

HQ  
1064  
.U6  
I8  
1975

**GERONTOLOGY**  
and  
**Iowa Post High School Education**

----A Resource Survey

Prepared for:

**Gerontological Assistance Program Inc.**

**Des Moines, Iowa**

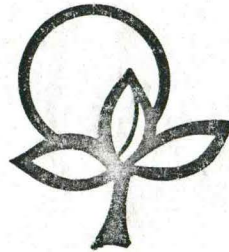
**1975 - 1976**

GERONTOLOGY AND IOWA  
POST HIGH SCHOOL EDUCATION

----- A Resource Survey

Prepared For:

**GAP**



GERONTOLOGICAL ASSISTANCE PROGRAM, INC.  
P.O. Box 4737  
Des Moines, Iowa 50318

Prepared By:

Willard R. Lane, Project Director  
Professor, Educational Administration  
University of Iowa

Robert Butler, Research Associate  
University of Iowa

Barton Philipps, Research Associate  
University of Iowa

---

With the Assistance of:

National Field Research Center, Inc.  
P.O. Box 287  
Iowa City, Iowa 52240

November, 1975

"The preparation of this report was financed by a grant from the Gerontological Assistance Program, Inc."

## TABLE OF CONTENTS

	Page
INTRODUCTION . . . . .	v
CHAPTER I - COURSES, SEMINARS AND ACTIVITIES ABOUT THE ELDERLY . . . . .	1
A. Courses, Seminars and Activities About the Elderly (Alphabetical Listing) . . . . .	2
B. Courses, Seminars and Activities About the Elderly (By College) . . . . .	7
C. Courses, Seminars and Activities About the Elderly (By Classification) . . . . .	13
CHAPTER II - COURSES AND ACTIVITIES FOR THE ELDERLY . . . . .	19
A. Courses and Activities for the Elderly (Alphabetical Listing). . . . .	20
B. Courses and Activities for the Elderly (By College) . . . . .	31
C. Courses and Activities for the Elderly (By Category) . . . . .	42
CHAPTER III - RESEARCH SURVEYS, DEVELOPMENTAL ACTIVITIES IN PROGRESS . . . . .	53
CHAPTER IV - RESEARCH COMPLETED DURING THE PAST THREE YEARS . . . . .	57
CHAPTER V - GERONTOLOGICALLY ORIENTED PROGRAM . . . . .	61
Part A - About the Elderly . . . . .	62
Part B - Programs for the Elderly . . . . .	64

	Page
CHAPTER VI - RESOURCE PERSONNEL . . . . .	67
A. Resource Personnel who by teaching, research and activities have a primary interest in the gerontological area (Alphabetical Listing) . . . . .	68
B. Resource Personnel who by various activities and interests have a major interest and expertise in gerontolog- ical problems . . . . .	84
APPENDIX . . . . .	95
A. Colleges, Universities and Key Personnel Participating in the Study . . . . .	97
B. Original Mailing List . . . . .	105
C. Original Letter . . . . .	117
D. Questionnaire . . . . .	119

## INTRODUCTION

### TO THE USERS OF THIS BOOKLET:

The information contained in the booklet has been compiled for the purpose of enhancing the knowledge and understanding of the role being played by the colleges and universities of the State of Iowa in the field of gerontology.

If you are a student seeking a professional career, an elderly person seeking information or social opportunities, a school administrator, counselor or researcher, you will find that the contents of this booklet provide a current picture of the programs and activities related to aging in Iowa post secondary institutions.

The information was gained through the use of questionnaires, telephone calls, and visits to obtain information related to the following general areas:

---

1. Courses which are designed for people to develop some competency and/or understandings in the broad range of problems which are germane to the elderly.
2. Courses and activities which are offered specifically to elderly persons for the enrichment of their own living experiences.

3. Personnel within the educational community who are qualified through professional training or by reasons of interest and experience to serve as resource persons, consultants, etc. to various groups and committees.
4. Gerontologically oriented research which has been completed within the past three years, research now in progress or in the planning stages.
5. Description of programs which are available to interested persons who may wish to seek employment in a field or a specialization in geriatrics. A second list of programs especially developed for the elderly person, in some cases lending to a new career, are contained in the second part of the chapter.

The courses are cross-referenced alphabetically by course title, by the sponsoring institution and by knowledge categories. The section dealing with courses and activities offered specifically to elderly persons is cross-referenced in a like manner and includes both regularly offered courses and general interest activities.

Potential resource personnel are presented alphabetically in two lists: those who are qualified through training, teaching and research or have a primary responsibility in various areas of aging, and those whose great interest and experience would be valuable to gerontologically oriented groups. Programs listed in part V usually consist of series of courses and certain requirements which must be met.

CHAPTER I

COURSES, SEMINARS, AND ACTIVITIES

ABOUT THE ELDERLY

CHAPTER I  
COURSES, SEMINARS, AND ACTIVITIES  
ABOUT THE ELDERLY

The Courses and Activities listed in this section are designed to provide information and knowledge about the elderly. It should be noted that many courses may be taken by the elderly person for general information or to gain insight or understanding about the problems found by the aging. Many colleges have either no tuition costs or lower tuition costs for elderly persons who may wish to enroll.

This chapter is divided as follows:

- 1) Alphabetical listing of all courses and the college offering each course.
- 2) Alphabetical listing of the colleges and the courses and activities offered by each.
- 3) Classification of courses and the college offering each course. The classifications are:
  - a) Education (General Overview and Inter-disciplinary)
  - b) Care and Nursing
  - c) Clothing and Textiles
  - d) Economic
  - e) Health, Safety and Physical Education
  - f) Psychological and Counseling
  - g) Sociological and Political



## COURSES, SEMINARS AND ACTIVITIES

ABOUT THE ELDERLY  
(Alphabetical)

Adult Education Methods: Ed. 147

Drake U.

An opportunity for persons engaged in helping adults learn to analyze a variety of methods and techniques relevant to adult learning, to explore various approaches to the designing of adult learning experiences, and to gain practice in the use of adult educational methods.

Aging and Intergenerational Relations: 577x

Iowa State U.

This course attempts to help people of various age groups understand why and how to deal with the generation gap.

Aging and the Older Adult

U. of Dubuque

This course is designed to develop an awareness and better understanding of the biological, psychological and societal aspects of aging in the lives of older people in contemporary society.

Aging in America: SW 465

Briar Cliff College

Impact of urban industrial forces on the aging population; changing roles for the aging; special problems of the aging; e.g., isolation, housing, fixed income, and health; evaluation of current social programs for the aging.

Basic Aspects of Aging: 17:108

U. of Iowa

Problems of aging in terms of physiological, sociological, psychological and economic aspects. Analysis of current governmental, community and organizational efforts to identify and deal with the needs of older people.

Clothing in the Rehabilitation Process: 468x

Iowa State U.

Continuing Education for the Elderly

U. of Dubuque

This mini-course is focused on the learning styles of the older adult. Emphasis will be stressed in the area of adult education programs currently being offered around the nation and the opportunities available to senior citizens in non-traditional studies.

Counseling as it Relates to the Changing Life U. of Dubuque

This mini-course is designed as the "capstone" course of the fifteen hour sequence in Aging. Counseling theories will be discussed as they relate to the many aspects of the aging process.

Death and Dying: Religion 119 Drake U.

Study of theories and practices related to death and dying. The course blends academic materials with actual experience in death-related institutions in the community.

Geriatric Aide North Iowa Area  
Comm. College

This is a 10 session course dealing with basic care of the elderly.

Homemaker Health Aide North Iowa Area  
Comm. College

A course in the basic health needs of the elderly. One session.

Honors Seminar U. of Northern Iowa

On death and dying.

Human Aging Certification Seminar: Education Drake U.

Provides a general theoretical and pragmatic framework for the multidisciplinary coursework involved in the Human Aging Certificate Program. Required as a final course of all students pursuing this certificate. Course number yet to be assigned.

Human Anatomy and Physiology: 240 U. of Iowa

Introductory study of the anatomy, cellular structure and function of organ systems and the physiology of the human body. Particular attention is paid to the process of aging in the elderly.

Introduction to Geriodontics: 93:100 U. of Iowa

This is an elective course covering some of the basic aspects of age and aging and also dealing with the clinical treatment of the elderly, especially the homebound or institutionalized.

### Continuing Education for the Elderly

This mini-course is focused on the learning styles of the older adult. Emphasis will be stressed in the area of adult education programs currently being offered around the nation and the opportunities available to senior citizens in non-traditional studies.

### Counseling as it Relates to the Changing Life

This mini-course is designed as the "capstone" course of the fifteen hour sequence in Aging. Counseling theories will be discussed as they relate to the many aspects of the aging process.

### The Older Adult and The Community

This course is designed to identify community resources, develop leadership, and design programs to meet the physical, social and intellectual needs of older citizens.

### Political and Social Consequences of Aging

This course is designed to identify the older population, assessing its needs and resources in such areas as income maintenance, prospects for area planning in aging, the role of federal government in social services to older persons, pensions, political economy of nursing homes, age and political alienation, and aging and the future of American politics. This course should motivate students to further disseminate what they have learned to the community.

### Pre-Retirement Planning

Advance planning for your retirement years, exploring various physical and psychological factors which may influence your retirement plans including economic status, health, housing preferences, use of leisure time, and the role of the retired person in society.

### The Psychology of Aging

This mini-course will explore the concepts, understanding and theories behind these three processes: biological aging, psychological aging, and social aging. Emphasis will be given to psychological age in the social age setting. Psychological age is seen as being influenced by biological age, but it is mainly determined by other factors, such as a person's motivation or disposition to employ his capacities.

### Safe Living

This mini-course will acquaint participants with selected hazards and ways to live with them.

### Sociology of Aging

A review of the physiological and social-psychological aspects of aging with emphasis given to developing a self-understanding of the aging process for the purpose of the development of coping and adjusting mechanisms enabling one's later years to be lived to the fullest degree possible.

UNIVERSITY OF IOWA  
Iowa City, Iowa

### Basic Aspects of Aging: 17:108

Problems of aging in terms of physiological, sociological, psychological and economic aspects. Analysis of current governmental, community and organizational efforts to identify and deal with the needs of older people.

### Introduction to Geriodontics: 93:100

This is an elective course covering some of the basic aspects of age and aging and also dealing with the clinical treatment of the elderly, especially the homebound or institutionalized.

### Leadership Training III: 27:099

P.E. majors are assigned to work with elderly to assist them in getting enough appropriate exercise.

### Workshop: Clothing for the Physically Handicapped and Elderly: 17:273

Clothing needs of the two groups.

### Workshop on Aging: 17:293

Social gerontology for home economists.

UNIVERSITY OF NORTHERN IOWA  
Cedar Falls, Iowa

Honors Seminar

On death and dying

Sociology of Aging: 98:159

Introductory course in Social Gerontology for Sociology  
and Social Work undergraduate majors.

Sociology of Work: 98:140g

Undergraduate and beginning grad (upper level) course in  
Industrial Sociology, with some emphasis on retirement.

## COURSES, SEMINARS AND ACTIVITIES

## ABOUT THE ELDERLY

## (By Classification)

I. Education (General Overview and Interdisciplinary)

Adult Education Methods: Education 147

Drake U.

An opportunity for persons engaged in helping adults learn to analyze a variety of methods and techniques relevant to adult learning, to explore various approaches to the designing of adult learning experiences, and to gain practice in the use of adult educational methods.

Aging and the Older Adult

U. of Dubuque

This course is designed to develop an awareness and better understanding of the biological, psychological and societal aspects of aging in the lives of older people in contemporary society.

Basic Aspects of Aging: 17:108

U. of Iowa

Problems of aging in terms of physiological, sociological, psychological and economic aspects. Analysis of current governmental, community and organizational efforts to identify and deal with the needs of older people.

Continuing Education for the Elderly

U. of Dubuque

This mini-course is focused on the learning styles of the older adult. ~~Emphasis will be stressed in the area of adult education programs currently being offered around the nation and the opportunities available to senior citizens in non-traditional studies.~~

Human Aging Certification Seminar: Education Drake U.

Provides a general theoretical and pragmatic framework for the multidisciplinary coursework involved in the Human Aging Certificate Program. Required as a final course of all students pursuing this certificate. Course number yet to be assigned.

Practicum in Human Aging: Education Drake U.

The practicum is designed on an individual basis as a field exposure in aging utilizing methods and skills gained in prior course work and areas on interest. Course number yet to be assigned.

Programs and Services in Aging: Education 199 Drake U.

This course is designed to provide an overview of different programs and services that are now available to the aging. Special emphasis will be given to field experience and individual development of new or more effective types of services to be provided.

II. Care and Nursing

Geriatric Aide

North Iowa Area  
Comm. College

This is a 10 session course dealing with basic care of the elderly.

III. Clothing and Textiles

Clothing in the Rehabilitation Process: 468x Iowa State U.

Workshop: Clothing for the Physically Handi-  
capped and Elderly: 17:273 U. of Iowa

Clothing needs of the two groups.

IV. Economic

Introduction to Pre-Retirement Planning:  
Education 105 Drake U.

This seminar is a three-day intensive study program designed to familiarize and assist representatives from organizations in counseling retiring employees, and planning, coordinating and conducting pre-retirement planning programs for employees.

Pre-Retirement Planning U. of Dubuque

Advance planning for your retirement years, exploring various physical and psychological factors which may influence your retirement plans including economic status, health, housing preferences, use of leisure time, and the role of the retired person in society.

## V. Health, Safety and Physical Education

Homemaker Health Aide

North Iowa Area  
Comm. College

A course in the basic health needs of the elderly.  
One session.

Human Anatomy and Physiology: 240

Iowa Wesleyan College

Introductory study of the anatomy, cellular structure and function of organ systems and physiology of the human body. Particular attention is paid to the process of aging in the elderly.

Introduction to Geriodontics: 93:100

U. of Iowa

This is an elective course covering some of the basic aspects of age and aging and also dealing with the clinical treatment of the elderly, especially the homebound or institutionalized.

Leadership Training III: 27:099

U. of Iowa

P.E. majors are assigned to work with elderly to assist them in getting enough appropriate exercise.

Patterns of Adaptation: 301

Iowa Wesleyan College

This course deals with how the elderly react to injury and illness.

Safe Living

U. of Dubuque

This mini-course will acquaint participants with selected hazards and ways to live with them.

## VI. Psychological and Counseling

Counseling as it Relates to the Changing Life

U. of Dubuque

This mini-course is designed as the "capstone" course of the fifteen hour sequence in Aging. Counseling theories will be discussed as they relate to the many aspects of the aging process.

Death and Dying: Religion 119

Drake U.

Study of theories and practices related to death and dying. The course blends academic materials with actual experience in death-related institutions in the community.



Honors Seminar U. of Northern Iowa  
 On death and dying.

The Psychology of Aging U. of Dubuque

This mini-course will explore the concepts, understanding and theories behind these three processes: biological aging, psychological aging, and social aging. Emphasis will be given to psychological age in the social age setting. Psychological age is seen as being influenced by biological age, but it is mainly determined by other factors, such as a person's motivation or disposition to employ his capacities.

The Psychology of Human Aging: Psychology Drake U.

Synopsis and catalog description being prepared.  
 Course number yet to be assigned.

Psychology of Maturity and Old Age: 431x Iowa State U.

This is designed specifically to help psychology students understand the mental working of the older person.

## VII. Sociological and Political

Aging and Intergenerational Relations: 577x Iowa State U.

This course attempts to help people of various age groups understand why and how to deal with the generation gap.

Aging in America: SW 465 Briar Cliff College

Impact of urban industrial forces on the aging population; changing roles for the aging; special problems of the aging; e.g., isolation, housing, fixed income, and health; evaluation of current social programs for the aging.

The Older Adult and The Community U. of Dubuque

This course is designed to identify community resources, develop leadership, and design programs to meet the physical, social and intellectual needs of older citizens.

Political and Social Consequences of Aging U. of Dubuque

This course is designed to identify the older population, assessing its needs and resources in such areas as income maintenance, prospects for area planning in aging, the role of federal government in social services to older persons, pensions, political economy of nursing homes, age and political alienation, and aging and the future of American politics. This course should motivate students to further disseminate what they have learned to the community.

Responsible Social Involvement: 300 Iowa Wesleyan College

Volunteers work in nursing homes, county homes, hospitals. Independent study.

Responsible Social Involvement: 400 Iowa Wesleyan College

Same description as above only on a more advanced level.

Sociology of Aging U. of Dubuque

A review of the physiological and social-psychological aspects of aging with emphasis given to developing a self-understanding of the aging process for the purpose of the development of coping and adjusting mechanisms enabling one's later years to be lived to the fullest degree possible.

Sociology of Aging: 98:159 U. of Northern Iowa

Introductory course in Social Gerontology for Sociology and Social Work undergraduate majors.

The Sociology of Human Aging: Sociology 199 Drake U.

Synopsis and catalog description being prepared.

Sociological Perspectives on Aging: 576x Iowa State U.

The sociological problems of the elderly in our society and how they are affected by them.

Sociology of Work: 98:140g U. of Northern Iowa

Undergraduate and beginning grad (upper level) course in Industrial Sociology, with some emphasis on retirement.

Workshop on Aging: 17:293

U. of Iowa

Social gerontology for home economists.

CHAPTER II

COURSES AND ACTIVITIES

FOR THE ELDERLY

CHAPTER II  
COURSES AND ACTIVITIES  
FOR THE ELDERLY

The courses and activities listed in this section are designed for and offered to the elderly person.

This chapter is divided as follows:

1. Alphabetical listing of all courses and activities and the college offering each course.
  2. Alphabetical listing of the colleges and the courses and activities offered by each.
  3. Classification of the courses and the college offering each course. The classifications are:
    - a. Arts and Crafts
    - b. Care and Nursing
    - c. Continuing and General Education
    - d. Economic Aspects
    - e. Health and Safety
    - f. Occupation
    - g. Physical Education
    - h. Recreation and Leisure
-

COURSES AND ACTIVITIES  
FOR THE ELDERLY  
(Alphabetical Listing)

- Altering or Clothes Recycling Hawkeye Inst. Tech.  
 Look through your closet. Do you have any garments that are ignored because they need to be made smaller, larger, shorter, or longer? Teaching on an informal and individual basis.
- Altering Clothes Iowa Lakes Comm. College  
 Placing darts at different angles, hemming dresses, changing shapes of collars.
- Arthritis North Iowa Area Comm. College  
 Deals with the problems of arthritis and the elderly person.
- Aspects of Aging North Iowa Area Comm. College  
 Given in cooperation with the Sister Kenny Foundation. It deals with the physical, social and psychological problems faced by the elderly in our society.
- Basic Filing and Calculator Procedures Hawkeye Inst. Tech.  
 Combination of filing techniques and basic calculator operation, conventional and electronic.
- Beginning Golf Hawkeye Inst. Tech.  
 Golf instruction for the beginner-grip, stance, swing and proper club selection.

- Beginning Bridge Hawkeye Inst. Tech.  
 Learning the game of Bridge
- Bridge (Intermediate) Hawkeye Inst. Tech.  
 Review of bridge fundamentals. Gain confidence  
 by playing with the supervision of an instructor
- Bridge (Advanced) Hawkeye Inst. Tech.  
 Improve your bridge. Learn the fine point of  
 the game while having fun playing.
- Bunco Boys Iowa Lakes Comm.  
College  
 Fraud, con games, door-to-door selling  
 techniques.
- Business and Pleasure for Men Iowa Lakes Comm.  
College  
 Horseshoe tournament, home shop work, sports,  
 travel, handy man chores, energy conservation,  
 wills, estates, probates, legal matters.
- Cathedral Window Quilting Hawkeye Inst. Tech.  
 A unique method of quilting-no frame needed.  
 Can be used to make items ranging in size from  
 pillow tops to king size quilts.
- 
- Crafts Iowa Lakes Comm.  
College  
 Have fun making crafts from materials in  
 the home. Articles to enjoy yourself or  
 use as gifts.

- Crafts For Fun and Profit Iowa Lakes Comm. College  
 A variety of craft arts that can be done in leisure time to be creative and profitable.
- Creative Writing Iowa Lakes Comm. College  
 Putting creative powers to work, sketching things, people and narration.
- Crime Prevention North Iowa Area Comm. College  
 This is a three part sequence which emphasizes street safety, home burglary, fraud and bunco.
- Crocheting Hawkeye Inst. Tech. and Iowa Lakes Comm. College  
 Learn basic crochet stitches, pattern stitches and pattern reading. For the beginner and those who wish to refresh their skills.
- Current Events Discussion Hawkeye Inst. Tech.  
 Use this morning as a pick-up in your week. Greet every Wednesday as an opportunity to meet with friends to hear and express views about current events. Reference material will be available to further your individual interests.
- Current World Affairs Hawkeye Inst. Tech.  
 Discussion of world news and the background of the news.
- Death and Dying North Iowa Area Comm. College  
 The course deals with the terminally ill person, the five states of dying and community services.



## Defensive Driving

Program designed for all drivers on driving - proper methods and precautions.

North Iowa Area  
Comm. College  
and  
Iowa Lakes Comm.  
College

## Diabetes

Deals with the problems of the diabetic person.

North Iowa Area  
Comm. College

## Drawing and Painting

The first 4 weeks of the class will be used for drawing with a variety of materials. Following this the class will be painting with acrylics.

Hawkeye Inst. Tech.

## Film Festival

Films include geography, history, and travel, health and social issues, biography and old-time films.

Hawkeye Inst. Tech.

## Film Night

A variety of films-travel, stories, biography, comedy.

Hawkeye Inst. Tech.

## Geographical-Historical Overview

Reasons for site location and settlement patterns: climate, political, land forms.

Iowa Lakes Comm.  
College

## German Heritage

Learning about life in Germany - its food, music, art and history. Study of German culture.

Iowa Lakes Comm.  
College

- Health Care to Meet your Needs  
 Medicare, Medicaid, Blood Pressure,  
 nutrition and health, public health  
 services, cancer detection. Iowa Lakes Comm.  
 College
- I Want To Work - What Can I Do? Hawkeye Inst. Tech.  
 Fifteen hours of group career counseling for  
 women with little or no recent work experience  
 who want to explore alternatives.
- Let's Learn to Knit  
 Knitting. Iowa Lakes Comm.  
 College.
- Knitting Hawkeye Inst. Tech.  
 Learn basic knitting stitches, pattern stitches  
 and pattern reading. For the beginner and those  
 who wish to refresh their skills.
- Knitting I Iowa Central Comm.  
 College  
 Learning how to knit.
- Knitting and Crocheting Iowa Lakes Comm.  
 College  
 The fundamentals of knitting and crocheting.
- Knitting and Crocheting and Needlework Hawkeye Inst. Tech.  
 Individualized instruction for beginners or  
 those wishing help with more advanced projects.
- Needlepoint Iowa Lakes Comm.  
 College  
 Basics of needlepoint stitchery.

## Northern Iowa Health Fair

North Iowa Area  
Comm. College

This is non-credit with two sessions in which speakers and displays will provide information on health. It is basically aimed at the elderly.

## Music Appreciation

Iowa Lakes Comm.  
College

Difference in rhythm of music over the years, tones of instruments.

## Organ Lessons

Iowa Central Comm.  
College

## Painting - Oil and Acrylic

Hawkeye Inst. Tech.

Beginning and advanced instruction in techniques of acrylics and oils. Demonstrations and individual comment with emphasis on realistic art.

## Painting on Wood

Hawkeye Inst. Tech.

Techniques of painting on pieces of barn siding, shingles, etc., using acrylics.

## Patterns for Living in Literature

Iowa Lakes Comm.  
College

Finding inspirations and motivation for richer, fuller living from lives and words of many who have enriched the world.

## Physical Fitness

Iowa Lakes Comm.  
College

It enables one to meet unusual or emergency energy demands and offers a degree of independence.

- Physical Fitness and Square Dancing  
Exercises and dancing routines. Iowa Lakes Comm. College
- Physical Fitness for Health and Happiness  
Physical fitness, group activities, dance routines. Iowa Lakes Comm. College
- Physical Fitness in Nursing Homes  
Exercises for the body, rhythm and dance to music, games, marches, music appreciation. Iowa Lakes Comm. College
- Physical Fitness Program  
Jogging, exercises, cardiac therapy. U. Northern Iowa
- Pinochle  
Iowa Central Comm. College
- Pocket Billiards  
Course will include fundamentals and generally used rules of a few variations of pocket billiards. Beginning and intermediate. Hawkeye Inst. Tech.
- Program Impact  
Fourteen senior citizens are regularly used as producers, writers, and broadcasters of two-hour Program Impact. This radio program serves the educational, inspirational, and entertainment needs of shut-ins and senior citizens in Pella area. Central U. of Iowa

Quilting	Iowa Lakes Comm. College
History of quilts, patterns, etc.	
Recreation and Fine Arts	Iowa Lakes Comm. College
Features physical fitness, dancing and other group activities.	
Recreation, Music and Arts in Nursing Homes	Iowa Lakes Comm. College
Music sing-a-long, learning new songs, show and tell, special performances, book reviews, Iowa history, literature.	
Retirement - The Time of Your Life	Iowa Lakes Comm. College
A recreation hour - games such as cards, pool, checkers, and other card games.	
Rythm Band	Iowa Central Comm. College
Rosemaling	Iowa Central Comm. College
Seasonal Crafts	Hawkeye Inst. Tech.
Crafts to anticipate the change of seasons. Course designed to develop your potential creativity with the use of inexpensive ma- terials. Activities will include dried arrangements, quilling, Christmas tree made of dough, etc.	

## Seminar on Aging

Iowa Central Comm.  
College

Deal with the problems of the senior citizen.

## The Senior Citizen in Society I

Graceland College

This course is theoretical in nature and contains four areas of emphasis: the psychology of aging; the sociology of aging; the economic system and the aging; and health and recreation for the aging.

## The Senior Citizen in Society II

Graceland College

This course is to expose class participants to resources of the state and community available to meet the needs of the aging.

## Senior Day

North Iowa Area  
Comm. College

The complete resources of the campus are opened to the elderly for recreation, games, education, athletics, etc.

## Basic Sewing

Iowa Lakes Comm.  
College

## Sing-A-Long

Hawkeye Inst. Tech.

Sing for the joy of it. Revive pleasant memories as you sing with others. Hymns, old favorites, and contemporary tunes included. Quality of voice is no concern, only your desire to enjoy music.

## Square Dancing

Iowa Central Comm.  
College



manuscripts, marketing information, dealing with rejections. Personal attention to individual manuscripts. Class discussion and information geared to the interests of class members. For beginning writers or experienced writers who need inspiration.

Writers Workshop

Iowa Central Comm.  
College



COURSES AND ACTIVITIES  
FOR THE ELDERLY  
(By College)

CENTRAL UNIVERSITY OF IOWA

Program Impact

Fourteen senior citizens are regularly used as producers, writers, and broadcasters of two-hour Program Impact. This radio program serves the educational, inspirational, and entertainment needs of shut-ins and senior citizens in the Pella area.

GRACELAND COLLEGE

The Senior Citizen in Society I.

This course is theoretical in nature and contains four areas of emphasis: the psychology of aging; the sociology of aging; the economic system and the aging; and health and recreation for the aging.

---

The Senior Citizen in Society II.

This course is to expose class participants to resources of the state and community available to meet the needs of the aging.

HAWKEYE INSTITUTE OF TECHNOLOGY

Altering or Clothes Recycling

Look through your closet. Do you have any garments that are ignored because they need to be made smaller, larger, shorter, or longer? Teaching on an informal and individual basis.

### Basic Filing and Calculator Procedures

Combination of filing techniques and basic calculator operation, conventional and electronic.

### Beginning Bridge

Learning the game of Bridge

### Beginning Golf

Golf instruction for the beginner-grip, stance, swing and proper club selection.

### Bridge (Advanced)

Improve your bridge. Learn the fine point of the game while having fun playing.

### Bridge (Intermediate)

Review of bridge fundamentals. Gain confidence by playing with the supervision of an instructor.

### Cathedral Window Quilting

A unique method of quilting-no frame needed. Can be used to make items ranging in size from pillow tops to king size quilts.

### Crafts

Have fun making crafts from materials in the home. Articles to enjoy yourself or use as gifts.

### Crocheting

Learn basic crochet stitches, pattern stitches and pattern reading. For the beginner and those who wish to refresh their skills.

### Current Events Discussion

Use this morning as a pick-up in your week. Greet every Wednesday as an opportunity to meet with friends to hear and express views about current events. Reference material will be available to further your individual interests.

### Current World Affairs

Discussion of world news and the background of the news.

### Drawing and Painting

The first 4 weeks of the class will be used for drawing with a variety of materials. Following this the class will be painting with acrylics.

### Film Festival

Films include geography, history, and travel, health and social issues, biography and old-time films.

### Film Night

A variety of films-travel, stories, biography, comedy.

### I Want To Work - What Can I Do?

---

Fifteen hours of group career counseling for women with little or no recent work experience who want to explore alternatives.

### Knitting

Learn basic knitting stitches, pattern stitches and pattern reading. For the beginner and those who wish to refresh their skills.

### Knitting and Crocheting and Needlework

Individualized instruction for beginners or those wishing help with more advanced projects.

### Painting-Oil and Acrylic

Beginning and advanced instruction in techniques of acrylics and oils. Demonstrations and individual comment with emphasis on realistic art.

### Painting on Wood

Techniques of painting on pieces of barn siding, shingles, etc., using acrylics.

### Pocket Billiards

Course will include fundamentals and generally used rules of a few variations of pocket billiards. Beginning and intermediate.

### Seasonal Crafts

Crafts to anticipate the change of seasons. Course designed to develop your potential creativity with the use of inexpensive materials. Activities will include dried arrangements, quilling, Christmas trees made of dough, etc.

### Sing-A-Long

Sing for the joy of it. Revive pleasant memories as you sing with others. Hymns, old favorites, and contemporary tunes included. Quality of voice is no concern, only your desire to enjoy music.

### Standard First Aid-Multi-Media

Course utilizing films, workbooks, and instructor-led practice session.

### Tennis

Instruction for beginners and persons wishing to renew their tennis skills.

### Tracing Your Family Tree (Genealogy)

These classes will show you how to trace your ancestors and assemble the information, stories and pictures into a valuable family history.

### Typing

Includes mastery of the keyboard and correct typing techniques, arrangement of personal and business letters and preparation of simple reports. Advance at your own speed.

### Writing for Publication

Basic techniques of writing fiction and non-fiction; preparing manuscripts for publication, submitting manuscripts, marketing information, dealing with rejections. Personal attention to individual manuscripts. Class discussion and information geared to the interests of class members. For beginning writers or experienced writers who need inspiration.

## IOWA CENTRAL COMMUNITY COLLEGE

---

### Knitting I

Learning how to knit.

### Organ Lessons

### Pinochle

### Rhythm Band

Rosemaling

Seminar on Aging

Deal with the problems of the senior citizen.

Square Dancing

Writers Workshop

#### IOWA LAKES COMMUNITY COLLEGE

Altering Clothes

Placing darts at different angles, hemming dresses, changing shapes of collars.

Arts and Crafts in the Nursing Home

Assembling items together for gifts, decorations and pleasure.

Bunco Boys

Fraud, con games, door-to-door selling techniques.

Business and Pleasure for Men

Horseshoe tournament, home shop work, sports, travel, handy man chores, energy conservation, wills, estates, probates, legal matters.

Crafts

Have fun making crafts from materials in the home. Articles to enjoy yourself or use as gifts.

### Crafts For Fun and Profit

A variety of craft arts that can be done in leisure time to be creative and profitable.

### Creative Writing

Putting creative powers to work, sketching things, people and narration.

### Crocheting

Learn basic crochet stitches, pattern stitches and pattern reading. For the beginner and those who wish to refresh their skills.

### Defensive Driving

Program designed for all drivers on driving - proper methods and precautions.

### Geographical - Historical Overview

Reasons for site location and settlement patterns: climate, political, land forms.

### German Heritage

---

Learning about life in Germany - its food, music, art and history. Study of German culture.

### Health Care to Meet Your Needs

Medicare, Medicaid, Blood Pressure, nutrition and health, public health services, cancer detection.

### Knitting and Crocheting

The fundamentals of knitting and crocheting.

### Let's Learn to Knit

Knitting

### Needlepoint

Basics of needlepoint stitchery.

### Music Appreciation

Difference in rhythm of music over the years, tones of instruments.

### Patterns for Living in Literature

Finding inspirations and motivation for richer, fuller living from lives and words of many who have enriched the world.

### Physical Fitness for Health and Happiness

Physical fitness, group activities, dance routines.

### Physical Fitness and Square Dancing

Exercises and dancing routines

### Physical Fitness

It enables one to meet unusual or emergency energy demands and offers a degree of independence.

### Physical Fitness in Nursing Homes

Exercises for the body, rhythm and dance to music, games, marches, music appreciation.



### Quilting

History of quilts, patterns, etc.

### Recreation and Fine Arts

Features physical fitness, dancing and other group activities.

### Recreation, Music and Arts in Nursing Homes

Music sing-a-long, learning new songs, show and tell, special performances, book reviews, Iowa history, literature.

### Retirement - The Time of Your Life

A recreation hour - games such as cards, pool, checkers and other card games.

### Basic Sewing

## NORTH IOWA AREA COMMUNITY COLLEGE

### Arthritis

---

Deals with the problems of arthritis and the elderly person.

### Aspects of Aging

Given in cooperation with the Sister Kenny Foundation. It deals with the physical, social and psychological problems faced by the elderly in our society.

### Crime Prevention

This is a three part sequence which emphasizes street safety, home burglary, fraud and bunco.

### Death and Dying

The course deals with the terminally ill person, the five states of dying and community services.

### Defensive Driving

Program designed for all drivers on driving - proper methods and precautions.

### Diabetes

Deals with the problems of the diabetic person.

### Northern Iowa Health Fair

This is non-credit with two sessions in which speakers and displays will provide information on health. It is basically aimed at the elderly.

### Senior Day

The complete resources of the campus are opened to the elderly for recreation, games, education, athletics, etc.

### V.I.M. (Vigor in Maturity)

This is a five part health education sequence for the elderly.

UNIVERSITY OF IOWA

### T.O.E.S.

Workshops in exercise for the elderly.

UNIVERSITY OF NORTHERN IOWA

Physical Fitness Program

Jogging, exercises, cardiac therapy.

T.O.E.S.

Workshops in exercise for the elderly.

---

COURSES AND ACTIVITIES  
FOR THE ELDERLY  
(Listed by Category)

I. Arts and Crafts

Arts and Crafts in the Nursing Home

Iowa Lakes Comm.  
College

Assembling items together for gifts,  
decorations and pleasure.

Cathedral Window Quilting

Hawkeye Inst. Tech.

A unique method of quilting-no frame needed.  
Can be used to make items ranging in size from  
pillow tops to king size quilts.

Crafts

Iowa Lakes Comm.  
College

Have fun making crafts from materials in the  
home. Articles to enjoy yourself or use as  
gifts.

Crafts For Fun and Profit

Iowa Lakes Comm.  
College

A variety of craft arts that can be done  
in leisure time to be creative and profitable.

Crocheting

Iowa Lakes Comm.  
College

Learn basic crochet stitches, pattern stitches  
and pattern reading. For the beginner and those  
who wish to refresh their skills.

## Drawing and Painting

Hawkeye Inst. Tech.

The first 4 weeks of the class will be used for drawing with a variety of materials. Following this the class will be painting with acrylics.

## Knitting

Hawkeye Inst. Tech.

Learn basic knitting stitches, pattern stitches and pattern reading. For the beginner and those who wish to refresh their skills.

## Knitting I

Iowa Central Comm.  
College

Learning how to knit.

## Knitting and Crocheting

Iowa Lakes Comm.  
College

The fundamentals of knitting and crocheting.

## Knitting and Crocheting and Needlework

Hawkeye Inst. Tech.

Individualized instruction for beginners or those wishing help with more advanced projects.

## Let's Learn to Knit

Iowa Lakes Comm.  
College

Knitting.

## Needlepoint

Iowa Lakes Comm.  
College

Basics of needlepoint stitchery.

## Painting-Oil and Acrylic

Hawkeye Inst. Tech.

Beginning and advanced instruction in techniques of acrylics and oils. Demonstrations and individual comment with emphasis on realistic art.

## Painting on Wood

Hawkeye Inst. Tech.

Techniques of painting on pieces of barn siding, shingles, etc., using acrylics.

## Quilting

Iowa Lakes Comm.  
College

History of quilts, patterns, etc.

## Rosemaling

Iowa Central Comm.  
College

## Seasonal Crafts

Hawkeye Inst. Tech.

Crafts to anticipate the change of seasons. Course designed to develop your potential creativity with the use of inexpensive materials. Activities will include dried arrangements, quilling, Christmas trees made of dough, etc.

II. Care and Nursing

## Health Care to Meet Your Needs

Iowa Lakes Comm.  
College

Medicare, Medicaid, Blood Pressure, nutrition and health, public health services, cancer detection.

III. Clothing and Textiles

## Altering or Clothes Recycling

Hawkeye Inst. Tech.

Look through your closet. Do you have any garments that are ignored because they need to be made smaller, larger, shorter, or longer? Teaching on an informal and individual basis.

## Altering Clothes

Iowa Lakes Comm.  
College

Placing darts at different angles, hemming dresses, changing shapes of collars.

## Basic Sewing

Iowa Lakes Comm.  
CollegeIV. Continuing and General Education

## Aspects of Aging

North Iowa Area  
Comm. College

Given in cooperation with the Sister Kenny Foundation. It deals with the physical, social and psychological problems faced by the elderly in our society.

## Creative Writing

Iowa Lakes Comm.  
College

Putting creative powers to work, sketching things, people and narration.

## Current Events Discussion

Hawkeye Inst. Tech.

Use this morning as a pick-up in your week. Greet every Wednesday as an opportunity to meet with friends to hear and express views about current events. Reference material will be available to further your individual interests.

## Current World Affairs

Hawkeye Inst. Tech.

Discussion of world news and the background of the news.

Film Festival Hawkeye Inst. Tech.

Films include geography, history, and travel, health and social issues, biography and old-time films.

Film Night Hawkeye Inst. Tech.

A variety of films-travel, stories, biography, comedy.

Geographical-Historical Overview Iowa Lakes Comm. College

Reasons for site location and settlement patterns: climate, political, land forms.

German Heritage Iowa Lakes Comm. College

Learning about life in Germany - its food, music, art and history. Study of German culture.

Music Appreciation Iowa Lakes Comm. College

Difference in rhythm of music over the years, tones of instruments.

Organ Lessons Iowa Central Comm. College

Patterns for Living in Literature Iowa Lakes Comm. College

Finding inspirations and motivation for richer, fuller living from lives and words of many who have enriched the world.

Program Impact Central U. of Iowa

Fourteen senior citizens are regularly used as producers, writers, and broadcasters of two-hour



Program Impact. This radio program serves the educational, inspirational, and entertainment needs of shut-ins and senior citizens in the Pella area.

Seminar on Aging

Iowa Central Comm.  
College

Deal with the problems of the senior citizen.

The Senior Citizen in Society I

Graceland College

This course is theoretical in nature and contains four areas of emphasis: the psychology of aging; the sociology of aging; the economic system and the aging; the health and recreation for the aging.

The Senior Citizen in Society II

Graceland College

This course is to expose class participants to resources of the state and community available to meet the needs of the aging.

Tracing Your Family Tree

Hawkeye Inst. Tech.

These classes will show you how to trace your ancestors and assemble the information, stories and pictures into a valuable family history.

Typing

Hawkeye Inst. Tech.

Includes mastery of the keyboard and correct typing techniques, arrangement of personal and business letters and preparation of simple reports. Advance at your own speed.

Writers Workshop

Iowa Central Comm.  
College.

V. Economic Aspects

## Bunco Boys

Fraud, con-games, door-to-door selling techniques.

Iowa Lakes Comm.  
College

## Crime Prevention

This is a three part sequence which emphasizes street safety, home burglary, fraud and bunco.

North Iowa Area  
Comm. College

VI. Health and Safety

## Arthritis

Deals with the problems of arthritis and the elderly person.

North Iowa Area  
Comm. College

## Death and Dying

The course deals with the terminally ill person, the five states of dying and community services.

North Iowa Area  
Comm. College

## Defensive Driving

Program designed for all drivers on driving - proper methods and precautions.

North Iowa Area  
Comm. College  
and  
Iowa Lakes Comm.  
College

## Diabetes

Deals with the problems of the diabetic person.

North Iowa Area  
Comm. College

## Northern Iowa Health Fair

North Iowa Area  
Comm. College

This is non-credit with two sessions in which speakers and displays will provide information on health. It is basically aimed at the elderly.

## Standard First Aid-Multi-Media

Hawkeye Inst. Tech.

Course utilizing films, workbooks, and instructor-led practice sessions.

## V.I.M. (Vigor and Maturity)

North Iowa Area  
Comm. College

This is a five part health education sequence for the elderly.

VII. Occupational

## I Want to Work - What Can I Do?

Hawkeye Inst. Tech.

Fifteen hours of group career counseling for women with little or no recent work experience who want to explore alternatives.

## Basic Filing and Calculator Procedures

Hawkeye Inst. Tech.

Combination of filing techniques and basic calculator operation, conventional and electronic.

## Writing for Publication

Hawkeye Inst. Tech.

Basic techniques of writing fiction and non-fiction; preparing manuscripts and publication, submitting manuscripts, marketing information, dealing with rejections. Personal attention to individual manuscripts. Class discussion and information geared to the interests of class members. For beginning writers or experienced writers who need inspiration.

VIII. Physical Education

## Physical Fitness

Iowa Lakes Comm.  
College

It enables one to meet unusual or emergency energy demands and offers a degree of independence.

## Physical Fitness and Square Dancing

Iowa Lakes Comm.  
College

Exercises and dancing routines

## Physical Fitness in Nursing Homes

Iowa Lakes Comm.  
College

Exercises for the body, rhythm and dance to music, games, marches, music appreciation.

## Physical Fitness for Health and Happiness

Iowa Lakes Comm.  
College

Physical fitness, group activities, dance routines.

## Physical Fitness Program

U. Northern Iowa

Jogging, exercises, cardiac therapy.

## T.O.E.S.

U. Northern Iowa

Workshops in exercise for the elderly.

IX. Recreation and Leisure

## Beginning Bridge

Hawkeye Inst. Tech.

Learning the game of Bridge

Bridge (Intermediate) Hawkeye Inst. Tech.

Review of bridge fundamentals. Gain confidence by playing with the supervision of an instructor.

Bridge (Advanced) Hawkeye Inst. Tech.

Improve your bridge. Learn the fine point of the game while having fun playing.

Beginning Golf Hawkeye Inst. Tech.

Golf instruction for the beginner-grip, stance, swing and proper club selection.

Business and Pleasure for Men Iowa Lakes Comm.  
College

Horseshoe tournament, home shop work, sports, travel, handy man chores, energy conservation, wills, estates, probates, legal matters.

Pinochle Iowa Central Comm.  
College

Pocket Billiards Hawkeye Inst. Tech.

Course will include fundamentals and generally used rules of a few variations of pocket billiards. Beginning and intermediate.

---

Recreation and Fine Arts Iowa Lakes Comm.  
College

Features physical fitness, dancing and other group activities.

Recreation, Music and Arts in Nursing Homes Iowa Lakes Comm.  
College

Music sing-a-long, learning new songs, show and tell, special performances, book reviews, Iowa history, literature.

## Retirement - The Time of Your Life

Iowa Lakes Comm.  
College

A recreation hour - games such as cards, pool, checkers, and other card games.

## Rhythm Band

Iowa Central Comm.  
College

## Senior Day

North Iowa Area  
Comm. College

The complete resources of the campus are opened to the elderly for recreation, games, education, athletics, etc.

## Sing-A-Long

Hawkeye Inst. Tech.

Sing for the joy of it. Revive pleasant memories as you sing with others. Hymns, old favorites, and contemporary tunes included. Quality of voice is no concern, only your desire to enjoy music.

## Square Dancing

Iowa Central Comm.  
College

## Tennis

Hawkeye Inst. Tech.

Instruction for beginners and persons wishing to renew their tennis skills.

CHAPTER III

RESEARCH SURVEYS, DEVELOPMENTAL ACTIVITIES

IN PROGRESS

CHAPTER III  
RESEARCH SURVEYS, DEVELOPMENTAL ACTIVITIES  
IN PROGRESS

Twenty-six research projects are now underway on different aspects of gerontology.

What is considered research in a Community College may not be interpreted as a research activity in a scientific department in a multi-purpose university.

This listing includes all activities reported as research by the institutions responding to this investigation. The range of research is from surveys of community needs and developmental activities for courses to sophisticated medical-veterinary-scientific laboratory research. It also includes some sociological research.

All of the research reported is now underway. Responding institutions did not indicate what, if any, research was in the planning stage.

---



R. Ettinger and R. Glenn U. of Iowa

"A Study of the Techniques and Methods of Teaching Geriatric Dentistry in the Dental Schools of the U.S.A. and Canada."

An evaluation of the existence of and the type of programs used.

P. Garcia and W. Brewer Iowa State U.

"Energy Metabolism and Utilization of Nutrients by Women."

LeRoy H. Giles U. of Dubuque

"IMPACT".

Study of the agencies serving the elderly in N.E. Iowa.

LeRoy H. Giles and Willis Montgomery U. of Dubuque

"IMPACT".

Initially surveying and cataloging agencies serving the elderly in NE Iowa with the aim of providing educational courses through the University of Dubuque that will be of the most help to the agencies contacted. Also, to design a continuing program for the University of Dubuque in Gerontology, so that the Area Agencies may continue to improve staff ability, and the U. of D. may graduate people who may contribute to the alleviation of the problems of the aging in the future.

Funded - Higher Education Act of 1965 - Title I

D. Griffith Iowa State U.

"Age Changes in Cardiac Tissue as Determined by Histological and Chemical Techniques."

J. Hamilton Iowa Western  
Comm. College

"Programs Wanted by Senior Citizens."

Questionnaire

E. Powers, W. Goudy, P. Keith Iowa State U.

"Aging in Small Towns."

K. Rindskopf and D. Charles Iowa State U.

"Activity and Rigidity in the Older Learner."

W. York Iowa State U.

"Case Study of the Wear Life of Bed Sheets and Gowns Worn by Residents of Riverside Manor Nursing Home."

#### RELATED DISCIPLINE RESEARCH

Veterinary Anatomy, Physiology and Pharmacology Iowa State U.

"Age Changes in the Canine Kidney." M. Brown

"Gerontological Studies of Dog and Hog." F. Hembrough

"Dietary Protein and Renal Function." F. Ahrens

"Venous Atherosclerosis of Aging Swine." B. Skold

Zoology

Iowa State U.

"The Effect of Age Upon Exercise Capacity and Thyroid and Adrenal Cortical Secretion of the Rat." D. Griffith

"Age Changes in Cardiac Tissue as Determined by Histological and Chemical Techniques." D. Griffith

College of Dentistry

U. of Iowa

"An Evaluation of the Effect of Age on the Cell Kinetics of the Skin and Oral Mucosa of the Mouse." Dr. R. L. Ettinger and Dr. I. Mackenzie

This study evaluated by the use of tritiated thymidine the difference in cell turnover between old and young mice.

Funded - John A. Hartford Foundation, Inc.

CHAPTER IV

RESEARCH COMPLETED

DURING THE PAST THREE YEARS

CHAPTER IV  
RESEARCH COMPLETED  
DURING THE PAST THREE YEARS

Eleven research projects were completed in Iowa in the last three years. Over twice as many are now underway as noted in Chapter III.

The nature of the research completed indicates that it was more of an exploratory nature relating to needs rather than substantive relating to courses and content, developmental activities, or physiological and scientific. This is what might be expected. As interest has developed, more substantial research and study has started to emerge.

---

Darold Albright

Kirkwood Comm. Colle

"OREO Survey" - Survey of elderly in PSA Area X.  
Funded - Iowa Commission on the Aging

Donald L. Bowman

Drake U.

"A Longitudinal Comparison of Attitudes and Activity  
Involvement of Persons who have Completed a Pre-  
retirement Planning Program."

To compare the attitudes toward retirement and activ-  
ity involvement of people who have completed the Pre-  
retirement Planning Center's sessions on pre-retirement  
planning with their reported attitudes toward retire-  
ment and activity involvement upon reaching age 65 or  
older.

John Courter

Westmar College

"The Janus Program" - A study to determine the feasibility  
of elderly persons living on campus, attending classes and  
participating in activities.

A. Deane Edwards

Graceland College

"Community Survey of Personnel and Physical Resources  
Available for the Aging".

Richard A. Feller

Kirkwood Comm. Colleg

"Area X Agency on Aging" - Survey of the elderly.  
Funded - Iowa Commission on the Aging

Adeline Hoffman and Iva M. Bader

U. of Iowa

"An Appraisal of Young Peoples' Awareness of the  
Clothing Needs of Older People".

This was an effort to see how young people could be  
awakened to the needs of older people in general  
using clothing as a common denominator.

M. Heltsley Iowa State U.

"Rural Widows."

Adeline Hoffman and Iva M. Bader U. of Iowa

"Social Science Aspects of Clothing for Older Women."

The projects consist of updating an annotated bibliography originally published in 1964.

P. Keith Iowa State U.

"Aging - Mason City."

David K. Leslie, Jim Hay, John McCabe U. of Iowa

"An Investigation of Reaction Time, Movement Time and Pre-programming in the Aged."

David K. Leslie, John McLure U. of Iowa

"TELETOES".

Development of a TV series of physical fitness programs for elderly.

David K. Leslie and John McLure U. of Iowa

"TOES".

Physical fitness program for elderly in Iowa City and a 60 mile radius.

---

J. Milbrath, P. Garcia, W. Brewer Iowa State U.

"Effectiveness of Television Public Service Announcements for Nutrition Education of the Elderly."

M. Pickett Iowa State U.

"Flammability of Garments of Older Nursing Home Residents."

Doug Mckelvey and Tony Kohn

Kirkwood Comm. College

"Survey of Transit Needs and Planning Grant".

To investigate transit needs and design best means of fulfilling this need.

Funded - Iowa Commission on the Aging

Alice Schwiebert and Rob Robinson

Kirkwood Comm.  
College

"Operation Mainstream".

To study employment needs of recent retirees and whether or not local industry and business would hire these persons.

CHAPTER V

GERONTOLOGICALLY ORIENTED PROGRAMS



## CHAPTER V

## GERONTOLOGICALLY ORIENTED PROGRAMS

The intent of this chapter is to give the reader some insight into programs in gerontology offered by the various schools. The writers were faced with the problem of synthesizing very well developed materials by the various colleges. Materials describing the programs ranged from booklets and brochures to oral descriptions. Thus, for consistency, the descriptions are condensed.

As in the case of any rapidly developing field and because of the philosophy of community colleges to meet needs as they arise, many new programs are being developed as this booklet is being prepared. As a matter of fact the research team received telephone calls from colleges describing new programs that were developed after the questionnaire was filled out and/or the college was visited.

---

At best, this is a sample of programs available. Anyone interested in what the status of programs are in a given college is encouraged to call the college representative listed in Appendix A of this report.

The programs in this section are divided into two parts: Part A is programs available to persons interested in working in the gerontological field and are listed as programs About The Elderly; Part B contains programs For The Elderly.

## GERONTOLOGICALLY ORIENTED PROGRAMS

## PART A - ABOUT THE ELDERLY

Food Service Supervisor for Nursing Homes      North Iowa Area  
(90 hour program - Certificate given)      Comm. College

The program prepares a person to meet Federal standards for food preparation in institutions. The areas of study include safety, diets, food preparation and meal service.

Geriatric Aide      Iowa Western  
(60 hour program - Certificate given)      Comm. College

The program is designed to develop the basic skills and attitudes necessary for work in a nursing home environment.

Geriatric Aide      North Iowa Area  
(60 hour program - Certificate given)      Comm. College

Prepares the person for general patient care in hospitals and/or nursing homes. Topics covered include function of health care facilities, care of various types of patients, record keeping, food service and exercise.

Geriatric Orderly      Northwest Iowa  
(60 hour program)      Tech. College

The program prepares the individual to work in health care facilities.

Geriatric Nurse Aide      Northwest Iowa  
(120 hour program)      Tech. College

The program prepares the individual to work in health care facilities.

Health Care Administrator (A.A. Degree)      Des Moines Area  
Comm. College

Prepares for initial level, para-professional. Entry to long-term care administrator as well as supporting services.

Homemaker Health Aide  
(45 hour program - Certificate given) North Iowa Area  
Comm. College

The program emphasizes basic health knowledge. To develop persons capable of handling health care plans prescribed by doctors, social workers, nurses and homemaker directors. The work may include: cooking meals, light housework and minor nursing care.

Homemaker Health Aide  
(120 hour program - Certificate given) North Iowa Area  
Comm. College

This program is basically the same as the 45 hour Health Aide program at NIACC except that the person also completes the 60 hour Geriatric Aide program.

Hospital Aide  
(120 hour program - Certificate given) North Iowa Area  
Comm. College

This program builds on the Geriatric Aids program and gives the participant more responsibility in the health and care of patients.

Human Aging Certificate Program  
(34 hour program - Certificate given) Drake U.

Prepares the individual for general gerontological background. The program requires courses in English, Health Sciences, Sociology, Management, Education, Religion and Psychology.

Iowa Impact Workshop  
(4 day workshop) U. of Dubuque

This is a workshop for counselors to increase their knowledge and efficiency in the counseling of adults. The emphasis will be on the elderly person.

Nursing Home Aide Iowa Western  
Comm. College

Develops nursing skills for persons wishing to go work on a nursing home.

Pre-Retirement Center Program: Program  
Planners Training Seminar/Workshop Drake U.

This program is constructed so as to provide necessary information, techniques and devices in pre-retirement planning and in program development. The program is designed for the individual who has been given responsibility to provide pre-retirement information in his organization.

## PART B - PROGRAMS FOR THE ELDERLY

## Janus Program

Westmar College

The program involves continuing education for older or retired persons. These persons are encouraged to live on campus and take courses at reduced rates.

## OREO Program

Kirkwood Comm.  
College

Director - George Maybanks

This program involves older persons in various activities at Kirkwood, educational programs, trips, mini-courses, hobbies and tours. It is mainly informational and recreational in function.

Pre-Retirement Planning Center: Introductory Drake U.  
(7 session program - Certificate given)

This program is conducted on a community-at-large and in-plant basis and presents information in four major areas:

- a) Legal and financial
- b) Health and welfare
- c) Role changing
- d) Continuing education

Pre-Retirement Planning Center: Special  
Interest Program

Drake U.

The special interest program covers more thoroughly several selected topics from within the seven-session program such as estate planning, investing, and pension law and is open to any age participant. Other programs deal with a wide range of subject matter, such as living with aging parents, genealogy, and parapsychology. An annual national conference on pre-retirement planning is held in the fall of the year. To date, 1,350 persons have participated in such programs. This type of program lends an added feature of updating information given in the seven-session program, acts as a follow-up to the seven-session program, and offers a wide variety of topics of interest to persons in the community and nationwide.

Pre-Retirement Program

Indian Hills  
Comm. College

Topics include:

Changing roles, financial planning, social security and medicare, health and diet. This is a non-credit program which involves speakers giving seminar-type lessons on areas of interest to the elderly.

## Pre-Retirement Planning

Kirkwood Comm.  
College

This is a program for persons planning for retirement and those persons already retired. It involves four two-hour sessions covering such topics as: challenge of retirement, health and safety, housing and location, legal affairs, attitude and role adjustment, meaningful use of time, sources and amounts of income, and financial planning.

## Pre-Retirement

North Iowa Area  
Comm. College

This is an 8-part program which helps the elderly to deal with: role in retirement, health, housing, legal aspects, income, financial planning, etc.

## Small Town Librarian

North Iowa Area  
Comm. College

Trains elderly persons to serve in small town libraries as I and R persons.

## Tax Aide

North Iowa Area  
Comm. College

Prepares elderly persons to help other persons with property taxes and income taxes.

## Volunteerism

North Iowa Area  
Comm. College

Basically to train elderly to help other elderly by working in non-profit agencies as volunteers. This is sponsored by the "Action Program."

---

---

CHAPTER VI

RESOURCE PERSONNEL

## CHAPTER VI

## RESOURCE PERSONNEL

This section is a listing of two types of resource personnel. In Part A are those persons who devote a substantial portion of their time to the field of gerontology. They are teaching courses, conducting research and developing programs which are gerontologically oriented.

The persons listed in Part B are those who by reasons of interest and experience could be considered as resource persons, advisors, consultants, etc., in a broad spectrum of areas which are related to aging.

Since the resource personnel listed in this Chapter were those primarily identified through completed questionnaires and on-site visits, many individuals holding credentials in the field of gerontology, but not directly affiliated with the educational community, may be excluded.

---

CHAPTER VI  
RESOURCE PERSONNEL

- A. Resource Personnel who by teaching, research and activities have a primary interest in the gerontological area. (Alphabetical Listing.)

David Adams  
Assistant Professor of Sociology  
Department of Sociology  
231 Meredith Hall  
Des Moines, Iowa 50311

Drake U.

Activity: Teaches a course entitled "Sociology of Aging." Course offered once/academic year.

Ed Bangtson  
Service Coordinator- Area II, V-XII  
Area Agency on Aging  
330 Avenue M.  
Fort Dodge, Iowa 50501

Iowa Central  
Comm. College

Activity: Coordinates services to Senior Citizens in Area V.

Tom Bartsch  
Professor  
Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council.  
Field of expertise - Psychology

Bernice Bateson  
Professor  
Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council.  
Field of expertise - Cooperative Extension Service.



Maurice Birdsall  
 Professor of Communication and Theater  
 Pella, Iowa 50219

Central U.  
 of Iowa

Activity: Program Impact - 2 hour radio show done by  
 and for Senior Citizens 5 days a week during  
 college school year. (Has been president of  
 AARP for past two years.)

Donald L. Bowman  
 Director  
 Pre-Retirement Planning Center  
 Des Moines, Iowa 50311

Drake U.

Activity: Programs for persons planning for their retire-  
 ment and training programs for program planners.  
 Board member, Gerontological Assistance Program.

Wilma Brewer  
 Professor  
 Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field  
 of expertise - Food and Nutrition.

Hugh Brower  
 Assistant Director for Development  
 Pre-Retirement Planning Center  
 Des Moines, Iowa 50311

Drake U.

Activity: Development of new programs and proposals.

Milton Brown  
 Professor  
 Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field  
 of expertise - Veterinary Anatomy.

Charlotte Bruner  
 Professor  
 Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field  
 of expertise - Foreign Languages.

David Bruner  
Professor  
Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field  
of expertise - English.

Charles Campbell  
Adult Education Supervisor  
Council Bluffs, Iowa 51501

Iowa Western  
Comm. College

Don Charles  
Professor  
Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field  
of expertise - Psychology

Robert Claus  
Professor of Sociology  
Department of Sociology, Anthropology  
and Social Work  
Cedar Falls, Iowa 50613

U. of Northern Iowa

Activities: Teaches (new) 1975 course. Sociology, Aging  
or Social Gerontology.

Ardelle Conner  
Health Education  
2700 College Road  
Council Bluffs, Iowa 51501

Iowa Western  
Comm. College

Activities: Coordinates health programs including the  
older Americans.

Noreen Coyan  
Director, Adult Education  
Mason City, Iowa 50401

North Iowa Area  
Comm. College

Activity: Organizes classes, activities and programs for  
the elderly.

Liz Dalsted  
Professor  
Ames, Iowa

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field  
of expertise - Extension Specialist.

Donald Denny  
Nutrition Director  
Area Agency on Aging  
Ottumwa, Iowa 52501

Indian Hills  
Comm. College

Activity: Title VII Nutrition Project for elderly.

Dorothy Douglass  
Associate Professor  
Family Practice  
Iowa City, Iowa 52240

U. of Iowa

Activity: Writes grants.

Emilie Duimstra  
Assistant Director for Program Planning  
Pre-Retirement Planning Center  
Des Moines, Iowa 50311

Drake U.

Activity: Program Coordinator and facilitator

Dona Eckhardt  
Coordinator of ABE/HSC Programs  
Community Services Division  
Muscatine, Iowa 52761

Muscatine Comm.  
College

Activity: Developing ABE and continuing education  
courses for senior citizens.

A. Deane Edwards  
Assistant Professor  
Briggs Hall  
Lamoni, Iowa 50140

Graceland College

Activities: Six-phase program; 3 semesters of classes  
directed toward aging, agency personnel,  
lay persons, summer research program, winter  
term agency research for students only.

Adolphus H. Edwards  
Assistant Professor  
Lamoni, Iowa 50140

Graceland College

Activities: Recreation and health of aging.

Sara Edwards  
Health Occupations Coordinator  
4647 Stone Ave., Box 265  
Sioux City, Iowa 51102

Western Iowa  
Tech. Community  
College

Ronald L. Ettinger  
Assistant Professor  
Department of Removable Prosthodontics  
Iowa City, Iowa 52240

U. of Iowa

Reatha Evans  
Senior Citizen Coordinator  
Adult Education Division  
2700 College Road  
Council Bluffs, Iowa 51501

Iowa Western  
Comm. College

Activity: Coordinator of programs for senior citizens.

Jane Forster  
Planning Consultant  
Area I  
P.O. Box 400  
Calmar, Iowa 52132

Northeast Iowa  
Voc-Tech School

Mary Virginia Frye  
Professor  
Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field  
of expertise - Physical Education.

Pilar Garcia  
Professor  
Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field  
of expertise - Food and nutrition.

Catherine Gates  
 Retired Psychologist  
 Specialist in Aging  
 3614 Chrysler  
 Independence, Missouri 64055

Graceland College

Activity: Consults on psychology of aging.

Dale George  
 Assistant Professor of Theology  
 Campus Chaplain  
 Heelan Hall  
 Sioux City, Iowa 51104

Briar Cliff College

Activity: Mini-course relating to the older person.

LeRoy H. Giles  
 Professor of Education and Psychology  
 Dubuque, Iowa 52001

U. of Dubuque

Activity: Conducts classes: Continuing Education for the Elderly, and Counseling as it Relates to the Changing Life Styles of the Elderly. Is responsible for Project Impact, is working on development of a two-year program in field of gerontology.

Robert E. Glenn  
 Assistant Professor  
 N. 314 Dental Science Building  
 Iowa City, Iowa 52240

U. of Iowa

Activity: Coordinator of Community Dentistry Extramural Programs.

June Goldman  
 Aging Planner  
 300 S. 18th Street  
 Estherville, Iowa 51334

Iowa Lakes  
 Comm. College

Activity: Organizes an Area Agency on Aging.

Darrel Goll  
 Professor  
 Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field of expertise - Animal Science

Willis Goudy  
 Professor  
 Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field of expertise - Sociology and Anthropology.

Frederick Grant  
 Associate Professor of Education  
 and Psychology  
 Dubuque, Iowa 52001

U. of Dubuque

Activity: Conducts class: Psychology of Aging.

Dave Griffith  
 Professor  
 Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field of expertise - Zoology and Entomology.

Nancy Guthrie  
 Assistant Director for Program Planning  
 Pre-Retirement Planning Center  
 Des Moines, Iowa 50311

Drake U.

Activity: Program Coordination and Facilitation

Rose Haar  
 Information and Referral Specialist  
 300 S. 18th Street  
 Estherville, Iowa 51334

Iowa Lakes  
 Comm. College

Activity: Set-up network for information on services to older Americans.

Genevieve Heathcote  
 Director of Project Concern, Inc.  
 391 W. 12th Street  
 Dubuque, Iowa 52001

U. of Dubuque

Activity: Conducts class: Pre-Retirement Planning

Mary Heltsley  
 Professor  
 Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field of  
 expertise - Family Environment.

Fred Hembrough  
 Professor  
 Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field of  
 expertise - Anatomy, Physiology and Pharmacology.

Adeline M. Hoffman  
 Professor  
 129 McBride Hall  
 Iowa City, Iowa 52240

U. of Iowa

Activity: Teaches a course at the undergraduate and graduate  
 level in "Basic Aspects of Aging".

Glenn Holmes  
 Professor  
 Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field of  
 expertise - Professional Studies.

Pam Hunt  
 Transportation Coordinator (Senior Citizens)  
 North First Street  
 Centerville, Iowa 52544

Indian Hills  
 Comm. College

Activity: Supervises 10 mini-buses used to transport elderly.

Lee Jacobs  
Professor Emeritus  
Iowa City, Iowa 52240

U. of Iowa

Activity: Life-long learning and intergenerational work.

Norman Jacobson  
Professor  
Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field of expertise - Animal Science.

Patricia Keith  
Professor  
Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field of expertise - Sociology and Anthropology.

Karol Kocimski  
Professor  
Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field of expertise - Architecture.

A. A. Kraft  
Professor  
Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field of expertise - Food Technology.

Ana Langford  
Professor  
Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field of expertise - Textiles and Clothing.



Sister Mary Lenz  
 Director, Continuing and Cooperative  
 Education  
 Noonan Hall, 232, 3303 Rebecca  
 Sioux City, Iowa 51164

Briar Cliff College

Activity: Project Director - The Role of the Church in  
 the Aging Process (developing conference and  
 follow-up activities.) Resource person.

David P. Leslie  
 Associate Professor of Physical Education  
 205 Field House  
 Iowa City, Iowa 52240

U. of Iowa

Activity: Director of TOES Program, Research in Physical  
 Education and the Elderly.

Shirley Lischer  
 Economics of the Aging  
 Southwestern Community College  
 Creston, Iowa 50801

Graceland College

George Maybanks  
 Office of Retirement, Education and  
 other Opportunities  
 Cedar Rapids, Iowa 50426

Kirkwood Comm.  
 College

Activity: Contracted through Community Education Division  
 of KCC for Educational Services to Elderly.

Marjorie McKinley  
 Professor  
 Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field of  
 expertise - Institution Management.

John W. McLure  
 Associate Professor  
 W. 307, East Hall  
 Iowa City, Iowa 52240

U. of Iowa

Activity: Exercises for Elderly and Death and Dying;  
 Intergenerational study.

Cletus Mercier  
 Professor  
 Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field of  
 of expertise - Engineering.

Blanche Miller  
 Professor  
 Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field of  
 expertise - Home Economics Education.

Nelson C. Newendorp  
 Director, Janus Program  
 1002 3rd Avenue, S.E.  
 LeMars, Iowa 51031

Westmar College

Activity: Organizer and Director of Educational/Residential  
 Program for Older Adults.

Lawrence Odegard  
 Assistant Professor of Sociology and  
 Social Work  
 Dubuque, Iowa 52001

U. of Dubuque

Activity: Conducts class - Sociology of Aging.

Mary Pickett  
 Professor  
 Ames, Iowa 50010

Iowa State U.

Activity: Member I.S.U. Gerontology Council. Field of  
 expertise - Family Environment.

Linda Pilipchuck  
 Coordinator, Adult Home Economics  
 and special projects.  
 Box 8015  
 Waterloo, Iowa 50704

Hawkeye Inst. Tech.

Activity: Coordinates the "Opportunities for Older Adults"  
 program.

Doris Poindexter  
 Nutrition Project Director  
 6301 Kirkwood Boulevard, S.W.  
 Cedar Rapids, Iowa 52406

Kirkwood Comm.  
 College

Activity: Coordinates congregate meal program.

Edward Powers  
 Professor  
 Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. President of GAP Board. Field of Expertise - Sociology and Anthropology.

Ronald Powers  
 Educator  
 Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field of expertise - Cooperative Extension Service.

Henry Prager  
 Professor of Economics  
 Lamoni, Iowa 50140

Graceland College

Activity: Economics of Aging.

Richard L. Provost  
 Southwestern Community College  
 Creston, Iowa 50801

Graceland College

Activity: Psychology of Aging.

Richard Ramsey  
 Director, Area Agency on Aging  
 Third Floor, Dubuque Building  
 Dubuque, Iowa 52001

Northeast Area I  
 Voc-Tech School

Activity: Directs activities of Area Agency on Aging.

Robert Robinson  
 Director, Area X Agency on Aging  
 6301 Kirkwood Boulevard, S.W.  
 Cedar Rapids, Iowa 52406

Kirkwood Comm.  
 College

Activity: Supportive programming for older people.

Louise Rosenfeld  
 Educator  
 Ames, Iowa

Iowa State U.

Activity: Member of I.S.U. Gerontology Council and Iowa  
 Commission on the Aging. Field of expertise -  
 Dean of Students.

Barbara Ryan  
 Director, Area Agency on Aging  
 Ottumwa, Iowa 52501

Indian Hills  
 Comm. College

Activity: Health, Education and Welfare funded programs  
 for elderly.

Steve Sachson  
 Associate Professor of Psychology  
 Heelan Hall, 3303 Rebecca  
 Sioux City, Iowa 51104

Briar Cliff College

Activity: Pre-Retirement mini-course and seminar.

Gordon K. Schofer  
 Southwest Community College  
 Creston, Iowa 50801

Graceland College

Activity: Head of Sociology.

Alice M. Schweibert  
 Community Organization Coordinator  
 6301 Kirkwood Boulevard, S.W.  
 Cedar Rapids, Iowa 52406

Kirkwood Comm.  
 College

Activity: Works with advisory groups and information and  
 referral.

Gladys Scott  
 Professor Emeritus  
 Physical Education for Women  
 Iowa City, Iowa 52240

U. of Iowa

Activity: Lifelong learning, AARP.

Kathy Shaw  
 Senior Citizen Coordinator  
 Adult Education Division  
 2700 College Road  
 Council Bluffs, Iowa 51501

Iowa Western  
 Comm. College

Activity: Coordinates programs for senior citizens.

Mike Slagle  
 College of Pharmacy  
 Iowa City, Iowa 52240

U. of Iowa

Activity: Coordinates nursing home rotation for senior  
 pharmacy students.

Dorcas Speer  
 WOI-AM-TV  
 Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field of  
 expertise - Media.

Marcy Ten Eick  
 Information and Referral Coordinator  
 Ottumwa, Iowa 52501

Indian Hills  
 Comm. College

Activity: Supervises I & R, updates resource books,  
 develops I & R programs.

Allen Trenkle  
 Professor  
 Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field of  
 expertise - Animal Science.

Walter Toporek  
Professor  
Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field of expertise - Architecture.

Marvin A. Van Sickle  
Assistant Professor of Safety Division  
Dubuque, Iowa 52001

U. of Dubuque

Activity: Conducts class - Safe Living. Oriented toward the elderly.

Margaret L. Watson  
Professor of Biology  
Indianola, Iowa 50125

Simpson College

Activity: Teaches a course in Middle Adulthood and Aging.

Margaret Yoder  
Professor  
Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field of expertise - Cooperative Extension Service, Home Economics.

Randi Yowells  
Program Coordinator  
6301 Kirkwood Boulevard  
Cedar Rapids, Iowa 52406

Kirkwood Comm.  
College

Activity: Coordinates AAA operation, pooling untapped resources.

Wilber Williamson  
Professor of Sociology  
1200 Grandview  
Des Moines, Iowa 50316

Grandview College

Activity: (Coordinated, workshop: Problems of Aging)

Benjamin Yep  
Professor  
Ames, Iowa 50010

Iowa State U.

Activity: Member of I.S.U. Gerontology Council. Field of  
expertise - Sociology and Anthropology.

---

- B. Resource Personnel who by various activities and interests have a major interest and expertise in gerontological problems.

Barbara Ainsworth  
Educational Coordinator  
RR 2  
Spirit Lake, Iowa 51360

Buena Vista College

Activity: Coordinated the senior coordinators and developed new programs in the area.

Darold E. Albright, President  
P.O. Box 86  
Iowa City, Iowa 52240

Administrative  
Consultant Services

Activity: Consultant to various federal and state agencies on gerontological programs, grants, etc. Director of Grants.

Edward Amend  
Professor of Philosophy and Religion  
Director of Independent Study  
Cedar Falls, Iowa 50613

U. of Northern Iowa

Activity: Teaches seminar in Death and Dying.

Howard Amundson  
Psychiatric Social Worker  
Cedar Falls, Iowa 50613

U. of Northern Iowa

Activity: Active psychiatric social worker. Private mental health clinic, Black Hawk County. Teaches Sociology of Mental Health and Illness at UNI.

Leonard C. Andersen  
State Senator  
712 South Glass Street  
Sioux City, Iowa 51106

Iowa Commission on  
the Aging

Activity: Member - Iowa Commission on the Aging.

Iva M. Bader  
Assistant Professor  
129 MacBride Hall  
Iowa City, Iowa 52240

U. of Iowa

Activity: Research and publishing.



George Bennet, Director  
Box 8015  
Waterloo, Iowa 50704

Hawkeye Inst. Tech.

Activity: Director of Adult and Continuing Education Program. Has served as consultant for two national workshops on Opportunities for Older Adults in community colleges.

Robert D. Blue  
Former Governor, State of Iowa  
107 North Commercial  
Eagle Grove, Iowa 50533

Iowa Commission on  
the Aging

Activity: Member - Iowa Commission on the Aging

Paul E. Bridges, Senior Consultant  
P.O. Box 287  
Iowa City, Iowa 52240

National Field  
Research Center, Inc.

Activity: Consultant to various federal and state agencies on gerontological programs, grants, etc.

Bill Burns, Director  
Responsible Social Involvement  
Mt. Pleasant, Iowa 52641

Iowa Wesleyan  
College

Activity: Directs volunteers working with the aged.

Albert Burrows  
Professor of Sociology, Retired  
Oskaloosa, Iowa 52577

William Penn  
College

Activity: Chairman, Area Advisory Council. Member of Advisory Council to State Commission on Aging.

Marguerite Carter  
Assistant Director of Operation New View  
Peosta, Iowa 52068

U. of Dubuque

Activity: Consultant to Project Impact.

Leon Clodfelder  
Assistant Professor of Psychology  
Indianola, Iowa 50125

Simpson College

Activity: Counseling Psychologist.

Steve Colladay  
 Graduate Assistant  
 Iowa City, Iowa 52240

U. of Iowa

Activity: Behavioral Scientist, Division of Preventive  
 and Community Dentistry.

Louis P. Culver  
 State Senator  
 Dunlap, Iowa 51529

Iowa Commission on  
 the Aging

Activity: Member - Iowa Commission on the Aging.

Joan Cummings  
 Counselor  
 Cedar Falls, Iowa 50613

U. of Northern Iowa

Activity: Works with the adult/mature students at UNI.

Gregory D. Cusak  
 State Representative  
 825 Taylor  
 Davenport, Iowa 52802

Iowa Commission on  
 the Aging

Activity: Member - Iowa Commission on the Aging.

Ray Dawson  
 Senior Coordinator  
 1007 18th Street  
 Spirit Lake, Iowa 51360

Iowa Lakes  
 Comm. College

Activity: Coordinator of Dickinson County. Set up educa-  
 tional and recreational programs. Also assisted  
 with I & R system in Dickinson County.

William Drier  
 Professor of Education  
 Cedar Falls, Iowa 50613

U. of Northern Iowa

Activity: Great interest in working with the aged.

Robert J. Eaton  
 Executive Director  
 P.O. Box 4737  
 Des Moines, Iowa 50318

Gerontological Assist-  
 ance Program, Inc.

Activity: Executive Director of the Gerontological Assist-  
 ance Program, Inc.

Richard A. Feller  
 Director of Program Operations  
 P.O. Box 2311  
 Iowa City, Iowa 52240

Elderly Program  
 Development Center, Inc.

Activity: Former Director of Area Agency on Aging, active in gerontological field, director of grants and funding.

Tom Flagge  
 Coordinator  
 Fort Dodge, Iowa 50501

Iowa Central  
 Comm. College

Activity: Community Education.

William Fraser  
 Assistant Professor of Psychology  
 Sioux City, Iowa 51106

Morningside College

Activity: Teaches non-credit CEU courses for retirement and pre-retirement years.

Lois Frels, Chairperson  
 Division of Nursing  
 Mt. Pleasant, Iowa 52641

Iowa Wesleyan  
 College

Activity: Director and instructor of nursing.

Craig Gordon  
 Legal Services Coordinator  
 Cedar Rapids, Iowa 52406

Kirkwood Comm.  
 College

Activity: Contracted to KCC for coordination of legal services to elderly.

---

Edwin Green, Director  
 Community Education and Services  
 Ottumwa, Iowa 52501

Indian Hills Comm.  
 College

Activity: Has served as consultant, planner and in an advisory capacity since the beginning of the program three years ago.

Jim Hamilton, Dean  
 Community Services  
 Council Bluffs, Iowa 51501

Iowa Western Comm.  
 College

Activity: Supervises all adult education programs.

Philip Hamilton  
 Chairman, Sociology  
 Dubuque, Iowa 52001  
 Activity: Educator.

Loras College

Ingwer L. Hansen  
 State Representative  
 Hartley, Iowa 51346  
 Activity: Member - Iowa Commission on the Aging.

Iowa Commission on  
 the Aging

Dennis K. Helling  
 Assistant Professor of Clinical Pharmacy  
 Iowa City, Iowa 52240  
 Activity: Chairman, Division of Clinical/Hospital Pharmacy.

U. of Iowa

William Henderson  
 Associate Professor  
 Iowa City, Iowa 52240  
 Activity: Biostatistician, Division of Preventive  
 Community Dentistry.

U. of Iowa

Todd Hines  
 Lecturer in Psychology  
 Des Moines, Iowa 50311  
 Activity: Teaches "Psychological Aspects of Aging" in  
 pre-retirement center's training program.

Drake U.

H. Lee Jacobs  
 College of Medicine, Retired  
 Iowa City, Iowa 52240  
 Activity: Was head of the Department of Gerontology. Serves,  
 among other capacities, as a consultant to Project  
Impact at the University of Dubuque, Dubuque, Iowa.

U. of Iowa

Ida N. Johnson, Assistant Professor  
 Nursing Department  
 Cedar Rapids, Iowa 52402  
 Activity: Educator - Nurse Instructor.

Mount Mercy College

Pat Kinsella  
 Coordinator, Adult Education  
 Dubuque, Iowa 52001  
 Activity: Coordinates short-term consumer education programs  
 for low income persons.

Northeast Area I

Craig Knudson  
Adult Education Director  
Iowa Falls, Iowa 50126

Ellsworth Comm.  
College

Activity: Has set up a number of educational programs  
for the aged.

Leroy E. Lindsey  
Academic Dean  
University Park, Iowa 52595

Vennard College

Activity: Professor of Pastoral Cou,seling.

Sister Mary Roberta Lyness  
Assistant Professor  
Department of Sociology  
Cedar Rapids, Iowa 52402

Mt. Mercy College

Activity: Educator

Jacqueline Mack  
Coordinator, Adult Education  
Farley, Iowa 52046

Northeast Area I  
Voc-Tech School

Activity: Coordinates short-term consumer education  
programs for low income persons.

Francis E. Malone, Jr.  
3715 Elmwood Drive, N.E.  
Cedar Rapids, Iowa 52402

Coe College

Activity: Board Member - Gerontological Assistance Program,  
Inc.

---

Donald K. McKinney, Director  
626 Insurance Exchange Building  
Sioux City, Iowa 51102

Area IV Agency on  
Aging

Activity: Board Member- Gerontological Assistance Program,  
Inc. Director, Area IV Agency on Aging.

Woodrow W. Morris  
Associate Dean, Medicine Administration  
Iowa City, Iowa 52240

U. of Iowa

Activity: Chairman - Iowa Commission on the Aging.

Charles Mundorff  
 Doctorate Candidate  
 Lamoni, Iowa 50140

Graceland College

Activity: Presently preparing a text on "Aging and Society."

Sam Osborne, Chairman  
 Education and Psychology Department  
 Iowa Falls, Iowa 50126

Ellsworth Comm.  
 College

Activity: Care and activities of the aged.

Bernard Padget, Coordinator  
 Adult Career Education  
 Waterloo, Iowa 50704

Hawkeye Inst. Tech.

Activity: Member of Board, N.E. Iowa Council on Aging.

E.J. Paul  
 Assistant Professor of Management  
 Des Moines, Iowa 50311

Drake U.

Activity: Teaches social construct and benefits to organizations by providing pre-retirement planning to employees. This activity is performed within the course instruction of the training seminar offered through the Pre-Retirement Planning Center.

Leona I. Peterson  
 Executive Director  
 415 Tenth Street  
 Des Moines, Iowa 50319

Iowa Commission on  
 the Aging

Activity: Executive Director of the Iowa Commission on the Aging.

Madge Phillips  
 Director of Linn County Health Center  
 Cedar Rapids, Iowa 52406

Kirkwood Comm.  
 College

Activity: Consultant.

Harry I. Prugh  
4010 Woodland  
Des Moines, Iowa 50304

Iowa Commission on  
the Aging

Activity: Member - Iowa Commission on the Aging.

John P. Rogers, Instructor  
Department of Social Work  
Cedar Rapids, Iowa 52406

Mount Mercy College

Activity: Educator

Thea Sando  
Retired Social Worker  
Iowa City, Iowa 52240

U. of Iowa

Activity: Very active and knows many people involved in  
work with the aged.

Fred Sawyer  
Senior Coordinator  
Estherville, Iowa 51334

Iowa Lakes Comm.  
College

Activity: Organized educational and recreational programs  
for Emmet County along with establishing public  
relations with peer group in Senior Center.

Raymond J. Schlicher, Director  
Extension and Continuing Education  
Cedar Falls, Iowa 50613

U. of Northern Iowa

Activity: Could advise individuals or groups on possible  
university-sponsored programs for the aging.

Mel Schroeder  
Assistant Director  
Community Education  
Fort Dodge, Iowa 50521

Iowa Central Comm.  
College

Activity: Programming educational activities.

Colleen Shaw  
RFD 4  
Corning, Iowa 50841

Iowa Commission on  
the Aging

Activity: Member - Iowa Commission on the Aging.

Mae Steffen  
Senior Coordinator  
Estherville, Iowa 51334

Iowa Lakes Comm.  
College

Activity: Clay County coordinator. Conducts education and recreational programs along with being chairman of County Task Force.

Anne K. Stenzel  
Associate Professor  
Chairman, Department of Social Work  
Cedar Rapids, Iowa 52402

Mount Mercy College

Activity: Educator

Jerry Stockdale  
Associate Professor  
Department of Sociology and Anthropology  
Cedar Falls, Iowa 50316

U. of Northern Iowa

Activity: Could advise relative to courses or personnel who could counsel the aging.

Alan M. Stowell  
P.O. Box 1381  
Iowa City, Iowa 52241

Attorney at Law

Activity: Gerontological Legal Services. Legal consulting in the field of aging.

Anita M. Stowell  
Project Development and Research  
Consultant  
P.O. Box 2311  
Iowa City, Iowa 52240

Elderly Program  
Development Center, Inc.

Activity: Project development and research in aging field.  
Expertise: employment, education, mass media,  
and administrative operations.



Marjorie Troeh  
 Commissioner of Women  
 Lamoni, Iowa 50140

Graceland College

Activity: Chairperson of "Task Force on AGing" for RLDS World Church. Is in process of research for resources and personnel available both for course study and for program implementation.

C. A. Trueblood  
 College Physician  
 Indianola, Iowa 50125

Simpson College

Activity: Has many aging patients, and takes great interest in them.

Linda Vogel  
 Instructor in Department of Religion  
 LeMars, Iowa 51031

Westmar College

Activity: Conducts courses, seminars and workshops related to life problems and faith, aging process, etc.

Thomas H. Walz  
 Department of Sociology  
 202 North Hall  
 Iowa City, Iowa 52240

U. of Iowa

Activity: Board Member - Gerontological Assistance Program, Inc.

---

Marg Welsh  
 Coordinator, Adult Education  
 Calmar, Iowa 52132

Northeast Area I  
 Voc-Tech School

Activity: Coordinates short-term health courses.

Amy Wicks  
 Coordinator, Adult Education  
 Calmar, Iowa 52132

Northeast Area I  
 Voc-Tech School

Activity: Coordinates short-term health courses.

Ben Wiese, Professor  
Orange City, Iowa 51041

Northwestern  
College

Activity: In charge of 'Adopt a Grandparent' program.

Mavis Young  
Coordinator, Adult Education  
Calmar, Iowa 52132

Northeast Area I  
Voc-Tech School

Activity: Coordinates short-term consumer education  
programs for low-income persons.

APPENDIX

## APPENDIX

The Appendix contains two lists of colleges and personnel. Appendix A is the list of colleges and universities responding to this study, and the personnel who served as source persons who were knowledgeable about the programs for the elderly in each area. This list is, as far as can be determined, the colleges and institutions in Iowa who now have programs and activities or personnel in the field of elderly or about the elderly.

The second list (Appendix B) is the original list that was contacted through this study, the colleges listed include the original contact person. This may or may not be the same person as listed in Appendix A. Many colleges listed in Appendix B did not respond to the questionnaires, phone calls, and offers to visit. Others simply noted that they did not have programs, courses, etc. and were not interested!

---

Appendix C is a copy of the original letter sent to all institutions.

Appendix D is a copy of the questionnaire.



APPENDIX A

COLLEGES, UNIVERSITIES, AND KEY PERSONNEL

PARTICIPATING IN THIS STUDY

---

APPENDIX A  
COLLEGES, UNIVERSITIES, AND KEY PERSONNEL  
PARTICIPATING IN THIS STUDY  
(Alphabetical by College)

BRIAR CLIFF COLLEGE

Sister Mary Lenz, Director  
Continuing and Cooperative Education  
3303 Rebecca  
Sioux City, Iowa 51104  
(712) 279-5407

CENTRAL UNIVERSITY OF IOWA

Maurice Birdsall  
Professor of Communication and Theatre  
Pella, Iowa 50219  
(515) 628-4151 ext. 375

DES MOINES AREA COMMUNITY COLLEGE

Richard J. Lintner  
Health Care Administration Program  
Ankeny, Iowa 50021  
(515) 964-6523

DRAKE UNIVERSITY

Donald L. Bowman, Director  
Pre-Retirement Planning Center  
Drake University  
Des Moines, Iowa 50311  
(515) 271-2181

ELLSWORTH COMMUNITY COLLEGE

Duane Lloyd  
Director of Academic Affairs  
1100 College Street  
Iowa Falls, Iowa 50126  
(515) 648-4611

GRACELAND COLLEGE

A. Deane Edwards  
Director, Senior Citizens Program  
Lamoni, Iowa 50140  
(515) 784-3311

GRANDVIEW COLLEGE

Thomas R. Fischer  
Vice President for Academic Affairs  
1200 Grandview  
Des Moines, Iowa 50316  
(515) 265-4232

HAWKEYE INSTITUTE OF TECHNOLOGY

George V. Bennett  
Director Adult and Continuing Education  
Box 8015  
Waterloo, Iowa 50704  
(319) 296-2320

INDIAN HILLS COMMUNITY COLLEGE

Edwin Green, Director  
Community Education and Services  
Ottumwa Industrial Airport  
Ottumwa, Iowa 52501  
(515) 682-8081 ext. 231

IOWA CENTRAL COMMUNITY COLLEGE

Larry J. Warford  
Director of Community Education  
330 Avenue M  
Fort Dodge, Iowa 50501  
(515) 576-7201

IOWA LAKES COMMUNITY COLLEGE

Milton R. Nolting  
Supervisor of Continuing Education  
300 South 18th Street  
Estherville, Iowa 51334  
(712) 362-7231

IOWA STATE UNIVERSITY

Edward A. Powers  
Associate Professor of Sociology  
203 East Hall  
Ames, Iowa 50010  
(515) 294-8125

IOWA WESLEYAN COLLEGE

Jerry L. Richards  
Vice President for Academic Affairs  
Mt. Pleasant, Iowa 52641  
(319) 385-8021 ext. 355

---

IOWA WESTERN COMMUNITY COLLEGE

James Hamilton  
Dean of Community Services  
2700 College Road  
Council Bluffs, Iowa 51501  
(712) 328-3831 ext. 297



KIRKWOOD COMMUNITY COLLEGE

George Maybanks  
Retirement Education and O.R.E.O.  
Kirkwood Community College  
Cedar Rapids, Iowa 52406  
(319) 298-5411

LORAS COLLEGE

Rev. Philip Hamilton  
Chairman - Sociology  
Loras College  
1450 Alta Vista  
Dubuque, Iowa 52001  
(319) 588-7236

MORNINGSIDE COLLEGE

Raymond S. Nelson  
Vice President for Academic Affairs  
Sioux City, Iowa 51106  
(712) 277-5103

MOUNT MERCY COLLEGE

Sister Mary Agnes Hennessey, R.S.M., President  
Cedar Rapids, Iowa 52402  
(319) 363-8213 ext. 220

MUSCATINE COMMUNITY COLLEGE

Ray Taylor  
Director of Community Services  
Muscatine, Iowa 52761  
(319) 263-8250

NORTHERN IOWA AREA COMMUNITY COLLEGE

Noreen Coyan  
Adult Education Coordinator  
500 College Drive  
Mason City, Iowa 50401  
(515) 423-1264

NORTHEAST AREA I VOCH-TECH SCHOOL  
Calmar-Dubuque

R. Gene Gardner  
Assistant Superintendent, Adult Education  
P.O. Box 400  
Calmar, Iowa 52132  
(319) 562-3263

NORTHWEST IOWA TECHNICAL COLLEGE

Rita M. Cook R.V., Health Coordinator  
Sheldon, Iowa 51201  
(712) 324-2587

NORTHWESTERN COLLEGE

Edward E. Ericson, Jr.  
Dean of Academic Affairs  
Orange City, Iowa 51041  
(712) 737-4821

OTTUMWA HEIGHTS COLLEGE

Sister Mary Simone Wilmes  
Ottumwa, Iowa 52501  
(515) 682-4551

SIMPSON COLLEGE

Margaret L. Watson  
Professor of Biology  
Simpson College  
Indianola, Iowa 50125  
(515) 961-6251 ext. 698

UNIVERSITY OF NORTHERN IOWA

Robert E. Claus, Professor  
Department of Sociology, Anthropology and Social Work  
Cedar Falls, Iowa 50613  
(319) 273-2350

UNIVERSITY OF NORTHERN IOWA (con't.)

Jerry D. Stockdale, Associate Professor  
 Department of Sociology, Anthropology and Social Work  
 Cedar Falls, Iowa 50613  
 (319) 273-2350

Raymond J. Schlicher, Director  
 Extension and Continuing Education  
 U. of Northern Iowa  
 Cedar Falls, Iowa 50613  
 (319) 273-2121

UNIVERSITY OF DUBUQUE

LeRoy H. Giles, Director of Project Impact  
 Bill Montgomery, Field Work Assistant  
 2050 University  
 Dubuque, Iowa 52001  
 (319) 557-2348

UNIVERSITY OF IOWA

David K. Leslie  
 Associate Professor of Mens Physical Education  
 Room 205, Fieldhouse  
 University of Iowa  
 Iowa City, Iowa 52240  
 (319) 353-3072

Adeline M. Hoffman, Professor  
 Department of Home Economics  
 129 MacBride Hall  
 Iowa City, Iowa 52240  
 (319) 353-3176

Ronald L. Ettinger, Assistant Professor  
 College of Dentistry  
 Removable Prosthodontics  
 Iowa City, Iowa 52240  
 (319) 353-6547

Dennis K. Helling  
 Assistant Professor of Clinical Pharmacy  
 Chairman, Division of Clinical/Hospital Pharmacy  
 College of Pharmacy  
 Iowa City, Iowa 52240  
 (319) 353-3716

UNIVERSITY OF IOWA (con't.)

John McLure, Professor  
Secondary Education  
W202 East Hall  
Iowa City, Iowa 52240  
(319) 353-5681

VENNARD COLLEGE

Leroy E. Lindsey  
Academic Dean  
University Park, Iowa 52595  
(515) 673-6366

WALDORF COLLEGE

Dale L. Hanke  
Dean of Instruction  
Forest City, Iowa 50436  
(515) 582-2450

WESTERN IOWA TECHNICAL COMMUNITY COLLEGE

Sara Edwards, Health Occupations Coordinator  
Adult and Continuing Education Division  
4647 Stone Ave.  
Box 265  
Sioux City, Iowa 51102  
(712) 276-0380

WESTMAR COLLEGE

Nelson C. Newendorp  
Director, "Janus Program"  
1002 3rd Ave. SE  
LeMars, Iowa 51031  
(712) 546-7081 est. 245

ARCHIVAL BOND  
25% COTTON

APPENDIX B

ORIGINAL LIST OF ALL COLLEGES, UNIVERSITIES,  
PREPARATORY SCHOOLS AND PERSONNEL CONTACTED  
BY SURVEY TEAM THROUGH  
QUESTIONNAIRES AND/OR TELEPHONE CALLS

---

APPENDIX B  
ORIGINAL LIST OF ALL COLLEGES, UNIVERSITIES,  
PREPARATORY SCHOOLS AND PERSONNEL CONTACTED  
BY SURVEY TEAM THROUGH  
QUESTIONNAIRES AND/OR TELEPHONE CALLS  
(Alphabetical Listing By Institution)

BRIAR CLIFF COLLEGE

Kasper C. Marking, President  
3303 Rebecca Street  
Sioux City, Iowa 51104

BUENA VISTA COLLEGE

Wendell Q. Halverson, President  
West 4th and College Streets  
Storm Lake, Iowa 50588

CENTRAL UNIVERSITY OF IOWA

Kenneth Weller, President  
812 University  
Pella, Iowa 50219

CLARKE COLLEGE

Robert J. Giroux, President  
1550 Clarke Drive  
Dubuque, Iowa 52001

CLINTON COMMUNITY COLLEGE

Dean F. Travis, Dean  
1000 Lincoln Boulevard  
Clinton, Iowa 52732

COE COLLEGE

Leo L. Nussbaum, President  
1220 First Avenue  
Cedar Rapids, Iowa 52402

COLLEGE OF OSTEOPATHIC MEDICINE AND SURGERY

J. Leonard Azneer, President  
2100 Grand Avenue  
Des Moines, Iowa 50312

CORNELL COLLEGE

Charles M. Cochran, Acting President  
Mount Vernon, Iowa 52314

DES MOINES AREA COMMUNITY COLLEGE

Paul L. Lowery, Superintendent  
2006 Ankeny Boulevard  
Ankeny, Iowa 50021

DES MOINES AREA COMMUNITY COLLEGE, BOONE CAMPUS

E.J. Stadel, Dean  
1125 Hancock Drive  
Boone, Iowa 50036

DIVINE WORD COLLEGE

The Very Reverend Louis J. Luzbetak, President  
Epworth, Iowa 52045

DORDT COLLEGE

Reverend B.J. Haan  
498 4th Ave. NE  
Sioux City, Iowa 51250

DRAKE UNIVERSITY

Wilbur C. Miller, President  
25th and University Ave.  
Des Moines, Iowa 50311

ELLSWORTH COMMUNITY COLLEGE

Glennon P. Warford, Dean  
1100 College Ave.  
Iowa Falls, Iowa 50126

FAITH BAPTIST BIBLE COLLEGE

David Nettleton, President  
1900 N. 4th Street  
Ankeny, Iowa 50021

FINLEY HOSPITAL SCHOOL OF NURSING

1470 Allison Place  
Dubuque, Iowa 52001

GRACELAND COLLEGE

Willina T. Higdon, President  
Graceland College  
Lamoni, Iowa 50140

GRAND VIEW COLLEGE

Karl F. Langrock, President  
1200 Grandview Ave.  
Des Moines, Iowa 50316

GRINNELL COLLEGE

Glenn Leggett, President  
Grinnell, Iowa 50112



HAMILTON COLLEGE

9 Second Street, NW  
Mason City, Iowa 50401

HAWKEYE INSTITUTE OF TECHNOLOGY

Travis Martin, Superintendent  
1501 East Orange Road  
Waterloo, Iowa 50704

INDIAN HILLS COMMUNITY COLLEGE, CENTERVILLE CAMPUS

Stephen P. Poort, Director  
North First Street  
Centerville, Iowa 52544

INDIAN HILLS COMMUNITY COLLEGE

Lyle Hellyer, Superintendent  
Ottumwa Industrial Airport  
Ottumwa, Iowa 52501

IOWA LAKES COMMUNITY COLLEGE

Richard H. Blacker, Superintendent  
101½ North 6th Street  
Estherville, Iowa 51334

IOWA CENTRAL COMMUNITY COLLEGE

Edwin Barbour, Superintendent  
330 Avenue M.  
Fort Dodge, Iowa 50501

IOWA METHODIST SCHOOL OF NURSING

1117 Pleasant Street  
Des Moines, Iowa 50309

IOWA STATE UNIVERSITY

Edward Powers  
Ames, Iowa 50010

IOWA WESLEYAN COLLEGE

Louis Haselmayer  
Mount Pleasant, Iowa 52461

IOWA WESTERN COMMUNITY COLLEGE, CLARINDA CAMPUS

William Fedderson, Dean  
923 E. Washington  
Clarinda, Iowa 51632

IOWA WESTERN COMMUNITY COLLEGE

Robert D. Looft, Superintendent  
2700 College Road  
Council Bluffs, Iowa 51501

JENNIE EDMONDSON MEMORIAL HOSPITAL, SCHOOL OF NURSING

933 E. Pierce Street  
Council Bluffs, Iowa 51501

KIRKWOOD COMMUNITY COLLEGE

Selby A. Ballantyne, Superintendent  
6301 Kirkwood Boulevard, SW  
Cedar Rapids, Iowa 52406

LORAS COLLEGE

Msgr. Francis Friedl  
Alta Vista and Loras Blvd.  
Dubuque, Iowa 52001

LUTHER COLLEGE

Elwin Farwell, President  
Decorah, Iowa 52101

MARSHALLTOWN COMMUNITY COLLEGE

James A. McKinstry, Dean  
113 North First Ave.  
Marshalltown, Iowa 50158

MARSHALLTOWN COMMUNITY SCHOOL OF NURSING

3 South 4th Ave.  
Marshalltown, Iowa 50158

MARYCREST COLLEGE

Cathleen Real  
1607 West 12th  
Davenport, Iowa 52804

MERCY HOSPITAL SCHOOL OF NURSING

1165 W. Fifth Ave.  
Des Moines, Iowa 50314

MERCY HOSPITAL SCHOOL OF RADIOLOGIC TECHNOLOGY

701 10th Street, SE  
Cedar Rapids, Iowa 52402

MOUNT MERCY COLLEGE

Sister Mary Agnes Hennessey  
1330 Elmhurst Drive, NE  
Cedar Rapids, Iowa 52402

MOUNT SAINT CLARE COLLEGE

Sister Eileen Smith  
400 N. Bluff Boulevard  
Clinton, Iowa 52732

MORNINGSIDE COLLEGE

Thomas S. Thompson  
1501 Morningside Ave.  
Sioux City, Iowa 51106

MUSCATINE COMMUNITY COLLEGE

Mark L. Hopkins, Dean  
152 Colorado Street  
Muscatine, Iowa 52761

NORTH IOWA AREA COMMUNITY COLLEGE

David Pierce, Superintendent  
500 College Drive  
Mason City, Iowa 50401

NORTHEAST IOWA AREA VOCATIONAL-TECHNICAL SCHOOL

Max R. Clark, Superintendent  
Box 400  
Calmar, Iowa 52132

NORTHWEST IOWA VOCATIONAL SCHOOL

Daniel W. McPherson, Superintendent  
Highway 18 West  
Sheldon, Iowa 51201

NORTHWESTERN COLLEGE

Lars I. Granberg  
Orange City, Iowa 51041

OTTUMWA HEIGHTS COLLEGE

Jerry Solloway  
Ottumwa, Iowa 52501

OTTUMWA HOSPITAL SCHOOL OF RADIOLOGIC TECHNOLOGY

1001 East Pennsylvania  
Ottumwa, Iowa 52501

OTTUMWA SCHOOL OF MEDICAL TECHNOLOGY

Box F  
Ottumwa, Iowa 52501

PALMER COLLEGE OF CHIROPRACTIC

1000 Brady Street  
Davenport, Iowa 52803

PALMER JUNIOR COLLEGE

1000 Brady Street  
Davenport, Iowa 52803

RYDER TECHNICAL INSTITUTE

1326 Walnut Street  
Des Moines, Iowa 50309

SCHOOL OF MEDICAL TECHNOLOGY

St. Luke's Methodist Hospital  
1026 'A' Avenue, NE  
Cedar Rapids, Iowa 52406

SCOTT COMMUNITY COLLEGE

Donald G. Foreman, Dean  
627 West Second Street  
Davenport, Iowa 52801

SIMPSON COLLEGE

Richard Lancaster  
Indianola, Iowa 50125

SPENCER SCHOOL OF BUSINESS

217 West 5th Street  
Spencer, Iowa 51301

ST. AMBROSE COLLEGE

William Bakrow  
518 W. Locust Street  
Davenport, Iowa 52803

ST. JOSEPH MERCY HOSPITAL

School of Medical Technology  
2101 Court Street  
Sioux City, Iowa 51104

---

ST. LUKE'S METHODIST HOSPITAL

School of Nursing  
225 12th Street, NE  
Cedar Rapids, Iowa 52402

ST. LUKE'S SCHOOL OF NURSING

2720 Stone Park Boulevard  
Sioux City, Iowa 51104

SOUTHEASTERN COMMUNITY COLLEGE

C.W. Callison, Superintendent  
P.O. Box 1001  
Burlington, Iowa 52601

SOUTHEASTERN COMMUNITY COLLEGE, SOUTH CAMPUS

John Adkins, Director  
727 Washington Street  
Keokuk, Iowa 52632

SOUTHWESTERN COMMUNITY COLLEGE

John A. Smith, Superintendent  
1501 West Townline Street  
Creston, Iowa 50801

SIOUX EMPIRE COLLEGE

Albert D. Hudek  
Box 312  
Hawarden, Iowa 51023

UNIVERSITY OF DUBUQUE

Walter Peterson  
2050 University Ave.  
Dubuque, Iowa 52001

UNIVERSITY OF IOWA

B.S. Barnes, Dean  
College of Business Administration  
Iowa City, Iowa 52240

Ronald Ettinger  
College of Dentistry  
406 Dental Science Building  
Iowa City, Iowa 52240

Adeline Hoffman  
Department of Home Economics  
129 MacBride Hall  
Iowa City, Iowa 52240

UNIVERSITY OF IOWA (con't)

David K. Leslie  
Professor of Physical Education for Men  
502 Field House  
Iowa City, Iowa 52240

John McLure, Professor  
Secondary Education  
W202 East Hall  
Iowa City, Iowa 52240

Woodrow Morris, Associate Dean  
Medicine Administration  
Iowa City, Iowa 52240

Dewey B. Stuit, Dean  
College of Liberal Arts  
Iowa City, Iowa 52240

Thomas Walz  
Department of Sociology  
202 North Hall  
Iowa City, Iowa 52240

UNIVERSITY OF NORTHERN IOWA

Howard T. Knutson  
University of Northern Iowa  
Cedar Falls, Iowa 50613

UPPER IOWA UNIVERSITY

Aldrich K. Paul  
Fayette, Iowa 52142

VENNARD COLLEGE

Merne A. Harris  
University Park, Iowa 52595



WALDORF COLLEGE

Rev. Paul D. Mork  
Forest Ctiy, Iowa 50436

WARTBURG COLLEGE

John Bachman  
Waverly, Iowa 50677

WESTERN IOWA TECHNICAL COMMUNITY COLLEGE

Robert H. Kiser, Superintendent  
3075 Floyd Boulevard  
Sioux City, Iowa 51105

WESTERN IOWA TECHNICAL SCHOOL OF NURSING

101½ East Main Street  
Cherokee, Iowa 51012

WESTMAR COLLEGE

Laurence C. Smith  
LeMars, Iowa 51031

WILLIAM PENN COLLEGE

O. Duane Moon  
Oskaloosa, Iowa 52577



XXIV

ARCHIVAL BOND

25% COTTON

APPENDIX C

ORIGINAL LETTER

---



GERONTOLOGICAL ASSISTANCE PROGRAM, INC.

July 3, 1975

Dear Colleague:

The Gerontological Assistance Program (GAP) is extremely interested in compiling the resources available in Iowa Colleges and Universities that have involvement in programs, activities, courses and research in the field of the Aging. GAP plans to publish bulletins on:

1. Programs and Courses for students preparing to enter the field of Aging;
2. Personnel engaged in academic programs and activities related to Aging;
3. Personnel who have acquired informal experience in the field of Aging through involvement with committees, commissions, etc.;
4. Courses and activities offered for persons of advanced age;

Willard Lane, Professor at the University of Iowa, Robert Butler of the University of Iowa, and Barton Philipps of the University have agreed to develop this material.

---

The information will be made available to the many people and Agencies that look to GAP for help.

We are anxious that all schools in the State having activity in this field be listed. Please return the completed questionnaire to P.O. Box 986, Iowa City, Iowa, 52240, by July 20th.

Sincerely yours,

Willard R. Lane  
Professor

APPENDIX D

QUESTIONNAIRE



---

ARCHIVAL BOND

25% COTTON

A SURVEY OF  
IOWA COLLEGES AND UNIVERSITIES  
WITH GERONTOLOGICAL INVOLVEMENT

Sponsored By:

Gerontological Assistance Program  
Des Moines, Iowa

Conducted By:

W. R. Lane, Professor, University of Iowa  
Robert Butler, Research Associate  
Barton Philipps, Research Associate  
P.O. Box 986  
Iowa City, Iowa 52240

---

June, 1975

---

PLEASE RETURN BY JULY 20, 1975

---

RESPONDENT

Name of College or University: \_\_\_\_\_

\_\_\_\_\_

Name and title of person(s) completing questionnaire:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

RETURN TO: P.O. Box 986  
Iowa City, Iowa 52240

PART I - PERSONNEL

A. Does your school presently employ persons who are engaged full or part time in teaching, research or related activities which are primarily oriented toward persons of immediate retirement age or older? Yes \_\_\_\_\_ No \_\_\_\_\_

If answer is yes, please complete the following information.

Name \_\_\_\_\_

Title \_\_\_\_\_

Campus Address \_\_\_\_\_

\_\_\_\_\_

Nature of Activity(s) \_\_\_\_\_

Devotes full time \_\_\_\_\_ part time \_\_\_\_\_

---

Name \_\_\_\_\_

Title \_\_\_\_\_

Campus Address \_\_\_\_\_

\_\_\_\_\_

Nature of Activity(s) \_\_\_\_\_

Devotes full time \_\_\_\_\_ part time \_\_\_\_\_

Name \_\_\_\_\_

Title \_\_\_\_\_

Campus Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Nature of Activity(s) \_\_\_\_\_

Devotes full time \_\_\_\_\_ part time \_\_\_\_\_

Name \_\_\_\_\_

Title \_\_\_\_\_

Campus Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Nature of Activity(s) \_\_\_\_\_

Devotes full time \_\_\_\_\_ part time \_\_\_\_\_

Name \_\_\_\_\_

Title \_\_\_\_\_

Campus Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Nature of Activity(s) \_\_\_\_\_

Devotes full time \_\_\_\_\_ part time \_\_\_\_\_



PART I - Continued

- B. Please list personnel not listed in Part A, who by reasons of interest and experience, could be considered as resource persons, advisors, consultants, etc., in the field of aging.

Name \_\_\_\_\_

Title \_\_\_\_\_

College or University Address

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Brief description of activities \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Name \_\_\_\_\_

Title \_\_\_\_\_

College or University Address

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Brief description of activities \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Name \_\_\_\_\_

Title \_\_\_\_\_

College or University Address

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Brief description of activities \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Name \_\_\_\_\_

Title \_\_\_\_\_

College or University Address

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Brief description of activities \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Name \_\_\_\_\_

Title \_\_\_\_\_

College or University Address

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Brief description of activities \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

PART II - COURSES AND/OR PROGRAMS

- A. Does your school offer courses (seminars, workshops, etc.,) for students who desire to specialize or achieve competencies in areas which are specifically related to aging persons? Yes \_\_\_\_\_ No \_\_\_\_\_

If answer is yes, please complete the following:

Course Title and Number: \_\_\_\_\_

Brief Description: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Course Title and Number: \_\_\_\_\_

Brief Description: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Course Title and Number: \_\_\_\_\_

Brief Description: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Course Title and Number: \_\_\_\_\_

Brief Description: \_\_\_\_\_

---

---

---

---

---

Course Title and Number: \_\_\_\_\_

Brief Description: \_\_\_\_\_

---

---

---

---

---

Course Title and Number: \_\_\_\_\_

Brief Description: \_\_\_\_\_

---

---

---

---

---

Course Title and Number: \_\_\_\_\_

Brief Description: \_\_\_\_\_

---

---

---

---

---

PART II - Continued

B. Does your school offer preparatory programs of study in this area which lead to the award of a degree or certificate? Yes \_\_\_\_\_ No \_\_\_\_\_

If answer is yes, please complete the following:

Program Title: \_\_\_\_\_

Description of Program: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Certificate? \_\_\_\_\_

Degree?

AA \_\_\_\_\_

PhD \_\_\_\_\_

BA \_\_\_\_\_

MD \_\_\_\_\_

MA \_\_\_\_\_

Other \_\_\_\_\_

Program Title: \_\_\_\_\_

Description of Program: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Certificate? \_\_\_\_\_

Degree?

AA \_\_\_\_\_

PhD \_\_\_\_\_

BA \_\_\_\_\_

MD \_\_\_\_\_

MA \_\_\_\_\_

Other \_\_\_\_\_

Program Title: \_\_\_\_\_

Description of Program: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Certificate? \_\_\_\_\_

Degree?

AA \_\_\_\_\_

PhD \_\_\_\_\_

BA \_\_\_\_\_

MD \_\_\_\_\_

MA \_\_\_\_\_

Other \_\_\_\_\_

Program Title: \_\_\_\_\_

Description of Program: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Certificate? \_\_\_\_\_

Degree?

AA \_\_\_\_\_

PhD \_\_\_\_\_

BA \_\_\_\_\_

MD \_\_\_\_\_

MA \_\_\_\_\_

Other \_\_\_\_\_

Program Title: \_\_\_\_\_

Description of Program: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Certificate? \_\_\_\_\_

Degree?

AA \_\_\_\_\_

PhD \_\_\_\_\_

BA \_\_\_\_\_

MD \_\_\_\_\_

MA \_\_\_\_\_

Other \_\_\_\_\_

PART III - THE ELDERLY LEARNER

A. Does your school offer courses, programs, workshops, etc., specifically for elderly persons?

Yes \_\_\_\_\_ No \_\_\_\_\_

If answer is yes, please complete the following information.

Course Title and Number: \_\_\_\_\_

Brief Description: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Course Title and Number: \_\_\_\_\_

Brief Description: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Course Title and Number: \_\_\_\_\_

Brief Description: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

ARCHIVAL BOARD  
SECTION

Course Title and Number: \_\_\_\_\_

Brief Description: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Course Title and Number: \_\_\_\_\_

Brief Description: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Course Title and Number: \_\_\_\_\_

Brief Description: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Course Title and Number: \_\_\_\_\_

Brief Description: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Course Title and Number: \_\_\_\_\_

Brief Description: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



PART III - Continued

- B. Does your school offer activities specifically for elderly persons (example: Physical Fitness, Recreation, Crafts, Discussion Groups, etc.)

Yes \_\_\_\_\_ No \_\_\_\_\_

If answer is yes, please complete the following:

Name and number (if any) of activity \_\_\_\_\_

\_\_\_\_\_

Name of person in charge \_\_\_\_\_

Description: \_\_\_\_\_

\_\_\_\_\_

Name and number (if any) of activity \_\_\_\_\_

\_\_\_\_\_

Name of person in charge \_\_\_\_\_

Description: \_\_\_\_\_

\_\_\_\_\_

Name and number (if any) of activity \_\_\_\_\_

\_\_\_\_\_

Name of person in charge \_\_\_\_\_

Description: \_\_\_\_\_

\_\_\_\_\_

Name and number (if any) of activity \_\_\_\_\_

\_\_\_\_\_

Name of person in charge \_\_\_\_\_

Description: \_\_\_\_\_

\_\_\_\_\_

Name and number (if any) of activity \_\_\_\_\_

\_\_\_\_\_

Name of person in charge \_\_\_\_\_

Description: \_\_\_\_\_

\_\_\_\_\_

Name and number (if any) of activity \_\_\_\_\_

\_\_\_\_\_

Name of person in charge \_\_\_\_\_

Description: \_\_\_\_\_

\_\_\_\_\_

Name and number (if any) of activity \_\_\_\_\_

\_\_\_\_\_

Name of person in charge \_\_\_\_\_

Description: \_\_\_\_\_

\_\_\_\_\_

PART IV - RESEARCH

Please complete the following information regarding research activities completed in the past three years, now in progress or in the planning/funding cycle, which relate to elderly persons.

Project Title \_\_\_\_\_

Researcher \_\_\_\_\_

Name and title

Completed \_\_\_\_ In progress \_\_\_\_ In planning/funding cycle \_\_\_\_

Funding Agency \_\_\_\_\_

Brief description of Research Project mentioned above:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

---

Project Title \_\_\_\_\_

Researcher \_\_\_\_\_

Name and title

Completed \_\_\_\_ In progress \_\_\_\_ In planning/funding cycle \_\_\_\_

Funding Agency \_\_\_\_\_

Brief description of Research Project mentioned above:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Project Title \_\_\_\_\_

Researcher \_\_\_\_\_

Name and title

Completed\_\_\_ In progress\_\_\_ In planning/funding cycle\_\_\_

Funding Agency \_\_\_\_\_

Brief description of Research Project mentioned above:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Project Title \_\_\_\_\_

Researcher \_\_\_\_\_

Name and title

Completed\_\_\_ In progress\_\_\_ In planning/funding cycle\_\_\_

Funding Agency \_\_\_\_\_

Brief description of Research Project mentioned above:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Project Title \_\_\_\_\_

Researcher \_\_\_\_\_

Name and title

Completed\_\_\_ In progress\_\_\_ In planning/funding cycle\_\_\_

Funding Agency \_\_\_\_\_

Brief description of Research Project mentioned above:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

STATE LIBRARY OF IOWA



3 1723 02116 4371