IOWA PRENATAL CARE BARRIERS PROJECT DATA FROM 2016 SURVEYS

2016 Respondents from All Hospitals in Iowa: 21,928 2016 Respondents with Babies Born in **Carroll County: 146**

Demographic Indicators	State	County
Mother's Age		
Less than 18 years	01%	<1%
18-19 years	03%	01%
20-25 years	26%	21%
26-30 years	36%	43%
31-35 years	25%	25%
More than 35 years	08%	10%
Mother's Ethnicity		
Hispanic	07%	03%
Non-Hispanic	93%	97%
Black	05%	01%
White	91%	98%
Asian or Pacific Islander	03%	01%
American Indian or Native Alaskan	01%	<1%

Socioeconomic Indicators	State	County
Mother's Education		
Less than high school	07%	04%
High school	20%	18%
Some college	34%	34%
College graduate (Bachelor's degree)	27%	36%
Graduate school	11%	08%
Household Income		
Less than \$10,000	12%	06%
\$10,000 - \$19,999	09%	07%
\$20,000 - \$29,999	09%	08%
\$30,000 - \$39,999	09%	06%
\$40,000 - \$49,999	08%	06%
\$50,000 or more	53%	67%

No Birth Control was Used at Time of Conception 87% 90% Unintended Pregnancy and Did NOT Use Birth Control 70% 71% Plan to return to work outside of home following birth of this baby Yes 73% 83% No 27% 17% Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk Yes 52% 62% No 30% 27% Don't Know 18% 11% Does worksite have written policy about breastfeeding? Yes 21% 23% No 28% 36% Don't Know 51% 41% Cigarettes Smoked During Last 3 Months of Pregnancy Not smoked in past 2 years 77% 76% Zero cigarettes per day 55% 54% 1-10 per day 40% 46% 11-20 per day 40% 46% 11-20 per day 905% 21% More than 20 per day 10% 21% Alcoholic Drinks During Last 3 Months of Pregnancy Not had any alcoholic drinks in past 2 years 28% 10% Zero drinks per week 99% 1 drink per week 99% 1 drinks per week 101% 21%	Information Received in 12 Months Prior to Becoming Pregnant	State	County
Smoking Drinking alcohol 31% 26% Your weight 29% Regular exercise How romantic relationships affect your health Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant Behavioral Indicators During Pregnancy	Doctor, Nurse, or Other Health Care Provider Talked About:		
Drinking alcohol Your weight Regular exercise How romantic relationships affect your health 13% 22% How romantic relationships affect your health 13% 12% Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant Behavioral Indicators During Pregnancy	Taking folic acid or a multivitamin	46%	47%
Your weight Regular exercise Regular exercise Regular exercise Row romantic relationships affect your health 13% 12% Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant Behavioral Indicators During Pregnancy			
Regular exercise 32% 26% How romantic relationships affect your health 13% 12% Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant Behavioral Indicators During Pregnancy			26%
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Unintended Pregnancy and Did NOT Use Birth Control Plan to return to work outside of home following birth of this baby Yes 73% 83% No 27% 17% Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk Yes 52% 62% No 30% 27% Don't Know 18% 11% Does worksite have written policy about breastfeeding? Yes 21% 23% No 28% 36% Don't Know 51% 41% Cigarettes Smoked During Last 3 Months of Pregnancy Not smoked in past 2 years 77% 76% Zero cigarettes per day 55% 54% 1-10 per day 109 de day 109 de	Behavioral Indicators During Pregnancy	State	County
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Not smoked in past 2 years 77% 76% Zero cigarettes per day 55% 54% 1-10 per day 40% 46% 11-20 per day 05% <1%	Don't Know	51%	41%
Not smoked in past 2 years 77% 76% Zero cigarettes per day 55% 54% 1-10 per day 40% 46% 11-20 per day 05% <1%	Cigarettes Smoked During Last 3 Months of Pregnancy		
1-10 per day 40% 46% 11-20 per day 05% <1%		77%	76%
11-20 per day 05% <1% More than 20 per day 01% <1% Alcoholic Drinks During Last 3 Months of Pregnancy Not had any alcoholic drinks in past 2 years 28% 10% Zero drinks per week 98% 99% 1 drink per week 01% 01% 2 drinks per week <1% <1% <1%	·	55%	54%
More than 20 per day Alcoholic Drinks During Last 3 Months of Pregnancy Not had any alcoholic drinks in past 2 years Zero drinks per week 1 drink per week 2 drinks per week 3 drinks per week 4 drinks per week 5 drinks per week 6 drinks per week 7 drinks per week 8 drinks per week	1-10 per day	40%	46%
Alcoholic Drinks During Last 3 Months of Pregnancy Not had any alcoholic drinks in past 2 years Zero drinks per week 1 drink per week 2 drinks per week 1 drinks per week 2 drinks per week 3 drinks per week 4 drinks per week 5 drinks per week	11-20 per day	05%	<1%
Not had any alcoholic drinks in past 2 years Zero drinks per week 1 drink per week 28% 10% 98% 99% 1 drink per week 01% 01% 2 drinks per week <1% <1%	More than 20 per day	01%	<1%
Not had any alcoholic drinks in past 2 years Zero drinks per week 1 drink per week 28% 10% 98% 99% 1 drink per week 01% 01% 2 drinks per week <1% <1%	Alcoholic Drinks During Last 3 Months of Pregnancy		
Zero drinks per week 98% 99% 1 drink per week 01% 01% 2 drinks per week <1%	· · · · · · · · · · · · · · · · · · ·	28%	10%
1 drink per week 01% 01% 2 drinks per week <1%	, ,		99%
2 drinks per week <1% <1%	•		01%
·	·	<1%	<1%
	3 or more drinks per week	<1%	<1%

Prenatal Care	State	County
Mother received prenatal care as early in the pregnancy as wanted		
Yes	94%	95%
No	06%	05%
No prenatal care	01%	<1%
Where mother went for most of prenatal care		
Private doctor's office or clinic	78%	77%
Midwife's office or home office from a midwife	07%	01%
Public clinic	15%	22%
Other	<1%	<1%
HIV/AIDS Testing During Pregnancy		
Yes	48%	41%
No	26%	31%
No, Testing was offered, but did not want to be tested	03%	02%
Don't know	24%	26%
Received Flu Shot During Pregnancy		
Yes	64%	74%
No, Received flu shot before became pregnant	07%	08%
No, Did not want flu shot during pregnancy	13%	08%
No, Doctor said to wait until after pregnancy	01%	<1%
No, Do not ever get flu shots	14%	10%
No, Flu shot was not available	02%	<1%
Hospital Services	State	County
Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth		
of the Baby Yes	86%	82%
No	12%	16%
Don't remember	02%	01%
Don't Temember	0276	01/6
During Pregnancy or Time at the Hospital, a Doctor, Nurse, or Other		
Healthcare Professional Provided Information or Scheduled a Time to Discuss:		
Breastfeeding or breastfeeding techniques	83%	83%
Action steps to decrease frustration when infant cries	43%	40%
How to lay the baby down to sleep	56%	55%
Dangers of shaking an infant	41%	35%
Did not receive any information and have not scheduled a time to discuss	07%	10%

Technical Note: Because percentages were rounded, the sum of values may not equal 100%.

For more information: Call the University of Northern Iowa Center for Social & Behavioral Research: (319) 273-2105. Data source: Iowa Barriers to Prenatal Care Project, Iowa Department of Public Health, University of Northern Iowa Center for Behavioral Research: 2016 Data.