

WHO IS RESPONSIBLE FOR INSPECTING IOWA'S NURSING FACILITIES?

In lowa, the Department of Inspections and Appeals (DIA) is the state regulatory agency responsible for inspecting nursing facilities and reporting the survey findings in the statement of deficiencies.

Within the DIA, the section that performs the inspections is the Health Facilities Division. To contact the Division, write to:

Iowa Dept. of Inspections and Appeals Health Facilities Division Lucas State Office Building 321 E. 12th Street Des Moines, Iowa 50319-0083

You may also call (515) 281-4115 or visit https://dia-hfd.iowa.gov/DIA_HFD/Home.do.

WHERE CAN I FIND REPORTS OF FACILITY INSPECTIONS?

Nursing facilities are required by law to have a copy of their statement of deficiencies on display in a public location.

The DIA also allows the public to view inspection reports and final findings of complaint investigations online at https://dia-hfd.iowa.gov/DIA HFD/Process.do.

WHAT IS A STATEMENT OF DEFICIENCIES?

A statement of deficiencies is a document containing the DIA Health Facilities Division's comprehensive inspection of a nursing facility. It documents identified non-compliance with federal certification requirements using a federal tag (F-tag) numbering system along with a detailed explanation of each deficiency. The inspection is necessary for the nursing facility to continue to receive funding from Medicare and Medicaid. There is also a statement of deficiencies that documents any identified areas of non-compliance with state licensure rules. The statement of deficiencies serves as a tool for the facility to use to correct issues that are not up to minimal standards of care as mandated by the state and federal governments.

WHAT IS AN F-TAG NUMBER?

A federal tag (or F-tag) number corresponds to a specific regulation within the Code of Federal Regulations. For example, "F312" refers to the regulation requiring nursing facilities to provide dependent residents with care. State regulations will also appear on a statement of deficiencies with an identifying number from the lowa Administrative Code and the corresponding F-tag number.

WHAT F-TAG NUMBERS WILL TELL THE MOST ABOUT HOW THE FACILITY CARES FOR INDIVIDUAL RESIDENTS?

F-tag numbers that relate to resident care/quality of life can be grouped into four broad categories:

- Resident Behavior & Facility Practice tags (F221-225) cover areas such as abuse and neglect and physical or chemical restraints
- Quality of Life tags (F240-258) cover areas such as activities (social and recreational), dignity (e.g., appropriate dress), accommodation of needs, homelike environment and social services.
- **Quality of Care** tags (F309-333) cover areas such as nutrition, hydration, medications, pressure sores and activities of daily living (e.g., eating, bathing, etc.)
- **Staffing** tag (F353) covers numbers and kinds of staff present in the facility and the effect a low number of staff or inadequately trained staff have on residents' health, care and safety.

(Please see reverse for a partial list of the F-tags found in each of these four categories.)

HOW WILL DEFICIENCIES BE CORRECTED?

The statement of deficiencies includes a table that lists the F-tag number; the citation for federal regulations regarding the F-tag number and at least one example of how the facility was deficient or violated the regulation; the facility's plan to correct the deficiency cited during the survey; and, if necessary, the date the correction is expected to be completed. (Please see reverse for a sample statement of deficiencies.)

PARTIAL LIST OF F-TAGS RELATING TO RESIDENT CARE/QUALITY OF LIFE BY CATEGORY:

RESIDENT BEHAVIOR & FACILITY PRACTICE		F249	Qualified activity professionals	F317	Maintain appropriate range of motion
IACILI	TTTTACTICE	F250	Social service needs		
F221	Use of physical restraints			F318	Range of motion treatment
		F251	Qualified social worker		
F222	Use of chemical restraints			F319	Appropriate mental treatment and
F223	Right to be free from all abuse	F252	Homelike environment		social adjustment services
F223	right to be free from all abuse	F253	Housekeeping	F320	Development of avoidable mental
F224	Mistreatment, neglect or	F233	Housekeeping	F320	and social adjustment problems
	misappropriation of resident	F254	Clean linens		and social adjustment problems
	property			F322	Appropriate naso-gastric treatment
		F256	Adequate lighting		
F225	Resident abuse reporting record			F323	Hazard-free environment
	system and employing individuals	F257	Comfortable temperature level		
	found guilty of abuse, neglect or mistreatment of residents	F258	Comfortable sound level	F325	Adequate nutrition maintained
	mistreatment of residents	F230	Comfortable sound level	F327	Adequate hydration maintained
F226	Policies and procedures to prevent abuse and neglect	UIIVI I.	QUALITY OF CARE		Adequate Hydration maintained
		QUALI			Care received for injections, ostomy
		F309	Highest practicable level of care provided		care, foot care, etc.
QUALITY OF LIFE				F329	Unnecessary drugs used
F240	Residents' quality of life	F310	Activities of daily living maintained		
	• ,			F332	Medication error of 5% or more
F241	Resident dignity	F311	Appropriate treatment and services	F222	Cinniferent mandination away
		F312	Dependent resident receiving	F333	Significant medication error occurred
F242	Resident choice in activities and		i-t		occarrea

appropriate care

prevention

Vision or hearing services available

Urinary incontinence, catheter

use and urinary tract infection

F313

F315

STAFFING

F353 Necessary staff or training to meet all residents' needs

SAMPLE STATEMENT OF DEFICIENCIES:

Participate in community activities

Resident and family groups'

freedom to meet

(1) Facility ID number

schedule

F243

- (2) Date survey was completed
- (3) Facility name
- (4) Facility address
- (5) F-tag number or state rule cited
- (6) Citation from regulations regarding the F-tag number or state rule cited
- (7) Summary of incident(s) that supports how the facility was deficient or violated the regulation (If a resident is involved, the individual will be identified by gender or number to protect his/her privacy and ensure confidentiality.)
- (8) Facility's plan to correct the deficiency cited during the survey
- (9) Date by which the correction is expected to be completed

