

Iowa School Fire Safety Education Program!

Level 3 Activity Sheet

Objectives

Action

Students develop an escape plan for their bedroom that indicates two ways out.

Help others in the family develop an escape plan for their bedrooms.

Demonstrate ability to use escape plan (with two ways out) for classroom.

Attitude

Supports the need to know two ways from bedroom and from any building and the need to develop a plan of escape.

Knowledge

Knows two ways out from bedroom and need to develop an escape plan.

Review Objective

Performs stop, drop, and roll; crawl low in smoke; and "Exit" sign identification (review of Levels K, 1, and 2 objectives).

Content Summary

Procedure

Each student should develop a plan of escape from their bedroom. The key to this escape plan is determining two different ways out of the home or apartment. One way out will be the stairway, hallway, doors, or routes normally used. A second way out can be a window (at ground level); a window to a roof, porch or balcony, an emergency escape ladder or secondary stairway.

Each student can help other family members determine two ways out of each bedroom and develop a plan of escape.

It is also important to use the two-way escape plan for the classroom. Usually, this can be done in conjunction with school fire drills.

Why Develop a Plan for Two Ways Out?

During a fire, an individual may have only seconds to react correctly to leave a building because fire, smoke, and heated fire gases can move quickly. They can impair judgment, disorient, temporarily blind, choke, and impede progress to the way out of the building or home. Planning ahead is crucial.

Sometimes, the normal way you enter and leave your bedroom or classroom will be blocked by fire or smoke. A plan must, therefore, include two ways out.

Because the majority of fatal fires occur at night, when people are sleeping, the bedrooms are the critical rooms for you to prepare to leave quickly. As an added procedure, it is good to know how to exit two different ways from any place in the home or building.

Review Procedure

Review and practice stop, drop, and roll (Level K procedure); crawl low in smoke (Level 1 procedure); and "Exit" sign recognition (Level 2 procedure).

Teaching Activities for Parents and Teacher

Discussion

Discuss how smoke and fire can disrupt a person's ability to escape. Planning ahead is, therefore, critical. The carbon monoxide and other hazardous gases in smoke cause impairment to the brain in a matter of seconds.

Assist students to develop a plan. Always plan two ways out. Students can also help others in the household plan their escape.

Discuss the escape plan for the classroom.

Role Play

Students can teach each other or younger students how to plan two ways out.

Practice

Take part in school fire drills. Obstruct one exit to force use of the second way out.

Color and Complete

Have students color and complete the maze Help Terry Find The Way Out on the back of this sheet. Generalize this maze to each person's own home. Each student can draw a diagram of their home, showing two ways out of their bedroom.

Bulletin Board

Post maze and student plans on bulletin board. Post escape plans on the refrigerator at home.

Review and Practice

Stop, drop, and roll (Level K material), and crawl low in smoke procedures (Level 1 material), and "Exit" sign identification (Level 2 material).

For Additional Information Contact:

Your local fire department.
Your county extension office.
Your local insurance agencies.
Fire Service Education, Iowa State University, Ames, Iowa 50011.
Iowa Conservation Commission, Protection Forester, 2404 S. Duff Ave., Ames, Iowa 50010.
National Fire Protection Association, Batterymarch Park, Quincy, Mass. 02269.

File: Safety 2
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Help Terry find the way out

There are four ways to escape from the burning house. Help Terry crawl to the first escape, then continue on to find all four.

Do you have a fire escape plan for your house?

