

Iowa Personal Responsibility Education(PREP) Program



The Personal Responsibility Education Program (PREP) provides comprehensive sexuality education to adolescents ages 10-19 that is:



medically accurate, culturally and age appropriate, and evidenced based.

'We got to have a **productive** and **interesting conversation** usually every time. It was always something interesting or fun to talk about.
Something beneficial.'

'**We got to choose what we learned.** She had a bunch of different categories and we got to choose. The ones that were most popular was what she taught us.'

'We learned **responsibility** and **respect.'**

'You get to **think outside the box.'**

What Youth are
Saying About
PREP

'I feel like this program's all about **bettering yourself** while **helping other people too.'**

'In this program **it's a no judging zone.** Nobody judges each other on what's happening to them'