

HREXPRESS

June 2020

Risk & Benefits Management

Organizational Performance

Employment Services

The HRExpress newsletter arrives monthly by email from the DAS Human Resources Enterprise (DAS-HRE) and is your main source for updates and news about benefits, training opportunities, and more.

Click on the titles below to read individual articles or print a copy of the newsletter using the link at the bottom of this page.

In this issue of HRExpress . . .

The Iowa WorkSmart Project

- [Iowa WorkSmart Project Kicks Off Adaptive Insights](#)

An innovative cloud-based initiative is now underway at the State of Iowa, designed to modernize the State's forecasting, budgeting, and strategic planning processes.

COVID-19 News

- [Return To Work Guidance from DAS](#)

The Department of Administrative Services offers guidance on returning to State buildings in light of the Coronavirus pandemic.

- [COVID-19 Informational Resources Available](#)

Access the latest State of Iowa information regarding the COVID-19 pandemic.

State of Iowa Health Insurance

- [Wellmark Extends Health Benefits Related to COVID-19](#)

Wellmark initiated a number of benefit enhancements to address specific health care needs during the COVID-19 pandemic. These benefits will now be in place through August 31, 2020.

- [Questions About Your Health Care? Call BeWell 24/7](#)

Wellmark's BeWell 24/7 allows you to talk with a real person any time day or night who can answer your health care questions and help you navigate the State's health care insurance plan.

- [Are You and Your Family Members Up-To-Date on Preventive Services?](#)

A key provision of the Affordable Care Act (ACA) is the requirement that recommended preventive services are covered without any patient cost-sharing. See the updated list of services.

- [Save Time and Money on Durable Medical Equipment](#)

Wellmark has contracted with two preferred mail-order vendors to provide lower cost durable medical equipment (DME) such as walkers, wheelchairs, oxygen, and other adaptive devices for State of Iowa employees.

Other Benefits

- [Changes Allowed in Your Flexible Spending Account \(FSA\) Elections](#)

Several changes have been made to the FSA plans for 2020 as a result of the COVID-19 pandemic. Read more.

Health and Well-Being

- [Resources to Help You Cope Through These Trying Times](#)

The COVID-19 “new normal” is challenging for many of us. Check out these valuable resources to help you cope.

- [Offered Online - Health and Well-Being Seminars Tackle Everyday Topics and Challenges](#)

Valuable new topics are added monthly, so check back often.

Retirement Savings

- [News from Your Retirement Investors' Club \(RIC\) Providers](#)

Read the latest news from your RIC providers to assist with retirement income planning and investment strategies.

DAS Education

- [Developing Today's Public Leaders through Certified Public Manager \(CPM\) Program](#)

Applications are now being accepted for the next CPM cohort (CPM 34) beginning September 14.

- [In-Person PDS Training Currently Suspended, Courses Offered Online](#)

All PDS face-to-face courses have been suspended until further notice due to the COVID-19 outbreak. Learn more about our current on-demand offerings.

- [Offered Online - Make the Most of Your Employee Benefits: Register Now!](#)

Take advantage of these web-based educational opportunities to better understand and use your State of Iowa benefits.

Please feel free to print a copy of this month's newsletter to share with co-workers.

"HRExpress" is a publication for State of Iowa employees.

If you have questions or suggestions for future content, please contact us at hrexpress@iowa.gov