

IOWA PRENATAL CARE BARRIERS PROJECT

DATA FROM 2019 SURVEYS

2019 Respondents from All Hospitals in Iowa: 19,007

2019 Respondents with Babies Born in Pocahontas County: 64*

*Because of the small number of cases, data may not be representative of the entire population of new mothers whose babies were in this county.

Demographic Indicators	State	County
Mother's Age		
Less than 18 years	01%	02%
18-19 years	03%	02%
20-25 years	24%	29%
26-30 years	37%	32%
31-35 years	26%	29%
More than 35 years	10%	08%
Mother's Ethnicity		
Hispanic	08%	08%
Non-Hispanic	92%	92%
White	90%	98%
Black	06%	02%
Asian or Pacific Islander	03%	<01%
American Indian or Native Alaskan	01%	<01%
Socioeconomic Indicators		
Mother's Education		
Less than high school	07%	09%
High school	21%	14%
Some college	33%	48%
College graduate (Bachelor's degree)	27%	22%
Graduate school	12%	06%
Household Income		
Less than \$10,000	11%	06%
\$10,000 - \$19,999	08%	05%
\$20,000 - \$29,999	09%	16%
\$30,000 - \$39,999	08%	06%
\$40,000 - \$49,999	07%	10%
\$50,000 or more	56%	56%
Information Received in 12 Months Prior to Becoming Pregnant		
Doctor, Nurse, or Other Health Care Provider Talked About:		
Taking folic acid or a multivitamin	44%	44%
Smoking	30%	27%
Drinking alcohol	26%	25%
Your weight	25%	25%
Regular exercise	28%	30%
How romantic relationships affect your health	11%	16%
Oral health	23%	19%
Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant	32%	30%

Behavioral Indicators During Pregnancy	State	County
No Birth Control was Used at Time of Conception	88%	91%
Unintended Pregnancy and Did NOT Use Birth Control	72%	73%
Visited a dentist during pregnancy		
Yes	57%	48%
No	43%	52%
Diagnosed with depression during pregnancy		
Yes	03%	03%
No	85%	81%
No – Diagnosed before pregnancy	11%	16%
Take prescription medicine for depression during pregnancy		
Yes	52%	58%
No	32%	25%
No – Doctor told me to stop	05%	08%
No – I decided to stop	11%	08%
Receive counseling for depression during pregnancy		
Yes	29%	25%
No	71%	75%
Smoked within the past 2 years		
Yes	19%	29%
No	81%	71%
Cigarettes Smoked Per Day During Last 3 Months of Pregnancy		
Zero cigarettes per day	54%	47%
1-10 per day	41%	41%
11-20 per day	05%	12%
More than 20 per day	01%	<01%
Prenatal Care	State	County
Mother received prenatal care as early in the pregnancy as wanted		
I did not have any problems getting prenatal care	91%	97%
I couldn't get an appointment when I wanted one	01%	<01%
I had difficulty paying for my visits	01%	<01%
I had no way to get to the clinic of doctor's office	01%	50%
I couldn't take time off from work	01%	<01%
The doctor of my health plan would not start care as early as I wanted	<01%	<01%
I had problems signing up for Medicaid/Title 19	01%	<01%
My Medicaid coverage was dropped during my pregnancy	<01%	<01%
I had no one to take care of my children	<01%	50%
I had too many other things going on	<01%	<01%
I didn't want anyone to know I was pregnant	<01%	<01%
Other	<01%	50%
Ever refused prenatal care during pregnancy		
Yes	01%	<01%
No	99%	100%

	State	County
HIV/AIDS Testing During Pregnancy		
Yes	44%	53%
No	28%	34%
No, Testing was offered, but did not want to be tested	02%	<01%
Don't know	27%	13%
Syphilis Testing During Pregnancy		
Yes	36%	51%
No	26%	25%
No, Testing was offered, but did not want to be tested	01%	<01%
Don't know	37%	24%
Hospital Services		
Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby		
Yes	84%	73%
No	13%	22%
Don't remember	03%	05%
During Pregnancy or Time at the Hospital, a Doctor, Nurse, or Other Healthcare Professional Provided Information or Scheduled a Time to Discuss:		
Action steps to decrease frustration when infant cries	47%	67%
How to lay the baby down to sleep	60%	67%
Dangers of shaking an infant	45%	59%
Did not receive any information and have not scheduled a time to discuss	27%	23%

Technical Note: Because percentages were rounded, the sum of values may not equal 100%.

For more information: Call the University of Northern Iowa Center for Social & Behavioral Research: (319) 273-2105.

Data source: Iowa Barriers to Prenatal Care Project, Iowa Department of Public Health, University of Northern Iowa Center for Social & Behavioral Research: 2019 Data.