



DAS Delivers: *HRExpress*

Department of Administrative Services ~ Empowering People · Collaboration · Customer Service

September 2022

In this issue of *HRExpress* . . .

Iowa WorkSmart Project

- [September Highlights Fall Feature Release, One Year Workday Anniversary](#) - Check out the latest information on the Iowa WorkSmart Project.

State of Iowa Benefits

- [Annual Open Enrollment for 2023 Benefits Coming in October](#) - Learn more about Open Enrollment for 2023 benefits, which begins on Monday, October 3.

Health and Well-Being

- [September is One Gift Campaign Month](#) - Turn compassion into action by donating to One Gift by September 30.
- [Building Resilience to Cope With What Life Sends Your Way](#) - Read this informative article from Wellmark Blue Cross Blue Shield of Iowa.
- [Take Action and Prepare During National Preparedness Month](#) - Learn how to prepare for an emergency before it happens with useful information from the Federal Emergency Management Agency (FEMA).
- [Free Health and Wellness Seminars Offered Online](#) - Navigate through life's challenging times with guidance from KEPRO, the State's Employee Assistance Program (EAP). Valuable new topics are added monthly, so check back often.

Retirement Savings

- [From the Retirement Investors' Club \(RIC\) Team](#) - Learn all about RIC, with these links from the Retirement Investors' Club team.
- [RIC Live Webinars Available](#) - Make the best use of your retirement savings benefit by taking advantage of these live webinars offered by RIC.
- [IPERS Presents Ready, Set, Retire on Zoom](#) - Attend this informative seminar, created for State employees looking to retire in the next few years.
- [News from Your Retirement Investors' Club \(RIC\) Providers](#) - To assist with retirement income planning and investment strategies, check out the latest news from State RIC providers.

DAS Education Opportunities

- [A Tip From Your Training Team](#) - Gain insight from Performance & Development Solutions on ways to recognize fellow employees.
- [Enhance Your Skills with Featured PDS Courses](#) - Whether its *Cultural Diversity*, *Project Management Fundamentals*, or *Generational Diversity*, these courses are for you!

- [Performance & Development Solutions \(PDS\) Training](#) - Enhance your knowledge and skills in the workplace and beyond through educational programs offered by Performance & Development Solutions (PDS) and New Horizons.

HRExpress is a publication for State of Iowa employees. Please print a copy to post or share with co-workers who may not have access to a computer. For prior editions, visit the *HRExpress* webpage.

If you have questions or suggestions for future content, please contact us at hrexpress@iowa.gov.