are usually not floridly psychotic; however, often those who spend time around them notice some behavioral abnormalities. Therefore, your first indication that someone in one of these facilities is in need of mental health services may not come from the individual, but from someone who spends a lot of time around them and indicates to you that "so-and-so is acting strange."

Within the homeless population, it is often difficult to differentiate between individuals who are exhibiting mental illnesses and those who have adopted a particular behavior as a defense or protective mechanism. Project HELP in New York City (1983) has developed a list of key characteristics to help identify the severely disabled in the homeless population. Some of the visual keys include "extremely dirty appearance; lice infestation; torn, dirty, and layered clothing; weather - inappropriate clothing (i.e. winter coats in mid-summer); belongings in carts, bags, boxes, etc." (Page 4) Behavioral indicators include "walking in traffic; urinating and/or defecating in public; remaining mute and withdrawn." (Page 4)



## Step Two - Crisis Intervention

Your first encounter with a mentally ill homeless person may come when you are called upon to respond to a crisis or emergency in which the individual is involved. The following are general guidelines which may assist you in responding to crises. More information on responding to specific situations can be found in Section III "Health Issues."

### Psychiatric Emergencies

Any time you are attempting to assist someone whose behavior has become unmanageable due to a psychiatric problem be prepared to spend some time with the person. Be calm and direct, let the person know who you are and where you are from. Remember that it is important to maintain control of your actions, as any excitement on your part will only increase the agitation of the person with whom you are working. Listen to what the person is saying to get a clearer picture of his or her perceptions. It is not up to you to judge the person's perceptions - remember that they are real to the individual. Rather than judging the individual's views be empathetic, and try to gently confront the person's behaviors which may harm themselves or those around them. Always give power of choice to the individual - provide limits or guidelines for acceptable alternatives and let the individual choose from among those alternatives. During your interaction with individuals exhibiting psychotic behavior, be aware of your physical positioning. Try to talk to the person on an eye to eye level at all times to make the encounter seem less threatening. Also, avoid "blocking in" the person - leave a door open, talk to the person while standing or sitting next to them, rather than in front of them. Finally, if you would feel more confident or comfortable with another person assisting in the interaction, try to utilize someone who is well-known to the person; be careful when approaching an agitated individual to avoid the look of "ganging up" on them (Columbia University, 1986; Hafen & Peterson, 1982).

### Drug and Alcohol Emergencies

When assisting an individual who appears to have overdosed on drugs or alcohol, it is not as important to determine what the individual has taken as it is to get him or her immediate medical assistance. Have someone else in the area call for emergency medical help so that the individual will not be left alone.

If the person you encounter becomes hostile or aggressive, leave plenty of space between you and the person. This will avoid making the person feel trapped in, and will also provide you with a means to leave the situation to obtain additional help, if needed. Never confront a violent person alone; if the person is armed, call the police.

For individuals who are hallucinating, provide reality and encourage the person to talk. While talking to the person, search the area quickly for clues about what the person has taken.

While medical assistance is appropriate in all situations, some signs indicate that the individual's life is in danger and help should be sought immediately. These include: unconsciousness, breathing difficulty, high fever, abnormal or irregular pulse, vomiting when not fully conscious, and convulsions. If any of these characteristics are present, lay the individual on the floor on his or her side with his or her face pointing down. Loosen the individual's clothing and keep him



or her as quiet and cool as possible. It should be stressed that these are only intermediate steps and can be followed while waiting for medical assistance, not in place of professional medical care (Hafen & Peterson, 1982).

### Victimization

Mentally ill homeless persons are the most vulnerable segment of a vulnerable population. As such, they often become the victims of assaults, robberies, and rapes. Most victims of violent crimes go through a three step recovery process. During the first phase, the victim may be plagued by shock and disbelief over what has happened. During this time, it is important to ensure that the individual receive necessary physical health care. Additionally, until the shock passes, the victim may need to be reminded to perform everyday tasks. Also, it is important to let the individual talk about the situation and express his or her feelings as he or she attempts to work through the situation. During the second phase, the victim may develop obsessive memories of the attack and may communicate feelings of loss of control. While it is important to listen to the victim's feelings, don't fuel that obsession by dwelling on the attack. Rather, help the individual identify his or her feelings and help him or her to work through those feelings. On the final phase, the individual may express fewer fears, but will still need the support of others. Encourage and reward each small step on the way to recovery, while at the same time helping the individual to develop a security plan to attempt to prevent further attacks (Hafen & Peterson, 1982).

### Step Three - Establishing Rapport & Trust

Once a homeless person with mental health needs has been located and any emergency situations have been taken care of, staff can begin the actual "outreach" phase of the encounter. To be successful in connecting mentally ill homeless persons with needed services, a trusting relationship must exist. Some guidelines for fostering this trust include:

- Offer basic services in a setting where the individual is comfortable, an individual is more likely to fill out a food stamp application if it can be completed in the shelter where he or she has been staying than if he or she has to walk across town to the DHS office to fill it out. For services that cannot be offered in the natural setting, provide or arrange for transportation to the necessary location.
- As you assist a mentally ill homeless person in receiving needed services, set clear guidelines for what you can and cannot do for the individual. This will not only reduce worker stress, it will prevent clients from "dropping out" because they were expecting assistance they didn't receive.
- Be flexible as you begin to connect the client with services. Listen to what he or she expresses as needs and respond to those needs rather than a preset personal agenda.



- Only offer services to the client that are easily accessible and that won't put the client through a lot of embarrassment or humiliation to receive.
- Meet the client's perceived immediate needs before trying to engage him or her into mental health services. Clients may be afraid that utilizing mental health services could lead to institutionalization (Barrow & Lovell, 1982) or a loss of freedom (Farr, 1986). If you have established a track record for helping a client receive services that are needed and helpful, he or she will be much more likely to trust your judgement on mental health services.

#### Step Four - Individualized Treatment

Once an individual has received needed services and is engaged in mental health care, an individualized treatment plan will be set up. Individuals from many different areas contribute to this plan; as someone who has had frequent contact with the client, you may be called upon to provide insights into the client's needs. Additionally, as part of your position may include follow-up contacts with the client, you may be able to provide insight on the client's changing needs. In order to share information with other professionals, it will be necessary to have the client sign some type of consent or release of information form. This is usually done in an early phase of the outreach process, as it makes accessing services for clients easier.

#### Step Five - Medication Therapy

An important aspect of any treatment program are the medications used to control some of the symptoms of mental disorders. By the time a client is engaged in mental health treatment, the majority of your effort as an outreach worker will be completed. However, as you may have ongoing contact with the client, it's important to be aware of the medications prescribed for certain mental disorders as well as side effects to watch for.

Psychotropics - Thorazine, Haldol, Mellaril. Most often used for treatment of schizophrenia to help restore ordered thought, reduce hallucinations, suspicions, and agitation. Some of the side effects include drowsiness, faintness, and blurred vision.

Antianxiety - Librium, Valium, Equanol. Used for relief of anxiety and apprehension, may also be used during alcohol withdrawal. Side effects include drowsiness, nausea, confusion, and blood count depression.

AntiMania - Lithium. Blood levels need to be monitored. Acts to reduce grandiose feelings, hyperactivity. Side effects include twitching, blackouts, motor retardation, and confusion.

AntiDepressants - Trofanil, Norpramine. Act to alter mood states and abnormal behavior patterns. Side effects include dry mouth, change in blood pressure, insomnia, and irregular pulse (Columbia University, 1986).



### Step Six - Psychosocial Rehabilitation

Psychosocial rehabilitation can have many different aspects, all of which are aimed at assisting the client to become as highly functioning as is realistically possible. Three main features of psychosocial rehabilitation will be focused on here.

- a) Socialization - The development of drop-in centers for mentally ill homeless clients has provided them with an important means of socialization with others. These centers are designed to be accepting places for individuals to go while shelters are closed. Centers are often utilized as locations for day treatment programs, where clients can work on daily living skills, receive counseling, and meet with case managers.
- b) Intensive Case Management - Case management can pick up where initial outreach efforts left off, by ensuring continuing access to services and advocating for client's needs. Additionally, case managers can monitor client's changing needs and connect them to new or different services, as needed. Due to a smaller case load (40:1), case managers are often able to spend more time with clients than are outreach workers, who may be assisting hundreds of individuals. Additionally, due to their clinical training, case managers can focus on providing mental health services to the client as a primary component of their efforts (Rog, 1988)
- c) Teaching Daily Living Skills - Part of helping mentally ill homeless persons prepare for independent living situations involves assisting them in developing daily living skills.

Identify areas where the individual needs assistance. To the extent possible, the client should be involved in this identification phase. If the client is unable to provide input, observing him or her during meals; in day programming, and in interaction with others may help you identify skills to be developed (Long, 1986).

Rather than trying to teach a skill all at once, break it down into manageable steps. Clients will be more motivated if they can see many small accomplishments along the way. Once the skill has been broken down, it can be taught in many different ways. In chaining, a staff person does the first part of a task, then the client finishes the job. This method works well for skills like bed-making or table setting. In modeling, the client and the staff person work on a task side by side. The staff person does part of a task, then the client replicates the staff person's actions. This method can be utilized for activities in the community, such as riding the bus or doing laundry. Finally role-playing can be used to help a client develop social interaction skills. Acting out a situation, such as a eligibility interview for general relief or asking for help in a store, can help a client develop confidence for social interaction.

When developing a plan to teach daily living skills, it's important to have a clear plan. Also, allow plenty of time for the client to learn the skill - unnecessary hurrying can frustrate the client and may negate any gains he or she has made. Finally, as many mentally ill persons go through periods of high and low functioning, certain aspects of a skill may

have to be taught over several times; therefore, patience and persistence are the keys to successful daily living skills training.



### III. Health Issues

## Recognizing Physical Health Problems

Being homeless greatly increases one's risk of illness due to inadequate sanitary facilities, exposure to the environment, and a lack of access to needed facilities. In fact, it may be that the health problems of the homeless are the same risks and illnesses faced by the general population exacerbated by the previously mentioned conditions (Brickner, 1986). Whatever the source, some health conditions occur in unusually large numbers among the homeless. These include:

- a) Trauma - Due to their vulnerable living condition, homeless individuals are at an increased risk of becoming the victims of violent crimes, including assault, robbery, and rape. Mentally ill homeless individuals are at an even greater risk due to their lower capacity to defend themselves.

The primitive conditions under which many homeless individuals live can lead to health problems, including cuts, bruises, and burns. If not treated quickly, these conditions can lead to infection.

Studies of health care programs for the homeless indicate that as many as 30% of the patients treated have trauma-related injuries (Kelly, 1985). In general, most trauma related injuries are treated in later stages, as homeless persons either don't seek medical attention for minor injuries or have difficulty accessing medical care.

- b) Infections - The most common health disorders among the homeless are infections. Respiratory infections, which can be caused by cold, wet, and crowded living conditions, spread rapidly in highly populated facilities such as shelters and meal sites (Brickner, 1986). Homeless persons also have greater incidence of tuberculosis, particularly among the alcoholic segment of the population (Institute of Medicine, 1988). As mentioned above, cuts, burns, and lacerations which aren't treated quickly can also cause infection.

The conditions which lead to infection - exposure, poor diet, lack of sanitary facilities, and overcrowding can be controlled to some extent. Accessible day clinics and mobile outreach efforts which provide on site health care, blankets, warm meals, and hygiene supplies, are two examples of efforts which have been initiated to attempt to alleviate some of the factors which cause infection and disease.

- c) Thermoregulatory Diseases - During cold weather, individuals who spend much of their time outside are at risk for hypothermia and frostbite. In mild hypothermia, body temperature drops to 90-95 degrees. A person experiencing mild hypothermia lacks coordination, may stumble, and exhibits slow reactivity - he or she may actually appear drunk. Therefore, it's important to keep a careful watch on anyone exhibiting such symptoms, as further exposure can lead to serious hypothermia. In this condition, body temperature drops to 78-90 degrees; the person's shivering response stops, their muscles become rigid, and stupor and coma follow.

In both cases, it is important to get the individual out of the cold, wet environment and provide warm blankets and clothing. Seek medical attention as soon as possible.



This same response can be utilized for frostbite victims. Skin discoloration is the best indicator of frostbite. In first degree frostbite, the skin is white, but returns to red upon rewarming; in second degree frostbite, the skin appears hemorrhagic. In the most serious type of frostbite, third degree, muscles underneath the skin take on a woody appearance.

At the opposite end of the scale are heat related disorders, including heat exhaustion and heat stroke. Heat exhaustion is most common among individuals who aren't acclimatized to the heat. This may include mentally ill homeless persons, who tend to dress inappropriately for the weather or who may be carrying around a heavy load of belongings (Project Help, 1983).

Symptoms of heat exhaustion include nausea, vomiting and fainting. Treatment includes getting the person to a cool environment and having him or her rest as much as possible.

Exposure to high temperatures over a long period of time can lead to heat stroke, where body temperature rises above 105 degrees. Heat stroke is a risk for individuals whose bodies may have difficulty regulating temperature, including alcoholics, diabetics, the elderly, and malnourished individuals. Symptoms of heat stroke include headaches, weakness, confusion, delirium, coma, and eventually death. Treatment involves ice baths to lower body temperature as rapidly as possible, and emergency medical care.

### Recognizing Mental Health Problems

While mentally ill homeless persons can exhibit any kind of mental disorder, some disorders occur more often than others in the homeless population. These disorders, along with some of the characteristics which may indicate their presence are listed below. It is not the role of a lay person to diagnose mental illness, those who have regular contact with the homeless may be the first to see signs or symptoms which indicate that evaluation by a mental health professional is necessary.

#### Schizophrenia

Those working with the homeless are more likely to encounter schizophrenic individuals than individuals with any other type of mental disorder. Estimates of the percentage of homeless individuals who are schizophrenic range from 30% (Basouk, Rubin, & Lauriat, 1984) to 72% (Lipton, Sabotine, & Kalz, 1983). Arce, etal (1983) found that the majority of the homeless population with schizophrenic disorders were the "street people" - those who had been without permanent housing for an extended period of time. These individuals tended to be "floridly psychotic", had a history of mental hospitalization, and had many other health problems.

Some of the characteristics of schizophrenic disorders include: visual and/or auditory hallucinations; delusions of grandeur; lack of association; social isolation, and detachment from reality.

Schizophrenia can take on three forms:

- a) Paranoid - Mentally ill individuals with paranoid thinking patterns are overly suspicious, often thinking that others are



out to get them, when this is not the case. While a certain suspiciousness may be a defense mechanism or a learned response to life on the street for many homeless persons, an individual with paranoid thinking patterns suspicions extend to thinking that television broadcasts or newspaper stories are about him or her.

- b) Disorganized - An individual with disorganized thinking patterns tends to have bizarre and uncontrolled thoughts, often due to an oversensitivity to auditory or visual stimuli. These people tend to be "loners", as interactions with others may produce a "stimulus overload". Due to this, people with disorganized thought patterns may be difficult to engage into programs. Workers need to be patient in their outreach efforts, as trying to engage these individuals may take a long time.
- c) Catatonic - Catatonic individual's bodies may become fixed in an awkward pose; they are unaware of what is going on around them. Any movements these individuals make tend to be intense and repetitive, with no apparent purpose (Columbia University, 1988).

Schizophrenic individuals are difficult to develop a rapport with. As his or her thoughts are clouded by confusion and suspicion, the individual may have difficulty understanding who you are or what you want. Therefore, it's important to be patient and persistent in your outreach efforts; don't push the person, but reinforce any attempt he or she makes to take advantage of available resources.

During your interaction with individuals who are exhibiting behaviors which may be indicative of a schizophrenic disorder, it's important to remain calm. Speak in a slow, straightforward manner, taking time to ensure that the person understands what you have said. To the extent possible, talk to the individual away from high traffic areas to avoid unnecessary confusion. However, avoid cramped spaces or closed doors, as this may make the individual feel "pinned in" and could increase the suspiciousness and paranoia he or she is experiencing. Finally, if the individual tells you something that is obviously a delusion, avoid reinforcing this delusion by engaging in a discussion of it. Rather, try to redirect the conversation by linking the feelings the individual is expressing to something based in reality.

### Personality Disorder

Persons with personality disorders are not confused like those with schizophrenic disorders. However, they can be difficult to work with, as they tend to blame others for the problems they are experiencing, even when the problems are brought about by their own methods of solving problems.

Individuals with paranoid personality disorder do not have the same confused thought processes as a paranoid schizophrenic; however, they do share the perception that "everyone is out to get me" and that everyone with whom they have contact is part of a big network that is out to hurt them. As these individuals may be frightened by an overly friendly approach, interaction efforts with these individuals should be somewhat detached and businesslike.



Antisocial individuals present a different type of challenge. They feel that life has robbed them of what is rightfully theirs, so it is up to them to "take it back", by either robbing or violating the rights of others. Antisocial individuals need to be held accountable for their actions. Depending on the type of violation, this can be done through either facility rules or with the assistance of an outside agency, such as a law enforcement agency.

People with borderline personality disorders have difficulty in their relationships with others. These individuals feel they need someone's attention so badly, they will do anything to get it. As it is extremely difficult to find someone who will respond to their intense demands, they often become frustrated and desperate, even to the point of hurting themselves to get another's attention. Because persons with borderline personality disorders require such intense attention from others, staff attempting to help them should place definite guidelines on the relationship and should stick firmly to these guidelines.

Personality disorders are much less common than schizophrenic disorders, occurring in only about 27% of the homeless population (Fisher, Shapiro, & Anthony, 1983). The homeless with personality disorders tend to be younger and use services more sporadically than "street people" (Arce, et al, 1983).

### Mood Disorders

Younger mentally ill homeless individuals are also more likely than "street people" to suffer from mood, or affective, disorders.

The most common affective disorder is depression. To a certain extent, depression among homeless persons is understandable, as they have lost homes, possessions, friends, and family. Some individuals can express grief over their losses through talking it out or crying. There are some individuals, however, who experience grief to the extent that they are unable to eat, sleep, or interact with others. When working with individuals exhibiting these behaviors, avoid trying to cheer the person up; rather, listen and be supportive of the individual, even though you may not agree with the severity they attach to certain events. Individuals who have not eaten or slept should be gently encouraged to eat something or rest, as starvation and exhaustion can lead to more serious health problems. Also, try to draw the individual into a low level activity to help them focus their attention in another direction.

Depression can sometimes be alternated with mania, or periods of great excitement. Manic individuals seem to have a lot of energy with little need for rest. They may also express overstated feelings of importance or invincibility. Individuals with manic/depressive disorders tend to experience a wide range of emotions. Staff working with someone who is extremely depressed should take any indication of suicide seriously. If suicide appears to be likely, do not leave the person alone and try to obtain the assistance of a mental health professional.

Self destructive behaviors may also be exhibited during the manic phase of the disorder. Feelings of invincibility may lead the person to refuse necessary medical treatment or to become involved in dangerous situations. As most manic episodes tend to be self-limiting, intervention can usually be limited to keeping an eye on the individual to make sure he or she doesn't harm him/herself or others.



Additionally, if the individual appears to be unaware of his or her surroundings, it may be necessary to provide reality orientation.

### Organic Brain Disorders

Organic brain disorders occur in two major forms, delirium and dementia. These disorders differ from the others described in that they have a physical cause. Things like a blow to the head, high fever, and drug use can produce some of the characteristics of delirium - memory loss, confusion, disconnected thoughts, and hallucinations. The person may also become frantic when he or she realizes that he or she can't remember things; therefore, it is best to find a calm, quiet environment for the person. Also, close supervision is necessary to ensure that the individual does not become overly agitated and harm him/herself or others. Additionally, the assistance of a doctor should be used to treat the physical source of the delirium.

In dementia, there is actual structural damage to the brain (i.e. Alzheimer's). Many of the symptoms of dementia are the same as delirium - confusion, memory loss, agitation. However, the symptoms in dementia are chronic - that is, they are exhibited over a long period of time without appearing to be alleviated. Individuals who are confused can best be assisted by gentle reminders and by straight forward interactions.

### Substance Abuse Among the Homeless

For the homeless, the use of drugs and/or alcohol may serve many functions, including a coping mechanism, affiliation source, and, especially for the mentally ill, a self-medication role. Studies of drug use among the homeless report prevalence rates of 9% to 55% (Mulkern & Spence, 1984a); while the prevalence of alcohol abuse ranges from 16% to 45% (Mulkern & Spence, 1984b).

Individuals who are addicted to drugs or alcohol are at one of three stages. In physical dependence, the person's body has adjusted to the presence of the substance. When the substance is not present, the body goes through withdrawal. Once withdrawal has begun, either more of the substance or a fairly lengthy detoxification period are necessary for the body to function normally again. Physical dependence is common among abusers of alcohol, heroin, and tranquilizers. Medical supervision is necessary when helping someone through detoxification, as the withdrawal symptoms can be severe.

A person who is psychologically dependent on a drug becomes apprehensive of facing life without that drug. Psychological dependence is especially common among abusers of cocaine and marijuana. Assisting a psychologically dependent individual involves providing support and encouragement as he or she attempts to cope with life without the assistance of drugs.

A stage of tolerance is reached when more and more of a drug is needed to produce the same effect. This is a common occurrence among individuals addicted to alcohol and tranquilizers. Detoxification for persons at a stage of tolerance involves slowly returning use to a manageable level before attempting total detoxification.

Homeless individuals are more covert in their use of alcohol and drugs. Therefore, it is important to decide within your organization



whether no use will be tolerated, or whether it will be tolerated within certain guidelines. It is important to communicate your policy to individuals who come to your organization and to enforce the policy when necessary. By bending the rules for someone you may be enabling their behavior and you are also setting a precedent that may counteract any further attempts to control drug use in your organization. When enforcing rules, communicate in a firm, direct manner. Having another staff person nearby is important to back up your actions and for protection, if needed.

When interacting with substance abusers, communicate acceptance of the person, even though you don't accept their behaviors. Reinforce any positive, health behaviors the individual displays. Keep in mind that if a person decides to "kick the habit", he or she will need assistance in developing a new supportive network that doesn't center around drugs or alcohol.

You may encounter some individuals who give evidence of comorbidity - both substance abusers and mentally ill (30-50% higher rates of substance abuse among mentally ill homeless). For these individuals, it is important to get them in contact with a therapist or someone who has the ability and authority to make a decision about primary diagnosis. This individual will refer the person to substance abuse treatment or mental health treatment, depending upon which is considered the primary problem. Your role, as an advocate, is to support treatment and to reinforce the individual's positive behaviors.



## VI. Legal/Advocacy Issues



### Tenant/Landlord Laws

Individuals with limited incomes have difficulty finding safe, adequate housing. Additionally, those with mental disorders may have difficulty negotiating a fair lease. Often mentally ill persons have a court appointed guardian to assist in protecting their rights in such situations. However, homeless persons with mental illnesses may need assistance from lay advocates. Therefore, it is important that those working with the mentally ill homeless be familiar with some of the sections of the Uniform Residential Tenant and Landlord Law. (Iowa Code, 562A).

For example, a landlord is required to meet all building and housing codes. If the landlord fails to do so, the tenant may give 30 days notice that the lease will end. Alternatively, a tenant may withhold one month's rent to pay for repairs, provided he or she gives notice to the landlord at least 14 days before the rent is due. If this second method is utilized, it is important that the tenant keep all receipts to document the repairs along with a copy of the rent withholding notice. A landlord cannot evict a tenant for nonpayment of rent in this case.

A landlord also cannot evict a tenant, increase rent, or decrease services to the tenant if the tenant reports code violations to a governmental agency. This is also true if the tenant complains to the landlord or becomes a member of a tenant's union.

A landlord can bring action for possession, however, if the code violation was caused by a lack of reasonable care on the part of the tenant or a person in the tenant's household. Additionally, tenants may be evicted for defaulting on rent payments. In this case, the landlord must give three days notice to pay or the lease will end. The three days begins the day after the tenant receives notice. Once eviction proceedings are started, the lease terminates in thirty days if the situation is not remedied in fourteen days.

### Dependent Adult Abuse

Those who have regular contact with the mentally ill homeless may notice signs that the individual is being abused. These signs can be physical, such as bruises, cuts, or burns; emotional, such as an expression of a strong fear of someone responsible for the individual's care; or verbal, if the dependent adult relays to you a situation which you perceive to be abusive or exploitive. In any case, it is important to have a good working knowledge of the rules and reporting procedures surrounding dependent adult abuse.

The Iowa Code (Chapter 235B) defines a dependent adult as "a person 18 or over who is unable to protect his or her own interests or is unable to adequately perform or obtain services necessary to meet essential human needs, as a result of a physical or mental condition which requires assistance from another."

Utilizing this definition, dependent adult abuse is defined as:

- a) Physical injury to or unreasonable confinement of a dependent adult;
- b) Commission of a sexual offense with or against a dependent adult;



- c) Taking unfair advantage of a dependent adult, or that adult's physical or financial resources for one's own profit via harrassment, duress, or false pretenses;
- d) Deprivation of minimum food, shelter, clothing, physical and mental health care, or other care necessary to maintain a dependent adult's life or health. (Iowa Code, Ch. 235B)

If you suspect that someone you are working with is being abused by a caretaker, report the suspected abuse to the local Department of Human Services Office. The Department of Human Services will then inform the county attorney of the report. A multidisciplinary team will then evaluate the situation to determine whether or not the report will be investigated. Criteria used to determine if the case will be investigated include determining if the alleged abuse falls within the legal definition of dependent adult abuse (see a-d above) and also determining if the perpetrator of the alleged abuse is a caretaker of the dependent adult. (Iowa Department of Social Services, 1989)

If the above criteria are met, the multidisciplinary team will investigate the case and take any actions necessary for the safety of the dependent adult. If this investigation shows probable cause for abuse, the district court will authorize a person, authorized by the Department of Human Services, to enter the residence and examine the dependent adult. Following the examination, if abuse is found, a guardian or conservator will be appointed for the dependent adult.

Any person who makes a report of dependent adult abuse in good faith is immune from civil or criminal liability. This immunity also holds if a good faith reporter is required to testify at any judicial proceedings which may result from an investigation.

As defined by Iowa Law (Iowa Code, Section 232), mandatory reporters include:

- 1) Health professionals, including:
  - Licensed physicians and surgeons
  - Osteopaths
  - Osteopathic physicians and surgeons
  - Dentists
  - Optometrists
  - Podiatrists
  - Chiropractors
  - Residents or interns
  - Registered nurses or licensed practical nurses
- 2) Social Workers who are:
  - Self-employed
  - Under jurisdiction of the Department of Human Services
  - Employed by public or private institutions or agencies
  - Employed by public or private health care facilities, including Residential Care Facilities, Intermediate Care Facilities, and Skilled Nursing Facilities.
- 3) Certified Psychologists
- 4) Members of the staff of Mental Health Centers
- 5) Members of hospital staffs
- 6) Staff/employees of public or private health care facilities
- 7) Peace Officers
- 8) In home homemakers/home health aides
- 9) Outreach workers (Iowa Department of Social Services, 1989)



## Guardianship/Conservatorship

To assist and protect dependent adults in many situations, such as those outlined previously, the courts can appoint a guardian and/or conservator. Guardians and conservators are appointed as "substitute decision makers" for individuals. While guardians responsibilities cover many aspects of an individual's life, conservators handle only those matters relating to property and finance.

In the voluntary appointment of a guardian or conservator, the individual requiring assistance (called a "ward") petitions the court for the appointment of a guardian or conservator. In this case, no court hearing or examination is necessary. The only thing the court must do is determine that the appointment is in the ward's best interest. This procedure is most often utilized by an individual with failing powers.

In an involuntary procedure, a third party requests the court to intervene as a protective measure. In this case, the ward is provided a court-appointed attorney to represent him or her during the appointment proceedings. During the proceedings, the court will determine if the proposed ward has the necessary capacity to carry out important decisions concerning his or her affairs. If the court finds that the individual is unable to make such decisions due to mental, physical, or other incapacity, it will appoint a guardian or conservator.

### Guardianship

There are four different types of guardianship. In a full guardianship, the guardian has complete control over the ward. In a limited guardianship, the guardian performs only certain functions, whereas in a temporary guardianship, the guardian is appointed for a limited amount of time. Finally, in a standby guardianship, the guardianship comes into effect only if certain events occur.

Family or relatives are usually the first people considered for guardianship. However, as may be the case with homeless individuals, the proposed ward may not want family contacted, or the family may not have the capability to act as a guardian. In this case, any person, such as a lay advocate or service provider, who has regular contact with the proposed ward may be considered for guardianship. If no one is available from this category, the court will appoint a qualified volunteer who is willing to serve in the guardian capacity.

The responsibilities of a guardian include: providing for the care, comfort and maintenance of the ward, including education and training; taking care of ward's clothing, possessions, and personal belongings; assisting the ward in developing independence; and, ensuring that the ward receives necessary medical services, professional counseling and treatment. The courts may specify other powers or duties.

### Conservatorship

As with guardianships, conservatorships may also be full, limited, temporary, or standby.

Family or relatives are considered first for appointment as conservators. If the family is incapable or unwilling, lay advocates or



service providers will be considered. Finally, if no one known to the proposed ward is available, a qualified volunteer will be appointed.

Powers of the conservator include: collecting, receiving, and receipting any principal or income; defending claims in favor of, or against, the ward or conservator; selling or transferring perishable personal property, or personal property for which there is an established market; and the receiving of additional property. With the approval of the court, the conservator may invest funds, execute leases, make payments, and settle claims on behalf of the ward.

### Involuntary Commitment

According to Iowa Law, a person can be committed to a mental health facility if he or she:

- a) Has a mental illness;
- b) Cannot decide the right things to do to get help because of that mental illness;
- c) Is likely to either harm self or others if he or she does not get help, or if he or she is likely to cause serious emotional harm to those who cannot stay away from him or her.

If a person meets all of the above criteria, he or she can be committed.

Iowa law also outlines commitment procedures for substance abusers:

"An intoxicated person who has threatened, attempted, inflicted, or is likely to inflict harm on himself or another unless committed, or who is incapacitated by chemical substance may be committed to a facility for emergency treatment." (Section 125. , Code of Iowa)

In this case, facility means a hospital, institution, detoxification center, or other facility providing care, maintenance, and treatment for substance abusers.

Commitment procedures for mentally ill persons involve filing a verified application with the clerk of the district court in the county where the adult is located, or in the adult's county of residence. The application must state the applicant's belief that the person is seriously mentally impaired based on the criteria stated above. The application must also state pertinent supporting facts and must be accompanied by a statement from a licensed physician in support of the application, or one or more affidavits corroborating the application by persons having first hand knowledge. In many commitment cases, the applicant is a family member, caretaker, or guardian of the mentally ill person. However, mentally ill homeless persons may not have regular contact with family or may not have the assistance of a guardian; therefore, it may be up to service providers who have regular contact with a homeless persons to make the application for commitment.

For substance abusers, the application must be made in writing to the administrator of the appropriate facility. The applicant must state facts to support grounds for commitment as outlined above. The administrator can either request that the person be brought to the facility for treatment or can reject the application.



After an application for commitment to either a mental health facility or to substance abuse treatment has been filed, the individual in question has several rights. These include:

- The right to an attorney. If the individual cannot afford a lawyer, the county will pay for it.
- The right to go to the commitment hearing in person. The individual also has the right to 48 hours to prepare for the commitment hearing.
- The right to be examined by a physician of the individual's choice. If the individual cannot afford a doctor, the county will pay for it.

After commitment and during treatment, the law provides for other rights, including:

- The right to receive assistance from the county Mental Health Advocate.
- The basic rights of religion, speech, privacy, and access to a lawyer.
- The right to refuse "unusual" treatments, including shock treatment or unnecessary drugs.
- The right to participate in the development of an individual treatment plan.
- The right to treatment in the least restrictive environment, thus allowing the individual as much freedom as he or she can cope with.

Although the decision to commit someone to a treatment facility can be difficult, it may be necessary to prevent the individual from harming him or herself or someone close to that individual. If you are unsure whether to begin commitment proceedings or not, you may want to talk over your perceptions of the individual's behavior with a co-worker or another person who has regular contact with the individual in question.



**APPENDIX: Services Available to  
Help the Mentally Ill  
Homeless**



A. National Organizations & Clearinghouses



### National Organizations, Agencies, & Clearinghouses

The organizations listed below can provide more information on state and national efforts to assist the homeless and the mentally ill homeless.

American Red Cross  
17th & D Streets, NE  
Washington, DC 20006  
202/639-3610

Committee for Food and Shelter  
1518 K Street, NW/Suite 206  
Washington, DC 20005  
202/638-1526

Council of Jewish Federations  
227 Massachusetts Avenue, NE  
Washington, DC 20002  
202/547-0200

National Coalition for the Homeless  
105 East 22nd Street  
New York, NY 10010  
212/460-8110  
or  
1439 Rhode Island Avenue, NW  
Washington, DC 20005  
202/659-3310  
or  
311 South Spring Street, Suite 520  
Los Angeles, CA 90013  
213/488-9137

Catholic Charities U.S.A.  
1319 F Street, NW  
Fourth Floor  
Washington, DC 20004  
202/639-8400

National Council of Churches of Christ in the U.S.A.  
110 Maryland Avenue, NE  
Washington, DC 20002  
202/544-2350

National Mental Health Association  
1021 Prince Street  
Alexandria, VA 22314-2971  
703/684-7722

Salvation Army  
1025 Vermont Avenue, NW  
Washington, DC 20005  
202/639-8414



United Conference of Mayors  
1620 Eye Street, NW  
Washington, DC 20006  
202/293-7330

United Way of America  
701 North Fairfax Street  
Alexandria, VA 22314  
703/836-7100

The Homeless Information Exchange  
1120 G Street, NW  
Suite 900  
Washington, DC 20005  
202/628-2990

National Volunteer Clearinghouse for the Homeless  
1310 Emerson Street, NW  
Washington, DC 20011  
202/722-2740  
1-800-HELP-664 (outside Washington, DC)

National Resource Center on  
Homelessness and Mental Illness ~~ss Among Mentally Ill People~~  
262 Delaware Avenue  
Delmar, NY 12054  
(800) 444-7415

Health Resources & Services Administration  
Health Care for the Homeless  
Parklawn Building, Room 7A 55  
5600 Fishers Lane  
Rockville, MD 20857  
301/443-4220

National Institute of Mental Health Program for the Homeless Mentally Ill  
Parklawn Building, Room 11C-25  
5600 Fishers Lane  
Rockville, MD 20857  
301/443-3706

National Institute on Alcohol Abuse and Alcoholism  
Community Demonstration Projects for Alcohol and Drug Abuse  
Treatment for Homeless Individuals  
Parklawn Building, Room 16C-02  
5600 Fishers Lane  
Rockville, MD 20857  
301/443-1284

U.S. Department of Education  
Education of Homeless Children and Youth  
400 Maryland Avenue, SW, Room 4073  
Washington, DC 20202  
202/732-4682



U.S. Department of Housing & Urban Development  
Transitional Housing  
Office of Elderly and Assisted Housing  
451 7th Street, SW, Room 7282  
Washington, DC 20410-8000  
202/755-9075

U.S. Department of Housing & Urban Development  
Emergency Shelter Grant Program for the Homeless  
Entitlement Cities Division and Block Grant Assistance  
451 7th Street, SW  
Washington, DC 20410-8000  
202/755-5977

U. S. Department of Labor  
Job Training for the Homeless  
Office of Strategy Planning and Policy Development  
Employment and Training Administration  
200 Constitution Avenue, NW, Room N-5637  
Washington, DC 20210  
202/535-0659

Veterans Medical Center  
50 Irving Street, NW  
Washington, DC 20422  
202/745-8000  
(Programs for homeless veterans are in operation in VA  
hospitals across the country.)



**B. Housing Resources and Services**



## Shelters

The following is a listing of the emergency shelters in the state. More information concerning admission and length of stay can be obtained from the contact person listed.

Adult Life/Family Crisis Association  
P.O. Box 446  
Ottumwa, Iowa 52501  
515/683-3122  
Contact: Lorrain Euling-Tickle

Willis Dady Shelter  
512-514 McKinley Street, S.E.  
Cedar Rapids, Iowa 52403  
(6:00 p.m. - 7:30 a.m. during summer  
months; 6:00 p.m. - 8:30 a.m.  
during winter months)  
Contact: Jim Welborn

Christian Family Shelter  
912 - 5th Street  
Sioux City, Iowa 51101  
319/258-5087  
Contact: Cheryl Guess

Emergency Residence Project  
225 South Kellogg  
Ames, Iowa 50010  
515/232-8075  
Contact: Vic Moss

The Shelter House  
(Component of Youth &  
Family Services, Inc.)  
7th & Burnett  
Ames, Iowa 50010  
515/233-3141  
Contact: Dotty Tschopp  
(18 yrs. and under)

Davenport Catholic Worker  
(Men Only)  
806 West 5th Street  
Davenport, Iowa 52802  
319/324-8431  
Contact: Lloyd Friedrich  
Steve Sheriden

Davenport Catholic Worker  
(Women and Children)  
Rock Island, Illinois  
309/786-1737

Catholic Worker House  
382 East 21st  
Dubuque, Iowa 52001  
319/583-2043  
Contact: LouAnn Stapleton

Dubuque Rescue Mission  
398 Main Street  
Dubuque, Iowa 52001  
319/583-1394  
Contact: Bob Williams

Salvation Army  
207 Logan  
Waterloo, Iowa 50703  
319/232-0397  
Contact: Jack McDowell

The Catholic Worker House  
321 East 8th Street  
Waterloo, Iowa 50703  
319/232-2116  
Contact: Nancy Hemesath or  
Sister Ann

Cedar Rapids Catholic Worker  
1027 - 5th Avenue, S.E.  
Cedar Rapids, Iowa 52403  
319/362-9041  
(11:00 - 1:00, 5:00)

Open Door Mission  
1106 South 4th Street  
Clinton, Iowa 52732  
319/243-9953

Atadel - Salvation Army  
(No Shelter)  
130 - 7th Avenue, South  
Clinton, Iowa 52732  
319/242-4502

Victory Center  
100 - 6th Avenue, North  
Clinton, Iowa 52732  
319/242-9016  
Contact: Rev. Ray Gimenez



Emergency Housing Project, Inc.  
331 North Gilbert Street  
P.O. Box 8  
Iowa City, Iowa 52240  
319/351-0326  
Contact: Mary Larew

The Salvation Army  
533 South Main  
Council Bluffs, Iowa 51501  
712/328-2088

Rufus Jones Hospitality House  
(Men Only)  
1525 - 11th Street  
Des Moines, Iowa 50314  
515/243-7986  
Contact: Mark Rogness

Door of Faith  
1006 Grand Avenue  
Des Moines, Iowa 50309  
515/282-0208  
Contact: Andy Bales

Catholic Worker House  
P.O. Box 4551  
Des Moines, Iowa 50309  
515/243-0765

Bethel Mission  
954 - 6th Avenue  
Des Moines, Iowa 50309

Clark Street House of Mercy  
1409 Clark Street  
Des Moines, Iowa 50314  
Contact: Kathy Hintz

Harbor of Hope  
1617 Oakland Avenue  
Des Moines, Iowa 50314  
515/244-0370  
Contact: Ron Bird

Sojourner Truth  
(Women and Children)  
1337 - 6th Avenue  
Des Moines, Iowa 50314  
515/282-1235

Beacon of Life  
921 Pleasant Street  
Des Moines, Iowa 50309  
515/244-4713  
Contact: JoAnn Dickerson



## Public and Section 8E Housing

Each county in the state has several public and section 8E (rent-subsidized) housing units. The availability of these units varies from county to county; the public housing authorities listed below can provide more information on unit cost and availability.

### AFTON

Afton Housing Commission  
P.O. Box 365  
Afton, Iowa 50830  
515/347-8826  
Units: 30

### AKRON

City of Akron  
P.O. Box 85  
Akron, Iowa 51001  
712/568-2886

### ALBIA

Albia Low Rent Housing Agency  
City Hall  
120 South A Street  
Albia, Iowa 52531  
515/932-7859  
Units: 99 (Pub hsg 40)  
(Sec 8E 59)

### AMES

City of Ames  
Dept of Planning and Housing  
Depot Annex  
Ames, Iowa 50010  
515/232-1219  
Units: 176 (Sec 8E 125)

### BANCROFT

Pleasantview Manor  
P.O. Box 64  
Bancroft, Iowa 50517  
515/885-2772  
Units: 30 (Pub hsg 30)

Bancroft Low Rent Housing Agency  
P.O. Box 267  
Bancroft, Iowa 50517  
515/885-2273  
Units: 30 (Pub hsg 30)

### BETTENDORF

Bettendorf Housing Agency  
2211 Grant Street  
Bettendorf, Iowa 52722  
319/359-4041  
Units: 80 (Sec 8E 80)

### BURLINGTON

Low-Rent Housing Agency-Burlington  
2830 Winegard Dr  
Burlington, Iowa 52601  
319/753-2142  
Units: 351 (Pub Hsg 201)  
(Sec 8E 150)

Burlington Department of Planning  
and Development  
City Hall  
400 Washington Street  
Burlington, Iowa 52601  
319/753-8170

### CARROLL

City of Carroll  
Office of City Work Administrator  
120 East 5th Street  
Carroll, Iowa 51401

Urban Renewal Agency  
City Hall  
120 South 5th Street  
Carroll, Iowa 51401

Region XII Housing Authority  
527-1/2 North Adams  
Carroll, Iowa 51401  
712/792-5560  
Units: 389 (Sec 8E 370)



**CEDAR FALLS**

Cedar Falls Housing Commission  
 217 Washington Street  
 Cedar Falls, Iowa 50613  
 319/277-5023  
 Units: 195 (Sec 8E 144)

Cedar Falls Community Department  
 217 Washington Street  
 Cedar Falls, Iowa 50613  
 319/277-5023  
 Units: 198 (Sec 8E 147)

**CEDAR RAPIDS**

City of Cedar Rapids  
 City Hall-6th Floor  
 Cedar Rapids, Iowa 52401  
 319/398-5037  
 Units: 672 (Sec 8E 611)

**CENTERVILLE**

Municipal Housing Agency  
 317 East Oak Street  
 P.O. Box 696  
 Centerville, Iowa 52544  
 515/856-8742  
 Units: 198 (Pub hsg 100)  
 (Sec 8E 98)

**CHARITON**

Housing Board of Chariton  
 429 South Main  
 Chariton, Iowa 50049  
 515/774-4230  
 Units: 80 (Pub hsg 80)

**CHARLES CITY**

Charles City Housing Commission  
 501 Court Street  
 Charles City, Iowa 50616  
 515/228-6661  
 Units: 246 (Pub hsg 148)  
 (Sec 8E 98)

Division of Building Inspections  
 City Hall  
 Charles City, Iowa 50616

City of Charles City  
 Redevelopment Office  
 City Hall  
 Charles City, IA 50616

**CLARINDA**

Low Rent Housing Agency of Clarinda  
 402 West Willow Street  
 Clarinda, Iowa 51632  
 712/542-2912  
 Units: 74 (Pub hsg 74)

**CLINTON**

City of Clinton Housing Authority  
 611 South 3rd Street  
 Clinton, Iowa 52732  
 319/243-1280  
 Units: 301 (Pub hsg 43)  
 (Sec 8E 187)

Clinton Community Development  
 Program  
 City Hall  
 611 South 3rd Street  
 Clinton, Iowa 52732  
 319/242-3207

**CORNING**

Corning Housing Commission  
 P.O. Box 22  
 Corning, Iowa 50841  
 515/322-4098  
 Units: 50 (Pub hsg 50)

**COUNCIL BLUFFS**

Municipal Housing Agency of  
 Council Bluffs  
 505 South 6th Street  
 Council Bluffs, Iowa 51501  
 712/322-1491  
 Units: 489 (Pub hsg 295)  
 (Sec 8E 171)

Department of Planning and  
 Community Development  
 City Hall  
 209 Pearl  
 Council Bluffs, Iowa 51501  
 712/328-4631

**CRESTON**

Southern Iowa Regional Housing  
 Authority  
 219 North Pine Street  
 Creston, Iowa 50801  
 515/782-8585  
 Units: 607 (Pub hsg 114)  
 (Sec 8E 473)



**DAVENPORT**

City of Davenport Department  
of Community Development  
226 West 4th Street-City Hall  
Davenport, Iowa 52801  
319/326-7970  
Units: 712 (Pub hsg 42)  
(Sec 8E 407)

Davenport Housing Commission  
501 West 3rd Street  
Davenport, Iowa 52801  
319/326-7899  
Units: 568 (Pub hsg 42)  
(Sec 8E 407)

**DECORAH**

Decorah Low Rent Housing Authority  
City Hall-Box 138  
Decorah, Iowa 52101  
319/382-5397  
Units: 94

**DES MOINES**

City of Des Moines Department  
of Urban Development  
Armory Building  
East 1st & Des Moines Streets  
Des Moines, Iowa 50307  
515/283-4161

Building Inspection Department  
City of Des Moines  
City Hall  
East 1st & Locust  
Des Moines, Iowa 50307  
515/283-4934

Iowa Housing Finance Authority  
418 Sixth Avenue  
Des Moines, Iowa 50309  
515/281-4058

Des Moines Public Housing Authority  
1101 Crocker Street  
Des Moines, Iowa 50309  
515/288-2201  
Units: 2611 (Pub hsg 814)  
(Sec 8E 1381)

**DUBUQUE**

City of Dubuque  
Housing Services Division  
1805 Central Avenue  
Dubuque, Iowa 52001  
319/589-4230  
Units: 621 (Sec 8E 479)

Eastern Iowa Regional  
Housing Authority  
P.O. Box 1140-22B Fischer Bldg  
Dubuque, Iowa 52001  
319/556-4166  
Units: 357 (Pub hsg 125)  
(Sec 8E 232)

City of Dubuque  
Dept of Community Development  
City Hall  
Dubuque, Iowa 52001  
319/589-4210

**EASTERN IOWA REGION**

See under: DUBUQUE

**ESSEX**

Southview Village  
Essex, Iowa 51638  
712/379-3510  
Units: 16 (Pub hsg 16)

**EVANSDALE**

Evansdale Community Development  
Agency  
City Hall  
123 North Evans Road  
Evansdale, Iowa 50707  
319/234-5777

Evansdale Municipal Housing  
Authority  
123 North Evans Road  
Evansdale, Iowa 50707  
319/234-0385  
Units: 34

**FARRAGUT**

Low Rent Housing Agency of Farragut  
Farragut, Iowa 51639  
712/385-8113  
Units: 20 (Pub hsg 20)



**FORT DODGE**

Municipal Housing Agency of  
the City of Fort Dodge  
1200 2nd Avenue, North  
Fort Dodge, Iowa 50501  
515/573-7751  
Units: 431 (Pub hsg 136)  
(Sec 8E 243)

City of Fort Dodge Dept of Planning  
and Community Development  
Municipal Building  
Fort Dodge, Iowa 50501  
515/573-8321  
Units: 100

**FORT MADISON**

Fort Madison Housing Authority  
1102 48th Street  
Fort Madison, Iowa 52627  
319/372-6083  
Units: 125 (Pub hsg 80)  
(Sec 8E 45)

**HAMBURG**

Low Rent Housing Agency of Hamburg  
P.O. Box 129  
Hamburg, Iowa 51640  
712/382-1557  
Units: 24 (Pub Hsg 24)

**HAWARDEN**

Low Rent Housing Agency of Hawarden  
P.O. Box 232  
Hawarden, Iowa 51023  
712/552-2413  
Units: 32

**HUDSON**

Town of Hudson  
Mayor's Office  
Community Development Division  
P.O. Box 447  
Hudson, Iowa 50643  
319/988-3600

**IOWA STATE AGENCIES**

See under: DES MOINES

**IOWA CITY**

Iowa City Housing Agency  
410 East Washington Street  
Civic Center  
Iowa City, Iowa 52240  
319/356-5138  
Units: 500 (Pub hsg 52)  
(Sec 8E 434)

City of Iowa City  
410 East Washington Street  
Iowa City, Iowa 52240  
319/356-5010  
Units: 500 (Pub hsg 52)  
(Sec 8E 434)

**KEOKUK**

Low Rent Housing Agency of Keokuk  
111 South 2nd Street  
Keokuk, Iowa 52632  
319/524-4386  
Units: 318 (Pub hsg 212)  
(Sec 8E 65)

Keokuk Community Development Agency  
415 Blondeau Street  
Keokuk, Iowa 52632  
319/524-6893

**LENOX**

Lenox Low Rent Housing Agency  
401 East Ohio  
Lenox, Iowa 50851  
515/333-4415  
Units: 30 (Pub hsg 30)

**LEON**

Low Rent Housing Agency of Leon  
Parkview Apts  
400 South Q Street  
Leon, Iowa 50144  
515/446-4163  
Units: 42 (Pub hsg 42)

**LONE TREE**

Lone Tree Housing Commission  
400 Block East Linn Street  
Lone Tree, Iowa 52755  
319/629-4689  
Units: 20 (Pub hsg 20)



**MALVERN**

Low Rent Housing Agency of Malvern  
Malvern, Iowa 51551  
712/624-8036  
Units: 20 (Pub hsg 20)

**MANNING**

Low Rent Housing Agency of Manning  
421 Center Street  
Manning, Iowa 51455  
712/653-2155  
Units: 50 (Pub hsg 30)

**MASON CITY**

Low Rent Housing Agency and Dept  
of Community Development  
109 First Street SE  
Mason City, Iowa 50401  
515/423-3291  
Units: 299 (Sec 8E 203)

**MISSOURI VALLEY**

Low Rent Housing Agency of  
Missouri Valley  
505 East Huron Street  
Missouri Valley, Iowa 51555  
712/642-2458  
Units: 53 (Pub hsg 53)

**MOUNT AYR**

Heritage Park Apartments  
Low Rent Housing Agency  
P.O. Box 468  
Mount Ayr, Iowa 50854  
515/464-3832  
Units: 26

**MUSCATINE**

City of Muscatine  
Community Development Department  
City Hall  
Muscatine, Iowa 52761  
319/264-1550

Muscatine Housing Advisory Agency  
City Hall  
215 Sycamore  
Muscatine, Iowa 52761  
319/264-1550  
Units: 378 (Pub hsg 150)  
(Sec 8E 178)

**NEW HAMPTON**

Municipal Housing Agency  
P.O. Box 385  
101 North Locust Avenue  
New Hampton, Iowa 50659  
515/394-5260  
Units: 75 (Sec 8E 75)

**ONAWA**

City of Onawa  
Low Rent Housing Agency  
1017 11th Street  
Onawa, Iowa 51040  
712/423-1736  
Units: 62 (Pub hsg 62)

**ORANGE CITY**

Orange City Low Rent  
Housing Authority  
125 Central Avenue SE  
Orange City, Iowa 51041  
712/737-4885  
Units: 30

**OSKALOOSA**

Oskaloosa Municipal Housing Agency  
815 South B Street  
Oskaloosa, Iowa 52577  
515/673-8361  
Units: 75 (Sec 8E 75)

**OTTUMWA**

Ottumwa Housing Authority  
102 West Finley Avenue  
Ottumwa, Iowa 52501  
515/682-7287  
Units: 538 (Pub hsg 358)  
(Sec 8E 180)

City of Ottumwa Department of  
Planning, Zoning and Development  
105 East Third Street-Rm 301  
Ottumwa, Iowa 52501  
515/683-0606

**PERRY**

Perry Low Rent Housing Agency  
First & Willis  
Perry, Iowa 50220  
515/465-4601  
Units: 24



**RED OAK**

Red Oak Housing Agency  
Acorn Acres  
1805 North 8th Street  
Red Oak, Iowa 51566  
712/623-4558  
Units: 98 (Pub hsg 50)

**REGION XII HOUSING**

See under: CARROLL

**SAC & FOX**

See under: TAMA

**SHENANDOAH**

City of Shenandoah Low Rent  
Housing Agency  
707 West Summit Avenue  
Shenandoah, Iowa 51601  
Units: 80

**SIDNEY**

Sidney Housing Commission  
City Hall  
Sidney, Iowa 51652  
Units: 20

**SIOUX CENTER**

Low Rent Housing Agency of  
Sioux Center  
510 North Meadow Dr  
Sioux Center, Iowa 51250  
712/722-2237  
Units: 80 (Pub hsg 80)

**SIOUX CITY**

Sioux City Housing Authority of  
Community Development  
P.O. Box 447  
Sioux City, Iowa 51102  
712/279-6254  
Units: 557 (Pub hsg 75)  
(Sec 8E 422)

City of Sioux City  
Director Building & Development  
405 6th Street  
Sioux City, Iowa 51101

**SOUTHERN IOWA REGION**

See under: CRESTON

**STANTON**

Stanton Housing Commission  
601 Elliott  
Stanton, Iowa 51573  
712/829-2504  
Units: 20 (Pub hsg 20)

**STORY CITY**

Story City Low Rent Housing Agency  
512 Broad Street  
Story City, Iowa 50248  
515/733-2007  
Units: 34 (Pub Hsg 34)

**TABOR**

Valley View Villa  
252 North Orange  
RR 1 Box 21  
Tabor, Iowa 51653  
712/629-1645  
Units: 20 (Pub hsg 20)

**TAMA**

Sac & Fox of the Mississippi  
In Iowa Housing Authority  
Route 2 Box 56 C  
Tama, Iowa 52339  
515/484-6106  
Units: 20 (Pub hsg 20)

**WATERLOO**

City of Waterloo Community  
Development Board  
Room 219 City Hall  
715 Mulberry Street  
Waterloo, Iowa 50703  
319/291-4429

Waterloo Housing Authority  
P.O. Box 1587  
Waterloo, Iowa 50704  
319/233-8431  
Units: 404 (Pub hsg 50)  
(Sec 8E 343)

**WAVERLY**

Low Rent Housing Agency of Waverly  
320 15th Street NW  
Waverly, Iowa 50677  
319/352-3394  
Units: 113 (Pub hsg 59)



**WINTERSET**

Low Rent Housing Agency of the

City of Winterset

415 North 2nd Street

Winterset, Iowa 50273

515/462-4340

Units: 46 (Pub hsg 46)



### Housing Assistance

Many programs located throughout Iowa provide assistance with housing repair, housing improvement loans, and weatherization services. For more information, call:

Community Development  
Clinton, Iowa 52732  
319/242-3207

Southside Development Corporation  
Clinton, Iowa 52732  
319/243-7787

Community Development Department  
Davenport, Iowa 52801  
319/326-7955

Neighborhood Housing Services  
Davenport, Iowa 52803  
319/324-1556

Neighborhood Development, City of Des Moines  
Des Moines, Iowa 50307  
515/283-4568

Des Moines Housing Council  
Des Moines, Iowa 50311  
515/277-6649

### Rental Assistance

Leased Housing  
109 12th Avenue, SE  
Cedar Rapids, Iowa 52401  
319/398-5037

Davenport Housing Commission  
501 West 3rd Street  
Davenport, Iowa 52801  
319/326-7899

Webster County Welfare Association  
23 North 7th Street  
Fort Dodge, Iowa 50501  
515/955-6353  
(Emergencies only)



C. Employment and Job Training Services



While the employment assistance services offered through Job Service offices can be helpful to homeless individuals, they are often inappropriate for individuals with mental illnesses. Some of the programs offered through the Division of Vocational Rehabilitation can help persons with mental illnesses to develop the skills necessary to obtain gainful employment. The offices listed below can provide more specific information on the types of services available.

**STATE OF IOWA**

**Division of Vocational Rehabilitation Services, 510 East 12th Street, Des Moines, Iowa 50319 - 515/281-4311**

Jerry L. Starkweather, Administrator

**EASTERN REGION - Victor Neilsen, Assistant Chief - 515/281-4138**  
510 East 12th Street, Des Moines, Iowa 50319

- Burlington Area Office - W. Robert Allen, Supervisor, 1000 North Roosevelt, P.O. Box 427, Burlington, Iowa 52601 319/753-2231
- Cedar Rapids Area Office - Ruth Burrows, Supervisor, 320 Law Building, 225 2nd St. SE, Cedar Rapids, Iowa 52401 319/363-2015
- Davenport Area Office - Richard Nichol, Supervisor, 3817 West Locust Street, Suite 1, Davenport, Iowa 52804 319/386-5231
- Dubuque Area Office - Gerald Doyle, Supervisor, 625 Fischer Building, Dubuque, Iowa 52001 319/588-4697
- Iowa City Area Office - Orville Townsend, Supervisor, 20 East Market Street, Iowa City, Iowa 52240 319/335-1107
- Ottumwa Area Office - Dan Kent, Supervisor, 626 Harvester Bldg., 101 South Market Street, Ottumwa, Iowa 52501 515/682-7569
- Waterloo Area Office - Eugene Kreger, Supervisor, Russell Lamson Bldg/Suite E, 209 W. 5th Street, Waterloo, Iowa 50701 319/234-0319

**WESTERN REGION - Gary Greve, Assistant Chief - 515/281-4138**  
510 East 12th Street, Des Moines, Iowa 50319

- Council Bluffs Area Office - Don Thomasson, Supervisor, 1612 Avenue D, Council Bluffs, Iowa 51501 712/328-3821
- Des Moines Area Office - Carl Miller, Supervisor, 510 East 12th Street, Des Moines, Iowa 50319 515/281-4211  
(serves Des Moines & Polk County)
- Des Moines Area Office - Larry TeKolste, Supervisor, 510 East 12th Street, Des Moines, Iowa 50319 515/281-4217  
(serves Central Iowa)
- Fort Dodge Area Office - Al Yung, Supervisor, 330 Avenue M, Fort Dodge, Iowa 50501 515/573-8175



Mason City Area Office - John Schlobohm, Supervisor, 810 12th Street, N.W.,  
Mason City, Iowa 50401 515/423-1412

Sioux City Area Office - Dan Johnson, Supervisor, Insurance Centre, 509 7th  
Street, Sioux City, Iowa 51101 712/255-8871

The work activity program offered by the following sheltered workshops can also help mentally handicapped individuals to develop skills necessary to obtain employment.

#### Sheltered Workshops

- 1) Adults Care, Inc.  
3420 University Avenue  
Waterloo, Iowa 50701
- 2) Appanoose County Activity Center  
300 West State Street  
Centerville, Iowa 52544
- 3) Area Residential Care, Inc.  
2909 Kaufman Avenue  
Dubuque, Iowa 52001
- 4) Association for Retarded Citizens/Polk County  
300 East Locust  
Des Moines, Iowa 50309
- 5) Behavioral Technologies  
3720 2nd Avenue  
Des Moines, Iowa 50313
- 6) Benton County Opportunities  
310 A Avenue  
Vinton, Iowa 52349
- 7) Bethphage Community Services  
730 South Main  
Osceola, Iowa 50213
- 8) Boone County Work Activity Center  
P.O. Box 343  
Boone, Iowa 50036
- 9) Buena Vista Work Activity Center  
1607 North Lake Avenue  
Storm Lake, Iowa 50588



- 10) Cass, Inc.  
601 Walnut Street  
P.O. Box 431  
Atlantic, Iowa 50022
- 11) Cedar County Work Activity Center  
411 Cedar  
Tipton, Iowa 52772
- 12) Cherokee Work Activity Center  
809 South 2nd Street  
Cherokee, Iowa 51012
- 13) Christian Opportunity Center  
P.O. Box 347  
Pella, Iowa 50219
- 14) Comprehensive Systems  
1700 Clark Street  
Charles City, Iowa 50616
- 15) Dac, Inc.  
804 East Quarry  
Maquoketa, Iowa 52060
- 16) Dallas County Abilities Unlimited  
Rt. 3, Box 16A  
Adel, Iowa 50003
- 17) Easter Seal Society of Iowa, Inc.  
P.O. Box 4002  
Des Moines, Iowa 50033
- 18) Emmet County Handicapped Opportunities, Inc.  
P.O. Box 308  
Estherville, Iowa 51334
- 19) Exceptional Opportunities, Inc.  
P.O. Box 197  
Burt, Iowa 50522
- 20) First Resources Corp.  
109 East Marion St.  
P.O. Box 107  
Sigourney, Iowa 52591
- 21) Goodwill Industries of Des Moines  
2550 East Euclid Avenue  
Des Moines, Iowa 50317
- 22) Goodwill Industries of Northeast Iowa  
2640 Falls Avenue  
Waterloo, Iowa 50701



- 23) Greene County Sheltered Workshop  
115 South Wilson  
Jefferson, Iowa 50129
- 24) Handicap Village  
P.O. Box V  
Clear Lake, Iowa 50428
- 25) Handicapped Development Center  
P.O. Box 2450  
Davenport, Iowa 52809
- 26) HAVE, Inc.  
Plastic Lane  
P.O. Box 129  
Monticello, Iowa 52310
- 27) Hope Haven Area Development Center  
1819 Douglas  
Burlington, Iowa 52601
- 28) Hope Haven, Inc.  
1800 19th Street  
Rock Valley, Iowa 51247
- 29) Horizons Unlimited of Palo Alto County  
King & 7th Street  
Emmetsburg, Iowa 50536
- 30) Howard Activity Center, Inc.  
1710 West Main Street  
Sac City, Iowa 50583
- 31) Humboldt Workshop, Inc.  
21 North Taft  
Humboldt, Iowa 50548
- 32) Iowa County Developmental Center  
P.O. Box 24  
Conroy, Iowa 52220
- 33) Iowa Valley Community College District  
3700 South Center Street  
P.O. Box 536  
Marshalltown, Iowa 50158
- 34) Ida Sheltered Industries  
Highway 175  
P.O. Box 16  
Battle Creek, Iowa 51006
- 35) Linn County Department of Human Resource Management  
305 2nd Avenue, SE, 2nd Floor  
Cedar Rapids, Iowa 52401



- 36) Martin Luther Homes, Inc.  
804 South 12th Street  
P.O. Box 607  
Beatrice, Nebraska 68310
- 37) Monona Services  
301 10th  
Onawa, Iowa 51040
- 38) Monroe County Activity Center  
116 North 2nd Street  
Albia, Iowa 52531
- 39) Muscatine County Community Work, Inc.  
1424 Houser Street  
Muscatine, Iowa 52761
- 40) Northeast Iowa Developmental Center  
Rt. 2  
Highway 76  
Waukon, Iowa 52172
- 41) New Hope Village  
P.O. Box 887, East 18th Street  
Carroll, Iowa 51401
- 42) Nishna Productions  
902 Day Street  
Rt. 1, Box 157J  
Shenandoah, Iowa 51601
- 43) Plus, Inc.  
1808 Jackson Avenue  
Spirit Lake, Iowa 51360
- 44) Plymouth County Work Center, Inc.  
Rt. 2, Box 189A  
LeMars, Iowa 51031
- 45) Progress Industries  
1017 East 7th Street, North  
P.O. Box 366  
Newton, Iowa 50208
- 46) Rise, Ltd.  
107 Gunder Road  
P.O. Box 696  
Elkader, Iowa 52043
- 47) Skyline Center, Inc.  
2600 North 4th Street  
P.O. Box 3064  
Clinton, Iowa 52732



- 48) Spectrum Industries  
105 Railroad Avenue  
P.O. Box 22  
Decorah, Iowa 52101
- 49) Story County Developmental Center  
1200 McCormick Street  
Ames, Iowa 50010
- 50) Sunshine Workers, Inc.  
820 10th Avenue, E.  
P.O. Box 184  
Spencer, Iowa 51301
- 51) Southwest Iowa Sheltered Workshop  
P.O. Box 216  
Creston, Iowa 50801
- 52) Systems Unlimited  
1040 William Street  
Suite A  
Iowa City, Iowa 52240
- 53) Tenco Industries  
P.O. Box 1287  
Ottumwa, Iowa 52501
- 54) Village Northwest Unlimited  
330 Village Circle  
Sheldon, Iowa 51201
- 55) WACO, Inc.  
300 South Martha  
P.O. Box 3264  
Sioux City, Iowa 51102
- 56) Washington County Developmental Center  
Junction of Highway 1 & West 5th Street  
P.O. Box 61  
Washington, Iowa 52353
- 57) West Central Iowa Sheltered Workshop  
415 South 11th Street  
Denison, Iowa 51442
- 58) Winifred Law Opportunity Center  
106 East 2nd  
P.O. Box 516  
Indianola, Iowa 50125



59) Wright County Opportunities, Inc.  
114 1st Street, SW  
P.O. Box 13  
Clarion, Iowa 50525

Other Job skills training services include:

Skills, Inc.  
1122 5th Avenue  
Moline, Illinois (serves Quad Cities)  
309/797-3586

Hoffman Industrial Development Center  
801 Garfield Avenue  
Dubuque, Iowa 52001  
319/556-7900

Iowa Comprehensive Human Services  
1111 9th Street, Suite 180  
Des Moines, Iowa 50314

Job Opportunities  
P.O. Box 666  
Iowa City, Iowa 52244-0666  
319/338-1608 (leave message)



D. Income Assistance



### Federal/State Programs

Homeless persons with mental illnesses are eligible for a variety of governmental assistance programs. The following chart outlines the requirements for the programs as of July, 1988. An updated chart will be available from the Bureau of Economic Development in late September, 1989.



COMPARISON OF ASSISTANCE PROGRAMS JULY 1, 1988

ELIGIBILITY FACTORS	ADC	STATE SUPPLEMENTARY	TITLE XIX/MEDICAID	FOOD STAMPS
Age	Child under 18, or 18 attending and expected to complete secondary school prior to reaching age 19. If age 19 on 1st day of month, child <u>NOT</u> eligible for that month.	65 unless blind or disabled.	65 unless blind or disabled for SSI related programs. Under 21 (Including unborn children) for ADC related programs unless an ADC Parent.  Medically Needy - under age 21 or pregnant women, age 65 or older, blind, or disabled.	No Maximum age. No minimum age, except that applicants who are under 18 must be free of parental control of another household member.
Citizenship	Must be a U.S. citizen or admitted to U.S. for permanent residence. Exception: Aliens granted lawful status under IRCA of 1986 are ineligible for 5 years.	Must be U.S. citizen or admitted for permanent residence to U.S. or permanently residing in U.S. under color of law, or aliens under 18 or over 65 lawfully admitted as a temporary resident or permanent resident status under IRCA or OBRA (18-21 year olds are eligible only for emergency services.) Unlawful aliens may be eligible for emergency services.	Same as State Supplementary.	Must be U.S. citizen or admitted to U.S. for permanent residence with some exceptions.
Residence	Living in state with intent to remain or entered the state to seek employment.	Living in state voluntarily with intent to remain or entered the state to seek employment or with a job commitment.	Same as State Supplementary Assistance. Also, a person may be absent from the state and retain residency. Persons placed in Iowa by another state shall be considered residence of the placing state.	Must be residing in the local office area where application was made. No durational requirement, but not here only for vacation.
Living Arrangements	Child must reside with a specified relative. (Relative responsible for care and control of child.)	RCF: Must live in a licensed residential care facility. Family Life Home: Must live in certified family life home. Dependent Person: Must reside with spouse, parent or minor or adult child. In-home Health-Related Care: Must reside in own home. Blind: Cannot live in institution.	Same as State Supplementary ADC, ADC child not residing with a specific relative or person in a medical institution, or child in a licensed foster care home.	A food Stamp household is defined as: 1. Individual living alone 2. Persons living together who customarily purchase and prepare meals together 3. Living with others but acting as separate food unit, except spouses, siblings or parents and their children who live together shall be treated as a household regardless of whether they prepare and purchase food separately UNLESS: A) a parent or sibling is elderly or disabled, B) the parent's child is an adult having control over minor children living with them, or C) siblings having parental control over minor children living with them.



ELIGIBILITY FACTORS	ADC	STATE SUPPLEMENTARY	TITLE XIX/MEDICAID	FOOD STAMPS
Social Security Account Numbers	Must furnish Social Security numbers or proof of application for number.	Same as ADC.	Not required for unlawful aliens. Otherwise the same as ADC.	Same as ADC.
Institutional Status Medical	Eligible when stay is anticipated to be less than one year.	Eligible while temporary patient in hospital. Ineligible if stay is permanent in ICF, SNF or hospital.	Eligible as patient in medical institution (hospital, SNF, ICF). Effective after 30 consecutive days of institutionalization (300% of SSI income group) Medically Needy - excludes services in SNF's, ICF's, ICF/MR's and services in institutions for mental disease.	Generally not eligible. Five exceptions: are residents of: 1) federally subsidized housing for the elderly, 2) drug or alcoholic treatment centers may be eligible, 3) disabled or blind residents in group living arrangements receiving benefits under the Social Security Act, 4) women and their children temporarily residing in shelter for battered women and children, 5) residents of public or private non profit shelter for homeless persons.
Institutional Status Non-Medical	Eligible while out of home to secure education or training, or when absence is expected to be less than 3 months.	Ineligible if in public institution (jail, penitentiary, Iowa Mental Health Institute, public institution over 16 beds, unless a medical institution.	Same as State Supplementary, related assistance program except that an individual 65 and over or under 22 in an MHI may be eligible for ICF care.	Same as food stamp policy for institutional status medical.
Registration for Employment	Unemployed parent must be registered for work through Employment Service and if applicable the Work Incentive Demonstration Program.	N/A	N/A	Required unless: younger than 18 (required for some 16 and 17 year olds not in school at least half time) or 60 years of age or over, disabled, referred to WIN, parent or caretaker meeting certain requirements, registered as a condition of receiving unemployment compensation, participating in a drug or alcoholic treatment program, person employed 30 hours per week or equivalent earnings students (as defined) meeting participation requirements.
Referral for WIN	Mandatory County: Children 16 or over not in school full-time & parents except when working full-time, needed in home to care for another or in 6 month of pregnancy	N/A	N/A	Not required

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ELIGIBILITY FACTORS	ADC	STATE SUPPLEMENTARY	TITLE XIX/MEDICAID	FOOD STAMPS
Persons Included in Eligible Group.	All eligible children, parents of eligible child, needy caretaker relative when parents are absent or when the caretaker is needed in the home to care for member(s) of eligible group; incapacitated stepparent; or stepparent providing child or adult care which would be allowed as a work expense.	Aged (65 or over), blind, or disabled individual only. If dependent person is present, payment is made to eligible individual for dependent person.	ADC, SSI, State Supplementary Assistance recipients, Medically Needy, Foster care or subsidized adoption children for whom Department has financial responsibility. Medical Institution residents meeting SSI requirements except for income, child under 21 ineligible for ADC because of age or school attendance or is not deprived of parental support, or do not live with a specified relative. Pregnant women who would be eligible for ADC if child were born and living with them. Pregnant women who would not be eligible for ADC if child were born and living with them but whose income and resources are under ADC limits. Persons whose ADC is cancelled because of increased earnings or support income may continue to receive Medicaid for four months. Persons whose ADC is cancelled due to loss of 30 1/3 or \$30 earned income disregard, will receive Medicaid for additional 9 months. Newborn children of Title XIX mothers will be covered through the month of first birthday. Individuals 65 and over and under age 22 in psychiatric facility. Refugees who are over income for cash assistance. Persons eligible for ADC of less than \$10 per month. Persons who become ineligible for ADC or SSI as a result of cost of living increase in Social Security benefits in Oct. 1972 or April 1972. Persons who were eligible and received SSI/SSA and would be eligible for SSI/SSA since cancellation except for COLA or widow or widowers SS benefits since cancellation or parents social security benefits for a disabled adult child disabled before age 22. Newly legalized	Based on household unit. See Living Arrangements.



ELIGIBILITY FACTORS	ADC	STATE SUPPLEMENTARY	TITLE XIX/MEDICAID	FOOD STAMPS
Persons Included in Eligible Group. (Cont'd)			aliens who are categorically related, widow or widower ineligible for SSI or State Supp. due to Social Security benefits and do not have Medicare Part A. Unlawful aliens who are categorically related and have incurred an emergency expense.	
Support Payment Assignment	Child support assignment automatic by state law.	N/A	N/A	Not required.
Resource Limitations	\$1,000 for family unit.	\$1,900 for individual \$2,850 for couple. (Include those resources transferred away in order to obtain eligibility.	Same as State Supplementary Assistance if SSI-related program or Medically Needy. Same as ADC if ADC-related program.	\$3,000 for household when one member is 60 or over. \$2,000 for all other households except households with all members receiving SSI and/or ADC are not subject to food stamp resource limitations.
Resource Exemptions	Homestead+Household goods, \$1,500 equity in one motor vehicle, life insurance with no cash value, trust/burial contracts, not in excess of \$1,500 for each member of eligible group, one burial plot for each member of eligible group, that part of non-recurring lump sum income reserved for current or future month(s) income, life estates, settlements for payment of medical expenses, income in a month during the same month and other monies excluded by Federal statute or regulation. ADC allows a 9 month exemption of a non-homestead real property while attempts to sell it are being made.	Homestead, Household goods valued at \$2,000 or less, one automobile up to a current market value of \$4,500 (total market value if it is necessary for employment or medical treatment or modified for operation or transportation of a handicapped person), irrevocable funeral contract or burial plots, life insurance with face value of \$1,500 or less, life estate if not salable and non-homestead real property necessary for self-support of blind or disabled when the equity is less than \$6,000.00 and the net profit is 6% of equity.	Same as State Supplementary Assistance if SSI related program. Same as ADC if ADC related program. For home and community based services waiver children and spouses living at home needing nursing home care have resources of parent or spouse exempt.  EXCEPT: Medicaid only does not allow an exemption for 9 months of non-homestead real property while efforts are being made to sell it.	Home and surrounding property. Household goods. Pets. Cash value of Life Insurance policies and pension funds. Certain licensed vehicles. Inaccessible resources. Current month's income. Certain disaster restoration monies. Installment contracts. Trust Funds. One burial plot per household member. Money prorated as income. Income producing property. Property essential to employment. Indian tribal land. Monies excluded by Federal statute. Categorical eligible households are deemed resource eligible.



ELIGIBILITY FACTORS	ADC	STATE SUPPLEMENTARY	TITLE XIX/MEDICAID	FOOD STAMPS
<p>Income Limitations</p>	<p>Based on number in the group as shown. Gross Income Limits:</p> <p>1) \$394.05 6) \$1317.20                  2) \$778.85 7) \$1446.70                  3) \$919.45 8) \$1578.05                  4) \$1069.30 9) \$1707.55                  5) \$1184 10) \$1866.65</p> <p>Add \$186.85 for each additional person.</p> <p>Payment Standard Limits</p> <p>1) \$169 6) \$564                  2) \$333 7) \$619                  3) \$394 8) \$676                  4) \$458 9) \$731                  5) \$507 10) \$799</p> <p>Add \$80 for each additional person.</p>	<p>Blind: \$376.00. In-Home Health Related Care: After unmet medical needs and diversions, \$707.91 Individual, \$885.91 couple when one needs care, \$1239.20 couple when both need care. <u>Dependent person:</u> \$532.00. <u>Residential Care:</u> 31 times the per diem cost of the facility (current maximum is \$17.80 a day plus \$46.00 a month.) <u>Family Life Home:</u> \$436.20.</p>	<p>Patient in medical institution \$1062.00 per month. Others same as assistance program (SSI, ADC, State Supp.) to which related.</p> <p>MNIL</p> <p>1) 450                  2) 450                  3) 525                  4) 616                  5) 675                  6) 758                  7) 825                  8) 900                  9) 975                  10) 1066</p> <p>Each additional person add \$108</p>	<p>Households must meet the following eligibility guidelines: Households with one (or more members 60 years of age or older or disabled as defined must only meet the net income standards. Households with all members receiving SSI and/or ADC payments do not have to meet either gross or net income standards. All other households must meet both the gross and net income tests (standards). Gross Monthly Income - Includes all countable income (earned and unearned) of all household members.</p> <p><u>Maximum Gross Monthly Chart</u></p> <p>1) 596 5) 1,420                  2) 802 6) 1,625                  3) 1008 7) 1,831                  4) 1,214 8) 2,037</p> <p>For each additional person add \$206.00.</p> <p><u>Net Monthly Income Chart</u></p> <p>1) 459 5) 1,092                  2) 617 6) 1,250                  3) 775 7) 1,409                  4) 934 8) 1,567</p> <p>For each additional member add \$159.00.</p>
<p>Income Exemptions and Disregards</p>	<p>Rent supplements from any governmental agency. Indian tribal judgement funds. Foster care payments. Money received and spent on education. Commission for the Blind or Vocational Rehabilitation training allowance. WIN/QMS, UP-CWEP, JTPA, and IETP participation allowances. Loans and grants which preclude use for current maintenance. Monthly work expense of \$75. Child care at a max per child of \$160/month full-time and \$159/month part-time.</p>	<p>Earned Income: First \$65, 1/2 balance. Exempt \$65 for a dependent person \$20 income except income based on need. Tax refunds. General Assistance based on need. Grants/Scholarships/Fellowships used for paying tuition and fees. Home produce for personal consumption. Domestic Voluntary Service Act (VISTA) payments. Housing Assistance provided by HUD. Relocation assistance. Emergency Energy Conservation Service. Alaska Native Claims Settlement. Judgement Funds distributed to members of Indian tribes. Disaster Assistance. Infrequent or irregularly received income-income received</p>	<p>Same as State Supplementary or other assistance programs. For home and community based services waiver - children and spouses living at home needing nursing care have income of parents and spouses exempt.</p>	<p>Most Recoupments, assigned child support, most vendor payments, in-kind benefits, irregular income, loans, that portion of education loans or grants used for tuition (certain expenses, most representative payments for third party, earnings of child, non-recurring lump sum payments, reimbursements, federal energy assistance payments, cost of producing selfemployment income, funds received under Title V of the Older American Act, and other income excluded by federal law. Income deductions: 20% of gross monthly earned income, \$102 standard deduction &amp; a max. for child care and excess shelter cost (Excess shelter cost--cost which exceeds 50% of household's gross income less deductions other than shelter), and excess medical expenses for elderly or disabled (Excess medical costs--costs which exceeds \$35).</p>

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ELIGIBILITY FACTORS

ADC

STATE SUPPLEMENTARY

TITLE XIX/MEDICAID

FOOD STAMPS

\$30 + 1/3 of net earnings for four consecutive months of currently eligible adult or child not in school. \$30 of net earnings for eight consecutive months following receipt of \$30 + 1/3 disregard. JTPA earnings of a child for six months of a calendar year. Earnings of a child who is a full-time student for 6 months of a calendar year. After the 185% eligibility test is met, 100% of full-time student's income is disregarded. Up to \$50/month of child support paid by the absent parent. Up to \$30.00 gift per person in a calendar quarter.

less often than quarterly and no more \$10 earned or \$20 unearned monthly. Income exempt under an approved plan for achieving self-support. Reimbursement of medical needs payments or social services.



### General Relief Offices

Local general relief offices provide financial assistance, on a limited basis, to persons in need. Eligible persons may receive assistance for rent, utilities, clothing, food, medication, and emergency dental services.

Adair County General Relief  
Adair County Courthouse  
Greenfield, Iowa 50849  
515/743-6111

Buchanan County General Relief  
Buchanan County Courthouse  
Independence, Iowa 50644  
319/334-4290

Adams County General Relief  
Adams County Courthouse  
Corning, Iowa 50841  
515/332-4455

Buena Vista County General Relief  
P.O. Box 367  
Storm Lake, Iowa 50588  
712/749-2536

Allamakee County General Relief  
Allamakee County Courthouse  
Waukon, Iowa 52172  
319/568-3591

Butler County General Relief  
P.O. Box 306  
Allison, Iowa 50602  
319/267-2663

Appanoose County General Relief  
P.O. Box 488  
209 East Jackson Street  
Centerville, Iowa 52544  
515/437-4450

Calhoun County General Relief  
515 Court Street  
Rockwell City, Iowa 50579  
712/297-8524

Audubon County General Relief  
Audubon County Courthouse  
Audubon, Iowa 50025

Carroll County General Relief  
611 North West  
Carroll, Iowa 51401  
712/792-4391

Atlantic County General Relief  
Cass County Courthouse  
Atlantic, Iowa 50022

Cedar County General Relief  
Cedar County Courthouse  
Tipton, Iowa 52772  
319/886-2170

Benton County General Relief  
Benton County Courthouse  
Vinton, Iowa 52349  
319/472-3811

Cerro Gordo County General Relief  
220 North Washington Avenue  
Mason City, Iowa 50401  
515/421-3083

Black Hawk County General Relief  
1340 Logan Avenue  
Waterloo, Iowa 50703  
319/291-2400

Cherokee County General Relief  
239 West Maple Street  
Cherokee, Iowa 51012  
712/225-2588

Boone County General Relief  
P.O. Box 370  
Boone, Iowa 50036  
515/432-6387

Chickasaw County General Relief  
P.O. Box 8  
New Hampton, Iowa 50659  
515/394-4315

Bremer County General Relief  
Bremer County Courthouse  
Waverly, Iowa 50670  
319/352-5040



Clarke County General Relief  
Clarke County Courthouse  
Osceola, Iowa 50213  
515/342-2933

Clay County General Relief  
300 West 4th  
P.O. Box 3016  
Spencer, Iowa 51301  
712/262-9438

Clayton County General Relief  
Clayton County Office Bldg.  
P.O. Box 420  
Elkader, Iowa 52043  
319/245-1865

Clinton County General Relief  
1015 2nd Street  
P.O. Box E  
Clinton, Iowa 52732  
319/242-0573

Crawford County General Relief  
Courthouse  
Denison, Iowa 51422  
712/263-6091

Dallas County General Relief  
121 North Ninth  
P.O. Box 8  
Adel, Iowa 50003  
515/993-4264

Davis County General Relief  
203 South Madison  
P.O. Box 107  
Bloomfield, Iowa 52537  
515/664-2239

Decatur County General Relief  
Courthouse  
Leon, Iowa 50144  
515/446-7178

Delaware County General Relief  
711 West Main Street  
Manchester, Iowa 52057  
319/927-4512

Des Moines County General Relief  
409 North Fourth  
Burlington, Iowa 52601  
319/754-4622

Dickinson County General Relief  
1510 Hill Avenue  
Spirit Lake, Iowa 51360  
712/336-2555

Dubuque County General Relief  
Town Clock Plaza  
Nesler Center, Suite 410  
P.O. Box 87  
Dubuque, Iowa 52001  
319/557-8251

Emmet County General Relief  
Courthouse  
Estherville, Iowa 51334  
712/362-5224

Fayette County General Relief  
904 North Frederick  
Oelwein, Iowa 50662  
319/283-1431

Floyd County General Relief  
Courthouse  
Charles City, Iowa 50616  
515/228-7111 (Ext. 132)

Franklin County General Relief  
19 Second Avenue, NW  
P.O. Box 58  
Hampton, Iowa 50441  
515/456-4763

Fremont County General Relief  
Courthouse  
P.O. Box 540  
Sidney, Iowa 51652  
712/374-2313

Greene County General Relief  
Courthouse  
Jefferson, Iowa 50129  
515/386-2143



Grundy County General Relief  
103 J Avenue E  
Grundy Center, Iowa 50638  
319/824-6867

Guthrie County General Relief  
Courthouse  
Guthrie Center, Iowa 50115  
515/747-2546

Hamilton County General Relief  
Courthouse  
Webster City, Iowa 50595  
515/832-2231

Hancock County General Relief  
Courthouse Annex  
Garner, Iowa 50438  
515/923-3758

Hardin County General Relief  
Hardin County Office Bldg.  
Eldora, Iowa 50627  
515/858-3461

Harrison County General Relief  
P.O. Box 189  
Logan, Iowa 51546  
712/644-2460

Henry County General Relief  
Saunders Park  
Mt. Pleasant, Iowa 52641  
319/986-5204

Howard County General Relief  
205 East Second Street  
Cresco, Iowa 52136  
319/547-2860

Humboldt County General Relief  
Courthouse  
Dakota City, Iowa 50529  
515/332-5205

Ida County General Relief  
Public Health Office  
Courthouse  
Ida Grove, Iowa 51445  
712/364-3498

Iowa County General Relief  
P.O. Box 147  
Marengo, Iowa 52301  
319/642-5573

Jackson County General Relief  
700 West Quarry  
P.O. Box 1134  
Maquoketa, Iowa 52060  
319/652-5661

Jasper County General Relief  
Midtown Office Building  
Fifth Floor  
Newton, Iowa 50208  
515/792-1955

Jefferson County General Relief  
Courthouse - 3rd Floor  
Fairfield, Iowa 52556  
515/472-3013

Johnson County General Relief  
911 North Governor  
Iowa City, Iowa 52240  
319/351-0200

Jones County General Relief  
Courthouse  
Anamosa, Iowa 52205  
319/462-3557

Keokuk County General Relief  
101 South Jefferson  
Sigourney, Iowa 52591  
515/622-3443

Kossuth County General Relief  
Courthouse  
Algona, Iowa 50511  
515/295-2897

Lee County General Relief  
933 Avenue H, P.O. Box 188  
Fort Madison, Iowa 52627  
319/372-3651

or  
627 Main Street, P.O. Box 1143  
Keokuk, Iowa 52632  
319/524-1052



Linn County General Assistance  
Dept of Human Resource Management  
305 Second Avenue, SE  
Cedar Rapids, Iowa 52401  
319/398-3543

Louisa County General Relief  
317 Van Buren, P.O. Box 288  
Wapello, Iowa 52653  
319/523-6351

Lucas County General Relief  
117 South Grand  
Chariton, Iowa 50049  
515/774-5323

Lyon County General Relief  
505 First Avenue  
Rock Rapids, Iowa 51246  
712/472-3743

Madison County General Relief  
110 West Green Street  
Winterset, Iowa 50273  
515/462-2931

Mahaska County General Relief  
Courthouse  
Oskaloosa, Iowa 52577  
515/672-2625

Marion County General Relief  
Old Highway 92 East  
R.R. #1, P.O. Box 191  
Knoxville, Iowa 50138  
515/842-5087

Marshall County General Relief  
206 West State Street  
P.O. Box 694  
Marshalltown, Iowa 50158  
515/752-6741

Mills County General Relief  
Courthouse  
Glenwood, Iowa 51534  
712/527-3146

Mitchell County General Relief  
509 State Street  
Osage, Iowa 50461  
515/732-5524

Monona County General Relief  
Courthouse  
610 Iowa Avenue  
Onawa, Iowa 51040  
712/423-1921

Monroe County General Relief  
208 South Clinton  
P.O. Box 176  
Albia, Iowa 52531  
515/932-5187

Montgomery County General Relief  
Courthouse  
Red Oak, Iowa 51566  
712/623-3848

Muscatine County General Relief  
Courthouse Annex  
Muscatine, Iowa 52761  
319/263-7512

O'Brien County General Relief  
Public Health Office  
Primghar, Iowa 51245  
712/757-0105

Osceola County General Relief  
1009 Ninth Street  
Sibley, Iowa 51249  
712/754-3406

Page County General Relief  
121 South 15th, Suite C  
Clarinda, Iowa 51632  
712/542-5111

or  
815 West Thomas Avenue  
P.O. Box 569  
Shenandoah, Iowa 51601

Palo Alto County General Relief  
2105 Main  
Emmetsburg, Iowa 50536  
712/852-3523

Plymouth County General Relief  
19 Second Avenue, NW  
LeMars, Iowa 51031  
712/546-8877



Pocahontas County General Relief  
23 Third Avenue, NE  
Pocahontas, Iowa 50574  
712/335-3565

Polk County General Relief  
City View Plaza  
1200 University  
Des Moines, Iowa 50314  
515/286-3434

Pottawattamie County General Relief  
417 East Kaneshville Boulevard  
Council Bluffs, Iowa 51501  
712/328-5689

Poweshiek County General Relief  
Courthouse  
Montezuma, Iowa 50171  
515/623-5742  
or  
515/623-5185

Ringgold County General Relief  
Courthouse  
Mount Ayr, Iowa 50854  
515/464-2247

Sac County General Relief  
Board of Supervisors  
Courthouse  
Sac City, Iowa 50583  
712/662-7401

Scott County General Relief  
Scott County Community Services  
428 Western Avenue  
Davenport, Iowa 52801  
319/326-8723

Shelby County General Relief  
615 Durant Street  
P.O. Box 126  
Harlan, Iowa 51537  
712/755-3145

Sioux County General Relief  
215 Central Avenue, SE  
P.O. Box 270  
Orange City, Iowa 51041  
712/737-2943

Story County General Relief  
Courthouse  
Nevada, Iowa 50201  
515/382-6581 (Ext. 238)

Tama County General Relief  
Courthouse  
P.O. Box 142  
Toledo, Iowa 52342  
515/484-3160

Taylor County General Relief  
309 Main Street  
Bedford, Iowa 50833  
712/523-2129

Union County General Relief  
Courthouse  
Creston, Iowa 50801  
515/782-2173

Van Buren County General Relief  
Courthouse  
Keosauqua, Iowa 52565  
319/293-3791

Wapello County General Relief  
116 East Third  
P.O. Box 457  
Ottumwa, Iowa 52501  
515/682-8793

Warren County General Relief  
901 East Iowa  
P.O. Box 729  
Indianola, Iowa 50125  
515/961-5353

Washington County General Relief  
314 McCreedy Drive  
Washington, Iowa 52353  
319/653-7751

Wayne County General Relief  
Courthouse  
Corydon, Iowa 50060  
515/872-1820

Webster County General Relief  
Courthouse  
Fort Dodge, Iowa 50501  
515/573-7851



Winnebago County General Relief  
216 South Clark  
Forest City, Iowa 50436  
515/582-3271

Winneshiek County General Relief  
201 West Main Street  
Decorah, Iowa 52101  
319/382-2892

Woodbury County General Relief  
808 Fifth Street  
P.O. Box 717  
Sioux City, Iowa 51102  
712/279-5964

Worth County General Relief  
849 Central Avenue  
Northwood, Iowa 50459  
515/324-1013

Wright County General Relief  
115 First Street, SE  
P.O. Box 346  
Clarion, Iowa 50525  
515/532-6645



**E. Substance Abuse Treatment Services**



Substance Abuse Treatment Centers

ADEL

See ADAA, Atlantic

ALBIA

See SIEDA, Ottumwa

ALGONA

See CDSNI, Mason City

ALLISON

Butler County Alcoholism and Drug Abuse Service Center, Inc.  
403 North Main St. 50602  
(319) 267-2985  
Services: Referral, education, outreach, intervention, aftercare  
County: Butler

AMES

Regional Substance Abuse Center (DSA-Funded and Licensed)  
P.O. Box 1721 (mailing address)  
713 South Duff 50010  
(515) 232-3206  
Services: Evaluation/assessment, outclient individual intervention, women's group, education and prevention program for elderly, employee assistance  
Counties: Boone and Story

Branch Offices

Boone Office

Room 323, Boone County Hospital  
1015 Union Street 50036  
(515) 432-6874

Nevada Office

Nevada Post Office 50201  
(515) 382-6874

ANAMOSA

See ASAC, Cedar Rapids

ATLANTIC

Alcohol and Drug Assistance Agency, Inc. (DSA-Funded and Licensed)  
Box 67 (mailing address)  
320 Walnut 50022  
(712) 243-5091  
Services: Individual/group/family counseling, residential, intermediate care, evaluation/assessment, youth magistrates program, community awareness  
Counties: Adair, Cass, Clarke, Dallas, Fremont, Harrison, Montgomery, Page and statewide for residential

Branch Offices

Adel Office

112 South 9th St. 50003  
(515) 993-5243

Clarinda Office

100 S. 16th 51632  
(712) 542-4481

Greenfield Office

220 Public Square 50849  
(515) 743-2439

Logan Office

113 N. 3rd 51546  
(712) 644-2225

Osceola Office

Clarke County Courthouse 50213  
(515) 342-4515

Perry Office

1218 Willis, #8 50220  
(515) 465-9310



Red Oak Office  
215 Coolbaugh 51566  
(712) 623-4801

Sidney Office  
United Presbyterian Church 51652  
(712) 372-2177

Residential Treatment Facility  
Zion-Brown Treatment Center  
RR 1 Box 200  
Orient 50858  
(515) 337-5385

AUDUBON

See Area XII, Carroll

BEDFORD

See ANCDTS, Creston

BLOOMFIELD

See SIEDA, Ottumwa

BOONE

See RSAC, Ames

Boone County Prevention and  
Community Services (DSA-Funded)  
Boone County Hospital, Rm 386  
1015 Union St. 50036  
(515) 432-2944  
Services: Prevention  
Counties: Boone

BURLINGTON

Alcohol and Drug Dependency  
Services of Southeast Iowa  
(DSA-Funded and Licensed)  
1340 Mt. Pleasant 52601  
(319) 753-6567  
Services: Outpatient, extended  
residential care, evaluation,  
COA group, family services, pre-  
vention  
Counties: Des Moines, Henry, Lee  
Louisa and statewide for residen-  
tial

Branch Offices

Fort Madison Office  
8th and Avenue G, Room 210 52627  
(319) 372-6011

Keokuk Office  
1013 Concert  
P.O. Box 1329 52632  
(319) 524-2907

Mt. Pleasant Office  
P.O. Box 302 (mailing address)  
114 East Monroe, Suite 107 52641  
(319) 385-2216

Young House, Inc.  
105 Valley Street 52601  
(319) 752-4000

Wapello Office

506 Townsend 52653  
(319) 523-8436

Riverview Rehabilitation Center

624 N. 4th 52601  
(319) 753-3633  
Services: Inpatient, out-  
patient, EAP consultation,  
speakers bureau, aftercare  
Counties: Statewide

CARROLL

Area XII Alcoholism and Drug  
Treatment Unit  
P.O. Box 308 (Mailing Address)  
518 North Clark Street 51401  
(712) 792-1344  
Services: Evaluation/assessment,  
outpatient, halfway house,  
specialized youth/adolescent  
treatment, follow-up/aftercare,  
education/prevention  
Counties: Audubon, Carroll,  
Greene, Guthrie, Sac;  
Halfway House, Statewide

Branch Offices

Audubon Office  
423½ S. Park 50025  
(712) 563-2777

Carroll Office

Serenity House (Halfway House)  
826 N. Main St. 51401  
(712) 792-6376 or 6377



Guthrie Center Office  
109 South 3rd Street 50015  
(515) 747-3354

Jefferson Office  
100 East State Street 50129  
(515) 386-4795

Sac City Office  
Sac County Courthouse Annex  
Box 329 50583  
(712) 662-7921

#### CEDAR FALLS

Area Education Agency 7 Substance  
Abuse Prevention Education Project  
3712 Cedar Heights Drive 50613  
(515) 273-8215

Services: Prevention, education  
Counties: Black Hawk, Bremer,  
Buchanan, Butler, Grundy, Tama

Branch Office  
Waterloo Community Schools  
Administration Bldg.  
1516 Washington St. 50702  
(319) 235-1157

#### CEDAR RAPIDS

Area Substance Abuse Council  
(DSA-Funded and Licensed)  
400 Third Ave., SE 52402  
(319) 363-2091

Services: Outpatient counseling,  
adult residential, prevention/  
education, crisis intervention,  
intake, assessment  
Counties: Benton, Jackson, Jones,  
Linn and statewide for residential

Adult Residential Facility  
1703 First Avenue, SE 52403  
(319) 362-8666

Juvenile Residential Facility  
1627 First Avenue, SE 52403  
(319) 362-4294

Minority Program  
Jane Boyd Community House  
14th Avenue & 10th St. SE 52403  
(319) 366-0431

#### Branch Offices

Anamosa Office  
Anamosa Hospital 52205  
(319) 462-3588

Maquoketa Office  
Jackson County Public  
Hospital 52060  
(319) 652-2215

Monticello Office  
John McDonald Hospital  
(319) 465-3511

Vinton Office  
314 9th Avenue 52349  
(319) 472-2443

Grant Wood Area Education Agency  
Substance Abuse Prevention  
and Peer Counseling  
4401 Sixth Street, SW 52404  
(319) 399-6759 or 1-800-332-8488  
Services: Prevention  
Counties: Benton, Cedar, Iowa,  
Johnson, Jones, Linn, Washington

Iowa Substance Abuse Information  
Center (DSA-Funded)  
Cedar Rapids Public Library  
500 1st St., SE 52401  
(319) 398-5133 or 1-800-247-0614  
Services: Information and educa-  
tional resource  
Counties: Entire State

Foundation II  
1251 3rd Avenue, SE 52403  
(319) 362-2174  
Services: Crisis intervention,  
walk-in/phone/appointment  
counseling, voluntary short-  
term shelter for youth 11-17,  
family counseling, outreach  
Counties: Linn

Residential Facility  
Foundation II Runaway Shelter  
1540 2nd Avenue, SE 52403  
(319) 366-8797



Hillcrest Family Services  
Chemical Dependency Program  
1727 1st Avenue, SE 52402  
(319) 362-3149  
Services: Prevention and education  
Counties: Linn

Sedlacek Treatment Center (DSA-  
Licensed)

Mercy Hospital  
701 Tenth Street, SE 52403  
(319) 398-6226  
Services: Medical detox,  
inpatient/outpatient treatment,  
family program, after-care,  
education/prevention, crisis  
intervention, industrial con-  
sultation, pre-admission  
counseling  
Counties: Statewide

CENTERVILLE

See SIEDA, Ottumwa

CHARITON

See SIEDA, Ottumwa

CHARLES CITY

See also CDSNI, Mason City

CHEROKEE

See also SCADA, Sioux City

See Plains Area MHC, LeMars

Chemical Dependency Unit  
(DSA-Funded and Licensed)  
Cherokee Mental Health Institute  
1200 West Cedar Street 51012  
(712) 255-2594 or 800-352-4654  
Services: Inpatient adult  
treatment  
Counties: Northwest quadrant  
of Iowa

CLARINDA

See  
ADAA, Atlantic

Alcohol and Drug Treatment Unit  
Clarinda Treatment Complex  
Box 338 51632  
(712) 542-2161  
Services: Detox, inpatient  
treatment, evaluation, Quarterway  
House for male alcoholics  
Counties: Southwest quadrant  
of Iowa

CLEAR LAKE

Northern Trails Area Education  
Agency 2 (DSA-Funded)  
Health Education Services  
Box M (mailing address) 50428  
(515) 357-6125, 800-392-6640  
Services: Prevention  
Counties: Butler, Cerro Gordo,  
Floyd, Franklin, Hancock,  
Mitchell, Winnebago, Worth,  
Wright

CLINTON

New Directions, Inc. (DSA-Funded  
and Licensed)  
P.O. Box 441 (mailing address)  
2205 Camanche Avenue 52732  
(319) 243-2124  
Services: Outpatient and  
halfway house treatment, family  
counseling, community awareness,  
prevention  
Counties: Clinton and statewide  
for halfway house

Halfway House Facility  
King's House (for men)  
2219 Garfield 52732  
(319) 242-6611

Branch Office  
DeWitt Office  
Referral Center  
615 8th St. 52742  
(319) 659-5959

COLUMBUS JUNCTION

See ADDS, Burlington

CORNING

See ANCDTS, Creston

CORYDON

See SIEDA, Ottumwa



COUNCIL BLUFFS

Family Service Chemical  
Dependency Program (DSA-  
Funded and Licensed)

2801 5th Avenue 51501  
(712) 322-1407  
Services: Outpatient treatment  
Counties: Mills and  
Pottawattamie

Branch Office

Glenwood Office  
507 Sharpe St. 51534  
(712) 527-3429

Loess Hills Area Education Agency  
13 (DSA-Funded)

Life Skills Development  
Halverson Center for Education  
P.O. Box 1109 51501  
(712) 366-0503, ext. 261  
Services: Prevention  
Counties: Cass, Fremont, Harrison,  
Mills, Page, Pottawattamie, Shelby

Mercy Hospital Chemical Dependency  
Services

800 Mercy Drive 51501  
(712) 328-5115  
Services: Inpatient adult and  
adolescent treatment, family  
program, aftercare, outpatient,  
intervention, education  
Counties: Statewide

CRESCO

See ARPSC, Decorah

CRESTON

Green Valley Area Education  
Agency 14 (DSA-Funded)

Project SAVE  
Green Valley Road 50801  
(515) 782-8443 or  
(800) 362-1864  
Services: Prevention  
Counties: Adair, Adams,  
Clarke, Decatur, Montgomery,  
Ringgold, Taylor, Union

Action Now Chemical Dependency  
Treatment Services (DSA-Funded  
and Licensed)

1700 West Townline 50801  
(515) 782-4053  
Services: Outpatient  
Counties: Adams, Decatur,  
Madison, Ringgold, Taylor,  
Union

Branch Offices

Bedford Office  
Methodist Church  
505 Pearl 50833  
1-800-622-5168

Corning Office  
Methodist Church  
9th & Nodaway 50841  
1-800-622-5168

Leon Office  
Rathbun Mental Health Center  
1201 N. Church 50144  
1-800-622-5168

Mount Ayr Office  
Ringgold County Hospital 50854  
1-800-622-5168

Winterset Office  
101 W. Jefferson 50273  
(515) 462-4640

DAVENPORT

Center for Alcohol and Drug  
Services (DSA-Funded and  
Licensed)

1523 S. Fairmont 52802  
(319) 322-2667  
Services: Outpatient,  
residential (adult men and  
women and adolescent men),  
halfway house (men),  
methadone maintenance  
treatment; education, pre-  
vention  
Counties: Scott, Rock Island,  
Illinois; statewide for resi-  
dential and halfway house



Residential Facility  
Linwood Youth Community  
822 East Locust 52803  
(319) 323-3533

Halfway House  
SCARF House  
1535 West Pleasant 52803  
(319) 323-0112

Methadone Facility  
Freedom House Clinic  
4230 11th Street  
Rock Island, IL 61201  
(309) 788-4571

Community Crisis Line  
West Central Park at  
Marquette 52804  
(319) 383-1911  
Services: Intervention, poison  
control  
Counties: Calling area for  
Davenport (Scott and Muscatine  
counties)

Mercy's Alcoholism Recovery Center  
Mercy Hospital  
Marquette and West Central Park  
52804  
(319) 383-2799  
Services: Inpatient, outpatient,  
counselor training, education,  
family, EAP, aftercare  
Counties: Statewide

Mercy's Outpatient Alcoholism  
Recovery Center  
1023 East Rusholme 52803  
(319) 322-7155  
Services: Outpatient, aftercare  
Counties: Clinton, Muscatine,  
Scott

DECORAH  
Alcohol & Related Problems  
Service Center (DSA-Funded and  
Licensed)  
Northeast Iowa Mental  
Health Center  
P.O. Box 349 (Mailing address)  
305 Montgomery 52101  
(319) 382-3649  
Services: Outpatient  
Counties: Allamakee, Clayton  
Fayette, Howard, and Winneshiek

Branch Offices  
Cresco Office (part-time)  
Howard County Hospital 52136  
(319) 547-2101

Elkader Office (part-time)  
Elkader Medical Clinic 52043  
(319) 245-1717

Oelwein Office  
P.O. Box 113 (Mailing address)  
1297 S. Frederick Avenue 50662  
(319) 283-5774

Postville Office  
Community Memorial Hospital  
52162  
(319) 864-7131

Waukon Office (part-time)  
Veteran's Memorial Hospital  
52172  
(319) 568-3411

West Union Office (part-time)  
Palmer Memorial Hospital  
52175  
(319) 522-3811

Helping Services for Northeast  
Iowa, Inc. (DSA-Funded)  
Educational Services Program  
Box 372 52101  
(319) 382-2989  
Services: Prevention  
Counties: Allamakee, Delaware,  
Dubuque, Fayette, Howard,  
Winneshiek

Branch Office  
Dubuque Office  
Substance Abuse Services Center  
Nesler Centre, Suite 320  
Town Clock Plaza 52001  
(319) 557-8432 ext. 348



DENISON

Midwest Iowa Alcohol and Drug Abuse Center (DSA-Funded and Licensed)  
1309 1st Ave. North 51442  
(712) 263-5065  
Services: Outpatient, family counseling, prevention  
Counties: Crawford, Monona, Shelby

Branch Offices

Harlan Office  
712 Court St. 51537  
(712) 755-3454

Onawa Office  
1025 8th St. 51040  
(712) 423-1467

DES MOINES

Intersectional United Advanced Planning (DSA-Funded and Licensed)  
2323 Forest Ave. 50311  
(515) 279-9999  
Services: Outpatient and residential treatment, methadone clinic  
Counties: Polk; statewide for methadone and residential

Broadlawns Medical Center (DSA-Funded)  
Department of Chemical Dependency Services  
1915 Hickman Road 50314  
(515) 282-5610  
Services: Substance abuse, detoxification, referral and support services, civil commitment services  
Counties: Polk

National Council on Alcoholism and Other Drug Dependencies (NCA) (DSA-Funded)  
706 Fleming Building  
218 6th Ave. 50309  
(515) 244-2297  
Services: Prevention, education, counseling evaluation, referral  
Counties: Polk

NCA Central Assessment Center (DSA-Funded)  
606 Fleming Building  
218 6th Ave. 50309  
(515) 243-4200  
Services: Comprehensive assessment, referral, follow-up for court or community related referrals  
Counties: Polk

NCA Employee Assistance Program  
706 Fleming Building  
218 6th Ave. 50309  
(515) 244-6090  
Services: Counseling evaluation and referral; consultation and training for business, industry and government relative to EAP

NCA Enhancement of Women Program (Prison Project) (DSA-Funded)  
706 Fleming Building  
218 6th Ave. 50309  
(515) 244-2297  
Services: Provided to resident of Iowa Correctional Institute for Women, Mitchellville

NCA Student Assistance Program  
706 Fleming Building  
218 6th Ave. 50309  
(515) 244-6090  
Services: Counseling evaluation and referral, consultation and training for business, industry and government relative to EAP

NCA Central Assessment Center (DSA-Funded and Licensed)  
706 Fleming Building  
218 6th Ave. 50309  
(515) 244-6090

NCA Enhancement of Women Program (DSA-Funded and Licensed)  
706 Fleming Building  
218 6th Ave. 50309  
(515) 244-6090



Alcohol Dependence Treatment Program  
Building #5, 2nd Floor  
Veterans Administration Medical  
Center

30th and Euclid 50310  
(515) 271-5805

Services: Medical detoxifica-  
tion, consultation, residential  
treatment, vocational assessment,  
family therapy, outpatient treat-  
ment

Counties: Veterans from entire  
state and northern Missouri

Community Telephone Counseling, Inc.

2116 Grand Avenue 50311  
(515) 244-6700 - Administrative Line  
(515) 244-1010 - Counseling Line  
(515) 244-1000 - Crisis Line

Services: Counseling and referral  
Counties: Central Iowa

Harold Hughes Women's Recovery Center

Des Moines General Hospital  
603 E. 12th St. 50307  
(515) 263-4670

Services: Screening, assessment,  
evaluation, inpatient treatment,  
aftercare, men's support, children's  
groups

Counties: Statewide

Mercy Alcohol & Drug Recovery Program

421 Laurel, Suite 105 50314  
(515) 247-4441

Services: Detoxification, inpatient,  
outpatient, counseling, community  
education

Counties: Dallas, Polk Story,  
Warren

Our Primary Purpose

Iowa Lutheran Hospital  
University at Penn 50316  
(515) 263-5582

Services: Inpatient adolescent  
program, family counseling,  
adolescent and family aftercare  
Counties: Statewide

Branch Offices

Family Continuing Care  
7445 University 50322  
(515) 277-3000

Mercy Hospital  
6th and University 50314  
(515) 247-4490

Powell III Alcoholism/Chemical  
Dependency Treatment Center  
Iowa Methodist Medical Center  
1200 Pleasant Street 50308  
(515) 283-6454

Services: Inpatient, partial  
day outpatient, men's resi-  
dential, counselor training  
program, family program,  
public education series, pre-  
treatment, intervention  
training

Counties: Statewide

Men's Residential

Burr Wood  
1111 Woodland 50308  
(515) 283-6255

Substance Abuse Program

Iowa Department of Education  
Grimes Office Building 50319  
(515) 281-3021

Services: Consultation and  
inservice training for school  
personnel on curriculum, policy  
and evaluation; peer helping  
and Project Graduation

Counties: Statewide

DEWITT

See New Directions, Clinton

DUBUQUE

See Helping Services, Decorah

See MHC, Dyersville

Substance Abuse Service Center,  
Inc. (DSA-Funded and Licensed)

Suite 320, Nesler Centre  
Town Clock Plaza 52001  
(319) 557-8432

Services: Outpatient, halfway  
house (coed)

Counties: Delaware, Dubuque;  
statewide for halfway house



Halfway House  
2375 Roosevelt 52001  
(319) 556-4712

Branch Office  
Manchester Office  
P.O. Box 31 (Mailing address)  
711 West Main 52057  
(319) 927-5112

Fautsch Treatment Center  
Mercy Health Center 52001  
(319) 589-9635  
Services: Inpatient, detoxi-  
fication, rehabilitation,  
outpatient, aftercare  
Counties: Statewide plus  
Illinois and Wisconsin

Information and Referral  
Suite 420, Nesler Centre  
Town Clock Plaza 52001  
(319) 557-8331  
Services: Intervention and  
referral  
Counties: Delaware, Dubuque,  
Jackson plus Illinois and  
Wisconsin

Turning Point Treatment Center  
Professional Arts Plaza  
200 Mercy Dr., Suite 308 52001  
(319) 589-8925  
Services: Outpatient treatment,  
pre-admission counseling, evalu-  
ation/assessment, community in-  
formation and awareness, business  
and industry consultation, family  
education  
Counties: Clayton, Clinton,  
Delaware, Dubuque, Jackson, Jones

#### DYERSVILLE

Mercy Health Center  
St. Mary's Adolescent  
Substance Abuse Unit  
1111 3rd Street, S.W. 52040  
(319) 875-2951  
Services: Inpatient adolescent  
(12-19) treatment, outpatient  
therapy, family therapy, after-  
care, prevention, education  
Counties: Statewide

Branch Office  
Dubuque Office  
Xavier Park 52001  
(319) 588-3992

EAGLE GROVE  
See NCARF, Fort Dodge

#### ELDORA

Fountain Center/Eldora  
Women's Unit (DSA-Licensed)  
2413 Edgington Avenue 50627  
(515) 858-5416  
Services: Detoxification,  
inpatient treatment  
Counties: Statewide

ELKADER  
See ARPSC, Decorah

Substance Abuse Services for Clayton  
County, Inc. (DSA-Funded)  
P.O. Box 970 52043  
(319) 245-1546  
Services: Intervention and recovery  
assistance, education/prevention,  
technical assistance, county-wide  
"information line"  
Counties: Clayton

Branch Offices  
Guttenberg Office  
Guttenberg Hospital 52052  
(319) 252-1340

McGregor Office  
Congregational Church 52151  
(319) 873-2381

Monona Office  
St. Paul's Lutheran Church 52159  
(319) 539-2199

Strawberry Point Office  
City Hall 52076  
(319) 933-4558

EMMETSBURG  
See Irenaeus, Estherville



## ESTHERVILLE

See NWIADTU, Spirit Lake

### Ireanaeus Treatment Center

Holy Family Hospital  
826 N. 8th St. 51334  
(712) 362-7718  
Services: Detoxification,  
inpatient, outpatient treat-  
ment, aftercare  
Counties: Statewide

#### Branch Office

Emmetsburg Office  
Palo Alto County Hospital  
Campus (Outpatient)  
W 1 50536  
(712) 852-2434

## FAIRFIELD

See SIEDA, Ottumwa

## FOREST CITY

Forest City Community Hospital  
and Treatment Center (DSA-  
Licensed)

Highway 9, East  
Box 470 50436  
(515) 582-3113, ext. 330  
Services: Inpatient treatment,  
family counseling, evaluation,  
aftercare  
Counties: Statewide

Robertelle Center for Alcohol and  
Chemical Dependency

525 N. 4th St. 50436  
(515) 582-3779  
Services: Information, education,  
intervention and referral  
Counties: Hancock, Winnebago

## FORT DODGE

North Central Alcoholism Research  
Foundation, Inc. (DSA-Funded and  
Licensed)

726 South 17th Street 50501  
(515) 576-7261  
Services: Social detox, adult  
and juvenile residential (male  
and female), day-care, halfway  
house, group, individual, out-  
patient, prevention  
Counties: Calhoun, Hamilton,  
Humboldt, Pocahontas, Webster,  
Wright; statewide for residen-  
tial and halfway house

#### Branch Offices

Eagle Grove Office  
The Plaza #4 50533  
(515) 448-5156

#### Humboldt Office

19 Sixth Street, South 50548  
(515) 332-4843

#### Pocahontas Office

218½ North Main 50574  
(712) 335-4585

#### Rockwell City Office

P.O. Box 283  
515 Court St. 50579  
(712) 297-7321

#### Webster City Office

914 Willson Street 50595  
(515) 832-5432

### Trinity Recovery Center

Trinity Regional Hospital  
Chemical Dependence Services  
South Kenyon Road 50501  
(515) 573-7378

Services: Community education,  
adult inpatient and outpatient,  
adolescent support, family program,  
aftercare, EAP, intervention and  
youth support groups  
Counties: Statewide

## FORT MADISON

See ADDS, Burlington

#### Crossing Point

Alcohol and Drug Treatment Center  
Fort Madison Community Hospital  
2210 Ave. H 52627  
(319) 372-3193

Services: Medical, detoxification,  
evaluation, inpatient, family  
program, after-care intervention,  
speaker's bureau  
Counties: Statewide

## GLENWOOD

See Family Services, Council Bluffs

## GREENFIELD

See ADAA, Atlantic



GRINNELL

See SATUCI, Marshalltown

GRUNDY CENTER

Chemical Dependency Service Center

704½ H Avenue 50638

(319) 824-6409

Services: Intervention, prevention, education

Counties: Grundy

GUTHRIE CENTER

See Area XII, Carroll

HAMPTON

Franklin County Alcoholism Service Center

P.O. Box 73 (Mailing address)

504 Second Avenue, SE 50441

(515) 456-3164

Services: Referral, education, outreach, after-care, intervention and 24-hour availability

Counties: Franklin

HARLAN

See MIADAC, Onawa

HAWARDEN

See ADACSC, Sioux Center

HUMBOLDT

See NCARF, Fort Dodge

IDA GROVE

See Plains Area MHC, LeMars

See SCADA, Sioux City

INDEPENDENCE

Alcohol and Drug Abuse Service Unit

Box 111, Mental Health

Institute 50644

(319) 334-2583

Services: Inpatient treatment, counselor training

Counties: Northeast quadrant of Iowa for treatment; entire state for counselor training

Buchanan County Substance Abuse Agency

P.O. Box 24 (Mailing address)

1413 1st St. West 50644

(319) 334-6163

Services: Outpatient consultation, information and referral, prevention/education

Counties: Buchanan

INDIANOLA

Prevention Concepts (DSA-Funded)

515 N. Jefferson 50125

(515) 961-8830

Services: Prevention

Counties: Dallas, Madison, Marion, Warren

Warren County Alcoholism Service

217 W. Salem 50125

(515) 961-7851

Services: Information, referral, outpatient follow-up

Counties: Warren

IOWA CITY

See U. of Iowa CDC, Oakdale

Mid-Eastern Council on Chemical Abuse

430 Southgate Ave. 52240

(319) 351-4357

Services: Outpatient, residential and halfway house treatment; prevention

Counties: Cedar, Iowa, Johnson, Washington; statewide for residential and halfway house

Halfway House

Voss Recovery House

430 Southgate Ave. 52240

(319) 351-4357

Men's Residential

430 Southgate Ave. 52240

(319) 351-4357

Women's Residential

430 Southgate Ave. 52240

(319) 351-4357

Branch Office

Marengo Office

P.O. Box 366 52301

(319) 642-5528



Tipton Office  
Cedar County Courthouse  
Room B2 52772  
(319) 886-3468

United Action for Youth  
(DSA-Funded)  
311 North Linn 52240  
(319) 338-7518  
Services: Prevention, education,  
alternatives, 24-hour adolescent  
crisis line  
Counties: Johnson

Iowa City Crisis Intervention  
Center  
26 E. Market - Old Brick 52240  
(319) 351-0140  
Services: Intervention, referral  
Counties: Johnson

Iowa City Veterans Administration  
Medical Center  
Highway 6 52240  
(319) 338-0581  
Services: Detox., inpatient,  
outpatient for Veterans  
Counties: Statewide

IOWA FALLS  
See SATUCI, Marshalltown

Hardin County Alcohol & Drug  
Services, Inc.  
We Care  
613½ Washington Ave. 50126  
(515) 648-5051  
Services: Education, preven-  
tion, referral, post treatment,  
EAP  
Counties: Hardin

JEFFERSON  
See Area XII, Carroll

KEOKUK  
See ADDS, Burlington

Personal Problems Service  
Box 515 52632  
(319) 524-4445  
Services: Intervention through  
telephone counseling  
Counties: Keokuk calling area  
(Lee County)

KEOSAUQUA  
See SIEDA, Ottumwa

KNOXVILLE  
Alcohol Treatment Program Unit  
1515 W. Pleasant 50138  
VA Medical Center 50138  
(515) 842-3101, Ext. 426/428  
Services: Inpatient, intermediate/  
residential treatment, vocational  
assessment, family therapy, out-  
patient treatment for Veterans  
Counties: Entire state

Marion County Substance Abuse Agency  
114 E. Robinson 50138  
(515) 828-8178  
Services: Prevention and education  
Counties: Marion

LE MARS  
See SCADA, Sioux City

Plains Area Mental Health Center  
Floyd Valley Hospital  
Highway 3 East 51031  
(712) 546-4624  
Services: Elderly peer  
training program  
Counties: Cherokee, Ida,  
Plymouth, Sioux

Branch Office  
Cherokee Office  
724 N. 1st St. 51012  
(712) 225-4111

Ida Grove Office  
Ida Grove County Courthouse 51445  
(712) 364-3500

Rock Valley Office  
1216 21st Ave. 51247  
(712) 476-5454

LEON  
See ANCDTS, Creston

LOGAN  
See ADAA, Atlantic

MANCHESTER  
See SASC, Dubuque



**MANNING**

Manning General Hospital  
Substance Abuse Treatment Unit  
410 Main St. 51455  
(712) 653-2072  
Services: Assessment, interven-  
tion, referral, inpatient, after-  
care  
Counties: Statewide

**MAQUOKETA**

See ASAC, Cedar Rapids

**MARENGO**

See MECCA, Iowa City

**MARSHALLTOWN**

Substance Abuse Treatment Unit  
of Central Iowa (DSA-Funded  
and Licensed)  
P.O. Box 1453 (Mailing address)  
101 East Main 50158  
(515) 752-7217 or 752-5421  
Services: Outpatient treatment;  
prevention  
Counties: Hardin, Marshall,  
Poweshiek, Tama

Branch Offices

Grinnell Office  
819½ Commercial 50012  
(515) 236-8662

Iowa Falls Office

Hwy. 65, South

Box 114 50126

(515) 648-4651

Toledo Office

P.O. Box 172 (Mailing address)

110 N. Broadway 52342

(515) 484-2222

**MASON CITY**

Chemical Dependency Services of North  
Iowa (DSA-Funded and Licensed)  
22 North Georgia 50401  
(515) 424-2391  
Services: Intervention, evaluation/  
assessment, outpatient, residential,  
halfway house, aftercare, family  
services  
Counties: Cerro Gordo, Floyd,  
Hancock, Kossuth, Mitchell,  
Winnebago, Worth; statewide for  
residential and halfway house

Halfway House

A.J.R. Stueland Recovery House  
229 2nd St., N.E. 50401  
(515) 423-0427

Branch Offices

Algona Office

P.O. Box 307 (Mailing address)  
220 W. Call 50511  
(515) 295-5158

Charles City Office

1202 East Kelly

Hope House 50616

(515) 228-7453

**MC GREGOR**

See SASCC, Elkader

**MONONA**

See SASCC, Elkader

**MONTICELLO**

See ASAC, Cedar Rapids

Harold Hughes Shankland Alcoholism  
Treatment Center

John McDonald Hospital 52310

(319) 465-5079

Services: Inpatient treatment,  
family therapy, aftercare

Counties: Statewide

**MOUNT AYR**

See ANCDTS, Creston



Harold Hughes Treatment Center  
Ringgold County Hospital  
211 Shellway Drive 50854  
(515) 464-2920  
Services: Intervention, detoxi-  
fication, inpatient treatment,  
after-care

#### MOUNT PLEASANT

See ADDS, Burlington

Chemical Dependency Unit  
Mental Health Institute  
1200 East Washington 52641  
(319) 385-7231  
Services: Inpatient treatment  
Counties: Southeast quadrant  
of Iowa

#### MUSCATINE

New Horizons Outpatient Substance  
Abuse Program (DSA-Funded and  
Licensed)  
1518 Mulberry Ave. 52761  
(319) 264-9409  
Services: Intervention, after-  
care, outpatient counseling,  
evaluation, education  
Counties: Muscatine

#### NEVADA

See RSAC, Ames

#### NEW HAMPTON

See NECSA, Waterloo

#### NEWTON

Central Iowa Foundation for  
Alcoholism and Drug Abuse (DSA-  
Funded and Licensed)  
P.O. Box 184 (Mailing address)  
222 First St. South 50208  
(515) 792-2302  
Services: Outpatient, crisis  
intervention, referral, emergency,  
community awareness  
Counties: Jasper, Marion

Branch Office  
Pella Office  
733 Franklin 50219  
(515) 628-9672

Jasper County Substance Abuse  
Prevention Program (DSA-Funded)  
Jasper County Courthouse,  
Room 108 50208  
(515) 792-1064  
Services: Prevention  
Counties: Jasper

#### OAKDALE

University of Iowa Chemical  
Dependency Center  
Oakdale Hall 52319  
(319) 353-4412  
Services: Inpatient treatment  
Counties: Statewide

#### OELWEIN

See ARPSC, Decorah

#### ONAWA

See MIADAC, Denison

#### ORIENT

See ADAA (Zion Treatment Center)  
Atlantic

#### OSCEOLA

See ADAA, Atlantic

#### OSKALOOSA

See SIEDA, Ottumwa

#### OTTUMWA

Southern Iowa Economic Development  
Assn., Area 15 Regional Planning  
Commission, Drug and Alcohol  
Services (DSA-Funded and Licensed)  
Box 658  
226 West Main St. 52501  
(515) 682-8741  
Services: Prevention, outpatient  
treatment; residential  
Counties: Appanoose, Davis,  
Jefferson, Keokuk, Lucas, Mahaska,  
Monroe, Van Buren, Wapello, Wayne;  
statewide for residential

Residential Facility  
Turning Point  
Building 4  
9th and College  
Industrial Airport 52501  
(515) 682-8471, Ext. 60



Branch Offices

Albia Office

Law Enforcement Center  
103 Second Avenue, West 52531  
(515) 932-7815

Bloomfield Office

Board of Supervisors Office  
County Courthouse 52537  
(515) 664-2344

Centerville Office

2nd Floor, Room 5  
317 N. 13th St. 52544  
(515) 856-3112

Chariton Office

City Hall, 115 South Main 50049  
(515) 774-8279

Corydon Office

Room 302, Courthouse 50060  
(515) 872-1676 (through the  
Recorder's office)

Fairfield Office

103 E. Adams 52556  
(515) 472-5834

Keosauqua Office

Magistrate's Office, Court-  
house 52565  
(319) 293-3413

Oskaloosa Office

Mahaska County Hospital  
Rooms 334 and 336  
1229 C Ave. East 52577  
(515) 673-8609

Sigourney Office

Courthouse Annex 52591  
(515) 622-3410

St. Joseph Hospital

Harold Hughes Hall  
312 East Alta Vista Avenue  
52501  
(515) 684-4651, Ext 359  
Services: Evaluation, pre-  
treatment, intervention, con-  
sultation to business and  
industry, outpatient treatment,  
family counseling, inpatient  
medical detox, prevention  
Counties: Southeast quadrant  
of Iowa

Branch Office

Project Crossroads (OWI intervention)  
312 E. Alta Vista Ave. 52501  
(515) 684-4651, Ext. 337

Southern Prairie Area Education  
Agency 15 (DSA-Funded)

Rt. 5, Box 55  
Industrial Airport 52501  
(515) 682-8591  
Services: Prevention and  
education  
Counties: Appanoose, Davis,  
Jefferson, Keokuk, Lucas,  
Mahaska, Monroe, Van Buren,  
Wapello, Wayne

PELLA

See CIFADA, Newton

PERRY

See ADAA, Atlantic

POCAHONTAS

See NCARF, Fort Dodge

POSTVILLE

See ARPSC, Decorah

RED OAK

See ADAA, Atlantic

ROCK RAPIDS

See NWIADTU, Spirit Lake

ROCK VALLEY

See Plains Area MHC, LeMars

ROCKWELL CITY

See NCARF, Fort Dodge

SAC CITY

See Area XII, Carroll

SARGEANT BLUFF

Native American Alcohol Treatment  
Program, Inc. (DSA-Funded and  
Licensed)  
Box 790-A 51054  
(712) 277-9416  
Services: Residential treat-  
ment and education for Native  
Americans  
Counties: Statewide



SHELDON  
See NWIADTU, Spirit Lake

SIDNEY  
See ADAA, Atlantic

SIGOURNEY  
See SIEDA, Ottumwa

SIOUX CENTER  
Alcoholism and Drug Abuse Center  
for Sioux County (DSA-Funded and  
Licensed)  
605 S. Main 51250  
(712) 722-3995  
Services: Assessment, outpatient  
counseling, intervention, community  
awareness  
Counties: Sioux

Branch Office  
Hawarden Office  
Hawarden Community Hospital  
1111 11th Street 51023  
(712) 552-1121

SIOUX CITY  
Siouxland Council on Alcoholism  
and Drug Abuse (DSA-Funded and  
Licensed)  
2825 Douglas Street 51104  
(712) 277-1163  
Services: Evaluation, interven-  
tion, outpatient therapy, family/  
group/individual counseling,  
halfway house treatment, after-  
care  
Counties: Cherokee, Ida, Plymouth,  
Sioux, Woodbury; statewide for  
halfway house

Halfway House  
Leave Facilities  
Douglas House  
2325 Douglas St. 51104  
(712) 252-0852

Grandview House (men)  
1800 Grandview 51104  
(712) 258-4776

Jackson Street Manor I (women)  
2309 Jackson Street 51104  
(712) 258-5424

Jackson Street Manor II  
(women)  
2201 Jackson Street 51104  
(712) 277-2063

Branch Offices  
Cherokee Office  
724 N. 1st 51012  
(712) 225-5856

Ida Grove Office  
P.O. Box 127 (Mailing address)  
Ida County Courthouse 51445  
(712) 364-2438

Le Mars Office  
P.O. Box 5 (Mailing address)  
323 Plymouth Street, N.E. 51031  
(712) 546-7868

A.I.D. Center  
206 6th St. 51101  
(712) 252-1861  
Services: Information, referral,  
crisis intervention  
Counties: Cherokee, Ida, Monona,  
Plymouth, Woodbury

Gordon Chemical Dependency Center  
(DSA-Licensed and Funded)  
507 27th St. 51104  
(712) 258-4578  
Services: Adolescent inpatient,  
outpatient, residential program  
for young men and women, continuing  
care, family  
Counties: Statewide

Marian Health Center  
Chemical Dependency Unit  
2102 Court Street 51102  
(712) 279-2480  
Services: Diagnostic evaluation,  
detox, inpatient, after-care,  
intervention, outpatient  
Counties: Statewide

Siouxland Mental Health Center  
2101 Court Street 51105  
(712) 252-3871  
Services: After-care counseling  
Counties: Woodbury



Indian Youth of American, Inc.  
(DSA-Funded)  
4509 Stone Ave. Box 2786 51106  
(712) 276-0794  
Services: Information, referrals,  
education for Indian youth and  
their families  
Counties: Woodbury

SPENCER  
See NWIADTU, Spirit Lake

SPIRIT LAKE  
Northwest Iowa Alcoholism and  
Drug Treatment Unit, Inc. (DSA-  
Funded and Licensed)  
P.O. Box 0 (Mailing address)  
Dickinson County Memorial  
Hospital 51360  
(712) 336-4560  
Services: Outpatient treatment,  
prevention  
Counties: Buena Vista, Clay,  
Dickinson, Emmet, Lyon, O'Brien,  
Osceola, Palo Alto

Branch Offices  
Estherville Office  
2nd Floor, Holy Family Hospital 51334  
(712) 362-2252

Rock Rapids Office  
402 South Second Avenue 51246  
(712) 472-3442

Sheldon Office  
203 Wyman 51201  
(712) 324-3276

Spencer Office  
201 East 11th Street 51301  
(712) 262-5273

Storm Lake Office  
804 Oneida 50588  
(712) 732-5136

STORM LAKE  
See NWIADTU, Spirit Lake

STRAWBERRY POINT  
See SASCC, Elkader

TAMA  
Mesquakie Alcohol-Drug Abuse Center  
RR #2, Box 56-C 52339  
(515) 484-4903  
Services: Outpatient, family  
counseling, employee assistance  
for Native Americans  
Counties: Tama

TOLEDO  
See SATUCI, Marshalltown

VINTON  
See ASAC, Cedar Rapids

WAPELLO  
See ADDS, Burlington

WASHINGTON  
Washington Outreach Center  
219½ W. Main 52353  
P.O. Box 538  
(319) 653-7749 or 7750  
Services: Education, preven-  
tion, referral  
Counties: Washington

WATERLOO  
See AEA 7, Cedar Falls

Northeast Council on Substance  
Abuse (DSA-Funded and Licensed)  
2222 Falls Avenue 50701  
(319) 235-6571  
Services: Outpatient, residen-  
tial treatment, prevention,  
evaluation, intervention,  
family counseling, after-care  
Counties: Black Hawk, Bremer,  
Buchanan, Butler, Chickasaw,  
Grundy; statewide for residential

Residential Facility  
NECSA Recovery House  
2222 Falls Ave. 50701  
(319) 232-6960

Branch Offices  
New Hampton Office  
7 W. Main St. 50659  
(515) 394-3172



Waverly Office  
P.O. Box 669  
201 1st St., SE 50677  
(319) 352-1353

Schoitz Memorial Hospital  
Chemical Dependency Unit  
Ridgeway and Kimball 50702  
(319) 291-3542  
Services: Adult, adolescent,  
outpatient, family and community  
education programs  
Counties: Statewide

**WAUKON**

See ARPSC, Decorah

Allamakee County Substance  
Abuse Program  
Allamakee County Courthouse 52172  
(319) 568-2204  
Services: Prevention, education,  
referral and post-treatment  
Counties: Allamakee

**WAVERLY**

See NECSA, Waterloo

**WEBSTER CITY**

See NCARF, Fort Dodge

**WEST UNION**

See ARPSC, Decorah

**WINTERSET**

See ANCDTS, Creston



F. Mental Health Services



Four mental health centers in the state received Stewart B. McKinney funds to provide mental health outreach services to the homeless. These projects include:

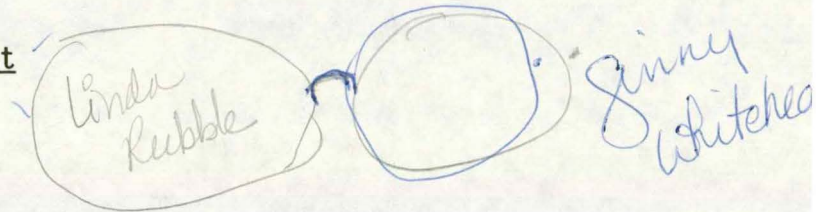
a) Project HOPE

Abbe Center for Community Mental Health  
520 11th Street, NW  
Cedar Rapids, Iowa 52405  
319/352-3562

The Project HOPE Outreach Team is comprised of four mental health professionals who utilize outreach and referrals to identify individuals in need of mental health services. Following referral the patient's needs are assessed and a treatment plan is implemented.

b) Broadlawn Homeless Outreach Project

Broadlawn Medical Center  
18th & Hickman  
Des Moines, Iowa 503  
515/282-2599



The Broadlawn mental health program provides intensive case management for homeless persons who are chronically mentally ill. Screening is done at several clinic sites, including five shelters and two community centers. When appropriate, referrals are made to other resources.

c) Dubuque/Jackson County Mental Health Center

Mercy Drive  
Dubuque, Iowa 52001

The Dubuque/Jackson County Mental Health Center provides a variety of free services to mentally ill homeless persons, including: outreach, crisis intervention, referrals, case management, and supportive services to individuals in residential facilities.

d) Black Hawk-Grundy Mental Health Center

Community Support Center  
907 Independence  
Waterloo, Iowa 50703

The four mental health professionals on the Black Hawk-Grundy Mental Health Outreach Team utilize strong community linkages with other service agencies to provide a broad range of services to mentally ill homeless persons. In addition, individuals receive assistance in developing social and daily living skills through the Mental Health Center's Community Support Program.



### Community Mental Health Centers

The community mental health centers located throughout the state provide a variety of services through their community support programs. Most services are available on a sliding fee scale.

Abbe Center for Community Mental Health, Inc.  
520 11th Street, NW  
Cedar Rapids, Iowa 52405

Mid-Iowa Service Center of Lutheran Social Service of Iowa  
1323 Northwestern  
Ames, Iowa 50010

Benton County Mental Health Center  
309 First Avenue  
P.O. Box 286  
Vinton, Iowa 52349

Black Hawk/Grundy County Health Center  
3251 West Ninth Street  
Waterloo, Iowa 50702

Cedar Valley Mental Health Center  
112 2nd Street, NW  
Waverly, Iowa 50677

Central Iowa Mental Health Center  
713 South Duff  
Ames, Iowa 50010

Vera French Community Mental Health Center  
1441 West Central Park Avenue  
Davenport, Iowa 52804

Crossroads Mental Health Center  
1700 West Townline  
Creston, Iowa 50801

Des Moines Child Guidance Center  
1206 Pleasant  
Des Moines, Iowa 50309

Dubuque/Jackson Mental Health Center  
Mercy Drive  
Mercy Health Center, St. Joseph  
Dubuque, Iowa 52001

Northeast Iowa Mental Health Center  
305 Montgomery Street  
Decorah, Iowa 52101

Great River Mental Health Center  
101 West Mississippi Drive  
Suite 200  
Muscatine, Iowa 52761

Jasper County Mental Health Center  
2009 First Avenue East  
Newton, Iowa 50208

Lee County Mental Health Center  
1013 Concert Street  
Keokuk, Iowa 52632

Mental Health Center-Clinton County  
320 Tucker Building  
Clinton, Iowa 52732

Mental Health Center of Mid-Iowa  
1 North 4th Avenue  
Marshalltown, Iowa 50158

Mental Health Center of North Iowa  
235 South Eisenhower  
RR #1, Box 89A  
Mason City, Iowa 50401

Mental Health Centers-Western Iowa  
147 North 7th Street  
Denison, Iowa 51442

Mercy Mental Health Center  
Executive Building, Suite 404  
427 East Washington Avenue  
Council Bluffs, Iowa 51501

Mid-Eastern Iowa Community Mental Health Center  
505 East College Street  
Iowa City, Iowa 52240

North Central Iowa Mental Health Center  
908 First Avenue S., M-21  
Fort Dodge, Iowa 50501

Mental Health Clinic of Tama County  
1307 South Broadway  
Toledo, Iowa 52342



Northwest Iowa Mental Health Center  
201 East 1th Street  
Spencer, Iowa 51301

Waubonsie Mental Health Center  
P.O. Box 457  
Clarinda, Iowa 51632

Plains Area Mental Health Center  
Highway 3 East  
LeMars, Iowa 51031

Polk County Mental Health Center  
1301 Center Street  
Des Moines, Iowa 50309

Poweshiek County Mental Health Center  
96 Fourth Avenue  
Grinnell, Iowa 50112

Rathbun Area Mental Health Center  
211 East State Street  
P.O. Box 886  
Centerville, Iowa 52544

Siouxland Mental Health Center  
625 Court Avenue  
Sioux City, Iowa 51101-1919

South Central Mental Health Center  
Mahaska Hospital Building  
1229 C. Avenue, East  
Oskaloosa, Iowa 52577

Southeastern Iowa Mental Health Center  
Mercy Professional Bldg., 3rd Floor  
407 North 4th  
Burlington, Iowa 52601

Southern Iowa Mental Health Center  
219 North Court  
Ottumwa, Iowa 52501

Southwest Iowa Mental Health Center  
1408 East 10th  
Atlantic, Iowa 50022

West Central Mental Health Center  
2111 West Green Street  
Adel, Iowa 50003



G. Physical Health Services



### Community Health Care

Several location in Iowa offer low cost medical care to low income persons in need. These include:

Community Health Care  
428 Western Avenue  
Davenport, Iowa  
319/326-8754

East Side Clinic  
747 East Sixth  
Davenport, Iowa  
319/323-6516

Broadlawns Medical Center  
18th & Hickman  
Des Moines, Iowa  
515/282-2253

Free Medical Clinic  
120 North Dubuque  
Iowa City, Iowa  
319/337-4459

People's Community Health Clinic  
403 Sycamore  
Waterloo, Iowa  
319/236-1332

In addition, county general relief offices administer a "state papers" program in conjunction with the University of Iowa Hospitals and Clinics. Through this program, individuals certified by their county general relief office receive free medical care at the University of Iowa in Iowa City.

Serveral hospitals in the state are part of the federal Hill-Burton program. The hospitals are required to provide uncompensated services free or at reduced cost to low income persons to a point where they meet their uncompensated service obligation. The following list indicates Hill-Burton hospitals in Iowa, their location, and their obligation expiration date. As some hospitals meet their obligation before the expiration date, it is best to check with the hospitals concerning the availability of Hill-Burton funds.

<u>City</u>	<u>Hospital</u>	<u>Obligation Expiration</u>
Carroll	St. Anthony's Hospital	08/91
Cedar Rapids	Mercy Hospital	09/96
Cedar Rapids	Rehabilitation Center for Children	05/94
Chariton	Lucas County Memorial Hospital	07/90
Cherokee	Sioux Valley Memorial Hospital	03/91
Clinton	Jane Lamb Memorial Hospital	08/90
Council Bluffs	Mercy Hospital	02/91



<u>City</u>	<u>Hospital</u>	<u>Obligation Expiration</u>
Davenport	Family Community Health Center	10/97
Decorah	Winneshiek County Memorial Hospital	02/91
Des Moines	Broadlawns Medical Center	11/97
Des Moines	Des Moines Rehabilitation Center	03/91
Des Moines	Iowa Methodist Medical Center	12/98
Des Moines	Neighborhood Health Centers	03/94
Dubuque	Mercy Health Center-St. Joseph's	01/90
Fairfield	Jefferson County Hospital	06/90
Forest City	Forest City Community Hospital	02/97
Fort Dodge	Trinity Regional Hospital	03/92
Grundy Center	Grundy County Memorial Hospital	07/91
Hampton	Franklin General Hospital	08/91
Iowa City	Family Practice Center	07/96
Iowa City	Mercy Hospital	06/90
Iowa City	University of Iowa Hospitals & Clinics	08/98
Jefferson	Greene County Medical Center	06/91
Lake City	Stewart Memorial Community Hospital	04/96
LeMars	Floyd Valley Hospital	10/96
Leon	Decatur County Hospital	05/91
Manchester	Delaware County Memorial Hospital	05/97
Marshalltown	Pleasant Hill Treatment Center	08/98
Mt. Pleasant	Henry County Memorial Hospital	12/89
Newton	Mary Frances Skiff Memorial	08/93
Orange City	Orange City Municipal Hospital	09/97
Polk City	Polk City Family Center	03/98
Sioux Center	Sioux Center Community Hospital	04/94
Sioux City	St. Luke's Medical Center	02/92
Spencer	Spencer Municipal Hospital	03/96
Spirit Lake	Dickinson County Memorial Hospital	01/96



### Maternal/Child Health Clinics

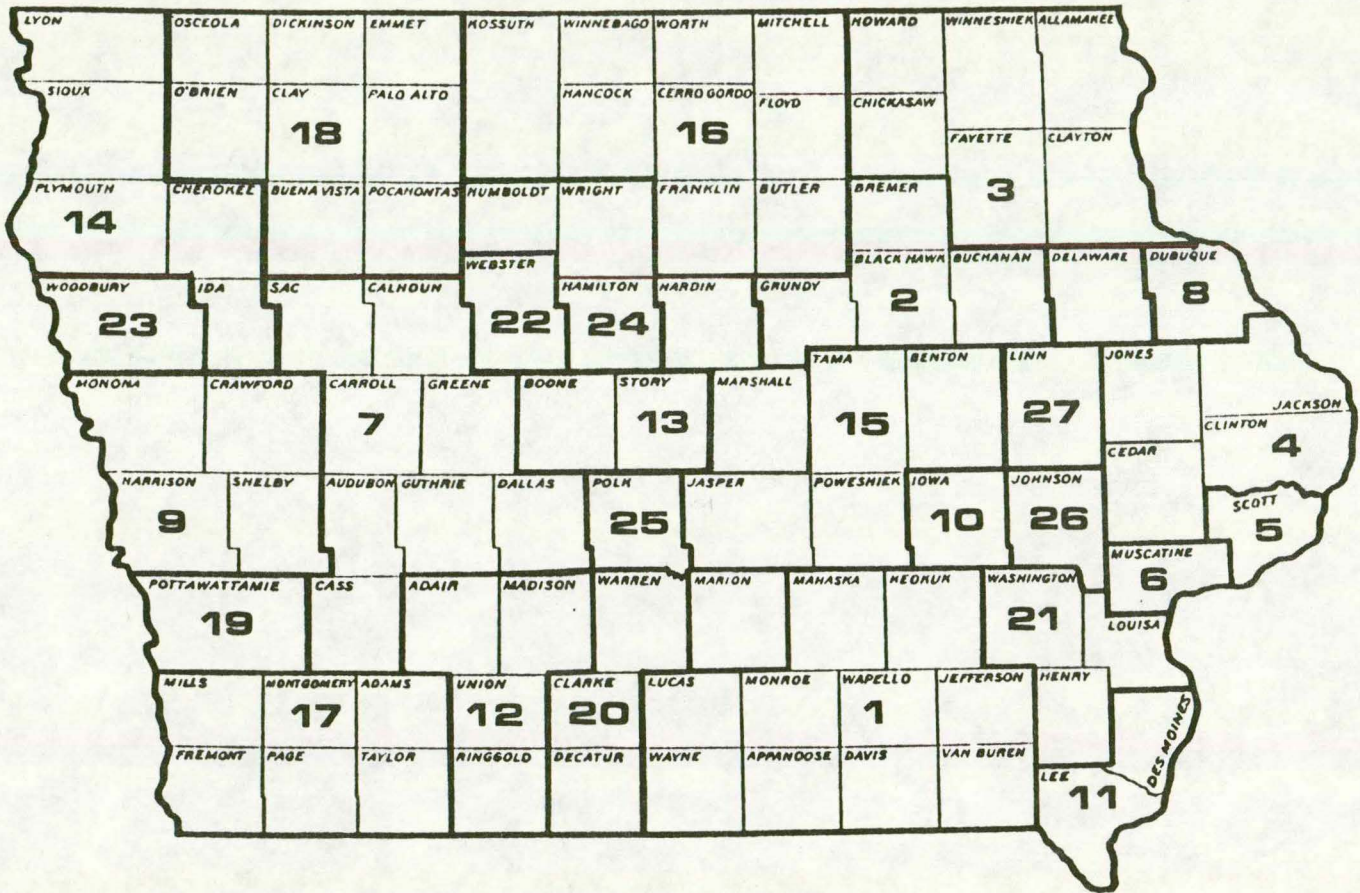
Women in childbearing years and children under 21 can receive a variety of health services through maternal and child health clinics located throughout the state. Services are free to families under 150% of the Federal Poverty Guidelines and available on a sliding fee scale for families over 150% of the Federal Poverty Guidelines.

Maternal health services include prenatal care, pregnancy information, nutritional and dental evaluation, assessment and monitoring of high risk pregnancies, and post-partum services.

Child health services include health appraisal, developmental screening, vision, hearing, and speech screening, nutritional and dental assessments, and immunizations.

The maps on the next two pages identify clinic locations and give their service areas.





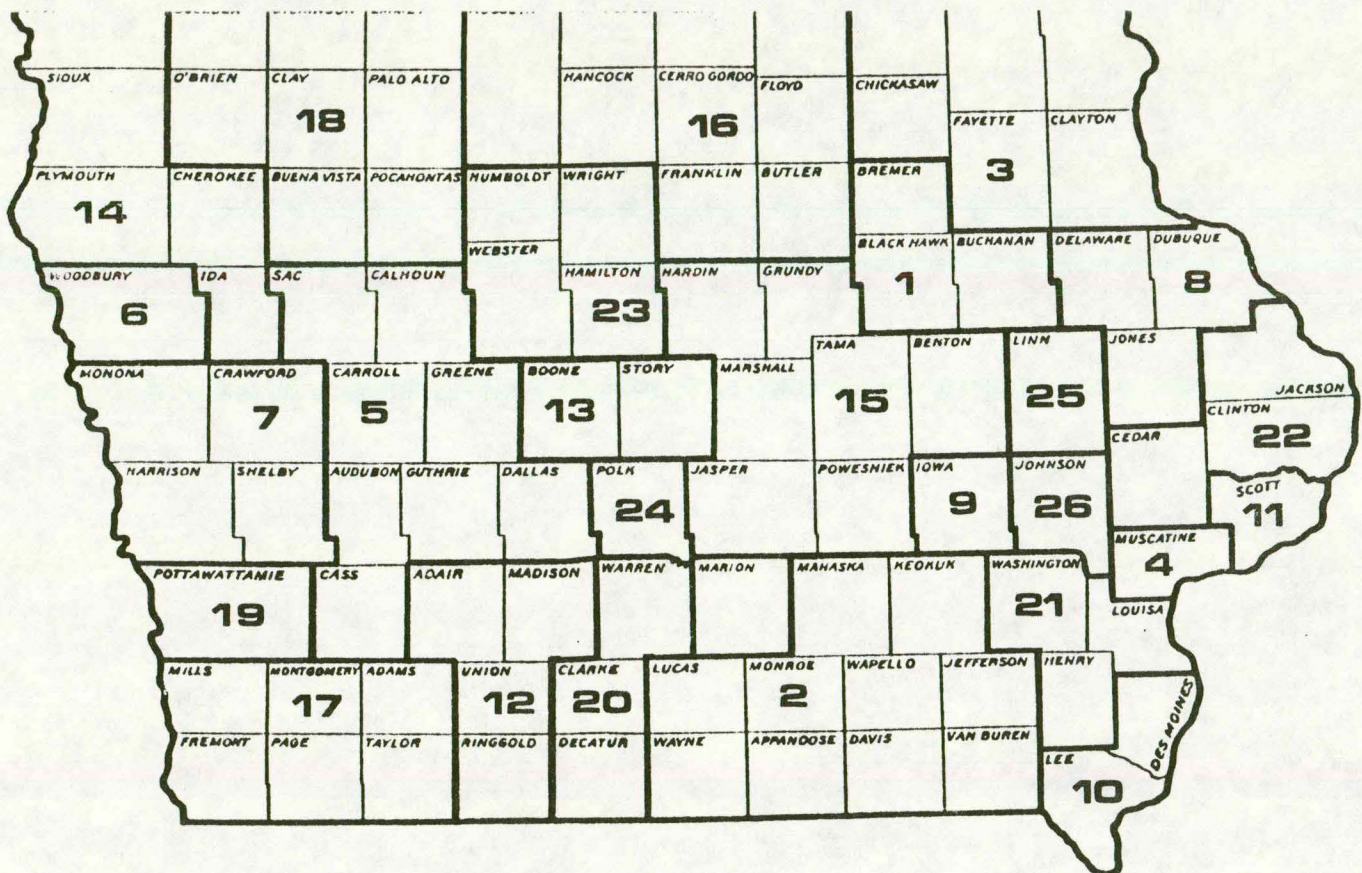
### CHILDREN'S HEALTH SERVICES

FUNDED BY THE IOWA DEPARTMENT OF PUBLIC HEALTH:

- |   |   |   |
|---|---|---|
| <ol style="list-style-type: none"> <li>1. American Home Finding Association<br/>317 Vanness Avenue<br/>Ottumwa, Iowa 52501<br/>(515) 682-8784</li> <li>2. Black Hawk County Child Health Center<br/>403 Sycamore, Suite 3<br/>Waterloo, Iowa 50703<br/>(319) 291-2732</li> <li>3. Clayton County PHNS<br/>County Office Bldg., Box 522<br/>Elkader, Iowa 52043<br/>(319) 245-1145</li> <li>4. Clinton County Nursing &amp; Homemaker Service<br/>1021 - 11th Street<br/>DeWitt, Iowa 52742<br/>(319) 659-5548</li> <li>5. Community Health Care, Inc.<br/>428 Western Avenue<br/>Davenport, Iowa 52801<br/>(319) 322-7899</li> <li>6. Community Medical Services<br/>1616 Cedar Street, 2nd Floor<br/>Muscatine, Iowa 52761<br/>(319) 263-0122</li> <li>7. Community Opportunities, Inc.<br/>603 West Eighth Street<br/>Carroll, Iowa 51401<br/>(712) 792-9266</li> <li>8. Dubuque Visiting Nurse Assoc.<br/>15th &amp; Iowa Streets<br/>Dubuque, Iowa 52001<br/>(319) 556-6200</li> <li>9. Harrison County PHNS<br/>Courthouse<br/>Logan, Iowa 51546<br/>(712) 644-3436</li> <li>10. Iowa County Department of Health<br/>R. R. #1, Box 15A<br/>Williamsburg, Iowa 52361<br/>(319) 668-1021</li> </ol> | <ol style="list-style-type: none"> <li>11. Lee County Health Department<br/>933 Avenue H, Box 427<br/>Ft. Madison, Iowa 52627<br/>(319) 372-5225</li> <li>12. Matura Action Corporation<br/>203 West Adams Street<br/>Creston, Iowa 50801<br/>(515) 782-8431</li> <li>13. Mid-Iowa Community Action, Inc.<br/>1500 East Linn Street<br/>Marshalltown, Iowa 50158<br/>(515) 752-7162</li> <li>14. Mid-Sioux Opportunity, Inc.<br/>418 Marion Street<br/>Remsen, Iowa 51050<br/>(712) 786-2001</li> <li>15. Mother Child Wellness Program<br/>Home Health Dept./Grinnell General Hospital<br/>4th Avenue &amp; Reed Street<br/>Grinnell, Iowa 50112<br/>(515) 236-8154</li> <li>16. North Iowa Community Action Program<br/>300 - 15th Street, N.E.<br/>Mason City, Iowa 50401<br/>(515) 423-5406</li> <li>17. Taylor County PHNS<br/>Courthouse<br/>Bedford, Iowa 50833<br/>(712) 523-3405</li> <li>18. Upper Des Moines Opportunities, Inc.<br/>905 Lake Street, P. O. Box 98<br/>Emmetsburg, Iowa 50536<br/>(712) 852-3866</li> <li>19. Visiting Nurse Association of Council Bluffs<br/>209 Pearl Street<br/>Council Bluffs, Iowa 51501<br/>(712) 328-2636</li> <li>20. Warren County Health Department<br/>215 W. Salem, Box 345<br/>Indianola, Iowa 50125<br/>(515) 961-1074</li> </ol> | <ol style="list-style-type: none"> <li>21. Washington County PHNS<br/>314 McCreedy Drive<br/>Washington, Iowa 52353<br/>(319) 653-7758</li> <li>22. Webster County Board of Health<br/>602 Third Avenue, North<br/>Ft. Dodge, Iowa 50501<br/>(515) 573-4107</li> <li>23. Woodbury County Community Action Program<br/>2700 Leech Avenue<br/>Sioux City, Iowa 51106<br/>(712) 274-1610</li> <li>24. Your Own United Resources<br/>613 - 1st Street, Box 428<br/>Webster City, Iowa 50595<br/>(515) 832-6451</li> <li>25. Broadlawn Medical Center<br/>18th &amp; Hickman Road<br/>Des Moines, Iowa 50314<br/>(515) 282-2331 - Pediatrics</li> <li>25. Des Moines Health Center<br/>Suite 190<br/>1111 Ninth Street<br/>Des Moines, Iowa 50314<br/>(515) 244-9136</li> <li>26. Johnson County Health Department<br/>1105 Gilbert Court<br/>Iowa City, Iowa 52240<br/>(319) 356-6045</li> <li>27. VNA of Linn County<br/>400 Third Avenue, S.E.<br/>Cedar Rapids, Iowa 52401<br/>(319) 369-7990</li> </ol> |
|---|---|---|

FUNDED BY OTHER SOURCES





### MATERNAL HEALTH SERVICES

FUNDED BY THE IOWA DEPARTMENT OF PUBLIC HEALTH:

- |   |   |  |
|---|---|--|
| <p>1. Allen Memorial Hospital<br/>Maternal Health<br/>403 Sycamore, Suite #1<br/>Waterloo, Iowa 50703<br/>(319) 291-7104</p> <p>2. American Home Finding Association<br/>317 Vanness Avenue<br/>Ottumwa, Iowa 52501<br/>(515) 682-8784</p> <p>3. Clayton County PHNS<br/>County Office Bldg., Box 522<br/>Elkader, Iowa 52043<br/>(319) 245-1145</p> <p>4. Community Medical Services<br/>Family Planning &amp; Prenatal Clinic<br/>1616 Cedar Street, 2nd Floor<br/>Muscatine, Iowa 52761<br/>(319) 263-0122</p> <p>5. Community Opportunities, Inc.<br/>603 West Eighth Street<br/>Carroll, Iowa 51401<br/>(712) 792-9266</p> <p>6. Florence Crittenton Home<br/>1105 - 28th Street<br/>Sioux City, Iowa 51104<br/>(712) 255-4321</p> <p>7. Harrison County PHNS<br/>Courthouse<br/>Logan, Iowa 51546<br/>(712) 644-3436</p> <p>8. Hillcrest Family Services<br/>2005 Asbury Road, Box 1160<br/>Dubuque, Iowa 52001<br/>(319) 583-7357</p> <p>9. Iowa County Department of Health<br/>R. R. #1, Box 15A<br/>Williamsburg, Iowa 52361<br/>(319) 668-1021</p> | <p>11. Maternal Health Center<br/>Bettendorf Bank Building<br/>4th Floor, Suite 400<br/>Duck Creek Plaza<br/>852 Middle Road<br/>Bettendorf, Iowa 52722<br/>(319) 359-6633</p> <p>12. MATURA Action Corporation<br/>203 West Adams Street<br/>Creston, Iowa 50801<br/>(515) 782-8431</p> <p>13. Mid-Iowa Community Action, Inc.<br/>1500 East Linn Street<br/>Marshalltown, Iowa 50158<br/>(515) 752-7162</p> <p>14. Mid-Sioux Opportunity, Inc.<br/>418 Marion Street<br/>Remsen, Iowa 51050<br/>(712) 786-2001</p> <p>15. Mother &amp; Child Wellness Program<br/>Home Health Dept./Grinnell General<br/>Hospital<br/>4th Avenue &amp; Reed Street<br/>Grinnell, Iowa 50112<br/>(515) 236-8154</p> <p>16. North Iowa Community Action Program<br/>300 - 15th Street, N.E.<br/>Mason City, Iowa 50401<br/>(515) 423-5044</p> <p>17. Taylor County PHNS<br/>Courthouse<br/>Bedford, Iowa 50833<br/>(712) 523-3405</p> <p>18. Upper Des Moines Opportunities, Inc.<br/>905 Lake Street, P. O. Box 98<br/>Emmetsburg, Iowa 50536<br/>(712) 852-3866</p> | <p>19. Visiting Nurse Association of<br/>Council Bluffs<br/>209 Pearl Street<br/>Council Bluffs, Iowa 51501<br/>(712) 328-2636</p> <p>20. Warren County Health Department<br/>215 W. Salem, Box 345<br/>Indianola, Iowa 50125<br/>(515) 961-1074</p> <p>21. Washington County PHNS<br/>314 McCreedy Drive<br/>Washington, Iowa 52353<br/>(319) 653-7758</p> <p>22. Women's Health Services<br/>300 Tucker Building<br/>Clinton, Iowa 52732<br/>(319) 243-1413</p> <p>23. Your Own United Resources<br/>613 - 1st Street, Box 428<br/>Webster City, Iowa 50595<br/>(515) 832-6451</p> |
|---|---|--|

FUNDED BY OTHER SOURCES:

24. Broadlawns Medical Center  
Obstetrics Clinic  
18th & Hickman Road  
Des Moines, Iowa 50314  
(515) 282-2340
25. St. Luke's Methodist Hospital  
Obstetrics Clinic  
1026 "A" Avenue, N.E.  
Cedar Rapids, Iowa 52402  
(319) 369-7416
26. University of Iowa Hospitals  
and Clinics  
Obstetrics Clinic  
Iowa City, Iowa 52242  
(319) 356-2294



Low-cost dental service for children under 18 is provided in the following locations:

Des Moines Health Center  
Children's Dental Health Care Program  
Hawley Building  
700 6th Avenue  
Des Moines, Iowa 50309  
515/244-9136

(Parents must live or work in Polk County or be residents of Dallas, Madison, or Warren Counties)

Linn County Dental Health Center  
Dental Care Program for Children  
St. Luke's Hospital  
1026 A Avenue, NE  
Cedar Rapids, Iowa 52402  
319/369-7730  
(Residents of Linn County)

Dental Care for Persons with Disabilities  
University Hospital School  
University of Iowa  
Iowa City, Iowa 52242  
319/356-1517



## H. Educational/Literacy Services



Community colleges provide a variety of educational opportunities, including literacy education, adult basic education (ABE), high school equivalency, and post-secondary education and training. Literacy education and ABE are free; there is a \$10 charge for the high school equivalency program. The per credit cost for other courses varies; call the college in your area for more information.

<u>City</u>	<u>Area</u>	<u>College</u>
Ankeny 50021	XI	Des Moines Area Community College* 2006 S.W. Ankeny Blvd. 515/964-6200
Calmar 52132	I	Northeast Iowa Technical Institute* P.O. Box 400 319/562-3263
Cedar Rapids 52406	X	Kirkwood Community College P.O. Box 2068 6301 Kirkwood Blvd. SW 319/398-5501
Council Bluffs 51502	XIII	Iowa Western Community College* P.O. Box 42 2700 College Road 712/325-3200
Creston 50801	XIV	Southwestern Community College 1501 West Townline P.O. Box 458 515/782-7081
Davenport 52803	IX	Eastern Iowa Community College* 2804 Eastern Avenue 319/322-5015
Estherville 51334	III	Iowa Lakes Community College* 19 South 7th Street 712/362-2601
Fort Dodge 50501	V	Iowa Central Community College* 330 Avenue M 515/576-3103
Marshalltown 50158	VI	Iowa Valley Community College* P.O. Box 536 3700 South Center Street 515/752-4643
Mason City 50401	II	North Iowa Area Community College 500 College Drive 515/421-4200



<u>City</u>	<u>Area</u>	<u>College</u>
Ottumwa 52501	XV	Indian Hills Community College* Grandview & Elm 515/683-5181
Sheldon 51201	IV	Northwest Iowa Technical College Highway 18 West 712/324-2587
Sioux City 51102	XII	Western Iowa Tech Community College 4647 Stone Avenue P.O. Box 265 712/276-0380
Waterloo 50704	VII	Hawkeye Institute of Technology 1501 East Orange Road P.O. Box 8015 319/296-2320
West Burlington 52655	XVI	Southeastern Community College* Drawer F Highway 406 319/752-2731

\* Area Schools with more than one major campus.

Iowa's three state universities also offer a variety of opportunities for post-secondary education. In addition, many different types of financial aid are available for those with need. For more information, call:

Iowa State University  
Ames, Iowa 50011  
515/294-4111

University of Iowa  
Iowa City, Iowa 52242  
319/353-2121

University of Northern Iowa  
Cedar Falls, Iowa 50613  
319/273-2311



I. Legal Services/Advocacy Organizations



## Legal Assistance

There are three types of organizations in the state that provide legal services and/or representation for low income persons. These organizations include:

- A) Legal Services Corporation - Legal services provides counsel for low income persons. Counsel is available for housing, health rights, public benefits, employment, consumer protection, education, institutional care, and legal education. Lawyer services are free; however, client may have to pay filing and discovery fee.
- B) Legal Aid Society - Provide legal services for civil law cases. Clients pay court costs.
- C) Public Defenders - Represent indigent clients charged with felonies, indictable misdemeanors, and misdemeanor crimes. Appointed by judge.

Local offices for these services are listed below.

Legal Services Corporation of Iowa  
315 East Fifth Street, Suite 22  
Des Moines, Iowa 50309  
515/243-2151  
1-800-532-1275

Iowa City Regional Office  
430 Iowa Avenue  
Iowa City, Iowa 52240  
319/351-6570  
1-800-272-0008

Cedar Rapids Regional Office  
Suite 400, Paramount Building  
305 Second Street, SE  
Cedar Rapids, Iowa 52401  
319/364-6108  
1-800-332-0419

North Central Regional Office  
Suite 220 Mohawk Square  
22 North Georgia  
Mason City, Iowa 50401  
515/423-4651  
1-800-392-0021

Southwest Regional Office  
300 Smith-Davis Building  
532 1st Avenue  
Council Bluffs, Iowa 51501  
712/328-3982  
1-800-432-9229

Southeast Regional Office  
106 North Market  
Ottumwa, Iowa 52501  
515/683-3166  
1-800-452-0007

Northeast Regional Office  
Suite 280, Nesler Center  
Town Clock Plaza  
Dubuque, Iowa 52001  
319/588-4653  
1-800-942-4619

Northwest Regional Office  
215 Commerce Building  
520 Nebraska Street  
Sioux City, Iowa 51101  
712/277-8686  
1-800-352-0017

South Central Regional Office  
315 East Fifth Street, Suite 25  
Des Moines, Iowa 50309  
515/280-3636  
1-800-532-1503

Help Legal Assistance  
609 Putnam Building  
215 Main Street  
Davenport, Iowa 52801  
319/322-6216



Waterloo Regional Office  
708 1st National Building  
Sycamore & East Fourth  
Waterloo, Iowa 50703  
319/235-7008  
1-800-772-0039

#### INDEPENDENT LEGAL AID SOCIETIES

Polk County Legal Aid  
808 Fifth Street  
Des Moines, Iowa 50309  
515/243-1193

Muscatine Legal Aid  
316 Walnut  
Muscatine, Iowa 52761  
319/263-8663

Story County Legal Aid  
937 Sixth Street  
Nevada, Iowa 50201  
515/382-6581

#### PUBLIC DEFENDER OFFICES

Black Hawk County Public Defender  
Black Hawk County Courthouse  
316 East Fifth  
Waterloo, Iowa 50703  
319/291-2535

Muscatine County Public Defender  
1102 Park Avenue  
Muscatine, Iowa 52761  
319/264-5523

Lee County North-Public Defender  
707 (42) Avenue G  
Fort Madison, Iowa 52627  
319/372-3887

Cerro Gordo Public Defender  
714 Brick and Tile Building  
Mason City, Iowa 50401  
515/423-4181

Lee County South-Public Defender  
103 Masonic Building  
Seventh & Blondeau Street  
Keokuk, Iowa 52632  
319/524-3938

Linn County Public Defender  
214 First Street, SW  
Cedar Rapids, Iowa 52404  
319/398-3690

Pottawattamie Co. Public Defender  
Pottawattamie Co. Courthouse Annex  
223 South Sixth Street  
Council Bluffs, Iowa 51501  
712/328-4835

Polk County Citizens Advocate  
506 Insurance Exchange Bldg.  
515 Fifth Street  
Des Moines, Iowa 50309  
515/286-3888

Story County Public Defender  
820 Sixth Street  
Nevada, Iowa 50201  
515/382-6581

Public Defender 8-B Judicial Dist.  
415 Tama Building  
323 North Third Street  
Burlington, Iowa 52601  
319/753-5163

Woodbury County Public Defender  
411 Seventh Street  
Sioux City, Iowa 51101  
712/279-6363



## Advocacy Organizations

Throughout the state, many different organizations provide advocacy in a variety of areas for homeless persons.

### Welfare Advocacy

Advocator-Welfare Answering Service  
P.O. Box 2455  
Waterloo, Iowa 50704  
319/234-4141  
1-800-772-7063

### Advocacy on Housing/Homelessness Issues

H.O.M.E., Inc.  
1111 9th Street, Suite 210  
Des Moines, Iowa 50314  
515/243-1277

Housing Discrimination Hotline  
1-800-424-8590  
(Washington, D.C.)

Iowa Coalition for the Homeless  
1111 9th Street, Suite 370  
Des Moines, Iowa 50314  
515/244-9748

### Advocacy for the Mentally Ill

Iowa Protection & Advocacy Services  
3015 Merle Hay Road, Suite 6  
Des Moines, Iowa 50310  
515/278-2502

Mental Health Association  
Lay Advocacy Program  
1111 9th Street, Suite 390  
Des Moines, Iowa 50314  
515/284-1343

Alliance for the Mentally Ill  
Central Office  
P.O. Box 495  
Johnston, Iowa 50131  
515/278-2338 (Call for local chapters)

Each county also has an appointed mental health advocate who can answer questions about mental health services and the rights of mentally ill persons. Mental health advocates can also assist persons in receiving the appropriate treatment for their illness. Call the Mental Health Association at the number above for the mental health advocate in your community.



**J. Miscellaneous/Multiple Services**



## Community Action Agencies

Community action agencies provide a wide range of services, including energy assistance, weatherization, head start, WIC, JTPA, and various emergency programs. More specific information on services can be obtained from the offices listed below.

Community Opportunities, Inc.  
603 West 8th Street  
P.O. Box 687  
Carroll, Iowa 51401  
712/792-9266

Hawkeye Area Community Action  
320 11th Avenue, SE  
P.O. Box 789  
Cedar Rapids, Iowa 52401  
319/366-7631

Iowa East Central T.R.A.I.N.  
2804 Eastern Avenue  
Davenport, Iowa 52803  
319/324-3236

MATURA Action Corporation  
203 West Adams  
P.O. Box 465  
Creston, Iowa 50801  
515/782-8431

Mid-Iowa Community Action  
East Linn Office Complex  
1500 East Linn Street  
Marshalltown, Iowa 50158  
515/752-7162

Mid-Sioux Opportunity, Inc.  
418 Marion Street  
Remsen, Iowa 51050  
712/786-2001

Office of Neighborhood Development  
City of Des Moines  
East First & Des Moines Street  
Des Moines, Iowa 50309  
515/283-4568

North Iowa Community Action  
300 15th, NE  
P.O. Box 1627  
Mason City, Iowa 50401  
515/423-5406

Northeast Iowa Community Action  
201 West Main  
P.O. Box 30  
Decorah, Iowa 52101  
319/382-2918

Operation New View  
P.O. Box 152  
Peosta, Iowa 52068  
319/556-5130

Operation Threshold  
120 Independence Avenue  
Waterloo, Iowa 50703  
319/235-6243

Red Rock Area Community Action  
305 South Jefferson  
Indianola, Iowa 50125  
515/961-6271

South Central Iowa Community Action  
1403 N.W. Church Street  
Leon, Iowa 50144  
515/446-4155

Southeast Iowa Community Action  
Memorial Auditorium  
Front & Jefferson Streets  
Burlington, Iowa 52601  
319/753-0193

Southern Iowa Economic Development  
P.O. Box 658  
226 West Main  
Ottumwa, Iowa 52501  
515/682-8741

Upper Des Moines Opportunity, Inc.  
905 Lake Street  
P.O. Box 98  
Emmetsburg, Iowa 50536  
712/852-3866



West Central Development Corp.  
520 Market Street  
Harlan, Iowa 51537  
712/755-5135

Woodbury Community Action  
2700 Leech  
Sioux City, Iowa 51106  
712/274-1610

Your Own United Resources  
613 First Street  
P.O. Box 428  
Webster City, Iowa 50595  
515/832-6471



### Meal Programs

The following meal programs are operated by private organizations in the state.

Salvation Army (Lunch)  
1403 Hershey  
Muscatine, Iowa  
319/263-8272

Wesley Foundation (Lunch MWF)  
120 North Dubuque  
Iowa city, Iowa  
319/338-1179

Salvation Army (Evening M-F)  
401 South Fifth  
Keokuk, Iowa  
319/524-1144

Crisis Intervention Service  
(3 meals-women & children)  
Mohawk Square  
22 North Georgia, Rm 207  
Mason City, Iowa

Salvation Army  
203 First, SW  
Mason City, Iowa  
319/583-1394

Dubuque Rescue Mission (3 meals/day)  
398 Main Street  
Dubuque, Iowa  
319/583-1394

Catholic Worker House  
(Open-noon; residents-3 meals/day)  
806 West Fifth  
Davenport, Iowa  
319/324-8431

Open Door Mission (Lunch)  
1106 South Fourth  
Clinton, Iowa  
319/243-9953

Salvation Army (Evening)  
824 West Third  
Davenport, Iowa  
319/323-1817

ACTS 29 (3 meals/day)  
1810 South Ninth Street  
Council Bluffs, Iowa

Salvation Army (Lunch)  
1000 G Avenue, NW  
Cedar Rapids, Iowa  
319/364-9131

Catholic Worker House (Lunch)  
1027 Fifth Avenue, SE  
Cedar Rapids, Iowa  
319/362-9041

Salvation Army (Lunch)  
207 Logan Avenue  
Waterloo, Iowa  
319/235-9358

Community Meal Program (Tues. Eve)  
Methodist Church  
Eighth & Washington  
Cedar Falls, Iowa

Catholic Worker House (Evening)  
321 East Eighth  
Waterloo, Iowa  
319/232-2116

Faith Mission  
(3 meals/day for residents)  
907 West Mullin Avenue  
Waterloo, Iowa  
319/233-2593

Catholic Worker Soup Kitchen  
(Evening M-F)  
916 West Eighth  
Sioux City, Iowa  
712/258-0027

Gospel Mission  
(Lunch-public;3 meals for residents)  
301 West Eighth  
Sioux City, Iowa  
712/255-1769



**Our Community Kitchen (Evening, M-F)**

**Locations:**

**Bidwell Riverside Center**

**1203 Hartford**

**Des Moines, Iowa**

**515/244-6251**

**Logan Community Center**

**E. 17th Court & Garfield**

**Des Moines, Iowa**

**515/265-7225**

**Polk County Senior Center**

**19th & Carpenter**

**Des Moines, Iowa**

**515/286-3677**

**Southeast Community Center**

**2501 Maury**

**Des Moines, Iowa**

**515/265-3644**



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Iowa State University  
214 Andrews House  
Ames, IA 50011