



IOWA DEPARTMENT OF HUMAN RIGHTS

January 29, 2019

Commission of Asian & Pacific Islander (CAPI) Affairs and Office of Asian & Pacific Islander Affairs

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FEATURE STORYTELLER:

Life Lessons from My Father – A Former Refugee



Story by Lisa Thai, daughter of ethnically-Chinese immigrant parents from Vietnam, born and raised in Des Moines. Lisa is a first-generation college graduate of the University of Iowa now working as a financial advisor in Des Moines.

This is dedicated to my Chinese father who grew up in Vietnam and later escaped to the United States in search of a better life for his family. This year, he turns 77 and offers this wise advice - *“Getting older, one should not think too much, only wish for good health and a happy body and mind.”*

[Read Lisa's Story](#)

EDUCATION: Webinar on Culturally Relevant Education & the New Standards

Webinar: Culturally Relevant Education & the New Standards - Webinar courtesy of Dr. Noreen Rodriguez of Iowa State University



Q: What is culturally relevant education?

A: <http://bit.ly/2sV04G5>

Click here to see all of Dr. Rodriguez's publications & presentations: <http://bit.ly/2G8G4aS>

[Watch CRE Webinar](#)

ELDERCARE: 25 Common Nursing Home Problems & How to Resolve Them

This reader-friendly guide covers 25 common nursing home problems encountered by residents and their families. These problems occur in nursing homes across the country.



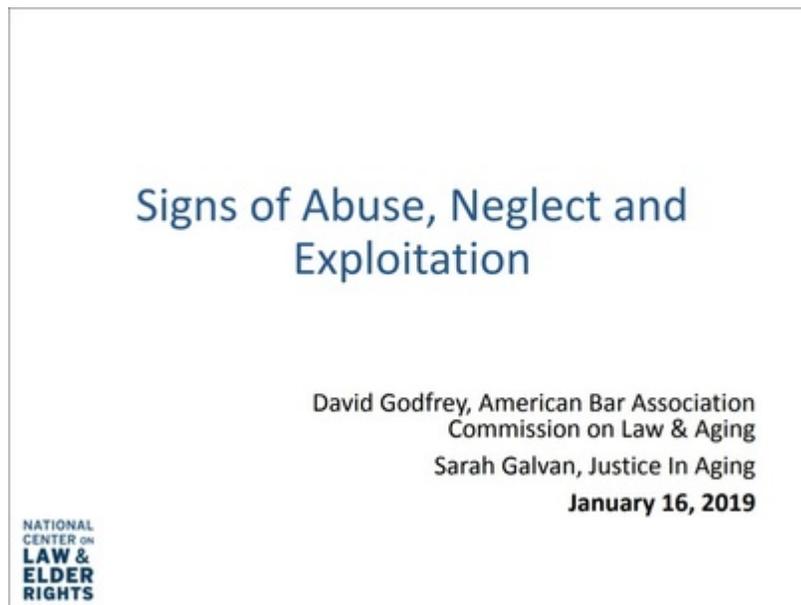
Whether you are a nursing home resident, a family member, or a supportive friend, this guide gives you the tools you need to identify and then resolve the problems that residents most frequently face. Your determined advocacy can be the difference between going-through-the-motions nursing

home care, and the high quality, person-centered care that residents are promised by federal law. Source: [Justice in Aging](#)

[Learn More](#)

ELDERCARE: Webinar - Signs of Abuse, Neglect & Exploitation

Source: [National Center on Law and Elder Rights](#)



[Watch NCLER Webinar](#)

DES MOINES - ELL ADULT LITERACY CLASSES

To Register: [Des Moines Public School Online Registration](#)

[Additional registration assistance and course listing in Karen language available.](#)

Center for New Americans

ADULT LITERACY CLASSES FOR PARENTS – SPRING 2019

Weekday (Morning) Program

9:30 A.M. TO 11:15 A.M. from MONDAY, JANUARY 28 TO APRIL 25

Class	Description	Time	Days	Location	Childcare Provided
Pre-Lit Basic English	Develop some basic English conversation skills, literacy and survival skills. Focus on more oral English development.	9:30 A.M.-11:15 A.M.	Monday and Wednesday	Center for New Americans (2820 Center Street)	Yes (2 years old or older)
Beginning English	Develop basic English literacy skills. Focus more on reading and writing English development.	9:30 A.M.-11:15 A.M.	Monday and Wednesday	Center for New Americans (2820 Center Street)	Yes (2 years old or older)
Intermediate	Develop reading and writing skills through current events. Computer skills to support writing.	9:30 A.M.-11:15 A.M.	Monday and Wednesday	Center for New Americans (2820 Center Street)	Yes (2 years old or older)
Pathways to Citizenship	Provide some basic knowledge about the U.S. and how US government works in order to prepare for citizenship classes.	9:30 A.M.-11:15 A.M.	Tuesday and Thursday	Center for New Americans (2820 Center Street)	Yes (2 years old or older)
Citizenship	Prepare for the citizenship exam while developing listening, speaking, reading and writing skills in English. Must have some basic English literacy.	9:30 A.M.-11:15 A.M.	Thursday	Center for New Americans (2820 Center Street)	Yes (2 years old or older)

ADULT LITERACY CLASSES FOR PARENTS – SPRING 2019

Saturday Program

9:00 to 11:15 A.M. FROM JANUARY 26 to APRIL 27

Class	Description	Time	Day	Location	Childcare Provided
Pre-Lit Basic English level (0-1)	Develop some basic English literacy and survival skills. Focus on more oral English development.	9:15 - 11:15 A.M.	Saturday	Center for New Americans 2820 Center Street Des Moines, IA 50312	Yes (2 years old or older)
Beginning English level (1-2)	Develop basic English literacy skills. Focus more on reading and writing English development.	9:15 - 11:15 A.M.	Saturday	Meredith Middle School 4815 Madison Avenue Des Moines, IA 50310 or Center for New Americans 2820 Center Street Des Moines, IA 50312	Yes (2 years old or older)
Intermediate English Level (2-3)	Develop basic English literacy skills. Focus more on reading and writing English development.	9:15 - 11:15 A.M.	Saturday	Meredith Middle School 4815 Madison Avenue Des Moines, IA 50310	
Pathways to Citizenship	Prepare for the citizenship exam while developing listening, speaking, reading and writing skills in English. Must have some basic English literacy.	9:15 - 11:15 A.M.	Saturday	Meredith Middle School 4815 Madison Avenue Des Moines, IA 50310 or Center for New Americans 2820 Center Street Des Moines, IA 50312	Yes (2 years old or older)



HEALTH CARE JOBS TRAINING

For English Language Learners

DATES:

Tuesday, February 12 to Friday, March 15, 2019

TIMES:

HEALTH CARE 1:

Tuesdays, Thursdays, and Fridays from
9-11am at LSI

HEALTH CARE 2:

Tuesdays and Thursdays from 5-8pm and
Saturdays from 9am-3:30pm at United Way

REQUIREMENTS:

Students must register and test BEFORE
trainings start on February 12

LSI WALK-IN REGISTRATION HOURS:

Mondays and Wednesdays from 12-2pm
Tuesdays and Thursdays from 10am-12pm

Or call 515.271.7418 to make an appointment

LEARN HOW TO:

- Use Health care terminology
- Do basic math and money skills
- Look for and apply for jobs in health care
- Create and use email for job applications
- Meet employers in health care and tour work sites
- Interact and communicate with patients, co-workers, and supervisors
- Use basic study skills



United Way Building
1111 9th St. Room F.
Des Moines, IA 50314



LSI Refugee Services
3200 University Ave.
Des Moines, IA 50311

Contact Dianne Siasoco, Career Pathways Supervisor
at 515-271-7473 or dianne.siasoco@LSIowa.org

UPCOMING LUNAR NEW YEAR EVENTS





Dear Community members,

The Chinese Association of Iowa would like to invite you and your families to the 16th annual Iowa Chinese New Year Celebrations, co-hosted with Grand View University, on Feb 2 Saturday 11-5pm, at Grand View University Student Center, 2811 E 14th St, Des Moines, Iowa 50316

Date and Time:
11:00-5:00pm Feb 2, Saturday

Location:
Grand View University Student Center, 2811 E 14th St, Des Moines, Iowa 50316

Details:
11:00-3:00pm New Year Celebrations of food, music, art crafts, cultural display, children activities, China visa application
2:00-5:00pm Iowa Chinese Achievement Awards Ceremony, Iowa-China Business Forum

Contact:
Swallow X Yan, Executive Director
Chinese Association of Iowa
Phone: 515-988-0901, Email: swallowxyan@yahoo.com

CAPI Chair Ben Jung will be an honoree of the Community Leadership Award at the Chinese Association of Iowa's Achievement Awards ceremony taking place as part of this event starting at 2PM.

Chinese Association of Iowa

Korean Cultural Connection of Iowa + Korean American Society of Iowa

Korean Cultural Connection of Iowa (KCC) and Korean American Society of Iowa (KASI) are combining efforts to host a Lunar New Year Celebration. Help to usher in the Year of the Pig! Enjoy Korean food and a game of Yut Nori!

All proceeds will go to KCC and KASI - both are non-profit organizations & donations are tax deductible.



Event Sponsored by **Korean American Society of Iowa (KASI)**
& **Korean Cultural Connection (KCC)**

2019
Lunar New Year
Celebration & Iowa
한인회 (KASI) Meeting

February 9th Saturday 2019 @ 5 pm

Des Moines Social Club
900 Mulberry Street
Des Moines, IA 50309

****Please park in the Wells Fargo ramp across 9th Street**

The purpose of this meeting is to revitalize the Korean American Society in Iowa. It is time for the next generation Koreans in Iowa to take charge and redefine the purpose of this group. Please help us by attending the meeting to guide us, coach us and take part in the future Korean American Society of Iowa!

Korean Food/Beverage/Music will be provided!

\$20 – adult / \$10 – students and kids above 5 / Free for kids under 5

Please contact John Lee to RSVP or for any questions/comments!

jlee@mecresults.com

Event Details

Vietnamese American Community of Iowa (VACI)

Date: Saturday, February 16, 2019

Time: 3:00 pm – 11:00 pm

Location: Iowa State Fairgrounds, Paul Knapp Animal Learning Center, 3000 E. Grand Avenue, Des Moines, Iowa 50317

Event Details

Join us for an open house
with traditional food to celebrate
2019 Lunar New Year

Tuesday, February 5 • 11:30 a.m. to 1 p.m.

Award presentation begins at noon

Bankers Trust East Branch, 150 E. Euclid Ave., Des Moines



Help us recognize **Kiyokazu Matsuyama**
for his contributions to the community.

**First fifty customers will receive a Lucky Money Envelope
with a special surprise.**

Children must be accompanied by an adult. Please see a Relationship Banker for details.



TAI DAM LUNAR NEW YEAR CELEBRATION

Hosted by Tai Village, the public is invited to celebrate with the Tai Dam Community on Saturday, February 16 from 5-11 PM (Dinner served 6-8 PM). Bring a dessert to share. Music, cultural dances and show included. Location: UAW Local 450, 4589 NW Sixth Drive, Des Moines.

[Event Details](#)

SIoux CITY - VIETNAMESE COMMUNITY LUNAR NEW YEAR EVENT

Sioux City's Vietnamese community welcomes the public to join them at its Year of the Pig - Lunar New Year Celebration.

Lunar New Year Festival
The Year of the Pig

Monday, February 5, 2019

- 05:00 pm Lunar New Year's carnival games
- 06:00 pm End of the year Repentance chanting
- 07:00 pm Praying for Ancestors
- 08:00 pm Tea Ceremony, Entertainments, Bingo, karaoke, and raffle ticket drawing
- 11:30 pm Welcoming the year of the Pig Ceremony

Sunday, February 10, 2019

- 10:00 am Lunar New Year's carnival games
- 11:00 am Medicine Sutra Chanting, Candle light offering ceremony, Praying for Ancestors
- 01:00 pm Luncheon, Traditional dance entertainments, fashion show, New Year wishes in Vietnamese language contest for children age 10 and under.

Raffle 7x7 Cơ Sỏi Trúng and more...

Pho Mon Buddhist Temple
723 Myrtle St., Sioux City, IA

Liên lạc Cô Nga Đoàn, SĐT: 712-574-0144
Đề ghi danh thi Thời Trang, Chúc Tết

VIETNAMESE BUDDHIST ASSOCIATION OF SIOUXLANI
PHO MON TEMPLE
723 Myrtle Street, Sioux City, IA 51103
Phone: (712) 277-4432

**CHƯƠNG TRÌNH MỪNG XUÂN DI LẠC
TẾT NGUYÊN ĐÁN KỶ HỘI - 2019**

Chủ nhật, ngày 27 tháng 1 năm 2019 (22 Tháng Chạp – Mậu Tuất):

- 11 giờ: Cúng Tất niên, Thi Thực Cô Hồn, Tiền Linh.

Chủ nhật, ngày 03 tháng 02 năm 2019 (29 Tháng Chạp – Mậu Tuất):

- 11 giờ: Khóa lễ Cầu siêu cuối năm.

Thứ hai, ngày 04 tháng 2 năm 2019 (30 Tết – Mậu Tuất):

- 6 giờ tối: Sám hối cuối năm
- 7 giờ tối: Thỉnh chư Hương Linh, Ông Bà Cha Mẹ.
- 8 giờ tối: Trà đàm - Câu chuyện cuối năm, Văn nghệ, Xổ số mừng Xuân.
- 11 giờ 30 tối: Lễ đón Giao Thừa - Nghinh Xuân **KỶ HỘI**
Lễ Vía Đức Phật Di Lặc
Múa Lân Chúc Phúc, Phát Lộc Đầu Năm, Lễ Phật Cầu Nguyên.

Mồng Một, Mồng Hai, Mồng Ba Tết:

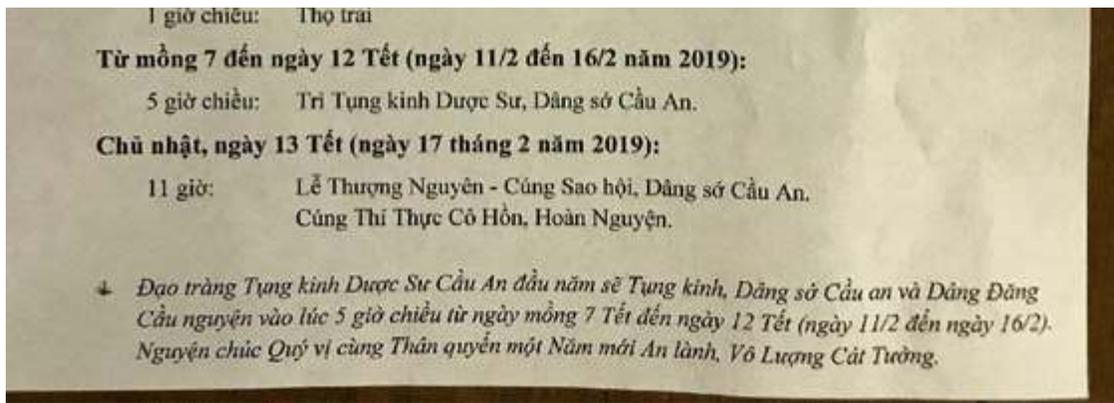
- 11 giờ: Lễ Chúc Tán, Thủ Ấn
Cúng Phật, Tiền chư Hương Linh,
Chư Đồng Hương, Phật Tử Lễ Phật Cầu nguyện, Hái Lộc đầu năm

Thứ bảy, Mồng 5 Tết (ngày 09 tháng 02 năm 2019):

- 11 giờ: Khai kinh Diệu Pháp Liên Hoa

Chủ nhật, Mồng 6 Tết (ngày 10 tháng 2 năm 2019):

- 10 giờ: Hội chợ Xuân với các trò chơi nhân gian, Văn nghệ Karaoke, Âm thực...
- 11 giờ: Lễ Mừng Năm Mới, Khai kinh Dược sư, Đăng số Cầu An, Hái Lộc đầu năm



LISA LING AT DRAKE UNIVERSITY - April 11



Acclaimed journalist Lisa Ling will deliver the 40th installment of the Martin Bucksbaum Distinguished Lecture Series at Drake University. The lecture will begin at 7 p.m. on Thursday, April 11, in the Knapp Center, 2525 Forest Ave. A book signing will immediately follow the event. The lecture is free and open to the public; no tickets are required.

[Learn More](#)

TAX PREPARATION

VITA is a free tax-preparation service (eligibility based on income) that can help prepare tax returns. If an individual is English language-limited, please bring a translator, as one will not be provided. A list of required documentation is as follows:

Source: [VITA - United Way of Central Iowa](#)

LET US DO YOUR TAXES FOR FREE.

CONVENIENT. ACCURATE. NO STRESS.

If you earned **\$58,000** or less in 2018, you may be eligible to receive FREE tax preparation. You also may be eligible for the Earned Income Tax Credit (EITC) or Child Care Tax Credits. This is your money to keep and save. Dial 2-1-1 for more information. **2-1-1 is free and available 24/7.**

IMPORTANT!

United Way must have a copy of last year's tax returns or a tax return transcript to prepare your taxes. We will not have access to last year's return information. To obtain a transcript, go to www.irs.gov/individuals/get-transcript or call 1-800-908-9946.



FREE TAX PREPARATION

DO I QUALIFY? You may qualify if you made \$58,000 or less in 2018.

WHAT TO BRING

- Proof of identification
- Social Security cards for you, your spouse, and dependents and/or a Social Security number verification letter issued by the Social Security Administration
- Birth dates for you, your spouse, and dependents on the tax return
- Current year's tax package if you received one
- Wage and earning statement(s): Form W-2, W-2G, 1099-R from all employers
- Interest and dividend statements from banks (Forms 1099)
- A copy of last year's federal and state returns
- Bank routing numbers and account numbers for direct deposit. Blank check or deposit slip required.
- Total paid for child care provider and the child care provider's tax identifying number (the provider's Social Security number or the provider's business Employer Identification Number)
- To file taxes electronically on a married-filing-joint tax return, both spouses must be present to sign the required forms.

WHERE TO GO

SITES OPEN JANUARY 22-APRIL 15

Polk County River Place, 2309 Euclid Ave., Room 3A

Mon. 9 a.m.-1 p.m. Tues. 5-7 p.m. Wed. 9 a.m.-1 p.m.
Thurs. 5-7 p.m. Friday 9 a.m.-1 p.m. Sat. 9 a.m.-1 p.m.

United Way of Central Iowa, 1111 9th St., Room E

Mon. 5-7 p.m. Tues. 9 a.m.-1 p.m. Wed. 5-7 p.m.
Thurs. 9 a.m.-1 p.m. Fri. 9 a.m.-1 p.m. Sat. 9 a.m.-1 p.m.

(German and Bosnian available on Mondays and Spanish on Saturdays)

This list is subject to change. Please call 2-1-1 for the most current information. You can also text VITADSM to 898211 to receive updated information and the best times to visit a VITA location.

Visit vitadsm.org to learn more.

REFUND

If you made \$58,000 or less, you may be eligible for:

\$6,431: Maximum amount with three or more qualifying children

\$3,461: Maximum amount with one qualifying child

\$5,716: Maximum amount with two qualifying children

\$519: Maximum amount with no children investment income must be \$3,000 or less for the year.



Find a TCE or VITA Site Near You

NATURALIZATION: ONLINE FILING FOR CERTIFICATE OF CITIZENSHIP ANNOUNCED

U.S. Citizenship and Immigration Services (USCIS) announced today that applicants can now complete and file [Form N-600, Application for Certificate of Citizenship](#), and [Form N-600K, Application for Citizenship and Issuance of Certificate Under Section 322](#) online. Creation of a USCIS online account is required.

Source: [USCIS](#)



IOWA DEPARTMENT OF
HUMAN RIGHTS

[Tina Shaw](#) | Executive Officer

Office of Asian & Pacific Islander Affairs | Iowa Department of Human Rights

Lucas State Office Building 321 E 12th Street | Des Moines, IA 50319

Work 515-281-4219 | Toll Free 800-922-8917 | Fax 515-242-6119

Website: <https://humanrights.iowa.gov/cas/capi>