



DAS Delivers: *HRExpress*

Department of Administrative Services ~ Empowering People · Collaboration · Customer Service

April 2022

In this issue of *HRExpress* . . .

Iowa WorkSmart Project

- [WorkSmart Help Desk, New HR Resource, Phase 2 Update and More](#) - Check out the April issue of *Smart Talk* for Workday resources and the latest on the Iowa WorkSmart Project.

State of Iowa Benefits

- [Dental Sealants Help Keep Smiles Healthy](#) - Delta Dental explains why sealants are important and what coverage is available for dependents under age 15.
- [Discount Offers From SEHARC](#) - Take advantage of savings with updated offers through Tickets at Work.

Health and Well-Being

- [Do Your Personal Financial Documents Need a Check Up?](#) - Reviewing your personal documents is important to ensure they still meet your needs and provide better peace of mind.
- [Housekeeping is an Important Consideration in the Workplace Too!](#) - Spot possible housekeeping hazards in the workplace while learning something new and useful.
- [Free Health and Wellness Seminars Offered Online](#) - Navigate through life's challenging times with guidance from on-demand seminars covering various health and well-being topics available from KEPRO, the State's Employee Assistance Program (EAP). Valuable new topics are added monthly, so check back often.

Retirement Savings

- [Not Yet Participating in Retirement Investors' Club \(RIC\)?](#) - Saving in RIC - with a State match up to \$75 per month - is a great way to save for your retirement years.
- [Be Sure to Confirm Your Beneficiaries](#) - Take a minute to confirm the beneficiary information on your retirement accounts.
- [Retirement Investors' Club Webcasts](#) - Make the best use of your retirement savings benefit by taking advantage of online education opportunities offered by RIC.
- [Retirement Benefit Presentations Offered On Demand](#) - Check out these State of Iowa retiree video resources specifically for current retirees and those considering retirement.
- [IPERS Presents Ready, Set, Retire on Zoom](#) - Attend this informative seminar, created for State employees looking to retire in the next few years.
- [News from Your Retirement Investors' Club \(RIC\) Providers](#) - To assist with retirement income planning and investment strategies, check out the latest news from State RIC providers.

DAS Education Opportunities

- [New Horizons Introduces Crash Courses!](#) - Learn more about these laser-focused computer courses now offered for State of Iowa employees.
- [Enhance Your Skills with Featured PDS Courses](#) - In these featured courses, you may focus on *Cultural Competency*, learn important *Project Management Fundamentals*, embrace *Strategic Planning & Systems Thinking*, and assure you make a *Professional Impact* in the workplace.
- [Performance & Development Solutions \(PDS\) Training Courses](#) - Enhance your knowledge and skills in the workplace and beyond through educational programs offered by Performance & Development Solutions (PDS) and New Horizons.

HRExpress is a publication for State of Iowa employees. Please print a copy to post or share with co-workers who may not have access to a computer. For prior editions, visit the *HRExpress* webpage.

If you have questions or suggestions for future content, please contact us at hrexpress@iowa.gov.