

Chronic Disease Connections



An e-bulletin created for healthcare systems working with patients to control their chronic disease, high blood pressure and/or manage their prediabetes, diabetes, and/or high cholesterol.

National Breast Cancer Awareness Month

Breast Density and Your Mammogram Report

Regular mammograms are the best way to find breast cancer early. But if your mammogram report says that you have dense breast tissue, you may be wondering what that means.

Critical Process for how Breast Cancer Spreads in Bones

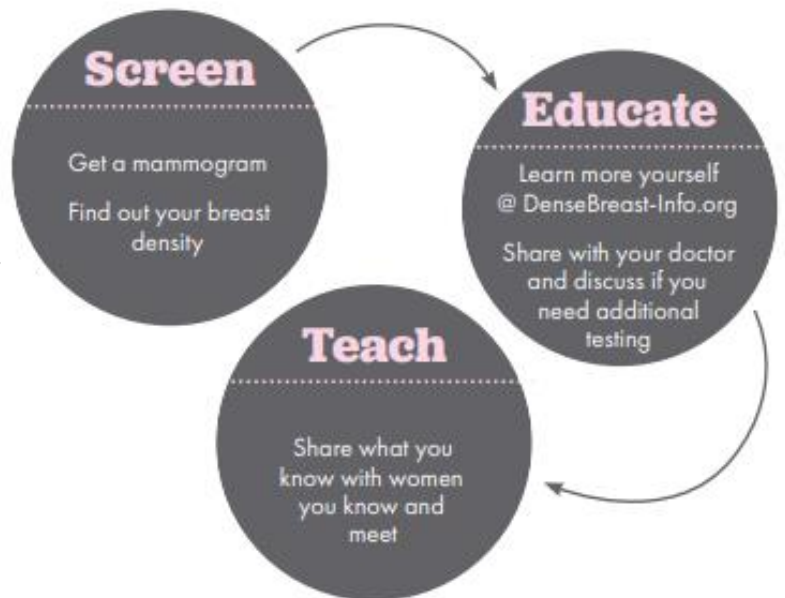
Researchers have identified a pair of proteins believed to be critical for spreading, or metastasizing, breast cancer to bone.

Des Moines Man Running Chicago Marathon for Breast and Ovarian Cancer Awareness

A Des Moines man who qualified for all three major U.S. marathons is running Chicago for a good cause.

This flyer was created by women passionate about bringing awareness and resources about DBT to ALL women. For additional copies contact IowaArmyofPink@gmail.com

how dense are you?
Knowing Your Breast Density Can Save Your Life



**Help Save a Life. It may be your own.
Each One Teach One.**

Iowa Breast Ambassadors • DenseBreast-Info.org



Breast Cancer Screening Workgroup

The purpose of the Breast Cancer Screening Workgroup is to connect and collaborate on work focused on increasing breast cancer screening rates in Iowa.

Beyond Pink TEAM: Moving beyond awareness, pink ribbons and pink trinkets.

Visit the **Iowa Cancer Consortium** for more information on breast cancer and other cancers in Iowa.