

IOWA PRENATAL CARE BARRIERS PROJECT DATA FROM 2016 SURVEYS

2016 Respondents from All Hospitals in Iowa: 21,928
2016 Respondents with Babies Born in **Bremer County: 148**

Demographic Indicators	State	County
Mother's Age		
Less than 18 years	01%	<1%
18-19 years	03%	01%
20-25 years	26%	23%
26-30 years	36%	39%
31-35 years	25%	30%
More than 35 years	08%	07%
Mother's Ethnicity		
Hispanic	07%	01%
Non-Hispanic	93%	99%
Black	05%	01%
White	91%	99%
Asian or Pacific Islander	03%	<1%
American Indian or Native Alaskan	01%	<1%
Socioeconomic Indicators		
Mother's Education		
Less than high school	07%	02%
High school	20%	13%
Some college	34%	34%
College graduate (Bachelor's degree)	27%	35%
Graduate school	11%	16%
Household Income		
Less than \$10,000	12%	09%
\$10,000 - \$19,999	09%	02%
\$20,000 - \$29,999	09%	07%
\$30,000 - \$39,999	09%	08%
\$40,000 - \$49,999	08%	08%
\$50,000 or more	53%	65%

Information Received in 12 Months Prior to Becoming Pregnant	State	County
Doctor, Nurse, or Other Health Care Provider Talked About:		
Taking folic acid or a multivitamin	46%	53%
Smoking	35%	45%
Drinking alcohol	31%	40%
Your weight	29%	34%
Regular exercise	32%	40%
How romantic relationships affect your health	13%	14%
Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant	31%	21%
Behavioral Indicators During Pregnancy	State	County
No Birth Control was Used at Time of Conception	87%	87%
Unintended Pregnancy and Did NOT Use Birth Control	70%	69%
Plan to return to work outside of home following birth of this baby		
Yes	73%	84%
No	27%	16%
Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk		
Yes	52%	59%
No	30%	30%
Don't Know	18%	11%
Does worksite have written policy about breastfeeding?		
Yes	21%	22%
No	28%	25%
Don't Know	51%	53%
Cigarettes Smoked During Last 3 Months of Pregnancy		
Not smoked in past 2 years	77%	85%
Zero cigarettes per day	55%	38%
1-10 per day	40%	52%
11-20 per day	05%	10%
More than 20 per day	01%	<1%
Alcoholic Drinks During Last 3 Months of Pregnancy		
Not had any alcoholic drinks in past 2 years	28%	19%
Zero drinks per week	98%	97%
1 drink per week	01%	<1%
2 drinks per week	<1%	01%
3 or more drinks per week	<1%	02%

Prenatal Care	State	County
Mother received prenatal care as early in the pregnancy as wanted		
Yes	94%	97%
No	06%	03%
No prenatal care	01%	<1%
Where mother went for <u>most</u> of prenatal care		
Private doctor's office or clinic	78%	79%
Midwife's office or home office from a midwife	07%	06%
Public clinic	15%	14%
Other	<1%	<1%
HIV/AIDS Testing During Pregnancy		
Yes	48%	40%
No	26%	28%
No, Testing was offered, but did not want to be tested	03%	02%
Don't know	24%	30%
Received Flu Shot During Pregnancy		
Yes	64%	64%
No, Received flu shot before became pregnant	07%	06%
No, Did not want flu shot during pregnancy	13%	10%
No, Doctor said to wait until after pregnancy	01%	<1%
No, Do not ever get flu shots	14%	17%
No, Flu shot was not available	02%	03%
Hospital Services		
Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby		
Yes	86%	93%
No	12%	07%
Don't remember	02%	<1%
During Pregnancy or Time at the Hospital, a Doctor, Nurse, or Other Healthcare Professional Provided Information or Scheduled a Time to Discuss:		
Breastfeeding or breastfeeding techniques	83%	87%
Action steps to decrease frustration when infant cries	43%	49%
How to lay the baby down to sleep	56%	64%
Dangers of shaking an infant	41%	44%
Did not receive any information and have not scheduled a time to discuss	07%	05%

Technical Note: Because percentages were rounded, the sum of values may not equal 100%.

For more information: Call the University of Northern Iowa Center for Social & Behavioral Research: (319) 273-2105.

Data source: Iowa Barriers to Prenatal Care Project, Iowa Department of Public Health, University of Northern Iowa Center for Behavioral Research: 2016 Data.