

HREXPRESS

April 2020

Risk & Benefits Management

Organizational Performance

Employment Services

The HRExpress newsletter arrives monthly by email from the DAS Human Resources Enterprise (DAS-HRE) and is your main source for updates and news about benefits, training opportunities, and more.

Click on the titles below to read individual articles or print a copy of the newsletter using the link at the bottom of this page.

In this issue of "HRExpress" ...

COVID-19 News

- [COVID-19 Informational Resources Available](#)
Access the latest State of Iowa information regarding the COVID-19 emergency.

State of Iowa Health Insurance

- [Get Virtual Care With Doctor on Demand](#)
The Centers for Disease Control and Prevention (CDC) recommends video doctor visits to help reduce the risk of being exposed to germs in the waiting room.

Other Benefits

- [Important Flexible Spending Account \(FSA\) Deadline April 15](#)
April 15, 2020, is the deadline to file Dependent Care FSA claims incurred from January 1, 2019, through March 15, 2020, and for Health FSA claims incurred from January 1, 2019, through December 31, 2019.
- [ASI Currently Encourages Electronic Payments, Claim Submissions](#)
ASI (the State's third-party FSA administrator) highly encourages participants to file claims electronically as this will result in quicker reimbursement for you and safer processing for their employees.

Health and Well-Being

- [Offered Online - Health and Well-Being Seminars Tackle Everyday Topics and Challenges](#)
Valuable new topics are added monthly, so check back often.

Financial Fitness

- [Insurance Division Warns of Con Artists Looking to Profit from Fear and Uncertainty](#)
The Insurance Division is warning Iowa investors of con artists seeking to capitalize on fear and uncertainty.

Retirement Savings

- [Are You Considering Retirement Investors' Club \(RIC\)?](#)
Enroll today and begin receiving an employer match benefit of up to \$75 per month.
- [News from Your Retirement Investors' Club \(RIC\) Providers](#)
Read the latest news from your RIC providers to assist with retirement income planning and investment strategies.

DAS Education

- [New Learning Management System Being Implemented](#)
A new learning management system (LMS) will replace the IITS system and will change the way employees sign up for and track their training.
 - [Offered Online - Make the Most of Your Employee Benefits: Register Now!](#)
Take advantage of these web-based educational opportunities to better understand and use your State of Iowa benefits.
 - [In-Person PDS Training Currently Suspended, Courses Offered Online](#)
All PDS face-to-face courses have been suspended until further notice due to the COVID-19 outbreak. Learn more about our current on-demand offerings.
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Please feel free to print a copy of this month's newsletter to share with co-workers.

"HRExpress" is a publication for State of Iowa employees.

If you have questions or suggestions for future content, please contact us at hrexpress@iowa.gov