Chronic Disease Connections

ZIDPH

An e-bulletin created for healthcare systems working with patients to control their chronic disease, high blood pressure and/or manage their prediabetes, diabetes, and/or high cholesterol.

November is National Diabetes Month

<u>IDPH Recognizes Diabetes Awareness Month</u> – A free event featuring health screenings, A1c testing and a presentation by Dr. William Polonsky, will be held on November 13 at Hy-Vee at 2540 East Euclid Avenue in Des Moines.

Check out the <u>NIDDK 2019 Diabetes</u>
<u>Month Toolkit</u> - The National Institute of Diabetes and Digestive and Kidney
Diseases provides resources for this year's theme, *Take Diabetes to heart: Linking Diabetes and Cardiovascular Disease*.

Increased risk of cardiovascular events and mortality with treatment-resistant hypertension in patients with type 2 diabetes - According to study results published in *Diabetes Care*, the diagnosis of treatment-resistant hypertension in patients with T2D increases cardiovascular events and mortality.



<u>One Drop Diabetes Management System available at retail stores</u> – Wireless glucose meter kit and supplies are now available at hundreds of stores nationwide.



<u>Iowa Diabetes + Wellness Summit</u> on **November 14**, **2019**, is fast approaching. The summit will provide an engaging forum to discuss latest practices, opportunities, resources and tools for addressing diabetes prevention, control and management.

Grow your professional development portfolio with <u>webinars from the</u>

<u>National Diabetes Education Program</u> through the CDC. Learn new strategies for community collaboration, cultural competence, and promotion of diabetes prevention and management.

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