IOWA PRENATAL CARE BARRIERS PROJECT DATA FROM 2016 SURVEYS

2016 Respondents from All Hospitals in Iowa: 21,928 2016 Respondents with Babies Born in **Mahaska County: 331**

Demographic Indicators	State	County
Mother's Age		
Less than 18 years	01%	01%
18-19 years	03%	03%
20-25 years	26%	26%
26-30 years	36%	36%
31-35 years	25%	26%
More than 35 years	08%	08%
Mother's Ethnicity		
Hispanic	07%	02%
Non-Hispanic	93%	98%
Black	05%	01%
White	91%	97%
Asian or Pacific Islander	03%	02%
American Indian or Native Alaskan	01%	<1%

Socioeconomic Indicators	State	County
Mother's Education		
Less than high school	07%	05%
High school	20%	19%
Some college	34%	32%
College graduate (Bachelor's degree)	27%	31%
Graduate school	11%	14%
Household Income		
Less than \$10,000	12%	11%
\$10,000 - \$19,999	09%	09%
\$20,000 - \$29,999	09%	05%
\$30,000 - \$39,999	09%	11%
\$40,000 - \$49,999	08%	08%
\$50,000 or more	53%	56%

No Birth Control was Used at Time of Conception 87% 85% Unintended Pregnancy and Did NOT Use Birth Control 70% 59% Plan to return to work outside of home following birth of this baby Yes 73% 72% 28% Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk Yes 52% 50% No 30% 34% Don't Know 18% 16% Does worksite have written policy about breastfeeding? Yes 21% 17% No 28% 32% Don't Know 51% 51% 51% Cigarettes Smoked During Last 3 Months of Pregnancy Not smoked in past 2 years 77% 79% Zero cigarettes per day 55% 48% 1-10 per day 40% 40% 11-20 per day 40% 40% More than 20 per day 05% 09% More than 20 per day 05% 09% More than 20 per day 05% 09% Alcoholic Drinks During Last 3 Months of Pregnancy Not had any alcoholic drinks in past 2 years 28% 29% Zero drinks per week 98% 98% 1 drink per week 01% 01% 2 drinks per week 40% 01% 01%	Information Received in 12 Months Prior to Becoming Pregnant	State	County
Smoking Orinking alcohol 31% 30% 26% Prinking alcohol 31% 31% 31% 30% Your weight 29% 26% Regular exercise 32% 30% How romantic relationships affect your health 13% 11% Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant	Doctor, Nurse, or Other Health Care Provider Talked About:		
Drinking alcohol Your weight Your weight Regular exercise How romantic relationships affect your health Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant Behavioral Indicators During Pregnancy	Taking folic acid or a multivitamin	46%	47%
Your weight Regular exercise Regular exercise Regular exercise Regular exercise Regular exercise Row romantic relationships affect your health Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant Behavioral Indicators During Pregnancy			
Regular exercise 32% 30% How romantic relationships affect your health 13% 11% Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant 30% in the 12 months prior to becoming pregnant 50% 50% 50% 50% 50% 50% 50% 50% 50% 50%			
How romantic relationships affect your health Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant Behavioral Indicators During Pregnancy	_		26%
Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant Behavioral Indicators During Pregnancy			30%
Behavioral Indicators During Pregnancy No Birth Control was Used at Time of Conception 87% 85% Unintended Pregnancy and Did NOT Use Birth Control 70% 59% Plan to return to work outside of home following birth of this baby Yes 73% 72% No 27% 28% Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk Yes 52% 50% No 30% 34% Don't Know 18% 16% Does worksite have written policy about breastfeeding? Yes 21% 17% No 28% 32% Don't Know 51% 51% 51% Cigarettes Smoked During Last 3 Months of Pregnancy Not smoked in past 2 years 77% 79% Zero cigarettes per day 40% 40% 11-20 per day 40% 40% 11-20 per day 40% 40% 11-20 per day 40% 40% Alcoholic Drinks During Last 3 Months of Pregnancy Not smoked in past 2 years 28% 29% More than 20 per day 05% 09% More than 20 per day 101% 03% Alcoholic Drinks During Last 3 Months of Pregnancy Not had any alcoholic drinks in past 2 years 28% 29% Zero drinks per week 98% 98% 2ero drinks per week 98% 98% 2ero drinks per week 101% 01% 2 drinks per week 101% 01%	·		
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1 drink per week 01% 01% 2 drinks per week <1%	, , ,		98%
2 drinks per week <1% 01%	·		01%
·	·	<1%	01%
	3 or more drinks per week	<1%	<1%

Prenatal Care	State	County
Mother received prenatal care as early in the pregnancy as wanted		
Yes	94%	97%
No	06%	03%
No prenatal care	01%	01%
Where mother went for most of prenatal care		
Private doctor's office or clinic	78%	74%
Midwife's office or home office from a midwife	07%	01%
Public clinic	15%	25%
Other	<1%	01%
HIV/AIDS Testing During Pregnancy		
Yes	48%	44%
No	26%	25%
No, Testing was offered, but did not want to be tested	03%	01%
Don't know	24%	30%
Received Flu Shot During Pregnancy		
Yes	64%	57%
No, Received flu shot before became pregnant	07%	07%
No, Did not want flu shot during pregnancy	13%	15%
No, Doctor said to wait until after pregnancy	01%	01%
No, Do not ever get flu shots	14%	18%
No, Flu shot was not available	02%	01%
Hospital Services	State	County
Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth		
of the Baby	0.50/	050/
Yes	86%	85%
No	12%	14%
Don't remember	02%	02%
During Pregnancy or Time at the Hospital, a Doctor, Nurse, or Other		
Healthcare Professional Provided Information or Scheduled a Time to Discuss:		
Breastfeeding or breastfeeding techniques	83%	76%
Action steps to decrease frustration when infant cries	43%	44%
How to lay the baby down to sleep	56%	54%
Dangers of shaking an infant	41%	42%
Did not receive any information and have not scheduled a time to discuss	07%	08%

Technical Note: Because percentages were rounded, the sum of values may not equal 100%.

For more information: Call the University of Northern Iowa Center for Social & Behavioral Research: (319) 273-2105. Data source: Iowa Barriers to Prenatal Care Project, Iowa Department of Public Health, University of Northern Iowa Center for Behavioral Research: 2016 Data.