#### Dear Fellow Bicycler:

Whether you have a long weekend or a week-long vacation, come join me in bicycling on one of the world's most beautiful bike paths — lowa.

Here in lowa we have a secondary road system that's among the best in the country. Our quiet, scenic paved roads form a natural bicycle path — hassle-free and with no traffic jams. Add to that lowa's special feeling . . . a blend of our warm, friendly hospitality, unspoiled countryside and all the other things that make lowa "a place to grow" . . . and you should find that lowa is just the place for you.

I invite you to join me and thousands of other lowa bicyclers here in the heartland of America. Please come and discover what makes lowa the bicycling capital of America.

Sincerely,

Robert D. Ray Governor

"Bicyclists share Iowa's roadways with other vehicles. They are subject to all rules of the road as are the motor vehicles. Head lamp and rear reflectors are required for night operation. Iowa's extensive paved county road system, local city street and special bicycle paths provide excellent route selections for the bicyclist. Bicycling the rolling Iowa countryside is fun and energy-efficient. Motorists, please have patience and share the roadway safely with your fellow taxpayer."

—From the official Department of Transportation State Map

## For more information about bicycling, contact:

Iowa Conservation Commission
Bicycling & Recreation 281-8673

Iowa Highway Patrol

Bicycling & Safety

281-8394

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Governor's Council on Fitness & Sports

Bicycling & Health

278-9357

Iowa Department of Transportation

Commuting

296-1172



Tourism & Travel Division lowa Development Commission 250 Jewett Building Des Moines, Iowa 50309

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Bicycling Capital of the Nation

# Iowa . . . Real America

A state of varied landscapes, distinct seasons, people of different roots living together, the best of rural and urban and a pleasurable mix of modern and antiquated ... lowa is the quintessence of America.

lowans are famed for their love of the land, and as you ride your bicycle against a backdrop of fields shimmering in the giant sky, you'll begin to understand why. Bordered by two of America's greatest rivers, the Mississippi and Missouri, bikers will find lowa ranges from picturesque, rolling terrain to rocky bluffs.

Fleeting autumn colors are brighter in lowa's abundant forests, winters are brisk, nature coming alive in the fields make spring more memorable and meaningful, and summers aren't unbearably hot.

People in lowa cherish the value of the past, as evidenced by the number of well-preserved historical sites and antique shops. Examples of living history can be seen in the Amana colonies that were started by people of European heritage who attempted a communal lifestyle or at Living History Farms, where visitors can observe farming through the centuries.

Besides festivals celebrating deeprooted pride in the varied heritages of
lowans, almost every weekend brings
some fair or celebration in Iowa. You might
want to time your bicycling through Iowa to
coincide with the National Hot Air Balloon
Championships, the Tama Indian Pow
Wow, the Bix Beiderbecke Jazz Festival,
the National Hobo Convention, or some of
the many, many other events and attractions available to the bicyclist.

For more information on the dates of these events or on what to see while you're in lowa, contact the lowa Development Commission, 250 Jewett Building, Des Moines, lowa 50309, or call 515/281-3100.

### Iowa is ideal for bicycling because ....

- ... lowa has the greatest system of paved county and secondary roads in the nation. In other words, lowa **is** America's longest bike path.
- ... the geography of the state is varied. The rolling hills make bicycling interesting and invigorating.
- ... towns are spaced short, regular distances apart. Assistance is rarely more than 8-10 miles away.
- ... lowa's central location makes it easy to get to or from almost any location in the country.
- ... there is a great abundance of motels, campgrounds and parks. Food is of the quality you would expect from the nation's finest farmland, and it's reasonably priced.
- ... the climate is such that there are only a few weekends that you can't bicycle somewhere in Iowa. The months of March through November are especially well-suited to cycling.
- ... attractions include state and county fairs, festivals, parades and centennial celebrations almost any weekend you would choose to visit.
- ... Iowa small towns each have their own unique character.
- . . . lowans are people who care. You will find them friendly, helpful and interesting.
- ... the special invitational rides like the nationally known RAGBRAI (Register's Annual Great Bike Ride Across Iowa) or TOMRV (Tour of the Mississippi River Valley).