FACT SHEET Knowing the Difference: Head, Body, and Pubic Lice (Pediculosis)

Head Lice

Pediculus humanus capitis
Description

- Adult lice 2.1-3.3 mm in length
- Infest the head and neck regions
- Not known to transmit disease

Transmission

 Spread through direct contact or rarely through sharing combs, brushes or towels, or through items that have been in contact with an infested person.

Treatment and Prevention

- IDPH recommends a 14day treatment process.
- For a brochure detailing head lice treatment visit: <u>www.idph.state.ia.us/hcci/comm</u> <u>on/pdf/headlice_brochure.pdf</u>

Body Lice

Pediculus humanus corporis Description

- Adult lice 2.3-3.6 mm in length
- Live on clothing and move to skin to feed
- Can spread disease
- Transmission
- Spread by direct contact or through items that have been in contact with an infested person
- Generally associated with overcrowding and poor hygiene

Treatment and Prevention

- Primarily improved hygiene
- Medication is usually not necessary

Pubic Lice (Crabs) Pthirus pubis

Description

- Adult lice 1.1-1.8 mm in length
- Primarily found in pubic area but less frequently can be found in coarse hair elsewhere on the body (for example, eyebrows, eyelashes, beard, mustache, chest, armpits, etc.).
- Not known to transmit disease
- Transmission
- Usually spread through sexual contact
- **Treatment and Prevention**
- Over the counter or prescription medications are available

Characteristics common to all 3 types of lice:

- Dogs, cats, and other pets do not play a role in the transmission of any type of human lice.
- Lice move by crawling; they cannot hop or fly.
- Human lice survive by feeding on human blood.

Differences between the 3 types of lice:

- Size:
 - Pubic lice are the smallest and vary from 1.1-1.8 mm in length.
 - Head lice are generally 2.1-3.3 mm in length
 - o Body lice are typically the largest and vary from 2.3-3.6 mm in length
- Location:
 - Head lice are mainly found on the head and neck region.
 - Body lice are found on clothing and attach to the body only when feeding.
 - Pubic lice are found in the pubic hair or other course hair on the body.

• Transmission:

- Head lice are transmitted through head to head contact or rarely through sharing hats, combs, towels, etc.
- Body lice are transmitted through close contact and usually under un-sanitary or crowded conditions.
- Pubic lice are transmitted mainly through sexual contact.
- Treatment:
 - Varies from over-the-counter and prescription medication in head and public lice to practicing good hygiene and maintaining a clean environment in body lice.

For more information visit:

Head Lice: www.cdc.gov/lice/head/index.html

Body Lice: www.cdc.gov/lice/body/index.html Pubic Lice: www.cdc.gov/lice/pubic/index.html