IOWA PRENATAL CARE BARRIERS PROJECT DATA FROM 2018 SURVEYS

2018 Respondents from All Hospitals in Iowa: 20,035 2018 Respondents with Babies Born in **Polk County: 4,101**

Demographic Indicators	State	County
Mother's Age		
Less than 18 years	01%	01%
18-19 years	03%	03%
20-25 years	24%	21%
26-30 years	37%	36%
31-35 years	26%	29%
More than 35 years	09%	11%
Mother's Ethnicity		
Hispanic	08%	10%
Non-Hispanic Non-Hispanic	92%	90%
White	90%	86%
Black	06%	09%
Asian or Pacific Islander	03%	05%
American Indian or Native Alaskan	01%	01%
Socioeconomic Indicators	State	County
Mother's Education		
Less than high school	07%	06%
High school	21%	19%
Some college	33%	27%
College graduate (Bachelor's degree)	27%	31%
Graduate school	12%	16%
Household Income		
Less than \$10,000	11%	09%
\$10,000 - \$19,999	08%	07%
\$20,000 - \$29,999	09%	08%
\$30,000 - \$39,999	08%	08%
\$40,000 - \$49,999	08%	06%
\$50,000 or more	56%	61%
Information Received in 12 Months Prior to Becoming Pregnant	State	County
Doctor, Nurse, or Other Health Care Provider Talked About:		
Taking folic acid or a multivitamin	46%	49%
Smoking	35%	34%
Drinking alcohol	32%	32%
Your weight	29%	28%
Regular exercise	33%	34%
How romantic relationships affect your health	14%	13%
Oral health	21%	21%
Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant	33%	30%

Unintended Pregnancy and Did NOT Use Birth Control Plan to return to work outside of home following birth of this baby Yes 74% 75% No 26% 25% Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk Yes 55% 62% No 28% 24% Don't Know 17% 15% Does worksite have written policy about breastfeeding? Yes 22% 26% No 28% 25% Don't Know 50% 45% Don't Know 50% 45% Smoked within the past 2 years Yes 21% 17% No 79% 83% Cigarettes Smoked Per Day During Last 3 Months of Pregnancy Zero cigarettes per day 15% 1-10 per day 14% 40% 11-20 per day 06% 05% More than 20 per day 06% 05% More than 20 per day 1-2 drinks per week 98% 98% 1-2 drinks per week 91-2 drinks per week 91-3 drinks 91-3 dr	Behavioral Indicators During Pregnancy	State	County
Plan to return to work outside of home following birth of this baby Yes 74% 75% 75% 26% 25% 25% 26% 25% 25% 26% 25% 26% 25% 26% 25% 26% 25% 26% 25% 26%	No Birth Control was Used at Time of Conception	87%	88%
Yes 74% 75% No 26% 25% Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk 55% 62% Yes 55% 62% 24% 24% 24% 24% 24% 24% 24% 24% 24% 24% 24% 26% No 28% 25% 25% 26% No 28% 25% 25% 26% No 28% 25% 26% No 28% 25% 25% 26% No 28% 25% 26% No 28% 25% 26% No 28% 25% 26% No 26% No 26% 26% No 26% No 26% No 26% 26% No 26% No 26% No 26% No No 26% No <	Unintended Pregnancy and Did NOT Use Birth Control	70%	71%
No 26% 25% Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk 55% 62% Yes 55% 62% 24% No 28% 24% Don't Know 17% 15% Does worksite have written policy about breastfeeding? 22% 26% Yes 22% 26% No 28% 25% Don't Know 50% 49% Smoked within the past 2 years 21% 17% Yes 21% 17% No 79% 83% Cigarettes Smoked Per Day During Last 3 Months of Pregnancy 2 Zero cigarettes per day 14% 40% 1-10 per day 16% 05% More than 20 per day 10% 01% Consumed alcohol in the past 2 years 2 2 Yes 70% 72% No 29% 28% Alcoholic Drinks During Last 3 Months of Pregnancy 2 Zero drinks	Plan to return to work outside of home following birth of this baby		
Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk Yes Some Selection of Stale Selection of Selection o	Yes		75%
for mothers to breastfeed or pump/express their breast milk 6 c 2 6 6 2 6 6 2 6 6 2 6 6 2 6 6 2 6 6 2 6 6 2 6 6 2 6 6 2 6 6 2 6 6 2 6 6 2 6 2 6 2 6 2 6 6 2 6 2 6 6 2 6 2 6 2 6 2 6 6 2 6 2 6 2 6 6 2 6 6 2 6 2 6 6 2 6 2 6 6 2 6 2 6 6 2 6 2 6 6 2 6 2 6 6 2 6 2 6 2 6 6 2 2 6 2 6 2 2 6 2	No	26%	25%
No 28% 24% Don't Know 17% 15% Does worksite have written policy about breastfeeding? 2 26% Yes 28% 25% No 28% 25% Don't Know 50% 49% Smoked within the past 2 years Yes 21% 17% No 79% 83% Cigarettes Smoked Per Day During Last 3 Months of Pregnancy Zero cigarettes per day 53% 55% 1-10 per day 41% 40% 11-20 per day 66% 05% More than 20 per day 01% 01% Consumed alcohol in the past 2 years Yes 70% 72% No 29% 28% Alcoholic Drinks During Last 3 Months of Pregnancy Zero drinks per week 98% 98% 1-2 drinks per week 91% 91% 1-2 drinks per week 91% 91% 6-10 drinks per week 91% 91%	Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk		
Don't Know 17% 15% Does worksite have written policy about breastfeeding? 22% 26% Yes 28% 25% Don't Know 50% 49% Smoked within the past 2 years Yes 21% 17% No 79% 83% Cigarettes Smoked Per Day During Last 3 Months of Pregnancy Zero cigarettes per day 53% 55% 1-10 per day 41% 40% 11-20 per day 06% 05% More than 20 per day 01% 01% Consumed alcohol in the past 2 years Yes 70% 72% No 29% 28% Alcoholic Drinks During Last 3 Months of Pregnancy Zero drinks per week 98% 98% 1-2 drinks per week 98% 98% 3-5 drinks per week 01% <01%	Yes	55%	62%
No	No	28%	24%
Yes 22% 26% No 28% 25% Don't Know 50% 49% Smoked within the past 2 years Yes 21% 17% No 79% 83% Cigarettes Smoked Per Day During Last 3 Months of Pregnancy Zero cigarettes per day 53% 55% 1-10 per day 41% 40% 1-20 per day 06% 05% More than 20 per day 01% 01% Consumed alcohol in the past 2 years Yes 70% 72% No 29% 28% Alcoholic Drinks During Last 3 Months of Pregnancy Zero drinks per week 98% 98% 1-2 drinks per week 98% 98% 1-2 drinks per week 01% 01% 6-10 drinks per week 01% 01% 6-10 drinks per week 01% 01% More than 10 drinks per week 01% 01% No 05% 06% Ves	Don't Know	17%	15%
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Smoked within the past 2 years 21% 17% Yes 21% 17% No 79% 83% Cigarettes Smoked Per Day During Last 3 Months of Pregnancy 2 Zero cigarettes per day 53% 55% 1-10 per day 41% 40% 11-20 per day 01% 01% More than 20 per day 01% 01% Consumed alcohol in the past 2 years 7 72% Yes 70% 72% No 29% 28% Alcoholic Drinks During Last 3 Months of Pregnancy 8 98% 2ero drinks per week 98% 98% 98% 1-2 drinks per week 02% 02% 02% 3-5 drinks per week 01% <01%	No	28%	25%
Yes 21% 17% No 79% 83% Cigarettes Smoked Per Day During Last 3 Months of Pregnancy Zero cigarettes per day 53% 55% 1-10 per day 41% 40% 11-20 per day 06% 05% More than 20 per day 01% 01% Consumed alcohol in the past 2 years Yes 70% 72% No 29% 28% Alcoholic Drinks During Last 3 Months of Pregnancy Zero drinks per week 98% 98% 1-2 drinks per week 92% 28% 1-2 drinks per week 02% 02% 3-5 drinks per week 01% <01%	Don't Know	50%	49%
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Cigarettes Smoked Per Day During Last 3 Months of Pregnancy Zero cigarettes per day 1-10 per day 11-20 per day 11-20 per day 10-20 per day 10	Yes	21%	17%
Zero cigarettes per day 53% 55% 1-10 per day 41% 40% 11-20 per day 06% 05% More than 20 per day 01% 01% Consumed alcohol in the past 2 years Yes 70% 72% No 29% 28% Alcoholic Drinks During Last 3 Months of Pregnancy Zero drinks per week 98% 98% 1-2 drinks per week 92% 02% 3-5 drinks per week 20% 02% 3-5 drinks per week <01%	No	79%	83%
1-10 per day 41% 40% 11-20 per day 06% 05% More than 20 per day 01% 01% 01% 01% 01% 01% 01% 01% 01% 01%	Cigarettes Smoked Per Day During Last 3 Months of Pregnancy		
11-20 per day 06% 05% More than 20 per day 01% 01% Consumed alcohol in the past 2 years Yes 70% 72% No 29% 28% Alcoholic Drinks During Last 3 Months of Pregnancy Zero drinks per week 98% 98% 1-2 drinks per week 98% 98% 1-2 drinks per week 02% 02% 3-5 drinks per week 01% <01%	Zero cigarettes per day	53%	55%
More than 20 per day 01% 01% Consumed alcohol in the past 2 years 70% 72% Yes 70% 72% No 29% 28% Alcoholic Drinks During Last 3 Months of Pregnancy 29% 28% Alcoholic Drinks per week 98% 98% 1 - 2 drinks per week 92% 02% 2 - 2 drinks per week 01% 01% 6 - 10 drinks per week <01%	1-10 per day	41%	40%
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No 29% 28% Alcoholic Drinks During Last 3 Months of Pregnancy Zero drinks per week 98% 98% 1 -2 drinks per week 02% 02% 3-5 drinks per week 01% 01% 01% 6-10 drinks per week 01% 01% 01% 6-10 drinks per week 01% 01% 01% More than 10 drinks per week 01% 01% 01% Prenatal Care State County Mother received prenatal care as early in the pregnancy as wanted Yes 95% 94% No 05% 06% Where mother went for most of prenatal care Private doctor's office, clinic or OBGYN 78% 80% Midwife's office or home office from a midwife 07% 10% Public clinic 15% 10%	Consumed alcohol in the past 2 years		
Alcoholic Drinks During Last 3 Months of Pregnancy Zero drinks per week 98% 98% 1 -2 drinks per week 02% 02% 3-5 drinks per week <01% <01% <01% 6-10 drinks per week 01% <01% <01% More than 10 drinks per week 01% <01% <01% <01% <01% <01% <01% <01%	Yes	70%	72%
Zero drinks per week 98% 98% 1 -2 drinks per week 02% 02% 3-5 drinks per week 401% 401% 401% 6-10 drinks per week 401% 401% 401% More than 10 drinks per week 401% 401% 401% 401% 401% 401% 401% 401%	No	29%	28%
1 - 2 drinks per week 3-5 drinks per week 6-10 drinks per week 7	Alcoholic Drinks During Last 3 Months of Pregnancy		
3-5 drinks per week < 01% < 01% < 01% < 01% < 01%	Zero drinks per week	98%	98%
6-10 drinks per week More than 10 drinks per week Prenatal Care State County Mother received prenatal care as early in the pregnancy as wanted Yes No 95% 94% No 05% 06% Where mother went for most of prenatal care Private doctor's office, clinic or OBGYN Midwife's office or home office from a midwife Public clinic 15% 10%	1 -2 drinks per week	02%	02%
More than 10 drinks per week Prenatal Care State County Mother received prenatal care as early in the pregnancy as wanted Yes No 95% 94% No 05% 06% Where mother went for most of prenatal care Private doctor's office, clinic or OBGYN Midwife's office or home office from a midwife Public clinic 15% 10%	·		<01%
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Mother received prenatal care as early in the pregnancy as wanted Yes 95% 94% No 05% 06% Where mother went for most of prenatal care Private doctor's office, clinic or OBGYN 78% 80% Midwife's office or home office from a midwife 07% 10% Public clinic 15% 10%	More than 10 drinks per week	<01%	<01%
Yes 95% 94% No 05% 06% Where mother went for most of prenatal care Private doctor's office, clinic or OBGYN 78% 80% Midwife's office or home office from a midwife 07% 10% Public clinic 15% 10%	Prenatal Care	State	County
Where mother went for most of prenatal care Private doctor's office, clinic or OBGYN 78% 80% Midwife's office or home office from a midwife 07% 10% Public clinic 15% 10%	Mother received prenatal care as early in the pregnancy as wanted		
Where mother went for most of prenatal care Private doctor's office, clinic or OBGYN 78% 80% Midwife's office or home office from a midwife 07% 10% Public clinic 15% 10%	Yes	95%	94%
Private doctor's office, clinic or OBGYN 78% 80% Midwife's office or home office from a midwife 07% 10% Public clinic 15% 10%	No	05%	06%
Midwife's office or home office from a midwife 07% 10% Public clinic 15% 10%	Where mother went for most of prenatal care		
Public clinic 15% 10%	Private doctor's office, clinic or OBGYN		80%
	Midwife's office or home office from a midwife	07%	10%
Other 01% <01%	Public clinic	15%	10%
	Other	01%	<01%

	State	County
HIV/AIDS Testing During Pregnancy		
Yes	45%	41%
No	28%	31%
No, Testing was offered, but did not want to be tested	02%	02%
Don't know	26%	25%
Received Flu Shot During Pregnancy		
Yes	65%	66%
No, Received flu shot before became pregnant	06%	07%
No, Did not want flu shot during pregnancy	12%	13%
No, Doctor said to wait until after pregnancy	01%	01%
No, Do not ever get flu shots	13%	11%
No, Flu shot was not available	02%	02%
Hospital Services	State	County
Hospital Services Hospital Staff Encouraged Breastfeeding During First 24 Hours After	State	County
·	State	County
Hospital Staff Encouraged Breastfeeding During First 24 Hours After	State 85%	County 85%
Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby		
Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby Yes	85%	85%
Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby Yes No	85% 13%	85% 12%
Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby Yes No Don't remember	85% 13%	85% 12%
Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby Yes No Don't remember During Pregnancy or Time at the Hospital, a Doctor, Nurse, or Other	85% 13%	85% 12%
Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby Yes No Don't remember During Pregnancy or Time at the Hospital, a Doctor, Nurse, or Other Healthcare Professional Provided Information or Scheduled a Time to Discuss:	85% 13% 02%	85% 12% 03%
Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby Yes No Don't remember During Pregnancy or Time at the Hospital, a Doctor, Nurse, or Other Healthcare Professional Provided Information or Scheduled a Time to Discuss: Breastfeeding or breastfeeding techniques	85% 13% 02% 83%	85% 12% 03%
Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby Yes No Don't remember During Pregnancy or Time at the Hospital, a Doctor, Nurse, or Other Healthcare Professional Provided Information or Scheduled a Time to Discuss: Breastfeeding or breastfeeding techniques Action steps to decrease frustration when infant cries	85% 13% 02% 83% 43%	85% 12% 03% 84% 33%