



HREXPRESS

September 2020

Risk & Benefits Management

Organizational Performance

Employment Services

The *HRExpress* newsletter arrives monthly by email from the DAS Human Resources Enterprise (DAS-HRE) and is your main source for updates and news about benefits, training opportunities, and more.

Click on the titles below to read individual articles or print a copy of the newsletter using the link at the bottom of this page.

In this issue of "HRExpress" ...

The Iowa WorkSmart Project

- [Smart Talk Bulletin Debuts](#)

Last week the Iowa WorkSmart Team launched *Smart Talk*, a monthly bulletin designed to share updates and valuable information about the Iowa WorkSmart Project. Read all about it!

State of Iowa Health Benefits

- [Enrollment and Change Period September 28-October 30, 2020](#)

Prepare to review your health and dental insurance options, supplemental life insurance coverage, and decide whether you want to contribute to a Health Care and/or Dependent Care Flexible Spending Account (FSA) in 2021.

COVID-19 News

- [Wellmark Extends Health Benefits Related to COVID-19](#)

The State of Iowa is working with Wellmark to address specific health care needs during the COVID-19 pandemic.

- [COVID-19 Informational Resources Available](#)

Access the latest State of Iowa information regarding the COVID-19 pandemic.

Health and Well-Being

- [No Year is a Good Year to Get the Flu](#)

With COVID-19, getting a flu vaccine will be more important than ever and the State's health plan covers the total cost.

- [Offered Online - Health and Well-Being Seminars Tackle Everyday Topics and Challenges](#)

Valuable new topics are added monthly, so check back often.

Retirement Savings

- [IPERS' Ready, Set, Retire Workshops Offered Via Zoom](#)

A few seats remain for the upcoming IPERS' *Ready, Set, Retire* workshops, designed to provide you with a broad range of retirement-related information. Sign up today!

- [Voluntary Retirement Savings Benefit - Retirement Investors' Club \(RIC\)](#)

Enroll today and begin receiving an employer match benefit of up to \$75 per month.

- [News from Your Retirement Investors' Club \(RIC\) Providers](#)

Read the latest news from your RIC providers to assist with retirement income planning and investment strategies.

DAS Education

- [How to Begin Using the New Learning Management System \(LMS\)](#)

You are now able to access the PDS course catalog and enroll in courses, all through the new learning management system.

- [PDS Training Courses Available Online](#)

Learn more about our current on-demand offerings.

- [Register Now for Employee Benefits Education - Offered Online!](#)

Better understand and take advantage of your State of Iowa benefits with these web-based educational opportunities.

Please feel free to print a copy of this month's [newsletter](#) to share with co-workers.

"HRExpress" is a publication for State of Iowa employees.

This newsletter is for informational purposes only and is not a plan document, nor is it intended for legal, medical, financial, or retirement advice. Consult a qualified professional before making any decisions on these matters.

If you have suggestions for future content, please contact us at hrexpress@iowa.gov.