



DAS Delivers: *HRExpress*

Department of Administrative Services ~ Empowering People · Collaboration · Customer Service

January 2023 - Happy New Year!

In this issue of *HRExpress* . . .

Iowa WorkSmart Project

- [New Mileage Reimbursement Feature](#) - The January *Smart Talk* introduces a new Mileage Reimbursement feature in Workday, and provides access to the recently updated *Pay Period Guidance for Managers* resource.

State of Iowa Benefits

- [New to Your Flexible Spending Account?](#) - Make the most of your new or existing FSA through your ASIFlex online account.
- [Is the Livongo Diabetes Prevention Program Right for You?](#) - The Livongo program makes living healthy and managing weight easier. Learn more about this diabetes prevention program available to State employees through the Wellmark health plan.
- [Know Where to Go for Care When You're Sick or Injured](#) - Wellmark helps you decide where to get care when you need it most.

Health and Well-Being

- [Voluntary Vision Insurance: Open Enrollment Underway](#) - Open enrollment is open through February for voluntary vision coverage effective April 1, 2023.
- [Be the Ultimate Cold and Flu Fighter](#) - Take action against the spread of germs with useful information from Wellmark Blue Cross and Blue Shield.
- [Free Health and Wellness Seminars Offered Online](#) - Navigate through life's challenging times with guidance from KEPRO, the State's Employee Assistance Program (EAP). Valuable new topics are added monthly, so check back often.

Retirement Savings

- [AIG Now Known as Corebridge Financial](#) - Nothing has changed except for the name. Read more.
- [IPERS Presents Ready, Set, Retire on Zoom](#) - Attend this informative seminar, created for State employees looking to retire in the next few years.

DAS Education Opportunities

- [Celebrate with PDS Certificate Series Graduates](#) - Check out who completed a PDS Certificate Series in 2022!
- [Interested in Exploring a PDS Certificate Series?](#) - Learn more about the PDS Certificate Series courses designed to build your skill set in the workplace.
- [Performance & Development Solutions \(PDS\) Training](#) - Enhance your knowledge and skills through educational programs offered by Performance & Development Solutions (PDS) and New Horizons.

HRExpress is a publication for State of Iowa employees. Please print a copy to post or share with co-workers who may not have access to a computer. For prior editions, visit the *HRExpress* webpage.

If you have questions or suggestions for future content, please contact us at hrexpress@iowa.gov.