



# SNAP-Ed & Farm to School

## A win for children, farmers & communities!

(In Iowa, SNAP is called Food Assistance.)

The Iowa Department of Public Health's SNAP-Ed program supports farm to school activities to improve nutrition behaviors among children. We teach children where food comes from and how it grows. We give students hands-on experiences with fresh, local fruits and vegetables. Our support increases access to healthy foods for low-income children.



# 14,478



children impacted by school gardens, taste tests, local procurement and agriculture-based lessons.

# 32

community and school sites participated.



### 2018-2019 Community School Districts

- Cedar Rapids
- Council Bluffs
- Davenport
- Des Moines
- East Mills
- Fort Dodge
- Ottumwa
- Sioux City
- Waterloo
- West Des Moines

# 30

gardens created, maintained or revived.



# \$58,132

awarded to local agencies.



### Local Black Beans for Lunch

SNAP-Ed educators partnered with the Cedar Rapids School District to put local black beans on the menu for all 21 elementary schools. Schools are required to serve beans each week, but often struggle to find a recipe the students will eat and not throw away. Kids liked the local beans, and ate them!



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<http://idph.iowa.gov/inn/pick-a-better-snack>

