F 627 .D4 R47 1981



# Resource Directory

**Des Moines County, Iowa** 

## RESOURCE DIRECTORY

DES MOINES COUNTY, IOWA

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A Cooperative Effort

of the

COUNCIL OF COMMUNITY SERVICE AGENCIES

and

JOB SERVICE OF IOWA

August 1981

Prepared by Retired Senior Volunteer Program

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ALCOHOL AND DRUG DEPENDENCY SERVICES OF SE IOWA

Address: Lincoln Center, 1340 Mt. Pleasant St., P.O. Box 1025

Telephone: 753-0138

- 6h

Person to contact: Phillip Shively (Executive Director)
Cindy Crowley (Clinical Director)

Services: Out-patient and residential treatment for substance abusers, marriage and family counseling where substance abuse is involved. Educational Prevention programming for schools and community groups.

24-hour crisis phone - 753-6567; phone - 753-6567; Regional Residential Program phone - 753-6569

ALCOHOLICS ANONYMOUS (also ALANON)

Address: 221½ North 8th

Telephone: 752-1876 or 752-9435 or 753-1595

Person to contact: Whoever answers phone

Services: Counsel the alcoholic. Explain the A.A. Program. Try to encourage motivation to stop drinking.

AMERICAN LUNG ASSOCIATION OF IOWA

Address: 1321 Walnut Street, Des Moines, Iowa 50309

Telephone: 1-800-362-2058

Person to contact:

Services: Help with nursing and care facilities for those with diseases of the lungs.

AMERICAN RED CROSS

Address: 610 N. 4th, Room 100, Mercy Unit

Telephone: 754-5496

Person to contact: Helen Roth (Executive Director)

Services: Counseling and financial services to military veterans and their dependents. Volunteers for First Aid, swimming therapy for handicapped, hospital service, clinics, screenings, etc.

ANSWER IOWA INC

Address: 424 Washington St.

Telephone: 753-0184

Person to contact: Kay Mosena

Services: Telephone answering service.

Life Pulse - Hooks to telephone system. When you key it, it calls Answer Iowa and they call ambulance work within 300' phone

AREA XVI EDUCATION AGENCY

Address: 509 Melrose

Telephone: 753-6561

Person to contact: John Bryant (Director)

Services:

Provides special support services,
media services and educational services
to local school districts in Des Moines
County. Also will give information on
organizations dealing with health and

disability problems.

AMERICAN ASSOCIATION OF RETIRED PERSONS (AARP) Chpt. #820

Address: Madison Apartments, #2915

Telephone: 752-2800

Person to contact: Dorothy L. Brown (President)

Meetings, 2nd Thursday of each month at

9:00 A.M. at Autumn Heights.

AARP Chpt. #2923

Address: 712 Louisa

Telephone: 754-7731

Person to contact: Mary Lee (President)

Services: Meetings, 4th Monday, Memorial Aud. 1:30 PM

Social contact with persons over 55. Motto:

To serve and not be served.

BETTER BUSINESS BUREAU OF DES MOINES

Address: 234 Insurance Exchange Bldg., Des Moines, Ia.

Telephone: 1-515-243-8137

Person to contact:

Services: Consumer information, problems, complaints,

solicitation of information.

BABYSITTERS - Y.W.C.A

Address: 2410 Mt. Pleasant St.

Telephone: 753-6734

Person to contact: Ann Marie Anderson (Director)

Services: Operates from September to May. Mornings: 8:30 to 12:00; Afternoons: For special events. Y membership required for each child. \$5.00 fee Mon. - Fri. until June 12

6-9 evenings MT&TH

Hourly charge \$1.10 under 2 years

.90 over 2 years up to 10 years of age.

Birthright

agh.

Address: 1115 South Main

Telephone: 753-2702

Person to contact: Marjorie Blindt (Director)

Services: Free pregnancy testing, medical care for

pregnant women. Help with clothes for both mother and baby. Helps with housing and baby furniture when needed. Educational

Presentations.

Open 12:30 - 3:30 daily

7-9 evenings.

BOY SCOUTS OF AMERICA

Address: 3007 Flint Hills Drive

Telephone: 754-8413

Person to contact: Jim Nagel (Scout Executive)

Services: Constructive activities.

BURLINGTON AREA ASSOCIATION OF CHURCHES

Address: First Congregational Church

Telephone: 752-4444

Person to contact: Ted Horn 2-2182 and 2-2771 (President)

Clifford Haskins 2-6626 (V. Pres.)

Services: Association of churches for the purpose

of greater communication between church and community service. Assistance to transients through Salvation Army. BURLINGTON AREA UNITED WAY, INC.

Address: 241½ North 4th

Telephone: 752-7831

Person to contact: Dan Lanshe (Executive Director)

Services: This corporation supports member, health, welfare, and character building agencies. Provides administration budgeting, and planning functions for area of responsibility.

BURLINGTON CARE CENTER, INC.

Address: 2610 South 5th

Telephone: 753-2841

Persons to contact: Tom Kenny (Director)

Donna Sander (Secretary)

Services: Provides health and nursing care for

elderly people.

BURLINGTON CHAMBER OF COMMERCE

Address: 807 Jefferson St.

Telephone: 752-6365

Person to contact: Clifford L. Dodson (Executive VP)

Services: To advance commercial, financial, industrial and civic interests of the community. To

improve the social and economical welfare

of the community.

BURLINGTON MEDICAL CENTER DEPARTMENT OF SOCIAL SERVICES

Address: 602 North 3rd, 2910 Madison (Klein)

Telephone: 753-3247 or 753-3352

752-5461 (Klein) Ext. 302

Persons to contact: Debbie Walz (Social Worker)
Ben House (Director,) (Klein)

Services: Counseling related to health care problems for hospital patients and their families.

Emphasis is placed on discharge planning to efficiently utilize both hospital and community services.

BURLINGTON PUBLIC LIBRARY

Address: 501 North 4th

Telephone: 753-1649

Person to contact: Daniel Zack (Director)

Services: County-wide; special collection historical records Des Moines County, Burlington; also films, records; preschool activities, films and story hours; art exhibits from time to time.

BURLINGTON SENIOR CITIZENS

Address: 2323 Burlington Ave.

Telephone: 752-1898

Person to contact: Mac Odell (President)

Services: Meets Thursday afternoons at Memorial Auditorium.

BURLINGTON URBAN SERVICE

Address: 821 South Main

Telephone: 753-8162

Person to contact: Ray Toal (Supt. & Director)

Services: Provides basic route service.

CHRISTAMORE HOUSE

Address: 701 Broadway, Mt. Pleasant, Iowa

Telephone: 1-385-3330

Person to contact: Pat Bran

Services: Home for juvenile boys.

CHRISTIAN ACTION

Address: 2411 West Avenue

Telephone: 752-2305 or 754-7591

Person to contact: William Sharkey (Registered Agent)

Services: Financial assistance in buying a home. Interview

on phone and referred to one who can help.

COMPREHENSIVE EMPLOYMENT TRAINING ACT (C.E.T.A.)

Address: 2723 Mt. Pleasant St.

Telephone: 752-6363

Person to contact: Brad Nichols 4 units

Services: Job placement for unskilled; learning on the job.

#### CONGREGATE MEALS

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Address: Senior Citizen Center
Autumn Heights
Danville

Telephone: 753-8197

753-2191 392-8220

1-800-582-2324

Person to contact: Marilyn Beimer (Area Agency Director)

Services: For senior citizens 60 years and over.

Make arrangements at least one day ahead.

CONSUMER PRODUCT SAFETY COMMISSION

## Address:

<u>Telephone:</u> Free number 800-492-2937 (Maryland) 800-638-2666 or 800-638-8326

# Person to contact:

Services: Helps people evaluate the safety of products and takes reports on injuries or deaths related to manufactured products.

COUNCIL OF GIRL SCOUTS SHINING TRAIL

Address: 2001 South Main

Telephone: 752-3639

Person to contact: Richard Conklin (Director)

Services: To insp

To inspire young girls to become useful citizens and to help them realize their responsibilities to their home, communi-

ty, and the world.

CREDIT CARD-LOSS OR STOLEN

Address:

Telephone: 402-399-4600

Person to contact:

Services:

DANVILLE COMMUNITY HOME

Address: 401 South Birch, Danville, Iowa

Telephone: 1-392-4259

Person to contact:

Services: 24 hour professional nursing service for the

infirm and ambulatory.

DAWN HOUSE

Address: 803 North 8th

Telephone: 752-2200

Person to contact: Rev. Mark Gastel

Services: Emergency lodging for young men under 18.

## DAY NURSERIES AND PRESCHOOLS IN BURLINGTON

All Season Child Care	2610 Vineyard	752-2002
Head Start	720½ Jefferson	753-2893
Kiddie Kollege	1038 Leebrick	752-1659
Little Oaks Pre-School and		
Day Care Center		754-7917
Messiah Lutheran Nursery	2411 West Ave.	754-7591
Playtime Pre-School Day Care Center		754-7581
Small World Nursery	314 North 4th	752-4444
Top of the World Pre-School		754-4807

#### DEPARTMENT OF SOCIAL SERVICES

Address: 512 North Main

Telephone: 753-8340 or 753-2809

Emergency - 753-1525 Beeper "355"

Person to contact: Kirk Erickson

Services: Financial help, day care and homemakers

service, protective service for children and adults, such as child abuse, adoption, foster care, neglect and couseling, and chore service, and mental retardation. DES MOINES COUNTY AMERICAN CANCER SOCIETY

Address: 408 Mercy Unit

Telephone: 752-0011

Person to contact: Sandy Taylor (RN) 3-3207

Services:

For medically indigent cancer patients;

Part-time nursing and housekeeping care;

transportation services, surgical dressings. Reach for Recovery to breast cancer
cases, ostomy, and laryngectomy. Patients,
loan equipment for home nursing care,
and public information.

DES MOINES COUNTY AREA MINISTERIAL ASSOCIATION

Address:

-

Telephone: 754-6093

Person to contact: Rev. Elvin Jenkins

Vern Anderson (VP)

Marvin Lowman (Secretary)

Services: Monthly meeting of pastors, who give consideration to community needs and concerns close to the community.

DES MOINES COUNTY ASSOCIATION FOR THE BLIND

Address: 211 South 9th

Telephone: 752-6766

Person to contact: Mary Young

<u>Services:</u> The blind get together primarily for socializing purposes.

DES MOINES COUNTY ASSOCIATION FOR HEARING IMPAIRED

Address: 1401 Aetna

Telephone: 754-6981

Person to contact: John Crist (President)

Services: Parent organization interested in the

education of hearing impaired children in Des Moines County. Assist in helping purchase equipment in classroom. Any family needing a hearing aid, will be

confronted.

DES MOINES COUNTY ASSOCIATION FOR RETARDED CHILDREN

Address: Hope Haven

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Telephone: 752-5163

Person to contact: Larry D. Meyers, 1613 Acres (President)

Services: Supports programs for retarded

Summer camp Special olympics Scholarship Fund

Bible school for retarded

DES MOINES COUNTY CIVIL DEFENSE AGENCY AND DISASTER SERVICES

Address: Court House

Telephone: 753-8206

Person to contact: Pat Wondra (Director)

Services: Helping the public be prepared for

emergency cases, such as flood, severe

weather, nuclear disaster.

DES MOINES COUNTY COMMUNITY ACTION NEIGHBORHOOD CENTER

Address: 2410 Washington

Telephone: 753-2893

Person to contact: Lloyd Holland

Services: Most Federal Programs

DES MOINES COUNTY COMMISSION OF VETERANS AFFAIRS - FINANCIAL AID

Address: 512 North Main

Telephone: 753-8278

The state of

Person to contact: Robert Dickson

Services: Financial assistance and benefits for veterans,

dependents and widows.

DES MOINES COUNTY COOPERATIVE EXTENSION SERVICE

(IOWA STATE UNIVERSITY)

Address: 900 Osborn

Telephone: 754-7556

Person to contact: Jim Hodges (County Ext. Director)

Patty Steiner (Home Economist)

Services: Agricultural and natural resources programs,

home economics, 4-H, urban youth program

and community resource development.

DES MOINES COUNTY ELDERLY TRANSPORTATION SERVICE

Address: Steamboat Senior Center, 501 Jefferson

Telephone: 753-8197

Person to contact: Grace Delang

Services: Transportation available to and from hospital and

doctors appointments for persons age 60 and over.

DES MOINES COUNTY COUNCIL OF COMMUNITY SERVICE AGENCIES

Address: 522 North 3rd

Telephone: 753-8217

Person to contact: Health Center

Services: To coordinate existing health, recreational and welfare services and programs; to foster community interest in new areas.

DES MOINES COUNTY DIABETES UNIT

Address: Meets at Klein Hospital; P.O. Box 584

Telephone:

500

Person to contact:

Services: Deals with patients' education, detections funds for research. Diets.

DES MOINES COUNTY HEALTH CARE FACILITY (formerly Des Moines County Home)

Address: Washington Road, West Burlington, Iowa

Telephone: 753-6261

Person to contact: Molly Jenkins, Administrator

Services: Licensed by the State of Iowa as a residential care facility for persons who are ambulatory and self care.

DES MOINES COUNTY HEALTH UNIT

Address: 522 North 3rd

Telephone: 753-8217

Person to contact: Dr. R. J. Cowles, Administrator

Services: All aspects of public health.

DES MOINES COUNTY HEART ASSOCIATION

Address:

100

Telephone: 754-6119

Person to contact: Mrs. M. C. Gustafson

Services: Collects Memorial money

DES MOINES COUNTY HOME
(See Des Moines County Health Care Facility)

DES MOINES COUNTY LEGAL AID SERVICE

Address: 503 Tama Bldg., 3rd & Jefferson

Telephone: 752-8604

Person to contact: David Adams, Attorney

Services: Legal Corporation Services of Iowa.

Provides legal representation for low

income residents of Des Moines, Lee, Louisa,

and Henry Counties

DES MOINES COUNTY SOCIETY FOR CRIPPLED CHILDREN AND ADULTS

Address:

2

Telephone: 754-5125

Person to contact: Miss Cora Johansen, Case Service Chrmn.

Services:

Easter Seals will pay up to \$125.00 on the purchase of braces. Wheel chairs, walkers, portable commodes, hoyer lifts, crutches and hospital beds can be obtained from the Loan Closet in Des Moines and may be kept as long

as needed at no cost.

DISABLED AMERICAN VETERANS

716 Wightman Address:

752-6667 Telephone:

Person to contact: Donald E. Stout

Assistance with paperwork for compensations, Services:

pensions and social security.

EDUCATIONAL GRANTS HOTLINE

Address:

Telephone: 800-638-6700

800-553-6350 for application processing

Person to contact: Anyone who answers phone,

several specialists there.

Services: Gives information about federally subsidized

higher education.

ELM VIEW CARE CENTER

Address: 715 Shoquoquon

Telephone: 752-4525

Person to contact: Ron Osby

Services:

The sale

Intermediate care facility to provide nursing and convalescent services as a community

health care facility.

VA approved.

### EMERGENCY AND DISASTER ASSISTANCE

Emergency Calls (Burlington Phone System Only)911
Emergency Calls (Des Moines County Area)754-4636
Sheriff, Des Moines County753-8212
TIP, Turn In A Pusher754-8827
F.B.I., Burlington
Poison Information Center 800-272-6477
Superior Ambulance Service
Fire Department, Burlington
Fire Department, West Burlington
Police Department, Burlington
Police Department, West Burlington

ENVIRONMENTAL AND POLLUTION CONTROL COUNCIL, INC.

Address: 1115 Summer

Telephone: 752-3603

Person to contact: Sherman Smith, President

<u>Services:</u> Provides education and information on area, state, and national pollution problems.

FAIR HOUSING AND EQUAL OPPORTUNITY HOTLINE

Address:

Telephone: 755-5490 (Washington); 800-424-8590 (Toll Free)

Person to contact:

Services: Takes discrimination complaints

FEDERAL CRIME INSURANCE HOTLINE

Address:

Ph.

Telephone: 652-2637 (Washington); 800-638-8780 (Toll Free)

Person to contact:

Services: Provides information about applying for low-cost residential and commercial crime insurance.

Available in 20 states and the District of Columbia.

FEDERAL ELECTION COMMISSION

Address:

<u>Telephone:</u> 523-4068 (Washington); 800-424-9530 (Toll Free)

Person to contact:

Services: Offers information about federal election fund raising regulations and provides financial records on candidates for

federal office.

FEDERAL TAX INFORMATION

Address: 300 N. Main for information and forms

Telephone: 800-362-2600 (Call directory assistance for

regional number)

Person to contact:

Services: Offers help on federal tax questions.

FEMALE ADULT PAROLE OFFICER

Address: Northwest Plaza, 1416 West 16th, Davenport, IA

52804

Telephone: 324-1654

Person to contact: Frances Anderson

Services:

- ph

FIRST CHRISTIAN CHURCH SOCIAL ACTION COMMITTEE

Address: 1221 Park Avenue

Telephone: 754-7140

Person to contact: Helen McAvoy

Services: Cash assistance in some worthy instances

HEAD START

Address: 2410 Washington St.

Telephone: 3-2893

Person to contact: Zoe Wright

Services: Aid for pre-school children of low income

families.

Three class rooms at Flint Hills School

Phone: 752-5692

HEALTH SYSTEM AGENCIES

Address: 522 North 3rd

Telephone: 753-8217

Person to contact: Dr. R. J. Cowles, Administrator

Services: Evaluates the plans of health care facilities

HETTA GILBERT CIRCLE

Address: See person to contact

Telephone: Sr. Pres. 752-4043; Jr. Pres. 753-1280

Person to contact:

Margaret Hansen

Services: Proceeds used for groups who work with young people

HOLT INTERNATIONAL CHILD SERVICE

Address: P.O. Box 2880, Eugene, Oregon 97402

Telephone: 503-687-2202 (Nat'1)

753-1104 (Des Moines County)

Person to contact: Kathryn Kulp (Nat'l)

Rita Davis, Mt. Pleasant

Services: Help adopt children from overseas to the U.S.

Interstate adoption center.

HOPE HAVEN

Address: 1819 Douglas St.

Telephone: 754-4689

Person to contact: Clyde Norrgard, Administrator

Services: Serves severely mentally and physically impaired,

primarily retarded. Residential services for children and adults. Sheltered workshop activity,

work adjustment.

HOPE HAVEN RESIDENTIAL CENTER

Address: 1905 Douglas

Telephone: 754-5057

Person to contact: Joan Hillard

Services: Monday through Friday residence for physically

and mentally handicapped children and adults.

HUMAN RIGHTS COMMISSION

Address: City Hall, 4th & Washington

Telephone: 753-8132

Person to contact: Dorly Smith

Services: Investigates discrimination in employment,

accommodations, housing and education

INFORMATION & REFERRAL SERVICE FOR THE AGING

Address: Steamboat Senior Center, 501 Jefferson

Telephone: 753-8195 or 800-582-2324

Person to contact: Marilyn Beimer

Services: Counseling, consumer and finance problems,

food and nutrition, medical care, home support services, homestead tax relief, housing, social security information, transportation, volunteer

services, etc.

INTERNAL REVENUE SERVICE

Address: P.O. Bldg, 2nd Fl, 300 N. Main, Burlington, Ia.

Telephone: Toll Free - 800-362-2600

Person to contact:

Services: Tax Payer's help.

INTERPRETERS

Address: 602 North 3rd

Telephone: 753-3558

Person to contact: Marian Kramer

Services: Nursing service for hospital patients. French, Italian, Spanish and German.

INTERSTATE COMMERCE COMMISSION

Address: Interstate Commerce Commission

12th & Constitution, NW Washington, DC 20423

Telephone: Washington - 275-7301 (at your own expense)

Person to contact: Depends on nature of complaint. Person

answering would refer call.

Services: Takes complaints about moving household goods and

rail or bus passenger problems. Also gives information

on independent truckers.

IOWA ASSOCIATION OF HOMES FOR THE AGING

Address:

Telephone: 1-363-2879

Person to contact:

Services: Assistance in locating non-profit retirement and

nursing homes.

IOWA CHAPTER ARTHRITIS FOUNDATION

Address: 1501 Ingersoll, Suite 101

Des Moines, Iowa 50309

Telephone: 515-243-6259

Person to contact: Paul A. Romans, CAE (Executive Director)

Services: Public and professional education, patient and

community services.

IOWA CHILDREN AND FAMILY SERVICES

Address: 1101 Walnut, Des Moines, Ia. 50309

Telephone: 515-288-1981

Person to contact: Janet Parker (President)

Services: For Burlington Community: Foster care, Farrand Hall,

Adolescent-Adult Transistion Program, Family Violence Center, Nine-Sixteen Resident Program, Counseling,

and Single Parents.

IOWA CIVIL LIBERTIES UNION

Address: 102 E. Grand Ave., Suite G-100, Des Moines, Ia. 50309

Telephone: 515-243-3576

Person to contact: Steven Brown (Executive Director)

Services: Upholds civil liberties guarantee found in the

Bill of Rights which include protesting free-

dom of speech, religion due process of law, privacy and equality against government infringement, by

going to court.

IOWA CIVIL RIGHTS COMMISSION

Address: Colony Bldg., 8th Floor, 507 10th St., Des Moines, Ia.,

50319

Telephone: 515-281-4121

Person to contact:

Services: Complaints on basis of age in employment and housing.

IOWA COMMISSION ON AGING

Address: 415-10th St., Des Moines, Ia.

Telephone: 515-281-5187

Person to contact: Glenn Bowles, Director

Services: Statewide clearinghouse for program and information;

administers state and federal funds relating to

elderly; advocate for elderly.

IOWA COMMISSION FOR THE BLIND

Address: 4th & Keo, Des Moines, Ia. 50309

Telephone: 515-283-2601

Person to contact: Elizabeth Sheets, Librarian

Services: Rehabilitation service for persons handicapped

by blindness or severe visual problems

IOWA CONSERVATION COMMISSION

Address: Wallace State Ofc Bldg., Des Moines, Ia. 50319

Telephone:

Person to contact: Don Simonson, State Conservation Officer

Services: Regulates hunting and fishing

IOWA SIGHT CONSERVATION FOUNDATION

Address:

Telephone: 515-344-5396

Person to contact:

Services: Accent on rehabilitation

IOWA SOCIETY FOR THE PREVENTION OF BLINDNESS

Address: 303 Masonic Temple Bldg.

Telephone: 515-244-4341

Person to contact:

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Services: Referral Service; Films and Speakers; Publications.

IOWA WILDLIFE FEDERATION, INC.

Address: Box 151, Boone, Ia. 50036

Telephone: 515-432-4904

Person to contact: Chuck Mills, President

Services: Works with other agencies on conservation, pollution

and energy.

JOB SERVICE OF IOWA

Address: 1000 North Roosevelt

JOB PLACEMENT

Telephone: 753-1671

Person to contact: Terry Jamison, Manager

Services: Matching job applicants to job openings.

Vocational Testing. Tests given include the General Aptitute Test Battery (GATB), the non-reading Aptitute Test Battery (NATB), and the Specific Aptitute Test Battery (SATB). Applicants for jobs with state agencies may take test required for certain Merit positions.

Vocational Counseling. Identify work skills, training needs, interest and potentials.

Special Service to Veterans. Priority referrals to available job openings. Also, the Disabled Veteran Outreach Program is an extensive outreach and public information program.

Older Worker Services. An Older Worker Specialist is available to deal with the special problems of older workers.

Labor Market Information, Labor force, employment, unemployment, wage, supply and demand, occupational, industrial, economic and demographic data.

Youth Job Shop. Specializes in part-time jobs for youth year-round.

Job Corp. Educational and vocational training for youth 16 through 22.

Trade Readjustment Assistance. To reduce foreign import barriers and help stimulate international trade.

Federal Bonding.

JOB INSURANCE

Telephone: 753-5421

Person to contact: Gerald Kissinger, Manager

Services: Unemployment insurance to workers during periods of unemployment which is beyond the workers' control.

WORK INCENTIVE PROGRAM (WIN)

Telephone: 753-5181

Person to contact: Ken Richman, Manager

Services: Employment opportunities to ADC (Aid to Dependent Children) recipients.

JUVENILE PROBABION OFFICER

Address: 1st Floor Court House

Telephone: 753-8281

Person to Contact: John Wauters

Services: Work with youth with most any problem.

JUVENILE RESTITUTION PROGRAM

Address: 4th Floor Court House

Telephone: 753-8207

A STA

Person to contact: Michael Rempe, Coordinator

Services: Provide work sites for juveniles, who commit

illegal acts, in order to work out restitution to victims and community; in Des Moines, Louisa,

and Henry Counties.

KIWANIS CLUB

Address: Meets at 206 North 3rd

Telephone: 752-9417

Person to contact: Richard Roth (President)

Services: Any type of service needed by youth.

For example, anywhere from summer camp

to funds for an operation.

Primarily by youth but not exclusively

limited to youth.

LIONS CLUB

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Address: 210 North Main

Telephone: 752-4878

Person to Contact: Dr. Donald S. Friedman (Optometrist)

Sec. Lion's Club.

Services: Provides glasses for needy children.

LOW RENT HOUSING AGENCY OF BURLINGTON

Address: 2830 Winegard Drive

Telephone: 753-2142

Person to Contact: Thornton A. Stanley

Services: Rental assistance to both elderly and family.

201 Units for elderly at Autumn Heights, 150 Units for family rental assistance under the Section 8 program.

MAKE TODAY COUNT

Address: P.O. Box 303, Burlington IA. 52601

Telephone: 753-6521

Person to Contact: Donna Peebler (Administrator)

<u>Services</u>: For persons with life-threatening illnesses, their families, and other interested people.

MALE ADULT PROBATION AND PAROLE OFFICER

Address: 403 Witte Bldg.

Telephone: 754-6561

Person to Contact: Mike McCullough or Fidel Alvarez

Services: Out of state probation and parole.

MATERNAL AND CHILD HEALTH PROGRAMS

Address: 522 North 3rd

Telephone: 753-8293

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Person to Contact: Betty Thompson, RN

Barbara Baker, RN Elizabeth Burch, RN

Services: Infant Health, Child Health, Adult Health.

Care of the sick in the home and communicable

disease -- Immunization.

MEALS FOR THE ELDERLY

Address: 501 Jefferson

Telephone: 753-8196

Person to contact: Kandi Cavin

Grace DeLang

Services: Meals served Monday through Friday at

Steamboat Senior Citizens Center for

persons 60 and over.

MEALS ON WHEELS

Address: 603 North 3rd

Telephone: 753-3281

Person to Contact: Mrs. Carole Crum (Executive Dietician)

Services: A hot meal daily at nominal cost.

Seven days a week.

Eligibility determined by Visiting Nurses and Public Health Nurses.

MEDIAPOLIS CARE CENTER

Address: 608 Prairie

Telephone: 394-3991

Person to Contact: Mary Esther Schwerin, Administrator

Services: 24 Hour professional nursing service.

MENTAL HEALTH INSTITUTE

Address: 1200 East Washington

Mt. Pleasant, Ia.

Telephone: 385-7231

Person to Contact:

Services: Diagnosis, out-patient and resident treatment,

emergency service.

Separate programs for: adults, children, adolescents, geriatrics and substance users.

#### MINISTERS

Rev. Alfred A. Cramer (Marriage & Family Therapy) Telephone: 752-1381

St. Paul's Catholic Church. Rev. Anthony J. Herold, Associate Pastor. Telephone: 754-6244

Legion of Mary - Telephone: 754-8526

### MORNING SUN MANOR

Address: P.O. Box 9, Morning Sun, IA

Telephone: 868-7751

Person to Contact: Eva Mae Corey (President)

Dean Corey (Vice President)

John Minnis (Treasurer)

Services: 24 hour nursing service.

MUSCULAR DYSTROPHY ASSOCIATION

Address: 2911 Hubbell Ave., Suite 10, Des Moines, IA 50317

Telephone: 515-265-7311

Person to contact: Scott Brunscheen (Director)

Services: Serves people with neuromuscular diseases and their families by providing orthopedic appliances, wheelchairs, clinical therapy, and educational-recreational activities.

Research projects at state universities.

NATIONAL ASSOCIATION OF RETIRED TEACHERS (Des Moines County Retired Teachers)

Address: 2204 Burlington Ave.

Telephone: 752-6153

Person to contact: Hilda Kendall

Services: Information, entertainment, get-togethers for

retired teachers, meetings 1st Monday of the

month, except for July and August.

Working for Welfare of Retired Teachers

legislatively.

NATIONAL ASSOCIATION FOR VISUALLY HANDICAPPED

Address: 305 East 24th Street, New York, NY 10010

Telephone:

- 2

Person to contact:

Services: Only non-profit, national organization

devoted to the partially seeing. Large print books delivered free. Education, job

assistance. Advice on necessary aids. Separate programs for children and adults.

Counseling and referral.

NATIONAL DIRECTORY ASSISTANCE

Address:

Telephone: 1-(area code) -555-1212

Person to Contact:

Services:

NATIONAL FLOOD INSURANCE

Address:

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Telephone: (Washington) 755-9096

(Toll Free) 800-424-8872

Person to contact:

Services: Provides information on federally subsidized

flood insurance.

NATIONAL FOUNDATION MARCH OF DIMES

Address: 320 Tama Bldg.

Telephone: 752-8080

Person to contact: Shannon Sander

Southeast Ia. Chapter Exec. Director

Services: Working with professional and public health in

the area of birth defects. Medical services, grants to hospitals and clinics for the purchase

of equipment.

NATIONAL HIGHWAY TRAFFIC SAFETY ADMINISTRATION

Address:

Telephone: (Washington) 426-0123

(Toll Free) - 800-424-9393

Person to contact:

Services: Accepts reports about safety problems and

answers questions about recalls.

## NATIONAL KIDNEY FOUNDATION OF IOWA

Address: 8611 Hickman Road, Des Moines Ia. 50322

Telephone: 515-276-3600

Toll Free - 800-532-1177

Person to Contact: John Davis, Exec, Director

Services: Finding the total answer; prevention treatment and cure.

Information on: early diagnosis and treatment, transplants, dialysis machine, by way of pamphlets, films, and slide-shows. Also information on organ donations.

### NATIONAL RUNAWAY HOTLINE

Address: (Illionois) - 800-972-6004

(Toll Free) - 800-621-4000 or 800-231-6946

## Person to contact:

Services: Gives runaways and parents confidential advisory information 24 hours a day.

NATIONAL SOLAR HEATING AND COOLING INFORMATION CENTER

## Address:

A Street

<u>Telephone:</u> (Pennsylvania) - 800-462-4983 (Toll-Free) - 800 523 2929

# Person to Contact:

Services: Gives information about solar heating and cooling devices.

NEW LIFE MINISTRIES

Address: Box 5, Red Oak, Iowa 51566

Telephone: 1-800-432-9204 (Iowa Residents) or

712-623-2527

Person to contact: Michael J. Reed, Executive Director

Services: To help young people stay out of prison, to

help those already in prison vocationally, educationally, and with job placement and

support following release.

Will attempt to mediate rectification of thos

NURSING HOME COMPLAINT HOTLINE

Address:

Telephone: 515-281-4130 (Des Moines)

Person to Contact:

Services: Willands Labol to plade daniego

OAKDALE HOSPITAL

Address: Oakdale, Iowa

Telephone: 353-4966 (Information)

Person to contact: Patricia Jensen (Associate Director)

Alcoholism - 353-4412

Receives and investigates citizen

John Kasik, M.D. (Director)
Pulmonary - 353 - 5453

Services: Hospital treatment for alcoholism. Hospital

treatment for tuberculosis, chest, and other

pulmonary diseases.

OCCUPATIONAL SAFETY AND HEALTH ADMINISTRATION

Address:

200

Telephone: 800-555-1212

Person to contact:

Services: Use the toll free information number given

above to find the number in your region.

Accepts reports about hazardous working

conditions. To the charles sends along

OMBUDSMAN (IOWA CITIZENS AIDE)

Address: Capitol Complex, Des Moines, Ia. 50319

Telephone: 515-281-3592

Person to contact:

Services: Receives and investigates citizen complaints

against state or local administrative agencies. Will attempt to mediate rectification of those

complaints determined to be justified.

OPERATION PEACE OF MIND

Address: P.O. Box 52896, Houston, Texas

Telephone: 800-231-6946

Person to contact: FRAZ = FRAZ = VARABLE FRAZ

Services: Runaways can get a message to their parents

without disclosing their whereabouts. Also

provides counseling and confidential

referral service. 24 hours.

OSTOMY VISITATION PROGRAM

Address: 5 West - BMC

Telephone: 753-3218

Person to contact: Charlene Ford, RN

Services: For patients after ostomies on Doctor's orders.

PANTRIES

Address: Salvation Army - 217 So. 3rd St., 2nd Floor

Telephone: 753-2038

Person to contact: Capt. Sharp

Address: Neighborhood Center - 2410 Washington St.

Telephone: 753-2893

PARENT LOCATOR SERVICE

Address: Room 5004, M.E. Switzer Bldg., Washington, DC 20201

Telephone:

Person to contact:

Services: Social and Rehabilitation Service. Helps locate

parents who have run out on their families.

PILOT PARENTS PROGRAM To STUSSES TO BOOLE VIISO

Address: 100 Windsor Circle

Telephone: 752-5297

Person to contact: Deana Dailey

Services: Provides information, support and guidance

to parents of mentally handicapped children.

POISON INFORMATION

Center 800-272-6477

PROBLEMS AND SOLUTIONS

Address: KBUR

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Telephone: 752-2701

Person to contact: Bob Shomper

Services: Phone calls are accepted weekdays at 1:00 P.M.

Open line Fridays only.

PUBLIC HEALTH NURSING SERVICES FOR THE ELDERLY

Address: 522 North 3rd

Telephone: 753-8293

Person to contact: Betty Thompson, RN (2 PM)

Services: Well elderly health screening and followup for

entire county.

Daily Blood Pressure clinic, 3 PM to 5 PM - Health Center. Elderly immunization program, tetanus, flu,

TB skin tests. Health counseling.

REACH FOR RECOVERY

Address: 5 West - BMC

Telephone: 753-3218

Person to contact: Charlene Ford, RN

Services: For patients after breast surgery on doctor's

orders.

REHABILITATION: EDUCATIONAL AND SERVICE BRANCH

Address: Post Office Bldg. Room 206

Telephone: 753-2231

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Person to contact: Dale Higgins

Services:

For persons with physical, emotional, or educational training problems. Medical, counseling, training services, and prosthetic devices, occupational tools, job placement assistance.

RETIRED SENIOR VOLUNTEER PROGRAM (R.S.V.P.)

Address: 501 Jefferson

Telephone: 753-8155

Person to contact: Lorene Ellerhoff (Director)
Tamarra Washington (Office Manager)

Services: Provide community service volunteer opportunities for persons 60 and over.

Non-Profit.

SALVATION ARMY

Address: 217 South 3rd

Telephone: 753-2038 or 752-6715

Person to contact: Captain Eugene Sharp (Corps Officer)

Services: Emergency service, lodging, meals, groceries, clothing, limited transportation and disaster relief. Counseling, hospital visitation, correctional services, missing persons bureau and summer camps.

SALVATION ARMY RED SHIELD STORE

Address: 210 South 3rd

Telephone: 752-2692

Person to Contact: Whomever is on duty

Services: Second hand eyeglasses for sale. Also other items for sale.

SERVICE CORPS OF RETIRED EXECUTIVES (SCORE)

Address: 505 W. Morningside Dr.

Telephone: 752-7616

Person to contact: Roy Sexton

<u>Services:</u> Under small business administration Retired business offer assistance to small businesses.

SHARE (Source of Help in Airing and Resolving Experiences)

Address: Burlington Medical Center

Telephone: 753-3247

Person to contact: Debbie Walz

Services: Provides support for parents grieving the loss

of a baby through miscarriage, stillbirth,

or death.

SHRINE CLUB

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Address: P.O. Box 3627, Davenport, Ia.

Telephone: 323-1874

Person to contact:

Services: Help burned or crippled children up to the

age of 18, financially, medically and any

other way possible.

SITTERS (FOR HOSPITAL PATIENTS)

Address: Burlington Medical Center

Telephone: 753-3284 PROPERTY OF THE PROPERTY O

Person to contact: Supervisor

Services: Have nurse call 284 where list is available.

SMALL BUSINESS ADMINISTRATION

Address: Des Moines, Iowa

Telephone: 515-284-4422

Person to contact:

Services:

SOCIAL SECURITY ADMINISTRATION

Address: P.O. Box 638, 3012 Division St.

Telephone: 752-6321

Person to contact: Anyone who answers and referral will be made

to right person, depending on inquiry.

Services: For residents of Southeast Iowa, Medicaide,

physical and disability benefits. Supplemental

financial to aged, blind, and disabled.

SOUTHEAST IOWA AREA AGENCY ON AGING

Address: 501 Jefferson

Telephone: 753-8197 or 753-2191

Person to contact: Phyllis White (Director)

Services: Counseling, chore services, consumer and finance problems, food and nutrition, health and medical care, home support services, homestead tax relief, housing organizations, social security, transporation, volunteer services, etc.

SOUTHEAST IOWA CHILD BIRTH EDUCATION ASSOCIATION

Address: 800 Hageman

Telephone: 752-7536 Telephone: 752-7536

Person to contact: Dennis Anderson

Services: Teach prepared childbirth. Early-bird classes for mothers. Sponsor new mother coffees.

SOUTHEAST IOWA COMMUNITY ACTION ORGANIZATION

Address: 3rd Floor Memorial Auditorium

Telephone: 753-0193

Person to contact: Scotty Patience (Office Manager)

Services: Develops, implements, and operates programs for low income residents, such as Head Start

Neighborhood centers and Aging programs. Des Moines Neighborhood Center is located at 2410 Washington, phone 753-2893. Weatherizing, fuel assistance, family day care.

drystoal and disability benefits. Supplement

SOUTHEAST IOWA HOMEMAKER-HEALTH AIDE SERVICE

Address: 522 North 3rd

Telephone: 753-8279

Person to contact: Delores Knight

Services: Assistance for persons with physical or

mental handicap or chronic illness upon physicians recommendation. Cleaning, cooking, bedside care (No nursing care), and homemaking

help.

SOUTHEAST IOWA MENTAL HEALTH CENTER

Address: 2nd Floor Mercy Unit

Telephone: 754-5749

Services: Individual, family, group, or marriage/

divorce counseling, medicine, psychiatry, psychotherapy, hypnotherapy, bio feedback training, marriage enrichment, psychological

testing.

SOUTHEAST IOWA PLANNED PARENTHOOD
Des Moines County Chapter

Address: Mercy Unit, 2nd floor

Executive offices: 403 Tama Bldg.

Phone 753-6209

Ms. Terri Buster, Director

Telephone: 753-2281

Person to contact: Mary Pat Bowman (Director)

Services: Confidential health care service for women.

Family planning. Sterilization and Infertility, Counseling, Problem Pregnancies, Education -

furnish speakers for Planned Parenthood,
Teenage Sexuality-Birth Control Methods,

V.D. and Pregnancy.

SOUTHEASTERN COMMUNITY COLLEGE

Address: Highway 406, Gear Avenue, West Burlington

Telephone: 752-2731

Person to contact: Mrs. McLaughlin

Services: Vocational and Adult Education speakers

STATE LIBRARY COMMISSION OF IOWA

Address: State Capitol Complex, Des Moines, Ia.

Telephone: 515-281-4316

Person to contact: Eileen C. Devine (Director)

Services: Films, Mail-A-Book Program, records, cassettes, cassette books library related recorder cassettes available through your local Public Library.

STEAMBOAT COMMUNITY SENIOR CENTER

Address: 501 Jefferson

Telephone: 753-8195

Person to contact: Kandi Cavin (Manager)

Services: Recreational opportunities for persons 60 and over. Houses area agency on Aging services, Craft outlet for senior citizens, Congregate Meals, Sr. Transportation reservations, information and referral center and Retired Senior Volunteer Program. Open 8:30-5:00

Monday-Friday; 10:00-4:00 Saturday. No membership required or income guidelines.

ST. FRANCIS CONTINUATION CARE AND NURSING HOME CENTER

Address: 210 South 5th

Telephone: 752-4564

STUDENT SOCIAL CENTER (SPIDER WEB)

Address: 211 North 5th

Telephone: 752-9185

Person to contact: Maxine Lanning

Services: Social activities for teenagers.

Bingo-Wed & Fri afternoons 12:30 P.M. to 3:00 P.M.

TELECARE IN VENEZUATE DOES VALUE VIEWS STARW

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Address: 715 Shoquoquon

Telephone: 752-4525

Person to contact: Ron Osby

Services: Resident volunteers phone older persons

living alone, who have registered through Elm View, at the same time every day. If the person doesn't answer necessary precautions are taken, involving a friend or neighbor, and emergency services. No charge.

THERAPEUTIC RECREATION SYSTEMS

Address: Boulder, Colorado

Person to contact: Ron Dick, Bob Radocy, PTC

Services: Prehensile hand for below elbow amputees

TOPS

- 1

Address: 522 North 3rd

Telephone: See below

Person to contact: Marj Knight (President-Tues.)

753-0938

Susan Vanlandinham (President-Thurs.)

753-1282

Services: Meets every Tuesday and Thursday night at

7:00 P.M. at the Health Center. Group therapy, weekly weighins, fellowship.

Weighin 6:30 to 7:30. Meeting at 7:30 P.M.

TRAVEL HOTLINE

Services: Seadent, volunteers phone older person : Sealing

<u>Telephone</u>: (Illinois) - 800-942-4833

Person to contact:

Services: Answers questions about lodging, transportation,

and tourist attractions in the United States.

UNITED STATES SOIL CONSERVATION SERVICE

Address: P.O. Box 637, Room 230 Federal Bldg., Burlington, Ia.

Telephone: 753-6221

Person to contact: Howard Bright

Services: Land use, erosion water control

UPWARD BOUND

Telephone: 1-800-272-6450

Services: Counseling, tutoring, help for low income

student who want to attend college or

vocational school.

VENEREAL DISEASE CLINIC

Address: 522 North 3rd

753-8216 Juniaw OIS ... pb18 factors : sacrate Telephone:

Person to contact: Al Wendt

Services: Provides treatment and health information

> regarding infection transmission and proper therapy for all indivuals as needed or

required. The second temporal to

VENEREAL DISEASE HOTLINE

Address:

Telephone: (Toll Free) 800-227-8922

Person to contact: 8 A.M. - 8 P.M. Calif. time

Volunteers on duty

Services: Gives confidential and anonymous information

and referral services.

VETERANS AFFAIRS (SEE DES MOINES COUNTY COMMISSION ON VETERANS AFFAIRS)

VETERANS ADMINISTRATION

Address: Federal Bldg., 210 Walnut Room 989, Des Moines,

Iowa

<u>Telephone</u>: 800-362-2222

Person to contact: While Holdspeak pribates

Services: Information on all VA benefits, compensation,

pension, education, hospitalization, dental, insurance, home loans, vocational training

for veterans and beneficiaries.

VETERANS INFORMATION

Address:

1

Telephone: 800-515-1212 Call Directory assistance for

your regional number.

Person to contact:

Services: Answers questions about the wide range of

benefits available to veterans and their

families.

VFW

Address: 914 Broadway, West Burlington, Ia.

Telephone: 752-2449

Person to contact: Wilbur Knotts

Services: Medical equipment, such as walkers, wheel-

chairs, and crutches for veterans.

VISITING NURSES ASSOCIATION

Address: 522 North 3rd

<u>Telephone</u>: 753-8298, 753-8286

Person to contact: Marion Brunken, R.N. (Director)

Services:

1

Any person in the Burlington City limits needing skilled nursing with a physician's recommendation, operates a hospital equipment loan service for beds, wheelchairs, walkers and home nursing equipment. Tuberculosis treatment. Venereal disease tests and counseling.

VOLUNTEER BUREAU

Address: Memorial Auditorium | ASTA-CET | SANDAGE | CET | CE

Telephone: 753-0193 monda mit adoasnoo of nosted

Person to contact: Bill Strauser by him labour 1800 William

camp, counseling and weight room, suana and Purpose: Coordinate volunteers of all ages with a

variety of assignments.

WATTS INFORMATION

Address:

Telephone: 1-800-555-1212

WEIGHT WATCHERS

Address: Unitarian Meeting House

Telephone: Toll Free - 800-637-9406

Person to contact:

Services: Weekly class instruction for overweight.
Classes held each Tues. - 9:30 AM; 7:00PM,
Alice Foster, Instructor. Thurs. - 1:00 PM;
7:00 PM, Barb Turk, Instructor.

YMCA

Address: 2410 Mt. Pleasant St.

Telephone: 753-6734

Person to contact: Jim Sturm

Services: Social and game room, lounge, gym, raquetball, camp, counseling and weight room, suana and whirlpool, exercise room, locker and shower rooms, jogging track, playgrounds and athletic field.

YOUNG HOUSE

Address: 1027 North 4th

Telephone: 752-1122

Person to contact: Robert J. Reinke, Administrator

Services: Emergency lodging for young men under 18.

YOUNG HOUSE, INC.

Address: 105 Valley

Telephone: 752-4000

Person to contact: Robert J. Reinke, Administrator

Services: Counseling, emergency lodging and residential care for adolescents. Foster Family Program.

YWCA

The same

Address: 2410 Mt. Pleasant

Telephone: 753-6734

Person to contact: Ann Henby

Services: Physical programs, Domestic Violence programs,

Big Sister and Big Brother programs, Educational classes, Travel, Outreach program, Child Care.

(Also, see information under YMCA)



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