



DAS Delivers: *HRExpress*

Department of Administrative Services ~ Empowering People · Collaboration · Customer Service

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In this issue of *HRExpress* . . .

Iowa WorkSmart Project

- [Workday 2022-R1 Feature Release!](#) - The State of Iowa's first Workday Feature Release deployed March 12. Learn more about these regularly-scheduled updates!
- [Workday Financial \(FIN\)](#) - Find out what's happening in Phase 2 of the Iowa WorkSmart Project.

State of Iowa Benefits

- [Important Flexible Spending Account \(FSA\) Deadline April 15](#) - Check out this important deadline for claims reimbursement from your dependent care or health FSA(s).
- [Paid Time Off for Blood Donation](#) - State employees are able to use paid time off for donating blood. Learn more about this valuable benefit!

Health and Well-Being

- [Are You Eligible for the Livongo Diabetes Prevention Program?](#) - Watch a short video then check to see if you are eligible for this nationally-acclaimed Diabetes Prevention Program.
- [Do You Make Health Food Choices?](#) - Wellmark provides great ways to help you improve your diet.
- [Keeping Your Eyes Safe and Healthy On the Job and Beyond](#) - Thousands of workers experience eye injuries each day. Learn how to assure you aren't one of them.
- [Free Health and Wellness Seminars Offered Online](#) - Navigate through life's challenging times with guidance from on-demand seminars covering various health and well-being topics available from KEPRO, the State's Employee Assistance Program (EAP). Valuable new topics are added monthly, so check back often.

Retirement Savings

- [You May Qualify for a Tax Credit](#) - Participation in the Retirement Investors' Club (RIC) may give some State employees a chance to reduce their taxes with the Internal Revenue Service Saver's Credit.
- [Retirement Investors' Club \(RIC\) Webcasts](#) - Make the best use of your retirement savings benefit by taking advantage of online education opportunities offered by RIC.
- [Retirement Benefit Presentations Offered On Demand](#) - Check out these State of Iowa retiree video resources specifically for current retirees and those considering retirement.
- [IPERS Presents Ready, Set, Retire on Zoom](#) - Attend this informative seminar, created for State employees looking to retire in the next few years.
- [News from Your Retirement Investors' Club \(RIC\) Providers](#) - To assist with retirement income planning and investment strategies, check out the latest news from State RIC providers.

DAS Education Opportunities

- [PDS Training Tip: Developing Specific Skills](#) - Do you have a specific skill you'd like to learn about, or something in your job you would like to explore? Check out the *Course by Topic* list from PDS now!
- [Enhance Your Skills with Featured PDS Courses](#) -Focus on *Strategies for Work-Life Balance, The Servant Leader, Managing Stress and Workplace Accountability, and Emotional Intelligence* in these upcoming featured courses.
- [Performance & Development Solutions \(PDS\) Training Courses](#) - Enhance your knowledge and skills in the workplace and beyond through educational programs offered by Performance & Development Solutions (PDS) and New Horizons.

HRExpress is a publication for State of Iowa employees. Please print a copy to post or share with co-workers who may not have access to a computer. For prior editions, visit the *HRExpress* webpage.

If you have questions or suggestions for future content, please contact us at hrexpress@iowa.gov.