

IOWA PRENATAL CARE BARRIERS PROJECT

DATA FROM 2014 SURVEYS

2014 Respondents from All Hospitals in Iowa: 24,696

2014 Respondents with Babies Born in Iowa: 119

Demographic Indicators	State	County
Mother's Age		
Less than 18 years	01%	02%
18-19 years	04%	03%
20-25 years	28%	27%
26-30 years	35%	43%
31-35 years	25%	19%
More than 35 years	07%	07%
Mother's Ethnicity		
Hispanic	07%	03%
Non-Hispanic	93%	97%
White	91%	99%
Black	05%	00%
Asian or Pacific Islander	03%	01%
American Indian or Native Alaskan	01%	00%
Socioeconomic Indicators		
Mother's Education		
Less than high school	08%	07%
High school	19%	20%
Some college	36%	36%
College graduate (Bachelor's degree)	27%	30%
Graduate school	10%	07%
Household Income		
Less than \$10,000	14%	10%
\$10,000 - \$19,999	10%	08%
\$20,000 - \$29,999	10%	07%
\$30,000 - \$39,999	09%	06%
\$40,000 - \$49,999	08%	10%
\$50,000 or more	49%	59%

Information Received in 12 Months Prior to Becoming Pregnant	State	County
Doctor, Nurse, or Other Health Care Provider Talked About:		
Taking folic acid or a multivitamin	47%	53%
Smoking	37%	38%
Drinking alcohol	32%	34%
Your weight	30%	27%
Regular exercise	33%	38%
How romantic relationships affect your health	13%	13%
Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant	34%	29%
Behavioral Indicators During Pregnancy		
No Birth Control was Used at Time of Conception	86%	90%
Unintended Pregnancy and Did NOT Use Birth Control	68%	67%
Plan to return to work outside of home following birth of this baby		
Yes	72%	79%
No	28%	21%
Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk		
Yes	48%	59%
No	32%	28%
Don't Know	19%	13%
Does worksite have written policy about breastfeeding?		
Yes	18%	24%
No	30%	34%
Don't Know	52%	42%
Cigarettes Smoked During Last 3 Months of Pregnancy		
Not smoked in past 2 years	77%	75%
Zero cigarettes per day	03%	08%
1-10 per day	13%	15%
11-20 per day	06%	02%
More than 20 per day	01%	00%
Alcoholic Drinks During Last 3 Months of Pregnancy		
Not had any alcoholic drinks in past 2 years	23%	21%
Zero drinks per week	26%	79%
1 drink per week	32%	00%
2 or more drinks per week	41%	00%

Prenatal Care	State	County
Mother received prenatal care as early in the pregnancy as wanted		
Yes	93%	95%
No	07%	05%
Where mother went for <u>most</u> of prenatal care		
Private doctor's office or clinic	81%	87%
Midwife's office or home office from a midwife	05%	05%
Public clinic	13%	07%
Other	01%	01%
HIV/AIDS Testing During Pregnancy		
Yes	50%	53%
No	25%	22%
No, Testing was offered, but did not want to be tested	04%	04%
Don't know	22%	21%
Received Flu Shot During Pregnancy		
Yes	62%	75%
No, Received flu shot before became pregnant	07%	04%
No, Did not want flu shot during pregnancy	13%	04%
No, Doctor said to wait until after pregnancy	01%	03%
No, Do not ever get flu shots	14%	11%
No, Flu shot was not available	02%	03%
Hospital Services		
Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby		
Yes	83%	85%
No	15%	14%
Don't remember	03%	02%
During Pregnancy or Time at the Hospital, a Doctor, Nurse, or Other Healthcare Professional Provided Information or Scheduled a Time to Discuss:		
Breastfeeding or breastfeeding techniques	78%	76%
Action steps to decrease frustration when infant cries	49%	41%
How to lay the baby down to sleep	56%	57%
Dangers of shaking an infant	48%	41%
Did not receive any information and have not scheduled a time to discuss	09%	12%

Technical Note: Because percentages were rounded, the sum of values may not equal 100%.

For more information: Call the University of Northern Iowa Center for Social & Behavioral Research: (319) 273-2105.

Data source: Iowa Barriers to Prenatal Care Project, Iowa Department of Public Health, University of Northern Iowa Center for Behavioral Research: 2014 Data.