

Chronic Disease Connections

An e-bulletin created for healthcare systems working with patients to control their chronic disease, high blood pressure and/or manage their prediabetes, diabetes, and/or high cholesterol.

Inside this issue:

- Men's Health Month
- Know Diabetes by Heart
- New Funding Opportunity
- Virtual Conferences and Meetings

The Latest Health Promotion is Newsworthy

AMA panel: "Racism is a public health issue" - Health experts explain how racism contributes to development of chronic disease during a panel discussion hosted by the American Medical Association.

How the world can avoid mishandling the response to Covid-19 again - Experts in infectious disease, epidemiology and pandemic preparedness explain how to avoid the mistakes of the coronavirus response this spring.

Study ties stroke-related brain blood vessel abnormality to gut bacteria – NIH-funded study supports link between high levels of gram-negative bacteria and a stroke- seizure- and headache-inducing vascular malformation.

Prevalence of and changes in tooth loss among older adults with chronic conditions - Among adults aged ≥ 50 years who had a dental exam as part of the National Health and Nutrition Examination Survey, having at least one selected chronic condition was associated with increased tooth loss.

Plan Clinic Awareness Activities for Upcoming Health Observations

World Blood Donor Day – June 14

Men's Health Week – June 15-20

Alzheimer's & Brain Awareness Month



June

Minority Mental Health Month

ADA 30th Anniversary – July 26

National Health Center Week – August 9-15

July/Aug



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New Professional Resources from Know Diabetes by Heart

In an effort to help guide health care professionals on COVID-19 management for patients with diabetes, AHA and ADA developed new resources that outline some COVID-19 guidance and telehealth considerations for patients and professionals.



Podcast Series – Episode 4 Available

Listen to Dr. Nancy Albert, a clinical nurse specialist and lead researcher in heart failure and Dr. Mikhail Kosiborod, a cardiologist and expert in the fields of diabetes discuss heart failure management in patients with type 2 diabetes and cardiovascular disease.

A1CVD Pro App

The Know Diabetes by Heart™ A1CVD Pro professional education app is a competency-based medical education program aimed at clinicians who treat type 2 diabetes patients; this tool is designed to improve clinical decision-making and understanding of current AHA and ADA practice guidelines. Treatment of type 2 diabetes is evolving fast and staying up to date with the latest practice guidelines can be difficult. The app takes users through a simulation experience: Presented with real-life case studies, given a series of treatment decisions, and guided through current practice guidelines.

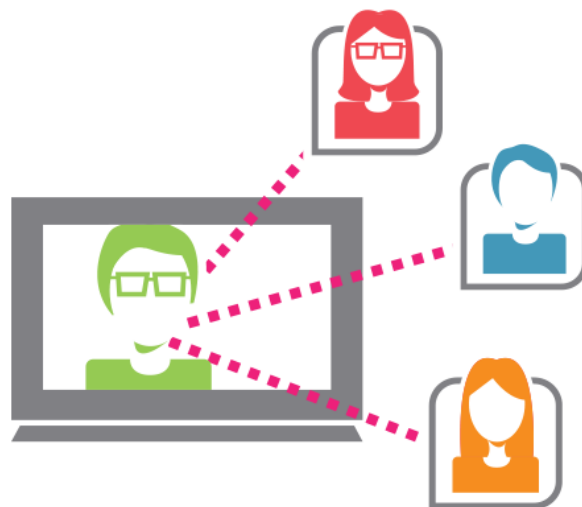
Prevent Type 2 Diabetes

Patients can prevent or delay type 2 diabetes with the National Diabetes Prevention Program (National DPP) lifestyle change program. Participants are now able to attend classes virtually to receive the same support as in-person classes from the comfort and safety of their own homes.

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Upcoming Webinars

- Health Equity in the Time of COVID-19
- Telehealth: Teams Transform Health Care – June 17
- The Power of Telehealth in Primary Care - June 24
- Complex Cases in the Management and Treatment of Patients with T2D and High CVD Risk – June 25
- Stress and Self Care for Nurses in the time of COVID-19 – July 7



Funding Opportunities

- Funding Opportunity #353506 "**FY21 RFP 58821011 TA to Identify Blood Pressure & Cholesterol Disparities**" is now accepting application submissions. To view this opportunity on IowaGrants, visit the [IowaGrants home page](#) and click on "Grant Opportunities" on the left hand side of the page. Applications for are due **Thursday, July 9**.
- **Rural Communities Opioid Response Program – Planning** (RCORP-Planning) is a multi-year HRSA initiative with the goal of reducing morbidity and mortality resulting from substance use disorder, including opioid use disorder, in high risk rural communities. The purpose of RCORP-Planning is to strengthen and expand the capacity of rural communities to engage high-risk populations and provide prevention, treatment and recovery services. Applications are due **Monday, July 13**.

Upcoming Conferences and Meetings

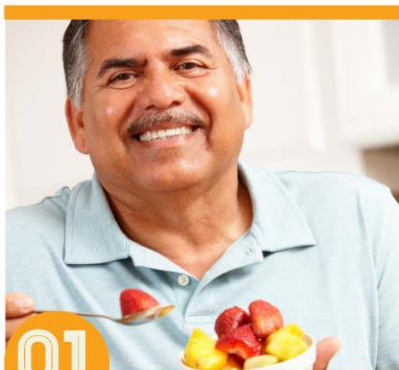
- Virtual Summit on Health System Recovery from the COVID-19 Pandemic produced by Global Health Care, LLC is taking place live **June 22-25**, and will be archived for attendees. The summit is a first of a kind virtual event to specifically address health system strategies to recover from the COVID-19 pandemic and to discuss the mid- and long-term implications of the pandemic to the future of health care in America.
- At the American Diabetes Association Virtual 80th Scientific Session on **June 12-16** you will hear from researchers presenting on the latest advances in diabetes research, prevention and care, connect with colleagues and leading diabetes experts around the world, and earn CME/CE credits. Register today!

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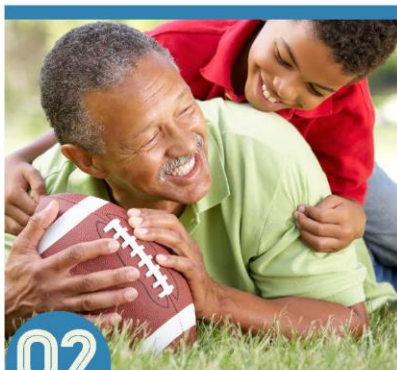
JUNE IS MEN'S HEALTH MONTH

awareness | prevention | education | family



01

Eat Healthy. Start by taking small steps like saying no to super-sizing and yes to a healthy breakfast. Eat many different types of foods to get all the vitamins and minerals you need. Add at least one fruit and vegetable to every meal.



02

Get Moving. Play with your kids or grandkids. Take the stairs instead of the elevator. Do yard work. Play a sport. Keep comfortable walking shoes handy at work and in the car. Most importantly, choose activities that you enjoy to stay motivated.



03

Make Prevention a Priority. Many health conditions can be prevented or detected early with regular checkups from your healthcare provider. Regular screenings may include blood pressure, cholesterol, glucose, prostate health and more.

100%

Women are 100% more likely than men to visit the doctor for annual exams and preventive services.

1 IN 2

1 in 2 men are diagnosed with cancer in their lifetime compared to 1 in 3 women.

1994

On May 31, 1994 President Clinton signed the bill establishing National Men's Health Week.

"Recognizing and preventing men's health problems is not just a man's issue. Because of its impact on wives, mothers, daughters, and sisters, men's health is truly a family issue."
Congressman Bill Richardson (May 1994)

In 2000 there were fewer than 80 men for every 100 women by the time they reach age 65 – 74.

80

ONLINE RESOURCES

Men's Health Month
menshealthmonth.org

Men's Health Network
menshealthnetwork.org

Get It Checked
getitchecked.com

Talking About Men's Health Blog
talkingaboutmenshealth.com

Women Against Prostate Cancer
womenagainstoprostatecancer.org