



IOWA DEPARTMENT OF NATURAL RESOURCES

State Park News

Conservation and Recreation

FIRST DAY HIKES
**Start the Year
Outdoors!**
JANUARY 1, 2022



You're Invited: Join First Day Hikes 2022!

What are your plans for New Year's 2022? Iowa state parks and forests invite you to join the First Day Hike Challenge. Visit state parks on your own, or [join a guided hike](#) at more than 20 parks and forests. Whichever works for you, check in and take part in the [First Day Hike Challenge](#) through the [State Park Passport!](#)

How It Works:

- Check into any of **more than 50** participating state parks and forests on the Park Passport from Friday, Dec. 31, 2021 through the end of Sunday, Jan. 2, 2022.
- Every check-in qualifies for a prize drawing for a **free 2-night stay at a 2-bedroom cabin at Lake Darling State Park, near Brighton, Iowa!** Restrictions and booking fees apply.
- Visit as many parks as you want during the weekend -- every check-in counts as a contest entry.
- As an option, join a [Guided Hike](#) at more than 20 parks, led by park staff and Friends Groups, with some offering hot chocolate and snacks.

Be sure to look under your park's "More Info" tab on the [Passport](#) to see a **Suggested Trail** from park staff!

The temperatures may be chilly this weekend, so please dress for the weather! Please wear hats, gloves and warm boots.

Learn more about the [First Day Hikes and sign up](#) for the Passport today!

[First Day Hike Challenge >](#)

